STATION: WDZN-FM

PORGRAM: ALLEGANY COMMUNICATIONS COMMUNITY FORUM

SUBJECT: Events in the Tri-State

Discussion: As we bring in the new year, we want to let everyone know about the plentiful events in our area. If you live in the Cumberland area you can dispose your Christmas tree at the Mulch Yard Recycling Site, all throughout the month of January. For Frostburg, for two days out of the month the city will be doing a curbside pickup for all Christmas trees if they are not flocked. There are a lot of opportunities to donate blood in our area just visit AmericanRedCross.com to find local areas as well as sign up for an appointment. In Frostburg there is a Children's Clothes Closet where kids can swing by and pick up clothes for free. There will be a band benefit for Dave Broadwater and the Cumberland Outdoor Club. The Cumberland Library is having a My Mini Mart event; this is an event where the kids get to do the shopping with help thanks to the Western Maryland Food Bank. Frostburg is hosting their 5th annual Cocoa Crawl, an event that lets people enjoy the small businesses of Frostburg with some hot cocoa and sweet treats. Lastly an all you can eat wing dinner at the Short Gap VFD; all proceeds go to the fire company.

DATE: 01/07

TIME/ DURATION: 3:00 MINUTES: Saturday at 11:35am

GUEST: N/A

MEDIA INTEREST: Covered in Times News, WCBC, Facebook & Twitter

YEAR: 2023

STATION: WDZN-FM

PORGRAM: ALLEGANY COMMUNICATIONS COMMUNITY FORUM

SUBJECT: Keyser Middle School Drama Frozen JR

Discussion: Today we got to welcome Tommy Nester and two lead rolls from Keyser Middle School's drama department. The performance is being held at WV Potomac College Friday January 13th- Sunday January 15th. This is the first production that Keyser Middle has done since pre-pandemic. Anna and Elsa from the performance are both scared and excited to get to put on the performance. The students have been in rehearsals since October and are looking forward to the three-day run. Volunteers are welcome to either help backstage or as ushers, just contact Keyser Middle School and ask for Tommy Nester. Tickets will be \$5 and available at the door. The Drama will begin production on their spring program "Charlotte's Web" at the conclusion of the one. To find out more you can go to Facebook at Keyser Middle School Drama Department.

DATE: 01/14

TIME/ DURATION: 3:00 MINUTES: Saturday at 11:35am

GUEST: Tommy Nester

MEDIA INTEREST: Covered in Times News, WCBC, Facebook & Twitter

YEAR: 2023

STATION: WDZN-FM

PORGRAM: ALLEGANY COMMUNICATIONS COMMUNITY FORUM

SUBJECT: Homeless Count PIT

Discussion: Joining us today is Dayle Harvey the executive director of the Mineral County Family Resource Network. She's here to talk about their National Homeless Count PIT project and PIT stands for point in time. They want to help the members in the community who have been displaced between 1/25 and 1/26. There are different teams per county and have volunteers from all over to help give hot soup, drinks, and resources to help with whatever is coming next in their life. They are always welcoming and looking for new volunteers. If anyone would like to help, they can call 304-788-9099. If there are any agencies interested in donating, they are also accepting donations. If anyone know any locations in the Mineral County area that have many displaced or unsheltered members of the community, they can also call that number to help ensure no person in left behind. If anyone would like more information, they can visit HelpingMineralCountyFRN.org.

DATE: 01/21

TIME/ DURATION: 3:00 MINUTES: Saturday at 11:35am

GUEST: Dayle Harvey

MEDIA INTEREST: Covered in Times News, WCBC, Facebook & Twitter

YEAR: 2023

STATION: WDZN-FM

PORGRAM: ALLEGANY COMMUNICATIONS COMMUNITY FORUM

SUBJECT: Western Maryland Food Council

Discussion: Theresa Stahl joins us in the studio to talk about the Western Maryland Food Council. Western Maryland Food Council is a group of diverse stake holders in our food system like farmers, vendors, community workers with the idea to sustain the environmental, economic, social, and nutritional health of western Maryland. They also help with a Buy Local project in Allegany County. It is a local initiative intended to make it easier for people to find and buy locally sourced farm products. The project is assisted by the University of Maryland extension, Garret County Business Development, and funded by Grants from the Maryland agriculture council and western Maryland food council. The pandemic has opened our eyes to see that our grocery shelves will not always have what we want or need. Their goal is to strengthen the local community with food so that when it is needed, it is available. Buying local has many benefits for consumers: Buying food while it's in season tastes better, helps save on gas, you support local businesses, keeps us healthier, more nutritious, get plenty of vitamins and minerals, and it also makes you feel better. To find out more about Western Maryland Food Council or Buy Local you can check out their websites at WMDFoodCouncil.com and BuyLocalAllegany.org.

