KKZY-FM BEMIDJI, MN 56601 QUARTERLY "ISSUES PROGRAMMING" LISTING JANUARY – MARCH 2019

News and Public Service Director Larissa Donovan compiled the list for the first quarter of 2019

Issues Programs List

Quarterly Issues Programs List for KKZY-FM January 1 through March 31, 2019. Placed in the Public File March 10, 2019

Section I. Issues.

The station has identified the following issues as significant issues facing our community in this quarter:

- **A. Community Enrichment and Improvement:** Activities and events that enrich and/or improve the lives of community members.
- **B. Arts and Culture:** Arts and culture offerings and educational opportunities for the community.
- **C. Health**: Health issues and initiatives, in our area.
- **D. Women's Issues:** Issues affecting the health, well being, and advancement of women in our region.
- **E. Youth Health & Well Being:** Area programs and efforts to assist youth and children in need or at risk.

Section II. Responsive Programs

The station has broadcast programming dealing with each of the above referenced issues. Programming dealing with each issue is set out below.

A. COMMUNITY ENRICHMENT & IMPROVEMENT

"Community Spotlight Program"—Air Date 1/13/19

Topic: Minnesota Department of Transportation representative Joe McKinnon discusses upcoming highway projects, including one west of Bemidji on U.S. Highway 2.

Program Length: 14:59

"Community Spotlight Program"—Air Date 1/20/19

Topic: Lake George Fire and Rescue Ben Sonnenberg and Tom Bolingford discuss need for volunteer firefighters. Also discussed were the training opportunities available for volunteer firefighters.

Program Length: 14:08

"Community Spotlight Program"—Air Date 2/3/19

Topic: Jennifer Arnold and Brooke Pipenberg discuss the upcoming Leech Lake Frost Fest, which is committed to bring family and community together to celebrate winter and to respect the environment. Pipenberg is from the Deep Portage Learning Center in Hackensack and that center is the beneficiary of the event.

Program Length: 7:13

"Living United Podcast"—Air Date 3/31/19

Topic: Kev Jackson and United Way Executive Director Danae Alamando host a podcast and discuss the next United Way of the Bemidji Area's campaign for the community. The campaign for the community raises funds for the United Way's target areas, and funds are dispersed to area nonprofits that qualify under those target areas.

Program Length: 20:36

B. ARTS & CULTURE

"Community Spotlight Program"—Air Date 2/10/19

Topic: Ara Gallo, assistant branch manager for the Bemidji Public Library, discusses new "Bemidji Speaks" events. The library receives grants to put on special events, and the "Bemidji Speaks" event is a monthly series that features local speakers. Gallo discusses the group of talented people in Bemidji and his wish to highlight their art and work.

Program Length: 11:38

"Community Spotlight Program"—Air Date 2/17/19

Topic: Famous jazz musician Chris Brubeck from the band "Triple Play" discusses his upcoming concert in Bemidji that will benefit the Bemidji Symphony Orchestra. Brubeck is a composer and a one-time collaborator with the BSO. Brubeck is the son of Dave Brubeck, another famous jazz musician, and has a long musical history.

Program Length: 12:37

C. HEALTH

"Community Spotlight Program"—Air Date 3/3/19

Topic: Shawn Carter, from Bemidji Baptist Church, discusses "Reformers Unanimous," a faith-based addiction program. Carter is an elder of the church, and discusses the addiction program, which is sanctioned by the court system. The program includes child care during the meetings.

Program Length: 14:48

"Living United Podcast"—Air Date 3/10/19

Topic: Kev Jackson and United Way Executive Director Danae Alamano host a podcast with director of Adult Day Services April Coleman in Bemidji. Adult Day Services promotes healthy aging, with a focus to enhance overall wellness, and gives socializing, therapeutic services and assistance with personal care needs for aging adults. The center is licensed to provide care for 18 and older, with 50 percent veterans utilizing the program.

Program Length: 19:26

D. WOMEN'S ISSUES

"Community Spotlight Program"—Air Date 3/17/19

Topic: Advocate Erin Schneider from the Northwoods Battered Women's Shelter discusses "Action Day," an awareness campaign on domestic violence. A recent double homicide and suicide in Nary has been linked to domestic violence, as was a homicide in Red Lake. Action Day is where people in the community come together to rally to bring attention to domestic violence. Erin talks about the needs of the shelter as well, with many people seeking help were turned away due to a lack of space.

