

Issues Programs List Quarterly Issues Programs List for Townsquare Media Utica April 1, 2019 through June 30, 2019

Quarterly Issues Programs List for Stations WFRG-FM, WLZW-FM, WODZ-FM, WIBX-AM

Section I. Issues.

The station has identified the following topics as significant issues facing our community in this quarter:

- A. **Health:** The Oneida County Health department is battling the recent Opioid rise across our nation locally. Opioid deaths were involved in over 50 overdose deaths in Oneida County, and that number continues to rise in 2019.
- B. **Economic Development:** A study is currently being done on the future development of Downtown Utica by The Community Foundation of Herkimer & Oneida Counties, in partnership with the City of Utica, Oneida County, the Greater Utica Chamber of Commerce, Mohawk Valley EDGE and the Genesis Group. This initiative will result in a vision-and-action plan for Downtown Utica's several districts, and tie together current and future developments that are reshaping the area's urban center.
- C. **Community and Economic Development:** The Genesis Group of Utica hosted a Community Forum, and launched the "Mohawk Valley Data Analytics Task Force." This group will explore how area businesses can harness the power of data sciences to make more informed strategic decisions, and work with area academic institutions to enhance training opportunities for the next generation of data professionals.
- D. **The Environment:** There are several recycling programs for Utica and Rome that residents don't take advantage of. There are new summer recycling programs locally, and OHSWA's new Food 2 Energy Program that the community can use throughout the year.
- E. **Child Safety:** The Ride for Missing Children, which raises awareness of missing children, was launched in Central New York after the disappearance of Sara Anne Wood of Sauquoit. This event teaches child safety and raises money for missing child poster distribution. Utica is the main city in the nation that prints missing children posters.

Section II. Responsive Programs

As part of our Responsive Programs, our brands airs both “This Week In The Mohawk Valley” and “Radio Health Journal” weekly.

This Week In The Mohawk Valley Programs for Quarter Two 2019

“This Week In The Mohawk Valley” airs weekly on each station at the following times: Sundays at 6AM on WFRG-FM, WLZW-FM, WODZ-FM, and Sundays at 10AM on WIBX-AM. The list for “This Week In The Mohawk Valley” is what we covered when the program aired.

Date(s) Aired	Program Name	Description of Issue Discussed	Duration
4/14/19	This Week in the Mohawk Valley	The Community , Tommy Tanner, GM of Utica City FC soccer team talks about first season in Utica, community involvement and economic impact on the area	10 minutes
4/21/19	This Week in the Mohawk Valley	Health Care , Claudia Jasinski of Hospice and Palliative Care talked about upcoming fundraiser, Epicurian Delight, to benefit programs at Hospice	10 minutes
4/28/19	This Week in the Mohawk Valley	Economic Development , Alicia Dicks of the Community Foundation of Herkimer and Oneida Counties talked about study being done on the future development of Downtown Utica	10 minutes
5/5/19	This Week in the Mohawk Valley	The Community , Katie Reilly of Made in Utica talked about five years of Made in Utica, which promotes the city and the Handshake City Park	10 minutes
5/12/19	This Week in the Mohawk Valley	Community , Michelle Truett announces the lineup for the 4 th Levitt AMP Concert series in Utica. The event helping revitalize the Oneida Square Area in Utica	10 minutes

