

The following is a summary of Issues/Programs as presented on WFNK, Lewiston, ME.

The following topics/issues were addressed via the weekly “Community Connections” program in the second quarter of 2018.

“Community Connections” is a weekly, 30 minute community affairs program spotlighting organizations and individuals in Maine who address issues affecting citizens, work to improve the quality of life in Maine, and deal with human interest topics across many disciplines.

Show: Community Connections Airdate: 4/8/18 Airtime: 5:30am

Guests: Paula Jackson-Jones, President; Angele Rice, VP, Midcoast Lyme Disease Support and Education

Topics/Issues: In spite of a chilly start to spring and in spite of snow still being on the ground, ticks are already in season, and preventative measures need to be taken to avoid Lyme disease-carrying ticks. MLDSE gives talks around the state on avoiding ticks and what to do if bitten by a tick. The organization also facilitates support groups throughout the Midcoast area, advocates at the legislative level on Lyme-related issues. Also discussed is their upcoming conference at the Augusta Civic Center, which is free to those who wish to attend.

Show: Community Connections Airdate: 4/15/18 Airtime: 5:30am

Guest: Frank Gallagher, Communications Director, Bicycle Coalition of Maine

Topics/Issues: The number of bicycles on the road has increased over the years, from leisure riders to daily commuters. Bike Maine leads the way in advocating for rider safety, infrastructure improvements, and also promoting Maine as not only a bicycle-hospitable state but also a tourist destination for cyclists. Bike Maine also sponsors a yearly bike swap and sale that helps people of all economic circumstances to acquire a bicycle.

Show: Community Connections Airdate: 4/22/18 Airtime: 5:30am

Guests: Paula Jackson-Jones, President; Angele Rice, VP, Midcoast Lyme Disease Support and Education (*encore presentation*)

Topics/Issues: In spite of a chilly start to spring and in spite of snow still being on the ground, ticks are already in season, and preventative measures need to be taken to avoid Lyme disease-carrying ticks. MLDSE gives talks around the state on avoiding

ticks and what to do if bitten by a tick. The organization also facilitates support groups throughout the Midcoast area, advocates at the legislative level on Lyme-related issues. Also discussed is their upcoming conference at the Augusta Civic Center, which is free to those who wish to attend.

Show: Community Connections Airdate: 4/29/18 Airtime: 5:30am

Guest: Rebecca Hobbs, Executive Director, Through These Doors

Topics/Issues: Through These Doors, formerly known as Family Crisis Services, is the Portland area's response center for, and organization for the prevention of domestic abuse. Through These Doors offers resources for individuals and families dealing with forms of abuse. TTD also works to help law enforcement professionals understand domestic cases better.

Show: Community Connections Airdate: 5/6/18 Airtime: 5:30am

Guest: Emily Clark, Executive Director, Girls On The Run

Topics/Issues: Girls On The Run is an organization with chapters in all fifty states that helps school-aged girls build confidence and prepare them for their teenage years and adulthood, through the act of training to run a 5K race. GOTR works to give girls a positive environment to build personal attributes, and address anxiety and depression at a young age. The program culminates in a major 5K race event.

Show: Community Connections Airdate: 5/13/18 Airtime: 5:30am

Guest: Deb Maxfield, Director of Marketing; Brandon Merry, Program Manager, Maine Adaptive Sports

Topics/Issues: Maine Adaptive has given thousands of individuals with physical disabilities the opportunity to participate in a vast array of sports in all four seasons. Based at Sunday River in Newry, Maine, the program began as an adaptive skiing program and has branched out to over a dozen other sports in several locations statewide, including cycling, paddling, tennis and golf. Maine Adaptive also offers programs for disabled veterans and their families.

Show: Community Connections Airdate: 5/20/18 Airtime: 5:30am

Guest: Emily Clark, Executive Director, Girls On The Run (*encore presentation*)

Topics/Issues: Girls On The Run is an organization with chapters in all fifty states that helps school-aged girls build confidence and prepare them for their teenage years and adulthood, through the act of training to run a 5K race. GOTR works to give girls a positive environment to build personal attributes, and address anxiety and depression at a young age. The program culminates in a major 5K race event.