Program Length: 18:26

E. YOUTH HEALTH AND WELL-BEING

"Community Spotlight Program"—Air Date 3/24/19

Topic: Joanna Wallenberg and Rosie Germstahd discuss the ACES summit held last month in Park Rapids. Wallenberg reviews ACE's, or adverse childhood

experiences. They can affect physical health as well as mental health. ACEs can be one of 10 items, physical abuse, physical neglect, sexual abuse, and a category of household dysfunction, such as parental substance use, parent with mental illness, violence in the home, divorce, and a member of the household incarcerated. Also discussed was positive stress, tolerable stress such as poverty, even some of the ACEs, and intolerable, toxic stress that usually results in ACEs. Wallenberg and Germstahd also other projects they work on, such as a mentor program for at-risk children.

Program Length: 14:41

"Living United Podcast"—Air Date 1/6/19

Topic: Kev Jackson and United Way Executive Director Danae Alamando host a podcast and discuss Peacemaker Resources with Stacy Berder-Fayette. The local nonprofit has been in Bemidji for 20 years and focus on healthy communities and healthy families. They focus on education in three areas, such as social-emotional learning, trauma informed learning and cultural responsiveness. Peacemaker Resources works with schools and young children in learning some of these skills.

Program Length: 30:16

"Living United Podcast"—Air Date 1/27/19

Topic: Kev Jackson and United Way Executive Director Danae Alamano host a podcast with director of the Boys and Girls Club of the Bemidji Area Andrea Ohnstad. The club serves kids, ages six through sixteen, with academic health and leadership programs throughout the year. The club has been in town for sixteen years and occupies a former building of the old Bemidji High School. The club has served 3,500 children in that time, and serves 600 each year and 200 each day.

Program Length: 31:55

KKZY-FM - 2019 Public Service Announcements 1/1 – 1/31

Itasca State Park snowshoe hike on Jan. 1.

Bemidji Cross Country Ski Club's "Sunday Ski School" class begins Jan. 6.

Bemidji Parks and Rec offers new fitness classes beginning Jan. 7 through March 27.

Indoor Pickleball held at Bemidji Armory Tuesdays through March 26.

Headwaters Music & Arts presents Young Artist Club and Headwaters Art Club for kids K-6.

City of Bemidji and American Red Cross present lifeguard certification training courses.

Compass Rose and Bemidji Parks and Rec offer adult crafting classes.

Family Night at Buena Vista registration deadline.

Bemidji Parks and Rec offers weekly cooking class for kids.

Northwest Technical College's Spring Day of welcome for new and returning students.

Watermark Art Center hosts opening reception for new indigenous American art exhibit.

Group run for "couch to 5K" program begins Saturdays through March 9.

Bemidji Senior Activity Center's monthly pancake breakfast fundraiser.

Farm by the Lake in Bagley presents Storyteller series featuring Laura Packer.

Bemidji Lions Club hosts benefit for Paul and Lois Simonson at the Bemidji Eagles Club.

Bemidji Parks and Rec hosts "Cabin Fever Fun" family event at Compass Rose.

The Region 2 Arts Council accepts applications for Arts Access Grants.

Bemidji State University celebrates Martin Luther King, Jr., with a ceremonious program at the Beaux Arts Ballroom.

Bemidji Parks and Rec and Compass Rose offer sign painting class. Bemidji State University invites community to "World's Largest Hockey Day Salute" near the Alumni Arch.

Watermark Art Center holds art activity related to "Hockey Day Minnesota."

Deep Portage Learning Center in Hackensack hosts annual Winter Rendezvous.

The Christian Women's monthly luncheon held at the Bemidji Eagles Club invites area women.

Sanford Bemidji introduces its new free Survivors of Stroke support group. Group meets monthly.

Mental health first aid course offered in Bemidji for a fee.

Bemidji Parks and Rec hosts "Aquatic Core" sessions at the BSU Gillett Wellness Center pool.

League of Women Voters in Park Rapids meeting.

Watermark Art Center's monthly "Art Family Style" class.

