

KJNW FM Issues Programs 2019- Third Quarter

KJNW-FM Life88.5
Quarterly Issues/ Programs List and Report
Greater Kansas City
July Aug Sept 2019

1. Charity: Various KC Organizations - Giving back to community (school supplies, hygiene supplies, food, physicals, haircuts, furniture, clothes and shoes)
2. Community Service: Restoration in KC neighbors
3. Education: KC mentoring programs for community - jobs, technology/STEM, financial, etc.
4. Health: - Youth - keeping children healthy - physically & emotionally
5. Public Safety: Cyber Security

Morning Show - Local. Five hour program with segments with T.J. & Melony throughout airs on FM M-F 5a-10a

Mid-Day Show - Local. Four hour program with segments with Tracy Leek throughout airs on FM M-F 10a-2p

Afternoon Show - Local. Five hour program with segments with Rick Hall throughout airs FM M-F 2p-7p

Evening Show - Local Five hour program with segments with Jenn Pooler throughout airs on FM M-F 7p-12a

Overnight Show - Local. Five hour program with segments with Caroline Parker throughout airs on FM M-F 12a-5a

<u>Issue</u>	<u>Program</u>	<u>Date</u>	<u>Time</u>	<u>Length</u>	<u>FM</u>	<u>Program Description</u>
Charity	Morning Show	7/2/2019	6am 7am 8am	60 Sec	FM	A local group is doing what they can to help migrants. Heart to Heart International shipped 23 pallets of supplies to border facilities. They include 4500 hygiene kits, 500 blankets and cleaning supplies for communal areas. 85000 asylum seekers were processed in May 2019 compared with 9500 in May of 2018.
Charity	Morning Show	7/2/2019	6am 7am 8am	60 Sec	FM	They're a KC company who helps make creativity come alive and they celebrated a milestone. Hallmark celebrated Kaleidoscope's 50th anniversary with kids from Operation Breakthrough and while providing the organization with \$50,000. Operation Breakthrough works with children living in poverty.
Charity	Morning Show	7/9/2019	6am 7am 8am	60 Sec	FM	The Jackson County, Kansas Sheriff's Office is working in conjunction with a rescue organization to adopt out 42 horses for forever homes. The office is working with K-HEART, Kansas Horse Education, Advocacy and Resource team to help find pre-approve homes for the 42 horses in need.

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Charity	Morning Show	7/12/2019	6am 7am 8am	60 Sec	FM	He's giving back to help the next generation. Chiefs quarterback Patrick Mahomes donated athletic shoes to athletes at his alma mater, Whitehouse Independent School district. The donations were part of Mahomes 15 and Mahomies Foundation.
Charity	Morning Show	8/1/2019	6am 7am 8am	60 Sec	FM	Some incredible generosity is being shown to Kansas families recovering from May's devastating tornado. Nebraska Furniture Mart partnered with Ashley Furniture to donate 780 pieces of furniture to victims of that storm. The donations included bedroom furniture, living room furniture, mattresses, bedding and dining room furniture.
Charity	Morning Show	8/12/2019	6am 7am 8am	60 Sec	FM	When you look good, you feel good and that's how the way each kid should head back to school. The Know Joey Foundation and a dozen barbers donated their time providing free haircuts, school supplies and physicals for children in the 18 th and Vine District.
Charity	Morning Show*	8/12/2019	6am 7am 8am	60 Sec	FM	We received this update from the Grandview Assistance Program regarding the collection from the Life 88.5 Birthday Bash...GAP received hundreds of pounds of school supplies that will be able to supple to provide just over 1,000 students with the tools need to tackle the school year. Volunteers also helped stuff an additional 200 backpacks for elementary students and also gave enough food and hygiene items to assist 30 families for a month.
Charity	Morning Show	8/15/2019	6am 7am 8am	60 Sec	FM	Skilled or not your help is needed to work on KC area homes. Truman Heritage Habitat for Humanity has a list of projects and in order to finish they need to triple their volunteer workforce. The most needed days are Tuesdays, Thursdays and Fridays and volunteers need to be 16 years old and no experience is needed. (trumanhabitat.org)
Charity	Life Changers	8/18/2019	5:30 AM	9:31 Min	FM	Kansas City Hygiene Hub has 511 distrubution sites throughout the city distributing toiletries, laundry soap, incontinence and feminine products, toothpaste and diapers - items not covered by food stamps to those needing assistance and to homebound seniors.
Charity	Morning Show	8/19/2019	6am 7am 8am	60 Sec	FM	It's the first of its kind in Independence. The Fort Osage School District, the Mid-Continent Public Library and Community Service League have worked together to create a library and food pantry all-in-one. Since June, the library-pantry has checked out more than 1,000 books and seen the number of people using the pantry double each week.
Charity	Morning Show	8/20/2019	6am 7am 8am	60 Sec	FM	The KC Pet Project held an adoption special and helped 121 pets find forever homes, but the shelter also took in 123 new pets including 9 abandoned outside their door. So they're now looking for foster families and donations to help. You can learn more at KC Pet Project dot org.

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Charity	Morning Show	8/20/2019	6am 7am 8am	60 Sec	FM	It's a lesson in heartache and giving back for one area scouts troop. Troop 531 had their trailer full of gear stolen. Grandview found the trailer but it was empty of all of the troops camping gear. But that's when Troop 262 stepped up. They knew the hard work that went into earning that gear so they donated new tents, stoves, blankets and more.
Charity	Life Changers	8/25/2019	5:30 AM	11:17 Min	FM	Beyond My Borders - Shelley Lowery gives hope for a future. After being sent home suffering from PTSD she wanted the world to know God loves people. Her focus is to reach the unreached people groups (approximately 2 billion who have never had access to the gospel) living in gross injustices and slavery such as whole families being slaves in brick factories in Pakistan. The charity has bought whole families out of slavery and educating them in trade schools giving them a future.
Charity	Morning Show	8/29/2019	6am 7am 8am	60 Sec	FM	It impacts 350,000 people in the Kansas City area. It's sobering to think that's the number of individuals who are considered food insecure and 25% of children don't know where their next meal is coming from. Youth Ambassadors is working with Harvesters to provide Kids Café program free of charge where kids can have access to food. Last academic year Kids Café had 65 sites around KC.
Charity	Morning Show	8/30/2019	6am 7am 8am	60 Sec	FM	At least one metro boy in Odessa has accepted the challenge...the 50 year challenge from Raising Men Lawn Care Service. Kids across the US can post a pic with a sign saying they accept the challenge to mow 50 yards for free for those in need, the elderly, solo parents, disabled, veterans etc. With each 10 yards mowed they earn a different colored t-shirt BUT finish 50 yards and the 50 yard challenge team comes for a visit, mows a yard with you AND gives you a new mower, weed eater and blower. The organization says with the season changes they will also take raking yards and snow shoveling.
Charity	Morning Show	9/4/2019	6am 7am 8am	60 Sec	FM	One KC area Principal has a unique request for her students. Principal Simone Chambers admits her school, Central Middle School, is a more challenged zip code. One way to help her students look and feel good is with clean clothes...something many don't have. So United Way has donated a washer and dryer to the school. But the high demand from the students means the school needs laundry detergent, bleach and fabric softener. If you can help she's just asking that you drop off any donations at the school.
Charity	Morning Show	9/6/2019	6am 7am 8am	60 Sec	FM	In over 5 years...\$5 million dollars has been raised to help families in KC at Ronald McDonald House thanks to today's Red Friday tradition. Pick up your Chiefs flag featuring this year's 60 th anniversary logo at area Hyvee's McDonald's and Community America locations. The \$5 donation will benefit families through Ronald McDonald House. The Chiefs kick off their 60 th season this Sunday against the Jacksonville Jaguars.
Charity	Morning Show	9/6/2019	6am 7am 8am	60 Sec	FM	Chiefs defensive tackle Derrick Nnadi is partnering with KC Pet Project to pay adoption fee of a featured dog that is looking for a home. After every Chiefs win KCPP will post pics of the featured pup a family can adopt for free.

