

TRINITY BROADCASTING  
NETWORK

WWTO TV  
LASALLE, ILLINOIS

QUARTERLY  
REPORT

FOURTH QUARTER

OCTOBER, NOVEMBER,  
DECEMBER

2014

THE FOLLOWING PAGES LIST SUMMARIES OF SOME OF THE WWTO TV PROGRAMMING ADDRESSING THE ISSUES AND PROBLEMS NAMED ON THE ASCERTAINMENT LIST, AS WELL AS OTHER ISSUES DETERMINED TO BE IMPORTANT, FOLLOWING THE FCC REQUIREMENTS FOR THE QUARTERLY REPORT TO BE KEPT IN THE PUBLIC FILE FOR THE FOURTH QUARTER:

OCTOBER, NOVEMBER, DECEMBER 2014

WWTO TV- LASALLE, ILLINOIS PROGRAMS PERTAINING TO LEADING COMMUNITY PROBLEMS FOR THE FOURTH QUARTER: OCTOBER, NOVEMBER, DECEMBER REPRESENTING AREA CONCERNS PULLED FROM VARIOUS SOURCES INCLUDING BUT NOT LIMITED TO CIVIC LEADERS, RESPONSES FROM WWTO TV VIEWERS, PRINT MEDIA, INCLUDING: NEWSPAPERS, MAGAZINES AND OTHER PUBLICATIONS, AND FROM TELEVISION AND RADIO WHENEVER POSSIBLE.

HEALTH & MENTAL HEALTH  
EMPLOYMENT  
HOMELESS  
SAFETY  
EDUCATION

THE QUARTERLY REPORT  
LOCAL PRODUCTION TITLES

JOY IN OUR TOWN

PUBLIC AFFAIRS PROGRAM, "JOY IN OUR TOWN" IS AIRED FRIDAY AT 12 NOON, AND RE-AIRED SATURDAY AT 3:00 AM, MONDAY AT 10:30 AM, AND THURSDAY AT 3:00 AM, 3:30 AM AND 4:00 AM.

PRAISE THE LORD

PUBLIC AFFAIRS PROGRAM, "PRAISE THE LORD" IS AIRED FRIDAY AT 10:30 AM, AND RE-AIRED SATURDAY AT 1:30 AM, TUESDAY AT 1:30 AM AND THURSDAY AT 1:30 AM.

ISSUE

HEALTH  
&  
MENTAL HEALTH

<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
<b>HEALTH</b>	Joy In Our Town #072314A	27:44	13:20	LCL	PA

**AIR DATE & TIME:** 10/3/14 @ 12:00 PM, 10/4/14 @ 3:00 AM, 10/6/14 @ 10:30 AM, 10/9/14 @ 3:00 AM, 10/9/14 @ 4:00 AM, 10/16/14 @ 3:30 AM, 10/24/14 @ 12:00 PM, 10/25/14 @ 3:00 AM, 10/27/14 @ 10:30 AM, 10/30/14 @ 3:00 AM, 10/30/14 @ 4:00 AM, 11/6/14 @ 3:30 AM

Diane Farrell, Director of Clinical Operations with North Central Behavioral Health Systems talks about living in balance. Life is like a three legged stool. You have physical, emotional, and spiritual health. If you make a bad decision in one area the whole thing will fall over. It is hard to have perfect health. You can't take care of one area and neglect the others. If you are emotionally stressed it can make you physically sick. Counselors and therapists can help you find balance. Focus on one thing at a time and it will affect the bigger picture.

<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
<b>HEALTH</b>	Joy In Our Town #012612A	29:32	14:36	LCL	PA

**AIR DATE & TIME:** 10/17/14 @ 12:00 PM, 10/18/14 @ 3:00 AM, 10/20/14 @ 10:30 AM, 10/23/14 @ 3:00 AM, 10/23/14 @ 4:00 AM, 10/30/14 @ 3:30 AM

Dr. Shirley Hill, Wellness Administrator for SAKAL Global Nation, talks with Emily Young about the chemistry of food and its relation to disease. One of the things that we don't recognize is that the body is designed to live disease free forever, not to live forever but to live disease free. It has mechanisms in it; it's self-repairing, self-rejuvenating, self-rebuilding, it will even re-grow organs. The body is like a car it has to have what it needs to operate and function as it should. Our difficulty is that because we don't know how the body functions, the systems and the processes that take place in the body, we don't give it what it needs to operate as it should. A body that cannot and will not keep you from catching a cold cannot keep you from getting cancer because it's the same process and the same mechanism. What we eat can determine whether or not we get a disease or whether or not our body can defend us against getting a disease. What the body needs from fruits and vegetables are the enzymes. Enzymes are destroyed beginning at 102 degrees. When you cook or heat fruits and vegetables, you destroy the things that facilitate healing in the body. That's one of the things that we can change: we can eat more raw fruits and vegetables because they have the one thing: enzymes; that facilitate all of the processes and changes. That includes metabolism, elimination, the healing cycle; all of those things are facilitated by 3,000 enzymes that initiate 7,000 processes in the body. Without any enzymes, those processes don't take place and then you begin the process of decline. One of the things that we can do to get minerals is to eat organic. Shirley hears all the time that it's awfully expensive but if you eat that which is necessary, there are some foods that just should be eaten organic because they have thin skins, no protection from pesticides. One of the things that we should absolutely stay away from is processed meat, that pretty red color is also what becomes a nitrosamine in the body, which causes cancer. It is a carcinogen. Another thing that people should not eat: soda. Soda because of the carbonation, they reduce oxygen in the body. An oxygen deprived body is ripe for every sickness or disease and that includes cancer. It also removes magnesium from the heart. Magnesium keeps the heart beating.

The figure designated as **SEGMENT DURATION** is based on our good faith judgment and may not represent exact time.

