ISSUES AND PROGRAMS LIST

STATION: WGZS – Cloquet, MN **DATE:** July 1, 2023

DURING THE PAST QUARTER THE ISSUES SHOWN BELOW HAVE BEEN SIGNIFICANT TO OUR COMMUNITY. WE AIRED THE PROGRAMS INDICATED TO ADDRESS THEM DURING THE 2nd QUARTER OF 2023.

Staff Summary of Issues:

Native American Life (FDL, Culture and Preservation, Youth, Health and Wellness) Education Race Relations and Social Justice Military Veterans Affairs

Issue: Native American Life – "The ABCs of Health Behavior Change (FAST 8, #8 of 8)" We ran the following program to address it: American Indian and Alaska Native Living

Date: 4/2/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose.

Content Description: Are you looking for insights that will help you break free from your bad habits for good? Dr. DeRose provides powerful insights into health behavior change in this last of his eight regular FAST 8 sessions.

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio Date: 4/2/23 Time: 11:02 a.m. Duration: 42 minutes, 58 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, Dr. Richard Stone, Veterans Health

Administration; Director Patrick Kelly, Minneapolis VA Health Care System; Sara Durhman, Mall of America; Melissa Egan, Minnesota National Guard Family Programs, and CCMSgt Lisa Erikson, Minnesota Air National Guard.

Content Description: This week we meet the former Undersecretary of the Veterans Health Administration (VHA) – U.S. Department of Veterans Affairs, learn about the Month of the Military Child events with representatives from the MN National Guard Youth Programs and Mall of America and get an update from our Senior Enlisted Advisor.

Issue: Native American Life – More than a Hair Style

We ran the following program to address it: Native America Calling

Date: 4/5/23 **Time:** 12:05 p.m. **Duration:** 55 minutes.

Format: Syndicated call-in show

Participants: Host Shawn Spruce and Guests, Carole Lindstrom, author of My Powerful Hair; Ashley Lomboy (Waccamaw Siouan), mother of Logan Lomboy; and Afro-Indigenous activist Amber Starks (Muscogee Creek Nation and African-American)..

Content Description: For Native folks, raising public awareness about the importance of hair is an ongoing struggle. Some North Carolina families are fighting a school policy that says their first graders must cut their hair. Their parents say the school is forcing the boys to give up an important part of their culture. A Native hair dresser helped change policy about hair in her states. And bestselling author Carole Lindstrom (Turtle Mountain Ojibwe/Métis) and illustrator Steph Littlebird (Confederated Tribes of Grand Ronde) are working to inform people with their children's book My Powerful Hair. Today on Native America Calling, we check in on the meaning and importance of Native hair.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 4/7/23 **Time:** 11:31 a.m. **Duration:** 28 minutes, 30 seconds.

Format: Recorded interview via AMPERS

Participants: Hosts Cole Premo and Leah Lemm for AMPERS, and Guest, Angela Two Stars (Sisseton Wahpeton Oyate) a public artist, curator, and director of All My Relations Arts, the art gallery at the Native American Community Development Institute in Minneapolis.

Content Description: On today's show, we talk with Angela Two Stars. Angela shares her enthusiasm for supporting contemporary Native Artists, and her passion for appreciating Native artwork without viewing it through a Euro-centric lens. Angela also shares her commitment to raising awareness of the endangered status of her tribe's language, as well as others', and draws attention to the critical need for language revitalization efforts.

Issue: Native American Life – "Bringing Better Health to Your Community"

We ran the following program to address it: American Indian and Alaska Native Living

Date: 4/9/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose and Guests, Jennah Hollen, Registered Respiratory

Therapist; and Kristina Elliott, Registered Dietitian and Massage Therapist.

Content Description: Learn how two young health professionals began transforming the

health of their community—and what you can do to have the same impact.

Issue: Native American Life - "Woven Dignity"

We ran the following program to address it: American Indian and Alaska Native Living

Date: 4/16/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose and Guest, Ruth Boyd, RN, Founder of Woven Dignity.

