

KHJ ISSUES AND PROGRAMS LIST

1st Quarter – January 1 to March 31, 2018

**Note: All times listed are Pacific*

Show: Morning Air

Date: January 3, 2018

Time: 5:30 am

Topic: Success and Leadership

Guest: Dave Durand

Length: 25 minutes

Summary: Dave Durand joined John and Glen to talk about how to define an honest day's work and the common ground between being too scrupulous with time and how we can work effectively with relaxation and focus. Dave is an author, speaker and personal success coach. He has trained over 100,000 professionals in sales, marketing, business leadership and athletics. He is the founder of ProBalance Inc. and Dave Durand Coaching Systems.

Show: The Drew Mariani Show

Date: January 4, 2018

Time: 12:00 pm

Topic: Flu Season

Guest: Dr. Robert Tiballi

Length: 25 minutes

Summary: Dr. Rober Tiballi joined Drew to discuss the current flu season, high numbers of illnesses, and the flu pandemic of 1918. Dr. Tiballi offered advice on flu prevention.

Show: The Patrick Madrid Show

Date: January 8, 2018

Time: 6:00 am

Topic: Presidential Race

Guests: listener calls and reactions

Length: 48 minutes

Summary: Oprah gave the speech at the Golden Globe Awards. Patrick ponders the possibility of Oprah Winfrey running for president. Listeners were invited to call-in and share their thoughts on the issue.

Show: The Patrick Madrid Show

Date: January 10, 2018

Time: 8:00 am

Topic: Alcohol

Guests: listener calls and reactions

Length: 40 minutes

Summary: Patrick discusses Ned Lamb and why he decided to give up alcohol for a year. Listeners shared their personal stories and experiences with alcohol.

Show: Morning Air

Date: Jan 11, 2018

Time: 4:00 am

Topic: Smartphone Addiction

Guest: Dr. Rhonda Martin

Length: 30 minutes

Summary: Dr. Rhonda Martin talked about the impact smartphones have on kids. Dr. Martin discussed recent research that addresses what age is appropriate for children to use smartphones and suggested guidelines on how much time should be spent on these devices per day. She also addressed the mental health effects on children from use of mobile devices. Rhonda C Martin is a Licensed Professional Clinical Counselor, a Board Certified Professional Counselor, a Diplomate in Anxiety Disorders and A Fellow of the American Psychotherapy Association.

Show: A Closer Look

Date: January 12, 2018

Time: 3:00 pm

Topic: Mental Health

Guest: Dr. Aaron Kheriaty

Length: 48 minutes

Summary: Dr. Kheriaty, Associate Professor of Psychiatry at the University of California, Irvine, joined Sheila to discuss the epidemic levels of depression.

Show: The Drew Mariani Show

Date: January 17, 2018

Time: 12:00 pm

Topic: New State

Guest: Matthew Franck

Length: 25 minutes

Summary: Some residents of California want to break the state into smaller pieces. We addressed the constitutionality of such a proposal with Dr. Matthew Franck-Director of the William E. and Carol G. Simon Center on Religion and the Constitution.

Show: The Drew Mariani Show

Date: January 24, 2018

Time: 12:15 pm

Topic: Social Media

Guest: Dr. Eugene Gan

Length: 45 minutes

Topic: Teens and adults are spending longer times on social media. What effect is that having on how we socialize in real life? Dr. Eugene Gan joined The Drew Mariani Show to discuss this issue.

Show: A Closer Look

Date: February 2, 2018

Time: 3:00 pm

Topic: March for Life and the Pro-Life Movement

Guest: Mary FioRito

Length: 48 minutes

Summary: Mary FioRito joined Sheila to recap the March for Life and how it was improperly covered by the media. They also talked about how true womanhood needs to encompass the pro-life movement. A listener from Sacramento also expressed his worries that the government will one day enforce a one child law in the country.

Show: The Drew Mariani Show

Date: February 5, 2018

Time: 12:00 pm

Topic: Super Bowl

Guest: Stewart McHie

Length: 25 minutes

Summary: Stewart led our annual look at the Super Bowl commercials. Stewart is the MSBA Program Director and Marketing Lecturer for The Busch School of Business and Economics at the Catholic University of America.

Show: Morning Air

Date: February 06, 2018

Time: 5:45 am

Topic: Economy and Investing

Guest: Bill Ulivieri

Length: 15 minutes

Summary: Bill Ulivieri joined us to talk about the stock market and whether or not it is a good time to buy or sell. He also addressed fears of inflation and whether or not it will wipe out the extra dollars Americans got in their paychecks with the new tax cut. Bill is an investment fiduciary and owner of Cenacle Capital Management. Bill specializes in providing independent 401(k) Advice and portfolio management.

Show: The Drew Mariani Show

Date: February 7, 2018

Time: 1:30 pm

Topic: Transcendental Meditation

Guests: Aryeh Siegel

Length: 30 minutes

Summary: The author of *Transcendental Deception* joined us to talk about transcendental meditation and why it's really not what it's all cracked up to be.

Show: Morning Air

Date: Feb 14, 2018

Time: 3:15 am

Topic: Relationships

Guest: Dr. Jennifer Roback Morse

Length: 15 minutes

Summary: Dr. Morse offered tips for a happier marriage with her book *101 Tips for a Happier Marriage*. She stressed one section of her book that mentions why it's not necessarily important to win every argument and sometimes it's better to just "let it go". Dr. Morse is the founder of the Ruth Institute, a global non-profit organization focused on keeping the family together, protecting the rights of children and helping the millions of people who have been harmed by family breakdown.