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Community Service	Morning Show	7/8/2019	6am 7am 8am	60 Sec	FM	After lighting up the KC skyline the cleanup began. Hundreds of volunteers worked this weekend to clean up the mess left behind in many Kansas City parks following 4th of July celebrations. According to the KCMO Parks and Rec Department it was one of their busiest weekends.
Community Service	Morning Show	7/10/2019	6am 7am 8am	60 Sec	FM	City leaders in Belton will use WCA to collect garbage from curbsides while also eliminating curbside recycling. As a result Belton is now exploring the possibility of building a recycling center where residents can drop off recyclable materials
Community Service	Morning Show	7/15/2019	6am 7am 8am	60 Sec	FM	With less than 2 weeks left in office, KCMO Mayor Sly James hosted his final community event yesterday. He hosted a cookout at the Urban Youth Academy and reflected on his 8 years in office. He said he's proud of having a hand in launching the Street Car, breaking ground for the single terminal KC airport and the downtown convention center hotel under construction. His biggest frustration is the raising violence in KC, a problem he says will continue without support from the state level. His last day in office will be July 31.
Community Service	Morning Show	7/17/2019	6am 7am 8am	60 Sec		A plan is in place to restore a KC neighborhood. KC city officials want to increase the population at East 31st and Prospect which has lost 33% of its households in the past 30 years. The city wants to use a mix of new construction and rehabilitating around 200 area homes.
Community Service	Morning Show	7/18/2019	6am 7am 8am	60 Sec		Olathe has partnered with Ring doorbells to combat crime. Olathe residents can text olatheks to 555888 for a chance to win one. So far there's been 26 winners.
Community Service	Morning Show	7/24/2019	6am 7am 8am	60 Sec		If you have a parking ticket in the city of Olathe, through August 16th bring in new school supplies valued at half the fine price and you'll receive full credit. Be sure to bring your receipt. If you need more details, just call the Municipal Court.
Community Service	Morning Show	7/25/2019	6am 7am 8am	60 Sec		The battle over higher tax assessments in Jackson County continues. A town hall meeting is set for tomorrow night at 6 pm at the Metropolitan Missionary Baptist Church at Linwood Blvd and Olive Ave. One of the goals of the Westside Neighborhood Association that night is to extend the Monday's deadline for appealing property assessments to September 1st. The Westside Neighborhood Association says it will continue to push the county to throw out this year's assessment increases and start over. They want values frozen at last year's levels until a fair and equitable assessment is conducted.
Community Service	Morning Show	7/25/2019	6am 7am 8am	60 Sec		Picking someone up or dropping someone off at KCI, road construction may cause some delays. Crews are starting to work on asphaltting the loop outside of Terminal B. That means 4 lanes will be reduced to just 2. Authorities say it will take more time to get in and out. To relief some traffic they're asking if you're picking up, you wait in the cell phone lot.

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Community Service	Morning Show	7/29/2019	6am 7am 8am	60 Sec		Today is the deadline to file a formal appeal for you property tax assessment in Jackson County. A record number of appeals are pouring in as Jackson County residents say they've been given unrealistic values...some causing increases as high as 10 fold.
Community Service	Morning Show	8/1/2019	6am 7am 8am	60 Sec		More time has been granted to those looking for some help from higher tax rates. The Jackson County Board of Equalization voted to extend the deadline to file a formal appeal for your property tax assessment in Jackson County until Tuesday, September 3. Roughly 22,000 homeowners had filed informal appeals on their tax assessment.
Community Service	Morning Show	8/2/2019	6am 7am 8am	60 Sec		A new era in Kansas City has officially begun. Quinton Lucas was sworn in as the new mayor of Kansas City yesterday. In his first moments as mayor, Lucas pledged to bring free bus service to the city, finish the new KCI Airport terminal on schedule and remove Kansas City from the FBI's list of 100 most dangerous cities.
Community Service	Morning Show	8/13/2019	6am 7am 8am	60 Sec		If you need help filing a property tax appeal in Jackson County, help is coming. The KC Public Library has several dates where Legal Aid will be available to help property owners file appeal since the deadline has been extended until Sept 3. Those help sessions will run between Aug 14-29 at various KCPL locations. You can find a list at kclibrary.org .
Community Service	Morning Show	9/9/2019	6am 7am 8am	60 Sec		Kansas City is considering doing away with transit fares citywide and could become the first large metropolitan city with free public transit. A current monthly pass on local and MAX bus lines from the KCATA cost \$50. A decision could be made by the end of the year.
Community Service	Morning Show	9/11/2019	6am 7am 8am	60 Sec	FM	He may be new to the Chiefs Kingdom, but he's not new to caring for communities. Tyrann Mathieu brought his 'team' -- 25 kids from the boys and girls club -- to the Leawood Dick's Sporting Goods last night and gave each one a \$200 gift card to pick out new clothes and shoes for school. The "Honey Badger" and a few of his Chiefs teammates also sent each kid home with a special bag of Kingdom swag.
Education	Morning Show	7/11/2019	6:00am 7:00am 8:00am	60 Sec	FM	A new arts and entertainment campus could be coming to the KC area. The \$500 million campus would include a college to train people in film and TV production, housing and an independent living facility. Plans also include hotels, a 7,000 seat concert pavilion and an arena for competitive gaming.
Education	Morning Show	7/19/2019	6:00am 7:00am 8:00am	60 Sec	FM	Free 22 week boot camp for software development. Looking for a future job, you may want to look at tech jobs. Local companies say they are having problems filling open positions. The KC Tech Council reported 3000 tech jobs went unfilled in June. Skills companies are looking for are coding and web site development. Currently there are 5 times as many jobs as there are people with computer science degrees, but many companies say a degree isn't necessary. Programs like Launch Code, a free 22 week boot camp, can get you started in software development.

