

Trinity Broadcasting Network

Southwest Region Quarterly Report

January, February, March 2018

KTBW-TV

Tacoma/Seattle, Washington

Ascertainment List
Leading Community Issues

Results of ascertainment from civic leaders, response by telephone from TBN viewers, printed media comprising newspaper and magazine publications whenever possible.

Crime

Education

Environment

Family

Health

Homeless

Housing

Public Safety

Substance Abuse

Youth

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

March 31, 2018

Crime

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Joy In Our Town	27:30	14:00	REC	PA/O	2/26/2018	3:30 PM
#JIOTSW1751A (1809)					2/27/2018	2:00 AM

Veronica Lamb, Social Justice Pastor of Blue Water Mission talks about human trafficking. Veronica defines human trafficking as force, fraud, or coercion to force somebody into making money for someone else. This industry brings in about 10 Billion Dollars a month, affecting 25 million people in the world. Women and children all over this country are being picked up, pimped out, and transferred across this country in every city in the nation. Prostitution is 99.9 percent of the time controlled by traffickers and pimps. With sex trafficking victims, someone else is controlling that situation by manipulating, threatening, using coercion, and blackmail. Pimps use violence, threats, and a "Romeo" or boyfriend approach like "Hey, I love you. You should do anything for me." The traffickers and pimps network together employing runners, or other people on the street, to report back to them. They have a systematized approach to breaking down an individual, making them reliant on them, isolating them from all of the relationships and individuals and networks of support that could possibly help them. There are individuals who actually study, train, mentor, and raise up others in order to brainwash and turn out the vulnerable individuals in our society and basically turn them into money-making machines for themselves. Traffickers and pimps love to target young people without a father figure at home, physically or emotionally; or children with parents that are incarcerated; or a young person that grew up in the foster care system; and of course, poverty or any other sort of social economic situations that make young people vulnerable. John Roberts, Community Life Pastor, shares that the goal is to get somebody back to a place where they can fully function in society. They've taken in people from all different walks of life: a single mother and her children, somebody who was trafficked, someone who has fallen into addictions or just hard times and has found themselves in need of a place to live. Veronica lets women on the streets or in the strip clubs know they are accepted just as they are and that there is a place for them, if they want, when they are ready. Blue Water Mission provides relationships and a family-like atmosphere, and works with other local organizations, as well as local and federal law enforcement.

Crime

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Joy In Our Town	27:30	14:00	REC	PA/O	3/19/2018	3:30 PM
#JIOTSW1740B (1812)					3/20/2018	2:00 AM

Leticia Chavez Paulette shares her story. Host Pastor Danny Sanchez interviews Barbara Sanchez and Alishia Griffin of Victory Outreach International of Albuquerque to discuss prostitution. Barbara does not know one person who decided to work the streets of Albuquerque because they chose to; they have a need. They're either on drugs or they have children to support, and they are caught in a dangerous vicious cycle every day on these streets. When they become drug addicted, they wake up in the morning and the first thing on their mind is their mission; to hustle and sell their body to get money to fulfill their drug addiction. The children of a prostitute are either left in a motel room while she's working, or the state comes in and takes over and takes them away and they end up in the vicious cycle of the system. Some families will step in and take these children on and raise them as their own. The Code Red Ministry is a thrust to reach these twilight treasures, believing for souls to be saved. Code Red Ministry was established in the heart of Victory Outreach International Founders, Pastor Sonny and Sister Julie Arguinzoni because they saw a special need just for prostitutes. Code Red means an alarm, an urgency. It felt like an urgency to come out and reach them and rescue them. Code Red Ministry was established out of the heart of God for His love for His people so that they don't have to live like this anymore. In the City of Albuquerque, New Mexico, it is vital because too many women were dying.

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Crime

700 Club NewsWatch #02062018	CBN	1:00:00	5:00	REC	PA/O/E	02/06/2018	12:00 PM
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CBN Reporter Erik Rosales Reports: US Border Patrol agents must face danger on a daily basis in order to keep America safe. Those who cross illegally aren't just people looking for a better life. They are often drug dealers, smugglers and gang members seeking easy money and willing to do almost anything to get it. Marijuana remains the drug of choice flowing from Mexico. But agents report an uptick in harder narcotics, like cocaine and methamphetamine. Despite the historic drop in arrests of undocumented immigrants, assaults on border patrol agents have nearly doubled. This past year, 774 assaults took place, mainly in the Rio Grande Valley area. Paola Vega knows that danger firsthand. She is the widow of US Border Patrol agent Javier Vega, who was shot and killed by two illegals in the line of duty. She tells CBN News she remains strong for her three boys. But she adds, without her faith in Jesus, she never would have survived. That kind of faith is what keeps many agents going, as they go about their daily and often dangerous routine. Agents say the biggest misconception is that most illegal immigrants crossing the border are from Mexico. The majority of illegal immigrants are from Honduras, El Salvador and Guatemala. In reality, US Border Patrol statistics for the last fiscal year show arrests of people from over 70 different nations. Chief Manuel Padilla, Jr., who heads up the Rio Grande Valley sector, says his agents have even arrested known terrorists. Agents say smugglers don't care who or what they bring in, as long as they get paid. Smugglers sit on the drugs in safe houses until it's safe to transport them throughout the United States. Chief Padilla says while the Trump administration has made a difference regarding border security, many illegals still exploit loopholes in the system. He says criminal organizations often send gang members as unaccompanied children or with a fake family. Border Patrol says these children are turned over to ICE, who then turns them over to the US Health and Human Services. Border security says sometimes they're released to family members already here in the United States. The issue has the attention of President Trump, which he highlighted in the State of the Union, by introducing families who've been victims of MS-13 criminal activity. Despite the danger, Paola Vega's sons hope to follow in their father's footsteps and become agents. As she continues to pray for her family, Vega also seeks justice for her husband's killers, who are still in court.

