



www.facebook.com/OurTownCOS

"Our Town" is a weekly 30 minute program a staff personality who interviews three community leaders for approximately 10 minutes each. This program airs each Sunday at 6am throughout our cluster of stations (except KVOR-AM where it airs Saturdays at 1pm). Listeners are encouraged to log on to our station social media pages to follow up with our featured organizations via listed hyperlinks and telephone numbers.

Q-2 2020

Date, Non-Profit Organization, and Issue(s) addressed:

4/4/20

Mohawk & Coach – Bikers Against Child Abuse - Bikers Against Child Abuse, Inc. (BACA) is organized with a central contact person to receive calls from referring agencies and individuals. A recognized, authorized agency with which the child has had contact determines that the child is still frightened by his or her environment. The agency representative contacts BACA, or refers the individual to contact BACA and the name and address of the child is given to our BACA/Child Liaison. The Liaison determines that the case is legitimate, meaning that the authorities have been contacted, and the case in being processed within the system. The Liaison contacts the family and an initial ride is organized to meet the child at their home or in some other location. The entire BACA chapter rides to meet the child and he/she is given a vest with a BACA patch sewn on the back. https://colorado.bacaworld.org/pikes-peak-chapter/ppc_contact/

Tanner Adams- Entrepreneur Consulting - Tanner has several successful companies he started and runs and is now offering free coaching on how you can be successful on your own and with the needed confidence to chase your own dreams. Like his Facebook page Tanner Max for more info and to ask questions! <https://www.facebook.com/TannerMaxx/>

Gunnie/Kyle- Goal Academy High School - GOAL High School is a free public charter school serving students in grades 9-12 through age 20 across the state of Colorado. GOAL High School is the largest charter in Colorado and one of the largest Alternative Education Campus (A.E.C.) schools in the United States. Founded in 2007, GOAL's mission is to "develop productive members of society." GOAL specializes in personalized, interactive learning featuring online curriculum blended with face-to-face instruction. Thirty student drop-in centers across the state provide staff for tutoring, hands-on activities, and both academic and social-emotional counseling. GOAL High School, a Colorado Department of

Education PERFORMANCE rated school, was recently selected as one of the top 50 Alternative Education Campuses in the nation and is the only A.E.C. designated as a Microsoft Showcase School in the world! GOAL currently serves over 4,600 students. <https://goalac.org/>

Ben Echeverria- B & K Publishers - Author of, "The Rhymes & Rhythms of a Life"(2019, B & K Publishers), a small but powerful work of non-fiction containing Ben's poems, ditties, and short stories covering a host of entertaining subjects from doctor's screw ups to gripes about growing old in a society that barely tolerates old folks. At age five, Ben Echeverria was already an entertainer. He loved to dress up in formal wear and strike poses for the camera. He enjoyed being on stage or behind a set of drums. He has entertained others all of his life. <https://bkfreelancewritersandpublishers.com/2019/08/09/a-new-book-is-coming-soon-the-rhymes-rhythms-of-a-life/>

4/4/20

Gabe Beatty- SAFY Preserving Families, Securing Futures - SAFY Preserves Families and Secures Futures. Through there Model of Care, they provide coordinated, community-based programs that ensure the physical and emotional safety of each individual while improving family functioning. More Info at www.safy.org

Warren Epstein- Pikes Peak Community College & Harrison School District 2 - Pikes Peak Community College and Colorado College are re-imagining how students pay for college. PPCC has announced the Dakota Promise Scholarship, which will give every eligible (2.5 GPA) high school grad in Harrison free tuition. CC has announced the Colorado Pledge, which is offering free tuition, room and board to low-income Colorado students and greatly reducing costs for others. Tune in to hear more about these great programs! <https://www.ppcc.edu/>

Lisa Gustafson- Career Transition Coach - Working with a Career Transition Coach is one of the most powerful ways to get clarity around what you want. An Alternative Career coach not only can help you better define your Income, Lifestyle, Wealth and Equity goals, but can also help you understand your career transition options. Their no cost coaching sessions are geared to help you learn what may or may not work for you. <https://lgustafson.esourcecoach.com/>

