

## **HEALTH 4th QUARTER 2017**

### **OCTOBER**

**10/03** – HEP A Emergency Shelter Declaration – TRT :25

The San Diego City Council voted unanimously to declare an emergency with the Hepatitis A outbreak. This will hopefully help speed up the process of building homeless shelters.

**10/06**– Trump rolls back birth control - TRT :30

The Trump administration deals a major blow to the Obamacare birth control mandate. According to new rules issued by the department of Health and Human services, employers now have more ways to opt out of providing no cost birth control to employees for “religious and moral” reasons.

**10/10** - Marriage and Men’s health problems- TRT :20

Study finds toxic relationships can cause high blood pressure, bad cholesterol, and weight gain.

**10/13** - Hepatitis A State of Emergency – TRT: 25

Governor Jerry Brown has declared a State of Emergency over the Hepatitis outbreak. The State of Emergency will allow more communities to receive vaccines to fight the outbreak.

**10/15-** Abbey on Church Hep A Shots – TRT 1:22

A flood of Hep A vaccines are expected to make their way to San Diego this week after California Governor Jerry Brown declared a state of emergency. This as churches stepped up to do their part to stop the spread of the deadly illness.

**10/15-** Church Hep A Shots – TRT: 2:15

**10/16**— Hep A Vaccines this week– TRT 0:20

A flood of hepatitis A vaccines are expected to make their way to San Diego this week. This after California governor jerry brown declared a state of emergency to increase supply.

**10/17** – Hepatitis A Outbreak – TRT: 0:25

New numbers out today show the Hepatitis A outbreak in San Diego County is growing, with an additional death being reported in the last week.

**10/17** - Breast cancer death rates down 40% -TRT 3:00

October is breast cancer awareness month. A new report says breast cancer death rates have dropped 40%.

**10/19**- Crying Good For You - TRT 0:15

Why crying can actually relax the body, and make you feel better.

## **NOVEMBER**

**11/02** - Cherry juice can help you sleep - TRT :20

Experts say drinking cherry juice before bed could help you get an extra hour of sleep a night.

**11/06**—COFFEE AND KIDNEYS—TRT 0:20

Coffee has an ingredient that could help improve your kidney function.

**11/07** – Prostate cancer - TRT - 3:30

It's November and that means its men's health awareness month. And tonight's topic is one of the most common cancers in men that's treatable when caught early, we're talking about prostate cancer.

**11/09** - Hepatitis A Meal Program – TRT: 1:33

A La Jolla meal program will not deliver meals to the homeless. It's in the wake of the Hepatitis A outbreak, which has killed more than a dozen people in San Diego County.

**11/10** – Meal Program Canceled Due To HEP A Concerns – TRT 1:30

Several Catholic leaders in La Jolla decided to end a nearly decade old meal program for the homeless due to Hepatitis A concerns – but not everyone is on board.

**11/12** – Disneyland Legionnaires Cases – TRT :25

**11/15** – San Diego County Flu Update – TRT: 0:20

County health officials are warning there have already been 445 confirmed flu cases this season, nearly three times the average total for the previous three years.

**11/16**— Legionnaires second death— TRT 0:20

Two people have now died from legionnaires' disease in Orange County. Health officials says 15 people are sick -- including 11 who visited Disneyland.

**11/17** – Smartphone Heart Monitors – 3:30

A live interview with a local doctor who was the first in California to implant a device in a person that can monitor their heart through a smartphone app.

## **DECEMBER**

**12/05** – Hepatitis a new numbers - TRT - :30

The county board of supervisors is extending the Hepatitis A health emergency another two weeks despite a steady decline in new cases reported. In the local outbreak, 20 people have died and more than 560 have been infected with more than 380 hospitalized.

**12/06**– FLU Intensifies in San Diego County – TRT :20

Flu Season is ramping up to severe levels in San Diego, there were more than 180 cases.

**12/12** – Hepatitis A Outbreak – TRT: 0:20

New numbers released by county health officials show seven new cases of Hepatitis A have been reported in San Diego in the last week.

**12/12** – Air Quality Concerns After Lilac Fire -TRT 3:00

Polluted air after the fires in North County can cause health problems.

**12/13**— VA news— TRT 2:00

Nurses who work for the VA are trying to draw attention to problems they believe puts patients at risk.

**12/19** - Mom Gives Birth Using 24-Year-Old Embryo – TRT: 1:49

A woman gave birth to a healthy baby girl using a 24-year-old embryo. It's the longest known human embryo to result in a successful birth.

**12/19**—Facebook Bad For Your Health —TRT 0:20

Facebook says using its site can make people feel bad about themselves, leading to mental health problems.

**12/20** – A homeless camp in the Golden Hills area was closed so crews could clean the area. It was an effort to help fight the deadly Hepatitis A outbreak in the county.

**12/21** - US Life Expectancy Falls for Second Year in a Row - TRT :20

Research shows the opioid epidemic has caused life expectancy to decline for a second year in a row.