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Education	Morning Show	7/26/2019	6am 7am 8am	60 Sec	FM	One area super intendent noticed a shortage of talent in STEM (Science, Technology, Engineering, and Mathematics), he started a non profit to help kids from lower socioeconomic areas get exposure to more technology. Dr. Phillip Hickman founded Learn Techquity offering free or low cost training in related fields. The organization offers several camps and sessions throughout the year in the KC metro.
Education	Morning Show	8/2/2019	6am 7am 8am	60 Sec	FM	They're working to place graduates. The Olathe school district is partnering with Garmin to give 11 th and 12th graders at chance to get involved with the districts career and technical education program to get advanced training as electronic techs. Garmin will then give the grads a chance at jobs focused on aviation electronics and installing GPS based systems in airplanes.
Education	Morning Show	8/16/2019	6am 7am 8am	60 Sec	FM	As students head back to school this week, KCPS wants mentors to join them. KCPS has four different mentoring programs for students and currently has 900 students on a waiting list. You can find out more about becoming a mentor at kcpublicschools.org .
Education	Morning Show	8/21/2019	6am 7am 8am	60 Sec	FM	It's an upgrade to keep our kids safer. The Kansas State Department of Education issued \$5 million dollars in grants for school to make safety improvements. Several KC areas schools will buy items like door barricades, surveillance cameras, alert system and shatter proof film for windows.
Education	Morning Show	8/21/2019	6am 7am 8am	60 Sec	FM	Students are learning the ends and outs of banking. The Independence School district started a new banking academy where students will work side-by-side bank managers and customers. On top of learning about banking, students will also learn about the hiring and interview process.
Education	Morning Show	8/22/2019	6am 7am 8am	60 Sec	FM	Student safety is at the top of the list for most school districts in Kansas City. The Raytown School District are equipping administrators and teachers with facial recognition apps and a new radio system connected to the Raytown Police Dispatch. The entrance of every Raytown school has double-entry doors, and every teacher has a "lock-out" safety gadget in their classrooms.
Education	Morning Show	8/23/2019	6am 7am 8am	60 Sec	FM	KCPS is working to help parents feel empowered. The district is opening the Family Empowerment Center located at Central High School on Tuesdays, Wednesdays and Thursdays. The center provides resources, tools, books and other items to help parents feel capable of engaging with their children, teachers and school staff.
Education	Morning Show	8/28/2019	6am 7am 8am	60 Sec	FM	The company that administers the SAT college admissions test is replacing the so-called adversity score with a tool that will no longer reduce an applicant's background to a single number. The College Board announced several changes to the tool, including the decision to give students access to the information about their schools and neighborhood starting in the 2020-2021 school year.

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Education	Morning Show	9/3/2019	6am 7am 8am	60 Sec	FM	A teacher shortage continues to make KC area schools get creative. Several school districts are rehiring retired teachers, training counselors and even having some coaches teach. About 11% of Missouri teaching positions are vacant every year. Last October, the Kansas Department of Education had a 19% increase in teacher vacancies from a year earlier.
Education	Morning Show	9/3/2019	6am 7am 8am	60 Sec	FM	Big changes are happening at KCMO public libraries. Most of the Kansas City Public Library branches will be extending their hours after hiring eight part-time employees and they plan to hire some children's librarians to help with outreach services. Several locations serve students who rely on libraries for computers, WiFi and youth activities.
Education	Morning Show	9/6/2019	6am 7am 8am	60 Sec	FM	A city wide program to help you eliminate debt kicks off this weekend. Margin KC is the signature program from Dave Ramsey's Financial Peace Universe. More than 100 churches in KC are participating. The class costs \$95 but many churches are offering scholarships. Ramsey will also be in KC this weekend to help kick the program off.
Education	Morning Show	9/9/2019	6am 7am 8am	60 Sec	FM	The University of Missouri has received one of their largest federal awards ever. The \$5 million in federal funds is aimed at addressing a shortage of primary care physicians in rural parts of the state. The majority of the money will be used to pay to expand existing programs to recruit college students to pursue rural medicine and to expose more medical school students to small-town clinics.
Education	Morning Show	9/11/2019	6am 7am 8am	60 Sec	FM	Kids in some KC area high schools will have a chance at free college credit. Today a deal will be signed that will allow Blue Springs, North K-C, Liberty and Smithville high schools students can gain free college credit through dual enrollment classes. To qualify, students must maintain a 3.0 grade point average and qualify for free or reduced lunches.
Enviornment	Morning Show	7/11/2019	6am 7am 8am	60 Sec	FM	It's been a costly summer for many around the Kansas City area. Missouri officials say widespread flooding has cost an estimated \$29 million in damages to roads, bridges, and dozens of other sites. President Trump approved the state's second federal disaster declaration on Tuesday
Enviroment	Morning Show	7/23/2019	6am 7am 8am	60 Sec	FM	As metro floodwaters remain along some parts of the Missouri River, the government has announced it will use over \$450 million dollars to increase the levee systems. Levees will be raised to protect flooding levels at the 500 year level. The current levee system protects up to a 100-200 year flood.
Enviroment	Morning Show	7/23/2019	6am 7am 8am	60 Sec	FM	Today is Earth Overshoot Day, the earliest ever. The day marks the day in 2019 that humanity has used up a year's worth of natural resources. Experts say we're using natural resources one and three-quarters times faster than the planet's ecosystems can regenerate them. Earth Overshoot Day has moved up two months over the past 20 years.

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Enviroment	Morning Show	8/13/2019	6am 7am 8am	60 Sec	FM	If you live along a road in KC some shade could be coming your way. The Heartland Tree Alliance & KC Parks are working to restore declining urban forests, by planting free trees in the public right-of-way, which is typically within 10 feet of the street. To receive your free tree, you must be a Kansas City resident, have adequate planting space as defined by ordinance and be willing to “adopt” a tree by providing supplemental water over the next two years.
Enviroment	Morning Show	8/15/2019	6am 7am 8am	60 Sec	FM	One city in Kansas wants to help reduce their carbon footprint and it might cost you. Lawrence is considering a fee on single use plastic and paper bags as there is a growing concern of the amount of plastic bags being used. As the city considers the fee, some stores are already doing away with bags
Enviroment	Morning Show	8/22/2019	6am 7am 8am	60 Sec	FM	A clean sweep is actually the law. KCMO will be getting cleaned up again. Three months ago city council members made the decision to save \$2 million by eliminating street sweeping. However, the committee has not learned it’s actually mandated by the state of Missouri remove pollutants from the streets. Twelve full-time jobs were originally eliminated. The city believes they can have 5 sweepers back on the job quickly and use outside contractors to tackle the rest of cleaning the streets by the end of the year.
Enviroment	Morning Show	8/30/2019	6am 7am 8am	60 Sec	FM	That trip to the lake this Labor Day weekend may need to be tweaked. A warning has been issued for Longview Lake, Blue Springs Lake and Prairie Lee Lake due to an E. coli risk. As of right now swimming is prohibited at those lakes according to Jackson County officials. Boating and fishing is still OK at the lakes
Enviroment	Morning Show	9/9/2019	6am 7am 8am	60 Sec	FM	Another KC business is doing their part to help the environment. Chinatown Food Market is charging five cents for plastic bags and 10 cents for paper bags. Their hope is it will encourage customers to bring their own bags or purchase reusable bags. Several stores around the KC area have joined the movement.
Health	Morning Show	7/9/2019	6am 7am 8am	60 Sec	FM	A new all-inclusive park opened at Shawnee Mission Park that allows children to play together without any physical or social barriers. The \$1.2 million playground has sounds kids can make with the music, and movement along with adaptive swings.
Health	Morning Show	7/22/2019	6am 7am 8am	60 Sec	FM	Back to school preparations often mean school physicals. This year if you have students on the Kansas side, you may want to be sure you have the correct vaccinations. The Kansas Department of Health and Environment is now recommending mandatory meningitis and Hepatitis A Vaccinations. The change goes into effect this August just in time for back to school.
Health	Morning Show	8/15/2019	6am 7am 8am	60 Sec	FM	Keeping our kids healthy is the aim of most school districts. Many are now also, focusing on mental health. In Olathe, funds are being used to place wellness advocates in all 5 high schools. The licensed therapists will provide individual and group counseling. Officials say the stats show the necessity of such placements as in their school district alone the suicide protocol was used more than 500 times and impacted every single grade.