Content Description: The healing power of hand-crafted items has permeated Indian

Country. Learn how its power is transforming lives in the Middle East as well.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 4/21/23 **Time:** 11:31 a.m. **Duration:** 28 minutes, 30 seconds.

Format: Recorded interview via AMPERS

Participants: Hosts Cole Premo and Leah Lemm for AMPERS, and Guest, Misty Blue, White

Earth Nation citizen and coordinator of the TRUTH Project,.

Content Description: Today Misty Blue, White Earth Nation citizen and coordinator of the TRUTH Project, chats with Leah and Cole about some of the report's findings, the importance of Indigenous-led research, and what the TRUTH project recommends the UMN do to take steps toward healing.

The Towards Recognition and University-Tribal Healing (TRUTH) project has released a report detailing the "persistent, systemic mistreatment" of Indigenous people by the University of Minnesota. As a land grab/grant university, the U of MN received stolen land as investment capital from the US Government through the Morrill Act in 1862.

Issue: Race Relations and Social Justice – The TRUTH **We ran the following program to address it:** Counter Stories

Date: 4/21/23 **Time:** 11:03 a.m. **Duration:** 28 minutes, 30 seconds.

Format: Recorded program via AMPERS

Participants: Hosts Anthony Galloway, Luz Maria Frias, Don Eubanks and Hlee Lee. **Content Description:** What is the truth when it comes the University of Minnesota and its history with the Indigenous peoples of this area? Members of all 11 Minnesota reservations worked together with the Minnesota Indian Affairs Council and the U of M to answer that question with The TRUTH Report. The results? Not surprising. There has been and continues to be persistent and systemic mistreatment of Indigenous peoples by the U of M for centuries, including land grabs throughout the state through unfair treaties and empty promises.

Issue: Native American Life – "Pickleball For Health"

We ran the following program to address it: American Indian and Alaska Native Living

Date: 4/23/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose and Guest, Ernie Medina, Jr., DrPH; Asst Prof. Loma

Linda University, School of Public Health.

Content Description: Native Americans have a rich cultural history that relates to games and sports; learn about how a newer sport can transform your health.

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio

Date: 4/23/23 **Time:** 11:02 a.m. **Duration:** 42 minutes, 28 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, Brad Lindsay, Minnesota Department of Veteran Affairs; Judy Ojard, Minnesota Department of Veteran Affairs; Nikki Kelly, Minnesota National Guard; Dawn Shewmaker, Minnesota National Guard, and Doug Bley, Minnesota Patriot Guard.

Content Description: This week we meet the former Undersecretary of the Veterans Health This week we discuss the Minnesota Department of Veterans Affairs 100th Anniversary of the State Soldiers Assistance Program, learn about the Minnesota National Guard's Sexual Assault Prevention and Response Program and get an update from the MN Patriot Guard.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 4/28/23 **Time:** 11:31 a.m. **Duration:** 28 minutes.

Format: Recorded interview via AMPERS

Participants: Hosts Cole Premo and Leah Lemm for AMPERS, and Guest Audrianna

Goodwin, a Red Lake Nation citizen and part of the core research team for the TRUTH Project.

Content Description: Today Leah and Cole chat with Audrianna Goodwin, a Red Lake Nation citizen and part of the core research team for the TRUTH Project where she has been appointed tribal research fellow for Red Lake Nation. Audrianna shares her outlook as a 'dreamer' and how family and community helped her along her path. She explains her TRUTH Project research that examines medical research done to Red Lake children by the University of Minnesota and how Indigenous-led research is vital to healing and recognition.

Issue: Native American Life – "Innovative Partnerships"

We ran the following program to address it: American Indian and Alaska Native Living

Date: 4/30/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose and Guest, Daniel Saugh, PhD, MPH, MSc, Health

Ministries Director for the Canadian Union of Seventh-day Adventists.

Content Description: Faith communities and tribal entities can fuel powerful collaborations.

Today's show features first-hand examples from throughout Canada.

Issue: Native American Life

We ran the following program to address it: Native Lights Date: 5/5/23 Time: 11:31 a.m. Duration: 28 minutes.

