## **Trinity Broadcasting Network**

## Quarterly Report

October, November, December 2019

WWTO-TV

Naperville, Illinois

Ascertainment List Leading Community Issues

Results of ascertainments from civic leaders, response by telephone from TBN viewers, printed media comprising newspaper and magazine publications whenever possible.

Civic

Crime

**Economy** 

Education/Schools

**Environment** 

**Family** 

Health

Homeless

Housing

**Minority** 

**Public Safety** 

**Seniors** 

Unemployment

Youth

| Pro                  | ogram Title          | Program<br>Duration | Topic Duration | Segment<br>Source | Type | Airdate    | Time    |
|----------------------|----------------------|---------------------|----------------|-------------------|------|------------|---------|
| Civic – Crime – Publ | lic Safety           |                     |                |                   |      |            |         |
| Taki                 | ing Care of Business | 27:30               | 27:30          | LCL               | PA/O | 10/18/2019 | 3:30 AM |
| #TC                  | CB-1913R             |                     |                |                   |      |            |         |

The relationship between law enforcement officers and citizens is constantly being challenged. On this episode of Taking Care of Business, we learn how Community Policing is used as a strategy of policing to gain civilian's trust by building ties and working closely with the public.

|       | Program Title | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|-------|---------------|---------------------|----------------|-------------------|--------|------------|----------|
| Civic | Huckabee #110 | 52:30               | 5:00           | REC               | PA/O/E | 11/09/2019 | 7:00 PM  |
|       |               |                     |                |                   |        | 11/09/2019 | 10:00 PM |
|       |               |                     |                |                   |        | 11/10/2019 | 8:00 PM  |

Tonight on Huckabee, in honor of Veterans Day, Colonel Carlyle "Smitty" Harris, (Retired), a highly decorated Air Force Colonel who was shot down over Vietnam in 1965 and endured eight years of torture, shares his story that is featured in his new book "Tap Code: The Epic Survival Tale of a Vietnam POW and the Secret Code that Changed Everything."

|       | Program Title | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|-------|---------------|---------------------|----------------|-------------------|--------|------------|----------|
| Civic | Huckabee #110 | 52:30               | 5:00           | REC               | PA/O/E | 11/09/2019 | 7:00 PM  |
|       | Huckabee #110 | 32.30               | 3.00           | REC               | 17,0/2 | 11/09/2019 | 10:00 PM |
|       |               |                     |                |                   |        | 11/10/2019 | 8:00 PM  |

Tonight on Huckabee, in honor of Veterans Day, Susette Graham, CEO of Patriot Angels, a consulting company that helps veterans and widows obtain their benefits through the VA, shares that many veterans are not aware of the benefits they have earned. In addition, the application process is not easy. Currently, only 1.63% of veterans, age sixty-five and older and in need of some care, receive the aid and attendance pension benefit.

|       | Program Title          | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|-------|------------------------|---------------------|----------------|-------------------|--------|------------|----------|
| Civic |                        |                     |                |                   |        |            |          |
|       | Somebody's Gotta Do It | 24:32               | 24:32          | REC               | PA/O/E | 11/16/2019 | 8:00 PM  |
|       | #309                   |                     |                |                   |        | 11/16/2019 | 11:00 PM |

On this episode of Somebody's Gotta Do It, Host, Mike Rowe, goes to Fort Bragg, North Carolina where he joins the U.S. Army's Golden Knights, the most elite parachute team in the world, to learn about skydiving.

December 31, 2019 2 of 20

|                | Program Title       | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate   | Time    |
|----------------|---------------------|---------------------|----------------|-------------------|--------|-----------|---------|
| Civic – Educat | ion                 |                     |                |                   |        |           |         |
|                | America's           | 27:30               | 27:30          | REC               | PA/O/E | 10/3/2019 | 9:00 PM |
|                | Hidden History #204 |                     |                |                   |        | 10/4/2019 | 1:30 AM |

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of Wallbuilders, travel to Laramie, Wyoming, visiting one of the oldest post office locations in Wyoming, where the Pony Express had one of its offices. Next, they travel to Cody, Wyoming to tell us how Bronco Charlie, also known as Bronco Carlos, became one of the youngest and most famous guys ever to ride in the Pony Express, delivering mail on horseback across the country until the invention of the telegraph. He later became a part of Buffalo Bill's show, The Wild West, and even served in the military in the later years of his life. Jonathan Richie, a WallBuilders Junior Historian, shows various artifacts from the Pony Express.

|                 | Program Title       | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time    |
|-----------------|---------------------|---------------------|----------------|-------------------|--------|------------|---------|
| Civic – Educati | ion                 |                     |                |                   |        |            |         |
|                 | America's           | 27:30               | 27:30          | REC               | PA/O/E | 10/10/2019 | 9:00 PM |
|                 | Hidden History #205 |                     |                |                   |        | 10/11/2019 | 1:30 AM |

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of Wallbuilders, go on location to Cascade, Montana where Mary Fields, known as Stagecoach Mary; was the first black female mail carrier in the United States and the first black person to live in Cascade. Next, they travel to New York, the birthplace of Jedediah Smith, one of the most significant discoverers and explorers in American history. He was the first American to go across the Rockies from the east to the west ending up in California, then left California to go back East across the Sierra Nevadas, ending up in what we call Nevada, and explored the vast desert through the Great Salt Lake Basin from north to south and from east to west, mapping out what we call the Oregon Trail. Jonathan Richie, a WallBuilders Junior Historian, shows various artifacts.

|                | Program Title       | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time    |
|----------------|---------------------|---------------------|----------------|-------------------|--------|------------|---------|
| Civic – Educat | tion                |                     |                |                   |        |            |         |
|                | America's           | 27:31               | 27:31          | REC               | PA/O/E | 10/18/2019 | 1:30 AM |
|                | Hidden History #206 |                     |                |                   |        |            |         |

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of Wallbuilders, go to The National Annie Oakley Center at Garst Museum in Greenville, Ohio; the National Cowgirl Museum and Hall of Fame in Fort Worth, Texas; and the Buffalo Bill Center of the West Museum in Cody, Wyoming; to talk about one of the most famous names in American history; Annie Oakley. A sharpshooter, she also became known as "Little Sure Shot" and one of the leading stars in Buffalo Bill's Wild West Show. Jonathan Richie, a WallBuilders Junior Historian, shows artifacts Annie Oakley used during one of her shows.

December 31, 2019 3 of 20

|              | Program 1ttle       | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | 1 ime   |
|--------------|---------------------|---------------------|----------------|-------------------|--------|------------|---------|
| Civic – Educ | ration              |                     |                |                   |        |            |         |
|              | America's           | 27:31               | 27:31          | REC               | PA/O/E | 10/24/2019 | 9:00 PM |
|              | Hidden History #207 |                     |                |                   |        | 10/25/2019 | 1:30 AM |

D.... 70:41

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel to Charleston, South Carolina to tell us about John Marrant. As a young black boy, John Marrant was converted to Christianity under the ministry of George Whitefield. His conversion was so dramatic he successfully evangelized Native Americans, even living among them for years, and later became an ordained minister. Jonathan Richie, a WallBuilders Junior Historian, shows us a copy of the Narrative of the Life of John Marrant. Next, David and Tim travel to Philadelphia, Pennsylvania in front of City Hall, where a statue of John Wanamaker still stands today. John Wanamaker was a very successful businessman, a Christian leader in the town, was involved in politics on some levels, and even financed the founding of Mother's Day. He opened John Wanamaker's Department Store, which became the largest department store in the world. His business philosophy of treating others as you would want to be treated, and his numerous innovations, completely transformed the way all department stores, and most business, was done going forward. John Wanamaker was also the Founder of Bethany Presbyterian Church, which began as a Sunday school. Jonathan Richie, a WallBuilders Junior Historian, shows us several books distributed from the American Sunday Schools Union.

