Quarterly Report WCNN-AM North Atlanta, Ga. Second Quarter (April-May-June) 2023

WCNN-AM, as required by law, airs regular programming to meet the needs of the North Atlanta, Georgia area.

The following programs aired during the Second Quarter 2023 to discuss the issues and needs of the community.

The following information is retained as part of the station's Public File.

PROGRAM TITLE: COMMUNITY FOCUS

AIR DATE: APRIL 2, 2023

GUESTS:

FRANK REDDING DWIGHT JESSIE

SUBJECTS:

WITH TWO DAYS BEFORE THE FIFTY-FIFTH ANNIVERSARY OF THE REVEREND MARTIN LUTHER KING, JR'S ASSASSINATION, THE GREATER PORTION OF THE BROADCAST REFLECTED BACK ON THE YEAR 1968. GUEST RECALLS HIS TIME AS A YOUNG ADULT AS A COLLEGE STUDENT AND AIR FORCE RESERVIST, BEING CALLED TO SERVE IN THE REGULAR ARMY AND SENT TO VIETNAM, RETURNING HOME AND HIS REACTION TO THE NEWS OF DR. KING, HIS RESERVE UNIT BEING ACTIVATED TO STAVE OFF POTENTIAL CIVIL UNREST AND EXPRESSING THE AFTERMATH OF A LEADER BEING STRUCK DOWN IN HIS PRIME. THE REMAINING PORTION HIGHLIGHTED A NON-PROFIT INSTILLING CONFIDENCE IN AT-RISK YOUTH.

PUBLIC SERVICE ANNOUNCEMENTS:

TOPICS:

1968, NON-PROFIT

PROGRAM TITLE: COMMUNITY FOCUS

AIR DATE: APRIL 9, 2023

GUESTS:

DR. CASS INGRAM DR. P.M. FORNI

SUBJECTS:

THE BORDER CRISIS HAS BEEN AN EVER INCREASING ISSUE, PARTICULARLY WITH THE RISE IN VIOLENCE AND THE DRUG EPIDEMIC. WHAT'S NOT BEING CONSIDERED IS THE POTENTIAL OF A HEALTH CRISIS FROM MIGRANTS ENTERING THE COUNTRY WITHOUT ANY KNOWN MEDICAL HISTORY, POTENTIAL CARRIERS OF DISEASES NOT SEEN IN DECADES. THE OPENING SEGMENT GUEST BROUGHT THIS ISSUE TO ATTENTION, ALONG WITH SOLUTIONS TO STRENGTHEN OUR IMMUNE SYSTEMS AGAINST ANY POSSIBILITY OF HEALTH THREATS. FOLLOWING SEGMENT GUEST EXPRESSED THE DECLINE OF CIVILITY, LOWERING OF STANDARDS AND EROSION OF SOCIETAL NORMS ARE THE INGREDIENTS FOR EVENTUAL UNREST AND/OR COLLAPSE.

PUBLIC SERVICE ANNOUNCEMENTS:

SUICIDE PREVENTION, BENEFITS CHECKUP

TOPICS:

IMMIGRATION/HEALTH, CIVILITY

PROGRAM TITLE: COMMUNITY FOCUS

AIR DATE: APRIL 16, 2023

GUESTS:

DR. CASS INGRAM

SUBJECTS:

GUEST FOR THE ENTIRE HOUR PRESENTED VITAL INFORMATION AND DISCOVERIES ESSENTIAL FOR OPTIMUM HEALTH. OPENING SEGMENT ADDRESSED HIS DECADE-LONG RESEARCH OF HUMANS HAVING AT LEAST FOUR BODY TYPES, TRAITS EXPOSING THE CURVATURE OF ONE'S SPINE, SHAPING OF THE NOSE AND THE LENGTH OF CERTAIN FINGERS AS EXAMPLES. SECOND SEGMENT REVEALED NATURAL CURES IN THE FOREST BASED PLANT COLORS. REMAINDER OF THE BROADCAST EXAMINED THE HEALTH BENEFITS OF CANNABIS, AN EXTRACT CONSIDERED TO BE A CURE FOR MULTIPLE SCLEROSIS, DEPRESSION, AND ANXIETY.

PUBLIC SERVICE ANNOUNCEMENTS:

BENEFITS CHECKUP

TOPICS:

FOUR BODY TYPES, NATURAL CURES FROM THE FOREST CANNABIS EXTRACT/INDUSTRIAL HEMP

PROGRAM TITLE: COMMUNITY FOCUS

AIR DATE: APRIL 23, 2023

GUESTS:

DR. EUDENE HARRY JON GORDON

SUBJECTS:

FIRST PORTION OF THE BROADCAST BROUGHT TO ATTENTION AT LEAST FIVE DIFFERENT ANXIETIES, HOW INFLAMMATORY MARKERS INCREASE WITH AGE, THE ADVERSE AFFECTS FROM CAFFEINE. ALCOHOL AND SMOKING, GUEST GAVE BEST RECOMMENDATIONS TO OFFSET SUCH AS MAGNESIUM, PRE AND PROBIOTICS, CHAMOMILE AND GREEN TEA EXTRACT, ALONG WITH PROPER SLEEP. GUEST IN FOLLOWING SEGMENT ITEMIZED ARTIFICIAL THINGS WE DO AND CONSUME TO GIVE US ENERGY, CAFFINATED BEVERAGES, SUGARED BREADS AND BREAKFAST BARS. SUGGESTED WAS CHANGING THE THOUGHT PROCESS TOWARDS ENERGY BEGINNING WITH ONE'S THOUGHTS. HOW YOU SPEND YOUR TIME, ALTERNATING THE DIRECTION OF YOUR NEGATIVE ENERGY.