5/19/19	This Week in the Mohawk Valley	Homelessness and the Opioid Crisis , Wendy Getz, the new Executive Director of the Utica Rescue Mission talked about her goals for the future and programs offered at the Mission	10 minutes
5/26/19	This Week in the Mohawk Valley	Senior Programs , Georgianna Sanges of the Resource Center for Independent Living talked about “Many Hearts” fundraiser to support programs for seniors at RCIL	10 minutes
6/2/19	This Week in the Mohawk Valley	Child Safety , Katie Reilly talked about the upcoming Ride for Missing Children, The ride raises awareness of missing children, teaches child safety and raising money for missing child poster distribution	10 minutes
6/9/19	This Week in the Mohawk Valley	Community and Economic Development , Ray Durso, Executive Director of the Genesis Group, talked about upcoming Community Forum on data analytics group that will explore how area businesses can harness the power of data sciences to make strategic decisions	10 minutes
6/16/19	This Week in the Mohawk Valley	Neighborhood Revitalization , Michele Truett discusses opening night of the Levitt AMP Concert series, which brings feed music to the Oneida Square area	10 minutes
6/23/19	This Week in the Mohawk Valley	Community , Ray Durso, Executive Director of the Genesis Group, talked about Utica upcoming Independence Day Celebration, including 4 th of July parade and party in Proctor Park	10 minutes
6/30/19	This Week in the Mohawk Valley	The Environment , Jamie Tuttle of the Oneida Herkimer Solid Waste Authority talked about summer recycling and OHSWA’s new Food 2 Energy Program	10 minutes

Radio Health Journal Quarterly Report

“Radio Health Journal” airs weekly on each station at the following times: Saturday’s at 6:00AM on WIBX-AM, and Sunday’s at 6:10AM on WFRG-FM, WLZW-FM, WODZ-FM.

Compliance Issues covered this quarter:

Animals

Bullying

Child labor

Consumerism

Consumer safety

Contraception and family planning

Drug enforcement

Economics

Education

Elderly and senior citizens

Emergency response

EMS and emergency response

Federal government and regulation

Food and nutrition

Fraud

Gender roles

Government and federal regulation

Health care

Individual rights

Infant and maternal mortality

Insurance

Malnutrition

Medicare and Medicaid

Mental health

Moral values

Parenting issues

Patient safety

Public health

Rehabilitation

Science and technology

Senior citizens

Social isolation

Taxes

Technology and health

Teen pregnancy

Vaccination

Volunteer organizations

War

Women’s issues

Workforce

Youth at risk

Radio Health Journal Program Log

Program	19-14	Producer	Reed Pence
Air Week	04/07 – 04/13/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
2:02	SEGMENT 1: EXAMINING “MEDICARE FOR ALL”	12:47	
Synopsis: Two Congressional plans, one from each side of the political spectrum, are competing to blow up the current healthcare system. Here experts examine one of them—the left’s bid to replace private insurers with a government-run single-payer plan labeled “Medicare for All.” Alternatives may include bolstering the Affordable Care Act, or getting rid of it completely.			
Host: Reed Pence. Guests: Dr. Paul Ginsburg, Director, USC-Brookings Schaeffer Initiative for Health Policy; Deborah Burger, RN, President, National Nurses United; Dr. Ken Thorpe, Prof. of Health Policy, Emory Univ.; Lauren Crawford Shaver, Exec. Dir., Partnership for America’s Health Care Future			
Compliance issues covered: health care; public health; federal government, legislation, and politics; consumerism; economics; taxes; Medicare and Medicaid; insurance			
Links for more information: https://www.centerforhealthjournalism.org/resources/sources/deborah-burger https://www.brookings.edu/experts/paul-ginsburg/ https://www.amazon.com/Maia-Szalavitz/e/B001ILFON8			
15:51	SEGMENT 2: SYMPTOM SEARCHING ON THE INTERNET	7:01	
Synopsis: One of the most popular searches on Google is for symptoms and what they mean. It’s created a much more well informed patient population, but one that may panic at the least pain or discomfort. Two experts discuss how to think of symptoms and how to search for them.			
Host: Nancy Benson. Guests: Dr. Paul Thomas, author, <i>The Addiction Spectrum: A Compassionate, Holistic Approach to Recovery</i> ; Dr. Christopher Kelly, Senior Clinical Fellow, Columbia Univ. Medical Center, co-authors, <i>Am I Dying: A Complete Guide to Your Symptoms and What to Do Next</i>			
Compliance issues covered: health care; technology and health			
Links for more information: https://amidying.com			