Show: Community Connections Airdate: 5/27/18 Airtime: 5:30am

Guest: Deb Maxfield, Director of Marketing; Brandon Merry, Program Manager, Maine Adaptive Sports (*encore presentation*)

Topics/Issues: Maine Adaptive has given thousands of individuals with physical disabilities the opportunity to participate in a vast array of sports in all four seasons. Based at Sunday River in Newry, Maine, the program began as an adaptive skiing program and has branched out to over a dozen other sports in several locations statewide, including cycling, paddling, tennis and golf. Maine Adaptive also offers programs for disabled veterans and their families.

Show: Community Connections Airdate 6/3/18 Airtime: 5:30am

Guests: Jami Badershall, Communications Manager, Maine Dairy Promotions Board; Sarah Littlefield, Director, Dairy Farmer Training, Wolfe's Neck

Topics/Issues: We discuss the importance of Maine's dairy farmers, the local nature of their consumer base and livelihood, and the importance of identifying and training the next generation of dairy farmers. Many farms have no one to continue when older generations retire, and the Wolfe's Neck Dairy Farmer Training program is one means of addressing this issue.

Show: Community Connections Airdate 6/10/18 Airtime: 5:30am

Guest: Adam Lacher, Director of Advocacy, Alzheimer's Association of Maine

Topics/Issues: We discuss the importance of funding to help research in the fight against Alzheimer's and other dementia-related diseases. Recent upticks in funding have helped break new barriers in identifying Alzheimer's earlier in life. The Association also offers numerous programs for Alzheimer's patients as well as their caregivers, who provide nearly a billion dollars in unpaid care every year. The Association also promotes fundraising and awareness drives like The Longest Day on June 21, and a number of Walks To End Alzheimer's statewide in the fall.

Show: Community Connections

Airdate 6/17/18

Airtime: 5:30am

Guests: Gerard Queally, CEO; Stephanie Hanner, Community Engagement Officer,
Spectrum Generations

Topics/Issues: Spectrum Generations offers help and services for seniors and disabled adults in six counties in Central and Midcoast Maine. Spectrum's footprint covers one of the most demographically oldest areas in a state that is already known as the demographically oldest state in the nation. Spectrum Generations offers services like community centers, meal delivery, senior fitness and wellness classes, and resources and respite for caregivers as well. Spectrum Generations also serves as an advocate in Augusta and Washington for aging and health care related issues.

Show: Community Connections

Airdate 6/24/18

Airtime: 5:30am

Guest: Erin Rice, Chief Development Officer, Pine Tree Society

Topics/Issues: Pine Tree Society offers services and resources for persons with disabilities. Amongst the key programs are career development programs for teens as well as adults, and early learning centers to help prepare kids for a school setting. One of Pine Tree Society's most visible programs is their Pine Tree Camp, located in Rome, Maine. This camp allows children with disabilities to enjoy the wonders of nature in a classic summer camp setting, and helps children create lasting friendships in cases where they tend to feel isolated in their local communities.

Show: Community Connections

Airdate 7/1/18 Airtime: 5:30am

Guest: Erin Rice, Chief Development Officer, Pine Tree Society (*encore presentation*)

Topics/Issues: Pine Tree Society offers services and resources for persons with disabilities. Amongst the key programs are career development programs for teens as well as adults, and early learning centers to help prepare kids for a school setting. One of Pine Tree Society's most visible programs is their Pine Tree Camp, located in Rome, Maine. This camp allows children with disabilities to enjoy the wonders of nature in a classic summer camp setting, and helps children create lasting friendships in cases where they tend to feel isolated in their local communities.

Show: Community Connections

Airdate 7/8/18 Airtime: 5:30am

Guests: Mary Brant, External Communications Manager, American Red Cross; Alex Sargent, EMT and father

Topics/Issues: With summer holiday season underway, blood donations tend to take a major hit. We discuss the importance of regular blood donation as well as plasma and platelet donation, with an emphasis on the perishability of all three. We also discuss the upcoming “Out For Blood” blood drive scheduled for July 13, sponsored by a number of Binnie Media radio stations, to help address the blood shortage. Alex discusses how blood and platelet donations were crucial during his son’s cancer treatments.

Respectfully Submitted,

Leif W. Erickson
Public Affairs Director
WFNK-FM
