

Trinity Broadcasting Network

Quarterly Report

April, May, June

2020

WWTO-TV

Naperville, Illinois

Ascertainment List
Leading Community Issues

Results of ascertainment from civic leaders, response by telephone from TBN viewers, printed media comprising newspaper and magazine publications whenever possible.

Economy

Family

Health/ Mental Health

Public Safety

Youth

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

Economy

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
|-------------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Taking Care of Business | 27:30 | 27:30 | LCL | PA/O | 4/8/2020 | 3:30 PM |
| #TCOB-1925 | | | | | 4/10/2020 | 3:30 AM |

Every night in America, over 500,000 people sleep on the streets without a roof over their head. Millions more are homeless without a place to call their own. While homelessness is caused by many factors, in a nation where home ownership should be attainable by any citizen, this is not the case. Many people have given up on the American dream of owning a home. The reasons are many and complicated. Taking Care of Business examines our nation's housing dilemma.

Economy

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|-------------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Taking Care of Business | 27:30 | 27:30 | LCL | PA/O | 4/22/2020 | 3:30 PM |
| #TCOB-1914 | | | | | 4/24/2020 | 3:30 AM |

Nearly 50% of adults in the U.S. don't have enough cash to cover a \$400 emergency and most can't pass a financial literacy test. With mounting debt from credit cards and student loans, there is a need for a better understanding of basic financial principles. Find out why Financial Literacy is such an important topic in our society on this episode of Taking Care of Business.

Economy

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
|-------------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Taking Care of Business | 27:30 | 27:30 | LCL | PA/O | 4/29/2020 | 3:30 PM |
| #TCOB-1901 | | | | | 5/1/2020 | 3:30 AM |

Hunger in the USA is a very real health and economic problem. When a person does not know from where their next meal is going to come, we call that Food Insecurity. In this episode of Taking Care of Business, we take an honest look at how Poverty and Food Insecurity are impacting people of all ages in our society and discover the alarming fact that hunger and food insecurity is not just a problem caused by poverty.

Economy

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|-------------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Taking Care of Business | 27:00 | 27:00 | LCL | PA/O | 6/17/2020 | 3:30 PM |
| #TCOB-1908 | | | | | 6/19/2020 | 3:30 AM |

Over half a million people in the U.S. identify as being homeless. In this episode of Taking Care of Business, follow the unique stories of people who do not have stable living conditions. Beyond highlighting the widespread problem of homelessness, this episode speaks to community experts about where we can begin to find and provide solutions.

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Economy

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|----------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Praise #40720 | 55:30 | 55:30 | REC | PA/O | 4/7/2020 | 7:00 PM |
| | | | | | 4/7/2020 | 10:00 PM |
| | | | | | 4/8/2020 | 4:00 PM |
| | | | | | 4/15/2020 | 2:00 AM |

Tonight on Praise, American Historian and Founder of Wallbuilder, David Barton helps to bring focus to this COVID-19 season through a very important document called the Constitution of the United States. David shares that although pandemics are unique for our generation, they are not unique for our history or for our constitution. Constitutionally it was handled by the states and by local areas, which is historically and constitutionally the right way to do it. Currently, on the federal level, our President has provided guidelines and we see how the various states are reacting in different ways. As long as what is happening is temporary, and limited and universal, you can temporarily inhibit for the common good or general welfare of the people in times of crisis. If you think your constitutional rights are being infringed, First Liberty, Liberty Counsel, Alliance Defending Freedom, and the Pacific Justice Institute, are resources to defend your constitutional rights. WallBuilders also has resources for churches, as well as for parents that home school. South Carolina Senator Tim Scott shares that the Coronavirus Legislation Cares Act now includes in the small business definition non-profits and churches for the 350 Billion Dollar loan program that will become a grant if used appropriately. Unemployment benefits were also extended to those employees laid off or furloughed from a church. For the rest of this year, you can use the standard deduction and at the same time itemize Three Hundred Dollars as an average contribution to any charity and the church of your choice. In addition, the fifty percent limit on how much a person can give which has been increased to one hundred percent for the balance of the year. Businesses that are making a profit, rather than giving ten percent, they are now able to give up to twenty-five percent. Greg Surratt, Pastor of Seacoast Church shares that as citizens of the United States we all have a responsibility to be aware and involved. He believes this is the church's finest hour and God has a purpose for His people in this pandemic.

Economy

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
|----------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Huckabee #134 | 50:30 | 2:00 | REC | PA/O/E | 4/25/2020 | 7:00 PM |
| | | | | | 4/25/2020 | 10:00 PM |
| | | | | | 4/26/2020 | 8:00 PM |

Tonight on Huckabee: Matt Gaetz (R-FL) Member, House Judiciary Committee, talks about recommendations to reopen the economy during this coronavirus COVID-19 pandemic.

Economy

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|----------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Huckabee #137 | 50:30 | 5:00 | REC | PA/O/E | 5/16/2020 | 7:00 PM |
| | | | | | 5/16/2020 | 10:00 PM |
| | | | | | 5/17/2020 | 8:00 PM |

Tonight on Huckabee: Larry Kudlow, Director of the United States National Economic Council reports from Washington, D.C. that although the current economy is a function of the COVID-19 virus, litigation attempts, a national shutdown, and we're headed for a deep contraction, there is a small glimmer of hope. Across the nation the virus numbers are flattening, giving the states opportunities to reopen and a lot of people will go back to work. We will see a rebound in the second half of this year. The President is working on a payroll tax holiday for workers, providing a 7.1 percent increase in after tax income. Currently, businesses have a phase 3 payroll tax holiday in place for the remainder of the year and it is a deferral paid back over a period of years. Travel and hospitality industries are being considered to receive major tax deductions or credits.