Radio Health Journal Program Log

Program	19-15	Producers	Polly Hansen, Reed Pence
Air Week	04/14 – 04/20/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
2:03	SEGMENT 1: THE MIRACLE OF TRANSPLANTS	11:50	
Synopsis: Organ transplantation has dramatically changed lives and is raising hopes it could do even more for millions of people. But getting where we are has not been easy. A transplant surgeon traces the history of transplant research and notes the courage to fail among pioneering researchers and patients.			
Host: Reed Pence. Guests: Dr. Josh Mezrich, Assoc. Prof. of Surgery, Univ. of Wisconsin School of Medicine and Public Health and author, <i>When Death Becomes Life: Notes From a Transplant Surgeon</i>			
Compliance issues covered: health care; public health; technology			
Links for more information: https://www.surgery.wisc.edu/2019/01/07/a-qa-with-dr-josh-mezrich-author-of-when-death-becomes-life/			
14:55	SEGMENT 2: FRIENDS—THE MOST POWERFUL INFLUENCE OF OUR LIVES	7:41	
Synopsis: Research shows that friends are the most powerful people in our lives, influencing our behavior, attitudes and health even more than our parents or spouses. An expert discusses the many ways friends determine our destinies.			
Host: Nancy Benson. Guest: Carlin Flora, author, <i>Friendfluence: The Surprising Ways Friends Make Us Who We Are</i>			
Compliance issues covered: interpersonal relationships; family issues; technology			
Links for more information: http://www.amazon.com/Friendfluence-Surprising-Ways-Friends-Make-ebook/dp/B009UBQU04			

Radio Health Journal Program Log

Program	19-16	Producer	Reed Pence
Air Week	04/21 – 04/27/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
2:01	SEGMENT 1: MENTAL HEALTH IN THE ER	21:45	
Synopsis: Many people having a mental health crisis go to the emergency room. However, ER’s are not well equipped to handle them, and many patients are boarded there for hours or even days without treatment. Experts discuss the reasons for the failure, the outcomes it produces, and solutions that have been successful in limited trials.			
Host: Reed Pence. Guests: Dr. Scott Zeller, Vice President of Acute Psychiatry, Vituity; Dr. Anne Zink, Medical Director for Emergency Medicine, Mat-Su Regional Medical Center, Palmer, AK			
Compliance issues covered: health care; public health; mental health; emergency response			
Links for more information: https://www.psychiatryadvisor.com/author/scott-zeller-md/ ; https://www.aliem.com/2017/08/anne-zink-healthy-in-em/			
15:49	SEGMENT 2: HEART DISEASE MISINFORMATION	6:45	
Synopsis: Heart disease is often preventable, but how people look at it often keeps them from doing as much about it as they could. Often this is a result of myth and misinformation. An expert physician discusses some of the most harmful of these myths.			
Host: Nancy Benson. Guest: Dr. Andrea Klemes, Chief Medical Officer, MD-VIP			
Compliance issues covered: health care; public health; food and nutrition			
Links for more information: https://www.mdvip.com/heart-attack-iq-quiz			