DATE: 01/28

TIME/ DURATION: 3:00 MINUTES: Saturday at 11:35am

GUEST: Theresa Stahl

MEDIA INTEREST: Covered in Times News, WCBC, Facebook & Twitter

YEAR: 2023

STATION: WDZN-FM

PORGRAM: ALLEGANY COMMUNICATIONS COMMUNITY FORUM

SUBJECT: Ukrainian and Russian refugees Benefit Concert

Discussion: Today we are joined by Elene for a Benefit concert for Ukrainian and Russian refugees who have been displaced because of the war. The concert is February 11th at 2pm at the St. Paul's Lutheran Church on Washington Street Cumberland. There is no cover charge. The concert will be a variety show with 16 to 18 different acts of multiple variety. During the intermission there will be refreshments with a silent auction taking place thanks to local merchants. If anyone would like to donate to the silent auction, they are still taking donations at this time. They are also accepting donations in the form of checks made out to the Fredrick Street Church in Cumberland. Just put in the memo that it is for the refugee fund. If anyone want to volunteer their time instead, they are still looking for anyone wanting to lend a hand. For more information check them out on Facebook at Ukrainian Refugee Benefit Concert.

DATE: 02/04

TIME/ DURATION: 3:00 MINUTES: Saturday at 11:35am

GUEST: Elene

MEDIA INTEREST: Covered in Times News, WCBC, Facebook & Twitter

YEAR: 2023

STATION: WDZN-FM

PORGRAM: ALLEGANY COMMUNICATIONS COMMUNITY FORUM

SUBJECT: CTE Programs with ACM

Discussion: Joining us today is LuAnn Cook from Allegany College of Maryland to talk about their Career and Technical Education programs. February is celebrating career and technical education month. It's designed to be a public awareness program to honor and recognize all career and technical education achievements. This program readies learners for a successful career. CTE allows you to apply academic and employable skills with engagements through internships, practicums, and clinicals. Allegany College of Maryland has a wide variety of programs available. Go to Allegany.edu/CTE for all information and links to all of the programs as well as free admission to scholarship applications. You can always call LuAnn herself at 301-784-5044. This workforce development is in partnership with the state of Maryland to help offset tuition costs.

DATE: 02/11

TIME/ DURATION: 3:00 MINUTES: Saturday at 11:35am

GUEST: LuAnn Cook

MEDIA INTEREST: Covered in Times News, WCBC, Facebook & Twitter

YEAR: 2023

STATION: WDZN-FM

PORGRAM: ALLEGANY COMMUNICATIONS COMMUNITY FORUM

SUBJECT: American Red Cross

Discussion: Joining us in the studio is Jason Keeling the Executive Director of the Allegany Highlands chapter of the American Red Cross. During the winter months it can be tough for people to be able to come out and donate blood due to weather or illnesses. They are asking for anyone who is healthy and able to come out and donate. January is national Blood Donation month and in honor of the month/ to get more people out to donate, those who donate can win a trip to this year's Super Bowl! This way they can thank the people who have donated their time and blood who help keep hospitals stocked. Every donation can help save three lives. To schedule a blood donation anyone can call 1-800-Red Cross, go to the website RedCrossBlood.org, or download the Red Cross Blood Donor app. All you need to do is put in your zip code and you'll be given different places and dates nearby to help donate blood. For the month of January there are plenty of places to donate blood in Western Maryland and West Virginia.

DATE: 02/18

TIME/ DURATION: 3:00 MINUTES: Saturday at 11:35am

GUEST: Jason Keeling

MEDIA INTEREST: Covered in Times News, WCBC, Facebook & Twitter

YEAR: 2023

STATION: WDZN-FM

PORGRAM: ALLEGANY COMMUNICATIONS COMMUNITY FORUM

SUBJECT: American Red Cross

Discussion: Joining us in the studio is Jason Keeling the Executive Director of the Allegany Highlands chapter of the American Red Cross. During the winter months it can be tough for people to be able to come out and donate blood due to weather or illnesses. They are asking for anyone who is healthy and able to come out and donate. January is national Blood Donation month and in honor of the month/ to get more people out to donate, those who donate can win a trip to this year's Super Bowl! This way they can thank the people who have donated their time and blood who help keep hospitals stocked. Every donation can help save three lives. To schedule a blood donation anyone can call 1-800-Red Cross, go to the website RedCrossBlood.org, or download the Red Cross Blood Donor app. All you need to do is put in your zip code and you'll be given different places and dates nearby to help donate blood. For the month of January there are plenty of places to donate blood in Western Maryland and West Virginia.