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|--|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| <i>Economy</i> Huckabee #142 | 50:30 | 5:00 | REC | PA/O/E | 6/20/2020 | 7:00 PM |
| | | | | | 6/20/2020 | 10:00 PM |
| | | | | | 6/21/2020 | 8:00 PM |
| <p>Tonight on Huckabee: Aaron Withe, National Director of the Freedom Foundation, talks about government unions being the number one contributor for political leaders across the country and are funded by public employees. However, many employees across the country are not aware of their rights. Freedom Foundation informs and defends employees of their option to leave government unions.</p> | | | | | | |

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|---|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| <i>Family</i> Taking Care of Business #TCOB-1910 | 27:30 | 27:30 | LCL | PA/O | 5/6/2020 | 3:30 PM |
| | | | | | 5/8/2020 | 3:30 AM |
| <p>On this episode of Taking Care of Business, we discover why young people in our society struggle with emotional vulnerabilities that impact their ability to cope with challenging and stressful situations. We learn how these obstacles affect their ability to function in their adult years.</p> | | | | | | |

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
|--|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| <i>Family</i> Taking Care of Business #TCOB-1919 | 27:30 | 27:30 | LCL | PA/O | 5/27/2020 | 3:30 PM |
| | | | | | 5/29/2020 | 3:30 AM |
| <p>Every year, more than a quarter of a million children come into foster care in this country. More and more often, there simply aren't enough families to meet the need, and these children must wait in a residential setting for a family to become available. Child welfare advocates are calling us all to learn more about how to help these children in need. Join us for this episode of Taking Care of Business, and learn more about how foster care is a way of providing a family life for children who cannot live with their own parents, granting them a family life and a chance at stability that they desperately need.</p> | | | | | | |

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
|--|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| <i>Family</i> Taking Care of Business #TCOB-1905 | 27:00 | 27:00 | LCL | PA/O | 6/24/2020 | 3:30 PM |
| | | | | | 6/26/2020 | 3:30 AM |
| <p>Few choices have as many dramatically positive outcomes as adoption. It increases the emotional, physical, and cognitive capacities of the children who are adopted. It improves the life chances of the biological mother. It saves vast amounts of money for the public. It brings much happiness, both to the adopting parents and to the adopted child. It is good for all involved and families are strengthened. Almost 25% of American households have adopted, and 135,000 children are adopted each year. But despite these impressive numbers, there's still a pressing need for greater awareness. Join us for this episode of Taking Care of Business and hear about how adoption changes lives for the better.</p> | | | | | | |

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|-------------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Family Praise #42320 | 55:30 | 55:30 | REC | PA/O/E | 4/23/2020 | 7:00 PM |
| | | | | | 4/23/2020 | 10:00 PM |
| | | | | | 4/24/2020 | 4:00 PM |
| | | | | | 4/30/2020 | 2:00 AM |

The COVID-19 pandemic has affected the entire world; radically changing our individual lives. Quarantine, shelter in place, and social distancing are the new words for the season. We're now separated from many of our loved ones and friends; unable to enjoy many social activities; and forced to spend large amounts of time with the same people day after day after day. How has this upheaval changed us, and what are the dangers to our mental health? How do we fight anger, boredom, and feelings of helplessness? And how can we turn this negative situation into a positive? Tonight on Praise, via video from Seattle, Washington, Psychology Professors, Best-Selling Authors, and Statewide Marriage Ambassadors, Drs. Les and Leslie Parrott answer these and many other questions as they also announce the release of their new book "Healthy Me Healthy Us."

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|------------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Family Praise #6874 | 55:00 | 55:00 | REC | PA/O/E | 6/19/2020 | 7:00 PM |
| | | | | | 6/19/2020 | 8:00 PM |
| | | | | | 6/19/2020 | 9:00 PM |
| | | | | | 6/19/2020 | 10:00 PM |
| | | | | | 6/21/2020 | 4:00 PM |
| | | | | | 6/22/2020 | 4:00 PM |

Tonight on a Special Father's Day Presentation: "That's My Dad" with Grammy Award Winning Music Artist, Steven Curtis Chapman; with special performances from America's top music artists like Tauren Wells and Jillian Edward. Be inspired by a Father's Day message from Pastor and Author, Scotty Smith. As we celebrate dads, whether biological, adoptive, maybe a spiritual dad, or a mentor, there is something so profound and so powerful about the role of the father in our lives. We want to explore and honor that tonight by telling some stories, singing some songs, and having some great conversations about dads. God the Father has lavished His love upon us through the life, death, and resurrection of Jesus by adopting us. We are the children of God.

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|---------------------------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Family Best of Better Together #51 | 26:00 | 26:00 | REC | PA/O/E | 6/8/2020 | 12:30 PM |

Today on Better Together: Do you miss getting together with loved ones or your friends? You know what, you're not alone. Or maybe this time has given you some extra space. You know, it's okay to take time out from a troubled relationship. Let's talk about the gift that God has given us in community and how it all points us back to Him.

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|---------------------------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Family Best of Better Together #52 | 26:00 | 26:00 | REC | PA/O/E | 6/9/2020 | 12:30 PM |

Today on Better Together: A husband and a wife vow to stick together for better or for worst. How are we living out those promises now? Today we're talking about how the good times and the bad can build a healthy marriage. Come on, join us.

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|-----------------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Best of Better Together #53 | 26:00 | 26:00 | REC | PA/O/E | 6/10/2020 | 12:30 PM |

Today on Better Together: As children of God, He asks us to honor our fathers and mothers right here on earth. This time could be an opportunity to grow our relationship with those who raised us or maybe mend some broken ties. Come on, let's talk about it.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Best of Better Together #54 | 26:00 | 26:00 | REC | PA/O/E | 6/11/2020 | 12:30 PM |

Today on Better Together: Whether you're unexpectedly homeschooling your kids or finding new ways to bond, we want to encourage every parent and spiritual mom and dad in our community. You've got this and as we navigate this new normal, what can we learn from our children and what can we teach them? Come on, let's talk about it.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
|----------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Dear Mom #6867 | 57:30 | 57:30 | REC | PA/O | 5/9/2020 | 2:00 AM |
| | | | | | 5/9/2020 | 1:00 PM |
| | | | | | 5/10/2020 | 12:00 AM |
| | | | | | 5/10/2020 | 8:00 PM |

On Dear Mom, Host Priscilla Shirer, Author & Speaker; is joined by Mike Rowe, Host of Somebody's Gotta Do It and his mother, Peggy Rowe; Lauren Daigle, Grammy Award Winning Artist; Laurie Crouch, Host Better Together; Alex Seeley, Author & Speaker; Cece Winans, Grammy Award Winning Music Artist, and her mother, Delores Winans Matriarch of Gospel's Winans Family; Christine Caine; Kari Jobe, Dove Award Winning Contemporary Christian Singer; Mandisa, Grammy Award Winning Recording Artist; Hosanna Wong, Author & Speaker; Natalie Grant, Dove Award Winning Contemporary Christian Singer; to let all moms know that they are loved, honored, and celebrated this Mother's Day. They share stories, words of encouragement, powerful messages, and uplifting songs, to bring hope and community during this pandemic.