Open Enrollment at the Bug-O-Nay-Ge-Shig school on the Leech Lake reservation opens for grades K-12.

Compass Rose and Bemidji Parks and Rec hold "letter Stamped necklace" adult crafting class.

Bemidji Parks and Rec and Buena Vista hold "Learn how to Snowboard or Ski" class.

Sanford Health holds free "lunch and learn" seminar on gastroesophageal reflux disease.

LaunchPad presents "how to start your own business" workshop at the Mayflower building.

Bemidji Senior Activity Center holds informational session on services available for the visually impaired and the blind.

Bemidji Parks and Rec and Compass Rose hold "Cabin Fever Fun" family activity.

Farm by the Lake in Bagley continues their storyteller series with Rose Arrowsmith DeCoux.

Sanford Health of Bemidji offers year-long Diabetes prevention program.

Support Within Reach holds sexual violence advocacy training in Grand Rapids.

KKZY-FM - 2018 Public Service Announcements 2/1 – 2/28

Northwest Technical College offers free dental screenings for children as part of the "Give Kids a Smile" program.

Region 2 Arts Council presents an exhibit by Kelli Lien at the Wild Hare Bistro and Coffeehouse.

The Boys and Girls Club of the Bemidji Area seeks a new Resource Development Director.

Bemidji State University hosts the 40th annual JazzFest February 1-2 at the Bangsberg Fine Arts Complex.

United Way of the Bemidji area now accepting applications for the Venture grant program through Feb. 4.

Bemidji State University hosts speaker Winona LaDuke on creating sustainable environments and leading grassroots organizations.

Northwest Technical College's Student Nurses association sponsors blood drive.

Bemidji Parks and Rec holds Key Log Rolling class at the Gillett Wellness Center.

Bemidji Parks and Rec and Compass Rose holds sign painting class.

Bemidji State University holds a series of events during an A.C. Clark Library exhibit "Native Voices: Native Peoples' Concepts of Health and Illness."

Bemidji Senior Activity Center's monthly pancake breakfast fundraiser.

Itasca State Park holds Old Time Logging Demo near the Jacob V. Brower visitor center.

Second Saturday Kids art held at the Watermark Art Center.

The 4th Annual Relay for Life Charlie Schmitt Memorial Bonspiel seeking teams.

Bemidji Parks and Rec and the Blue Ox Marathon hold "Frozen Ox 5K."

Farm by the Lake in Bagley continues their Storytellers series with Louis Alemayehu.

Watermark Art Center and Willow Wood Market hold Creative Spirit Fiber Festival Feb. 22-23.

Bemidji Senior Activity Center and Bemidji Bus Lines holds "Touring Bemidji" event on Feb. 20.

Bemidji State University holds a racism in American sports discussion in the American Indian Resource Center.

Itasca State Park holds "Circle Time Under the Pines" for children 2-5.

Bemidji State University professors share their research on solar power as part of the BSU Honors Council Lecture series.

Bemidji Community Food Shelf holds their annual meeting.

Region 2 Arts Council accepting applications for the Young Artist Grants.

Lake Bemidji State Park holds candlelight snowshoe hike.

Headwaters School of Music and the Arts holds their instructor showcase.

Region 2 Arts Council accepting applications for the Individual Artist Grants.

The Itasca State Park holds lantern lit snowshoe hike.

Bemidji Parks and Rec holds annual Daddy-Daughter Dance.

Hackensack American Legion holds breakfast fundraiser.

Region 2 Arts Council holds workshop on Building Dementia Capability in the Arts.

Watermark Art Center holds its monthly "Art Family Style" group art class.

The 2020 All School reunion for Bemidji Area Schools committee is seeking volunteers.

Bemidji State University opens new exhibit in Bridgeman Hall's Talley Gallery.

Northwest Technical College Nurses Association holds "Stop the Bleed" training session.

The Hope Lutheran Church in Walker holds free community meal.

Bemidji Parks and Rec holds cross-country skill lessons at the BSU Gillett Wellness Center.

The Hope House holds "Make it OK" event for members, family and friends.

Watermark Art Center holds events related to their "Madwewe—It is Heard" exhibit.

KKZY-FM - 2019 Public Service Announcements 3/1 – 3/31

BSU presents their "MidWinter Interlude" exhibit in the Ramsey Gallery on campus.