Format: Recorded interview via AMPERS

Participants: Hosts Cole Premo and Leah Lemm for AMPERS, and Guest An Garagiola, a descendent of the Bois Forte Band of Chippewa, and the University Coordinator and a Lead Researcher on the TRUTH Project.

Content Description: Today Leah and Cole chat with An Garagiola, the University Coordinator and a Lead Researcher on the TRUTH Project. An shares about researching archives from the University of MN and the MN Historical Society, findings from the TRUTH Project, and how she's bringing Indigenous values to Academia and research.

Issue: Native American Life – "Young Adults as Health Advocates"

We ran the following program to address it: American Indian and Alaska Native Living

Date: 5/7/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose and Guests, Paul and Donnalee Lehmann, retired

Professors at Burmann University in Canada.

Content Description: Young adults can be powerful health advocates. Hear compelling

stories and learn practical ways to improve the health of your community.

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio Date: 5/7/23 Time: 11:02 a.m. Duration: 41 minutes, 56 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, Capt. Nicole Wiswell, Minnesota National Guard;

KJ Johnson, Minnesota Department of Veterans Affairs, and Marty Howes, Minnesota

Association of County Veteran Service Officers.

Content Description: This week we learn about the Minnesota National Guard's Diversity & Inclusion Special Emphasis Program. Discuss how the Minnesota Department of Veterans Affairs SOAR Program is helping Veterans in need and get an update from the Minnesota Association of County Veterans Service Officers.

Issue: Race Relations and Social Justice – A Lesson on BQ (Blood Quantum)

We ran the following program to address it: Counter Stories

Date: 5/12/23 **Time:** 11:03 a.m. **Duration:** 28 minutes, 30 seconds.

Format: Recorded program via AMPERS

Participants: Hosts Anthony Galloway, Luz Maria Frias, Don Eubanks and Hlee Lee.

Content Description: The Minnesota Chippewa Tribe is posing two questions to their enrolled members this year regarding blood quantum, or BQ as it is often seen as a derogatory term. BQ was established by the colonizers and continues today. The questions will inform the tribe leadership about whether BQ should be removed as a requirement to be a member of the Minnesota Chippewa Tribe and allow the tribe to determine its own membership requirement. But it's not that simple. Our guests join us to unravel just the top few layers of this complex issue. Guest: Wayne Ducheneaux, Native Governance Center [https://nativegov.org/] Sally Fineday, MN Chippewa Tribe member.

Issue: Native American Life – "Opting for Optimism"

We ran the following program to address it: American Indian and Alaska Native Living

Date: 5/14/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose and Guest, Gary D. Moyer; Speaker, Author, and Life

Coach.

Content Description: Changing your outlook can change your life. Gary Moyer shares his own personal journey into how cultivating a more optimistic outlook revolutionized his life. His book, "Opting for Optimism," helps you to do the same with yours.

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio

Date: 5/14/23 **Time:** 11:02 a.m. **Duration:** 42 minutes, 25 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, Glen Anderson, Chanhassen American Legion Post 580; Dick Middleton, Chanhassen American Legion Post 580; Brian Skon, Navy League of the United States, Minnesota Council, and Director Patrick Kelly, Minneapolis VA Health Care System.

Content Description: This week, we meet with the Chanhassen American Legion Post 580 and learn how they are impacting their community with donations to repair the carillon at Fort Snelling National Cemetery and their golf tournament to benefit the Minnesota Military Family Foundation. We catch up with the Navy League of the United States, Minnesota Council and get an update from the Minneapolis VA Health Care System.

Issue: Education – Revitalizing Languages in the Classroom

We ran the following program to address it: Native America Calling Date: 5/16/22 Time: 12:05 p.m. Duration: 55 minutes.