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| The Eric Metaxas Radio Show #45 | 24:15 | 13:00 | REC | PA/O/E | 4/3/2020 | 5:00 PM |
| | | | | | 4/5/2020 | 9:00 PM |

Today on The Eric Metaxas Radio Show, JP DeGance, President and CEO of CUMMINO, talks about the state of marriage in America and churches, and how many of our social issues, crime, sex abuse, etc. are profoundly impacted by the breakdown of the family.

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|--|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| <i>Family</i> Huckabee #140 | 50:30 | 7:00 | REC | PA/O/E | 6/6/2020 | 7:00 PM |
| | | | | | 6/6/2020 | 10:00 PM |
| | | | | | 6/7/2020 | 8:00 PM |
| <p>Tonight on Huckabee: Matt Jacobson is a former publishing executive, pastor, and founder of faithfulman.com. His wife, Lisa, is an author, speaker, and founder of club31women.com. They each authored 100 Ways to Love Your Wife and 100 Ways to Love Your Husband. Together, they share how you can make your marriage a happy one. They discuss practical things to do each day that say I love you.</p> | | | | | | |

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| <i>Family</i> Joseph Prince Live the Let Go Life #9 | 27:29 | 27:29 | REC | PA/O/E | 6/15/2020 | 9:30 PM |
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| <p>Today on Joseph Prince: Live the Let Go Life: Are you stressed out by fussy toddlers, dealing with rebellious teenagers, worrying about family members that are going through a difficult time? I want you to know that God's blessing is not just for you but your entire family. You can be at rest knowing God loves and cares about the ones you love. It's time to let go of the fear filled worrisome thoughts concerning your loved ones and give them over to God. You can trust that He has a promise and a good plan for them.</p> | | | | | | |

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| <i>Family</i> Treasures #108 | 28:30 | 28:30 | REC | PA/O/E | 6/20/2020 | 1:30 AM |
| <p>On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, let's us hear gripping true stories from mothers who have lost a child without notice to a senseless murder. There's little that is more tragic than the death of a child. The sad fact is that lives are lost every day. Every day, 33 Americans are murdered with guns and seven of those are children. When the horror of losing a child becomes a reality, the pain can be overwhelming. Not one person grieves the same. Everyone mother grieves differently. These mothers have overcome tragedy and have become overcomers in Christ. Jesus Christ is the answer.</p> | | | | | | |

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| <i>Family</i> Your Best Life Now #5 | 27:30 | 27:30 | REC | PA/O/E | 5/17/2020 | 3:00 AM |
| | | | | | 5/22/2020 | 12:30 AM |
| <p>Today, On Your Best Life Now, Joel Osteen asks the question, "Have you ever found yourself asking if this is all there is, was my life intended for more? God created you with a specific purpose in mind. In order to see your life the way God sees you, you have to enlarge your vision. God created us to live an abundant life. Limited thinking will cause you to have a limited life. Don't let mediocrity become the norm. The enemy wants to contain you, but God wants to enlarge you. Stay open to new opportunities. Your past is not a blueprint, it's just the foundation for the life God is building. Your parents and relatives laid the foundation, you're supposed to build on what they did. You're supposed to set a new standard. That's not a resting place, it's a stepping-stone for you to rise higher, a launching pad for you to go further. You have to enlarge your vision. You can rise to a new level and go where no one in your family has gone. You have to learn how to encourage yourself.</p> | | | | | | |

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Health

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Taking Care of Business | 28:30 | 28:30 | LCL | PA/O | 4/1/2020 | 3:30 PM |
| #TCOB-1923 | | | | | 4/3/2020 | 3:30 AM |

Public Health is more than clean air and water. Public health includes our schools, our available medical facilities and resources, reducing violence and crime. On this edition of Taking Care of Business see the efforts being made to create safe and healthy communities where we live, work and play.

Health

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
|-------------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Taking Care of Business | 27:30 | 27:30 | LCL | PA/O | 4/15/2020 | 3:30 PM |
| #TCOB-1903 | | | | | 4/17/2020 | 3:30 AM |

Abortion. It's a health issue that effects over 900,000 lives each year. On this program, we'll hear stories from people who have suffered traumatically while dealing with the consequences of abortion. Including, one woman who will tell how she personally profited from the life-altering circumstances of others.

Health

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|-------------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Taking Care of Business | 27:30 | 27:30 | LCL | PA/O | 6/10/2020 | 3:30 PM |
| #TCOB-1906 | | | | | 6/12/2020 | 3:30 AM |

Since the global warming topic first arose, the terms "go green" and "carbon footprint" have been thrown around so often that they now are bland and empty, lacking the fiery inspiration they were coined with. But the fact remains that we all make an impact on the world we live in. The systems that we employ and the choices that we make today do have an enduring effect. Join us for this episode of Taking Care of Business and learn how personal environmental responsibility is more than taking care of the earth - it is taking care of those we love.

Health

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
|----------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Praise #33120 | 55:15 | 55:15 | REC | PA/O/E | 4/1/2020 | 4:00 PM |
| | | | | | 4/5/2020 | 2:00 AM |
| | | | | | 4/8/2020 | 2:00 AM |

Tonight on Praise, Dr. Scott Hannen discusses the Coronavirus; COVID-19. CO stands for Coronavirus, VI stands for Virus, D stands for Disease, and 19 is the year (2019) it was identified. Since it is a new strain or new virus, the Coronavirus is called a novel virus. COVID is an umbrella of viruses, such as Sars and the common cold. Like most flus, the way it proliferates is there will be a peak, it will flatten, then it will decline. The goal is to try to do everything you can in your immune system to try to remain resistant to it. The cure is always going to be prevention first, followed by medical care. Currently, there is no cure for COVID-19. There are some things you can do to safeguard and try to help your body to resist such as taking Vitamin C with bioflavonoids, Vitamin D3, Zinc (zinc with copper formula), Vitamin E, Proanthocyanidins (found in grapeseed extract and pine bark). Over the next few weeks it would be to your advantage to refrain from refined sugars, smoking and tobacco products, alcoholic beverages, breathing aerosols, and immune suppressing drugs. Go to TBN.org/Dr. Hannen for free information (cheat sheet). Dr. Hannen reports that in America 50,000 suicides are committed annually and there have been 35,000 suicides for this virus worldwide. He encourages viewers not to allow fear into our spirit for God has not given us the spirit of fear. God's peace is greater.