Radio Health Journal Program Log

Program	19-17	Producers	Reed Pence, Polly Hansen
Air Week	04/28 – 05/04/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
2:01	SEGMENT 1: PENICILLIN ALLERGY: NOT REALLY, MOST OF THE TIME	11:25	
Synopsis: Millions of Americans believe they are allergic to penicillin. However, most of them are wrong. Experts discuss how these misdiagnoses happen and what results when so many of us avoid the most effective, yet cheapest antibiotic.			
Host: Reed Pence. Guests: Dr. David Khan, Prof. of Medicine, Univ. of Texas Southwestern Medical Center; Dr. Alan Frient and Dr. Jodi Zuckerman, otolaryngologists, North Shore Ear, Nose and Throat Associates, Highland Park IL			
Compliance issues covered: health care; economics; youth at risk			
Links for more information: http://profiles.utsouthwestern.edu/profile/13860/david-khan.html http://www.nsent.us/meet.html			
14:28	SEGMENT 2: UNRAVELING THE MYSTERY OF THE FLU	7:24	
Synopsis: The flu’s unique ability to mutate makes it one of the toughest diseases to solve, as it evades vaccines and treatment. It also has a deadly history, which prompts fears each flu season. A noted expert discusses all about the flu and its myths.			
Host: Karen Hand. Guest: Dr. Jeremy Brown, Director of Emergency Care Research, National Institutes of Health and author, <i>Influenza: The Hundred-Year Hunt to Cure the Deadliest Disease in History</i>			
Compliance issues covered: health care; public health; vaccination			
Link for more information: https://www.nih.gov/news-events/news-releases/dr-jeremy-brown-direct-nih-office-emergency-care-research			

Radio Health Journal Program Log

Program	19-18	Producer	Reed Pence
Air Week	05/05 – 05/11/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
1:57	SEGMENT 1: HIGH DRUG PRICES LEAD TO DRUG MISUSE	12:48	
Synopsis: Millions of Americans cannot afford the medications they’ve been prescribed. Many skip doses, split pills or don’t fill prescriptions at all as a result, with sometimes even fatal consequences. But doctors are often unable to consider cost very well in prescribing, as the same drug often costs patients vastly different amounts due to insurance differences. Experts discuss the problem and what patients can do to save.			
Host: Reed Pence. Guests: David Mitchell, cancer patient, founder and President, Patients for Affordable Drugs; Dr. Stacie Dusetzina, Assoc. Prof. of Health Policy, Vanderbilt Univ.			
Compliance issues covered: health care; economics; insurance; federal government and regulation			
Links for more information: https://www.patientsforaffordabledrugs.org/about/our-team/ https://www.vumc.org/health-policy/person/stacie-b-dusetzina-phd			
15:47	SEGMENT 2: BRAIN ANEURYSM THROUGH THE EYES OF A SURVIVOR	7:08	
Synopsis: Brain aneurysms—bulging in a brain blood vessel, like an inflated balloon—affect 1 in 50 people and are generally without symptoms until they burst. This occurs in about 30,000 people per year in the US, accounting for 3-5 percent of all new strokes. Here is the story of one survivor in her own words.			
Host: Karen Hand. Guest: Janet Sutherland-Madden, brain aneurysm rupture survivor and author, <i>Nose Over Toes</i>			
Compliance issues covered: health care; public health; EMS and emergency response; rehabilitation			
Links for more information: https://eckhartzpress.com/author/janet-sutherland-madden/ https://bafound.org			

Radio Health Journal Program Log

Program	19-19	Producers	Reed Pence, Polly Hansen
Air Week	05/12 – 05/18/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
2:05	SEGMENT 1: CANCER SUPPRESSION: LESSONS FROM PACHYDERMS	11:55	
Synopsis: DNA mutations happen all the time in the body, but the immune system usually detects and deals with them. When the system fails, cancer results. Yet some animals, such as elephants, almost never get cancer, and scientists have learned that the elephant DNA repair system is 20 times more powerful than the human system. Experts explain how they hope to tap this knowledge.			
Host: Reed Pence. Guests: Dr. Joshua Schiffman, Prof. of Pediatrics, Univ. of Utah and investigator, Huntsman Cancer Institute; Dr. Vincent Lynch, Asst. Prof. of Human Genetics and Organismal Biology, Univ. of Chicago			
Compliance issues covered: health care; public health; animals			
Links for more information: http://healthcare.utah.edu/huntsmancancerinstitute/research/labs/schiffman/ https://lynchlab.uchicago.edu			
15:02	SEGMENT 2: RETHINKING DEMENTIA	8:01	
Synopsis: Dementia has a much wider range than most people think, and people with dementia are usually functional for years. An expert discusses the course of the disease and how life can still be positive for years before it reaches the late, debilitating stage most people think of when they hear the word “dementia.”			
Host: Karen Hand. Guest: Dr. Tia Powell, Prof. of Psychiatry and Bioethics, Albert Einstein College of Medicine and author, <i>Dementia Reimagined: Building a Life of Joy and Dignity From Beginning to End</i>			
Compliance issues covered: health care; public health; aging and senior citizens			
Links for more information: https://www.tiapowellmd.com			