<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
HEALTH	Joy In Our Town #012612A	29:32	13:26	LCL	PA

**AIR DATE & TIME:** 10/17/14 @ 12:00 PM, 10/18/14 @ 3:00 AM, 10/20/14 @ 10:30 AM, 10/23/14 @ 3:00 AM, 10/23/14 @ 4:00 AM, 10/30/14 @ 3:30 AM

Dr. Shirley Hill, Wellness Administrator for SAKAL Global Nation, talks with Emily Young about health, nutrition and obesity. The body is very meticulous in how it processes what is put in it. If it doesn't have a mechanism to metabolize what is put in it, then it is going to store it as fat. When you have a body that is storing fat, it is also storing waste that facilitates disease. Waste is chemicals that we ingest but is also waste that cannot be eliminated because the process of elimination cannot take place because there are no enzymes. Most Americans are chronically constipated. Most of what Shirley is seeing now is that people are constipated into their stomach and because of that constipation they are being diagnosed with an obstruction. With that obstruction, part of the stomach or the intestines is being removed but with that removal the intestine has villi that are connected to capillaries that carry nutrients to different cells, organs, tissues. When you remove part of the intestine, then you remove those villi and the capillary no longer has nutrients to take to organs of the body. So you're moving the disease farther along because whatever organ does not receive the nutrients, the water, and the oxygen that it needs, then that organ begins to die. Before you had chronic constipation but now you have an organ that is no longer receiving nutrients. We're caught in a catch 22 because nutrition-less food, it has nothing for the body to complete processes so the body has to store it as fat and we become, especially our children larger and larger and more obese. What we do is lessen the calories, same foods, same problem, just less calories. She recommends that people eat the proper fish: fish with scales and fins such as the Alaskan fish, no shellfish because they're scavengers. You can get protein from nuts and most children love nuts. As we read labels, most things that are in boxes bottle or cans, they have zero to very little of what is marketed on the front of the label. It's mostly chemicals and colorings and additives. Those things make our children hyper, cause asthma and other conditions in the body. Children are very versatile. They learn to eat from us. Do you eat it, do you like it? They learn that habit from you.

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<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
HEALTH	Switch On Your Brain #010	28:30	28:30	REC	PA/O/E

**AIR DATE & TIME:** 10/7/14 @ 12:00 PM

Today on Switch On Your Brain Dr. Caroline Leaf discusses "It's not who you are, it's who you have become." Evil comes from us, from choices that we make. Every time we make a bad decision and we wire that toxic thought into our brain, we've created evil and then we act upon that. But that's not who you are, that's who you have become. You can get free. There is nothing that you have done that you can't get rid of in your brain. Obviously, it starts with acknowledging, repenting, confessing, accepting the work of the cross. You can wire that out of your brain. There is a tendency that we can get stuck in that negative groove and then grow this thing and then we think that's all we are. You need to stand back. You need to recognize you're made in God's image and that's not who you are, that is who you have become, so therefore you can un-become that. Our norm, our default mode, is one of making good choices. We can think well. We can choose well, because we are made in His image. You may feel like I react like this, this is who I am; this feels like it's me. Yes, because every choice that you make, if it is a good choice, you wire in the healthy. If it is a bad choice, you wire in the negative. It has become part of your biology, the toxic side, the fear zone, this is not who you are, this is who you have become. If you wired it in, you can wire it out. When the brain is inside your head and you're alive and living, you are generating mind and your mind is actually changing that brain. We are wired for love. Scientifically we see this; all of our circuitry, all our chemicals, everything is geared in the direction of making good choices. When we choose badly, as it says in Deuteronomy 30:19, the implication in that scripture is that if we make the wrong decision we step into the death zone. Spiritual truth is reflected in science, where we see that people that have made bad decisions, and we all do that, those bad choices get wired into our brain and affect the physical structure of our brain because we design the landscape of our brain in a positive or negative direction. Your natural wiring is beautiful, healthy, green trees. Because you can think, you can choose. Whatever you chose became either healthy stuff or baggage. When we have issues, that's not who we are, that's who we have become. So if we've become that, we can un-become it. If we've wired it in, we can wire it out. You control your genes in your body. We are not a victim of our genes. You first grew a toxic thought then you did that. Whatever you think about the most will grow. So if you're living that lifestyle, you're growing that, you have chosen the inhuman root and have wired in the toxicity and are living out that toxicity. As you are living out that toxicity it produces the toxic effects. This is the stronghold of the enemy. It is something that we choose and these are consequences of our choices. Your natural is that you are wired for love. As you are thinking and as you are choosing, as you are about to make a decision, the front part of your brain becomes extremely active. As you say and do whatever you say and do, you cause genetic expression, which means you make proteins, and you grow things in that part of your brain. Basically, whatever you think and choose results in a physical substance. That physical substance is a thought, and as you are thinking and choosing, the physical activity will increase in the front part of your brain and you will actually grow a thing in your head. If you have chosen good stuff, something positive, you're going to grow something healthy in your head. If you have chosen something negative, you will grow something unhealthy and it will look different. If you grow a lot of toxicity in this part of your brain it interferes with your ability to make wisdom decisions. Science has shown that this part of your brain becomes well developed the wiser you become and it becomes healthy. When you make bad decisions, you get negative wisdom. It's not really wisdom, it's negative toxicity. You're doing the bad stuff because you first made a bad choice. Evil has no way of working and existing until you believe a lie. Evil has no control over you until you react to it. It's your reaction that takes it inside of you and makes it a reality and then you act upon that. It is with our mind that we understand our intuition. As we discipline our thought life and become more aware of our intuitive, instinctive, recognition of this is who we really are, and this is who we have become, as you develop that, you will find it easy to separate and easier to work on the negative stuff. We have many opportunities to get rid of toxic thoughts and behaviors, but if you choose not to, they go back even stronger than before. No matter how strong they get, you can still get rid of them because your mind controls matter. Your soul controls your body. Your body and your brain are designed to do the will of your mind. Your mind is designed to do the will of the spirit and the spirit is designed to be controlled by the Holy Spirit. As a neuroplastician, if you wired it in, you can wire it out. God has designed your brain to follow the decision of your mind, to follow the leading of your spirit. When you do that you create change in your body. We create the evil when we make bad choices. Even the worst evil can change. The circumstances of life sometimes make us feel in life that this is who we are, but that's not who you are, it's who you have become. Who you have become is not the truth. It is not the reality. We're made in God's image. We're wired for love. We're thinking beings. We can make choices. So when we fall down, we can get up. Make the good decision of your mind. Plant that tree and get up and carry on. It's not who you are, it's who you've become. Wire out the "who you've become" and go back to who you truly are in Christ. When you've made a wrong choice in your life, and you've wired this evil into your life, you must remember it's not who you are, it's who you have become. Admit it, quit it, and beat it. When we've made bad choices and we've built this toxicity into our brain, we don't have to become a victim of that now. We can change that. You can change back into who you are. You go to God, you take that to God, and you let God walk with you through the consequences of that decision that you've made. This week work on admitting, quitting, and beating. Make that a motto of your life. Admit it, quit it, and beat it.