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|----------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Praise #32620 | 54:00 | 54:00 | REC | PA/O/E | 4/2/2020 | 2:00 AM |

Health

Tonight on Praise, Dr. Josh Axe, Chiropractic Physician and Nutritionist, joins America's Biblical Health Coach, Jordan Rubin, to discuss the top foods, essential oils, supplements, and the power of prayer, to help strengthen and optimize our immune systems. A free "optimize your immune system" e-guide is available at tbn.org/immunesupport.

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|----------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Praise #40919 | 59:57 | 59:57 | REC | PA/O/E | 5/7/2020 | 3:00 AM |
| | | | | | 5/11/2020 | 12:00 1M |
| | | | | | 5/30/2020 | 3:00 AM |
| | | | | | 6/1/2020 | 1:00 AM |

Health

Tonight on Praise, Jordan Rubin, Founder of Ancient Nutrition, and Chiropractic Physician and Nutritionist, Dr. Josh Axe, discuss the nutrient, collagen, that virtually everyone is missing from their daily diet, which is so important that it makes up ninety percent of our bodies tissues and organs. Thirty percent of all of the protein in our body is collagen, such as our skin, hair, nails, bones, discs, ligaments, tendons, connective tissue, and gut lining. What is the one food that people have been given throughout history when they're not feeling well, post-surgery in a hospital, even today all around the world, and what does grandma give you when you're feeling under the weather? Chicken soup; which is really a bone broth or chicken soup made from the bones, joints, and ligaments of the animal. Today, we skip the soup and we go for the chicken breast, nuggets, tenders, beef tenderloin and the burger. In our history when we ate meat; fish, poultry, or red meat, we would eat the meat and take the bones and make a soup, stock, or broth. The way we look, feel and move is largely related to the amount of collagen in our body, and as we age, we slow down production and eventually stop producing collagen. Multi-Collagen Protein was developed by Jordan Rubin and Dr. Josh Axe to provide people with an easy, simple way, to get collagen in the diet, in the right amounts, in virtually every meal. While calcium is needed for strong bones, there is more collagen in your bones than calcium and all other minerals combined, and it is essential for our health. When you consume collagen peptides, small chains of protein, your body begins to regenerate its collagen supply. When selecting collagen, there are various types of collagen, and just like we need multiple types of vitamins, minerals, and antioxidants, we need multiple types of collagen.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
|----------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Huckabee #133 | 50:30 | 2:00 | REC | PA/O/E | 4/18/2020 | 7:00 PM |
| | | | | | 4/18/2020 | 10:00 PM |
| | | | | | 4/19/2020 | 8:00 PM |

Health

Tonight on Huckabee: Louisiana Attorney General Jeff Landry discusses the recent supreme court hearing concerning abortion not being an essential service and that abortion clinics should operate under the same laws that any other health provider does. This case has implications not just for Louisiana but across the country.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

Health

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Huckabee #136 | 50:30 | 7:00 | REC | PA/O/E | 5/9/2020 | 7:00 PM |
| | | | | | 5/9/2020 | 10:00 PM |

Tonight on Huckabee: Dr. Jen Ashton, Physician, Author, Expert on Obesity in Women's Health, Chief Medical Correspondent on ABC and "The Dr. OZ Show" is the author of "The Self-Care Solution." She shares a commonsense approach to health as we face the current coronavirus COVID-19 pandemic.

Health

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Huckabee #142 | 50:30 | 3:00 | REC | PA/O/E | 6/20/2020 | 7:00 PM |
| | | | | | 6/20/2020 | 10:00 PM |
| | | | | | 6/21/2020 | 8:00 PM |

Tonight on Huckabee: House Minority Whip, Steve Scalise (New Orleans, LA) talks about the deaths of seniors in nursing homes which accounted for 40% of all COVID deaths in America that could have been avoided.

Health

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Huckabee #143 | 50:30 | 2:00 | REC | PA/O/E | 6/27/2020 | 7:00 PM |
| | | | | | 6/27/2020 | 10:00 PM |
| | | | | | 6/28/2020 | 8:00 PM |

Tonight on Huckabee: Dr. Ben Carson 17th Secretary of the U.S. Department of Housing and Urban Development talks about solutions for the crisis of inner cities. The coronavirus COVID-19 outbreak has taught us is that there are certain people in our society who are extremely susceptible. The mortality rates in the African American community and Hispanic community are very, very, high and it is largely because of the comorbidities. We should direct our attention to the Hypertension, Diabetes, Obesity, Asthma, and ask why these things are occurring. We need to address long term affordable and fair housing, long term medical care, food deserts, healthy food, transportation, and most importantly education.

Mental Health

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
|-----------------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Best of Better Together #13 | 26:00 | 26:00 | REC | PA/O/E | 4/15/2020 | 12:30 PM |

Today on Better Together: Right now we are living a chapter in history. It's normal to feel sad, worried, angry, stressed, but we don't have to let our emotions set the mood in our homes. So, how can we cope with the daily headlines. The ups and downs of this unique time and trust that God will get us through it all? Come on, let's talk about it.

Mental Health

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Best of Better Together #14 | 26:00 | 26:00 | REC | PA/O/E | 4/16/2020 | 12:30 PM |
| | | | | | 5/19/2020 | 9:00 PM |

Today on Better Together: We're being asked to stay home to stop the spread of the virus, but now many of us are struggling with isolation, depression, and loneliness. Simply staying connected with the outside world can be a challenge but God's promises are still true. He never leaves us lonely. Come on let's talk about it.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| <i>Mental Health</i> | | | | | | |
| Better Together #36 | 26:00 | 26:00 | REC | PA/O/E | 5/18/2020 | 12:30 PM |

Today on Better Together: If you or a loved one is struggling with depression, anxiety or loss, you are not alone. Mental health awareness week is an opportunity to reflect on our own needs and reach out to friends who might be struggling. Link arms to find healing and hope. Come on, join us.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| <i>Mental Health</i> | | | | | | |
| Better Together #37 | 26:00 | 26:00 | REC | PA/O/E | 5/19/2020 | 12:30 PM |

Today on Better Together: Do you know the warning signs of depression? Have you experienced anxiety? You are not alone, and you do not have to suffer in silence. Today we are sharing stories of hope and healing. Come on join us.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| <i>Mental Health</i> | | | | | | |
| Better Together #38 | 26:00 | 26:00 | REC | PA/O/E | 5/20/2020 | 12:30 PM |

