

TRINITY BROADCASTING OF WASHINGTON
QUARTERLY REPORT
JANUARY, FEBRUARY, MARCH 2017

KTBW-TV – TACOMA, WASHINGTON
PROGRAMS PERTAINING TO
LEADING COMMUNITY PROBLEMS

FOR

JANUARY, FEBRUARY, MARCH 2017

RESULTS OF ASCERTAINMENTS
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PUBLICATIONS, AND FROM TELEVISION AND RADIO, WHENEVER POSSIBLE

CRIME
HEALTH
FAMILY
YOUTH
MINORITY
HOMELESS

THE FOLLOWING PAGES LIST SUMMARIES OF SOME OF KTBW-TV PROGRAMMING ADDRESSING THE ISSUES/PROBLEMS NAMED ON THE ASCERTAINMENT LIST AS WELL AS OTHER ISSUES DETERMINED TO BE IMPORTANT, FOLLOWING FCC REQUIREMENTS FOR THE QUARTERLY REPORT TO BE KEPT IN THE PUBLIC FILE FOR THE FIRST QUARTER.

JANUARY, FEBRUARY, MARCH 2017

QUARTERLY REPORT

		PROGRAM DURATION	TOPIC SEGMENT DURATION	SOURCE	TYPE	AIR DATE	TIME
CRIME	<u>PUBLIC REPORT #010917-A</u>	28:30	14:38	L	PA/O	1/9/17	3:30 PM
		This segment was repeated on the following date:				1/10/17	2:00 AM

Debrena Jackson Gandy interviews Brenda Oliver and Dianne Zoro of the Federal Way Coalition Against Trafficking. Problem: Until 9/11 most sex trafficking was of a foreign nature; with U.S. borders tightening up since 9/11, sex trafficking is now more of a domestic problem. Nationally, 100,000-300,000 youth are trafficked annually. Locally, Seattle is a hub of sex trafficking/exploitation, with 300-500 trafficked youth on any given night. Seattle is a port city, the Canadian border is close by, and I-5 runs the full length of the west coast from Canada to Mexico. Most trafficked youth are teenage girls, but more boys are being trafficked than in the past. About 90% of them are runaways. Within 48 hours of running away, most of them have been propositioned by a pimp. As an aside, Federal Way police recently discovered a prostitution ring at Federal Way High School. Some of the kids involved in this had fathers who were pimps and mothers who were prostitutes. Solution: As a state, Washington is doing a lot about the trafficking problem. In 2012 Washington passed some of the strongest laws in the nation. Now it's just a matter of enforcing those laws. On January 11th a "Cruelty to Compassion: Ending Exploitation" event will be held at Federal Way city hall to bring more attention locally to this problem.

	<u>PUBLIC REPORT #011617-B</u>	28:30	13:15	L	PA/O	1/16/17	3:30 PM
		This segment was repeated on the following date:				1/17/17	2:00 AM

Debrena Jackson Gandy interviews Brenda Oliver and Dianne Zoro of the Federal Way Coalition Against Trafficking. Problem: Sex trafficking is happening right here in our community. You don't have to go overseas to find it. It is the #2 problem in the Seattle area after drugs. While recruiters used to find their victims in malls and on buses, they now use social media to gather all the information they need on potential victims. Some victims are as young as 12 or 13, with some even as young as 10. Many victims disappear, never to be seen by their parents or friends again. However, some girls continue to live at home and go to school while being trafficked. They don't try to escape their situation because of threats of violence. Solution: The key is prevention through education. Since 2012, the Federal Way Coalition Against Trafficking has reached over 10,000 students in local school districts. Awareness is very important. If you see something that doesn't seem right, you've got to say something about it.

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	PROGRAM	TOPIC	SOURCE	TYPE	AIR DATE	TIME	
		SEGMENT					
	DURATION	DURATION					
CRIME	<u>PUBLIC REPORT #022017</u>	28:30	L	PA/O	2/20/17	3:30 PM	
		26:30			2/21/17	2:00 AM	
		This segment was repeated on the following date:					

Tanny Jackson interviews Lisa and David Mitts, Co-Founders of Destiny House Restoration Center. Problem: Sex Trafficking is the second largest crime in the world and is growing. Seattle is in the top five nationally in terms of sex trafficking. At one time Seattle was the #1 city in the U.S., due to the city's location on I-5 as well as being a port city and having the infrastructure of small motels and organized crime that support this kind of activity. It used to be that the victims of sex trafficking – mostly girls – were most often kidnapped and forced into prostitution. Today, girls are forced into prostitution by parents who sell their children to pay debts (largely an overseas activity), girls who are blackmailed by criminals photographing them at parties where they are drugged and raped, and girls who are "groomed" by criminals under false pretenses. "Customers" (johns) include many different kinds of people, from truck drivers to professionals. Johns don't look at this activity as the raping of young girls. They see the girls more as the purchasing of a product. Girls are looked at merely as inventory. The average age of a newly trafficked girl is 13. Her life span is 3 to 7 years because of constantly being drugged by their pimps, having to service as many as ten partners every night, and mentally disassociated with what they are doing. Girls are things, they don't matter. They are only good for what johns can do with their bodies. Solution: Looking at the girls as victims, the biblical world view is that their lives do matter. These girls are in need of tremendous healing. Destiny House offers to bring the victims of sex trafficking into a vetted professional program where they have an opportunity to have their lives transformed by the healing power of the Lord. Parents need to know that sex trafficking is not happenstance. Those involved as recruiters and pimps are professionals. "They are really good at what they do. They know how to target unsuspecting girls, how to entice them, and how to grab them into their systems." This spring, Destiny House will begin a mentorship program for sex trafficking survivors. Lisa and David want to replicate their Destiny House model so that other cities can use that model knowing that it works.