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<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
HEALTH	Switch On Your Brain #012	28:30	28:30	REC	PA/O/E

**AIR DATE & TIME:** 10/21/14 @ 12:00 PM

Today on Switch On Your Brain Dr. Caroline Leaf discusses how we are designed to bring all thoughts into captivity. Part of the front part of the brain is designed to enable us to stand outside of ourselves and observe our own thinking. God's design of the human brain fulfills the ability to bring all thoughts into captivity. We can actually stand outside of ourselves, observe our own thinking, focus on an area that needs to be detoxed and we can fix it. It's like the first step that we need to apply in being able to actually sort out our thought life. You have the ability to bring all thoughts into captivity. When we think we choose and when we choose we change our brain and then we live from what we have created inside of our brain. Everything that you say and everything that you do is first a thought inside of your head. We are neuroplasticians, neuro meaning brain and plastic meaning to change. We are designed to change our brain. Moment by moment of every day, you are redesigning the landscape of your brain. You are changing your brain. You control your brain. Your brain does not control you. We are not victims of our biology. We are victors over and above the events and circumstances of our life. If you are negative, it hits the proteins right down on a micro level and they start breaking down and over time they manifest and make you vulnerable to illness and disease. A study shows that people are protected by worship; protected against depression and anxiety and worry. They have shown scientifically that the more people worship, the more you develop your relationship with God, and the brain actually gets thicker in the parts that need to get thicker to protect you against depression, anxiety and worry. The more you worship, the more you are protecting yourself against all the challenges that affect us in life. Inside your brain you have internal networks that we call the default mode networks. As you are conscious and as you are going through the day, every seven seconds, you shift into this default mode, and you basically switch off to the external and you switch on to the internal, and you process what you have just taken in. Research is showing that those people that are meditating correctly, the activity in the brain increases and you're becoming more intelligent. When you are in a state of peace and calm you are thinking with wisdom and clarity. Christians who are meditating on the Word of God and saying "Trust in the Lord with your all your heart. Rely not on your own understanding. In all your ways acknowledge Him and He will direct your path all day long," their brain entered into the highest intellectual state possible. God has designed your brain to obey your mind, and when you do what God tells you to do, and you choose life, life grows in your brain, good stuff grows in your brain, your brain health increases, your immune system improves, your cardiovascular system improves, and the entire health of your body improves. As you're in life, you're exposed to multiple things that are coming in through your five senses. Your five senses are the contact between the external world and the internal world of your mind. There's a lot of signal coming into your brain, but it stays in the middle part of your brain and it activates certain internal signals, which are four or five of the existing memories that are moving to the conscious mind. You can discipline yourself to become aware of what you are gathering; what is coming in from the outside and what thoughts are being activated. Sometimes it takes twenty-one days to get our minds disciplined. We need to discipline ourselves to slow down, watch our thoughts, not let any thought go unchecked through our mind. That's our natural design and that's what bringing our thoughts into captivity means. We are all faced with all these choices and quantum physics talks about them being probabilities. Probabilities have not happened yet and they have no substance yet. A probability is simply something that could happen. You, the observer outside the system, look at the probability and you make a choice, and you turn the probability into an actuality. When it becomes an actuality, it becomes a physical structure inside of your brain. You operate from that physical structure inside of your brain. We are designed to bring all thoughts into captivity. Bring is an instruction and it is a mind action. When you decide to bring all thoughts into captivity that is mind action. That's intellectualizing, that's choices that we're making. The frontal lobe of the brain is very active when we are conscious and it enables us to literally stand outside of ourselves and observe our thoughts, and make change. Discipline yourself to self-reflect. Discipline yourself to self-regulate. Where you are in your mind is going to determine where you're going to be tomorrow. It's with your mind that you are going to grow spiritually. It is with your mind that you are going to get your health under control. Deal with the issues that are in your life. Science shows us that thoughts are real things. Your mind is in the soul realm and your mind deals with the intellect, the will, and the emotion. Although we can't see the intellect, the will, and the emotion physically, we can see the result, which is what people say and what people do. First there is the thought that you've built, which is the root in the non-conscious mind, that moves into the conscious mind, and then you become consciously aware, and then you speak and you do. Thoughts are built as substance and evidence in your mind, as you build those you will be acting upon those. Your DNA doesn't control you. You control your DNA. You cannot control the events or circumstances of your life, but you can control your reactions to the events and circumstances of your life. You are not a victim of your biology. You are totally in control by the decisions that you make, influencing your spirit, soul, body, and health. God has designed your brain in such a way that you are able to stand outside yourself, observe your own thoughts, and rewire your brain in a positive way. You're not a victim. You can rewire and you can change through a single decision to make that decision to change.

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HEALTH	Switch On Your Brain #013	28:30	28:30	REC	PA/O/E