Today on Better Together: A healthy mind matters. The Bible tells us to take captive every thought to make it obedient to Christ. Is that possible? Yes, it sure is. Changing our perspective can help us manage stress and find joy. Come on, let's talk about it.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| <i>Mental Health</i> | | | | | | |
| Better Together #40 | 26:00 | 26:00 | REC | PA/O/E | 5/22/2020 | 12:30 PM |

Today on Better Together: Raising awareness about mental health should not stop at the end of this week or even this month. We need to have this conversation in our homes, our communities, and our churches. Being better together means linking arms to offer support, find hope and create positive change. Come on, let's talk about this.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| <i>Mental Health</i> | | | | | | |
| Best of Better Together #39 | 26:00 | 26:00 | REC | PA/O/E | 6/30/2020 | 9:00 PM |

Today on Better Together: Tragedy is not the end of our story. It can be tempting to sit in our pain or even run away, but God can heal the wounds of our hearts. Let's talk about finding hope in the recovery no matter how long it takes. Come on.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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Mental Health

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| Joseph Prince | 27:30 | 27:30 | REC | PA/O/E | 4/20/2020 | 9:30 PM |
| Live the Let Go Life #1 | | | | | 6/29/2020 | 9:30 PM |
| | | | | | 6/30/2020 | 1:00 AM |

Today on Joseph Prince: Live the Let Go Life: When the items on your to do list outnumber the hours in your day, when the bills add up to more than your paycheck, when you dread facing tomorrow. We've all felt it. We've all carried it. Stress. It may be a doctor's report, problems with your child, a looming project at work. Suddenly your shoulders tighten, your palms are sweaty, the room gets smaller, sleep eludes you, you feel completely overwhelmed. Sounds familiar? The good news is with God on your side you can let your troubles go.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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Mental Health

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| Joseph Prince | 27:30 | 27:30 | REC | PA/O/E | 4/27/2020 | 9:30 PM |
| Live the Let Go Life #2 | | | | | | |

Today on Joseph Prince: Live the Let Go Life: Does your life feel like one big juggling act? Family, work, bills, deadlines, appointments, activities, to do lists. Do you feel that at any moment something could come crashing down? Well, what if I told you that you could stop juggling, stop worrying and just let go? Sounds too good to be true? It's not because there is someone who is ready to step in and take over from you and he is much better at resolving all your cares.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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Mental Health

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| Joseph Prince | 26:00 | 26:00 | REC | PA/O/E | 5/4/2020 | 9:30 PM |
| Live the Let Go Life #3 | | | | | | |

Today on Joseph Prince: Live the Let Go Life: Imagine taking your child to the park but instead of running off to play, your little one asks you with a worried frown, "Daddy, do we have enough milk at home? Will we have enough bread tomorrow? Can't imagine this? Why? Because that's not how kids talk, right? They would say, Mommy I want more milk. Daddy can I have more bread. They are confident you've got that covered. That's how God wants you to live. He doesn't want you to have sleepless nights wondering about deadlines, a health crisis or your bank balance. What if I told you that you can let go of worry? What if I told you God has already provided what you need?

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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Mental Health

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| Joseph Prince | 27:30 | 27:30 | REC | PA/O/E | 5/11/2020 | 9:30 PM |
| Live the Let Go Life #4 | | | | | | |

Today on Joseph Prince: Live the Let Go Life: Are things moving so fast in your life that you often feel breathless and unable to keep up? If you are exhausted by the pace you are running and want to walk in the restful unhurried rhythm that our Lord Jesus walked, the good news is you can. You can live differently. You don't have to run the rat race like the rest of the world only to become the number one rat or focus all your energy frantically climbing the ladder, only to find it doesn't lead you where you expected. If you are need of rest, this message is for you.

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| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Joseph Prince Live the Let Go Life #5 | 25:59 | 25:59 | REC | PA/O/E | 5/18/2020 | 9:30 PM |

Today on Joseph Prince: Live the Let Go Life: When a doctor's report stares you in the face, when your rebellious teenager walks out the door, when the bills pile up on your desk, how can you possibly experience a peace stronger than what you are facing? Today we are going to learn how to tune into God's peace in the midst of the storms of life and keep our eyes on his promises through any problem. There is someone who is more than able and more than willing, and there is someone working behind the scenes on your behalf. You are not facing life alone.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Joseph Prince Live the Let Go Life #6 | 27:30 | 27:30 | REC | PA/O/E | 5/25/2020 | 9:30 PM |

Today on Joseph Prince: Live the Let Go Life: Have you ever had a moment you wished you could take back? Maybe you snapped at your kids during supper or kicked the dog after a long hard day. In a pressure-filled moment you wanted to do what was right, but you failed. The computer screen beckoned, and you clicked your way off the straight and narrow path. You may even feel you committed an unpardonable sin. Now you would do anything to take it back. Guilt, condemnation, is a heavy burden. A burden that, because of the cross, you have been freed from. Today I want to teach you how to let go of that guilt and find rest in the finished work of Christ.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Joseph Prince Live the Let Go Life #7 | 27:30 | 27:30 | REC | PA/O/E | 6/1/2020 | 9:30 PM |

Today on Joseph Prince: Live the Let Go Life: How is that two people can hear the exact same directions yet end up in two completely different places. Usually it has nothing to do with the direction given, but everything to do with the direction hearer. How you hear and what you hear are powerful. Consistently hearing the right words can cause faith to rise in your heart. It can bring a peace that pushes out the worries and fears, and it can even bring you your miracle. Today I want to teach you how to live the life that God has for you, a stress-free, worry-free, and peace-filled life.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Joseph Prince Live the Let Go Life #8 | 27:29 | 27:29 | REC | PA/O/E | 6/8/2020 | 9:30 PM |

Today on Joseph Prince: Live the Let Go Life: In a world of stress and unrest we are constantly bombarded with the newest methods of finding inner peace like meditation. Did you know that meditation (Bible meditation) originated with God? There are a lot of alternate versions out there that encourage searching for inner peace and transformation that begin and end with looking within yourself, but true peace true transformation only comes through meditating God's way; fixing our eyes on Jesus and on His life-giving word

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| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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Mental Health

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| Joseph Prince | 27:30 | 27:30 | REC | PA/O/E | 6/22/2020 | 9:30 PM |
| Live the Let Go Life #10 | | | | | 6/23/2020 | 1:00 AM |

