

Issues/Programs List For KSYF
4th Quarter 2022

Issue: Surviving Sexual Trauma		
Program Title: A Multitude of Counselors		
Date: 10/9/22	Time: 2:30 PM	Duration (hr:min:sec): 28:30
Brief Description: Sexual Trauma is a lingering result of sexual abuse. This often takes the form of PTSD. Prevalence is higher than most would think, with one in three women globally either raped, beaten, or coerced into sex. One in five girls and one in twenty boys in the US are victims of child sexual abuse. Most victims don't report their abuse for fear of having to face the perpetrator, and of not being believed. How to deal with and overcoming the trauma is discussed.		

Issue: Family Relationships		
Program Title: 3ABN Family (Counsel for the Heart)		
Date: 10/30/22	Time: 2:00 PM	Duration (hr:min:sec): 28:00
Brief Description: This is the first of a weekly series by Junie Lawson on the many issues facing families. These are issues that face most families sooner or later. These include the prodigal child, communication, blended families, parenting teenagers, depression, and domestic violence. With each she explains the dynamics with each issue and ways to have the greatest chance to resolving the problems.		

Issue: Choosing a Nursing Home		
Program Title: Health for a Lifetime		
Date: 11/1/22	Time: 5:00 PM	Duration (hr:min:sec): 28:30
Brief Description: Don Mackintosh and Dr. Kevin Bryant discuss the important issue of finding the right nursing for our loved ones. The importance is realized when noted that 43% of every American will spend some time in a nursing home. Actually, the best option would be the home with familiar people and surroundings. Another option could be an adult day care center. But when these aren't viable options, then the nursing home choice should be made evaluating such things as quality and type of care, staff stability and their interaction with patients, quality of food. Where patient is mentally capability, they should always be involved in the choice.		

Issue: Natural Ways to Treat Heart Disease		
Program Title: Health for a Lifetime		
Date: 11/15/22	Time: 5:00 PM	Duration (hr:min:sec): 26:00
Brief Description: Don Mackintosh and Dr. Kevin Bryant discuss natural ways to assist in treatment of heart disease. Lifestyle is always the best way to avoid heart disease, but also the first approach in dealing with the presence of heart disease. Other options to consider include certain foods and supplements. The scientific evidence is given for each suggestion, as well as possible side effects.		

Issue: Loneliness		
Program Title: A Multitude of Counselors		
Date: 11/27/22	Time: 2:30 PM	Duration (hr:min:sec): 28:30
Brief Description: Loneliness is on the rise. It is the condition of not having close bonds with other humans. With family disintegration, bonding is not learned growing up. Loneliness can be caused by such things as a major loss, and broken trust. Loneliness is curable. Connect with people by going to church and volunteering. In other words, get involved with people. Loneliness may cause depression, but my not be "clinical" depression. Appropriate counseling may be helpful.		

Issue: Avoid Colds & Flu Naturally		
Program Title: LifeStart Seminars		
Date: 12/18/22	Time: 1:00 PM	Duration (hr:min:sec): 28:30
Brief Description: Most colds and flu do no more than make one feel rather miserable, but not cause any serious problems. Dr. David DeRose discusses how the cold effects us, and that for those whose immunity is compromised, there can be serious results, and even death. This is more true for flu which can be more serious, resulting in the tens of thousands of death per year in the USA. How to have a strong immunity naturally is the subject of this talk. It follows the acronym "LIFESTART". (Liquid, Interpersonal relationships, Food, Exercise, Sunshine, Temperance, Air, Rest, Trust in God.)		

Ronald Grant

 KSYF Operations Manager

1/10/23

 Date