|              | Program Title       | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time    |
|--------------|---------------------|---------------------|----------------|-------------------|--------|------------|---------|
| Civic – Educ | ation               |                     |                |                   |        |            |         |
|              | America's           | 27:31               | 27:31          | REC               | PA/O/E | 10/31/2019 | 9:00 PM |
|              | Hidden History #208 |                     |                |                   |        | 11/1/2019  | 1:30 AM |

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel to Woodstock, Virginia; Valley Forge, Pennsylvania; New York City; and Washington, D.C. to tell us about the Muhlenberg brothers. Both Lutheran ministers, John Peter Gabriel Muhlenberg served in the American Revolution and Frederick Augustus Muhlenberg, became the first Speaker of the House and signed the Bill of Rights. Jonathan Richie, a WallBuilders Junior Historian, shows us various artifacts from the Muhlenberg brothers.

|             | Program Title       | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate   | Time    |
|-------------|---------------------|---------------------|----------------|-------------------|--------|-----------|---------|
| Civic – Edi | ıcation             |                     |                |                   |        |           |         |
|             | America's           | 27:31               | 27:31          | REC               | PA/O/E | 11/7/2019 | 9:00 PM |
|             | Hidden History #209 |                     |                |                   |        | 11/8/2019 | 1:30 AM |

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of Wallbuilders, travel to New York and Oregon to tell us about Jason Lee, a minister for the Wesleyan Methodists, and the founder of Oregon. He was the first missionary to travel from the east to the west. He helped establish the Willamette Cattle Company and Willamette University. Jonathan Richie, a WallBuilders Junior Historian, shows us various artifacts about Jason Lee. Next, David and Tim travel to New York to talk about Marcus and Narcissa Whitman, two Christian missionaries who helped to blaze the Oregon Trail. David and Tim also go to Walla Walla, Washington where the Whitmans built a mission among the Cayuse Indians. The Whitman's death lead to Oregon becoming an official territory, as well as Washington, five years later. Jonathan Richie, a WallBuilders Junior Historian, shows us the autobiography "How Marcus Whitman Saved Oregon" and a tomahawk used during that

December 31, 2019 4 of 20

|               | Program Title       | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time    |
|---------------|---------------------|---------------------|----------------|-------------------|--------|------------|---------|
| Civic – Educa | ation               |                     |                |                   |        |            |         |
|               | America's           | 27:31               | 27:31          | REC               | PA/O/E | 11/14/2019 | 9:00 PM |
|               | Hidden History #210 |                     |                |                   |        | 11/15/2019 | 1:30 AM |

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel to Plymouth, Massachusetts to discuss the life of Squanto. While many are familiar with the name Squanto associated with Thanksgiving with the Pilgrims, Squanto was a Wampanoag Indian who was instrumental in the survival of the Plymouth colonists, which made America possible. Jonathan Richie, a WallBuilders Junior Historian, shows us "The New England Memorial," one of the first books published by the pilgrims. Next, David and Tim travel to Jamestown to tell us about Pocahontas, a young Indian girl responsible for the success of the Jamestown colony and Virginia as a whole. Pocahontas also became the first Christian of that Nation. WallBuilders Junior Historian, Johnathan Richie, shows us an engraving of Pocahontas interposing and saving the life of Captain John Smith, as well as government records of the painting of Pocahontas and the baptism of Pocahontas in the Capitol.

|              | Program Title       | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time    |
|--------------|---------------------|---------------------|----------------|-------------------|--------|------------|---------|
| Civic – Educ | cation              |                     |                |                   |        |            |         |
|              | America's           | 27:31               | 27:31          | REC               | PA/O/E | 11/21/2019 | 9:00 PM |
|              | Hidden History #211 |                     |                |                   |        | 11/22/2019 | 1:30 AM |

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel to Sullivan Island and Secessionville in South Carolina to discuss the life of Robert Smalls. Although born into slavery, Robert Smalls, a black man, was placed in the Confederate Navy, to pilot the Planter Ship. Over time, he and his crew sought freedom and successfully turned over their ship to the Union Navy. Robert Smalls continued to pilot ships, but for the Union Navy, providing vital information significant to the battle in the Charleston Harbor during the American Revolution. He later became the first black captain of a naval vessel in the Civil War, a successful businessman, and served in the U.S. House of Representatives. Johnathan Richie, WallBuilders Junior Historian, shows us pictures and articles about Robert Smalls, a national hero.

|              | Program Title       | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time    |
|--------------|---------------------|---------------------|----------------|-------------------|--------|------------|---------|
| Civic – Educ | ation               |                     |                |                   |        |            |         |
|              | America's           | 27:31               | 27:31          | REC               | PA/O/E | 11/28/2019 | 9:00 PM |
|              | Hidden History #212 |                     |                |                   |        | 11/29/2019 | 1:30 AM |

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel to Essex, Massachusetts, just outside of Ipswich to the home of John Wise, a pastor and the first individual from an indentured family to go to Harvard. He helped to establish law called 'due process rights.' John Wise was a leader on issues of state as well as the church, establishing "The Churches Quarrel Espoused" and the "Vindication of the Government of New England Churches," providing the principles of self-government. His ideas later became prevalent in the Declaration of Independence. Johnathan Richie, WallBuilders Junior Historian, shows us a copy of the "Vindication of the Government of New England Churches." Next, David and Tim travel to Carlisle and Valley Forge, Pennsylvania, and to the Monmouth Battlefield in Monmouth County, New Jersey, where they discuss the life of Mary Ludwig Hays, also known as Molly Pitcher; a name given to many women who served throughout the American Revolution. Mary Hays received recognition from General Washington for her bravery and sacrifice during the Battle of Monmouth, which began the nickname Sergeant Molly, and in 1822 the Pennsylvania legislature voted to give her a pension as a retired veteran. Johnathan Richie, WallBuilders Junior Historian, shows us an engraving of Mary Hays and several early American cannon balls used in the American Revolution.

December 31, 2019 5 of 20

|             | Program Title       | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate   | Time    |
|-------------|---------------------|---------------------|----------------|-------------------|--------|-----------|---------|
| Civic – Edi | ıcation             |                     |                |                   |        |           |         |
|             | America's           | 27:31               | 27:31          | REC               | PA/O/E | 12/5/2019 | 9:00 PM |
|             | Hidden History #213 |                     |                |                   |        | 12/6/2019 | 1:30 AM |

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel just outside Chattanooga, Tennessee to the Chickamauga Battlefield to discuss the life of John Clem. Only nine years old, John Clem ran away from home, followed the Michigan 22nd Infantry, found a drum and became a drummer for them. At the Battle of Shiloh he got the nickname Johnny Shiloh after a fragment shell blew up his drum as he was drumming. When he was twelve years old, John Clem shot and killed a confederate officer and was promoted to Sergeant during the Civil War. Later, General Grant promoted John Clem to Lieutenant and he continued his military career through World War I. On his retirement, John Clem was promoted to Brigadier General and Congress further honored John by promoting him to Major General; a two-star general, Johnathan Richie, WallBuilders Junior Historian, shows us pictures of John Clem and his Soldiers Handbook. Next, David and Tim travel to the Audie Murphy American Cotton Museum in Greenville, Texas and the World War II Memorial in Washington D.C., where we learn about Audie Murphy; considered the most decorated soldier from World War II and in military history, receiving the second highest award of The Distinguished Service Cross, as well as the Medal of Honor. Johnathan Richie, a WallBuilders Junior Historian, shows us Audie Murphy's autobiography entitled "To Hell and Back" and a M1 Grand rifle and ammunition used in World War II. Audie Murphy later developed a twenty-year acting career with more than forty movies made. One of his more famous movies are the Red Badge of Courage and To Hell and Back.

|                | Program Title       | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time    |
|----------------|---------------------|---------------------|----------------|-------------------|--------|------------|---------|
| Civic – Educat | ion                 |                     |                |                   |        |            |         |
|                | America's           | 27:31               | 27:31          | REC               | PA/O/E | 12/12/2019 | 9:00 PM |
|                | Hidden History #201 |                     |                |                   |        | 12/13/2019 | 1:30 AM |