Leslie Oliver- Comcast/ Internet Essentials Program - Internet Essentials has an integrated, wrap-around design that addresses each of the three major barriers to broadband adoption that research has identified. These include: a lack of digital literacy skills, lack of awareness of the relevance of the Internet to everyday life needs, and fear of the Internet, the lack of a computer, and cost. As a result, the program includes: multiple options to access free digital literacy training in print, online, and in person, the option to purchase an Internet-ready computer for less than \$150; and low-cost, high-speed Internet service for \$9.95 a month plus tax. The program is structured as a partnership between Comcast and tens of thousands of school districts, libraries, elected officials, and nonprofit community partners. For more information, or to apply for the program in seven different languages, please visit www.internetessentials.com

4/18/20

Carrie Goux- GreatSchools - GreatSchools is the leading national nonprofit empowering parents with essential information to improve educational opportunities for their child. Using GreatSchools' trusted ratings and school quality information, parents can find the right school for their family and take action to improve schools in their communities. Thousands of articles, tips and interactive tools offer parents easy-to-use resources to support their child's learning and well-being every day. Families, community leaders and policymakers turn to GreatSchools for the school information they need to guide children to great futures. <https://www.greatschools.org/>

Lori Jarvis, Executive Director of NAMI (National Alliance on Mental Illness) - At a time when our community is wrestling with the issue of teen suicide, NAMI Colorado Springs is helping connect students with free, 24/7, confidential professional counseling — by text. "Below the Surface" campaign raises awareness of Colorado Crisis Services' text support line. The text line allows anyone to reach a master's-level counselor text the word "TALK" to 38255. <https://www.namicoloradosprings.org/below-the-surface---colorado-crisis-text-line.html>

Kim Noyes- Centennial Elementary - Centennial Elementary is a newly remodeled school! They had an extensive renovation from the Bond that District Two voters passed in 2018. This includes new furniture and amazing learning environments! The students have the latest and greatest technology so they are competitive! Centennial Elementary is a national AND local award winning school recognized for achievement, growth, engagement, partnerships with parents and community partners. They were recently voted in 2019 as a Best of Elementary! Join Centennial Elementary to find a caring community, award winning teachers, and the best education! <https://www.hsd2.org/Domain/9>

Dan Gabriel- Former CIA Officer now Filmmaker - Dan is as qualified as they come, as he completed 6 tours in Iraq & Afghanistan specializing in countering terrorism & violent-extremism, directing counter-insurgency operations, and developing & benchmarking counter-radicalization theory and methodology in the Islamic world. <https://mosul-film.com/press>

4/25/20

Dallas Shepard | Harmonized Brain Center - Talking about mental health and suicide and how low energy neurofeedback (LENS) can help many adolescents and teenagers with stress, depression, anxiety, PTSD, ADD/ADHD and concussion/Traumatic Brain Injury. <http://harmonizedbraincenters.com/>

Jean Alfieri- Local Author Teams up with Crohn's & Colitis Foundation Rocky Mountain Chapter - Jean Alfieri, a local children's book author, released her latest book, "Zuggy the Rescue Pug: Bellyache Blues," at The Crohn's and Colitis Foundation Rocky Mountain Chapter's Take Steps walk. Half of all proceeds from book sales at the event directly benefited the foundation's efforts to improve the lives of IBD

patients. Jean will share more about her books and how to get involved with the foundation.

<https://www.crohnscolitisfoundation.org/>

Lt. JD Ross & Dr. Kelly | El Paso County Sheriff's Office/Coroner - JD will discuss BHCON and Man Therapy programs running in El Paso County, as a multi-agency campaign to de-stigmatize "emotional health" issues and the Sheriff's Office pro-active approach to dealing with mental health crisis situations in the field. <http://mantherapy.org/>

Gabe Beatty- SAFY Preserving Families, Securing Futures - SAFY Preserves Families and Secures Futures. Through their Model of Care, they provide coordinated, community-based programs that ensure the physical and emotional safety of each individual while improving family functioning. www.safy.org