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Health	Morning Show	8/23/2019	6am 7am 8am	60 Sec	FM	The idea is to help keep our kids healthy not just physically but also mentally. Olathe Public Schools is partnering with Olathe Medical Center to offer free classes for students and parents through a series of free classes called "Issues in Mental Healthy: A Family Speaker and Support Series. In addition, beginning in September 12, they'll offer a free five-week class at Summit Trail Middle School from 6:30 to 8. The free class is "Core Concepts for Parenting a Child Struggling with Anxiety."
Health	Daily Feature	Jul-19	2:51pm 6:24pm	60 Sec	FM	Dr. Nida Dillon - Stroke Someone in the Us has a stroke every 40 seconds. It is important to recognize the warning signs and it is easy. Remember the letters F-A-C-E. Face drooping; Arm weakness; Speech difficulty; Time to call 911. Getting quick help is key to survival and recovery. Think F-A-S-T and learn if you're at risk by talking to your doctor.
Health	Daily Feature	Jul-19	9:24am 9:51pm	60 Sec	FM	Dr. Hillary Nash - Bug bites and insect stings are usually just annoying but can cause infections and allergic reactions. Protect yourself and your family by using insect repellent. One with 10-30% Deet is approved in adults, pregnant women and children over 2 months of age. Picaridin is also useful but doesn't last as long. For areas prone to ticks clothing treated with permethrin is helpful. If you have swelling redness or prolonged pain see your doctor immediately.
Health	Daily Feature	Jul-19	4:41pm	60 Sec	FM	Dr. Jeremy Kirchoff - Primary Care a lot of people ask themselves why they need a primary care doctor if they are relatively healthy. Building an early relationship with your primary doctor helps keep you healthy as he or she get to know you and your family history and assesses your risk of chronic disease and gives you personalized advice. Annual wellness exams also called physicals are important in detecting early warning signs of disease and can help prevent these chronic health conditions before they start. In addition having a doctor provides you with having a medical home which you need when you have an acute illness or hospital follow-up or need medical clearance for your job.
Health	Daily Feature	July 2019	2:21pm 4:42pm	60 Sec	FM	Dr. Hillary Nash - Back to School is just around the corner and if your house is anything like mine, it can be hard to get back on schedule. Not waiting until the last minute will help set your kids up for success. Be intentional about starting a back to school routine a few weeks before school starts. Top priority is getting that bedtime back on track and start waking them up at the time they need to wake up for school. Start limiting screen time especially close to bedtime to allow for better night's sleep. Talk to your kids about expectations both yours and theirs. Get a family calendar started that way everyone is on the same page with what's happening when and remember this is a great time to be sure immunizations are up to date and to get sports physical forms filled out.

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Health	Daily Feature	August 2019		60 Sec	FM	Dr. Brad Craemer - Cholesterol One of the main ways you can protect yourself from hardening of the arteries, which can lead to stroke or heart attack, is by controlling your cholesterol. Just even small lifestyle changes can make a difference. Change your diet, start small. Find the worst thing in your diet and try and change one thing about it- like reducing the number of times you eat out a week. Or consider incorporating more heart healthy foods into your diet, like Avocados, Nuts or Berries. Get active, you don't have to join a gym, but do something to get up and moving. Like taking a walk around the block or taking the stairs instead of the elevator. And if you still need help controlling your cholesterol, talk to your doctor about which medications might be right for you.
Health	Daily Feature	Aug-19	9:45am 8:20pm	60 Sec	FM	Dr. John Grisham - Sprots injuries (kids) are a common problem among young athletes but here are some things you can do to keep your athlete in his or her best shape. Before beginning any sport get a sports physical from your peditrician because they know your child's history and can help determine extra risks. Make sure they are well hydrated during practice and games. make sure they are stretching well and following coach's guidelines on proper techineques to avoid injury or concusions and finally make sure your althlete gets appropriate breaks and seasonal time off to refresh their mind and body.
Health	Daily Feature	Sep-19	1:51pm	60 Sec	FM	Dr. Nida Dillon - Healthy Kids, School Year Keeping our kids healthy during the school year can be a full time job but there are some things you can do to help prevent them and keep them from getting sick. Reinforce the cover your cough technique with your kids and help keep those germs to themselves by keeping those hands away from the mouth and face. Proper handwashing really takes soap and water for at least 20 seconds to was those germs away. Help boost your child's immune system by keeping them well hydrated and eat a balanced diet full of fruits and veggies. Last don't chance it if your kiddo has a temperature greater than 104 or is having symptoms keep them home this will stop the spread of germs and if symptoms persist go see your family doctor.
Health	Daily Feature	Sep-19	4:45pm	60 Sec	FM	Dr. Hillary Nash - Anxiety We live in an anxiety causing world and unfortunately our kids are not immune. Kids face situational anxiety all the time whether it's an upcoming test or unfamiliar situation. Most of the time anxiety can be diminished with empathic understanding and reassurance from parents and loved ones. But know the warning signs when anxiety is starting to take a toll on your child. Such as if your child shows extreme avoidance of particular situation or a person or if they start to express irrational concerns about what will go wrong or if they have persistent trouble sleeping or physical symptoms of stomach pain or headache that don't have a medical explanation. These are all reasons to seek medical advice from your child's pediatrician or family doctor.

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Health	Daily Feature	Sep-19	2:21pm 8:24pm	60 Sec	FM	Dr. Jeremy Kirchoff - Sleep - Getting enough quality sleep at night is an issue for many. Adults need 7 hours of sleep at night consistently. Lack of sleep or disruption not only produces fatigue and impairs functioning but also effects mood, diabetes, high blood pressure and obesity. Understanding your sleep need, adjusting your daily patterns and bedtime routine, and making wise nutritional choices may help you to sleep better and avoid medical sleep aides. Talk to you doctor if you have insomnia.
Health	Morning Show	9/17/2019	6:00am 7:00am 8:00am	60 Sec	FM	It's a stunning stat that nearly half of us will receive bystander CPR at some point in our lives. He was a strong advocate of heart health and now former Overland Park Chamber of Commerce Board Chairman Rick Worrel's legacy is being remembered by continuing that passion. Worrel passed from a cardiac arrest August 24. His family is now raising money to bring the first ever CPR kiosk to OP. Simply walk up and in minutes you'll be trained in CPR. There's 2 dozen kiosks around the nation but none in the KC area.
Teens	Morning Show	7/1/2019	6am 7am 8am	60 Sec	FM	The Teens in Transition summer program provides KC teens an opportunity at job readiness and a chance to develop skills while earning a paycheck. Officials credit the program as a huge crime fighting initiative as kids and cops work hand-in-hand building relationships.
Teens	Morning Show	7/2/2019	6am 7am 8am	60 Sec	FM	The world's largest retailer is fighting teen nicotine addiction. Walmart increased the minimum age to buy tobacco products to 21 in the United States. The company will stop selling sweet-flavored e-cigarettes, which have become popular especially among teenagers.
Teens	Morning Show	7/11/2019	6am 7am 8am	60 Sec	FM	They're teaching teens to de-stress. The KC Library is hosting its fifth annual Youth Empowerment Summit providing workshops of cooking, drawing and dancing. In years past, teens have learned about finding their passions, future careers and financial stability.
Teens	Morning Show	8/1/2019	6am 7am 8am	60 Sec	FM	They're teaching teens to de-stress. The KC Library is hosting its fifth annual Youth Empowerment Summit providing workshops of cooking, drawing and dancing. In years past, teens have learned about finding their passions, future careers and financial stability.
Teens	Morning Show	8/6/2019	6am 7am 8am	60 Sec	FM	After the tragedy Friday night in the Crossroads area, organizers say they're working to come up with new way to help keep safe. A couple of ideas they are considering is wrapping up the event by 9 pm rather than the typical 11 pm and enforcing a curfew for people under the age of 18.