Today on America's Hidden History, Historian David Barton and Tim Barton, President of WallBuilders, go on location to the Douglas MacArthur Memorial in Norfolk, Virginia and to the World War II Memorial, in Washington, D.C. to discuss the life of Douglas MacArthur, who was one of only nine men to receive the rank of a five star general. Jonathan Richie, a WallBuilders Junior Historian, shows us archives from World War II and General MacArthur. We learn about the significance of General MacArthur's accomplishments, his influence, his voice with presidents even after World War II, and his extraordinary confidence and leadership.

|             | Program Title       | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time    |
|-------------|---------------------|---------------------|----------------|-------------------|--------|------------|---------|
| Civic – Edu | cation              |                     |                |                   |        |            |         |
|             | America's           | 27:31               | 27:31          | REC               | PA/O/E | 12/26/2019 | 9:00 PM |
|             | Hidden History #202 |                     |                |                   |        | 12/27/2019 | 1:30 AM |

Today on America's Hidden History, Historian David Barton and Tim Barton, President of WallBuilders, go on location to the Boston Women's Memorial and the House of Cambridge (also known today as the Longfellow House) in Massachusetts to discuss the life of Phillis Wheatley. As a child she was a slave brought to America from Senegal, Africa who later became the first published black poetess in America. WallBuilder Junior Historian, Jonathan Richie, shows us a book of poems published by Phillis Wheatley and reads one of the poems entitled "On Being Brought from Africa to America." Next, David and Tim visit the Francis Scott Key statue and memorial in Baltimore, Maryland; the Fort McHenry National Monument and Historic Shrine, and finally the Francis Scott Key Memorial in Georgetown. We learn that while Francis Scott Key is famous for being the author of "The Star-Spangled Banner," he was also an attorney, winning 97 out of 105 cases in favor of the slave. He argued against slavery and for freedom, obtaining the freedom of about 200 slaves. One famous case is called the Antelope Case. WallBuilders Junior Historian, Jonathan Richie also shows us legal briefs written by Francis Scott Key as well as his original publications.

December 31, 2019 6 of 20

|       | Program Title           | Program<br>Duration | Topic Duration | Segment<br>Source | Type | Airdate   | Time    |
|-------|-------------------------|---------------------|----------------|-------------------|------|-----------|---------|
| Crime |                         |                     |                |                   |      |           |         |
|       | Taking Care of Business | 29:00               | 29:00          | REC               | PA/O | 10/2/2019 | 3:30 PM |
|       | #TCOB-1922              |                     |                |                   |      | 10/4/2019 | 3:30 AM |

The United States has the highest incarceration rate of any nation in the world. For every 100,000 citizens, over 650 individuals are serving time in a prison or jail. In this episode of Taking Care of Business, we will explore why so many people, once they serve their time, become repeat offenders and what can be done to break the cycle of recidivism.

|       | Program Title | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate   | Time     |
|-------|---------------|---------------------|----------------|-------------------|--------|-----------|----------|
| Crime |               |                     |                |                   |        |           |          |
|       | Huckabee #114 | 52:30               | 5:00           | REC               | PA/O/E | 12/7/2019 | 7:00 PM  |
|       |               |                     |                |                   |        | 12/7/2019 | 10:00 PM |
|       |               |                     |                |                   |        | 12/8/2019 | 8:00 PM  |

Tonight on Huckabee, Christine Caine, Author of Undaunted, discusses human trafficking, which is the selling of human beings. It is the fastest growing crime worldwide. There are currently 40 million slaves, more than ever at the height of the transatlantic slave trade. All over America the "Can You See Me?" campaign has billboards with hotlines to help educate people on how to identify those that are hidden in plain sight. All of us can make a difference. Learn more at A21.org.

| Program Title |                   | Program<br>Duration | Topic Duration | Segment<br>Source | Type | Airdate | Time   |            |         |
|---------------|-------------------|---------------------|----------------|-------------------|------|---------|--------|------------|---------|
| Crime – Educ  | Education Schools |                     |                |                   |      |         |        |            |         |
|               | 700<br>NewsV      | Club<br>Vatch       | CBN            | 58:00             | 5:00 | REC     | PA/O/E | 10/18/2019 | 2:00 PM |
|               | #2019             | 1018                |                |                   |      |         |        |            |         |

CBN News Reporter Charlene Aaron Reports: One in every five women and one in 16 men will be the victims of sexual assault during their time in college. Former television personality Rosemary Trible knows that pain well. When she was 25 years old, an attacker brutally raped her at gunpoint in her Virginia hotel room. Earlier that same day she had hosted a segment on sexual assault. The attack left Trible in a constant state of fear. As a Christian, Trible leaned on faith for healing, which included forgiving her attacker, who was never caught. In 2010 she wrote a book about her experience and now helps others find healing through her non-profit organization, Fear 2 Freedom. Her Emmy-award winning documentary called, "Be the Change," challenges schools to make campuses safe for everyone. She started her work at Christopher Newport University in Newport News, Virginia, where her husband now serves as president. Fear 2 Freedom Executive Director Tricia Russell says a big part of the program focuses on male students. More than 50 colleges and universities across the country have embraced this effort and hosted events, including schools such as Radford and George Mason. Russell said the program now extends well beyond campuses and into communities. Students are encouraged to take an active role by putting together aftercare kits for assault victims. The kits are helpful because, after an assault, a victim's clothing is kept for evidence. So, each kit contains a t-shirt, sweat pants, toiletries, and other items. Also included in the kits is a personal note of encouragement to victims from a student. Since 2011, student volunteers have put together more than 20,000 aftercare kits. Russell says the impact on survivors has been overwhelming. While Trible recently retired as head of Fear 2 Freedom, her legacy and achievements are well recognized. Earlier this year, the Virginia General Assembly awarded her a commendation for helping other victims find freedom.

*December 31, 2019* 7 of 20

|              | Program Title           | Program<br>Duration | Topic Duration | Segment<br>Source | Type | Airdate    | Time    |
|--------------|-------------------------|---------------------|----------------|-------------------|------|------------|---------|
| Economy – He | ealth                   |                     |                |                   |      |            |         |
|              | Taking Care of Business | 27:30               | 27:30          | LCL               | PA/O | 11/13/2019 | 3:30 PM |
|              | #TCOB-1901              |                     |                |                   |      | 11/15/2019 | 3:30 AM |

**Economy** 

**Economy** 

Hunger in the USA is a very real health and economic problem. When a person does not know from where their next meal is going to come, we call that Food Insecurity. In this episode of Taking Care of Business, we take an honest look at how Poverty and Food Insecurity are impacting people of all ages in our society and discover the alarming fact that hunger and food insecurity is not just a problem caused by poverty.

| Progr        | am Title |     | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time    |
|--------------|----------|-----|---------------------|----------------|-------------------|--------|------------|---------|
| 700<br>NewsW | Club     | CBN | 58:00               | 5:00           | REC               | PA/O/E | 12/18/2019 | 2:00 PM |
| #20191       | .218     |     |                     |                |                   |        |            |         |