	<u>PUBLIC REPORT #022717-A</u>	28:30	L	PA/O	1/27/17	3:30 PM	
		13:00			2/28/17	2:00 AM	
		This segment was repeated on the following dates:				3/4/17	12:30 PM

Artonique Nelson interviews Jimmie James, Executive Director, and Charles Allen, Assistant Director, of the prison ministry B.E.S.T. (Being Empowered thru Supportive Transitions). Problem: The recidivism rate at King County prisons is 70%. The biggest challenge facing men in prison is being put down, that they are only a number, that they are not going to make it. Prison release systems are not designed to lower recidivism. Prisoners are demoralized when they come out. They are given \$40 and the clothes on their back. That's all. Furthermore, they are stigmatized when the community says to them, "You're no good, we don't want you to live in our apartment or our neighborhood." It's no surprise that 70% end up getting involved in crimes and going back to prison. Solution: We need to help them to transition from prison to community life. The community must learn to accept them in terms of employment, housing, education. They've paid their debt, now they just want to change their lives. We need to get them involved in a church, a "fellowship of the saints," where they can find strength and encouragement. We must be there for these men who have no hope. We must love them and accept them back into the community.

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		SEGMENT				
	DURATION	DURATION				
CRIME	<u>PUBLIC REPORT #022717-B</u>	28:30	L	PA/O	2/27/17	3:30 PM
		This segment was repeated on the following dates:			2/28/17	2:00 AM
					3/4/17	12:30 PM

Artonique Nelson interviews Jimmie James, Executive Director, and Charles Allen, Assistant Director, of the prison ministry B.E.S.T. (Being Empowered thru Supportive Transitions). Problem: Men who come out of prison after years of being locked up often suffer culture shock. Solution: Mentoring is very important. These men (and women) need someone to support them, to walk with them, to let them know it's going to be okay. To be more specific, they need friends who will give them a ride to the grocery store or the doctor's office, who will help them fill out application forms, who will mentor them even in getting a driver's license. The B.E.S.T. program partners with other community organizations to help these former prisoners. The goal is not to enable them, but to help them get back into society.

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		PROGRAM DURATION	TOPIC SEGMENT DURATION	SOURCE	TYPE	AIR DATE	TIME
HEALTH	<u>PUBLIC REPORT #010917-B</u>	28:30	13:15	L	PA/O	1/9/17	3:30 PM
		This segment was repeated on the following date:				1/10/17	2:00 AM

Tanny Jackson interviews Alvin Curry, Treatment Director at Sunrise Center. Problem: Drugs affect every part of the body. Whether taken by mouth or intravenously, drugs get into the blood stream and slowly make their way through the body. For example, meth addicts lose their teeth, are malnourished, have skin sores, and hallucinate. Other drugs cause similar problems. Solution: We need to get to the root of the problem. Drugs are generally a cover up for something. Sometimes we need to go through somethings instead of drugging ourselves. We also need to teach skills to the younger addicts to help them deal with life issues. Mr. Curry urges viewers to not use prescription drugs. They can be just as addictive as illegal drugs. Even OTC medicines can cause serious health problems. We should pay attention to our body's warning signs. We do get sick as a part of life, but we need to let our body take care of the problem. If you have to take medications, take them as prescribed.

	<u>PUBLIC REPORT #011617-B</u>	28:30	13:15	L	PA/O	1/16/17	3:30 PM
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	<u>PUBLIC REPORT #013017-A</u>	28:30	13:56	L	PA/O	1/30/17	3:30 PM
		This segment was repeated on the following date:				1/31/17	2:00 AM

Tanny Jackson interviews Elaine Irons-Hunt, R.N., a Community Nurse, and Doris Green, Founder, Divine Divas Ministry. Problem: The reproductive cycle in females begins with puberty and ends with full menopause. Menopause usually begins between the ages of 45-55. At full menopause, when monthly periods have ceased for 12 full months, the body has stopped producing hormones. This often results in hot flashes, night sweats, vaginal dryness, urinary urgency, difficulty sleeping, emotional changes such as irritability and mood swings, and mild depression. Solution: A woman going through menopause should continue to exercise, to have a healthful diet, and get enough rest. It is also desirable to have a support system. In some cases, hormone replacement might be suggested by your doctor.

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		PROGRAM DURATION	TOPIC SEGMENT DURATION	SOURCE	TYPE	AIR DATE	TIME
HEALTH	<u>PUBLIC REPORT #013017-B</u>	28:30	13:21	L	PA/O	1/30/17	3:30 PM
		This segment was repeated on the following date:				1/31/17	2:00 AM

Tanny Jackson interviews Elaine Irons-Hunt, R.N., a Community Nurse, and Doris Green, Founder, Divine Divas Ministry. Problem: Seniors are living longer. The elderly used to die in their 50s and early 60's, but now it is not uncommon for people to celebrate their 100th birthday. However, living longer leads to health changes and increased incidences of disease. Behavioral/physical changes include cognitive abilities (thinking processes and memory), vision, hearing, mobility (falls), the loss of independence, deaths of loved ones and friends, and not feeling valued any more. In terms of health, 92% of seniors have at least one chronic disease, and 77% have a least two. The most common and costly diseases include heart disease, strokes, cancer, diabetes, and depression. Solution: How can we best serve our aging adults? We need to encourage younger people to exercise, eat nutritionally, and get proper rest, so these habits will carry over into their senior years. We should allow the elderly to live where they feel most comfortable, such as in their homes, by providing meals, home health care, and social encounters that fit their lifestyles. We should allow them to make their own decisions, but still help them with their finances and legal questions, and most of all with their spiritual needs.