Today on Joseph Prince: Live the Let Go Life: Have you ever failed an exam or a job interview, loss someone close to you, faced mounting debts, experience one defeat after another? Are you overwhelmed with feelings of fear, panic, and isolation? We all have moments like this in life. Maybe you're still struggling with those feelings today, but you don't have to. You were never meant to. We need to be intentional about living the life of rest and peace that God has designed for us.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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Mental Health

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| Your Best Life Now #1 | 27:30 | 27:30 | REC | PA/O/E | 4/19/2020 | 3:00 AM |
| | | | | | 4/24/2020 | 12:30 AM |
| | | | | | 6/7/2020 | 3:00 AM |
| | | | | | 6/12/2020 | 12:30 AM |
| | | | | | 6/21/2020 | 3:00 AM |
| | | | | | 6/22/2020 | 9:00 PM |
| | | | | | 6/26/2020 | 12:30 AM |

Today on Your Best Life Now Joel Osteen asks the question, "How is your self-image?" The way you see yourself and how you feel about yourself will have a tremendous impact on your destiny. The truth is you will never rise above the image you have of yourself in your own mind. God has a very high opinion of you, and He wants you to feel the same way. No matter where you are, or what challenges you're facing, you can start living your best life now. Have you ever stopped to listen to your thoughts? Are you letting the words of someone else hold you back? Pay attention to what's playing in your mind. Don't go through life being against yourself focused on your faults, feeling inferior, like nothing good is going to happen. Too many people feel wrong on the inside. There's a nagging feeling that's always reminding them of what they're not, how they don't measure up. If you don't love yourself in a healthy way then you're not going to love others. When you feel good about yourself, you'll go further, you'll have better relationships, and you'll enjoy life more. Your best life begins on the inside. Opposition doesn't determine who you are, it simply reveals who you think you are. The more you dwell on the right thoughts the less room there is for the wrong thoughts. When you're beautiful on the inside, it will start coming out on the outside. When you criticize yourself you are criticizing God's creation. One of the biggest challenges is breaking cycles of bad thinking. We often sense the symptoms of negative thoughts before we ever diagnose the real problem. Pay attention to what you're dwelling on. Quit permitting what you should be deleting. The scripture says to guard your mind. You have to be select about you allow in. You can change. Start deleting the lies and replace them with what God says about you. Every morning take time to get your inner person ready. Start the day off by making these positive affirmations over yourself.

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Mental Health

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| Your Best Life Now #4 | 27:30 | 27:30 | REC | PA/O/E | 5/10/2020 | 3:00 AM |
| | | | | | 5/15/2020 | 12:30 AM |

Today, On Your Best Life Now, Joel Osteen talks about how you can choose to be happy. Too many people drag through the day sour, with no enthusiasm, they hardly ever smile, they never laugh anymore, everything is a burden. God never created us to endure life, He created us to enjoy life. As a little child we start off happy, laughing, and enthusiastic. So often as we get older, we let the challenges of life sour our spirits. Every day is a gift from God. We can never get this day back. If we make the mistake of living it unhappy, discouraged, upset, angry, then we have wasted this day. Make a decision that you're going to live your life happy. Put a smile on your face. Start laughing again. Celebrate the fact that you're alive. Happiness is a choice. You can choose what kind of day you're going to have. How you live your life is totally up to you. You're in charge of how happy or unhappy you want to be. Why don't you make a decision to be happy every day?

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| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| <i>Mental Health</i> | | | | | | |
| Your Best Life Now #6 | 27:30 | 27:30 | REC | PA/O/E | 5/24/2020 | 3:00 AM |
| | | | | | 5/29/2020 | 12:30 AM |

Today, On Your Best Life Now, Joel Osteen talks about the power of our thoughts and words. Have you thought about how you program your mind to think? No matter where you are, or what challenges you're facing, you can start living "Your Best Life." Our mind is like a computer. How you program it is the way it's going to function. Reprogram your thinking. When negative, discouraging thoughts come, delete them. Scriptures tell us to guard our mind. You control the doorway to what you're going to allow in. You can dwell on every negative thing people have said, every derogatory comment, or you can choose to delete it and dwell on what your Creator says about you. Clear out the negative things people have said about you. You are not who people say you are. You are who God says you are. You are His masterpiece, crowned with favor, equipped with talents, gifts, and creativity. It's time to reprogram your mind. Living your best life starts with thinking the right thoughts. Become disciplined in your thought life. Ask yourself, "Why do I think this way?" The words we speak determine the way we live. God's word is full of many promises that we can speak over our future.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| <i>Public Safety</i> | | | | | | |
| Taking Care of Business | 27:00 | 27:00 | LCL | PA/O | 5/13/2020 | 3:30 PM |
| #TCOB-1920 | | | | | 5/15/2020 | 3:30 AM |

The leading cause of death for children under four, and the second leading cause of death for children between four and fourteen, is drowning. And while we all know that water is dangerous, most of us have misconceptions about drowning that unnecessarily put our children at risk. A lack of knowledge can leave even the best of parents facing the unthinkable. Join us for this episode of Taking Care of Business, and learn how to best protect our children and families from this common but preventable tragedy.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| <i>Public Safety</i> | | | | | | |
| Taking Care of Business | 27:30 | 27:30 | REC | PA/O | 6/3/2020 | 3:30 PM |
| #TCOB-1902 | | | | | 6/5/2020 | 3:30 AM |

Is America's infrastructure "crumbling?" Driving down the street every day, hitting potholes or getting stuck in traffic, it's easy to believe. What about the quality and safety of our water? Is the power grid reliable? Can we trust what politicians, or the experts tell us? On this episode of Taking Care of Business, we're going to take a look at the reliability and safety of America's infrastructure, including transportation, water and power.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| <i>Public Safety</i> | | | | | | |
| Huckabee #135 | 50:30 | 6:00 | REC | PA/O | 5/2/2020 | 7:00 PM |
| | | | | | 5/2/2020 | 10:00 PM |
| | | | | | 5/3/2020 | 8:00 PM |

Tonight on Huckabee: Chad Wolf, Acting Secretary of Homeland Security discusses immigration restrictions during this coronavirus COVID-19 pandemic to keep Americans safe, healthy and in the workforce, while keeping those who seek to abuse visa programs out, as well as changes in airline travel.