CBN News Reporter Caitlin Burke Reports: It's one of the fastest-growing business trends in history, known as the sharing economy. The concept is that individuals choose to rent or borrow goods, rather than buy and own them. We see people sharing cars, spare rooms, offices and now church space. As the daughter of a church planter, this description is all too familiar for Edwards. (Founder of a company called Church Space.) Instead, she says God used her as part of the solution. Co-working turned to co-churching, as Edwards changed her plans to match God's vision. Each property listing on the app comes specifically equipped for a modern church's needs. Lighting, instruments, audio and even streaming equipment are all provided. Multiple clients can rent the same space, each with a fixed time slot for their service, as well as a weekday option for office hours and activities like Bible studies or choir rehearsal. Building-sharing is attractive to new churches and ministries, but it's also proving to be the solution to a growing problem many existing churches face. Mitchell Boone is the senior pastor of White Rock Methodist. His church faced possible foreclosure following decades of financial and attendance losses. Situations like that often force churches to close, but it's Larry Duggin's mission to keep that from happening. He heads up the Mission al Wisdom Foundation, which helps congregations rent out under-utilized space. In the case of White Rock, church leaders had already begun a community garden and renting out classroom space to an art camp on weekdays. The Missional Wisdom Foundation leased an additional 15,000 square feet of unused space in the basement. It now serves as a co-working space, a shared kitchen, small offices, and even a Taekwondo studio. With costs now offset, the church can continue its ministry for many years to come. Opening up and allowing the community to come in has also provided a unique opportunity. For Church Space, the blessing is twofold. There is a growing demand for space to rent, and the model is serving its original purpose. Whether the shared space is with another church, exercise class, or an art studio, it's allowing church leadership to stop stressing about finances and focus on what's really important: their ministry.

| Program Title          | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|------------------------|---------------------|----------------|-------------------|--------|------------|----------|
| Somebody's Gotta Do It | 24:31               | 24:31          | REC               | PA/O/E | 12/28/2019 | 8:00 PM  |
| #315                   |                     |                |                   |        | 12/28/2019 | 11:00 PM |

On this episode of Somebody's Gotta Do It, Mike Rowe introduces several individuals who developed their ideas into a variety of inventions. Great inventors in American history are often people who identified a common problem and developed an ingenious solution. Whether big or small each one of these ideas and inventions are part of one of the greatest cornerstones of America's economy: ingenuity.

December 31, 2019 8 of 20

|                | Program Title           | Program<br>Duration | Topic Duration | Segment<br>Source | Type | Airdate    | Time    |
|----------------|-------------------------|---------------------|----------------|-------------------|------|------------|---------|
| Education Scho | ools                    |                     |                |                   |      |            |         |
|                | Taking Care of Business | 27:30               | 27:30          | LCL               | PA/O | 10/30/2019 | 3:30 PM |
|                | #TCOB-1911              |                     |                |                   |      | 11/01/2019 | 3:30 AM |

Education in America has followed the same formulas for teaching and learning for decades. On this episode of Taking Care of Business, find out how and why new techniques in education are being explored.

|             | Program Title          | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate   | Time     |
|-------------|------------------------|---------------------|----------------|-------------------|--------|-----------|----------|
| Environment |                        |                     |                |                   |        |           |          |
|             | Somebody's Gotta Do It | 24:30               | 24:30          | REC               | PA/O/E | 11/9/2019 | 8:00 PM  |
|             | #308                   |                     |                |                   |        | 11/9/2019 | 11:00 PM |

On this episode of Somebody's Gotta Do It, Host, Mike Rowe, goes to Bandon, Oregon where he joins Angela Haseltine-Pozzi and her husband Frank Rocco, to make art out of stuff that washes up on the shore. Angela explains that nurdles are pre-production palettes and every bit of plastic starts out in this form. They are deadly because they look like eggs that fish might eat. Their non-profit, Washed Ashore, has a goal to make a colorful connection between what we throw away and the planet we are trashing when we do so. The Great Pacific Garbage Patch consists of toxic junk and non-biodegradable products that kill a host of seabirds and marine mammals. Angela and her volunteers have transformed 16 tons of plastic into 64 sculptures that have been shown all around the world. Next, Mike goes to Cedar Rapids, Iowa to the headquarters of Matthew 25, a non-profit organization where brothers, Clint Twedt-Ball and Courtney Ball became leaders helping friends and neighbors rebuild their homes and community after the 2008 flood that nearly destroyed the heart of the city. In places where homes could not be rebuilt, they created "Play with Your Food" gardens with volunteers growing food that is sold at half-price to low-income individuals, or is distributed to restaurants or farmers markets, to help defer costs. Finally, Ron Corbett, Mayor of Cedar Rapids, shows us a removable flood system, where columns provide a place to stack Lincoln logs to build a wall to help prevent future flooding.

| Program Title          | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |   |
|------------------------|---------------------|----------------|-------------------|--------|------------|----------|---|
| Somebody's Gotta Do It | 24:32               | 24:32          | REC               | PA/O/E | 11/30/2019 | 8:00 PM  | ı |
| #311                   |                     |                |                   |        | 11/30/2019 | 11:00 PI | М |

Environment

On this episode of Somebody's Gotta Do It, Mike Rowe introduces arborists Brian French, James Luce, and coworkers Ben, Doug, and Jamie, whose job it is to evaluate the overall health of a forest to teach us the role the forest plays in sustaining a healthy environment. To do that, they must check the condition of individual trees by climbing and measuring them. Today they check a giant Chinquapin; an evergreen member of the beech family. It is a Champion, which is what arborists call the biggest tree of its species in the world. All data collected is stored in their registry, compared with other nominations they have received, then submitted to the national registry in Washington, D.C. to determine championship status. Next, Manuel Cisneros, Rock Balancer, demonstrates how he creates elegant stone sculptures on the beaches of Ventura, California, defying physics and communing with nature.

|             | Program Title          | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate   | Time     |
|-------------|------------------------|---------------------|----------------|-------------------|--------|-----------|----------|
| Environment |                        |                     |                |                   |        |           |          |
|             | Somebody's Gotta Do It | 24:02               | 24:02          | REC               | PA/O/E | 12/7/2019 | 8:00 PM  |
|             | #312                   |                     |                |                   |        | 12/7/2019 | 11:00 PM |

On this episode of Somebody's Gotta Do It, Mike Rowe introduces Anna Goldman, PhD, Chief Mammals Preparator and Assistant Collection Manager at Chicago's Field Museum. Anna collects dead bodies to prepare them for museum collections. Called Mammalian Biology, this allows scientists to track change over time on our planet. Bill Stanley, Manager of Mammal Collections, shares how they provide scientists with this information for research. Mike also introduces Mike McClure, General Curator at The Maryland Zoo. His focus is adaptation and conservation.

December 31, 2019 9 of 20

|        | Program Title           | Program<br>Duration | Topic Duration | Segment<br>Source | Type | Airdate    | Time    |
|--------|-------------------------|---------------------|----------------|-------------------|------|------------|---------|
| Family |                         |                     |                |                   |      |            |         |
|        | Taking Care of Business | 27:30               | 27:30          | LCL               | PA/O | 11/27/2019 | 3:30 PM |
|        | #TCOB-1905              |                     |                |                   |      | 11/29/2019 | 3:30 AM |

*Family* 

Few choices have as many dramatically positive outcomes as adoption. It increases the emotional, physical, and cognitive capacities of the children who are adopted. It improves the life chances of the biological mother. It saves vast amounts of money for the public. It brings much happiness, both to the adopting parents and to the adopted child. It is good for all involved and families are strengthened. Almost 25% of American households have adopted, and 135,000 children are adopted each year. But despite these impressive numbers, there's still a pressing need for greater awareness. Join us for this episode of Taking Care of Business and hear about how adoption changes lives for the better.

| Program Title           | Program<br>Duration | Topic Duration | Segment<br>Source | Type | Airdate    | Time    |
|-------------------------|---------------------|----------------|-------------------|------|------------|---------|
| Taking Care of Business | 27:30               | 27:30          | LCL               | PA/O | 12/18/2019 | 3:30 PM |
| #TCOB-1926              |                     |                |                   |      | 12/20/2019 | 3:30 AM |

There are over 16 million single parents in America. The cause and challenges many single moms and dads face are unique and can range from tragic to the unexpected. On this edition of Taking Care of Business see how many single parents, and their children, are coping and learn how communities can come together to provide support.

|        | Program Title           | Program  Duration | Topic Duration | Segment<br>Source | Type | Airdate    | Time    |
|--------|-------------------------|-------------------|----------------|-------------------|------|------------|---------|
| Family |                         |                   |                |                   |      |            |         |
|        | Taking Care of Business | 27:30             | 27:30          | LCL               | PA/O | 12/25/2019 | 3:30 PM |
|        | #TCOB-1919              |                   |                |                   |      | 12/27/2019 | 3:30 AM |

Every year, more than a quarter of a million children come into foster care in this country. More and more often, there simply aren't enough families to meet the need, and these children must wait in a residential setting for a family to become available. Child welfare advocates are calling us all to learn more about how to help these children in need. Join us for this episode of Taking Care of Business, and learn more about how foster care is a way of providing a family life for children who cannot live with their own parents, granting them a family life and a chance at stability that they desperately need.

|        | Program Title   | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|--------|-----------------|---------------------|----------------|-------------------|--------|------------|----------|
| Family |                 |                     |                |                   |        |            |          |
|        | Better Together | 26:05               | 26:05          | REC               | PA/O/E | 10/14/2019 | 12:29 PM |
|        | #46             |                     |                |                   |        | 11/19/2019 | 9:00 PM  |
|        |                 |                     |                |                   |        | 12/23/2019 | 12:30 PM |

Today on Better Together the lades discuss God's purpose for the family unit and that it is never too late to establish a Christ-centered home.