PUBLIC SERVICE ANNOUNCEMENTS:

STRESS AWARENESS, STAY WELL

TOPICS:

ANXIETY, ENERGY

PROGRAM TITLE: COMMUNITY FOCUS

AIR DATE: APRIL 30, 2023

GUESTS:

PAUL THOMAS DARNELL CLARK

SUBJECTS:

AS THE ACADEMIC YEAR DRAWS TO A CLOSE, THE OPENING SEGMENT PRESENTED AN ALTERNATIVE TO LEARNING FROM THE TRADITIONAL CLASSROOM. THE REMAINDER OF THE BROADCAST FEATURED AN EMPLOYMENT SPECIALIST THAT DETAILED FROM HIS EXPERTISE THE PROCESS OF BECOMING A STANDOUT ON THE RESUME AND DURING THE INTERVIEW.

PUBLIC SERVICE ANNOUNCEMENTS:

TOPICS:

ONLINE EDUCATION, EMPLOYMENTOLOGY

PROGRAM TITLE: COMMUNITY FOCUS

AIR DATE: MAY 7, 2023

GUESTS:

DIANE MUSHO HAMILTON RONALD SPEARS

SUBJECTS:

MAY HAS BEEN DESIGNATED MENTAL HEALTH AWARENESS MONTH. THE WAVE OF MASS SHOOTINGS HIT VERY CLOSE TO HOME THIS PAST WEEK WITH A COAST GUARD VETERAN OPENING FIRE AT A MIDTOWN MEDICAL CENTER, THEN HAVING BEEN APPREHENDED HOURS LATER NEAR THE LOCATION OF THIS STATION. FIRST PORTION OF THE BROADCAST ADDRESSED INTERPERSONAL RELATIONSHIPS AND HOW TO RESOLVE CONFLICT. THE FOLLOWING SEGMENT'S GUEST WAS A FORMER MARINE AND NAVY VETERAN THAT CONTINUES TO GET THROUGH A CHILDHOOD TRAUMA.

PUBLIC SERVICE ANNOUNCEMENTS:

SUICIDE PREVENTION, IT IS WORTH IT, STAY WELL, MENTAL HEALTH AWARENESS MONTH

TOPICS:

CONFLICT, TRAUMA

PROGRAM TITLE: COMMUNITY FOCUS

AIR DATE: MAY 14, 2023

GUESTS:

GENEA YATES DR CASS INGRAM SHARON SALZBERG

SUBJECTS:

THIS WEEK'S BROADCAST BEGAN WITH A PUBLIC SERVICE ANNOUNCEMENT REACHING OUT TO VETERANS OR LISTENERS THAT KNOW A VETERAN. CONTINUING TO RECOGNIZE MAY AS MENTAL HEALTH AWARENESS MONTH, THE OPENING SEGEMENT GUEST DEFINED DEPRESSION. CURRENT AND FORMER CLASSIFICATIONS, DISPELLED MYTHS SUCH AS NOT BEING ABLE TO JUST SNAP OUT OF IT. GUEST OFFERED SOLUTIONS SHORT OF MEDICATION TO OFFSET THE CONDITION. AS THE IMMIGRATION ISSUE CONTINUES, THE FOLLOWING SEGMENT BROUGHT AWARENESS TO THE HEALTH ASPECTS AMERICANS INTERACTING WITH MIGRANTS. THE FINAL SEGMENT CONTINUING WITH MENTAL HEALTH AWARENESS OFFERED MEDITATION AS AN ALTERNATIVE.

PUBLIC SERVICE ANNOUNCEMENTS:

VETERAN CRISIS LINE, SUICIDE PREVENTION, IS IT WORTH IT

TOPICS:

DEPRESSION, IMMIGRATION/HEALTH, MEDITATION

PROGRAM TITLE: COMMUNITY FOCUS

AIR DATE: MAY 21, 2023

GUESTS:

DR. CASS INGRAM STUART TOMC WALTER BOSTON

SUBJECTS:

OPENING SEGMENT GUEST PRESENTED WAYS IN WHICH LISTENERS CAN KEEP THEIR IMMUNE SYSTEMS STRONG, RAW HONEY, CINNAMON, OIL OF OREGANOL, ONION, FATTY FISH, VITAMINS A, C AND D WHILE THE THREAT FROM THE PANDEMIC IS STILL A FACTOR. THE FOLLOWING SEGMENT GUEST REVEALED THE LUNGS ARE VULNERABLE TO THE COVID-19 VIRUS, HIS SOLUTIONS TO BOOSTING THE IMMUNITY ARE CRUCIFEROUS VEGETABLES SUCH AS BROCCOLI, BRUSSEL SPROUTS AND CABBAGE, SELENIUM WHICH IS IN NUTS AND HEMP CBD TO OFFSET STRESS WHICH WEAKENS THE IMMUNE SYSTEM. FINAL SEGMENT DISCUSSION INVOLVED LEADERSHIP, THE QUALITIES AN INDIVUAL SHOULD HAVE, HOW TO CONVEY THEIR VISION FOR OTHERS TO FOLLOW AND HOW TO NAVIGATE CHALLENGES.