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Education

Joy In Our Town #JIOTSW1807A		27:30	14:00	L	PA/O	2/12/2018 2/13/2018	3:30 PM 2:00 AM
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Host Tanny Jackson interviews Cynthia Tobias, Founder & CEO of Apple St. Applied Learning Styles, and Sue Acuna, a teacher, to discuss education and today's youth. One of the biggest reasons so many kids dread school is that we focus on the wrong customer. When you think about education, the students are supposed to be the customer, but they're not. If the student were the customer, then we might not start school so early in the morning. Other reasons students dread going to school depends on their age group. In middle school, it's about relationships with their peers, if they feel bullied or inadequate, or have learning challenges. In lower grades, it can be about not feeling like they can do the work, or sometimes not feeling like their teacher likes them, or not getting along with friends. Every child is different. There are no two alike. We cannot expect every single student to respond equally well to all the same things. Each child has his or her own unique learning style. Some are auditory, which means they want to talk about it. Others are more visual or kinesthetic. Analytic kids want to start at "A" and go on to "B" and "C" and not skip. The kids who are more global love to be more spontaneous and work in groups. Every teacher and every classroom is really a lesson in learning. Learning is a life skill. You can have a safe place where you can experiment with a few things and figure out "How do I survive?" "How do I get past this?" "What do I need?" "How do I motivate myself?" to have the mindset that I can solve this problem if I stay with it hard enough. That is something you need to do not just from now through high school graduation, but on into your adult life. Then they have a choice. The learner starts taking responsibility for much more of the learning, and the rest of their lives they're more successful because of it.

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Environment

Joy In Our Town	27:30	14:00	REC	PA/O	2/12/2018	3:30 PM
#JIOTSW1807B					2/13/2018	2:00 AM

Pastor Keola Richards interviews David Schofield, Regional Marine Mammal Response Program Coordinator, to discuss the growing problem of marine debris throughout the Pacific Rim. Just about anything you can imagine is floating around in our oceans. There is a statistic that says by the year 2050, there will be more plastic in the ocean than fish or other living creatures. We know that anything that is on land can end up in the water. A team at NOAA Fisheries Service pulls down tens to hundreds of tons of marine debris a year, and in a year or two, the same amount comes back. In addition to working with monk seals, they work with stranded cetaceans, which are dolphins and whales, to disentangle them from marine debris. If we start losing these different members of the ecosystem, these wild mammals, the monk seals, different types of fish, and birds, that will disrupt the whole divine plan that God set up with the balance of the ecosystem. NOAA is a program of the Department of Commerce that stands for National Oceanic and Atmospheric Administration. Most people know NOAA for the Weather Service, but the NOAA's mandate is to protect the environment. The Marine Debris Program not only removes debris, but also quantifies that debris; determining where the debris is coming from and the point source of that debris. The Marine Mammal Response Network of the Pacific Island Region also works on that issue and is made up of staff and veterinarians who are specially trained to respond to reports from the public of animals in trouble. There is a great deal that is mentioned in the Bible about environmental stewardship and how we have been given His creation and that it is for us to not take dominion over, in the sense of dominate, but rather to keep and save and tend and care for.

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Family

Joy In Our Town	27:30	14:00	REC	PA/O	1/08/2018	3:30 PM
#JIOTSW1746B (1802)					1/09/2018	2:00 AM

Cheryl Wilson, Church Relations Manager, of Joni & Friends Arizona talks about families affected by disabilities. The Stratman family and the Hamilton family share their story. There are over 650 million people around the world affected by disability and they are isolated, abandoned, and often put in institutions because they are so stigmatized. People do not accept them. They are not a part of society. If they cannot be a part of society, they are not going to get an education, and eventually they are not going to be able to get a job or support themselves or their families, so they end up being the highest poverty level group as well. In Arizona, approximately twelve percent of the population, (800,000) has disabilities. People with disabilities are the most unreached people group in the world, and the most unchurched because of stigmas. While the divorce rate is about fifty percent for typical families, it goes up exponentially for families affected by disability. Joni & Friends want the church to be so irresistible that people with disabilities want to run to the church and consequently want to run to Jesus. Joni & Friends trains churches on how to make their facilities accessible, how to minister to mom and dad, how to minister to the siblings, how to reach out to the person with the disability, how to deal with the behavioral issues of a child with autism, and how to adapt the curriculum. They want the church to be that refuge and place for families to go to get the support, connection, prayer, and sense of belonging within the Body of Christ, because the church is not complete unless we have families with disabilities serving alongside us. Joni & Friends also provides a family retreat that is a week-long camp-like experience for these families. Volunteers are needed to come and serve those families for a week. God has created us in His own image. We have so much worth and value to our Savior. Every person is indispensable to Jesus.

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Family

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Joy In Our Town	27:30	14:00	REC	PA/O	1/29/2018	3:30 PM
#JIOTSW1745A (1805)					1/30/2018	2:00 AM

Host Richard Mansfield interviews Pastor Mike Gomez, Director of U-Turn for Christ New Mexico and Evangeline Gomez, Director of U-Turn for Christ Women's Ranch, to discuss the effects of addiction on families. Many (addicts) ruin their family life, ruin their relationships, ruin their jobs, experience financial loss, lack security, and their children suffer. Often families will either help them or cast them out, but sometimes even join them in their addiction. The children often end up with grandparents, uncles and aunts; bouncing around family, or in worse situations. Addiction has no discrimination, affecting people from all walks of life. U-Turn for Christ New Mexico provides a program based on the Bible, and the offer of restoration, and the offer of forgiveness and new life found in Jesus.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Joy In Our Town	27:30	14:00	REC	PA/O	1/01/2018	3:30 PM
#JIOTSW1801A					1/02/2018	2:00 AM