Format: Live Syndicated call-in show

Participants: Host Shawn Spruce and Guests, LaRae Wiley (Sinixt Arrow Lakes Band), Salish School of Spokane executive director; Christopher Parkin, Salish School of Spokane principal;

Robert Collins (Citizen Potawatomi), Potawatomi Language Professor at the Citizen

Potawatomi Nation Cultural Heritage Center, and Dr. X 'unei Lance Twitchell (Lingít, Haida, Yup'ik, and Sami), Professor of Alaska Native Languages at University of Alaska Southeast

Content Description: The Citizen Potawatomi Nation offers online college-level language courses. They're among the efforts to bring new life to Bodéwadmimwen, with only four fluent speakers remaining. And a private Salish immersion school is working with elders to develop lessons. School administrators say they've produced dozens of new speakers of their language, both young and old. We'll hear from Native language educators about the classroom's role in revitalizing languages.

Issue: Native American Life – Accessing Boarding School Records **We ran the following program to address it:** Native America Calling **Date:** 5/17/22 **Time:** 12:05 p.m. **Duration:** 55 minutes.

Format: Live Syndicated call-in show

Participants: Host Shawn Spruce and Guests, Selena Ortega-Chiolero (Tarahumara), museum specialist for the Chickaloon Village Traditional Council; Fallon Carey (Cherokee Nation), digital archives assistant for the National Native American Boarding School Healing Coalition; Deidre Whiteman (Meskwaki, Dakota, Ojibwe, Hidatsa), director of research and education for the National Native American Boarding School Healing Coalition, and Shelly Lowe (Diné), chair of the U.S. National Endowment for the Humanities.

Content Description: The National Native American Boarding School Healing Coalition (NABS) is readying a new tool to help people search for information about their relatives who attended more than 500 U.S. boarding schools. The online archive will start with digitized versions of 50,000 federal documents. Those organizing the project hope to build on the number and scope of the records over time. Tens of thousands of Native children attended the schools. Some never returned home. What records there are for those children are scattered among various institutions. The NABS's efforts are among a handful aimed to increasing and consolidating access to information about the boarding school era.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 5/19/23 **Time:** 11:31 a.m. **Duration:** 28 minutes.

Format: Recorded interview via AMPERS

Participants: Hosts Cole Premo and Leah Lemm for AMPERS, and Guest Joseph Nayquonabe Jr. (Mille Lacs Band of Ojibwe) who is the CEO of Mille Lacs Corporate Ventures. Content Description: On today's show, we talk with Joseph Nayquonabe Jr. In his position, Joe uncovers new business opportunities as well as overseeing the band's existing businesses. He is also an avid runner, basketball player, and Ojibwe language learner. Joseph shares how his career path went from lobbying to marketing at Grand Casino to his current role in leading economic development for his and other tribal nations. Joe explains how it's a "cool time" to be in business in Indian Country right now. Joe explained how Tribes are tackling problems with new perspectives, leveraging wealth attained through gaming, and bringing forward new and innovative economic opportunities.

Issue: Native American Life – "Insights from National Indian Health Board Leadership" **We ran the following program to address it**: American Indian and Alaska Native Living

Date: 5/21/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose and Guests, Stacy A. Bohlen (Sault Ste. Marie Tribe of Chippewa Indians), CEO, NIHB; Darby Galligher, MPH (Miami Tribe of Oklahoma),

Communications Coordinator, NIHB.

Content Description: Stacy Bohlen and Darby Galligher of the NIHB share insights into this thriving organization and its far-reaching partnerships throughout Indian Country.

Issue: Race Relations and Social Justice – Reflections pm a Middle East Trip

We ran the following program to address it: Counter Stories

Date: 5/26/23 **Time:** 11:03 a.m. **Duration:** 28 minutes.

Format: Recorded program via AMPERS

Participants: Hosts Anthony Galloway, Luz Maria Frias, Don Eubanks and Hlee Lee, and

Guiest Moira Villiard, a Duluth-based Indigenous artist.

Content Description: Cohost Anthony Galloway recently traveled to Israel and Palestine with a group of religious leaders, artists and educators. Indigenous artist Moira Villiard, who was among the group, joins the crew this week. They share their experience with the complex political issues in the area, what surprised them most, and what they took away from the trip.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 5/26/23 **Time:** 11:31 a.m. **Duration:** 28 minutes.