Show: The Drew Mariani Show

Date: February 14, 2018

Time: 12:00 pm

Topic: The Death Penalty

Guest: Kent Whitaker

Length: 25 minutes

Summary: Kent's son, Bart, was on Texas' death row for the murder of Bart's mother and brother. Kent talked about why he should not have been on death row. We followed up with him

on February 26th after the Governor commuted his sentence to life in prison without the possibility of parole.

Show: The Patrick Madrid Show

Date: February 15, 2018

Time: 8:00 am

Topic: various

Guest: listener calls and reactions

Length: 48 minutes

Summary: Listeners shared their thoughts and reactions to many of the issues of the day including bullying. One caller mentioned that the reason teachers' hands are tied when dealing with bullies sometimes is because the parents of the bully are also bullies. Another caller, Kurt, is a police officer and teaches CCW. He says that all the mass shooters go through the same 5 stages. He also recommended a book by Dave Grossman and Kristine Paulsen called *Assassination Generation*.

Show: A Closer Look

Date: February 21, 2018

Time: 3:00 pm

Topic: Life Issues and Abortion

Guest: Brian Burch & Terry Beatley

Length: 48 minutes

Summary: Brian Burch of Catholic Vote discussed the need to learn candidates' positions on life issues. Terry Beatley discussed Dr. Bernard Nathanson's revelation of the Catholic strategy to sell abortion; how Catholics alone can reverse abortion on demand.

Show: The Patrick Madrid Show

Date: February 27, 2018

Time: 6:00 am

Topic: Technology

Guest: listener calls and reactions

Length: 15 minutes

Summary: Patrick discussed a recent story that mentions kids use technology so much that they can't hold a pencil anymore. He also talked about digital footprints and companies who scour our digital lives for health clues.

Show: A Closer Look

Date: March 1, 2018

Time: 3:00 pm

Topic: Laws and Current Social Issues

Guest: Dr. Aaron Kheriaty

Length: 48 minutes

Summary: Dr. Kheriaty joined the show to talk about gun laws, mental health problems in our society, and how politicians and media overlook the key role and impact of fatherlessness.

Show: A Closer Look

Date: March 5, 2018

Time: 3:00 pm

Topic: Fake News, New CDF Document

Guest: Wendy Wiese & Msgr. Stuart Swetland

Length: 48 minutes

Summary: Relevant Radio News Director Wendy Weise joined the program to discuss truth in media and why fake news is an issue not only in our country, but globally. Msgr. Stuart Swetland discussed the new CDF document, *Placuit Deo*, and discussed what it says and why it's important.

Show: Morning Air

Date: March 6, 2018

Time: 4:30 AM

Topic: Mindfulness in Practice

Guest: Harry Kraemer

Length: 25 minutes

Summary: Harry joined the show to talk about mindfulness in practice. Have we confused activity with productivity? Harry addressed this question and others and discussed the impact of putting organization into one's life. Harry M. Jansen Kraemer, Jr. is a professor of management and strategy at Northwestern University's Kellogg School of Management, where he teaches in the MBA and the Executive MBA programs. He is an executive partner with Madison Dearborn Partners, one of the largest private equity firms in the United States.

Show: The Drew Mariani Show

Date: March 6, 2018

Time: 12:30 pm

Topic: Constitution and Laws

Guest: Lisa Boucher

Length: 25 minutes

Summary: Lisa Boucher and her family owned a bridal shop in small town, Pennsylvania. They had to close it after death threats and the town council passed a law prohibiting shop owners from not servicing people who want same-sex weddings. She joined us to discuss what happened.

Show: The Patrick Madrid Show

Date: March 9, 2018

Time: 6:00 am

Topic: Issues of the Day

Guest: listener calls and reactions

Length: 48 minutes

Summary: Patrick talks about various issues of the day including Florida weights seceding from daylight savings time, the NRA, "Hot Coil Challenge", North Korea, energy issues, 10 richest women in technology, and Bill Gates. Listeners also shared their thoughts including a father-in-law who wants to become Catholic, but doesn't want to give up his membership to the Freemasons.

Show: The Drew Mariani Show

Date: March 14, 2018

Time: 2:00 pm

Guest: Dr. Stephen Barr

Topic: The Death of Stephen Hawking

Length: 48 minutes

Summary: Dr. Stephen Barr joined the show to talk about the death of Stephen Hawking. We discussed Hawking's research, contributions to science, and whether or not he believed in God.

Show: A Closer Look

Date: March 16, 2018

Time: 3:00 pm

Guest: Dr. Aaron Kheriaty

Topic: Violence

Length: 48 minutes

Summary: Dr. Kheriaty discussed what we can do in families, schools, and social groups to end violent behavior.

Show: Morning Air

Date: March 23, 2018

Time: 5:30 AM

Topic: Parenting

Guest: Dr. Jim Schroeder

Length: 25 minutes

Summary: Do as I Say, Not as I've Done-Jim Schroeder joined Morning Air to discuss having difficult conversations with our kids and facing these topics that are troubling them. Jim is a pediatric psychologist, and an endurance athlete. He writes a monthly column entitled "Just Thinking" at www.stmarys.org/articles.

Show: The Drew Mariani Show

Date: March 26, 2018

Time: 2:00 pm

Topic: Church & Politics

Guest: Kristen Day

Length: 25 minutes

Summary: Cardinal Timothy Dolan slammed the Democrat Party in a Wall Street Journal column. Drew spoke to Kristen Day of Democrats for Life about it.