John Thurman, Licensed Clinical Health Counselor & Crisis Response Specialist, addresses the topic of holiday stress, anxiety and depression. The common causes of holiday depression are things like unrealistic expectations; things that you hope for, dream about, and think are going to happen, that are not in reality. Some of the tell-tale signs of people going through depression during the holidays are things like withdrawal; not going to parties and functions, staying at home, and maybe not going to church. Many times, it's a defense mechanism people use to avoid feeling worse. Other signs are being avoidant, sad, detached and teary. The depression becomes even worse when people who are clinically depressed don't get help. That can lead to things like weight loss, weight gain, insomnia, chronic insomnia, or maybe hypersomnia where people are not sleeping enough, or they're sleeping too much. Then you'll find that negative thinking becomes more pronounced to the point where a person feels hopeless, helpless, and worthless. Holiday depression can be experienced by adults, teenagers and children. With teenagers it could be associated with a loss of relationship or a breakup. Children of divorce are often torn and sad over the fact that they split their holidays between mom and dad. Stressful triggers for holiday depression can be family violence primarily due to drugs and alcohol, and remembrance of abuse by family members and others. Holiday depression, if unmanaged, can become very dangerous. If someone has been diagnosed with clinical depression, or if they think they have it, they should talk to their doctor.

Health

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Joy In Our Town	27:30	14:00	REC	PA/O	1/01/2018	3:30 PM
#JIOTSW1801B					1/02/2018	2:00 AM

Shyla Dozal shares her testimony of her struggles with holiday depression after being a victim of sexual abuse when she was just 8 years old. Eventually Shyla found help through a church and salvation in Jesus Christ. John Thurman, Licensed Clinical Health Counselor & Crisis Response Specialist, discusses how holiday depression can be avoided or minimized by doing a few smart things. If there has been a loss in your family, take the time to grieve that loss, to feel that sadness and to shed those tears. Celebrate their memory and legacy. One of the key ways to reduce holiday stress and depression and to avoid it, is to remember the reason for the season: that God initiated action on our behalf to save us from our lostness, the darkness, the sin, the abuse, and the addictions, to call us to a new life in Him. Go to a church service, attend a Christmas play. Go to the movies with friends. If you are invited to go to a party, a cookie exchange, or things like that, get out and do that. It's all about mind set, having realistic expectations, realizing that you may be at risk for the holiday blues and sadness, but you don't have to surrender to it. You can help someone and yourself by remembering these helpful tips: Don't overspend. Homemade treats are special! Plan ahead. Enjoy yourself! Keep it simple. Let your family pitch in. Find time to relax. Read a book. Keep it positive. Stay encouraged. Get some fresh air. Exercise. Find support if you need it. Talk to someone.

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Health

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Joy In Our Town	27:30	14:00	REC	PA/O	1/22/2018	3:30 PM
#JIOTSW1747A (1804)					1/23/2018	2:00 AM

Host Cathy Rhodes interviews Milan Homola, Executive Director of Compassion Connect to discuss health. The needs used to be almost equal between medical and dental because of the huge number of uninsured. Then the Affordable Care Act shifted things to a dental focus. The biggest need in our low-income neighborhoods are people who can't access dental services for kids and adults of all ages. Dental doesn't have the same infrastructure that there is for medical care on the Medicaid and Medicare side of the equation. Many who are insured under the Affordable Care Act cannot access it due to the complexity of the system. Although some are insured on paper, they cannot find a physician who will actually accept that insurance. The same is true with dental. Most state dental plans are not accepted by the vast majority of private practice dentists. People who are undocumented, or refugees, are also not able to get their basic health care needs met. If people had preventative dental care, many problems could be met earlier at a much lower cost for the healthcare infrastructure. Compassion Connect is a nonprofit organization that works nationally and globally to bring churches together to serve their neighbors, meet health needs, work on anti-trafficking and various issues; basically, a church-uniting organization. Compassion Connect designs models of unity so that churches can link arms and people of faith can put their faith into action. A Compassion Connect Clinic is a family-fun atmosphere where people can come, first come, first serve, and connect with doctors and dentists, get their hair cut, get a lunch, connect with volunteers from a dozen different churches in their neighborhoods, and find out about other social service agencies. Volunteers come from churches and the community. It's everyone in the community coming together to serve.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Joy In Our Town	27:30	14:00	REC	PA/O	1/22/2018	3:30 PM
#JIOTSW1747B (1804)					1/23/2018	2:00 AM

Host Athena Sorensen interviews Steve Holck, Founder of Aloha Pregnancy Care & Counseling Center to discuss abortion. A word of caution, some of what you are about to hear is graphic. Women are afraid financially of a lack of support by the man. They are afraid of their fathers, mothers, and grandparents, which many of them support abortion. Most girls, if you support her in her pregnancy will have the baby. Probably, fifty percent of all abortions are by Christian women. During an abortion process, the so-called doctor wants to go in and kill your baby. That is his job. They'll do it by dilation and extraction or dilation and curettage. They will go in there and scrape the baby out, or there's the partial birth abortion, where they take a full-size baby, up to nine months, and they have to kill the baby before it comes out. A lot of women die. Physically, the insides of their uterus can be damaged. When that happens, no more babies. There is deep emotional damage and psychological trauma. Host Athena Sorensen interviews Garret Hashimoto, President of Aloha Pregnancy Care & Counseling Center, to discuss what goes on at their center. Every woman who walks into Aloha Pregnancy Care & Counseling Center is welcomed with a big smile and they make sure she knows that her being there is confidential and that her being there is their concern as much as hers. She is loved and welcomed because they know love overcomes everything. They are a Christian ministry. Services are provided for needy families; giving out free diapers, free baby wipes, free food, free clothing, blankets, you name it.