Radio Health Journal Program Log

Program	19-20	Writer/Producers	Reed Pence, Amirah Zaveri
Air Week	05/19 – 05/25/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
1:57	SEGMENT 1: CAN IUD’S AND OTHER CONTRACEPTIVES TRIGGER AUTOIMMUNE DISEASE	13:46	
Synopsis: Autoimmune diseases such as rheumatoid arthritis and lupus carry a genetic predisposition, but need an environmental trigger to take hold. Triggers are poorly understood, but some women claim their disease is a result of contraceptives, including birth control pills and IUD’s. Experts and one women suffering from autoimmune disease discuss the issue.			
Host: Reed Pence. Guests: Dr. Lisa Sammaritano, Assoc. Prof. of Clinical Medicine, Hospital for Special Surgery and Weill-Cornell Medical College; Dr. Kristen Demoruelle, Asst. Prof. of Medicine, Univ. of Colorado-Denver; Kristy Griffin, Hashimoto and Sjogren’s disease sufferer			
Compliance issues covered: health care; public health; women’s issues; contraception and family planning			
Links for more information: https://www.hss.edu/physicians_sammaritano-lisa.asp http://www.ucdenver.edu/academics/colleges/medicalschoo/departments/medicine/Rheumatology/Pages/Faculty_Pages/KristenDemoruelleMD.aspx			
16:46	SEGMENT 2: PREECLAMPSIA AND A NEW TEST FOR IT	6:12	
Synopsis: Preeclampsia, an irregularity in the placenta during pregnancy, is the leading cause of premature delivery worldwide, and causes nearly 20 percent of maternal deaths in the US. Little is known about its cause and how it can be treated, but an inexpensive new test could help flag those suffering from it and lessen complications. The test’s inventor discusses it and the disorder.			
Host: Nancy Benson. Guest: Dr. Kara Rood, maternal and fetal medicine specialist, Ohio State Univ. Wexner Medical Center.			
Compliance issues covered: health care; public health; women’s issues; infant and maternal mortality			
Links for more information: https://wexnermedical.osu.edu/find-a-doctor/kara-rood-md-49419			

Radio Health Journal Program Log

Program	19-21	Producer	Reed Pence, Polly Hansen
Air Week	05/26 – 06/01/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
1:57	SEGMENT 1: WEIGHT LOSS SURGERY FOR TEENAGERS	11:35	
Synopsis: The proportion of severely obese teenagers continues to rise. Doctors increasingly understand that only weight loss surgery is likely to help them lose weight and avoid health consequences of obesity. But teens are often held back until they’re so heavy that even bariatric surgery isn’t enough to return them to normal weight. Experts discuss.			
Host: Reed Pence. Guests: Dr. Thomas Inge, Chief of Pediatric Surgery, Children’s Hospital Colorado and Prof. of Surgery, Univ. of Colorado Denver; Dr. Fatima Cody Stanford, obesity medicine physician, Massachusetts General Hospital and Harvard Medical School; Dr. Meg Zeller, Prof. of Pediatrics, Cincinnati Children’s Hospital Medical Center			
Compliance issues covered: health care; public health; youth at risk; parenting issues; bullying			
Links for more information: http://www.massgeneral.org/doctors/doctor.aspx?id=19693 ; https://www.childrenscolorado.org/doctors-and-departments/physicians/i/thomas-inge/ ; https://www.cincinnatichildrens.org/bio/z/margaret-zeller			
14:34	SEGMENT 2: THE WORKINGS OF THE IMMUNE SYSTEM	8:38	
Synopsis: Many people may picture the immune system as the ruthless blaster of all foreign invaders, but a Pulitzer Prize-winning science writer says his research shows it prefers to get along with friendly invaders, saving its power for the truly dangerous ones. How does it know the difference? The writer discusses.			
Host: Nancy Benson. Guest: Matt Richtel, author, <i>An Elegant Defense: The Extraordinary New Science of the Immune System</i>			
Compliance issues covered: health care; science and technology; public health			
Links for more information: https://www.nytimes.com/by/matt-richtel			