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Teens	Parenting Today's Teen	7/8/2019	8:24am 6:24pm	60 Sec	FM	<p>Susanna came from a great home with Christian parents. She grew up attending church, playing sports, and going to youth group. But by the time she turned 17, she was selling drugs, abusing alcohol, and using meth at a rate of 500 dollars a day.</p> <p>Susanna's parents knew their daughter needed intervention, so they gave her a hard choice: get care and recovery at Heartlight Ministries ... or leave home. Thankfully, she decided to get the help she needed.</p> <p>I had the privilege of watching this troubled teen blossom into a beautiful and confident young woman. And after a year in our program, Susanna graduated clean from drugs and with a new perspective on life.</p> <p>Could your teen's life need intervention? No matter how bad things get ... it's never too late to turn them around.</p>
Teens	Parenting Today's Teen	7/16/2019	6:24am 4:24pm	60 Sec	FM	<p>Most parents are devastated when they learn that their teen has been drinking booze, experimenting with sex, or participating in some other destructive behavior. But how you react in that moment has the power to define your relationship in years to come. Any time a child's misbehavior is exposed, their greatest fear is that they will no longer be loved. So if you catch your teen red-handed ... don't withdraw your affection. Instead, slip a note under her door. Stick a letter in her notebook. Or send her a text message that says, "We love you just as much today as the day you arrived in our family." Because what she needs right now more than anything else are words and actions that affirm your relationship. She needs your unconditional love!</p>
Teens	Parenting Today's Teen	7/22/2019	6:24am 4:24pm	60 Sec	FM	<p>When your child says something like, "I wish I'd been born in a different family!" ... how do you recover from the hurt? The answer is forgiveness. And if you can grasp this definition, it will make a world of difference in how you handle any struggle with your child. Here it is: "Forgiveness is giving up hope that you'll ever have a better past." See, your past ... and your child's past ... will never change. No one can un-speak the words they've spoken ... or undo the things they've done. But there is still hope for the future! So learn to forgive your teen in the moment. Give up hope that the past could be different. And no matter what your teen throws at you today ... never stop reaching out with love and forgiveness.</p>
Teens	Parenting Today's Teens	7/30/2019	6:24am 4:24pm	60 Sec	FM	<p>When your teen spits out some contentious remark about legalizing marijuana or abortion rights ... how should you respond? You might feel concerned about your child's thinking now. But you do have the power to influence it. Here are some principles I think will help: Take your child out once a week to help establish a good point of communication. Ask open-ended questions that challenge them to think for themselves. Always treat them with respect. And don't share your own opinion unless they ask for it. Sure, these are sometimes easier said than done. But with time and patience, you can build a meaningful relationship with your teen that affirms you still—and will always—love him ... even if you disagree.</p>

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Teens	Parenting Today's Teen	8/7/2019	6:24am 4:24pm	60 Sec	FM	Getting a shot at the doctor's office or having blood drawn for a test might hurt ... but it's for your own good! Most parents believe that pain and discomfort should be avoided at all costs. However, pain is often the perfect remedy for a misbehaving teen. See, teens will continue making poor choices and bad decisions ... until the resulting pain is greater than the pleasure derived from their behavior. And by preventing your child from feeling the pain of their mistakes, you might just be enabling them to continue down that destructive path. Are you trying to shelter your teen from pain and discomfort? Mom, Dad ... let them experience the consequences of their actions. It's for their own good!
Teens	Parenting Today's Teen	8/8/2019	6:24am 4:24pm	60 Sec	FM	Back in my day, bullies were confined to name-calling at lunchtime ... taunts on the playground ... or fights behind the gym after school. But today, bullies have way more tools of torment at their disposal. You know, there's probably nothing that makes me any more angry than when I see kids goin' at each other in a slug fest. But these days, cyber bullies are far more prevalent. Teens post insults on message boards ... send threats through text messages ... spread rumors via Facebook. To cut someone down, all a bully needs is an Internet connection and a little imagination. So Mom, Dad ... keep tabs on your teen ... not only to protect him ... but to make sure you don't have a bully right under your roof!
Teens	Parenting Today's Teen	8/12/2019	6:24am 4:24pm	60 Sec	FM	Mom, Dad, trying to empower your teen for a successful future? I'm gonna surprise you with one of the keys! One of the biggest mistakes I see parents making today is keeping their kids too busy with after-school activities. They've got no time left for a part-time job! And kids who get their first job after high school can hardly cope with the simple disciplines. Nothing will teach a teen about life and making a livelihood more than punching the clock for a few hours each week. Flippin' burgers. Or scooping ice cream. An hourly wage will reinforce invaluable skills ... like time-management, personal finance, and effective communication. It doesn't matter whether they need the money or not. Mom, Dad ... let your teen get a job!
Teens	Parenting Today's Teen	8/15/2019	6:24am 4:24pm	60 Sec	FM	It doesn't matter how good a parent you are. There are forces at work in today's culture that can send your teen spinning out of control! Maybe you've just gone through a shouting match with your teen ... and you're asking yourself, "What just happened?" Maybe you've just discovered something ugly on his computer. Or, maybe you caught your daughter lying to your face. To all of this, two simple words come to mind ... When your family's in chaos ... don't quit! When your teen says he hates you ... don't quit! When it's 3:00 a.m. ... and you have no idea where your teen is ... don't quit! Whatever your situation ... remember ... God hasn't overlooked you. Rest in His presence. And never, never, never quit.