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Health

700 Club NewsWatch #01232018	CBN	1:00:00	5:00	REC	PA/O/E	01/23/2018 12:00 PM
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CBN Medical Reporter Lorie Johnson Reports: Hippocrates, the father of medicine, once said, "All disease begins in the gut." Now, 2000 years later, that belief still rings true. Some of our latest medical breakthroughs focus on what's happening in our intestinal system. Bacteria, also known as bugs or germs, we assume they're all bad, right? Not so fast. Scientists recently discovered much, if not most, of the bacteria in our body is good for us. The key to good health depends on having enough of the right kind. We all have trillions of bacteria living in our intestines—hundreds of different species, each with different functions. Scientists call it our "gut flora." Neurologist Dr. David Perlmutter (<http://www.drperlmutter.com/>), author of "Brain Maker," is one of many physicians warning again disrupting this fragile ecosystem. Dr. Vincent Pedre (<http://www.pedremd.com/>), author of "Happy Gut," agrees. Unfortunately, when it comes to good gut bacteria, many of us are sorely lacking. After all, antibiotics kill bacteria – bad and good alike. Perlmutter says most people have no idea how severely antibiotics damage our gut flora. In addition to antibiotics, processed food can also disrupt the gut biome. Perlmutter says processed foods contain heavy doses of the wrong kinds of fat, like heated oils such as soybean, corn and vegetable oils. He also advises against consuming hydrogenated oils, also known as trans fats, which are common in processed foods. However, he points out not all fat is bad. Even babies delivered by Caesarian section can miss out on getting enough good bacteria. So while our lifestyle choices really do a number on the gut bacteria that's so critical to our health, the good news is we can improve it with probiotics and prebiotics. Probiotics are the good bacteria we need and often lack. You can find these living, microscopic organisms in supplements as well as in cultured and fermented foods like kimchi, sauerkraut, yogurt, kefir and kombucha. Prebiotics are the food for the probiotics – they keep probiotics living and growing as they should. Just like good soil, they create a nurturing environment in your gut so your bacteria can thrive. You can get prebiotics in supplement form as well as in foods, like asparagus, onions, leeks, garlic and dandelion greens. Perlmutter says many people are only aware of the benefits of probiotics, but he stresses prebiotics are equally important. Not only can it help your mood – Perlmutter says even serious brain disorders, like attention deficit hyperactivity disorder, autism, even Alzheimer's disease can improve by increasing good bacteria. Scientists are now identifying specific strains of good bacteria that treat all kinds of problems, from skin rashes to the flu. That means a targeted probiotic could take the place of a prescribed drug. Pedre says that opens the door to a wide range of natural treatments. So if you want to boost your health, doctors say improve your gut flora. That means avoiding processed foods, even antibacterial cleansers and antibiotics when advisable. Then add good bacteria with probiotics and boost them with prebiotics, also available as supplements or in certain foods.

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Health

700 Club NewsWatch #01262018	CBN	1:00:00	5:00	REC	PA/O/E	01/26/2018 12:00 PM
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CBN Medical Reporter Lorie Johnson Reports: Our bodies use oxygen in a number of ways, including healing. Breathing alone provides about 20 percent of the oxygen our bodies need. But today, doctors can ramp up that amount to help people recover from the most debilitating injuries and illnesses with hyperbaric oxygen therapy. It's hard to believe Michael "Bean" Black survived his horrific car crash in 2011. He was thrown 40 feet from the vehicle and landed on his head. Black's grandmother, Mary Orr, said even the doctors had given up hope. When Black arrived home to Dallas he still suffered from severe injuries, including brain damage. But his condition improved after he started receiving hyperbaric oxygen therapy. Hyperbaric oxygen therapy involves breathing 100 percent pure oxygen inside a pressurized chamber for about an hour to 90 minutes per session. Dr. Alfred Johnson directs the Hyperbaric Centers of Texas in Richardson. Black said the therapy made a big difference. After the first 40 treatments, Black went back for 40 more a few months later. Costs vary depending on the provider from as little as \$100 an hour on up. Insurance and Medicare sometimes offer coverage, depending on the condition being treated. Insurance companies can reimburse for hyperbaric oxygen therapy for the treatment of traumatic brain injuries, like Black's. Dallas businessman John Herrick said the therapy is easy and has helped him sharpen his focus. Consumers can purchase or rent portable hyperbaric oxygen chambers, but they typically deliver far less oxygen and pressure than industrial-grade ones. Conditions treated with Hyperbaric Oxygen Therapy include: Autism, Bums, Cerebral Palsy, Chronic Fatigue Syndrome, Closed Head Injury, Fibromyalgia, Migraine Headaches, Multiple Sclerosis, Near Drowning, Parkinson's Syndrome, Post Traumatic Stress Disorder, Reflex Sympathetic Dystrophy, Rheumatoid Arthritis, Sports Injury, Stroke, Traumatic Brain Injury. Today, Michael Black is in far better shape than he or his family ever dreamed possible since his near-fatal car accident. They believe this therapy has a lot to do with his recovery, so they plan to stick with it and hopefully see even more improvement.