	<u>PUBLIC REPORT #021317-B</u>	28:30	13:15	L	PA/O	1/13/17	3:30 PM
		This segment was repeated on the following date:				2/14/17	2:00 AM

Tanny Jackson interviews Racheda Hatchett, R.N., Community Health Nurse. Not all new mothers experience mood disorders, but some do even when they are mentally healthy. Post partum mood disorders include depression (the "baby blues"), anxiety, and in extreme cases psychosis. The baby blues stage is where women feel "icky." They don't feel good, they don't feel motivated, yet they can still get up and get things done. The anxiety stage is where the new mother doesn't want to hold her baby or even be around it. She says she doesn't even love her baby. She blames the baby for all her problems. The most serious mood disorder is psychosis where the mother tries to kill the baby, sometimes in gruesome ways. Solution: New mothers need to be open with their nurses. By knowing the symptoms and feelings a woman is going through, a nurse has a good idea of how serious the mood disorder might be. That opens the door to treating the problem by working with a doctor specializing in post partum mood disorders. New mothers need to know that God is with them. If you will reach out to Him, He will reach out to you. You don't have to go through your mood disorder alone.

	<u>CBN NEWSWATCH #01162017</u>	1:00:00	5:00	REC	PA/O/E	1/16/17	12:00 PM
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CBN News Reporter Lorie Johnson Reports: Our bodies use oxygen in a number of ways, including healing. Breathing alone provides about 20 percent of the oxygen our bodies need. But today, doctors can ramp up that amount to help people recover from the most debilitating injuries and illnesses with hyperbaric oxygen therapy. It's hard to believe Michael "Bean" Black survived his horrific car crash in 2011. He was thrown 40 feet from the vehicle and landed on his head. Black's grandmother, Mary Orr, said even the doctors had given up hope. When Black arrived home to Dallas he still suffered from severe injuries, including brain damage. But his condition improved after he started receiving hyperbaric oxygen therapy. Hyperbaric oxygen therapy involves breathing 100 percent pure oxygen inside a pressurized chamber for about an hour to 90 minutes per session. Dr. Alfred Johnson directs the Hyperbaric Centers of Texas in Richardson. Black said the therapy made a big difference. After the first 40 treatments, Black went back for 40 more a few months later. Costs vary depending on the provider from as little as \$100 an hour on up. Insurance and Medicare sometimes offer coverage, depending on the condition being treated. Insurance companies can reimburse for hyperbaric oxygen therapy for the treatment of traumatic brain injuries, like Black's. Dallas businessman John Derrick said the therapy is easy and has helped him sharpen his focus. Consumers can purchase or rent portable hyperbaric oxygen chambers, but they typically deliver far less oxygen and pressure than industrial-grade ones. Conditions treated with Hyperbaric Oxygen Therapy

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	PROGRAM		TOPIC	SOURCE	TYPE	AIR DATE	TIME
	DURATION	DURATION	SEGMENT				
HEALTH	include: Autism, Burns, Cerebral Palsy, Chronic Fatigue Syndrome, Closed Head Injury, Fibromyalgia, Migraine Headaches, Multiple Sclerosis, Near Drowning, Parkinson's Syndrome, Post Traumatic Stress Disorder, Reflex Sympathetic Dystrophy, Rheumatoid Arthritis, Sports Injury, Stroke, and Traumatic Brain Injury. Johnson said stroke patients can have improved quality of life. He said he's witnessed progress for people with autism, as well. Hyperbaric oxygen therapy may not be for everyone. But today, Michael Black is in far better shape than he or his family ever dreamed possible since his near-fatal car accident. They believe this therapy has a lot to do with his recovery, so they plan to stick with it and hopefully see even more improvement.						

CBN NEWSWATCH #01172017 1:00:00 5:00 REC PA/O/E 1/17/17 12:00 PM

CBN News Reporter Lorie Johnson Reports: Americans are increasingly getting fed up with the insurance-based medical systems. It often means long waits for appointments and doctors who seem to have one eye on the patient and the other eye on the clock. That's why many primary care doctors and patients are turning away from insurance and to what's known as concierge medicine. When it comes to healthcare, Johnny Guerry prefers old school, meaning just he and his doctor calls the shots without any input from an insurance company. With concierge medicine, patients pay their primary care physician an out-of-pocket monthly fee, sometimes an annual fee, in exchange for unlimited access, 24/7. Concierge medicine used to be something only for the rich and famous. But according to Dr. James Pinckney, known to his patients as "Dr. James," that's not the case any longer. Where he works at Diamond Physicians in Dallas, adults pay from \$95 to \$295 each month, based on age. That covers all acute procedures and medications. Sometimes patients have to pay extra for services outside the office, like a CT scan. But doctors negotiate cash rates with those third party vendors that are a fraction of what they bill insurance. The cost for children is even less than adults. Each child costs \$45 a month for unlimited access to their doctor. Liza Schlitt says her two young boys usually need medical attention after hours. Doctors recently gave her son Griffin a breathing treatment, prescription and a nebulizer to take home, all covered by the monthly fee - and on a rainy Sunday afternoon. Perhaps the biggest difference between concierge medicine and insurance-based medicine is the time patients spend with their doctors. The Affordable Care Act flooded offices of already overloaded primary care physicians to the point where face-time with doctors can average as little as eight minutes per visit. Primary care doctors who accept insurance treat on average about 3,000 patients. This is known as a doctor's patient panel. The typical concierge physician has a patient panel of about 500 patients. At Diamond, the doctors promise their patients their patient panel will never exceed 600. This ensures each patient has their doctor's undivided attention. Although concierge medicine involves paying cash for day-to-day health expenses, doctors do recommend their patients buy health insurance, but with a high deductible. So as insurance-based healthcare complicated this crucial need, more patients and doctors are going old school, with a cash-only plan, similar to the way it was a half-century ago.