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| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| <i>Public Safety</i> Somebody's Gotta Do It #211 | 24:31 | 24:31 | REC | PA/O/E | 6/20/2020 | 8:00 PM |
| | | | | | 6/20/2020 | 11:00 PM |

On this episode of Somebody's Gotta Do It, Mike Rowe takes us alongside CALTRANS workers, most of whom are volunteers, who risk their lives to keep the public safe from roadside avalanches.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| <i>Public Safety</i> Huckabee #140 | 50:30 | 6:00 | REC | PA/O/E | 6/6/2020 | 7:00 PM |
| | | | | | 6/6/2020 | 10:00 PM |
| | | | | | 6/7/2020 | 8:00 PM |

Tonight on Huckabee: As most cities throughout the country grapple with protests, sometimes violent, in the wake of the George Floyd killing, Miami has had relative calm. Miami Mayor, Francis Suarez, shares what they are doing to ease unrest that may benefit other mayors across the county.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| <i>Public Safety</i> Huckabee #142 | 50:30 | 5:00 | REC | PA/O/E | 6/20/2020 | 7:00 PM |
| | | | | | 6/20/2020 | 10:00 PM |
| | | | | | 6/21/2020 | 8:00 PM |

Tonight on Huckabee: House Minority Whip, Steve Scalise (New Orleans, LA) talks about police who are heroes and police reform.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
|---------------------------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| <i>Public Safety</i> Huckabee #141 | 50:30 | 11:00 | REC | PA/O | 6/13/2020 | 7:00 PM |
| | | | | | 6/13/2020 | 10:00 PM |
| | | | | | 6/14/2020 | 8:00 PM |

Tonight on Huckabee: Bernard Kerik, Former NYPD Police Commissioner, discusses the criminal acts of the riots, the call to defund police departments across the country, and the systemic slaughter of black lives.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
|---|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| <i>Public Safety</i> Somebody's Gotta Do It #201 | 24:33 | 24:33 | REC | PA/O/E | 5/23/2020 | 8:00 PM |
| | | | | | 5/23/2020 | 11:00 PM |

On this episode of Somebody's Gotta Do It, Mike Rowe introduces us to the U.S.S. John C. Stennis Navy aircraft carrier warship where he works alongside the men and women who perform hundreds of jobs to keep the world safe for democracy as well as provide humanitarian relief.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
|---------------------------------------|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Taking Care of Business #TCOB-1918 | 27:30 | 27:30 | LCL | PA/O | 5/22/2020 | 3:30 AM |

Although the teen pregnancy rate is the lowest in history, 3 out of 10 young girls will become pregnant before the age of 20. Each pregnancy represents a young woman with hopes and dreams. On this program, see the stories of young mothers who are overcoming adversity with a spirit to succeed and to achieve their personal best.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
|---|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Hope Generation with Ben Courson #2022 | 23:00 | 23:00 | REC | PA/O/E | 5/28/2020 | 3:30 PM |

Hope Generation with Ben Courson: Ben Courson travels to Horizon Church in Santa Fe, California to present a message entitled Combating Despair Part One. Sociologists tell us that we live in the most depressed generation on record. Anti-depressants are now the number one, and another study said number two, best-selling prescribed pharmaceutical medication in a nation built on life, liberty, and the pursuit of happiness. We consume more pills due to anxiety and depression than the rest of the earth combined by three times over. Suicide is the second leading cause of death among teenagers through ages in the early thirties. For all ages, suicide is the tenth leading cause of death. There are more suicides than homicides in America. Because we live in such a depressed generation, what can we do to combat this and find real hope? One of the reasons we may not have hope is because we refuse to wait. We hate to wait. Your suffering is not just pains, it is pangs. It's not just trials and pains, it's labor pangs. Don't judge the rest of your life on this current season. Wait. Wait. Wait. Let patience have its perfect work so that you might be perfect and complete, lacking nothing. The bigger the blessing the more preparation God has to do in you to prepare you for that blessing. Wait. Wait. Wait.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
|---|-------------------------|-----------------------|-----------------------|-------------|----------------|-------------|
| Hope Generation with Ben Courson #2023 | 23:00 | 23:00 | REC | PA/O/E | 6/4/2020 | 3:30 PM |

Hope Generation with Ben Courson: Ben Courson travels to Horizon Church in Santa Fe, California to present a message entitled Combating Despair Part Two. Depression is not something you manage, it's something you combat. Pain makes you stronger, tears make you braver, heart break makes you wiser, and one day you're going to thank your past for a better future. In Hebrew, the meaning of the word 'hope' in the Bible means knitted. Even when your circumstances unravel God never does. He is the same yesterday, today, and forever. In the New Testament it means joyful, confident, welcome. The proverbs say a merry heart does good like medicine, but a broken spirit rots the bones.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Hope Generation with Ben Courson #2024 | 23:00 | 23:00 | REC | PA/O/E | 6/11/2020 | 3:30 PM |

Hope Generation with Ben Courson: Ben Courson travels to Horizon Church in Santa Fe, California to present a message entitled Combating Despair Part Three. In the Bible Jesus tells us not to worry. Worry can make you sick. Scientists tell us depressed people get colds more frequently than non-depressed people whereas people who laugh more actually live longer. Laugh more. Have more joy. Confidence is what hope is. Joyful confidence is the welcome whereby the miracles of God come into our life. The Bible was written to give us hope. Our Lord is a God of hope and how you perceive God dictates how you receive from God, which is how you are empowered, enable, ennobled, and equipped to abound in hope by the power of Yahweh who abides in you as a temple for the Holy Spirit. There is going to come a time when you are going to choose which path to take. If you will choose to walk with, talk to, follow after, lean into, depend upon, and live for the God of hope, He will heal your broken heart.

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Youth

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Hope Generation with Ben Courson #2026 | 23:00 | 23:00 | REC | PA/O/E | 6/25/2020 | 3:30 PM |

Hope Generation with Ben Courson: Ben Courson travels to Harvest Church in Orange County, CA to present a message entitled Peace That Passes Understanding: A study came out that said that the average American watches fours and 35 minutes of television every day. The average 8 to 18 year-old spends 53 hours a week playing video games, watching TV, and surfing the internet. We live in a generation of mental entropy, disorganization, distraction, and chaos. On this episode we learn how to have greater peace in an era of stress and busyness.