**AIR DATE & TIME:** 10/28/14 @ 12:00 PM

Today on Switch On Your Brain, Dr. Caroline Leaf discusses how no thought is harmless and no attitude can be hidden. You know what it feels like when you're around someone who is negative? It makes you feel horrible. When you're around someone who is joyful and happy you feel great. That's because our attitudes literally rub off on each other. You can't hide an attitude. No thought is harmless. It is a scientific fact that every thought that you build generates electromagnetic energy and it produces a state of mind, and that's part of nonverbal communication. We don't read each other's actual thoughts, but we can read each other's attitudes. We have all kinds of structures in our brain that help us to reflect back each other's emotions. For example the vagus nerve, insula, mirror nerve cells in our brain literally help us to cry together, laugh together, and be joyful together. It's almost as though God has designed us so that we can actually check each other's behaviors. Become aware of your attitude and the attitude of the people around you. Every single cell in your body is impacted by a negative thought. No thought is harmless and no attitude can be hidden. It will come through in the way that your eyes are shining and the way that you carry your body. Genesis 11:6 tells us that "Whatever they imagined they could do would not be impossible for them." The science of this scripture is that as you are thinking, you are physically building substance. This science also tells us that whatever is substance in your brain you will act upon. You will live out whatever you have built, so therefore, no thought is harmless. The Bible does say that to just look upon a woman with adulterous thoughts is the same as the act. We know from science now that if you watch someone play tennis, the same areas in the brain will light up as the areas that will light up in the person who is actually doing the act. It says in the Bible that only God and you know your own thoughts but what I can pick up through my mirror neurons is your attitude which is your state of mind; it's the emotional state of your head. Every thought has an emotional feeling component and that is what we literally mirror in each other. Quantum physics actually explains this in terms of the theory of entanglement, which means we are all entangled in each other's lives. We are all connected with each other, so we feel each other's emotions. We can't hide it. We can't ever hide an attitude because of the design of the brain mirroring out the emotional energy literally from the thoughts that move into the conscious mind, we reflect those. The gene is an inanimate thing. It can't do anything until it is switched on. The dreaded diseases that people are suffering from are from the mind, seventy-five to ninety-eight percent. Even when you have a genetic mutation of something that comes through the blood line, it originally was not a mutation because Deuteronomy 30:19 says, "I lay before you life and death; blessing and cursing. Choose life so that you and your descendants may live." The decisions that your great, great, great whatever, made are in your head. You have a choice and that choice is to keep and to active those things or to kill them. What you think about, the choices that you make, will produce effects. That's pretty much the science of epigenetics showing how our choices impact spirit, soul, and body, this generation, and the next four generations. It's the sins of the father that will reach through to the third and the fourth generations. It's not an excuse because the Bible also says that you are not responsible for your parent's sins. You are not a victim of your biology. You are a victor over and above your biology. Imagination is not a nothing. Imagination is you visually thinking out. As you imagine, you are growing thoughts as well. As you are growing those thoughts, you then act upon those thoughts. They did a research study where they taught people to play the keyboard in two groups. One group learned to play the keyboard actually using a keyboard. The other group learned through the power of imagination. They brought the two groups together and the group that used their imagination actually played better than the other group. You can't see your thoughts, but no thought is just some nonevent. No thought is harmless. Every thought is doing something. It's physical structure inside of your brain. We can't control the events and circumstances of our life, but we can control our reactions to those events and circumstances. We can choose to control our reactions. So therefore the hardest thing about being happy and peaceful and enjoying life and coping with life is the recognition that we can choose. You are able to choose and your choosing makes a difference in your life and the lives of this generation and the next four generations. Attitudes are never harmless. Attitudes impact people. Your attitude that you reflect, good or bad, is influencing other people's perceptions. This week make a strong concerted effort to actually observe your own attitudes and the impact of your attitudes on other people. You will be amazed at how when you smile and you're happy how that influences the people around you. How when you're whiney and negative how that influences the people around you. Increase your observation skills this week.

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HEALTH	Switch On Your Brain #001	28:30	28:30	REC	PA/O/E

**AIR DATE & TIME:** 11/4/14 @ 12:00 PM

Today on Switch On Your Brain, Dr. Caroline Leaf discusses the mind being the switch that helps to control the brain. The mind is your intellect, thinking, choices, feelings and emotions. These mind actions switch the brain on or off. Thoughts are real things that take up space in the brain and look like forests that have been built up since you were in the womb. We control our brain. Our brain does not control us. Through your mind, you have the ability to think and choose; the ability within yourself to change your world quite literally. Science has proven that the mind changes the brain. The mind changes the body. The mind is instrumental in developing the spirit. It was once believed that once a brain cell died, there was nothing more that could be done about it. Research now states that we can change our brain. We can redesign our own brain. Neuro means brain. Plastic means to change. Neuroplastic means the brain can change. You can change your brain. Now this is called brain surgery. You are completely unaware of ninety to ninety-nine percent of the activity going on inside your brain. Right now you are processing information through your five senses into your brain. Your mind activity is a signal that goes to the DNA, to the gene code, which is just sitting there dormant waiting for your signal, and then as soon as your signals comes, it switches on and you start making amino acids, which group into proteins and you grow trees in your brain which are thoughts, right now at 400 billion actions per second. You are creatively growing stuff inside of your brain. Mind over matter is total reality. The mind actually controls the body. The spirit controls the soul, and the soul's the mind realm, and the mind controls the body. We know from science now that the higher level is the mind and the lower level is the brain, so the brain actually represents what the mind has actually worked out. You're a thinking being. You think all day long. You're even thinking at nighttime while you're sleeping. But at nighttime you are sorting out your thinking for the next day. Even though every human's brain follows the same euro physiology and the structures of the brain and those kinds of things look the same, the way that you uniquely perceive the world means that you will design your own architectural landscape of your brain. So the way you perceive the world is reflected in the physical structure of the brain and we call that the law of diversity. We do not have fixed IQs. You are as intelligent as you want to be. Intelligence is something that increases constantly throughout your lifetime the more you use your brain. You are designed with free will. You are designed, enabled, and empowered to choose. You can choose whether you are going to believe the negative or the positive. You choose whether or not you are going to operate in peace. There are only two choices that we can really make: love or fear. The choices that you make, which are the result of the thoughts that you think, are going to become physical realities in your brain. We have to focus on what is important and make the good choices that we have to make because when we make the good choices we wire health into our body. We wire health into our brain. We wire health into our mind. We wire health into our spirit. Thoughts are real. Thoughts are growing on a moment by moment basis that you, with your mind, grow. As you are growing those thoughts they are changing the structure of your brain and impacting how you run your life. We need to be aware of our thought life. We must never let thoughts go unchecked through our brain. We must always be aware: What am I thinking about? What am I listening to? What am I reading? What is going on in my mind? As we create that awareness, we can start bringing those thoughts into captivity.