CBN NEWSWATCH #01182017 1:00:00 5:00 REC PA/O/E 1/18/17 12:00 PM

CBN News Reporter Lorie Johnson Reports: Cancer is a word no one wants to hear. Yet statistics show half of all men and a third of all women will receive the bad news. Churches should be a sanctuary for support. However, in many cases, people suffer in silence as they cope with their illness. Now the Cancer Treatment Centers of America is offering a free program to break down the wall of silence. After years of counseling cancer patients, Rev. Percy McCray knows they bear a burden unlike people fighting other illnesses. Thanks to his training, McCray knows the importance of encouragement. One conversation helped him realize others need to learn these skills, too. McCray said typically, churches deal with issues like addiction and marital problems very effectively. But it can fall short when it comes to meeting the needs of parishioners who are struggling with healthcare issues, particularly cancer. To bridge this gap, McCray and his associates at the Cancer Treatment Centers of America elected to offer complimentary cancer ministry training to representatives of churches across the country so they can better meet the needs of their brothers and sisters with cancer. It's called Our Journey of Hope. Cancer Treatment Centers of America offers free training for two people from a church who use what they learn to raise up cancer ministries in their home congregations. Participants learn the basics of the disease and treatments in order to focus on what it's like

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for the patient. An added incentive for a church is that the training is free of charge. That includes the two-day seminar, food, lodging, and materials. LaWanda Long attended the seminar years ago and now passes on what she learned to volunteers at Atlanta's Enon Baptist Church. Long teaches the volunteers one night a week for eight weeks. At that time they are ready to take on a cancer patient who has come forward requesting assistance. She said the extensive training ensured the patients will be cared for responsibly. She said so far the cancer ministry at Enon is a success. Lisa McDermott attends Enon. She remembers suffering through nearly five months of chemotherapy for breast cancer. She asked the cancer ministry to help her with daily needs. McDermott dealt with one main point person who recruited others to pitch in. The cancer ministry made such an impression that McDermott wanted to get the training. As Nefertiti Dixon's mother fought ovarian and colon cancer, the ministry stepped in. Although her mother lost her fight, the cancer ministry made those final days easier. They also helped Dixon with things like meals, which lifted a burden. As a working mom with two children, she became overwhelmed with the pressure of caring for her sick mother. So while cancer will likely continue to strike far too many, churches now can choose to help those within their midst who are dealing with the disease.

<u>CBN NEWSWATCH #01252017</u>	1:00:00	5:00	REC	PA/O/E	1/25/17	12:00 PM
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CBN News Reporter Lorie Johnson Reports: Hippocrates, the father of medicine, once said, "All disease begins in the gut." Now, 2,000 years later, that belief still rings true. Some of our latest medical breakthroughs focus on what's happening in our intestinal system. Bacteria, also known as bugs or germs, we assume they're all bad, right? Not so fast. Scientists recently discovered much, if not most, of the bacteria in our body is good for us. The key to good health depends on having enough of the right kind. We all have trillions of bacteria living in our intestines—hundreds of different species, each with different functions. Scientists call it our "gut flora." Neurologist Dr. David Perlmutter, author of "Brain Maker" is one of many physicians warning against disrupting this fragile ecosystem. Dr. Vincent Pedre, author of "Happy Gut," agrees. Unfortunately, when it comes to good gut bacteria, many of us are sorely lacking. After all, antibiotics kill bacteria--bad and good. Perlmutter says most people have no idea how severely antibiotics damage our gut flora. In addition to antibiotics, processed food can also disrupt the gut biome. Perlmutter says processed foods contain heavy doses of the wrong kinds of fat, like heated oils such as soybean, corn and vegetable oils. He also advises against consuming hydrogenated oils, also known as trans fats, which are common in processed foods. However, he points out not all fat is bad. Even babies delivered by Caesarian section can miss out on getting enough good bacteria. So while our lifestyle choices really do a number on the gut bacteria that's so critical to our health, the good news is we can improve it with probiotics and prebiotics. Probiotics are the good bacteria we need and often lack. You can find these living, microscopic organisms in supplements as well as in cultured and fermented foods like kim chee, sauerkraut, yogurt, kefir and kombucha. Prebiotics are the food for the probiotics - they keep probiotics living and growing as they should. Just like good soil, they create a nurturing environment in your gut so your bacteria can thrive. You can get prebiotics in supplement form as well as in foods, like asparagus, onions, leeks, garlic and dandelion greens. Perlmutter says many people are only aware of the benefits of probiotics, but he stresses prebiotics are equally important. Not only can it help your mood — Perlmutter says even serious brain disorders, like attention deficit hyperactivity disorder, autism, even Alzheimer's disease can improve by increasing good bacteria. That's because they help make neurotransmitters and vitamins while at the same time aid in reducing harmful inflammation. And not just the brain. Scientists are now identifying specific strains of good bacteria that treat all kinds of problems, from skin rashes to the flu. That means a targeted probiotic could take the place of a prescribed drug. Pedre says that opens the door to a wide range of natural treatments. So if you want to boost your health, doctors say improve your gut flora. That means avoiding processed foods, even antibacterial cleansers and antibiotics when advisable. Then add good bacteria with probiotics and boost them with prebiotics, also available as supplements or in certain foods.