5/2/20

Theresa Strader – Founder of the National Mill Dog Rescue - National Mill Dog Rescue's mission is to put an end to the cruelty of the commercial dog breeding industry, more commonly known as puppy mills. Through rescue and education, NMDR continues in its life-saving work while enlightening the public about the truth of pet store puppies. NMDR has taken a national approach to their efforts and they have rescued and placed more than 15,000 mill dogs since their inception in 2007. These dogs are now living as cherished family members across the United States! <https://nmdr.org/>

Michael Allen- Veterans Trauma Court - Michael Allen is the Senior Deputy District Attorney of El Paso and Teller County. Having served 8 years in the Navy, Michael is very passionate about helping the Veterans in our community. Over 10 years they have had over 400 Veterans graduate through the veterans trauma court program. <http://www.4thjudicialda.com/>

Gail –Envida / Kathryn – Health Promotions Partners (Older Wiser Project) - Kathryn will be speaking on how seniors know it's time to give up the keys, the safety behind it and how you can plan for it ahead of time (like retirement). Gail will speak on Envida's transportation program and how easy it is for seniors to use, how they take seniors to more than just Dr appointments and how inexpensive it is to use. <https://www.healthpromotionpartners.com/fitness-to-drive>

Lisa Stabler | Transportation Technology Center - TTCI is also the world's leading HazMat emergency response training center and has trained more than 60,000 firefighters and first responders in how to deal with rail incidents involving hazardous materials. Lisa is one of the leading female technology executives in the country, and she will talk about how TTCI is developing of technologies that make rail transportation safer, more efficient, and environmentally friendly. <http://www.aar.com/>

5/16/20

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specializes in personalized, interactive learning featuring online curriculum blended with face-to-face instruction. Thirty student drop-in centers across the state provide staff for tutoring, hands-on activities, and both academic and social-emotional counseling. GOAL High School, a Colorado Department of Education PERFORMANCE rated school, was recently selected as one of the top 50 Alternative Education Campuses in the nation and is the only A.E.C. designated as a Microsoft Showcase School in the world! GOAL currently serves over 4,600 students. <https://goalac.org/>

Bazzel Baz- Association For The Recovery of Children - ARC is a 501(c)(3) non-profit organization (est. 1993) comprised of former and active intelligence (CIA), military special operators and law enforcement personnel that rescue missing and abducted American children in domestic and foreign locations. ARC's all-encompassing child recovery program comes at no cost to the custodial parents. They don't come home without the child. <http://www.recoveryofchildren.com/>

Jacob Anderson- City of Colorado Springs - The City of Colorado Springs has a NEW app GOCOS! It is super cool and gives residents a direct line to getting issues addressed in their areas. Report a pothole, vandalism, trash, litter- a safety issue, Parks trails. Also info on COS flights, metro buses events and more, all in one spot. Community members can download the GoCOS! app by searching "GoCOS!" on the Apple and Android app stores. Visitors to the City's website can submit requests in GoCOS! throughout the website and at coloradosprings.gov/GoCOS

Brian Kilmeade- Author, Sam Houston & The Alamo Avengers - Sam Houston and the Alamo Avengers recaptures this pivotal war that changed America forever, and sheds light on the tightrope all war heroes walk between courage and calculation. Thanks to Kilmeade's storytelling, a new generation of readers will remember the Alamo—and recognize lesser known heroes who snatched victory from jaws of defeat. <https://www.amazon.com/Sam-Houston-Alamo-Avengers-American/dp/0525540539>

5/30/20

Brandon Lee- Grand Peak View Academy - In 2008, Imagine Classical Academy opened its doors to the families of D49 and Indigo Ranch. As a classical education charter, they had a mission to provide a rigorous, content rich education for students from K-8. Fast forward a few years and wow, have they learned a lot on their journey. They have enhanced instructional methods, refined curriculum, hired some amazing staff and teachers, and grown the school to be one of the great charters in Colorado Springs. <https://www.grandpeakacademy.org/>