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Teens	Parenting Today's Teen	8/21/2019	6:24am 4:24pm	60 Sec	FM	According to a recent study, nearly thirty percent of kids in middle and high school are bullied. But only fraction will ever report it. Hi, I'm Mark Gregston ... with Parenting Today's Teens. I've talked to students who were bullied for being adopted, for struggling in school ... even for having a mom or dad pass away. There's truly no wound too deep for a bully to avoid. They spot the pain ... and go right for the target. Yet most kids rarely report getting bullied. Sometimes they're too ashamed to admit it ... or they're afraid of looking weak. Other times, they fear retribution and ridicule. Parents and teachers should be on the lookout for bullies. We might never suspect what's going on ... unless we ask. Find your son or daughter clamming up? Going into isolation? Ask the question. It's our role to protect our teen.
Teens	Parenting Today's Teen	8/30/2019	6:24am 4:24pm	60 Sec	FM	The scars we receive from bullies never fade ... even as adults. I'm convinced that the escalating conflicts with bullies will never end ... until parents step in and model what's right. And right now, I'd like to pray for all of us ... as we guide our teens. Father, show us how to help our kids. Teach us to intervene. Like You ... allow us to become their great protector. We want to walk beside them if they're being bullied ... and we want to rebuke them if they dare offend others. Sarcasm and biting criticism are never part of Your character. It's never Your will that we would willfully offend or hurt the innocent. So help us to become models of Your mercy, love and grace. Father, empower us to engage our kids as never before. In Your Son's name we pray. Amen.
Teens	Parenting Today's Teen	9/5/2019	6:24am 4:24pm	60 Sec	FM	Are you the mother or father of a struggling son or daughter? Most teenage problems are caused by hormones, immaturity, and brain development. So if your son or daughter is going through a rough time, here's some good news: it's just a phase! And it won't last forever. In the midst of the turmoil, continue to reach toward your teen with love and grace ... even when they don't deserve it. And over time, your relationship will change for the better. Remember, God never gives up on us ... even though we constantly blow it. Instead, He gives grace. As parents, we must be willing to do the same. Mom, Dad, make it crystal clear to your teen ... "I will never, ever give up on you ... no matter what!"
Teens	Parenting Today's Teen	9/11/2019	6:24am 4:24pm	60 Sec	FM	Every teen faces identity issues at one point or another. But sometimes for adopted teens, the struggle escalates even higher. I've seen kids pull all kinds of stunts to get questions answered about their past. Some have even tracked down their birth parents online, contacted them unexpectedly, and secretly set up a time to meet! So if you're an adoptive parent, don't lose heart when your teen goes through a time of crisis. Their natural curiosity doesn't mean they stopped loving you ... or no longer appreciate everything you've done. They're just a little confused about who they are. So on the good days and the bad, continue to parent your child with the same kind of love you've always had. And keep following God's example of patience, goodness, understanding, forgiveness, and grace.

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Teens	Ral Family Life	8/30/2019	5:24am 3:24pm	60 Sec	FM	Most kids on today's campuses probably fall into the category of "bystander." They know they should probably do something, but they don't. When bystanders stand up and do something, it's called peer intervention. We can help our kids truly make a bullying breakthrough by teaching them the 5Rs: 1. recognize the effects of bullying. Research has revealed that increased screen time is slowing killing empathy. Many bystanders have never paused to think through the ramifications of laughing at someone, teasing them...or watching and doing nothing. 2. Realize you can make a huge impact. Countless studies show that one friend is enough to prevent the downward slide toward depression. They just need some kind of social connection with someone their own age. We need to help our kids understand just how powerful their simple acts of friendship can be. 3. Resolve not to bully. Most movements begin with a decision, a commitment, a "resolve." Compassion without action is nothing. Resolve is the decision to take actions. 4. Refuse to join in. One of the most important actions in which kids can engage is not engaging. Bystanders have the ability and responsibility to avoid any behaviors that build up bullies by tearing down others. Bullies thrive on attention and affirmation. Give them neither. If bullies don't receive any affirmation or attention for their mean behavior, they'll usually stop said behavior. 5. Reachout to someone who is hurting or alone. One friend really does make a difference.
Violence/Public Safety	Morning Show	7/3/2019	6:00am 7:00am 8:00am	60 Sec	FM	An act of theft has left one organization looking for answers. The City Union Mission said thieves broke into a walk-in freezer and took \$500 worth of meat but left the freezer open spoiling the rest of the contents. If you'd like to help you can donate at cityunionmission.org .
Violence/Public Safety	Morning Show	7/3/2019	6:00am 7:00am 8:00am	60 Sec	FM	They're hoping \$100,000 might help them find answers. That's the amount Damian Norfleet's Family raised on their own as a reward for someone to come forward with information about the 14 year olds murder. Norfleet was doing chores in his home June 24 in Grandview when bullets came through the family's back door. His family hopes the reward leads to answers and getting a bad guy behind bars.
Violence/Public Safety	Morning Show	7/8/2019	6:00am 7:00am 8:00am	60 Sec	FM	This weekend a group gather together to say no to violence. Stopping the Violence held a picnic in KCK urging community members to stop the violence. The event brought together friends, family and strangers who want to put an end to violence.
Violence/Public Safety	Morning Show	7/11/2019	6:00am 7:00am 8:00am	60 Sec	FM	Officer safety and accountability is behind the goal of better equipping the Overland Park PD. The public safety committee will buy 200 body worn cameras to uniformed officers by the end of the year. Body-worn cameras are becoming standard among police departments to showcase transparency, accountability and evidence gathering.

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Violence/Public Safety	Morning Show	7/23/2019	6:00am 7:00am 8:00am	60 Sec	FM	Increasing the reward for tips on local homicides is bringing families hope. Greater Kansas City Crime Stoppers says since they increased the reward for anonymous tips to \$25,000, they seen a drastic increase in tips and that has led to multiple cases being solved. In addition to solving current cases the hope is the increased reward will also create fear of being turned in that may cause people to think twice. To report tips anonymously call 816-474-TIPS.
Violence/Public Safety	Morning Show	8/6/2019	6:00am 7:00am 8:00am	60 Sec	FM	After the tragedy Friday night in the Crossroads area, organizers say they're working to come up with new way to help keep safe. A couple of ideas they are considering is wrapping up the event by 9 pm rather than the typical 11 pm and enforcing a curfew for people under the age of 18.
Violence/Public Safety	Morning Show	8/6/2019	6:00am 7:00am 8:00am	60 Sec	FM	The idea is to offer help not jail time. The lee's Summit Police Department has launched a Safe Passage Program to address drug abuse head on. Officers say they're more concerned about peoples well-being than they are warrants. They say walk through their doors, ask for help and they will process a screening form and transport you straight to KCATC, who has agreed to hold beds open for those who seek help through the department. LSPD says they're working with prosecutors; federal, state, and local agencies; as well as with local schools, medical personnel, and mental health specialists to address the rising rates of drug use.
Violence/Public Safety	Morning Show	8/6/2019	6:00am 7:00am 8:00am	60 Sec	FM	Tonight is the National Night Out Against Violence...an annual community building event. Many say given current events this night is more important than ever. It's been honored since 1970 to encourage us to get active in our neighborhoods. Organizers say the best way to build safer communities is to know your neighbors and surroundings. This year 63 cities in Missouri are hosting events while 44 cities on the Kansas side are participating. To find an event near you, go to NATW.org
Violence/Public Safety	Morning Show	8/7/2019	6:00am 7:00am 8:00am	60 Sec	FM	They're gathering to address the issue of growing gun violence in our community. Congressman Emmanuel Cleaver and new KCMO Mayor Quinton Lucas will attend and you're invited, too. Doors open tonight for the community meet at 5 pm at the Penn Valley Education Center.
Violence/Public Safety	Morning Show	8/7/2019	6:00am 7:00am 8:00am	60 Sec	FM	Cyber security experts remind to always practice online safety. Truman Medical Centers was forced to pay to unlock parts of its system after it was hit with a ransomware attack. The hospital said that patients' personal health and financial information is housed on a different system and was not impacted by the incident.
Violence/Public Safety	Morning Show	8/9/2019	6:00am 7:00am 8:00am	60 Sec	FM	Cyber security experts remind to always practice online safety. Truman Medical Centers was forced to pay to unlock parts of its system after it was hit with a ransomware attack. The hospital said that patients' personal health and financial information is housed on a different system and was not impacted by the incident.