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	PROGRAM	TOPIC					
	DURATION	SEGMENT	SOURCE	TYPE	AIR DATE	TIME	
	DURATION	DURATION					
HEALTH	<u>CBN NEWSWATCH #02232017</u>	1:00:00	5:00	REC	PA/O/E	2/23/17	12:00 PM

CBN News Reporter Lorie Johnson Reports: Today the number of Americans dying of heart disease, the number one cause of death, is higher than health experts predicted it would be. 4 out of 10 Americans suffer from a heart-related health problem, and that number is expected to get even worse. In addition to the lives lost, the cost of treating heart disease is expected to reach one trillion dollars a year within the next 15 years. A growing number of doctors believe the root cause of heart disease is inflammation in our bodies, brought on by eating too much sugar and bread. Cardiologist Stephen Sinatra is one of those physicians who blame an inflammatory diet on the skyrocketing rates of deadly heart disease. Sinatra says to reduce inflammation, stay away from sugar and processed grains such as enriched flour, corn and rice found in bread, bagels, pasta, pizza dough, tortillas, muffins and cereal. He says as far as our health is concerned, these refined grains are very similar to sugar because our body responds to them in the same way. There are many types of sugar. Many of them end with "-ose." Sinatra says one of the worst is high fructose corn syrup, which food manufacturers began adding to soda and thousands of other foods and drinks in the past few decades, corresponding with the dramatic rise in heart disease, as well as obesity and diabetes. Nutritionist J.J. Virgin points out that was also the same time the low-fat craze kicked-in. That caused millions of Americans to replace fat with bread and sugar. In fact, some fat-free salad dressings are one-third sugar! Doctors advise checking nutrition facts labels on products, and only choose foods with no more than 2 grams of sugar per serving. When Dallas resident John Speanburg started following his doctor's recommendation to cut-back on sugar, Speanburg was surprised to discover many of the foods he thought were healthy actually contained too much sugar. When it comes to fruit, health experts say stick to the ones that are unprocessed, fresh or frozen, preferably berries, because they are lowest in sugar. However, stay away from processed fruit products like juices, jellies and snacks. They often contain super-concentrated natural sugar, fructose, accompanied by the misleading, "no sugar added" claim on the package. So to prevent heart disease, America's number one killer that's still on the rise, doctors say reduce inflammation by avoiding processed foods and drinks, and instead, embracing foods in their natural state, also known as "whole" foods. Especially load-up on a wide variety of colorful vegetables. Also choose healthy fats like olive oil, coconut oil, avocados and raw nuts. When it comes to beverages, health experts say just drink plain water, unsweetened coffee or unsweetened tea.

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		PROGRAM DURATION	TOPIC SEGMENT DURATION	SOURCE	TYPE	AIR DATE	TIME
FAMILY	<u>PUBLIC REPORT #012317-A</u>	28:30	12:52	L	PA/O	1/23/17	3:30 PM
		This segment was repeated on the following dates:				1/24/17	2:00 AM
						3/27/17	3:30 PM
						3/28/17	2:00 AM
						4/1/17	12:30 PM

Tanny Jackson interviews Paulette Caswell, Director of Bethany Christian Services. Problem: When you discover you are pregnant, and it's not a planned pregnancy, there is a moment of shock, of uncertainty, and a feeling of "Now what?" Then "What will my parents think? What will my community think?" Unplanned pregnancies are more accepted today in our society, but no so accepted in our churches, which often tend to be judgmental. Solution: We need to walk alongside these women with no judgment. Help them make a choice for their child. Let them know there are alternatives to abortion, that they can choose adoption if parenting is not an option. There is a growing movement in adoption circles to let birth moms and dads choose the adoptive parents. This is called "Open Adoption." There is naturally grief and loss in giving up a child, and Open Adoption gives birth parents a sense that their child will grow up in a loving family.

	<u>PUBLIC REPORT #012317-B</u>	28:30	12:58	L	PA/O	1/23/17	3:30 PM
		This segment was repeated on the following dates:				1/24/17	2:00 AM
						3/27/17	3:30 PM
						3/28/17	2:00 AM
						4/1/17	12:30 PM

Elizabeth Hamilton interviews Paulette Caswell, Director of Bethany Christian Services. Problem: Who can adopt? Anyone over the age of 18, but they must demonstrate stability, must undergo a background check, cannot have a major criminal history or child abuse history. The wait from initiating contact with an agency like Bethany to finally getting the child can be long, sometimes up to five years. One of the greatest challenges facing adoption is the program the family chooses. Direct birth mother placement is the easiest and takes the shortest time, perhaps just weeks or months. The more difficult route is when the adoptive family does the choosing. This might involve the racial make-up of the child, pre-natal exposure, birth parent history of mental illness, physical health checkup, references, and legal risks. Solution: Paulette suggests that if just one family in every church were to commit to taking one child out of foster care via adoption, there would be no children waiting for a home. The church would surround the adoptive family with support in the form of babysitting, clothes, shoes, school supplies, perhaps even one home cooked meal each week. One of the greatest gifts a person, family, or church can give is love -- loving a child so he knows he wasn't rejected, and loving a birth mom through her grief and loss.