Radio Health Journal Program Log

Program	19-22	Producer	Reed Pence, Annie Krall
Air Week	06/02 – 06/08/2019	Studio Production	Reed Pence
Time	Segment	Dur.	
2:02	SEGMENT 1: WHY PARENTS DON'T VACCINATE	13:06	
Synopsis: Measles had been declared eliminated in 2000, but has come roaring back because of the increasing number of people who have not been vaccinated. Parents may have legitimate fears of side effects, but claims vaccines are unsafe are not true. Experts discuss the complicated psychological reasons vaccine refusal exists despite this, and what may help change minds to promote public health.			
Host: Reed Pence. Guests: Dr. Julie Bettinger, Assoc. Prof. of Pediatrics, Vaccine Evaluation Center, Univ. of British Columbia; Dr. Mark Navin, Assoc. Prof. of Philosophy, Oakland Univ.; Kristen O’Meara, parent and former vaccine opponent; Avnika Amin, Rollins School of Public Health, Emory Univ.			
Compliance issues covered: health and medicine; public health; youth at risk; parenting issues; moral values			
Links for more information: https://www.spph.ubc.ca/person/julie-bettinger/ https://oakland.edu/cas/archive-temp/featured-faculty-profile/mark-navin https://www.scientificamerican.com/article/how-to-understand-and-help-the-vaccine-doubters/?redirect=1			
16:10	SEGMENT 2: EXCEPTIONAL BREASTFEEDING	6:59	
Synopsis: Most infants are breastfed in the US today, but breastfeeding often doesn’t look the way most of us think of it, as a result of adoption, same sex marriage, and other changes in parenting. An expert discusses some of the hurdles and challenges to getting infants the best nutrition possible.			
Host: Nancy Benson. Guest: Dr. Kristin Wilson, Chair, Anthropology Dept., Cabrillo College and author, <i>Others’ Milk: The Potential of Exceptional Breastfeeding</i>			
Compliance issues covered: health care; public health; youth at risk; parenting issues; gender roles			
Links for more information: https://www.cabrillo.edu/salsa/listing.php?staffId=876			

Radio Health Journal Program Log

Program	19-23	Producer	Reed Pence, Polly Hansen, Annie Krall
Air Week	06/09 – 06/15/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
2:04	SEGMENT 1: LONELINESS IN THE ELDERLY	12:57	
Synopsis: Loneliness is increasing across all ages, but it’s especially noteworthy among seniors, and it can dramatically affect health. An expert geriatrician who has studied the effects of loneliness and the leader of an organization that provides friendly visitors to the isolated elderly discuss causes of increasing loneliness, its impact, and the effectiveness of visitor programs.			
Host: Reed Pence. Guests: Dr. Carla Perissinoto, Assoc. Chief for Clinical Programs in Geriatrics, Univ. of California, San Francisco; Janet Seckel-Cerrotti, Exec. Director, FriendshipWorks, Boston			
Compliance issues covered: health care; elderly and senior citizens; social isolation, volunteer organizations			
Links for more information: https://profiles.ucsf.edu/carla.perissinotto http://www.fw4elders.org https://mahealthyagingcollaborative.org/member-spotlight-janet-seckel-cerrotti/			
16:03	SEGMENT 2: WHY GOOD HEALTH CARE DOESN’T EQUAL GOOD HEALTH	6:51	
Synopsis: Many Americans believe if they have good health care, they’ll have good health. But many factors beyond medicine contribute to our level of health. A noted public health expert explains these factors, and why our own health is much more than an individual concern.			
Host: Nancy Benson. Guest: Dr. Sandro Galea, Dean, Boston Univ. School of Public Health and author, <i>Well: What We Need to Talk About When We Talk About Health</i>			
Compliance issues covered: health care; public health; economics; individual rights			
Links for more information: https://www.bu.edu/sph/profile/sandro-galea/ https://www.sandrogalea.org/about-meet			