December 31, 2019 10 of 20

| Family   | Program Title                   | Program<br>Duration                           | Topic Duration                                 | Segment<br>Source | Type        | Airdate         | Time         |
|----------|---------------------------------|---|--|-------------------|-------------|-----------------|--------------|
| ramity   | Better Together<br>#47          | 23:33   | 23:33  | REC               | PA/O/E      | 10/15/2019      | 12:29 PM     |
|          | Today on Better T<br>children.  | ogether the lades                             | discuss how to create hea                      | althy boundarie   | s for famil | y members and   | d discipline |
| Family   | Program Title                   | Program<br>Duration                           | Topic Duration                                 | Segment<br>Source | Type        | Airdate         | Time         |
| T dimiti | Better Together<br>#49          | 25:21   | 25:21  | REC               | PA/O/E      | 11/28/2019      | 12:29 PM     |
|          | Today on Better To<br>hope.     | ogether the ladies o                          | discuss family drama, confli                   | ct, forgiveness   | and how w   | ve can choose h | ealing and   |
| Eamily   | Program Title                   | Program<br>Duration                           | Topic Duration                                 | Segment<br>Source | Type        | Airdate         | Time         |
| Family   | Better Together<br>#80          | 27:30   | 27:30  | REC               | PA/O/E      | 11/1/2019       | 12:29 PM     |
|          |                                 | ogether the ladies of<br>after the sudden los | discuss grieving as a family so of her cousin. | . Chrystal Evan   | s Hurst sha | ares how her fa | mily found   |
| Family   | Program Title                   | Program<br>Duration                           | Topic Duration                                 | Segment<br>Source | Type        | Airdate         | Time         |
| Ганиз    | Better Together<br>#81          | 26:47   | 26:47  | REC               | PA/O/E      | 11/11/2019      | 12:29 PM     |
|          | Today on Better 1 married life. | Fogether the ladies                           | debunk common miscond                          | ceptions about    | marriage a  | and discuss the | e reality of |
| Family   | Program Title                   | Program<br>Duration                           | Topic Duration                                 | Segment<br>Source | Type        | Airdate         | Time         |
|          | Better Together<br>#82          | 27:35   | 27:35  | REC               | PA/O/E      | 11/12/2019      | 12:29 PM     |

Today on Better Together the ladies talk about how to communicate with your spouse and build a strong foundation for marriage.

11 of 20

|        | Program Title          | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|--------|------------------------|---------------------|----------------|-------------------|--------|------------|----------|
| Family | Better Together<br>#83 | 27:36               | 27:36          | REC               | PA/O/E | 11/13/2019 | 12:29 PM |
|        |                        |                     |                |                   |        |            |          |

Today on Better Together the ladies discuss managing expectations of marriage and what the Bible really says about submitting to one another.

| Program Title   | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|-----------------|---------------------|----------------|-------------------|--------|------------|----------|
| Better Together | 27:28               | 27:28          | REC               | PA/O/E | 11/14/2019 | 12:29 PM |
| #84             |                     |                |                   |        |            |          |

Today on Better Together the ladies talk about how to endure, heal, and rebuild trust with your spouse.

| Program Title          | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|------------------------|---------------------|----------------|-------------------|--------|------------|----------|
| Better Together<br>#85 | 27:45               | 27:45          | REC               | PA/O/E | 11/15/2019 | 12:29 PM |

Today on Better Together the ladies talk about creating your own happily ever after through all life stages.

|        | Program Title           | Program  Duration | Topic Duration | Segment<br>Source | Type | Airdate    | Time    |
|--------|-------------------------|-------------------|----------------|-------------------|------|------------|---------|
| Health |                         |                   |                |                   |      |            |         |
|        | Taking Care of Business | 27:30             | 27:30          | LCL               | PA/O | 10/09/2019 | 3:30 PM |
|        | #TCOB-1903R             |                   |                |                   |      | 10/11/2019 | 3:30 AM |

Abortion. It's a health issue that effects over 900,000 lives each year. On this program, we'll hear stories from people who have suffered traumatically while dealing with the consequences of abortion. Including, one woman who will tell how she personally profited from the life-altering circumstances of others.

|        | Program Title           | Program<br>Duration | Topic Duration | Segment<br>Source | Type | Airdate   | Time    |
|--------|-------------------------|---------------------|----------------|-------------------|------|-----------|---------|
| Health |                         |                     |                |                   |      |           |         |
|        | Taking Care of Business | 28:30               | 28:30          | LCL               | PA/O | 11/6/2019 | 3:30 PM |
|        | #TCOB-1921              |                     |                |                   |      | 11/8/2019 | 3:30 AM |

A generation ago, we were fascinated by and allured to smoke cigarettes. Today, vaping is the trendy alternative to smoking. Is it safer? Is it causing a reduction in smoking overall or is it just creative marketing? Find out on this edition of Taking Care of Business.

**Family** 

**Family** 

|        | Program Title           | Program<br>Duration | Topic Duration | Segment<br>Source | Type | Airdate    | Time    |
|--------|-------------------------|---------------------|----------------|-------------------|------|------------|---------|
| Health |                         |                     |                |                   |      |            |         |
|        | Taking Care of Business | 28:30               | 28:30          | LCL               | PA/O | 12/11/2019 | 3:30 PM |
|        | #TCOB-1923              |                     |                |                   |      | 12/13/2019 | 3:30 AM |

Health - Youth

Public Health is more than clean air and water. Public health includes our schools, our available medical facilities and resources, reducing violence and crime. On this edition of Taking Care of Business see the efforts being made to create safe and healthy communities where we live, work and play.

|   | Program Title | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate   | Time    |
|---|---------------|---------------------|----------------|-------------------|--------|-----------|---------|
| ı |               |                     |                |                   |        |           |         |
|   | Praise        | 58:00               | 58:00          | REC               | PA/O/E | 10/2/2019 | 2:00 AM |
|   | #P092419      |                     |                |                   |        |           |         |

Tonight on Praise, Founder of Hope Generation, Best-Selling Author, TV and Radio Host, Ben Courson, shares that the title of his book "OPTIMISFIT" is a made-up word. It's an optimistic misfit; someone who lives as a non-conformist adventurer with childlike wonder, unapologetic optimism. Someone who ignites a fearless rebellion against hopelessness. He shares that there are people committing suicide once every forty seconds. There are 123 suicides a day in America alone and it's increasing. Americans consume more pills due to anxiety and depression than the rest of the planet earth combined by three times over. Ben goes on to share that after God delivered him from battles with mental illness, depression, and being suicidal, he became zealous and passionate about seeing this generation find the cure to depression which he believes is found in walking with, talking to, living for, leaning into, and depending on the God of hope, and His presence.

|        | Program Title | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|--------|---------------|---------------------|----------------|-------------------|--------|------------|----------|
| Health |               |                     |                |                   |        |            |          |
|        | Praise        | 58:00               | 58:00          | REC               | PA/O/E | 10/03/2019 | 2:00 AM  |
|        | #P090619      |                     |                |                   |        | 10/10/2019 | 3:00 AM  |
|        |               |                     |                |                   |        | 10/14/2019 | 12:00 AM |
|        |               |                     |                |                   |        | 11/04/2019 | 1:00 AM  |
|        |               |                     |                |                   |        | 11/21/2019 | 3:00 AM  |

Tonight on Praise, America's Biblical Health Coach, Jordan Rubin and Chiropractic Physician and Nutritionist, Dr. Josh Axe, talk about the hemp plant, originally called cannabis sativa, focusing on CBD or Cannabidiol, which does not have intoxicating or hallucinogenic effects. They share its benefits to help with stress, its impact on the entire body, and nutritional benefits.