	<u>PUBLIC REPORT #021317-A</u>	28:30	14:10	L	PA/O	2/13/17	3:30 PM
		This segment was repeated on the following date:				2/14/17	2:00 AM

Tanny Jackson interviews Racheda Hatchett, R.N., Community Health Nurse. Problem: First time moms are new to the whole idea of being pregnant and having a baby. They have so many questions. They wonder about being nauseous or vomiting, how to keep themselves and their new baby healthy. For a variety of reasons, many young single girls do not have a mother of their own to talk with. Some had mothers who were addictive, or abandoned them, or rejected them in some way. Solution: First time moms need reassurance about their pregnancy and what happens after they have the baby. The woman's mental health affects the baby. Having a positive attitude is powerful. Even when the baby is still in the womb, it is good to read, sing, or talk to the baby. The baby's father should be included. He should know that his role is just as important as the mother's role. A woman can't teach a girl what a man is like and how he should treat his daughter. Only a man can do that. Only a man can teach his son what it means to be a man. Both mother and father should realize that pregnancy is a miracle. It may be difficult. But you will get through this -- step by step, hour by hour, day by day.

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		PROGRAM DURATION	TOPIC SEGMENT DURATION	SOURCE	TYPE	AIR DATE	TIME
YOUTH	<u>PUBLIC REPORT #031317-A</u>	28:30	12:40	L	PA/O	3/13/17	3:30 PM
		This segment was repeated on the following dates:				3/14/17	2:00 AM
						3/18/17	12:30 PM

Elizabeth Hamilton interviews Cheryl Haskins, Executive Director of City Ministries. Problem: There are not enough foster parents for the children in the foster care system in Washington State. The majority (75%) of children in foster care are there because of neglect. One of the barriers to foster care is finance. While some foster families own their own homes or rent an apartment, some cannot afford the burden of housing a larger family. Solution: Washington State Child Protective Services provides a hot line for reporting neglected or abused children. City Ministries is a private foster care agency, a ministry of City Church in Kirkland. The church built 22 homes, priced in a more affordable manner, and a community center for foster families who need financial help. Training for foster parents is quite exhaustive. The State requires 40 hours of training, fortified by City Ministries own training.

	<u>PUBLIC REPORT #031317-B</u>	28:30	13:15	L	PA/O	3/13/17	3:30 PM
		This segment was repeated on the following dates:				3/14/17	2:00 AM
						3/18/17	12:30 PM

Elizabeth Hamilton interviews Cheryl Haskins, Executive Director of City Ministries. Problem: While most foster children are in the foster care program somewhat permanently, some birth parents want more of a temporary program without having to give up their children. These are parents who have perhaps lost a spouse, or lost their job, or in general are temporarily "down and out." Children going into either temporary or permanent placement often are nervous and scared, not knowing what this means. Separation from their siblings is one of their biggest concerns. Solution: The State has a temporary foster care program called, "Voluntary Placement Agreement." Another such program is "Safe Families." Both programs can be contacted through a hotline or by getting information from City Ministries. Foster care providers, public and private, understand the importance of keeping siblings together. Most of the foster families in the City Ministries program are licensed for two or three children for this very reason. Foster families, case managers, and social workers are trained to walk children through the foster care process.

	<u>PUBLIC REPORT #032017-A</u>	28:30	12:18	L	PA/O	3/20/17	3:30 PM
		This segment was repeated on the following dates:				3/21/17	2:00 AM
						3/25/17	12:30 PM

Tanny Jackson interviews Louis Guiden, Founder of GuidenU4Life, a program for young people. Problem: Youth today are hurting and angry. They feel abused, hopeless. Many don't have a father in their life. They are searching for identity. They go to the streets looking for family, for some kind of identity. Young people are questioning God. Why am I being abused, why am I hungry, why are my mom and dad not loving and with each other? Parents are part of the problem, and so is the community. We – the community – tend to look at young people as having no hope, we judge them without knowing their stories, and we don't take time to listen to them. Solution: Christ transformed Louis' life – he came out of this same kind of background – and he knows Christ can transform the lives of young people. We as a community need to pray for our young people, we need to encourage them. We need to teach them that things can change, that Christ brings peace, not war.

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	PROGRAM	DURATION	TOPIC	SOURCE	TYPE	AIR DATE	TIME		
			SEGMENT DURATION						
YOUTH	<u>PUBLIC REPORT #032017-B</u>	28:30	13:54	L	PA/O	3/20/17	3:30 PM		
			This segment was repeated on the following dates:					3/21/17	2:00 AM
							3/25/17	12:30 PM	

Tanny Jackson interviews Louis Guiden, Founder of GuidenU4Life, a program for young people. Problem: We often judge parents without knowing their story, their background. Solution: Parents need to remember that they were children once, that they felt hopeless, without identity. God knows your heart, what you've been through. He can heal your brokenness. Christ can break the cycle. There's no system or formula. Parents need to be models of change for their children. The community needs to listen to young people, talk to them, start caring for them, and stop being afraid of them. Young people want you to be interested in them.