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Violence/Public Safety	Morning Show	8/9/2019	6:00am 7:00am 8:00am	60 Sec	FM	The aim is to reduce teen violence. No Lost Souls is an organization for at-risk children and teenagers where they can play pickup basketball games on Wednesdays. They also organize events and field trips for more than two dozen boys and girls from troubled neighborhoods while also having classes for them to learn about jobs and life skills, including a workshop on cars and car repair. You can volunteer at nolostsouls.com.
Violence/Public Safety	Morning Show	8/14/2019	6:00am 7:00am 8:00am	60 Sec	FM	It's a promise that would take a step toward reducing violence in KC. KC Mayor Quinton Lucas promised to add to KCPD's ranks. It's just his latest move to help fight against the city's worst homicide rate based on population. The current police recruiting class is up 60 (candidates?) since 2017.
Violence/Public Safety	Morning Show	8/20/2019	6:00am 7:00am 8:00am	60 Sec	FM	Anonymously the public wants to help stop violence in Kansas City. Calls to the TIPS Hotline have jumped ever since the reward jumped to \$25,000 two months ago. More than 900 tips have been called in about 200 homicide cases, up 40% from last year. If you have information on a crime here in the metro, call the TIPS Hotline at 816-474-TIPS.
Violence/Public Safety	Morning Show	8/21/2019	6:00am 7:00am 8:00am	60 Sec	FM	They're tackling the rising rate of violent crime head on! Operation Triple Beam was an area wide effort to remove some of the most violent repeat offenders off the streets of KC and it's being hailed as a huge success. More than 350 of the most wanted in KC were apprehended. Officials say most significant was the fact that in 355 arrests, there was no exchange of gunfire. Many of the arrestees had multiple outstanding warrants.
Violence/Public Safety	Morning Show	8/22/2019	6:00am 7:00am 8:00am	60 Sec	FM	Student safety is at the top of the list for most school districts in Kansas City. The Raytown School District are equipping administrators and teachers with facial recognition apps and a new radio system connected to the Raytown Police Dispatch. The entrance of every Raytown school has double-entry doors, and every teacher has a "lock-out" safety gadget in their classrooms.
Violence/Public Safety	Morning Show	8/26/2018	6:00am 7:00am 8:00am	60 Sec	FM	Hundreds gathered to say no to violence in Kansas City. A huge crowd packed the Linwood YMCA this weekend for a back to school block party aimed at building a sense of community while working to prevent gun violence. Nearly a third of the suspects in violent crimes have been 24 years old or younger and organizers want them to know violence isn't the answer.
Violence/Public Safety		8/29/2019	6:00am 7:00am 8:00am	3 min	FM	How Slurpee with a Cop impacts communities. Building community is needed now more than ever before and you can do that while enjoying a free small 7-Eleven slurpee while meeting some of the hardest working heroes around. Morning Show Host T.J. Jackson and Melony McKaye had a chance to visit with Captain Brittanie Pruitt of the Kansas City Kansas Police Department. This is an opportunity for the officers and community to come together, meet each other, play games, enjoy a free Slurpee to curb only seeing officers in a time of violence. They were interviewed on the local Fox channel for these efforts.

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Violence/Public Safety	Morning Show	8/29/2019	6:00am 7:00am 8:00am	60 Sec	FM	KCMO is taking action to combat the rise of gun violence. Yesterday a city committee unanimously approved 2 new ordinances. The first makes it a crime for anyone under 18 to possess a gun. The second targets adults who give, sell or provide firearms to juveniles. The ordinances also include \$100,000 in city funds to create a diversion program to help kids get on the right path.
Violence/Public Safety	Morning Show	8/30/2019	6:00am 7:00am 8:00am	60 Sec	FM	KC Mayor Quinton Lucas was at hand at a pack town hall last night. The hosting group, Keeping Communities on Guard is trying to find ways to bring different community groups together to find ways to address growing violence. Nearly 200 asked questions. In the end, Mayor Lucas said they will never, never give up on making our communities safer.
Violence/Public Safety	Morning Show	9/4/2019	6:00am 7:00am 8:00am	60 Sec	FM	They're taking a step to reducing gun violence. Walmart will stop selling handgun ammunition and ammunition for short-barrel rifles once its current inventory runs out. Walmart represents about 2% of the market for guns today, but estimates it has about a 20% market share of ammunition sales.
Violence/Public Safety	Morning Show	9/5/2019	6:00am 7:00am 8:00am	60 Sec	FM	It's left many asking the question why. Raytown police are looking for a man who slashed tires on a church van at First Assembly of God church leaving the cost of damage around \$1,000. A neighboring car rental business also reported slashed tires yesterday morning too.
Violence/Public Safety	Morning Shw	9/6/2019	6:00am 7:00am 8:00am	60 Sec	FM	If you head to Friday Friday's at the Crossroads tonight, you'll notice some changes. It's been nearly a month since the tragedy that took the life of Erin Langhofer. As a result, the First Friday's lost their event insurance. They are searching for a new provider, but as they do that means food trucks, vendors and performers will not be allowed on the streets and sidewalks. Shops, galleries and restaurants will be open. As part of tonight's event a celebration of the life of Erin Langhofer is planned at Church of the Resurrection, downtown on Grand from 6-7:30. KCMO Mayor Quinton Lucas will be in attendance.
Violence/Public Safety	Morning Show	9/10/2019	6:00am 7:00am 8:00am	60 Sec	FM	If you head to Friday Friday's at the Crossroads tonight, you'll notice some changes. It's been nearly a month since the tragedy that took the life of Erin Langhofer. As a result, the First Friday's lost their event insurance. They are searching for a new provider, but as they do that means food trucks, vendors and performers will not be allowed on the streets and sidewalks. Shops, galleries and restaurants will be open. As part of tonight's event a celebration of the life of Erin Langhofer is planned at Church of the Resurrection, downtown on Grand from 6-7:30. KCMO Mayor Quinton Lucas will be in attendance.
Violence/Public Safety	Morning Show	9/10/2019	6:00am 7:00am 8:00am	60 Sec	FM	World Suicide Prevention Day 1800 273 TALK