Sofia Sinda- VFW Colorado Winner for the Voice of Democracy - Established in 1947, the Voice of Democracy audio-essay program provides high school students with the unique opportunity to express themselves in regards to a democratic and patriotic-themed recorded essay. Each year, nearly 40,000 9-12 grade students from across the country enter to win their share of more than \$1.9 million in educational scholarships and incentives awarded through the program. <https://www.vfw.org/community/youth-and-education/youth-scholarships>

Cass & David- Pikes Peak Suicide Prevention - Suicide is a topic that has deeply impacted our community. Pikes Peak Suicide Prevention Partnership [PPSPP] and Education for a Lifetime are grateful and proud to partner with Doherty High School to address this issue. Research shows that death by suicide can be prevented by reducing risk factors and increasing protective factors. Doherty High School

is expanding its involvement with suicide prevention and addressing the mental health of its students in a very real way. <http://www.pikespeaksuicideprevention.org/>

Majors Jim & Rachel Gallop- The Salvation Army - First, they assess the needs of each community in which they serve. They work to understand the obstacles, hardships, and challenges native to the area's particular population. Next, they build local programs designed to offer immediate relief, short-term care, and long-term growth in the areas that will best benefit the community. Then, they offer the local programs to the local community, working to continually optimize their efficacy via spiritual, physical, and emotional service. <https://www.salvationarmyusa.org/usn/>

6/6/20

Dallas Shepard | Harmonized Brain Center - Talking about mental health and suicide and how low energy neurofeedback (LENS) can help many adolescents and teenagers with stress, depression, anxiety, PTSD, ADD/ADHD/Autism and concussion/Traumatic Brain Injury. <http://harmonizedbraincenters.com/>

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6/13/20

Beth Roalstad, Executive Director of Homeward Pikes Peak - It's a tough and uncomfortable topic, but Homeward Pikes Peak is at the forefront of homelessness, addiction and mental illness services. The services provided by HPP help clients dig deep, help them build long-term sustainability by addressing each individual's underlying challenges, and help them build accountability to themselves and their independence. They help clients become good employees, good neighbors, and sober living advocates. Their outreach workers meet unsheltered people where they are, connecting them to available community services and the possibility of home. <https://homewardpp.org/>

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retirement). Gail will speak on Envida's transportation program and how easy it is for seniors to use.

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Clint Emerson- Author, Former Seal Team 6 Navy Seal - Clint Emerson, retired Navy SEAL, spent twenty years conducting special ops all over the world while attached to SEAL Teams (including the elite SEAL Team SIX) and the National Security Agency (NSA). Utilizing an array of practical skills he developed to protect himself while at home and abroad, he created Violent Nomad. Clint will share about his New York Times Bestseller book 100 Deadly Skills and just released book The Right Kind Of Crazy.

<https://www.simonandschuster.com/books/The-Right-Kind-of-Crazy/Clint-Emerson/9781501184161>

6/20/20

Jacob Anderson- City of Colorado Springs - The City of Colorado Springs has a NEW app GOCOS! It is super cool and gives residents a direct line to getting issues addressed in their areas. Report a pothole, vandalism, trash, litter- a safety issue, Parks trails. Also info on COS flights, metro buses events and more, all in one spot. Community members can download the GoCOS! app by searching "GoCOS!" on the Apple and Android app stores. Visitors to the City's website can submit requests in GoCOS! throughout the website and at coloradosprings.gov/GoCOS

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Sandra Kwesell MSC/MFCT- Pillars for Success - Pillars for Success is a parent education program that focuses on empowering adults to positively change their interactions with children. The [9 Pillar](#) program for parents works with children of all ages, whether their growth is "typical" or "developmentally

delayed” or whether they struggle with mental health issues. They offer solutions for families across the globe! <https://www.pillarsforsuccess.com/>

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6/27/20

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Amanda & Carrie- Mountain View Charter School - A National Heritage Academies School. Success means something different to everybody. At Mountain View Academy, it will mean creating endless opportunities for your child to become their best. They will shape instruction to build on the strengths and abilities of each child, teaching the importance of making wise choices and excelling in school. Children will be equipped to solve life’s toughest challenges and come out ahead.

<https://www.nhaschools.com/schools/mountain-view-academy/en>

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