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Health

700 Club NewsWatch #01312018	CBN	1:00:00	5:00	REC	PA/O/E	01/31/2018 12:00 PM
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CBN Medical Reporter Lorie Johnson Reports: It's well known that most church functions feature food. Statistics show obesity is particularly rampant among churchgoers. The news isn't all bad, however. A program designed to help churches spread the good news without expanding waistlines is taking hold. Overall, churchgoers as a group do a pretty good job staying away from unhealthy things like smoking, drinking too much, taking illegal drugs and engaging in unsafe sex. On the other hand, obesity is a real problem. Research shows people who begin attending church in their twenties are more likely to become obese by middle age than those who don't go to church. This especially troubles doctor and Christian, Daniel Amen. (<http://danielamenmd.com/>). Dr. Amen feels it's high time the church deals with its weight problem. As a brain imaging specialist, Dr. Amen published two studies showing as weight increases, the brain actually shrinks. It's widely known that obesity lowers overall quality of life, adds millions to health care costs and can lead to an early grave. Nationwide, the south leads the pack. With that in mind, Dr. Amen co-developed a church-based weight loss program known as the Daniel Plan (<http://danielplan.com/>). While classes last six weeks, the diet is intended as a lifelong discipline. Dennis and Phyllis Neill (<http://www.neilldanielplan.com/home.html>) of Yorktown, Virginia, were facing serious health issues – life-threatening issues in Dennis' case – before they completely turned their lives around through the Daniel Plan. Before embarking on the Daniel Plan, Phyllis suffered from pain, depression, and sleeplessness due to a number of health issues. Phyllis ultimately lost 65 pounds, stopped taking medications, felt happy, and began sleeping like a baby. She attributes much of her success to the faith element of the plan. Her 75-year old husband Dennis got on board, too. The Neills believe so much in the program that they now teach it to others, creating their own Daniel Plan network in Hampton Roads, Virginia, which they call the Neill Daniel Plan (<http://www.neilldanielplan.com/home.html>). They currently coordinate 11 locations, mainly through local churches and YMCAs. The Neills emphasize the importance of breaking free from processed foods because of ingredients like MSG, industrialized oils, and high fructose corn syrup. Instead of packaged items, Phyllis fills their kitchen with natural, whole foods, free of chemicals and sweeteners – chicken strips, cut-up vegetables, boiled eggs, beans cheese, and nuts. Drinking water helps with weight because sometimes our brain tricks us into thinking we're hungry when really we're just thirsty. People adhering to the Daniel Plan exercise regularly and attend support group meetings. So, while obesity continues to plague the church, Christians nationwide are shedding millions of pounds, thanks to the Daniel Plan, named after the Bible hero whose diet reflected his commitment to God.

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Health

700 Club NewsWatch #02162018	CBN	1:00:00	5:00	REC	PA/O/E	02/16/2018 12:00 PM
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CBN Reporter Mark Martin Reports: Post Traumatic Stress and Traumatic Brain Injury take more veterans' lives than combat. That's according to the organization, "Collateral Damage Project," a non-profit hoping to prevent veterans from committing suicide by providing treatment free of charge. Clinical psychologist Dr. Timothy Barclay is a busy guy. In addition to teaching psychology to the next generation at Liberty University, Barclay also helps patients at a private practice. Prior to this life, Barclay was all about the military and law enforcement. He served in the Army and then 20 years as a police officer. In all walks, he seeks to save, and now that passion is rescuing veterans on the verge of ending it all. Estimates indicate a military veteran commits suicide each hour of each day. Barclay says treating veterans has been frustrating because many take 10 more psychiatric medications. Plus, Barclay says the treatment needed to get to the core of complex trauma is rarely covered by insurance, and he believes that adds up to a broken system. That idea led to the Collateral Damage Project or CDP to help vets battling Post Traumatic Stress, Traumatic Brain Injury and depression. The main goal of Collateral Damage Project is restoring what war has taken. And those associated with the organization say they recognize that veterans were willing to give their lives for Americans and the U.S. – that the least they can do is offer them the best kind of care at no cost. As funds come in, CDP will offer veterans an intense four-week program including brain mapping, trauma-focused psychotherapy and non-invasive brain stimulation techniques. The program will also offer a year of follow-up care for free. Currently, Barclay is treating veterans in the Lynchburg, Virginia area as they trickle into his local treatment center. But his goal is to expand it to a large-scale center, treating the most severe cases of PTSD and TBI for veterans across the country. One of those patients is retired Marine Isaac Coley. Coley says the treatments and spiritual aspect of CDP made a huge difference, including saving his marriage. On top of that, his medications went from as many as ten to just one. When asked if he was a walking miracle, Coley was overcome with emotion. Coley now wants to spread the word about Collateral Damage Project to fellow veterans.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Health

700 Club NewsWatch #02162018	CBN	1:00:00	5:00	REC	PA/O/E	02/16/2018 12:00 PM
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CBN Reporter Mark Martin Reports: Post Traumatic Stress and Traumatic Brain Injury take more veterans' lives than combat. That's according to the organization, "Collateral Damage Project," a non-profit hoping to prevent veterans from committing suicide by providing treatment free of charge. Clinical psychologist Dr. Timothy Barclay is a busy guy. In addition to teaching psychology to the next generation at Liberty University, Barclay also helps patients at a private practice. Prior to this life, Barclay was all about the military and law enforcement. He served in the Army and then 20 years as a police officer. In all walks, he seeks to save, and now that passion is rescuing veterans on the verge of ending it all. Estimates indicate a military veteran commits suicide each hour of each day. Barclay says treating veterans has been frustrating because many take 10 more psychiatric medications. Plus, Barclay says the treatment needed to get to the core of complex trauma is rarely covered by insurance, and he believes that adds up to a broken system. That idea led to the Collateral Damage Project or CDP to help vets battling Post Traumatic Stress, Traumatic Brain Injury and depression. The main goal of Collateral Damage Project is restoring what war has taken. And those associated with the organization say they recognize that veterans were willing to give their lives for Americans and the U.S. – that the least they can do is offer them the best kind of care at no cost. As funds come in, CDP will offer veterans an intense four-week program including brain mapping, trauma-focused psychotherapy and non-invasive brain stimulation techniques. The program will also offer a year of follow-up care for free. Currently, Barclay is treating veterans in the Lynchburg, Virginia area as they trickle into his local treatment center. But his goal is to expand it to a large-scale center, treating the most severe cases of PTSD and TBI for veterans across the country. One of those patients is retired Marine Isaac Coley. Coley says the treatments and spiritual aspect of CDP made a huge difference, including saving his marriage. On top of that, his medications went from as many as ten to just one. When asked if he was a walking miracle, Coley was overcome with emotion. Coley now wants to spread the word about Collateral Damage Project to fellow veterans.