December 31, 2019 13 of 20

|        | Program Title | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|--------|---------------|---------------------|----------------|-------------------|--------|------------|----------|
| Health |               |                     |                |                   |        |            |          |
|        | Praise        | 59:57               | 59:57          | REC               | PA/O/E | 10/11/2019 | 7:00 PM  |
|        | #P040919      |                     |                |                   |        | 10/11/2019 | 10:00 PM |
|        |               |                     |                |                   |        | 10/14/2019 | 4:00 PM  |
|        |               |                     |                |                   |        | 10/18/2019 | 2:00 AM  |
|        |               |                     |                |                   |        | 10/22/2019 | 3:00 AM  |

From Los Angeles, Tonight on Praise, Jordan Rubin, Founder of Ancient Nutrition, and Chiropractic Physician and Nutritionist, Dr. Josh Axe, discuss the nutrient, collagen, that virtually everyone is missing from their daily diet and is so important; it makes up ninety percent of our bodies tissues, organs and ligaments.

|                 | Program Title   | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|-----------------|-----------------|---------------------|----------------|-------------------|--------|------------|----------|
| Health – Mental | l Health        |                     |                |                   |        |            |          |
|                 | Better Together | 28:24               | 28:24          | REC               | PA/O/E | 10/08/2019 | 9:00 PM  |
|                 | #51             |                     |                |                   |        | 12/02/2019 | 12:30 PM |
|                 |                 |                     |                |                   |        | 12/30/2019 | 12:30 PM |

Today on Better Together the ladies talk about exposing the danger of suffering in silence when struggling with anxiety and depression.

|               | Program Title   | Program Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|---------------|-----------------|------------------|----------------|-------------------|--------|------------|----------|
| Health-Mental | Health          |                  |                |                   |        |            |          |
|               | Better Together | 27:49            | 27:49          | REC               | PA/O/E | 10/28/2019 | 12:29 PM |
|               | #76             |                  |                |                   |        |            |          |

Today on Better Together the ladies discuss mental health, suicide, shame and grief. Kayla Stoecklein shares her husband's battle with depression and the unexpected loss that shook her family, church, and community.

|                 | Program Title   | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|-----------------|-----------------|---------------------|----------------|-------------------|--------|------------|----------|
| Health – Mental | Health          |                     |                |                   |        |            |          |
|                 | Better Together | 27:38               | 27:38          | REC               | PA/O/E | 10/29/2019 | 12:29 PM |
|                 | #77             |                     |                |                   |        |            |          |

Today on Better Together the ladies discuss grief and the loss of a child. Dr. Cheryl Salem shares her daughter's battle with an inoperable brain tumor and how her family found hope after devastating loss.

|                 | Program Title   | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time    |
|-----------------|-----------------|---------------------|----------------|-------------------|--------|------------|---------|
| Health – Mental | Health          |                     |                |                   |        |            |         |
|                 | Better Together | 27:08               | 27:08          | REC               | PA/O/E | 10/29/2019 | 9:00 PM |
|                 | #26             |                     |                |                   |        |            |         |

Today on Better Together the ladies discuss overcoming shame.

14 of 20

|                | Program Title   | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|----------------|-----------------|---------------------|----------------|-------------------|--------|------------|----------|
| Health – Mento | al Health       |                     |                |                   |        |            |          |
|                | Better Together | 27:29               | 27:29          | REC               | PA/O/E | 10/30/2019 | 12:29 PM |
|                | #78             |                     |                |                   |        |            |          |

Today on Better Together the ladies discuss grief. Dr. Rhiannon Bell shares how to recognize the aftershocks of grief, navigate triggers and begin the journey to recovery.

|                 | Progr        | am Title     | 2   | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate   | Time    |
|-----------------|--------------|--------------|-----|---------------------|----------------|-------------------|--------|-----------|---------|
| Health – Senior | 5            |              |     |                     |                |                   |        |           |         |
|                 | 700<br>NewsW | Club<br>atch | CBN | 58:00               | 5:00           | REC               | PA/O/E | 10/2/2019 | 2:00 PM |
|                 | #20191       | 1002         |     |                     |                |                   |        |           |         |

CBN News Reporter Lorie Johnson Reports: Have you ever wondered why kids, who fall all the time, get right back up as if nothing happened while adults who fall go straight to the hospital? The answer lies inside the bones. We are born with super dense bones, like metal. If you drop metal does it break? Not a chance. But if we're not careful, as we age we lose bone density and our bones become brittle like glass. We all know what happens when we drop a glass. It shatters. That's exactly what happens to brittle bones when we fall. Although we can't see what's inside our bones, there is a way to learn what's going on. Your doctor can order a common test called a DEXA scan, which stands for dual-energy X-ray absorptiometry. It measures bone density in the hip, spine, wrist, heel, or finger. It's never too early to get a DEXA scan. Just ask Mira Calton. These days, 48-year-old Mira Calton enjoys nearperfect health, which is a far cry from when severe pain kept her from even getting off the couch. Osteoporosis literally means porous bones. That's bad. Half of Americans over age 50 either have osteoporosis or is at risk of getting it. Broken bones from osteoporosis account for more hospitalizations than breast cancer, heart disease, and diabetes combined. Refusing to accept her doctor's diagnosis of a life sentence, Mira decided to research the field's top doctors. That extensive work eventually led to not only a lifesaver but also her future husband, Dr. Jayson Calton, Dr. Calton put Mira on a program to strengthen her bone density. Today she's never felt better. In their book, "Rebuild Your Bones: The 12-Week Osteoporosis Protocol," the Caltons lay out the exact plan that worked so well for Mira. It starts with a diet rich in micronutrients, especially calcium, magnesium, and vitamin D. You focus on vegetables, seeds and fish while avoiding the chemicals and sweeteners in processed foods. Sometimes even the healthiest diets don't do the job and that's when supplements come into play. You just need to choose the right ones, according to Dr. Calton. Even the vitamins our body absorbs might need to be taken at different times, so Dr. Calton recommends planning your doses. After changing her diet and supplements, Mira looked for other ways to stop depending on chemicals such as the ones commonly found in everyday products like household cleaning supplies such as laundry detergent, dishwashing soap, bathroom cleaners and more. She also stopped using dozens of personal products such as certain body lotions, makeup, and perfumes because of the synthetic ingredients they contain. Next came focusing on her sleep. That's because people who do not get enough quality rest face a 270percent greater risk of developing osteoporosis. Lack of sleep affects the so-called hunger hormones, ghrelin and leptin. An increase in hunger typically leads to choosing comfort food, which is often low in bone-building micronutrients. Mira explained ways to get enough of that all-important shut-eye. Too little sleep increases our stress hormone, Cortisol, which can block the body's ability to absorb calcium, leading to bone loss. In fact, some diseases that increase cortisol levels, such as Cushing's Syndrome, carry increased osteoporosis risk. The US Centers for Disease Control and Prevention reports nine out of 10 older Americans have used a prescription drug within the last month. While these can be lifesaving, they and some over the counter medications can deplete the vital micronutrients our bones need. These include corticosteroids, used to treat allergies, asthma and inflammation, antidepressants and long-term use of antacids. We live in a dirty world. While we can't get rid of everything that can harm us, we can minimize those contaminants. Dr. Calton recommends ways to reduce what he calls our "toxic load." That's his term for the enemies our body fights instead of using strength to fortify our bones. One way to reduce the amount of pollution we breath is by using a HEPA air filter. Likewise, certain water filters can take away lead, copper and mercury coming out of the faucet. Look for a water filter that removes a high percentage of contaminants and can back up their claims with scientific evidence.