Radio Health Journal Program Log

Program	19-24	Producer	Reed Pence, Regan Huston
Air Week	06/16 – 06/22/2019	Studio Production	Jason Dickey
Time	Segment		Dur.
2:04	SEGMENT 1: LUNG CANCER AND ITS STIGMA		12:57
Synopsis: Most forms of cancer have a built-in constituency of patients, loved ones, and concerned others. Lung cancer patients, instead, are often blamed for their own disease because of its frequent connection with smoking. Patients are often isolated, and research dollars lag behind other, less common cancer killers.			
Host: Reed Pence. Guests: Donna Fernandez, lung cancer patient; Carly Ornstein, National Director of Lung Cancer Education, American Lung Assn.			
Compliance issues covered: health care; public health; discrimination			
Links for more information: http://www.curetoday.com/articles/the-american-lung-association-seeks-to-end-stigma http://www.lung.org			
15:04	SEGMENT 2: TASTY FOOD VS. HEALTHY FOOD: FINDING A BALANCE		6:59
Synopsis: Many Americans believe that healthy food doesn’t taste good, and tasty food isn’t healthy. A chef who is also a cardiologist discusses how to find a balance by seeking out healthy ingredients rather than whole categories of foods.			
Host: Nancy Benson. Guest: Dr. Michael Fenster, Prof. of Health Professions and Biomedical Sciences, Univ. of Montana and author, <i>Food Shaman: The Art of Quantum Food</i>			
Compliance issues covered: health care; public health; consumerism			
Links for more information: https://chefdrmike.com/home-page-tvdesign/about/			

Radio Health Journal Program Log

Program	19-25	Producer	Reed Pence, Annie Krall
Air Week	06/23 – 06/29/2019	Studio Production	Jason Dickey
Time	Segment		Dur.
2:01	SEGMENT 1: GENERIC DRUG SAFETY		12:57
Synopsis: Since the 1980’s, almost all production of generic drugs has moved overseas, where FDA inspectors have a much tougher time making sure they’re following rules for safety. An investigative journalist describes the ways she’s found that many drug makers cut corners, putting safety at risk, and details what consumers can do to protect themselves.			
Host: Reed Pence. Guest: Katherine Eban, author, <i>Bottle of Lies: The Inside Story of the Generic Drug Boom</i>			
Compliance issues covered: health care; public health; fraud; government and federal regulation; patient safety; consumer safety			
Links for more information: https://www.katherineeban.com/about			
16:00	SEGMENT 2: THE STATE OF THE WORLD’S CHILDREN		6:59
Synopsis: Each year, the humanitarian organization Save the Children develops a nation-by-nation scorecard on how likely children are to grow up healthy, educated, and safe. The organization’s CEO discusses how most nations have improved the ways children are treated over the past generation, and why the US ranks 36 th .			
Host: Nancy Benson. Guest: Carolyn Miles, CEO, Save the Children			
Compliance issues covered: health care; public health; youth at risk; education; teen pregnancy; malnutrition; war; workforce; child labor			
Links for more information: https://savethechildren.org			