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Homeless

Joy In Our Town #JIOTSW1745B (1805)	27:30	14:00	L	PA/O	1/29/2018 3:30 PM 1/30/2018 2:00 AM
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Host Debrena Jackson Gandy interviews Jeff Lilley, President of Seattle's Union Gospel Mission, to discuss homelessness. Seattle is number three in the nation in terms of its homeless population. New York City is number one and Los Angeles is number two. Seattle's homeless population is increasing. The leading causes of homelessness are addictions; mental health; and criminal justice. When an individual comes out of prison they often don't have a network or support to help them get back into a sustainable life. These primary indicators are compounded by high housing costs. The traditional face of homelessness, an older person that's out on the street, is changing rapidly. More young people are on the streets, and more women, and women with children. In some of the homeless encampments in Seattle, about forty-percent are women, so there is a greater vulnerability there with women and children. Seattle's Union Gospel Mission has found that what works more than anything else is walking alongside individuals, hearing their story, coming up with solutions, and being a part of the healing process that brings their life back to a point where they can thrive, re-engage in healthy relationships and get their life back to where it should be.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Homeless

Joy In Our Town	27:30	14:00	REC	PA/O	3/05/2018	3:30 PM
#JIOTSW1748B (1810)					3/06/2018	2:00 AM
#JIOTSW1748B (1813)					3/26/2018	3:30 PM
					3/27/2018	2:00 AM

Bill Russell, Executive Director of Union Gospel Mission, talks about homelessness. We talk about the homeless as if it is one block of people, but there are many subcultures within homelessness such as those experiencing substance abuse, the mentally ill, and the newly homeless who are homeless merely because they cannot access affordable housing. The one thing that everyone has in common who is homeless is they are without a home. We have to look at the whole field of what is causing people to be homeless to specialize solutions around the problem that caused the person to become homeless in the first place. For the recently homeless, perhaps the solution is rapid re-housing. They will retain and use and value that provision very well and be good stewards of that response. For the chronically mentally ill, or the addict on the street, or a person who is a misfit and a rogue in society, they need food. If that meal is presented with love and care, and someone gets to know their name, then that is an avenue to help them be coached and guided out of homelessness and away from trouble. Studies have shown in America the number one reason people come to a Union Gospel Mission or to a homeless outreach is for food, but the highest thing they value is relationship and connection. We need layers of care, and a lot of the base of that care is going to be the local church in their own neighborhood being redemptive toward the homeless in that neighborhood, providing ground, and space, and patience, and help, that is the love of Christ in human form.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Housing

Joy In Our Town	27:30	14:00	REC	PA/O	2/05/2018	3:30 PM
#JIOTSW1741B (1806)					2/06/2018	2:00 AM

Host Pastor D Robinson interviews Sharon Ellis, President and CEO, of Habitat for Humanity of Orange County to discuss the need for affordable housing. Mac Alaniz, Homeowner, of Habitat for Humanity; and Timothy and Cynthia Allen, Program Family Habitat for Humanity Participants, share their experiences in the program. The housing market in Orange County is one of the most expensive in California and across the United States. Habitat for Humanity of Orange County works with families in the very low, low, and moderate income ranges. The opportunity to find homeownership within those ranges in Orange County is extremely limited. Many families are living in circumstances that are incredibly challenging. Finding ways to help those families transition into something they can afford is very important. One of the obstacles many families face is a debt to income ratio that is out of balance. Often families are expending fifty to seventy percent of their income on housing. When this is an issue, the family must determine how they can reduce their debt in order to become a Habitat homeowner. The selection process for families is threefold: a willingness to partner with Habitat for Humanity, the ability to pay, and need. When a family becomes a Habitat homeowner they assume a zero percent mortgage and Habitat commits that their housing costs will not be more than thirty percent of their income. Finance classes are provided to help families understand how this new financial structure can benefit their family and launch the next generation. College bound programs are also available. The goal is to help families out of a level of poverty into a level of stability, not just for this generation but the next generation as well. Habitat for Humanity of Orange County is based on the Gospel of Jesus Christ and is an opportunity to put faith into action. Those who volunteer at Habitat for Humanity of Orange County are giving people with a desire to be of service. The end result is powerful and transformational, not only for the families, but for the volunteers and staff as well.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Public Safety

Joy In Our Town	27:30	14:00	REC	PA/O	1/15/2018	3:30 PM
#JIOTSW1803A					1/16/2018	2:00 AM
#JIOTSW1803A (1811)					3/12/2018	3:30 PM
					3/13/2018	2:00 AM

Host Vanessa Rose interviews Skye Steele, CEO of Streetlight U.S.A. and Pastor Brian Steele of Phoenix Dream Center to discuss human trafficking. Streetlight U.S.A. is a program for young women, between the ages of eleven and seventeen, who have been victims of human trafficking, sexual abuse, and sexual exploitation. Their hope is to transition girls from tragedy and trauma to triumph. The first step is safety. The second part is consistency and stability. Then there is therapy. God's love and forgiveness is everything. God's love is key to hope and healing; by being His hands and feet, by serving, by being present, by showing up when we say we're going to show up, and by receiving them wherever they're at, reminding them that they are loved, forgiven, and that God has a plan for their lives. Jade, Lead Intake Coordinator and graduate of the program, shares her story of being a victim of human trafficking. In 2009, The Phoenix Dream Center began a human trafficking program for women. Recently, Streetlight U.S.A. and The Phoenix Dream Center formed a partnership to serve both minors and adults between the ages of eighteen and thirty who are victims of human trafficking. Konstance Smith, Director of 'Hope Lives Here' at the Phoenix Dream Center, discusses their evangelistic program that helps these women to rebuild their lives through counseling and various programs, however, they are not required to be of faith.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Public Safety

Joy In Our Town	27:30	14:00	REC	PA/O	2/19/2018	3:30 PM
#JIOTSW1742A (1808)					2/20/2018	2:00 AM

Gerald Madrid shares his story of survival. Host Pastor Richard Mansfield interviews Dr. Larry E. Allen, of Global One Defense. A former law enforcement officer, and now a pastor, Dr. Allen discusses violent crime in churches. Dr. Allen describes scenarios of opportunities for crime and violence, and expresses that this world isn't as safe as it used to be; something is going to happen whether it's at home, on the street, or inside your church. Dr. Allen describes how to respond in various situations.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Public Safety