December 31, 2019 15 of 20

|          | Program Title           | Program<br>Duration | Topic Duration | Segment<br>Source | Type | Airdate    | Time    |
|----------|-------------------------|---------------------|----------------|-------------------|------|------------|---------|
| Homeless |                         |                     |                |                   |      |            |         |
|          | Taking Care of Business | 27:00               | 27:00          | LCL               | PA/O | 11/20/2019 | 3:30 PM |
|          | #TCOB-1908              |                     |                |                   |      | 11/22/2019 | 3:30 AM |

Over half a million people in the U.S. identify as being homeless. In this episode of Taking Care of Business, follow the unique stories of people who do not have stable living conditions. Beyond highlighting the widespread problem of homelessness, this episode speaks to community experts about where we can begin to find and provide solutions.

| Program Title | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|---------------|---------------------|----------------|-------------------|--------|------------|----------|
| Huckabee #116 | 52:30               | 5:00           | REC               | PA/O/E | 12/21/2019 | 7:00 PM  |
|               |                     |                |                   |        | 12/21/2019 | 10:00 PM |
|               |                     |                |                   |        | 12/22/2019 | 8:00 PM  |

Tonight on Huckabee, Jonathan Reckford, CEO of Habitat for Humanity, shares Habitat for Humanity does not just build homes, they build community. One great myth is that they give away houses. Families put in hundreds of hours of sweat equity, take classes in home maintenance and financial management, then obtain an affordable mortgage with Habitat. As they make their payments, it helps the next family to have the same opportunity. Volunteers also assist in the building process. One of the biggest challenges when you do not have enough income is how to build an asset. For many families, the chance to own a home becomes an inter-generational asset, as well as a safe place to live. A home is the foundation for children to be healthier and do better in school.

| Program Title          | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|------------------------|---------------------|----------------|-------------------|--------|------------|----------|
| Somebody's Gotta Do It | 24:31               | 24:31          | REC               | PA/O/E | 11/23/2019 | 8:00 PM  |
| #310                   |                     |                |                   |        | 11/23/2019 | 11:00 PM |

On this episode of Somebody's Gotta Do It, Mike Rowe introduces us to alternative housing. His first guest is Bruce Campbell, Airplane Home Pioneer, who lives in a jetliner; an aerospace-class home. It is a sealed-pressure canister where dust and insects cannot get in from outside. Minimal plumbing requirements make it functional and it is very secure. Jetliners cost tens of millions of dollars to build. Rather than destroy them when they are ready to retire from active flight, Bruce's focus is demonstrating that jetliners could be converted into homes. Mike's next guest is Michael Garnier, the owner of Out'n'About Treehouse Treesort. Dating back to the turn of the century, treehouses offer an opportunity to getaway, provide a different perspective, and get you out of the normal realm. Michael's innovation of the Garnier Limb changed the treehouse industry providing safer and more durable structures while reducing the environmental impact on trees. Mike performs some of the standard maintenance required and even has some fun.

| Program Title   | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate   | Time     |   |
|-----------------|---------------------|----------------|-------------------|--------|-----------|----------|---|
| Better Together | 27:20               | 27:20          | REC               | PA/O/E | 12/9/2019 | 12:29 PN | М |
| #91             |                     |                |                   |        |           |          |   |

Today on Better Together the ladies discuss how to overcome divisiveness and achieve true unity.

Housing

Housing

*Minority* 

| Minority    | Program Title                      | Program<br>Duration   | Topic Duration               | Segment<br>Source   | Туре         | Airdate         | Time        |
|-------------|------------------------------------|-----------------------|------------------------------|---------------------|--------------|-----------------|-------------|
| intitionary | Better Together<br>#92             | 27:29                 | 27:29                        | REC                 | PA/O/E       | 12/10/2019      | 12:29 PM    |
|             | Today on Bette                     | r Together the ladies | discuss how to confront ra   | acial barriers that | divide the   | Body of Christ. |             |
|             | Program Title                      | Program<br>Duration   | Topic Duration               | Segment<br>Source   | Type         | Airdate         | Time        |
| Minority    |                                    |                       |                              |                     |              |                 |             |
|             | Better Together<br>#93             | 26:50                 | 26:50                        | REC                 | PA/O/E       | 12/11/2019      | 12:29 PM    |
|             | Today on Bette                     | r Together the ladies | discuss how to model unit    | y through music.    |              |                 |             |
|             | Program Title                      | Program<br>Duration   | Topic Duration               | Segment<br>Source   | Type         | Airdate         | Time        |
| Minority    |                                    |                       |                              |                     |              |                 |             |
|             | Better Together<br>#94             | 27:29                 | 27:29                        | REC                 | PA/O/E       | 12/12/2019      | 12:29 PM    |
|             | Today on Bette<br>help heal the ra |                       | s talk about how to identify | y blind spots, cre  | eate safe sp | paces, and purs | ue unity to |
|             | Program Title                      | Program<br>Duration   | Topic Duration               | Segment<br>Source   | Type         | Airdate         | Time        |
| Minority    |                                    |                       |                              |                     |              |                 |             |
|             | 5 ·· + ··                          | 27.22                 | 27.20                        | 550                 | D 4 / 0 / E  | 10/10/0010      | 40 00 014   |

| Trogram Tute    | Duration | Topic Bulanon | Source | Турс   | 710 uuic   | Time     |  |
|-----------------|----------|---------------|--------|--------|------------|----------|--|
| Better Together | 27:29    | 27:29         | REC    | PA/O/E | 12/13/2019 | 12:29 PM |  |
| #95             |          |               |        |        |            |          |  |

Today on Better Together the ladies discuss the role of the Church in confronting injustice and the pursuit of reconciliation.

|               | Prog         | ram Titl      | e   | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate   | Time    |
|---------------|--------------|---------------|-----|---------------------|----------------|-------------------|--------|-----------|---------|
| Public Safety |              |               |     |                     |                |                   |        |           |         |
|               | 700<br>NewsV | Club<br>Vatch | CBN | 58:00               | 5:00           | REC               | PA/O/E | 10/3/2019 | 2:00 PM |
|               | #2019        | 1003          |     |                     |                |                   |        |           |         |

CBN News Reporter Chuck Holton Reports: The FBI is warning of a new terror threat being bred on the internet, this time from groups of disenfranchised young men. They call themselves "INCELS," which stands for "involuntarily celibate." They're young men who are depressed by their inability to get a girlfriend. In today's social media culture, many turn to pornography and violent video games to pacify their frustration. So much time online takes them deep into a toxic mix of loneliness and isolation. Jared Reed, associate pastor at Granite Hills Baptist Church in Reno, Nevada says that inward focus can happen quickly. He spends lots of time counseling young men. Easy access to pornography is a major problem. These twisted images of human intimacy further damage their chances of forming healthy relationships. Internet chat rooms can lead to a dark subculture with deadly consequences. Former FBI agent Mark Lundgren tracks the rise of this phenomenon. The FBI has identified at least four active violence attacks and 45 deaths in the past few years that have been carried out by men adhering to INCEL ideology. And they say there is chatter on the dark web centered around the release of the movie, "Joker," which opens on October 4. The threat is serious enough that the US Military issued a warning on September 24 to its members cautioning them about going to see it. The "Joker" is Seen as a Sympathetic INCEL Character. Lundgren says that some in the INCEL community has started looking at "Joker" as a sort of rallying cry because they look at the Joker character as some sort of sympathetic symbol in their community. Ceilan Shaparro and Austin Lunderstadt both struggled with video games and porn addiction. That's why these men agree the Church can play a strategic role in helping safeguard our communities.