Bemidji's First Friday Art Walk for the month features several opening receptions for new exhibits throughout town.

Sanford Bemidji hosts free, seven-week weight management class.

Itasca State Park holds "March Into Spring" snowshoe hike.

Headwaters Science Center celebrates 25th anniversary with free admission day.

Farm by the Lake in Bagley holds their inaugural Skeeter Beater 5K/10K Snowshoe race.

Bemidji Parks and Rec offers Safe Sitter babysitting program for teens 11-14.

Bemidji Parks and Rec holds snowshoe hike at North Country Park.

BSU professor presents accounting research as part of the BSU Honors Council Lecture Series.

Northwest Technical College holds Dental Open House for those interested in pursuing dentistry careers.

BSU nursing professors discuss Community Health projects during the Bemidji Adventures in Lifelong Learning seminar.

St. Agnes Catholic Church in Walker holds its annual Living Stations of the Cross for the start of the Lenten season.

League of Women Voters in Park Rapids meets to discuss the upcoming 2020 Census.

Bemidji Parks and Rec holds Nature Crafts and Clay day during a weekday off of school for kids.

Paul Bunyan Communications accepting youth essays in competition to win an all-expense paid trip to the U.S. Capitol.

Watermark Art Center holds Second Saturday art class for kids.

Gordy Buchanon Range 19-year celebration held at the Bemidji Eagles Club.

Farm by the Lake in Bagley continues storyteller series with Chad Filley.

Bemidji Parks and Rec holds Snowshoe through North Country Park event.

Bemidji Adventures in Lifelong Learning continues with a presentation on Concordia Language Villages.

Friends of Sanford Health hold Nutman Company sale in the Sanford Medical Center lobby.

Headwaters Science Center announces tickets on sale for the 10th Annual E-Cubed fundraising gala.

Bemidji Parks and Rec holds "Shamrock Shuffle" 5 or 10 K race.

Hackensack American Legion holds monthly breakfast fundraiser. Beltrami County Historical Society lecture series continues with Micah Carpenter's discussion on the spread of early Christianity.

Area women invited to monthly Christian Women's Luncheon at the Bemidji Eagles Club.

Northwest Technical College holds professional development workshop on working with minoritized students.

Itasca State Park holds "Circle Time Under the Pines" for children 2-5.

Northwest Technical College holds open house for those interested in careers within health and human services sectors.

Watermark Art Center holds monthly "Art Family Style" group art class.

Department of Natural Resource officials hold open house at Bemidji City Hall to discuss deer management.

Bemidji Parks and Rec holds "American Girl Club" for girls in grades K-5.

Bemidji Adventures in Lifelong Learning continues with a discussion on the upcoming 2020 Census.

The Beltrami County Historical Center holds "What's It Worth" antique appraising event.

Farm by the Lake in Bagley continues storyteller series with Paulette Friday.

Deadline to register for "Honoring Elder Wisdom: Living Well with Dementia in Native American Communities: conference scheduled for April 2.

Bemidji State University holds "I heart Female Orgasm" presentation as part of Women's History Month.

Bemidji State University holds presentation on "Speaking the Unspoken: Many perspectives of women and labor" in the A.C. Clark Library.

Bemidji State University holds a concert featuring female composers at First Lutheran Church as part of Women's History Month.

Bemidji State University and Northwest Technical College hold job and internship fair.

Bemidji Adventures in Lifelong Learning continues with Dr. Janice Haworth, BSU professor of music.

Northwest Technical College holds open house on its automotive and building trade career paths.

Friends of Sanford Health hold Collective Goods Sale in the Sanford Medical Center lobby.

Headwaters School of Music and the Arts holds paper making class geared for adults.

Watermark Art Center holds information session on the Walker Art Center in Minneapolis's search for new sculpture pieces.

Bemidji's Upstream Homebrewers Club holds their annual home-brewed beer tasting at Keg N Cork.

Clearwater County Volunteer Sheriff's Reserve holds fundraiser in Bagley.

Bemidji Sons of Norway holds monthly meeting at Calvary Lutheran Church.

Headwaters Shooting Sports Foundation offers Intro to Wing Shooting class for adults with Bemidji Area Schools Community Ed.