



“Our Town” is a weekly 30—minute program hosted by a staff personality who interviews three community leaders for approximately 10 minutes each. This program airs each Sunday at 6am throughout our cluster of stations (except for KVOR-AM where it airs Saturday at 1pm and Sunday at 7pm). Listeners are encouraged to log-on to our stations’ social media pages to follow-up with our featured organizations via listed hyperlinks and telephone numbers.

- Q1 (Jan.-Mar.) 2020 -

Air Dates 1/18-19

Marc Benning - Lulu Downstairs

It's all about the music. This isn't a Stargazers, Black Sheep or any local venue that hosts bar bands. This historic venue that once welcomed Tina Turner, Aretha Franklin and Ray Charles, has been revitalized and is now welcoming artists from Los Angeles, New York, Portland, Nashville, Austin and beyond. With the advent of Lulu's Downstairs, locals no longer have to head to Denver for world class talent.

<https://www.lulusdownstairs.com/>

Michael Timlin - Bustang

Looking to travel from Denver to Grand Junction, Colorado Springs, Vail, or another city in Colorado? View Bustang routes, maps and station details, below:

<https://ridebustang.com/>

Jamie Trujillo - Goal Academy High School

They have been selected as a Microsoft Showcase School! 1 of less than 300 in the U.S. – only 2 in Colorado --- and the only A.E.C. (Alternative Education Campus) in the world!! They are now an E-Sports school and state champions --- the students compete through Colorado Mountain HGL in video games with other schools across the state (but, only if they're engaged and passing their school work). Jamie and his team are developing the first of its kind mobile application for online staff and students! Goal Academy High School received notification from Lenovo (Tech Company) that we will be receiving \$20,000 in grants for GOAL students. Goal is also now hiring teachers statewide!

<https://goalac.org/public/contact>

Air Dates 1/18-19 (cont.)

Clint Emerson - Author, Former Seal Team 6 Navy Seal

Clint Emerson, retired Navy SEAL, spent twenty years conducting special ops all over the world while attached to SEAL Teams (including the elite SEAL Team SIX) and the National Security Agency (NSA). Utilizing an array of practical skills he developed to protect himself while at home and abroad, he created Violent Nomad. Clint will share about his New York Times Bestseller book 100 Deadly Skills and just released book The Right Kind Of Crazy.

<https://www.simonandschuster.com/books/The-Right-Kind-of-Crazy/Clint-Emerson/9781501184161>

Air Dates 2/1-2

Renee - Valley Christian Academy

Christian education taught with excellence now serving three locations. Information night on Feb 25th at our Friendship Assembly of God location at 6:30pm.

Learn more at: <http://www.valleychristianacademy.school/~valleyd8/>

Bazzel Baz - Association For The Recovery of Children

ARC is a 501(c)(3) non-profit organization (est. 1993) comprised of former and active intelligence (CIA), military special operators and law enforcement personnel that rescue missing and abducted American children in domestic and foreign locations. ARC's all-encompassing child recovery program comes at no cost to the custodial parents. They don't come home without the child.

<http://www.recoveryofchildren.com/>

Bob Wilson - Gap Project

In Colorado, construction schedules always depend on weather. For safety reasons, low visibility, rain or snow can prevent planned work. Visit Cotrip.org for current travel conditions. Learn more about winter driving on CDOT's website – Get Text Alerts: Text I25GAP to 21000

<https://www.codot.gov/travel/winter-driving>

Tanner Adams - Entrepreneur Consulting

Tanner has several successful companies he started and runs and is now offering free coaching on how you can be successful on your own and with the needed confidence to chase your own dreams. Like his Facebook page Tanner Max for more info and to ask questions!

<https://www.facebook.com/TannerMaxx/>

Air Dates 2/22-23

Molly Scholes - EF High School Exchange

EF High School Exchange Year has been promoting global awareness through student exchange for over 40 years. They bring more students to the US each year than any other high school exchange program. Since 1979, the organization has connected more than 100,000 international students with caring host families across America. They proudly work alongside the US Department of State in promoting public diplomacy through the program.