700 Club NewsWatch	CBN	1:00:00	5:00	REC	PA/O/E	01/30/2018	12:00 PM
#01302018							

CBN Reporter Mark Martin Reports: The mass shooting at a small Texas church late last year once again brings up the debate over church security. What's the best way to protect churches in today's violent culture? CBN News spoke with a Texas lawmaker pushing a new law that allows church volunteers to become security guards. Going to church is supposed to be safe – a literal sanctuary where people meet God and find peace in a troubled world. That tranquil image has taken a beating after several shootings, including the one in Charleston, South Carolina, at Mother Emanuel African Methodist Episcopal church in 2015, where nine people lost their lives during a Bible study. Then there's the September shooting last year near Nashville, Tennessee, where a gunman took the life of one person and injured more than half a dozen. Even more recently, a mass shooting took place at First Baptist Church in Sutherland Springs, Texas. In November, a gunman walked among the pews, killing 26 people ranging in age from 18 months to 77-years-old. The Texas-based church security organization known as "Sheepdog Seminars" reports a record number of 114 violent deaths happened on faith-based property nationwide in 2017 alone. So how should churches protect themselves? The state of Texas recently passed a law that allows them to use volunteers as security guards. The law went into effect in September, a little more than two months before the Sutherland

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Springs tragedy. Texas State Representatives Matt Rinaldi, R-District 115, sponsored the law. Rinaldi blames Texas lobbyists for a previous law. The new law repeals that requirement, and Rinaldi believes it could be allowed across the country unless a state has passed a law banning church volunteers from serving as security. Rinaldi tells CBN News that, in addition to using volunteers as security, the law allows churches to set up active shooter plans, patrol their campuses and train concealed handgun license holders. The Texas lawmaker adds the law does not require training for these volunteers. But not everyone believes Rinaldi's law is the best way to fortify a church. The associate pastor at Wilshire Baptist Church in Dallas has reservations about the new legislation. News reports sparked controversy, pointing out that the law did not require church volunteers to undergo the licensing, training and background checks required of professional security officers. Critics expressed concern inexperienced volunteers would suddenly face life-threatening situations. Mark Wingfield helps pastor a large church with professional security guards. He tells CBN News that some volunteers also provide some security and admits there is some good to the new law. Rinaldi says some is better than none. The state lawmaker now advises congregations to take that next step.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Substance Abuse

Joy In Our Town	27:30	14:00	REC	PA/O	2/05/2018	3:30 PM
#JIOTSW1741A (1806)					2/06/2018	2:00 AM

David Wilinski shares his story. Host Vanessa Rose interviews Jim Moyer, Men's Director, of Greater Phoenix Teen Challenge; Teresa Logue, Women's Director, of Home of Hope; and Rick Casto, Director of Christian Life Ranch Center; to discuss substance abuse. Studies show addiction affects 23.5 Million Americans; that's one in ten people over the age of ten. Eighty percent of all offenses that lead to incarceration are due to drug and alcohol addiction. Our society labels some types of addiction as a disease. This classification would lead someone to believe that once you're an addict you're always an addict. This is not true. Women who struggle with addiction very often are involved in prostitution. Ninety-eight to Ninety-nine percent of the women who come to the center have experienced sexual abuse, domestic violence, or both. Approximately fifty percent of the women are fighting for custody of their children. Many times, addictions are basically people trying to find their identity. We live in the largest fatherless generation in the history of the world. Teen Challenge is a residential program and Jesus is the recipe for success. Identity in Christ is one of the most crucial components of discipleship. Described as the Jesus Factor, through the work of the Holy Spirit and the teachings of Christ that develop within people that are addicted, they have hope again and a changed heart. Residents build a comradery and friendship based on God's amazing grace, His love, and His forgiveness. The staff love them back to life.

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Substance Abuse

Joy In Our Town	27:30	14:00	REC	PA/O	2/19/2018	3:30 PM
#JIOTSW1742B (1808)					2/20/2018	2:00 AM

Bill Russell, Executive Director and Co-Founder of LifeChange at Union Gospel Rescue Mission talks about substance abuse. Substance abuse affects one in nine Americans. This includes drinking too much alcohol, addiction to opiates, use of central nervous system drugs such as crack cocaine, cocaine, methamphetamine, or marijuana use. When we talk about substance abuse we are talking about people with a life-controlling issue. Substance abuse has a number of collateral problems associated with it. It's not just a private, personal problem. It negatively affects relationships, including marriages and parenting. Divorce rates are higher among substance abusers. A lot of domestic violence and child abuse, or child neglect, is associated with substance abusing parents. There are numerous parts of our society that are performance based. However, statistically, there is a high relapse rate on twenty-eight day treatment programs. There is also a high relapse rate for those who have gone to AA meetings. Any time you put a person on the clock, or under pressure to perform, you are actually exacerbating the condition of their feeling worthless, not up to it, and needing to escape back to drugs and alcohol. You don't just erase a problem from your life, you have to replace it. Participants share their stories. Union Gospel Mission gives people hope when they've tried everything else and nothing has worked. Hope of transformation. Hope of a life change. When an individual comes into LifeChange, they can expect to go through different levels in LifeChange that builds momentum for that hope and recovery. They start slow and keep building through Bible studies, church services, self-evaluations, work therapy, education, and counseling.