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HEALTH	Switch On Your Brain #002	28:30	28:30	REC	PA/O/E

**AIR DATE & TIME:** 11/25/14 @ 12:00 PM

Today on Switch On Your Brain Dr. Caroline Leaf discusses the scientific term "You Are Wired For Love." Humans naturally are optimistic. Scientists correlate that with being wired for love. We actually have to learn fear. The brain is part of your body. You are designed in perfection. You are wired for love and you are well able to think in a perfect way. Fear is the opposite spiritual force. You have the spirit of power, love, and a sound mind. The norm is love, power, sound mind, made in His image, the mind of Christ. Research called "The Optimism Bias" shows that the natural inclination of man is one of being positive, making good choices, and thinking healthy thoughts. Scientifically, we have seen the brain circuitry for only positive choices, positive optimism, seeing the good in everything, wiring, neurochemicals, structural organization inside the brain, that is all in the direction of healthy thinking. Yet when you make a bad choice, because we have free will, we see this whole process being distorted, creating a physical change in the brain which impacts the body. This parallels with the Bible, which encourages us to think of healthy positive things, and if we don't, there are going to be consequences. The hardware that is fixed is the wired for love. We are made in God's image. That's our original design. That's our normal. That's our default mode. That is who we are, but God gave us free will. In life, we run the software, and that software is how we process the events and circumstances of life and how we actually design the landscape of our brain, so the software is how we uniquely process that information according to what is already inside of us. Moment by moment of every day we are thinking. So moment by moment of every day, we are changing the software and changing the reactions. We get stuck in certain habits. Whatever you think about the most will grow. So whatever program you design to work in that way, the hardware then responds. So if you don't change the software signal, and it's always the same signal, the hardware will just respond in the same way. But if your software says this hardware is not good, then you can change the software. This is all mind activity. By having an awareness of this life that we're living as hardware, we can use our mind to change that and bring ourselves into the natural state, which is wired for love. It's all choices. It's all mind work. The non-conscious part of your mind works at 400 billion actions per second. In the non-conscious part of your mind it guides the conscious part of your mind. The conscious part of your mind operates at 2,000 bits of information per second. The non-conscious mind is pretty much that part of who we are. It is all the thoughts that we have been building from conception to our current age, that are driving our conscious minds. At any given time there are only a few thoughts in our conscious mind. Thoughts move in and out of the conscious mind as they are required in order for you to function. The non-conscious mind has trillions and trillions of thoughts and they can be changed. Those thoughts that you have implanted in your mind can be altered and changed as they move into the conscious mind and then move back into the non-conscious mind. We have structures in the depths of our brain called the "Default Mode Network" which is a group of circuits that span the structures in the middle of the brain. The Default Mode Network, think of it as a conductor. All of the circuits inside your brain work together like an orchestra when you are using your mind properly. Research has shown that every seven to ten minutes you are supposed to slow down, become introspective, become self-reflective, become calm, switch off to the outside and switch on to the inside and get into the depths of who you are, and when you do that your brain moves into the highest intellectual state that it possibly can. On an FMRI scan, your brain goes into what is called gamma activity. Gamma activity is where you are super intelligent. When you have gamma activity happening in your brain, you are processing with wisdom, you are seeing things that you did not see before. The fear zone essentially is negativity; toxic thinking. Our choices have consequences and our bodies help us to understand these consequences. You have to choose to live a full life. You have to choose to be happy despite the circumstances. Spirit, soul, and body is a connected thing. Your mind is what you use to decide how connected you are going to be between your spirit, soul, and your body. It is with your mind that you process, intellectualize, experience your feelings, make your decisions, interface with your thoughts, and make your choices. The biggest thing in change is the recognition that we have choice. It is also the hardest thing to take responsibility for our own thought life and our own actions. The quicker we realize that we make choices and that our choices have consequences, it will set us on the path to healing with the recognition that we have the ability to choose. We are wired for love. We know right from wrong. Our natural default mode is one of love, which is choosing well. When you make a bad choice you are going to have a physical consequence inside the brain. Your brain has no structure for bad choices. We're wired for love. We were designed to make good choices. If you make bad choices you're going to have a negative physical reaction inside our brain, literally you will build a negative toxic tree inside of your brain, and that will impact your physical body, soul, and spiritual development. You are wired for loved. Love is your normal. Everything about you is designed to be like God. You can make good decisions. You can think well because that is your norm. So when we choose badly, we're actually stepping into the fear zone, or the abnormal zone, and experiencing negative emotions. Because that is not your norm, it doesn't have to dominate or control you. You are able to get free because you are wired for love. Research shows that we are wired for love and we can change. Really focus on the fact that everything about you is geared in a positive direction. Your norm is to actually make good decisions.

The figure designated as SEGMENT DURATION is based on our good faith judgment and may not represent exact time.

<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
HEALTH	Switch On Your Brain #003	28:30	28:30	REC	PA/O/E