<https://efexchangeyear.org/>

Sofia Sinda - VFW Colorado Winner for the Voice of Democracy

Established in 1947, the Voice of Democracy audio-essay program provides high school students with the unique opportunity to express themselves in regards to a democratic and patriotic-themed recorded essay. Each year, nearly 40,000 9-12 grade students from across the country enter to win their share of more than \$1.9 million in educational scholarships and incentives awarded through the program.

<https://www.vfw.org/community/youth-and-education/youth-scholarships>

Air Dates 2/22-23 (cont.)

Joan Selman - Pikes Peak Hospice Foundation

Pikes Peak Hospice, the area's only community-based non-profit hospice care provider, is celebrating 40 years caring for our community. The 40th anniversary event is free and open to the public on Friday March 20th at 4:30p, but RSVPs are required due to venue size. TED Talk speaker, Nora McInerney will be the keynote as she shares a light-hearted perspective on grief and loss. Hospice care is available wherever a patient calls home, including assisted living & skilled nursing communities. Hospice is available to the entire family.

<http://www.pikespeakhospice.org/pikes-peak-hospice-foundation>

Susan DiNapoli - Sue DiNapoli Ovarian Cancer Society

Mission is to support gynecologic cancer patients in need throughout Southern Colorado through the Sue's Gift Financial Assistance Program and to educate the community about ovarian cancer symptoms and risk factors.

<https://www.beovaryaware.org/>

Air Dates 3/21 -22

Michael Allen- Veterans Trauma Court

Michael Allen is the Senior Deputy District Attorney of El Paso and Teller County. Having served 8 years in the Navy, Michael is very passionate about helping the Veterans in our community. Over 10 years they have had over 400 Veterans graduate through the veterans trauma court program.

<http://www.4thjudicialda.com/>

Liz & Rachel - Huntington Learning Centers

They believe that children are our future so they take pride in helping our community by being a sponsor of several events and organizations. Huntington Learning Center is accredited through the Western Association of Schools and Colleges. For more information about the programs, please either call (719)239-7073 or go see them at 1430 Kelly Johnson Boulevard.

<https://huntingtonhelps.com/center/colorado-springs>

Brian Kilmeade - Author, Sam Houston & The Alamo Avengers

Sam Houston and the Alamo Avengers recaptures this pivotal war that changed America forever, and sheds light on the tightrope all war heroes walk between courage and calculation. Thanks to Kilmeade's storytelling, a new generation of readers will remember the Alamo—and recognize the lesser known heroes who snatched victory from the jaws of defeat.

<https://www.amazon.com/Sam-Houston-Alamo-Avengers-American/dp/0525540539>

Air Dates 3/28-29

Sandra Kwezell MSC/MFCT - Pillars for Success

Pillars for Success is a parent education program that focuses on empowering adults to positively change their interactions with children. The 9 Pillar program for parents works with children of all ages, whether their growth is "typical" or "developmentally delayed" or whether they struggle with mental health issues. They offer solutions for families across the globe!

<https://www.pillarsforsuccess.com/>

Cassandra - Pikes Peak Suicide Prevention with Brittany - Education for a Lifetime

Education for a Lifetime promotes conversations around relationships and mental health, with an emphasis on sexual activity and suicide prevention. While advocating for optimal whole-person health, EFL focuses on removing stigma around these topics.

Their mission is for every student to have healthy, non-violent relationships, and access to help and hope to live purposefully.

<http://educationforalifetime.com/>

Air Dates 3/28-29 (cont.)

Dr. Vu & Dr. Matthews - Matthews Vu Medical Group

Sharing about their community work and the care given to people regardless of the ability to pay. Also some great health tips to prevent illness. At Matthews-Vu it's all about you!

<https://www.matthewsvu.com/>

Jack Carr - Author/Former Navy Seal Sniper

Jack spent 20 years as a Navy SEAL sniper, and based this story on an actual event that he experienced while in Iraq in 2006, and his transition back into civilian life. The story channels his experiences as a SEAL to the extent that it took the Department of Defense seven months to complete their security review prior to his book release.

<https://www.officialjackcarr.com/>