<u>CBN NEWSWATCH #011317</u>	1:00:00	5:00	REC	PA/O/E	1/13/17	12:00 PM
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CBN News Reporter Mark Martin Reports: Author and activist Erin Merryn is on a mission to protect children from being sexually abused. With millions of victims in the United States alone, the Illinois woman is taking her fight to all 50 states and beyond. People magazine named her one of 15 women changing the world. With a bubbly baby girl, supportive husband, and infectious personality, you'd never guess Erin Merryn has endured tragic, unimaginable acts. This vibrant 30-year-old is a survivor of sexual abuse. Merryn said it started when she was just 6 years old at her first sleep-over. She said the uncle of her best friend sexually abused her during the night. The first time. Merryn never told anyone, and she says until she turned 8 and a half, when her family moved from the area, the man repeatedly sexually abused her. He even brutally raped her just weeks shy of her seventh birthday. She said he continued to threaten her to keep quiet, and she complied. Even after she and her family moved to a new neighborhood, sexual abuse continued. Merryn said this time the perpetrator was an older cousin, someone she had viewed as a brother figure. Merryn wrote about her despair in her childhood diary. Merryn finally broke her silence when her younger sister told her that she, too, was being sexually abused by the same cousin. The two told their parents who believed them 100 percent. The next step was telling their story to a forensic investigator at The Children's Advocacy Center of North and Northwest Cook County. More than 900 of these non-profit centers exist around the country. The room where Merryn found her voice has a two-way mirror. As she shared her story with a trained therapist, behind that mirror investigators listened, collecting information to build a case against a perpetrator. Merryn said her cousin confessed to the crime, was sentenced to seven years probation, and put in a sex offender treatment program instead of receiving jail time. However, her early childhood abuser was never prosecuted. What Merryn and her sister went through is by no means isolated. Merryn eventually went on to become a social worker at a counseling agency. But God had different plans for her to help children and teens on a national and international level. He used her childhood diary to spark a new idea. At that, Erin's Law was born. The law requires age-appropriate personal body safety and sexual abuse prevention curriculum for pre-kindergarten through 12th grade students in public schools. It educates kids on safe touch, unsafe touch; safe secrets, unsafe secrets; how to get away and tell. Merryn is on a mission to find either a state senator or representative in each state to sponsor the bill, draft it, and introduce it to lawmakers for an eventual vote. Erin's Law is spreading like wildfire, even drawing the attention of celebrities like Oprah and Katie Couric, and magazines like People and Glamour. In a little more than four years it's passed in 21 states and pending in 22, with seven to go. It's a legacy she'll leave for her baby girl and millions of other children who, because of a law, will be protected from the grip of sexual abuse.

QUARTERLY REPORT

		PROGRAM DURATION	TOPIC SEGMENT DURATION	SOURCE	TYPE	AIR DATE	TIME
MINORITY	<u>PUBLIC REPORT #020617-A</u>	28:30	14:12	L	PA/O	2/6/17	3:30 PM
		This segment was repeated on the following date:				2/7/17	2:00 AM

Elizabeth Hamilton interviews Brenda Milewski, CEO and Christian Life Coach, Unshackled You, and Gerry Gordon, Student Minister at Life Center Tacoma. Problem: The term "minority" has a negative connotation. It says that "you are not worthy, you are inferior, you are not equal" compared to others in a group or household or workplace or church. It targets race, gender, and people with disabilities. Often fueled by the media, this negativism can cause division, those who have vs those who don't have. Solution: All people need to be allowed to speak for themselves. "Minorities" don't need others to speak for them, but to be allowed to speak themselves. With God's love we can live peaceably with everyone. Everything God has created is good. Therefore, we don't have the right to be prejudiced toward any race. Not only do we need to love, but we need to listen to each other and to forgive each other. We are to hate the action but love the person.

	<u>PUBLIC REPORT #020617-B</u>	28:30	14:12	L	PA/O	2/6/17	3:30 PM
		This segment was repeated on the following date:				2/7/17	2:00 AM

Elizabeth Hamilton interviews Brenda Milewski, CEO and Christian Life Coach, Unshackled You, and Gerry Gordon, Student Minister at Life Center Tacoma. Problem: Black people are asking the American people to respect them, that their existence is important. As it is in our society, other races are setting up the African-American race to fail. "You say we have the same opportunities and can do the same things you do, but that's not really true." Solution: "Black Lives Matter" is a cry. "It's not that other lives don't matter, but that we need to be heard." African Americans want to actually have the same opportunities as others, as in school resources and funding. They want others to listen to them. Sometimes it takes a shouting out to get attention – "Please Listen!" God can break through the hatred, the misunderstanding. All lives matter to God. He created us in His image. He wants us to love each other. "You can't go wrong in loving."

	<u>CBN NEWSWATCH #022217</u>	1:00:00	5:00	REC	PA/O/E	2/22/17	12:00 PM
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CBN News Reporter Lorie Johnson Reports: The goal of any nation is to extend the life span of its population. Here in America, that number has grown regularly with the average life expectancy close to 79 years. Last year, however, the U.S. saw its first decline in more than two decades. A major reason behind that drop can be traced to what's happening in rural areas. Instead of falling, death rates are actually rising, especially for middle-aged white women. Doctors point to obesity and smoking as causes, but there are others. Small towns across the country are dealing with an alarming increase in deaths from accidental opioid overdoses. Opioids are a type of narcotic that include prescription pain killers as well as heroin. Other reasons for the increased death rate are alcohol abuse and suicide. In recent years, death rates rose a reported 30 percent among middle-aged, white females living in rural areas, according to research from the U.S. Centers for Disease Control and Prevention analyzed by "The Washington Post." Alane Vance grew up in a small coal-mining town. She almost became one of those statistics. Hers is an all too common story. It begins with taking prescription pain medication and developing an addiction that ultimately leads to heroin. Like many, she switched to heroin because it was cheaper and more powerful than prescription pain medication. At first, getting high helped escape painful emotions. . . in Alane's case, from divorce and poverty. Soon after, the drugs took control of her life. In rural America, many opioid addictions begin rather innocently, starting with an injury from a car crash or an on-the-job accident that prompt doctors to prescribe painkillers to these patients. Lynn Eldridge is the director of Clinical Services at Process Strategies, a drug treatment facility. In the more than 20 years she's been serving rural West Virginians, she said the current opioid abuse explosion is like nothing she's ever seen. She says the scenarios often sound similar. Eldridge says compared to the city, buying, selling and even taking drugs in the country is not hard at all. Despite the growing death toll, people can break free. Eldridge says the first step is detox. She said after detox, a 28-day inpatient treatment or three-month intensive outpatient treatment followed by outpatient therapy is often an