**AIR DATE & TIME:** 12/3/14 @ 12:00 PM

Today on Switch On Your Brain Dr. Caroline Leaf discusses how making bad choices leads to toxicity. You are a thinking being. You're thinking all day long. Every time you think it automatically leads to a choice. As you are thinking and choosing your DNA actually expresses, which means it makes proteins, and those proteins group together and you grow thoughts that look like trees. Sometimes we choose badly. Instead of the proteins forming correctly they actually form incorrectly. You can actually see the result of a toxic choice inside the brain as literally this toxic tree. If you think of the analogy of a forest where there has been a forest fire, there's this huge black patch and that's kind of what our toxic thoughts look like. Our body recognizes it as an abnormal structure. Our brain actually reacts negatively to a toxic thought. Toxic thoughts are like these foreign invaders and they increase our vulnerability to disease. Seventy-five to ninety-eight percent of current mental, physical behavioral illnesses today come from toxic thinking. You're spirit, soul, and body. You are a triune being. Your spirit is your true you. It's your intuition, your conscience, and your communion; your communion being your worship with God. Your soul is your intellect, will and emotions. Your soul is basically your mind. You are thinking, you're choosing, you're feeling, all of that is the mind; soul activity. You live in a body. Your brain is part of your body. The design and the natural order that God has set up is that the Holy Spirit informs your spirit, your spirit informs your soul, and your soul controls your brain and your body. Your soul has one foot in the door of the spirit and one foot in the door of the body. It is the central point. The body simply is then going to house the consequence of your mental decisions of your mind; soul decisions. God gave you this ability to choose. When we think and choose badly and we wire those toxic thoughts into our brain, those toxic thoughts are seen as foreign invaders inside of our brain and this is because we are wired for love and we have to learn fear, so therefore the toxic choice is actually a fear response. Not fear as in scared, but fear as in negative; anything on the negative side like discouragement, despair, hatred, anxiety, worry, etc. You are in life processing. You're in these events and circumstances of life, those things are coming in through your five senses, you are thinking these things through, and you are reacting to these events and circumstances that have come in through your five senses as electromagnetic life forces that we can measure through quantum physics and describe through using quantum physics and brain science. So if with our mind we make a bad choice that spiritually is going to have a whole lot of consequences on the way that your mind is functioning as well as your spiritual development, but it also makes a huge impact on the way that the body functions. Current research tells us that seventy-five to ninety-eight percent of current mental, physical and behavioral illnesses today, come from our thought life, so these illnesses are very real things. They're talking about the big five as well as just down to getting a virus like a flu or something like that. These manifestations of illness and physical illness inside of our bodies, seventy-five to ninety-eight percent of it, comes from our thought life. It is our thoughts that change the physiology of our body. It is our thoughts that change the way you feel and function. When we have a flu or a virus or something passing through our body, our immune system is immediately activated to fight that invasion. So anything that is not part of the normal cycles or structure or function of the brain is treated in the same way. Our thinking produces physical realities in the brain, actual physical little thoughts that look like little trees. When it is a healthy thought, the trees look healthy and are balanced. But when we make a bad choice we literally throw our brain into neurochemical chaos. The dead tree represents a negative thought, a bad choice. When we make the decision to choose things incorrectly, we upset the natural function of the brain, which is for love. So every time you express your genetic expression happens, which is the result of your thinking. Your thinking is the signal that causes these proteins to express and to capture this information in the form of a tree. The green tree represents the healthy tree; this is your norm. Scientists have found that we are wired for love. You are wired to think well, choose life and build life into your brain. Our normal is a sound mind. The abnormal is an unsound mind. We're in a world that says depression is normal, anxiety is normal, the negative is normal, worrying, etc. is just a part of life. It's not part of life. It is the result of choices we have made. Scientists and medical research show the same thing. Toxic thinking, bottom line, makes you sick. When you think badly, sickness will manifest in some way. When you make a bad decision and you choose to do the wrong thing, when you choose to think a negative thought or a toxic thought, your peace goes. When we are choosing incorrectly, we are going to grow toxic thoughts. We need to recognize that this is what causes a lack of peace in us, but this is not a death sentence. Your brain controls every single cell of your body. Your brain is designed to be controlled by your soul, which is your mind realm; your thinking, your choosing, and your feeling, changes the physical structure of your brain. Your brain and your body represent the physical result of the decisions of our mind, and if we make bad decisions, and we wire in the toxic zone, we will feel the impact inside of our body. Science is showing that when we aren't positive, when we're negative, when we don't forgive, when we do all the stuff that we're not supposed to do, and enter that zone, we will physically change the nature of our brain. As you think, and as you choose, and as you make proteins, you are growing branches, and the branches are all attached to these trees, and these trees are all intertwined in each other. Your brain is about the size of your two fists. Believe it or not, you have an infinite amount of space inside your brain. You can grow branches, and each branch contains information, for three million plus years and

you still won't fill up your brain. Every time you think, you are going to grow branches, and these branches hold this information, which are your memories. When you make a good decision it looks healthy, but when you make a bad decision your heart gets affected, and everything gets affected, and it creates like a black cloud. So what we find inside of the brain when someone is not thinking like they should, when they're making bad decisions, operating in the negative domain, this causes a reaction in your heart, which causes a reaction in your DNA, which causes a reaction in the chemicals of your body and the result is that you actually build this distorted image which is recognized by the body as a viral invasion, or as an invasion. It is not seen as the norm. Now, when you cut yourself or you hurt yourself, immediately your body releases C-reactive protein, plus a bunch of other stuff, but C-reactive protein is a manager one, and the C-reactive protein goes to that site to try and help to heal. It's a part of the healing process, but in the healing process there is inflammation. The first reaction is inflammation occurs. When doctors are looking for signs of a viral invasion in a body, they look at the C-reactive protein count. If you have a lot of those in the body, there is something going on. Your body physiologically reacts to damage, to viral infections, to physical damage by releasing these C-reactive proteins. Research has shown that toxic thoughts also cause C-reactive proteins to flow. So the minute you choose badly, you will find inside the brain that all the electromagnetic balance, all the chemical flow, everything is distorted at that point. There will be a high level of C-reactive proteins, a high level of inflammation. Wherever there is inflammation in the brain, or throughout the human body that is not dealt with, inflammation that stays will bring disease. Science tells us that if you're going to change one of these ugly networks in your brain you have to have discipline. You have to direct your attention. You have to be very focused. You have to make a decision and rigorously push through a period of time to change that thing. It shows us in science that nothing happens until day twenty-one. It takes twenty-one days of major scientific stuff to break down the thoughts, and then once you've broken it down, it takes another two cycles of twenty-one days minimum to make that a habit in your life. Every choice you make has a consequence. You're a thinking being and moment by moment of every day, you are thinking and you are choosing, and those choices that you make become physical realities inside of your brain. This is a scientific fact as well as being a spiritual fact. So when we choose the wrong choices, the toxic choices, the despair, discouragement, irritation, frustration, you name it, we're going to have a physical result inside of our brain because thoughts are real and they take up mental real estate. The toxic choice impacts how you function. Remember, we cannot always control the events and circumstances of our life, because those events and circumstances are the result of other people's choices and other people's decisions, other people's thinking. But there is something you can control and that is your reactions to those events and circumstances of life. Your reactions to events and circumstances of life are the choices that you make about what you're doing with your life and how you are going to cope every day.

The figure designated as SEGMENT DURATION is based on our good faith judgment and may not represent exact time.

ISSUE

EMPLOYMENT

<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
<b>EMPLOY.</b>	Joy In Our Town #102114A	27:44	13:40	LCL	PA

**AIR DATE & TIME:** 11/3/14 @ 10:30 AM, 11/6/14 @ 3:00 AM, 11/6/14 @ 4:00 AM, 11/8/14 @ 3:00 AM, 11/13/14 @ 3:00 AM, 11/13/14 @ 4:00 AM, 11/20/14 @ 4:00 AM, 11/21/14 @ 12:00 PM, 11/22/14 @ 3:00 AM, 11/24/14 @ 10:30 AM, 11/27/14 @ 10:30 AM, 12/4/14 @ 3:00 AM, 12/4/14 @ 4:00 AM, 12/11/14 @ 3:30 AM, 12/25/14 @ 10:30 AM

Pam Furlan, Executive Director of BEST Inc., speaks about services offered. She states that the Business Employment Skills Team offers job training, job placement, and in some cases tuition assistance for those seeking employment. Pam goes on to describe the importance of having a good work ethic in order to secure a job and retain it. Furthermore Pam details the requirements needed to use BEST Inc. services as being based on family income, being a dislocated worker or a youth with some sort of barrier such as teen parents or past substance abuse to name just a few.

