WKNZ & WNKZ Quarterly Issues/Programs

For Quarter: _____1st Quarter, 2018 Submitted by: ____Denise Harper, Program Director

Title of broadcast: Hope for You Date & Time: ____March 20, 2018 8 - 8:30 AM Duration: _____30 minutes

Issue addressed: _Anxiety and Depression

Summary of Program Content:

We hosted the artist, For All Seasons, in our main studio as they share hope and encouragement along with their music. Lead singer, Emily, shared part of her story of suffering a major panic attack that brought on additional anxiety that also lead to depression. She shared how she has not only survived but thrived in her journey to recovery and shared music that encouraged listeners that it can happen for them as well.