



2016 4th Quarter Overview

Cumulus Colorado Pulse is a 30 minute weekly program hosted by two of our staff personalities who interview our community leaders for approximately 10 minutes each per organization. This program airs each Sunday morning throughout the six station cluster at 6am, except on KVOR where Sunday times vary between 5am and 7pm.

Listeners are encouraged within the program to follow up with these organizations by clicking on our station web sites and the Cumulus Colorado Pulse Facebook page, where hyperlinks and contact phone numbers are offered.

Air Date	Non Profit	Issues addressed
October 2, 2016	Springs Emsemble Theatre Waldo Waldo 5K Blank Canvas Café	Non-profit theatre offering low ticket prices. 5K run supporting emergency support to those in need. Café offering job opportunities to adults with disabilities.
October 9, 2016	Boo at The Zoo National Dog Mill Manitou Springs Heritage Center	Cheyenne Mountain Zoo Halloween event for the whole family. Animal shelter rescuing animals after dog mills. Historical and community center for Manitou Springs offering multiple even
October 16, 2016	Great Clips "Cut - A- Thon" Springs Teen Court Downtown CS	Great Clips stylists donate their time for donations to the Childrens Hospita Teen support program offers alternatives to jail time for crimes. Organization that fosters culture and community for Colorado Springs dow
October 23, 2016	Veterans Yoga Project US Association of Blind Athletes Springs Teen Court	Free yoga and fitness for Veterans. Events that support their mission to help blind athletes compete at Help teens in the judicial system and reduce recidivism.
October 30, 2016	Trails and Open Space Coalition Therapeudic Rec Community Partners All Colorado Beer Festival	Organization the helps keep trails and parks safe, fun and clean. Offers fitness events to those with disabilities. Non-progit beer festival where proceeds go to local non-profits.
November 6, 2016	Pikes Peak Library District National Alliance on Mental Illness Medicine Wheel Trail Advocates	English as a second language and other adult learning programs. "Hair-Cut-athon" for funds to support mission to serve those with disabili Events that support helping to keep hiking and biking trails mantained.
November 13, 2016	Pikes Peak Community College Pikes Peak Suicide Prevention Women on the Move	Ginger Bread house auction - proceeds benefit Ronald McDonald House. Support groups for those who lost someone to suicide. Scholarship program to support female business owners.
November 20, 2016	Catamount Institute Pikes Peak Justice & Peace Commisior Greccio Housing	Outdoor learning opportunities for kids. Advocating peace, justice and sustainability. Low income housing for those who qualify.
November 27, 2016	Mission Medical Clinic Upa Downa American Red Cross of SE Colorado	Mission Medical offers free medical services to those in need. Events that help those explore the outdoors in a safe environment. Emergency services when a disaster strikes.
December 4, 2016	Fine Arts Center Lead Foundation YMCA Pikes Peak Region Griffit Centers for Children Chins up	Upcoming holiday schedule for art and theatre. Helping students with learning disabilities and/or ADHD. Dedicated to youth development, healthy living and social responsibility. Offers community programs for family preservation.
December 11, 2016	Salvation Army DayBreak an Adult Day Program Lutheran Family Services Rocky Moun	CEO Ring Day to raise \$40,000 to support mission to serve those in need. Offers caregivers and their loved ones support taking care of a family mem Non-profit human service agency helping families.
December 18, 2016	Colorado Springs Youth Sports Colorado Springs Childrens Chorale Yobel International	Non-progit that operates the El Pomar Youth Sports Park. Serving children grades 2-12 with musical opportunities. Facilitates business training, mentorship, and development globally.
December 25, 2016	One Nation Walking Together Look What the Cat Brought In YMCA Pikes Peak Region Griffit Centers for Children Chins up	Advocating for better living conditions of Native Americans. Shelter and education exclusively for cats. Dedicated to youth development, healthy living and social responsibility. Offers community programs for family preservation.