<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
<b>EMPLOY.</b>	Joy In Our Town #102114A	27:44	13:34	LCL	PA

**AIR DATE & TIME:** 11/3/14 @ 10:30 AM, 11/6/14 @ 3:00 AM, 11/6/14 @ 4:00 AM, 11/8/14 @ 3:00 AM, 11/13/14 @ 3:00 AM, 11/13/14 @ 4:00 AM, 11/20/14 @ 4:00 AM, 11/21/14 @ 12:00 PM, 11/22/14 @ 3:00 AM, 11/24/14 @ 10:30 AM, 11/27/14 @ 10:30 AM, 12/4/14 @ 3:00 AM, 12/4/14 @ 4:00 AM, 12/11/14 @ 3:30 AM, 12/25/14 @ 10:30 AM

Pam Furlan, Executive Director of BEST, Inc., describes the types of services offered stating that in addition to helping qualified people find jobs they also help with transportation, child care, they help to provide proper attire for school or work, and job training. Pam continues by describing the importance of having a clean criminal record and being able to pass a drug test. She finishes the segment by giving a list of "do's and don'ts" when trying to find a job, she states that the most important thing is to keep trying and don't give up.

<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
<b>EMPLOY.</b>	Joy In Our Town #102114C	28:37	14:41	LCL	PA

**AIR DATE & TIME:** 11/14/14 @ 12:00 PM, 11/14/14 @ 10:30 AM, 11/20/14 @ 3:00 AM, 11/27/14 @ 12:00 PM, 12/4/14 @ 3:30 AM, 12/15/14 @ 10:30 AM, 12/18/14 @ 11:30 AM, 12/22/14 @ 10:30 AM, 12/29/14 @ 10:30 AM

Kip Colgrove, Employment Training Coordinator with Experience Works, Inc. describes Experience Works, an organization that helps older individuals find employment and better themselves. He states that to qualify for services from Experience Works individuals must be over 55 years old, be unemployed, and meet income guidelines. When asked about the process of becoming a client of Experience works, Kip lists the steps as paperwork, assessment of skills and work background. After the initial paper work clients are placed in a training assignment to create work experience, training assignments are always with a nonprofit organization. Kip was asked to describe challenges for older people in the workforce and his response was focused mostly around technology, stating that the older generation is not as familiar with technology as the younger generation and that creates competition for them. Kip goes on to say that there are also great benefits for business that hire older individuals. He states that older people are typically rooted in their communities and aren't looking to move away for better jobs, he also says that older generations were brought up to have a good work ethic and tend to be very dependable. He finishes the segment by saying that older people should not be afraid to take a chance when rejoining the workforce.

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ISSUE

HOMELESS

<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
<b>HOME.</b>	Joy In Our Town #102114B	29:27	14:51	LCL	PA

**AIR DATE & TIME:** 11/10/14 @ 10:30 AM, 11/13/14 @ 3:30 AM, 11/20/14 @ 3:30 AM, 11/27/14 @ 11:30 AM, 12/1/14 @ 10:30 AM, 12/5/14 @ 12:00 PM, 12/8/14 @ 10:30 AM, 12/11/14 @ 3:00 AM, 12/11/14 @ 4:00 AM, 12/18/14 @ 10:30 AM, 12/25/14 @ 11:30 AM

John Henning, Vice President of A Servant’s Heart, describes A Servant’s Heart’s program, when it started as a place that helped people find the resources that they need to get the assistance that they needed. But now they are able to also help people in a financial way because of the success of their resale shop and donations from the community. He goes on to further describe the three points of services of the organization as client care, Community Kitchen where meals are served daily, and the resale shop. When asked “Why is there such a huge need for their services?” John states that a minimum wage job simply cannot sustain a family. He goes on further saying that the local homeless population is actually worse than most people recognize because of lack of resources, if there is only one homeless shelter in our area there must not be very many homeless people. John closes the segment by encouraging people to visit the Community Kitchen and volunteer. He also describes the greatest needs of the Servant’s Heart clients as being utility help, car repair, rent help, and education.

<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
<b>HOME.</b>	Joy In Our Town #102114C	28:37	13:26	LCL	PA

**AIR DATE & TIME:** 11/14/14 @ 12:00 PM, 11/14/14 @ 10:30 AM, 11/20/14 @ 3:00 AM, 11/27/14 @ 12:00 PM, 12/4/14 @ 3:30 AM, 12/15/14 @ 10:30 AM, 12/18/14 @ 11:30 AM, 12/22/14 @ 10:30 AM, 12/29/14 @ 10:30 AM

Carol Alcorn, Executive Director of Illinois Valley PADS, describes the services offered by the Public Action to Deliver Shelter ministry by saying that in addition to providing shelter to the homeless, they also offer resources and safety. She describes the face of homelessness no longer matches they stereotype because many people can no longer find enough work to sustain a home and meet their own needs. She says that PADS helps people find a new path to follow. Carol states that substance abuse is no longer a large issue in the homeless population and only about 15% of people served by the PADS organization deal with substance abuse issues. She goes on to say that one of the biggest issues in the homeless population is that there is a huge lack of hope and that most people can’t envision a better tomorrow. Carol ends the segment by discussing the need for volunteers in the PADS shelters.

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<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
HOME.	700 Club CBN NewsWatch #12122014	1:00:00	5:00	REC	PA/O/E