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	PROGRAM	TOPIC					
	DURATION	SEGMENT	SOURCE	TYPE	AIR DATE	TIME	
MINORITY							effective strategy. Eldridge says that might include the medication naltrexone, also known as Vivitrol. While Alane credits her recovery to detox and a 12-step program, she gives most of her victory to God. Alane went to One Voice, a Christian outreach center with locations serving rural West Virginians. They offer addicts and their families treatment referrals, food, clothing, friendship and most importantly, the Gospel. Prayer is crucial to the process. In fact, most people who walk through the front door of a One Voice center don't leave before first visiting the prayer room. Alane said the blessings she received from One Voice inspired her to bless others. Davis says all Christians are responsible for fighting the war on drugs. She points out that you don't have to be a recovering addict or even a trained professional to make a difference. So while substance abuse is cutting short the lives of far too many, particularly in America's heartland, it's not a lost cause. Awareness and treatment, powered by the Holy Spirit, are making a positive difference.

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		PROGRAM DURATION	TOPIC SEGMENT DURATION	SOURCE	TYPE	AIR DATE	TIME
HOMELESS	<u>PUBLIC REPORT #030617-A</u>	28:30	11:41	L	PA/O	3/6/17	3:30 PM
		This segment was repeated on the following dates:				3/7/17	2:00 AM
						3/11/17	12:30 PM

Elizabeth Hamilton interviews Jackie Blair and Lynn Ormsby, Federal Way Day Center. Problem: A Brookings Institute report stated that poverty in the U.S. grew by 80% in the years 2000-2011. A subset of this poverty was homelessness, a rapidly increasing concern to the City of Federal Way. Solution: Members of St. Vincent de Paul Catholic Church had asked themselves, What could we do for the community? One of the answers was, Help the homeless. Church volunteers had observed at community dinners that if the homeless had an opportunity to take a shower or wash their clothes or even get a haircut, they were easier to deal with, easier to talk to, and had more to say. The Day Center concept was adopted by a church meeting attended by 300 people. As church members talked with city institutions including the City Council, State Legislative representatives, schools, police, fire, hospital and other concerned entities, a coalition was formed. Partners who came on board included other churches, the Multi-Service Center, and King County Public Health. The Day Center's primary goal was to restore dignity to the homeless by providing showers, laundry facilities, mail service, kitchen privileges, and referrals to other services.

	<u>PUBLIC REPORT #030617-B</u>	28:30	13:45	L	PA/O	3/6/17	3:30 PM
		This segment was repeated on the following dates:				3/7/17	2:00 AM
						3/11/17	12:30 PM

Elizabeth Hamilton interviews Nancy Jaenicke and Sue Drake, Federal Way Day Center. Problem: Through unfortunate circumstances, many people become homeless. When that happens, these "new" homeless lose not only their livelihood but also their friends and are even "shooed" away from restrooms for loitering. Solution: The Federal Way Day Center provides restrooms, food, clothes, reduced fee transportation cards, child care, healthcare, mental health counseling, and other wrap around services.

	<u>CBN NEWSWATCH #021617</u>	1:00:00	5:00	REC	PA/O/E	2/16/17	12:00 PM
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CBN News Reporter Talia Wise Reports: More than half-a-million Americans are currently homeless, and many of them are military veterans. As thousands of US troops make their way home from Afghanistan and Iraq in the next couple of years, that number could increase. It's a predicament facing too many veterans, like Nakisha and Gary King and their family. Nakisha and Gary are military veterans who fell on tough times after serving in Afghanistan and Guam. When they couldn't keep up with their rent, they lost their home. Nakisha told their five-year-old son, Christian, that even though they had no place to live, he still had to be a "big boy." He asked her, "Mommy, what does it mean to be a big boy?" It was a question that became the start of his book, "Being 5: My Mommy Says I'm a Big Boy," that is now being sold on Amazon. Nakisha suffers from Lupus, a disease that forced her to undergo several surgeries and blood transfusions. Gary, a 12-year Air Force veteran, was left as the sole provider. When Gary couldn't bring in enough money on his own, the family eventually lost their home and began living in their car. Veterans are all too familiar with the difficulties that come after leaving the military. They often fight invisible enemies of addiction, post-traumatic stress, and financial hardships. Dr. Priscilla Hankins, a specialist with Veterans Affairs Office of Hampton, Virginia, told CBN News that unemployment often affects a veteran's ability to find and keep a home. Gary said he felt embarrassed, scared and hopeless. Statistics show that vets make up 17% of our country's homeless population. In 2010, numbers reached as high as 76,000 on the streets. While today's estimates are closer to 40,000, there could be a major increase as thousands of troops prepare to leave Iraq and Afghanistan. It's a potential crisis driving the VA to be more strategic. Its goal is to place a veteran in permanent housing within 90 days of their discharge, but finding a home for a family is twice as difficult. Gary and Nakisha believe God used Operation Homefront and the VA's Office of Human Affairs to provide for them. They moved into a new home after a year of living in a car. Gary and Nakisha now both work at the Hampton, Virginia Veterans Administration office. They want to pay it forward by helping other homeless veterans get back on their feet. As for her son Christian, he's enjoying this new chapter in life: being six.