PUBLIC SERVICE ANNOUNCEMENTS:

MENTAL HEALTH AWARENESS, STAY WELL, HELP HEAL VETS

TOPICS:

IMMUNITY BOOSTERS. LEADERSHIP

PROGRAM TITLE: COMMUNITY FOCUS

AIR DATE: MAY 28, 2023

GUESTS:

RAY LAMPE DR. DAVID MAGNANO FABIAN ROJAS

SUBJECTS:

AS THE MEMORIAL DAY HOLIDAY GETS UNDERWAY MARKING THE END OF THE SCHOOL YEAR AND THE UNOFFICIAL BEGINNING OF SUMMER, THE OPENING SEGMENT PRESENTED A GUEST THAT HAS CRAFTED A PASSION INTO A CAREER, SO MUCH SO HE IS CONSIDERED A DOCTOR WHEN IT COMES TO OUTDOOR COOKING. WITH THE HOLIDAY WEEKEND COMES A GREAT DEAL OF EATING, THE SECOND SEGMENT GUEST PROVIDED SEVEN WAYS TO PROPERLY INGEST FOOD. WINDING UP MILITARY APPRECIATION MONTH, THE FINAL SEGMENT GUEST SHARED HIS EXPERIENCES THUS FAR IN THE UNITED STATES NAVY COMING FROM GWINNETT COUNTY, AS WELL AS HIS INTENTIONS OF BECOMING AN AVIATOR. THE FINAL MINUTE WAS A REMINDER TO LISTENERS THE IMPORTANCE OF MEMORIAL DAY.

PUBLIC SERVICE ANNOUNCEMENTS:

GEORGIA DEPARTMENT OF PUBLIC SAFETY, JUST DRIVE, THEY LIED

TOPICS:

OUTDOOR COOKING, PROPER EATING, ACTIVE-DUTY SERVICEMEMBER

PROGRAM TITLE: COMMUNITY FOCUS

AIR DATE: JUNE 4, 2023

GUESTS:

KYLE WAIDE ERIC PLASKER, DC

SUBJECTS:

OPENING SEGMENT HIGHLIGHTED A NON-PROFIT PROVIDING NEED FOR METRO ATLANTA RESIDENTS ALONG WITH OUTER COUNTIES ENCOMPASSING NORTH GEORGIA. GUEST EXPRESSED CHALLENGES IN A LARGER FACILITY WITH FEWER VOLUNTEERS DUE TO THE PANDEMIC. THE FOLLOWING SEGMENT GUEST SHARED TWO LIFE-ALTERING EXPERIENCES WHICH INSPIRED HIM TO AUTHOR A BOOK THAT ASSISTS READERS ON SUCCESSFUL LIVING TO THE AGE OF ONE HUNDRED.

PUBLIC SERVICE ANNOUNCEMENTS:

IS IT WORTH IT

TOPICS:

NON-PROFIT, BECOMING A CENTENARIAN

PROGRAM TITLE: COMMUNITY FOCUS

AIR DATE: JUNE 11, 2023

GUESTS:

CATHERINE CROWLEY & KATHI ELSTER DR. 'DO-LESS'

SUBJECTS:

THE FIRST SEGMENT GUESTS EXAMINED THE WORKPLACE CULTURE, HOW STANDARDS OVER TIME HAVE FADED AND MORE OUTSIDE INFLUENCES AND BEHAVIORS HAVE DOMINATED THE OFFICE, CAUSING FRICTION AND ULTIMATELY DISTRACTION TOWARDS DAILY OBJECTIVES. GUEST OFFERED BEST RECOMMENDATIONS TOWARDS RESOLVING ISSUES BETWEEN CO-WORKERS. REMAINDER OF BROADCAST SHATTERED SOME PRACTICES MANY LISTENERS CONSIDERED HEALTHY SUCH AS DRINKING HALF OUR BODY WEIGHT OF WATER, EXERCISING BEYOND TWENTY MINUTES AS EXAMPLES. BASED ON HIS STUDY THE GUEST EXPLAINED MANY OF OUR PRACTICES WE DEEM AS HEALTHY ARE ACTUALLY COUNTERPRODUCTIVE.

PUBLIC SERVICE ANNOUNCEMENTS:

TOPICS:

INTERPERSONAL RELATIONSHIPS AT WORK, HEALTH BY SCIENCE.