**AIR DATE & TIME:** 12/12/14 @ 2:00 PM

CBN News Amber Strong and David Brody Reports: As the song goes, "It's the most wonderful time of the year," a time when giving becomes the priority and hearts turn toward the needy. But in Fort Lauderdale, Florida, a Scrooge of a law has led to protests and national attention, and the man in the middle is 90-year-old Arnold Abbott, lovingly referred to as "Santa Claus." The World War II veteran made headlines when police ticketed him not once, not twice — but four times for violating the city's public feeding ordinance. Video of Abbott defying the new law went viral and led to a national outcry. A judge has since placed a temporary suspension on the law until further mediation from both sides. When CBN News spoke with Abbott, he was preparing to hit the streets again with a fresh batch of meals. He has spent the last 23 years feeding and educating the city's homeless. Through a nonprofit called Love Thy Neighbor, he trains the homeless for jobs in the food business. For Abbott, it's not only a heart of compassion that motivates him, it's honoring the legacy of his late wife who also dedicated her life to the poor. Each week he heads to the beach to feed hundreds. But some say that public location has become a problem. Fort Lauderdale Mayor Jack Seiler landed in hot water over the law but says he's not the bad guy. He wants to set the record straight and reiterates that groups are welcome to feed the homeless as long as they follow a few guidelines. Abbott and his supporters say those guidelines make it difficult for smaller charities. He also believes public places should be open to everyone, including homeless men, women, and children. Growing Anti-Homeless Sentiment? Florida isn't the only state with "anti-homeless" laws on the books. They are actually popping up across the country. According to a report from the National Law Center on Homelessness and Poverty, anti-homeless laws have passed in more than 180 cities across the United States since 2009. Just a few hours north, Orlando restricts begging. In California, Santa Cruz bans sitting or lying down on public sidewalks. Overseas, cities have installed what some believe are "anti-homeless benches and underpasses" to cut down on loitering and sleeping in public places. As homeless populations grow, city leaders often find themselves torn between compassion and maintaining space for the general public. To Abbott, laws like the one in Fort Lauderdale are un-American.

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ISSUE

SAFETY

<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
<b>SAFETY</b>	Joy In Our Town #061214A	29:15	16:10	LCL	PA

**AIR DATE & TIME:** 10/2/14 @ 3:00 AM, 10/2/14 @ 4:00 AM, 10/9/14 @ 3:30 AM

Peru Firefighter, Rodney Perez, talks about fire safety. People need to clean their grills regularly. Grills should be at least five feet from the side of the house with nothing overhead. Water is bad for grease fires. Have a foam fire extinguisher ready or baking soda. Fire pits are fun but children should be kept several feet away. Fireworks are dangerous and should only be operated by professionals. Sparklers are also dangerous. A match burns at 325 degrees, a cake in an oven burns at 350 degrees, you can melt an aluminum can at 1,200 degrees. The tip of a sparkler will burn at 1,800 degrees. Clothing can catch fire quickly. Parents should supervise their children if they have sparklers. Smoke and CO2 detectors should be in every home. You should test them every month and change the batteries regularly.

<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
<b>SAFETY</b>	Joy In Our Town #021814A	29:31	15:08	LCL	PA

**AIR DATE & TIME:** 10/2/14 @ 3:30 AM, 10/10/14 @ 12:00 PM, 10/11/14 @ 3:00 AM, 10/13/14 @ 10:30 AM, 10/16/14 @ 3:00 AM, 10/16/14 @ 4:00 AM, 10/23/14 @ 3:30 AM

Brian Towne, LaSalle County State's Attorney, talks with Emily Young about identity theft. Identity theft is when someone creates debt under your name or commits crimes using your identity. They use your personal info for their benefit. People need to think about security. Use a paper shredder to destroy documents. Anything with your account or personal info should be locked up. Even your date of birth is important to keep to yourself. Periodically check your accounts for fraudulent activity. If you don't report charges quickly you can be responsible for them. If fraud occurs, close your accounts and report it to the police. A lot of identity theft occurs in the home. Family member or friends could steal your identity.

<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
<b>SAFETY</b>	700 Club CBN NewsWatch#12082014	1:00:00	5:00	REC	PA/O/E

**AIR DATE & TIME:** 12/8/14 @ 2:00 PM

CBN News Reporter Chuck Holton Reports: Churches are meant to be sanctuaries from all the evil that happens in the outside world. But for many reasons, churches in America today are becoming targets for protests, predators, and maybe even terrorists. From small country churches to the megachurches that see thousands of worshippers every week, violence in the sanctuary happens far too often. A former Secret Service agent, Miller said the threat against churches is rising worldwide. Miller said that security is mostly what you don't see, and that's why it's important that places that have large gatherings have a professional security team in place. Children's programs have to be especially vigilant. Part of church security is responding to routine medical emergencies as well. If a tragedy were to happen at your church, one thing is certain: Very soon after something happens, there will be satellite trucks and media standing out on your front lawn. The best advice is: don't keep them in the dark. They've got to do their job. Designate somebody to come out and give them the information you have. You don't have to give away names; you don't have to give away anything you don't want to. But it is important that you have a plan for how to deal with the news media. It's time for Christians to become educated about what's going on in the world, to be prayerful, and then to be prepared. And those things will make a difference.

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ISSUE

EDUCATION

<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
EDUC.	Joy In Our Town #102114B	29:27	14:41	LCL	PA

**AIR DATE & TIME:** 11/10/14 @ 10:30 AM, 11/13/14 @ 3:30 AM, 11/20/14 @ 3:30 AM, 11/27/14 @ 11:30 AM, 12/1/14 @ 10:30 AM, 12/5/14 @ 12:00 PM, 12/8/14 @ 10:30 AM, 12/11/14 @ 3:00 AM, 12/11/14 @ 4:00 AM, 12/18/14 @ 10:30 AM, 12/25/14 @ 11:30 AM

Susan Bursztynsky, President of Easter Seals of LaSalle and Bureau Counties, begins the segment by speaking about the services offered by Easter Seals, she states that the focus is typically on pediatric therapy. In addition to therapy services they also have child care centers for child both with and without special needs and they also provide an Autism Resource Center. Susan goes on to talk about what parents can do if they suspect a developmental delay in a child and what services Easter Seals can provide if there is a diagnosed delay or if Autism is diagnosed.

<u>ISSUE</u>	<u>PROGRAM</u>	<u>PROGRAM DURATION</u>	<u>SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>
EDUC.	Joy In Our Town #072314A	27:44	13:56	LCL	PA

**AIR DATE & TIME:** 10/3/14 @ 12:00 PM, 10/4/14 @ 3:00 AM, 10/6/14 @ 10:30 AM, 10/9/14 @ 3:00 AM, 10/9/14 @ 4:00 AM, 10/16/14 @ 3:30 AM, 10/24/14 @ 12:00 PM, 10/25/14 @ 3:00 AM, 10/27/14 @ 10:30 AM, 10/30/14 @ 3:00 AM, 10/30/14 @ 4:00 AM, 11/6/14 @ 3:30 AM

Diane Farrell, Director of Clinical Operations for North Central Behavioral Health Systems talks about how to have a successful school year. A child's number one supporter is their parent(s). You need to model the behavior you want your kids to have. If you see an area of struggle with your child, work with the teacher. Don't be negative about a teacher in front of the children. Listen to a teacher's advice. Partner with them don't be at odds with the teacher.

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