Youth

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| The Eric Metaxas Radio Show #53 | 23:30 | 23:30 | REC | PA/O/E | 6/26/2020 | 5:00 PM |
| | | | | | 6/28/2020 | 9:00 PM |

Today on the Eric Metaxas Radio Show, John Stonestreet, President of The Colson Street and Host of Break Point; and Brett Kunkle, Founder and CEO of Maven; co-authors of "A Student's Guide to Culture" share that their goal was to provide students, ages 15 to 25, with a basic understanding of culture and the Christian's relationship to culture; addressing difficult issues they face such as sexual orientation, gender identity, technology, glowing screens, iPhones, and race; providing key tools to help them navigate the world that they live in. Many youths have not been trained intellectually on these types of issues and are not prepared to confront them, as many adults, parents, and church leaders have not thought carefully about these issues and equipped young people to navigate them. Christian adults need to think more about appropriate protection of young people early on, providing knowledge about things happening under the surface that are not easily visible. We fail to realize just how normalizing culture can be. The number one tool is scripture, the authority and interpretation of scripture. Great resources for parents are books on youth apologetics and organizations such as Summit Ministries and Impact 360.

Youth

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Huckabee #143 | 50:30 | 2:00 | REC | PA/O | 6/27/2020 | 7:00 PM |
| | | | | | 6/27/2020 | 10:00 PM |
| | | | | | 6/28/2020 | 8:00 PM |

Tonight on Huckabee: Dr. Ben Carson 17th Secretary of the U.S. Department of Housing and Urban Development shares that twenty thousand young people age out of the foster care system annually and within the next four years approximately one quarter of them become homeless. The Foster Youth Independence Program provides youth with grants that provide tenant protection vouchers, giving them the opportunity to have their own apartment, along with wrap around services to help them get their GED, training, financial literacy, basically whatever they need is provided, in order to set them on a trajectory for self-sufficiency.

Youth

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Treasures #408 | 28:31 | 28:31 | REC | PA/O/E | 4/18/2020 | 1:30 AM |

On today's episode of Treasures, Sonny Arguinzi, Founder of Victory Outreach International, shares how addiction to drugs and alcohol is a terrible thing and how he has worked with people who can't seem to break their addictions. The saddest part is the effect that addiction has on their children. Some of these children grow up with insecurities, feeling abandoned and neglected and are often rebellious. It's a harsh reality when a parent loves their addiction more than their children. We are introduced to two young men who faced this sad reality. They share their experiences and how God turned their lives around.

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| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Treasures #101 | 28:30 | 28:30 | REC | PA/O/E | 5/2/2020 | 1:30 AM |

Youth

On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, and Sonny Arguinzoni, Jr., Pastor of Victory Outreach Chino, feature the story of Art Blajos, an ex-mafia hit man. Art discusses the gang culture and how young men are impacted by this brotherhood. From so-called impossible situations, Art shares how, by the grace of Jesus Christ, he went from a messenger of death and destruction to a messenger of life and hope through the ministry of Victory Outreach.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Treasures #102 | 28:32 | 28:32 | REC | PA/O/E | 5/9/2020 | 1:30 AM |

Youth

On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, and Sonny Arguinzoni, Jr., Pastor of Victory Outreach Chino, focus on the devastation of drugs and teens. Never has there been a generation more affected by drug abuse. Drugs have invaded inner cities as well as suburbs; making its way into every class of society. There are 24.7 million meth amphetamine users worldwide and meth has the highest relapse rate of any drug, but there is hope. Once addicted to meth, Ezra La Turco shares how drugs impacted his life as a young man. After committing himself 100% to God and the vision of Victory Outreach through their youth ministry called G.A.N.G. (God Anointed Now Generation), Ezra is now involved in ministry at the U.T.C. Urban Training Center, reaching people like himself and their families.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Treasures #103 | 28:30 | 28:30 | REC | PA/O/E | 5/16/2020 | 1:30 AM |

Youth

On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, and Sonny Arguinzoni, Jr., Pastor of Victory Outreach Chino, address teenage rebellion. Many young people just want to feel loved and accepted. If this is not provided at home, sometimes they find someone or something that are only harmful to them. Find out what happens when rebellion meets redemption as Priscilla shares her story of hopelessness and how she found purpose in Christ.

| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Treasures #104 | 28:32 | 28:32 | REC | PA/O/E | 5/23/2020 | 1:30 AM |

Youth

On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, shows us a home affected by alcoholism and how it impacted a family. Alcoholism has crept into many homes over the years. The pattern of the social drinker turning into an alcoholic has affected many lives to the point that entire families have experienced the pain that comes along with this vicious cycle. Children are among the most damaged by alcoholism. Statistics show that an estimated 6.6 million children live in a household with at least one alcoholic parent. Many of these children develop emotional issues such as guilt, anxiety, anger, and depression. Some often have difficulty building relationships with others, make decisions which lead to violence and crime, and for many, they end up following in the footsteps of their parents. It is a very sad cycle that many families cannot break for generations. However, this family was transformed by the power of Jesus Christ and He is able to change you and your entire family, as well.

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| <i>Program Title</i> | <i>Program Duration</i> | <i>Topic Duration</i> | <i>Segment Source</i> | <i>Type</i> | <i>Airdate</i> | <i>Time</i> |
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| Somebody's Gotta Do It | 24:32 | 24:32 | REC | PA/O/E | 5/9/2020 | 8:00 PM |
| #205 | | | | | 5/9/2020 | 11:00 PM |

On this episode of Somebody's Gotta Do It, Host, Mike Rowe, takes us inside the national competition for Skills USA to find out how they are creating thousands of great careers while keeping the American Dream alive. Skills USA has filled in the gap that was created when Vo-tech vanished from high schools, by establishing a partnership between education and industry. Every year this organization trains over 300,000 students in dozens of skilled trades; welding, baking, and broadcasting, to name a few. At this competition, every competing student has already won a competition at the state level, and now they are competing for scholarships. Each competition lays out specific tasks to be completed within a certain amount of time with the opportunity to be awarded gold, silver, and bronze medallions. We're looking at a shortage of over 250,000 workers in the next ten years of retiring age. Our entire infrastructure is held together by welds, and the people who know how to make them. Right now, a good welder who is willing to go where the work is could pretty much write his or her own ticket. The baking industry is also struggling to find qualified people. While students are coming out of college mired in debt with no guarantee for a job in their field, the students who participate at Skills USA are gaining valuable training that makes them ready for the workforce as soon as they graduate.

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