Format: Recorded interview via AMPERS

Participants: Hosts Cole Premo and Leah Lemm for AMPERS, and Guest Barbara Fabre the President of All Nations Rise and the CEO of Indigenous Visioning.

Content Description: On today's show, we talk with Barbara Fabre (White Earth Ojibwe). For decades, Barb has been an advocate for Native families and children. Barb talks about how culture leads the work she does and how Native teachings help empower, educate, and mentor Native families, children, and childcare providers. Barb has led numerous projects that aim to improve childcare systems throughout Indian country.

Issue: Native American Life – "Changing Focus on Native Health"

We ran the following program to address it: American Indian and Alaska Native Living

Date: 5/28/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose and Guest, Michelle Singer (Navajo), Manager, Healthy

Native Youth Project, Northwest Portland Area Indian Health Board.

Content Description: Michelle Singer reviews the wide range of programs and services currently being offered by the Healthy Native Youth Project. Whether or not you are a Native youth, you'll learn about practical cutting-edge resources that can help you and those you love.

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio

Date: 5/28/23 **Time:** 11:02 a.m. **Duration:** 41 minutes, 59 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, Molly Smith, Minneapolis VA Health Care System; Kacie Stanek, Minnesota Department of Natural Resources, and CSM Stephen Whitehead, Minnesota National Guard.

Content Description: This week we discuss Mental Health Awareness Month at the Minneapolis VA Health Care System, learn how Beyond the Yellow Ribbon company Minnesota Department of Natural Resources supports the Military Community and get an update from our Senior Enlisted Advisor.

Issue: Native American Life

We ran the following program to address it: Native Lights Date: 6/2/23 Time: 11:31 a.m. Duration: 28 minutes.

Format: Recorded interview via AMPERS

Participants: Hosts Cole Premo and Leah Lemm for AMPERS, and Guest Darek DeLille (Bad River Band of Lake Superior Chippewa/Fond du Lac Band of Lake Superior Chippewa), Artistic Producer at New Native Theatre, community organizer, musician and audio artist.

Content Description: On today's show, we talk with Darek DeLille, Artistic Producer at New Native Theatre, community organizer, musician and audio artist. Darek now lives in Southeast Minneapolis after living on Fond du Lac for many years.

Darek considers himself the "Anishinaabe army knife" who is always ready to learn and expand his knowledge while uplifting the people around him. Recently, Darek has started producing audio plays with New Native Theatre, managing the Four Sisters Farmers Market in Minneapolis and helping to organize the inaugural Two Spirit Pow Wow in Minneapolis.

Issue: Native American Life – "Mitigating Drug Harms"

We ran the following program to address it: American Indian and Alaska Native Living

Date: 6/4/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose and Guests, Milton Dallas (Oneida, Wisconsin), CEO Rx

Destroyer; and Daria Montgomery, Referral Relations Specialist, Recovery Ways.

Content Description: Although medications can be lifesaving, they can also be the agents of death. Learn how programs throughout Indian Country are combatting drug problems, from toxic environmental contamination to drug abuse.

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio Date: 6/4/23 Time: 11:02 a.m. Duration: 41 minutes, 54 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, Col. Nathan Aysta,148th Fighter Wing; Rich Kemp, Minnesota National Guard Youth Camp, and Marty Howes, Minnesota Association of County Veteran Service Officers.

Content Description: This week we meet with the Commander of the 148th Fighter Wing, learn about the Minnesota National Guard Youth Camp and get an update from the Minnesota Association of County Veterans Service Officers.

Issue: Education – Taking Control of the Native Education Narrative **We ran the following program to address it:** Native America Calling

Date: 6/8/22 **Time:** 12:05 p.m. **Duration:** 55 minutes.

Format: Live Syndicated call-in show

Participants: Host Shawn Spruce and Guests. Mary Bowman (Standing Rock Sioux), founder and head of Oceti Sakowin Community Academy; Samantha Cholewa Tondreau (Mohegan), Director of Curriculum and Instruction for The Mohegan Tribe, and Darlene Kascak (Schaghticoke), education director at The Institute For American Indian Studies and a traditional storyteller.