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Violence/Public Safety	Morning Show	9/11/2019	6:00am 7:00am 8:00am	60 Sec	FM	The goal is to make the city safer. Independence announced a program to counter an increase in gun-related crimes including homicides, robberies and assaults. The program wants to keep guns out of the hands of minors along with creating a special squad to investigate gun crimes.
Violence/Public Safety	Morning Show	9/12/2019	6:00am 7:00am 8:00am	60 Sec	FM	It's the second KC metro school to step up patrols this week due to a threat. Smithville sent a letter home to parents saying they were aware of a threat and that it was found not credible. However, they've made the decision to add extra security today as a precaution. Earlier this week Overland Park police arrested a former student of Blue Valley High for making threats of violence against the school over the weekend. In both cases, officials thanks parents and students for being aware and sharing what they heard and saw.
Violence/Public Safety	Morning Show	9/13/2019	6:00am 7:00am 8:00am	60 Sec	FM	They shed tears of joy when presented with a gift. Two St. Louis area officers who were shot in the line of duty got a call from actor Gary Sinise who is an advocate for veterans rights. Matt Crosby and Ryan O'Connor are both receiving new smart homes that will be fully accessible in their wheelchairs through the Gary Sinise Foundation.
Violence/Public Safety	Morning Show	9/16/2019	6:00am 7:00am 8:00am	60 Sec	FM	Conversations continue to be had about how to end violence in Kansas City. Law enforcement, city leaders and youth ambassadors met this weekend to talk about how to protect KC area youth. 67% of KC urban youth and adults have lost a family member or friend to violence. The discussion continued about having more mental health support in schools and safe spaces for youth in the community.
Weather	Morning Show	7/1/2019	6:00am 7:00am 8:00am	60 Sec	FM	With the heat cranking up in KC, local animal shelters are reminding pet owners to bring them inside. There's been an increase in animals being treated for dehydration and overheating. Some even have burns on their paws from walking or standing on hot pavement. In excessive heat, walks should be kept under 10 minutes and always keep lots of fresh water available.
Weather	Morning Show	7/11/2019	6:00am 7:00am 8:00am	60 Sec	FM	It's been a costly summer for many around the Kansas City area. Missouri officials say widespread flooding has cost an estimated \$29 million in damages to roads, bridges, and dozens of other sites. President Trump approved the state's second federal disaster declaration on Tuesday.
Weather	Morning Show	7/11/2019	6:00am 7:00am 8:00am	60 Sec	FM	Damage cleanup continues after a strong thunderstorm moved through the Kansas City area. Yesterday morning's storm dropped heavy rain, and three people were rescued from submerged vehicles on North Choteau Trafficway near North Belmont. Kansas City Fire Department officials say crews conducted 10 water rescues yesterday morning.
Weather	Morning Show	7/16/2019	6:00am 7:00am 8:00am	60 Sec	FM	It's time to plan ahead. Wednesday we have excessive heat moving into the metro. Plan to alter your outdoor activities to avoid peak heat of the day, even now start drinking extra water, bring in pets and check on close friends and neighbors who don't have A/C.

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Weather	Morning Show	7/17/2019	6:00am 7:00am 8:00am	60 Sec	FM	If you find yourself in need of a break from the excessive heat, cooling shelters will be open around the metro this week. Cooling Shelters include all Salvation Army locations and Metro Libraries. Meanwhile, experts say to avoid heat stroke, a serious condition that occurs when your body's temperature rises over 103 degrees, avoid pushing yourself, take breaks, drink water and work outside at cooler times.
Weather	Morning Show	7/17/2019	6:00am 7:00am 8:00am	60 Sec	FM	Helping to keep their workers safe in the excessive heat, Water Management says they will be picking up trash earlier. Be sure to put yours out the night before as some are even beginning their day by 5 am.
Weather	Morning Show	7/18/2019	6:00am 7:00am 8:00am	60 Sec	FM	MoDot says there is several issues to watch for to keep safe when driving in excessive heat. Be sure your radiator has coolant and your tires are fully inflated. In this heat it's easy to for vehicles to overheat and rubber on your tires can crack and melt if not properly inflated.
Weather	Morning Show	7/18/2019	6:00am 7:00am 8:00am	60 Sec	FM	Ways to stay cool in this excessive heat....call the fire department? That's what happened when a truck broke down at highway 13 and 24 yesterday. The truck was full of 165 pigs, so Lexington Fire and Rescue misted the animals to keep them safe in the heat.
Weather	Morning Show	7/19/2019	6:00am 7:00am 8:00am	60 Sec	FM	They're great places to keep cool, splash parks and libraries and Harvesters knows that's where kids will be this summer. So that's where they'll be.....Harvesters has been visiting 60 sites around the metro delivering free lunch to kids out of school. Harvesters.org is the where you can find out where they'll be.
Weather	Morning Show	7/22/2019	6:00am 7:00am 8:00am	60 Sec	FM	The heatwave that's been sizzling across half the country is moving out. We get to feel some relief today and it will move into other parts of the country Tuesday. More than 200 million Americans have been dealing with the dangerous heat.
Weather	Morning Show	8/2/2019	6:00am 7:00am 8:00am	60 Sec	FM	Flooding has once again been an issue for those in Eastern Kansas. Thunderstorms have dumped more than 10 inches of rain on parts of Douglas and Franklin counties. Multiple water rescues were also reported across the area. In downtown Ottawa, several streets and businesses were closed late Thursday morning.
Weather	Morning Show	8/27/2019	6:00am 7:00am 8:00am	60 Sec	FM	Yesterday morning a rare August severe thunder storm left damage in Olathe. Strong straight-line winds raced through parts of the city leaving some damage including one building at 167 th and Theden with a partial roof collapse but thankfully no one was injured.
Weather	Morning Show	8/29/2019	6:00am 7:00am 8:00am	60 Sec	FM	Area flooding might not be a headline anymore but it's still impacting thousands. The U.S. Army Corps of Engineers KC District said flooding is still occurring (where....??? Locations?) and not likely to stop anytime soon. The Corps estimates about 1,000 miles of levees were damaged this year. Those repairs could take until 2021 and will cost at least \$1 billion.

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Weather	Morning Show	9/4/2019	6:00am 7:00am 8:00am	60 Sec	FM	More help is on the way to those impacted by Hurricane Dorian. Dozens of firefighters and first responders from Kansas are on the way to the southeastern United States. Urban Search and Rescue along with Kansas Task Force 1 left for a 14 day deployment. The teams will provide basic life support and medical care and will assist in urban search and rescue efforts.
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If the relevancy of other issues becomes evident as the quarter progresses, those issues would be added.

Charites	local charitable organizations helping people in the community with various issues
Disabilities	how to cope: how to help: care giving, special needs children: life-altering injuries, etc..
Economics	Handling of: misuse of: getting out of debt: etc..
Education	Bring awareness to the issues of education in the community, etc..
Emergency Issues	relief for victims of natural disaster: local disasters relief. etc.
Environment	how to save energy, use fewer resources
Family & Children Issues	help for disadvantaged families and children
Health Lifestyles	eating behaviors/disorders, obesity, addictions: prevention of disease, etc.
Immigration	helping immigrants: illegal immigrants issues, etc.
Juvenile Delinquency	case stories, how to prevent. Teaching teens, etc.
Marriage/Divorce	Building healthy marriages, preventing divorce/affairs/how to handle/impact on, etc.
Money	handling of: misuse of: getting out of debt, etc.
Poverty	Where to find help, how to help those in need
Public Health Safety	brings awareness to the issue that affects the health and safety of the community
Race	racial retaliation: hate crimes: discrimination, etc.
Recreation	bringing awareness to the public of recreation events happening in the community
Religion	information regarding religious and spiritual issues, etc.
Senior Citizens	information regarding the aging: retirement, health, etc.
Unemployment/employment	coping, finding assistance, help re-entering work force
Women's Issues	discrimination: workplace issues, etc.

A list of programs that have provided the station's most significant treatment of community issues. The list shall include a brief narrative describing what issues were given significant treatment and the programming that provided this treatment.

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