DATE: 02/26

TIME/ DURATION: 3:00 MINUTES: Saturday at 11:35am

GUEST: Jason Keeling

MEDIA INTEREST: Covered in Times News, WCBC, Facebook & Twitter

YEAR: 2023

STATION: WDZN-FM

PORGRAM: ALLEGANY COMMUNICATIONS COMMUNITY FORUM

SUBJECT: Mineral County Cleanup

Discussion: The County united Way and the Mineral County Commission will be hosting a weekend cleanup Friday, April 21st through Monday, April 24th. Festivities will kick off Friday morning at 8:30 am with breakfast at Brooks Park in Keyser. Work will be at Barnum Cabins and Lariam Park volunteers are needed to help with general brush cleanup and painting. Volunteers are needed and can either contact United Way or contact Katie directly at 301-707-3065. Katie can also be contacted if anyone has any recommendations of other properties to add for cleanup.

DATE: 03/04

TIME/ DURATION: 3:00 MINUTES: Saturday at 11:35am

GUEST: Katie Gattens

MEDIA INTEREST: Covered in Times News, WCBC, Facebook & Twitter

YEAR: 2023

STATION: WDZN-FM

PORGRAM: ALLEGANY COMMUNICATIONS COMMUNITY FORUM

SUBJECT: Mineral County Cleanup

Discussion: In the studio today, we have Katie Gattens. The County united Way and the Mineral County Commission will be hosting a weekend cleanup Friday, April 21st through Monday, April 24th. Festivities will kick off Friday morning at 8:30 am with breakfast at Brooks Park in Keyser. Work will be at Barnum Cabins and Lariam Park volunteers are needed to help with general brush cleanup and painting. Volunteers are needed and can either contact United Way or contact Katie directly at 301-707-3065. Katie can also be contacted if anyone has any recommendations of other properties to add for cleanup.

DATE: 03/11

TIME/ DURATION: 3:00 MINUTES: Saturday at 11:35am

GUEST: Katie Gattens

MEDIA INTEREST: Covered in Times News, WCBC, Facebook & Twitter

YEAR: 2023

STATION: WDZN-FM

PORGRAM: ALLEGANY COMMUNICATIONS COMMUNITY FORUM

SUBJECT: STEM Festival

Discussion: We are joined today by Margret Miltenberger with the WV extension service. They are outing on their 10th annual STEM festival at WV Potomac State College Saturday, March 25th from noon until four pm. It is free event and open to the public; they will have food, beverages, and snacks available for all in attendance. STEM or Science Technology Engineering and Math is a program that lets the youth experience different environments that involve all those subjects. The event is made possible by WVU Potomac Valley Hospital, Northern Grumman, UPMC, and the Department of Forestry. If you would like to learn more, you can check out them on Facebook.

DATE: 03/18

TIME/ DURATION: 3:00 MINUTES: Saturday at 11:35am

GUEST: Margret Miltenberger

MEDIA INTEREST: Covered in Times News, WCBC, Facebook & Twitter

YEAR: 2023

STATION: WDZN-FM

PORGRAM: ALLEGANY COMMUNICATIONS COMMUNITY FORUM

SUBJECT: Western Maryland Food Bank Two Events

Discussion: Today we are joined on the line by Amy Moyer with the Western Maryland Food Bank. They will be having a "Chefs of Steal" event where 5 students from Allegany College of Maryland and 5 professional chefs will compete in a live cooking competition. They have one hour to complete a dish with a secret ingredient thrown in, after they are done, they will be judged, and one will be crowned the winner. Monday, April 3rd; tickets are on sale for \$50, which includes food, free beer, and wine. They will also have a silent auction, door prizes, and "let's make a meal" game. You can get tickets at the WMFB, Culinary Café, and the Book Center. They are also available online at WBFoodBank.org. Another event they are having is called One Bowl. Go to the Pottery store in LaVale, paint a bowl, and donate it to the WMFB. On May 6th people can attend the pottery store in LaVale, watch the bowls become prepared, get a \$10 coupon, and those bowl will be donated to the WMFB. Will is being provided by Crabby Pig, Dhatri's, Chef Paul's, Yamato as well as rolls provided by Caporale Bakery.

DATE: 03/25

TIME/ DURATION: 3:00 MINUTES: Saturday at 11:35am

GUEST: Amy Moyer

MEDIA INTEREST: Covered in Times News, WCBC, Facebook & Twitter

YEAR: 2023