| Program Title |              | Program<br>Duration | Topic Duration | Segment<br>Source | Type | Airdate | Time      |         |
|---------------|--------------|---------------------|----------------|-------------------|------|---------|-----------|---------|
| 700<br>NewsW  | Club<br>atch | CBN                 | 58:00          | 5:00              | REC  | PA/O/E  | 12/9/2019 | 2:00 PM |
| #20191        | 1209         |                     |                |                   |      |         |           |         |

Public Safety

CBN News Reporter Chuck Holton Reports: On June 19, 2019, a Syrian refugee was arrested in Pittsburgh, Pennsylvania for plotting to blow up a local church. His intent was to inspire other church attacks in the name of ISIS. Former FBI Agent Mark Lundgren warns had an attack like this occurred, it would have had far-reaching consequences. A growing number of churches have security teams in place and Lundgren wants to make that effort even stronger by starting the Secure Church Network, an association of safety and security leaders sharing intelligence and tactics for keeping congregations safe. At a recent Secure Church event near Chicago, several hundred attendees took part in scenario-based training aimed at approaching security as a ministry. Former Secret Service agent Tim Miller, who is now the CEO of Lionhart International Services Group, led the training. You're more likely to be struck by lightning than you are to be a victim of a mass shooter attack in a church. But that doesn't mean you shouldn't be training and prepared for it. More likely you are going to have a medical emergency or have a mentally ill person come into your church, so those kinds of things need to be prepared for as well. And that's why training like this is so important. Unique tools take this effort to a new level. Tools such as a high-tech virtual trainer that lets attendees experience dozens of scenarios in a short period of time. It's the same method used by law enforcement. Participants say working together with other churches prepares them to better serve their congregations.

|              | Program Title           | Program<br>Duration | Topic Duration | Segment<br>Source | Type | Airdate   | Time    |
|--------------|-------------------------|---------------------|----------------|-------------------|------|-----------|---------|
| Unemployment |                         |                     |                |                   |      |           |         |
|              | Taking Care of Business | 27:30               | 27:30          | LCL               | PA/O | 12/4/2019 | 3:30 PM |
|              | #TCOB-1915              |                     |                |                   |      | 12/6/2019 | 3:30 AM |

While the unemployment rate may be the lowest it has been in a half-century, the numbers that we are familiar with don't always tell the full story. On this episode of Taking Care of Business, find out the difference between unemployed and underemployed. Unemployed and underemployed people often face a tough time finding a job that will support them and their families. Many are in a tough situation and how they got there is often unexpected.

December 31, 2019 18 of 20

|              | Prog         | ram Titl      | e   | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate   | Time    |
|--------------|--------------|---------------|-----|---------------------|----------------|-------------------|--------|-----------|---------|
| Unemployment | – Mino       | rity          |     |                     |                |                   |        |           |         |
|              | 700<br>NewsV | Club<br>Vatch | CBN | 58:00               | 5:00           | REC               | PA/O/E | 10/4/2019 | 2:00 PM |
|              | #2019        | 1004          |     |                     |                |                   |        |           |         |

CBN News Reporter Caitlin Burke Reports: It's hard not to smile when you walk into the Howdy Homemade ice cream shop in Dallas, Texas. You may notice something unique in the place, but then the samples start coming and you just get caught up in the experience. In North Texas alone there are over 240,000 special needs adults looking for work. Howdy Homemade ice cream shop is looking to tackle that statistic as the first for-profit business to only hire special needs workers. Landis sees special needs employees as a solution to some of the industry's biggest problems. When he first felt this inspiration, Landis wanted to give these workers the best shot at success. As a restaurant veteran, he didn't feel like his chain of sandwich shops would accomplish that. Coleman Jones was his first employee. Landis wants others to not only appreciate his business model but to replicate it. It's not just the restaurant industry he hopes to change. As word spreads, interest grows. Landis says at least 50 people want to franchise Howdy Homemade, with new offers coming in each day. This isn't just about good business, Landis is out to show the world the capabilities of those with special needs. For some employees running an ice cream shop is just the beginning. Three are Eagle Scouts and one could become major league baseball's first announcer on the autism spectrum. Each and every employee not only exceeds their boss' expectations but those of their parents, teachers and even their own.

| Program Title           | Program<br>Duration | Topic Duration | Segment<br>Source | Type | Airdate    | Time    |   |
|-------------------------|---------------------|----------------|-------------------|------|------------|---------|---|
| Taking Care of Business | 27:30               | 27:30          | LCL               | PA/O | 10/23/2019 | 3:30 PM | ı |
| #TCOB-1918              |                     |                |                   |      | 10/25/2019 | 3:30 AM |   |

Youth

Although the teen pregnancy rate is the lowest in history, 3 out of 10 young girls will become pregnant before the age of 20. Each pregnancy represents a young woman with hopes and dreams. On this program, see the stories of young mothers who are overcoming adversity with a spirit to succeed and to achieve their personal best.

|       | Program Title | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|-------|---------------|---------------------|----------------|-------------------|--------|------------|----------|
| Youth |               |                     |                |                   |        |            |          |
|       | Praise        | 3:00:00             | 3:00:00        | REC               | PA/O/E | 12/31/2019 | 8:15 PM  |
|       | #P123119      |                     |                |                   |        | 12/31/2019 | 11:15 PM |

Tonight on Praise, we experience the Passion Conference 2020 on New Year's Eve at the Mercedes Benz Stadium in Atlanta, Georgia, where 65,000 students, ages 18 to 25, from all fifty states, 1700 universities, and 83 countries, gather together to ring in the new year and a new decade for Jesus.

December 31, 2019 19 of 20

|       | Program Title     | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate   | Time     |
|-------|-------------------|---------------------|----------------|-------------------|--------|-----------|----------|
| Youth |                   |                     |                |                   |        |           |          |
|       | Behind The Scenes | 28:05               | 28:05          | LCL               | PA/O/E | 12/4/2019 | 3:30 AM  |
|       | #224              |                     |                |                   |        | 12/4/2019 | 11:30 PM |

**Youth** 

Today on Behind the Scenes, Matt Crouch interviews Phil Vischer, Co-creator of the VeggieTales Franchise, Filmmaker, Author, Speaker & Voice of Bob the Tomato; Mike Nawrocki, Co-creator of the VeggieTales Franchise; and Brandon Piety, Director of "Yippee." They discuss "Yippee," a new streaming service to build character in kids lives, with old and new VeggieTales, across all devices such as an Iphone, smartphone, Ipad, laptop or television. Parents have expressed concern about their children learning inappropriate behaviors online. "Yippee" provides a safe place for kids to watch faith-filled content and value-based entertainment. "Yippee" is available now as a SVOD (subscription video on demand) headlined by the VeggieTales content and there are no algorithms, no ads, and no sass. Using world class technology, entertainment for kids is virtual so now they can watch whatever they want whenever they want.

| Program Title | Program<br>Duration | Topic Duration | Segment<br>Source | Type   | Airdate    | Time     |
|---------------|---------------------|----------------|-------------------|--------|------------|----------|
| Huckabee #116 | 52:30               | 5:00           | REC               | PA/O/E | 12/21/2019 | 7:00 PM  |
|               |                     |                |                   |        | 12/21/2019 | 10:00 PM |
|               |                     |                |                   |        | 12/22/2019 | 8:00 PM  |

Tonight on Huckabee, Erica Stone, Author of Gray: A Story of Loss, shares that trafficking and child exploitation is a problem that plagues every nation, including the United States. There are so many children in the crossfire and many people do not know it is happening. There are answers for children; there are safe homes and families for children to grow up and be cared for, loved, and protected, however, something comes into play that breaks that opportunity down. Children are meant to be placed in families and are not meant to be separated from the family unit.

December 31, 2019 20 of 20