Content Description: The Oceti Sakowin Community School just graduated its first class in Rapid City, S.D. The private school teaches Lakota history, culture, and language in a state that tribes and others say is watering down instruction about Native history and issues. In some other places, tribes are working collaboratively with public education officials to make sure Native issues are adequately represented.

Issue: Native American Life

We ran the following program to address it: Native Lights Date: 6/9/23 Time: 11:31 a.m. Duration: 28 minutes.

Format: Recorded interview via AMPERS

Participants: Hosts Cole Premo and Leah Lemm for AMPERS, and Guest Marisa Miakonda Cummings, President/CEO of the Minnesota Indian Women's Resource Center (MIWRC). **Content Description:** On today's show, Leah and Cole chat with Marisa Miakonda Cummings (Umonhon), President and CEO of the MIWRC The MIWRC empowers Native women and families to exercise their cultural values and integrity, and to achieve sustainable lifeways, while advocating for justice and equity. Marisa shares about her journey to becoming the CEO/President of MIWRC, she tells how her family empowered her from a young age, and how she leads with traditional knowledge in her work.

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio

Date: 6/11/23 **Time:** 11:02 a.m. **Duration:** 41 minutes, 52 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, Ben Johnson, Minnesota Department of Veteran Affairs; Commander Ellsworth Fields, Disabled American Veterans, Department of Minnesota, and Director Patrick Kelly, Minneapolis VA Health Care System.

Content Description: This week we get a Legislative Update from the Minnesota Department of Veterans Affairs, meet the new Commander of the DAV Department of Minnesota and get an update from the Minneapolis VA Health Care System.

Issue: Race Relations and Social Justice – A Dive into Juneteenth **We ran the following program to address it:** Counter Stories **Date:** 6/16/23 **Time:** 11:03 a.m. **Duration:** 28 minutes.

Format: Recorded program via AMPERS

Participants: Hosts Anthony Galloway, Luz Maria Frias, Don Eubanks and Hlee Lee, and

Guest, Rose McGee, author of Kumbayah The Juneteenth Story.

Content Description: As Juneteenth becomes a more mainstream celebration, we wondered if those benefiting from the holiday know the history behind it. Rose McGee, the brains behind Sweet Potato Comfort Pie and author of Kumbayah The Juneteenth Story joins the crew to dig deeper into the history of the emancipation proclamation and the recent resurgence of interest in the importance of June 19th.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 6/16/23 **Time:** 11:31 a.m. **Duration:** 28 minutes.

Format: Recorded interview via AMPERS

Participants: Hosts Cole Premo and Leah Lemm for AMPERS.

Content Description: Leah and Cole take a trip to Four Sisters Farmers Market in Minneapolis. It's the first market day of the year, and our hosts chat with nature-inspired jewelry designer Lali Aguilar from Corn Silk Daughter; food and plant loving Rivianna Zeller, a Farmer & Distribution Coordinator with Dream of Wild Health; Native book publisher Tom Peacock from Black Bears and Blueberries Publishing; and Destiny Jones, Food Sovereignty Coordinator and Farmers Market Manager at Four Sisters Farmers Market at NACDI.

Issue: Native American Life – ICWA reaffirmed: Victory at the U.S. Supreme Court

We ran the following program to address it: Native America Calling Date: 6/16/22 Time: 12:05 p.m. Duration: 55 minutes.

Format: Syndicated call-in show

Participants: Host Shawn Spruce and Guests, Dr. Sarah Kastelic (Alutiiq), director of the National Indian Child Welfare Association; Derrick Beetso (Navajo Nation), director, College of Law, Indian Gaming, and Self-Governance, Sandra Day O'Connor College of Law at Arizona State University, and former general counsel for the National Congress of American Indians; Hilary Tompkins (citizen of the Navajo Nation), partner with Hogan Lovells and former Solicitor of the U.S. Department of the Interior; Erin Dougherty Lynch, Native American Rights Fund (NARF) Senior Staff Attorney and Managing Attorney of NARF's Anchorage, Alaska, office, and Beth Wright (Pueblo of Laguna), NARF staff attorney.