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Substance Abuse

Joy In Our Town	27:30	14:00	L	PA/O	2/26/2018	3:30 PM
#JIOTSW1751B (1809)					2/27/2018	2:00 AM

Pastor Steve Morton of Celebrate Recovery talks about substance abuse. The demographics of drug addictions, substance abuse addictions, goes from the poor to the rich and everyone in between. The long-term ramifications if an individual continues in their addictions, specifically drugs and alcohol, is death could happen. People drink themselves to death. Youth are influenced greatly by their peers to be accepted. While marijuana is an accepted drug that most people start with, they escalate to stronger more addictive drugs such as heroin and opiates of all types. Celebrate Recovery is a Christ-centered 12 step program that deals with people's hurts, hang-ups, habits, and addictions, through relationships.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Substance Abuse

Joy In Our Town	27:30	14:00	REC	PA/O	3/05/2018	3:30 PM
#JIOTSW1748A (1810)					3/06/2018	2:00 AM
#JIOTSW1748A (1813)					3/26/2018	3:30 PM
					3/27/2018	2:00 PM

Host Danny Sanchez interviews Pastor Robert and Tracy Marquez, Executive Directors of Teen Challenge of New Mexico to discuss substance abuse. New Mexico is number two in the nation for heroin overdose and every eight out of ten overdoses are caused from some type of addiction. Addiction means to be devoted. Devotion is something that takes all of your energy and focus on that one thing. As the result of drug addiction, many individuals from impoverished and affluent neighborhoods, experience broken relationships, emotional and physical trauma, sexual abuse, loss of their children, job loss, jail time, homelessness, memory loss, schizophrenia, anxiety, anger, tooth loss, weight loss, Hepatitis C, Aids, and self-mutilation. However, it's never too late. The power of Christ can turn anybody around. Teen Challenge helps everyone, with over 250 locations in the United States and over 1,000 worldwide. It is not a medical program. Teen Challenge is a Biblical discipleship program with the belief that in one step to Christ, if that person will just surrender to Jesus, they can see their life transformed. Their program includes curriculum, Biblical counseling, housing, spiritual training, and vocational training in three phases: induction, training and re-entry.

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Youth

Joy In Our Town	27:30	14:00	REC	PA/O	1/08/2018	3:30 PM
#JIOTSW1746A (1802)					1/09/2018	2:00 AM

Host Birga Alden interviews Mary LeQuieu, Executive Director, of Care Net Pregnancy Centers of Albuquerque to discuss teen pregnancy. Restraints have been put on pregnancy centers for advertising their services. Outside their centers, they have to have information which tells people where to go to get government funded abortions. At Care Net, they tell people that that is a legal option, but their approach is that before you make any kind of decision, you need to know what those options look like and what the risks associated look like. Approximately seventy percent of all people seeking an abortion are attending church fairly regularly. About nine percent of the women in a recent study who have had abortions said that the church actually provided for paying for their abortion and encouraged them to have an abortion. Parents love their teenagers, but they don't trust God enough to deal with this situation. When fear enters in and takes over they're looking for a way out. Even if they are strongly pro-life, strongly evangelical, there is a great temptation to sort of salvage the situation, and abortion seems like the easy way out. If pastors are going to ignore it from the pulpit, if youth pastors are not willing to talk about sexual integrity to their teenagers, we will continue to have this problem. Care Net Pregnancy Centers are located in Albuquerque, Rio Rancho, Los Lunas, and Moriarty. Their state of the art medical mobile units offer support at campuses and events, taking services where they are needed and bringing medical services to communities throughout New Mexico. Their life skills training program, called "Earn While You Learn," engages fathers and teaches both parents to overcome the obstacles in their lives. Care Net helps teenagers in every way possible. They do an assessment of their needs to identify their issues, then help them find solutions to those issues. They do a lot to help teenagers delay sexual activity but choose life. There are six training courses each year for new volunteers.

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Youth

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Joy In Our Town	27:30	14:00	REC	PA/O	1/15/2018	3:30 PM
#JIOTSW1803B					1/16/2018	2:00 AM
#JIOTSW1803B (1811)					3/12/2018	3:30 PM
					3/13/2018	2:00 AM

Landon Mauricio, Leader of "CALLED", shares how at the age of thirteen, he found God and knew He had a plan for his life, and that he wanted to be a pastor. Through that identity, it kept him away from drugs, violence, the girls, suicide and depression thoughts, and the social media comparison syndrome. His focus was on Jesus (Christ). He believes that his story of purity from a young age can help lead this next generation. It's not that he doesn't know what they're going through, it's just that he never went through that, so he knows what it's like to be free, which is a greater testimony. "CALLED" Christian Ministry provides a "CALLED" Club at school where teens can come together and be inspired and unashamed about being a Christian. Fellow students share their experience in the group.

Youth

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Joy In Our Town	27:30	14:00	REC	PA/O	3/19/2018	3:30 PM
#JIOTSW1740A (1812)					3/20/2018	2:00 AM

Host Pastor D Robinson interviews Jim Palmer, President and CEO, of the Orange County Rescue Mission Village of Hope and retired educator, Barbara Morton, Ph.D., to discuss the challenges facing homeless youth. Homelessness impacts a child in many different ways. Often their parents have had dysfunctional childhoods and do not know how to be good, strong parents. Thus, the child is lacking developmentally, lacking in emotional stability, and is lacking in security. A homeless child is always seeking security. The homeless child attends many more schools than the average child and is often considerably behind their peers. The age levels of homeless children in a grade are varied tremendously. The challenge with helping children in school who are homeless is the fear that surrounds that. The key is to have a great school district to partner with. The Orange County Rescue Mission partners with the Tustin Unified School District who has opened their doors to the children of Village of Hope. While parents are trying to address challenges they must overcome, Concordia University provides a professor and college students, Monday through Friday, to tutor children with their homework after school. The Orange County Rescue Mission Village of Hope is a faith-based emergency and transitional living facility where homeless men, women, and children can come and see their lives transformed and restored through the love of Jesus Christ in a place of peace and beauty. Residents, referred to as "students," are provided a continuum of services from outreach to independent living. Each student is given volunteer work assignments and receives three meals a day. The Hurtt Family Health Clinic provides primary and preventative care services, including chiropractic, vision care, mental health and pediatric services, and dental care at no cost. The Success Center allows students to receive assistance to obtain a job, further their education, or obtain vocational training. The goal is to help students achieve stability and success. Amber, a student, shares her story.

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