Content Description: The U.S. Supreme Court decisively rejected what many legal observers considered the most serious challenge to the Indian Child Welfare Act in the law's 45-year history. The ruling is a relief for ICWA supporters, many of whom were fearful of a decision that could turn back or weaken the law that ensures Native foster children a home with Native guardians. We'll get an analysis from those who have been watching the legal fight closely.

Issue: Native American Life – "Managing Stress with Dr. David DeRose"

We ran the following program to address it: American Indian and Alaska Native Living

Date: 6/18/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose.

Content Description: Dr. DeRose provides a compelling new paradigm for addressing stress and rolls out a new free stress management resource. Consequently, this week's program offers practical tips for stress management in addition to providing an overview of "Performance Boost 30," a new free online program to help you optimize your physical and mental performance through stress management and other practical natural strategies.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 6/23/23 **Time:** 11:31 a.m. **Duration:** 28 minutes.

Format: Recorded interview via AMPERS

Participants: Hosts Cole Premo and Leah Lemm for AMPERS.

Content Description: Leah and Cole visited the Four Sisters Farmers Market in Minneapolis. Our hosts chat with poet, playwright, and author Marcie Rendon; Janet Court from the East Phillips Neighborhood Institute (EPNI); and The Pretendians who played music at the Farmers Market. We also hear Pretendians songs "For the Sun" and "The 38" from their upcoming album Stories from the Fire.

Issue: Native American Life – Stepping into the Father Role

We ran the following program to address it: Native America Calling Date: 6/23/23 Time: 12:05 p.m. Duration: 55 minutes.

Format: Live Syndicated call-in show

Participants: Host Shawn Spruce and Guests, Bruce Savage (Fond du Lac Band of Lake Superior Chippewa band member), owner and operator of Spirit Lake Native Farms; Troy Watlamet (Yakama Nation Tribal Member from the Klickat Cayuse Band), stepfather; Halo Tomma (Yakama, Wanapum, North Thompson, and Flathead), daughter, and William Penn (Squaxin Island Tribe and Quileute Tribe), program facilitator with Native Wellness Institute. Content Description: Native fathers by marriage sometimes have to work a little harder to make sure they fulfil their end of the parenting partnership. Step parents often have to navigate complicated situations like shared child custody, ex-husbands, and divided parent loyalty.

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio

Date: 6/25/23 **Time:** 11:02 a.m. **Duration:** 41 minutes, 54 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, Dr. Molly Matsumoto, Minneapolis VA Health Care System; Jada Osterdyk, Pine City Beyond the Yellow Ribbon; Wendy Lindahl, Pine City Beyond the Yellow Ribbon, and Command Chief Lisa Erikson, Minnesota Air National Guard. **Content Description:** This week we learn about Limb Loss Awareness from the Minneapolis VA Health Care System, meet with Pine City Beyond the Yellow Ribbon and get an update from our Senior Enlisted Advisor

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 6/30/23 **Time:** 11:31 a.m. **Duration:** 28 minutes.

Format: Recorded interview via AMPERS and Guest,

Participants: Hosts Cole Premo and Leah Lemm for AMPERS and Guest Maggie Lorenz, the Director of the Wakan Tipi Center & Executive Director of the Lower Phalen Creek project, which is a Native-led environmental conservation nonprofit on the East Side of St. Paul.

Content Description: Today Leah and Cole chat with Maggie Lorenz, an enrolled member of the Turtle Mountain Band of Ojibwe and descendant of the Spirit Lake Dakota Nation. Maggie tells us about the reclamation of a Dakota sacred area, Wakan Tipi, and the plans for a nearby community gathering and ceremony space. The Wakan Tipi cave is within the Bruce Vento Nature Sanctuary, just east of downtown St. Paul. The project seeks to preserve the space and restore and honor the purpose of the sacred site for the future. Maggie has worked in education, environmental justice, cultural healing, and resiliency which lead her to become the Executive Director of the Lower Phalen Creek project.