

ISSUES AND PROGRAMS LIST – TO BE COMPLETED EACH QUARTER

PURPOSE: On this form, summarize a list of several issues which confront your community and the programs you ran to address each. See 73.3526(a)(9) or 73.3527(a)(7). Do Not Rly On PSA's to satisfy this requirement. While an FCC inspector may not object, PSAs mean virtually nothing if your license renewal is challenged!

STATION:	WNHG – Grand Rapids	DATE:	10/01/21 thru 12/31/21 (Retain 7 Years)
During the past quarter the issues shown below have been significant to our community. We ran the Programs indicated to address them each quarter			
Issue #1	<u>“#605-The Tragedy of the Paradise, CA Fire”</u> From: <u>“American Indian & Alaskan Native Living”</u> Date: <u>Sunday, 10/03/21</u> Time of Day: <u>3:00 p.m.</u> Duration: <u>TRT 59:45:00</u> <u>Description of Program format, participates, and contents:</u> <p>Host –Dr. David DeRose is a board-certified specialist in both internal and preventative medicine and the host of American Indian & Alaskan Native Living that is a program developed by the Native Education and Health Initiative to help improve and enhance the health of people throughout Native Communities. He interviewed Guest – Dr. Tim Arnott is telling his story of his transition from a thriving medical practice in Paradise, CA to working with the Indigenous in Micronesia to his current position as the Medical Director of “Rocky Mountain Lifestyle Center” in Denver, CO. In 2018, a devastating fire devoured the entire town of Paradise, where he had an established home & medical practice. A few years prior, when he was in college, a visiting minister gave the students a lecture that they should always seek the creator first thing every morning. He took that to heart and firmly believes that is why the lives of his family were spared. Every morning he prays “The Prayer of Jabez” found in 1 Chronicles 4:10, which states “Oh, that you would bless me and enlarge my territory! Let your hand be with me and keep me from harm so that I will be free of pain.” When he first observed that advancing fire, he literally had just minutes to grab his work computers and leaving with only the clothes on his back drove thru the downtown area without enduring any close flames, heavy smoke, or traffic jams. He thanks God that they avoided any trauma that potentially could have caused great harm. He knows from that horrifying experience, that when the Lord tells you to vacate and leave your possession, you need to listen, obey, and do not go back to retrieve any of your earthly possessions. He relates an incident that happened later that night as they were on a main highway, several miles away from danger. His wife asked him to stop the car to look back at the glow of fire from their hometown. He did not want to do this, but finally pulled over, turned the engine off and turned to look at the horrific sight. When he attempted to restart the car, it would not start. Fortunately, and because of prior mice problems in his garage causing continual car repairs, he always kept necessary repair items in the car, so he eventually got the vehicle running again. He immediately thought about Lot’s wife, a disobedient woman, who was turned into a pillar of salt when she disobeyed God by looking back at the destruction of Sodom & Gomorrah. He felt that the car issue was a sign from God. We all need to be emotionally detached from our earthly possessions. There has been and will be many disaster events, like tornados, hurricanes, fires, floods, terrorist attacks, plus other disasters. In spite of what he and his family went through, Dr. Tim received many offers of love, assistance, employment, and places to stay (many came within 6 hours after they left Paradise). God had them covered and He rewards those who diligently seek Him. This tragedy, unfortunately, will always be a part of their past life and, at times, they still deal with it emotionally. God did lead him back to provide medical care for the Native American people, whose health suffered from a diet of processed foods, white rice, white bread, and refined grains that lead them to diabetes, high blood pressure, cholesterol & triglycerides, heart issues, kidney failure plus other health concerns. To get additional information on his current practice you can go to rockymountainlifestylecenter.org or drnewstart.com. merchandise.</p>		
Issue #2	<u>“Dad & Daughter Relationships”</u> From: <u>“Building Relationships”</u> Date: <u>Sunday, 10/03/21</u> Time of Day: <u>7 AM</u> Duration: <u>TRT: 59:00:00</u> <u>Description of Program format, participates, and contents:</u> <p>Host Dr. Gary Chapman has a PhD and is the author of the best-selling book “The 5 Love Languages”. He travels the world presenting seminars on marriage, family and relationships, plus has a weekly radio program entitled “Building Relationship's” that offers life changing insight & realistic advice rooted in the Word of God. This program is designed to provide fun, information and practical help for your marriage. Today he interviewed Guest – Dr. Michelle Canfield, marriage and family therapist in Bellevue, WA, author of “Let’s talk: Conversation Starters for Dads and Daughters”, founder of “The ABBA Project”, been tagged the Dad Whisperer. “The ABBA Project” began because of a need for fathers and daughters to communicate. Dr. Canfield first emailed 11 dads with daughters in their teen to 20 years old and asked them to join her one day a month for six months. 10 out of the 11 agreed to join and see that after that time whether there would be a change in them, their daughter, or their relationship. While talking with father’s, Michelle found there was so much disconnect in families, especially between dads and daughters. She has been coaching men for years to help them become the hero of their daughters. This first project went over a year with more than the original ten, many joining in just by word of mouth because there is such a great need. The research says that if a daughter “feels” connected to their father they will do better in school, she will get better grades, she will be more likely to finish high school and attend college, she’ll have greater self-esteem, less suicide attempts, less body dissatisfaction and healthier weight, she will delay her sexual debut, there will be less teen pregnancies, less depression, more likely to find steady employment, lower rate of substance abuse and more pro-social empathy. It is very important for Dads to have regular conversations with their daughters because when they do the heart opens, which is how they communicate. It will help give voice to what is happening on the inside of her. If there is estrangement between the father and daughter, it is up to the father to reach out to her and reconnect those pathways of communication and work to repair the relationship. That may be done through any method she will respond to, whether by phone, text, or email, even snail mail may work. Be willing to be humble and apologize for the breakdown in communication and offer to help her be able to open up.</p>		

Issue #3

"Restoring Your Credit" From **"Money Wise"**Date: **Tuesday, 11/02/21**Time of Day: **4:30 PM**Duration: **TRT 59:00:00****Description of Program format, participates, and contents**

Host-Rob West is the president of Kingdom Advisers and Associates that is based in Atlanta. His company provides an advocacy, training and community for financial professionals who are specialist in offering biblical wise advice to clients. With no guests on the program today, Rob dealt with today's subject. **Program Substance:** Only you can restore your credit. Covid has had a devastating impact on millions of family's credit with many not being able to pay their bills on time, which has impacted their credit history. Don't be taken in by companies offering to restore you credit has that is something that you can for yourself. Most black marks on your credit report will stay there for seven years. There is almost nothing you can do about it except #1. Dispute any late payment but only if they are incorrect. You will want to do this as your payment history makes up 35% of your FICO score. Get your credit reports by going to annualcreditreport.com and follow their instructions. If a black mark is accurate, then pay off that debt as quickly as you can or at least bring it up to date. It won't improve your credit but it will minimize the damage and start the clock ticking towards the date that the item will be removed from your account. #2. If you have been receiving notices that you are in arrears on a bill and you have not been in arrears, you can have it removed temporarily until your dispute has been settled in your favor. It is important to stay on top of your credit reports every quarter to take care of any inaccurate discrepancies.

ISSUE #4

"Good Growing With the Garden Guy"

FROM

"Strong Tower Radio - Today"Date: **Sunday, 11/07/21**Time of Day: **5:00 PM**Duration: **TRT 59:00:00****Description of Program format, participates, and contents :**

Host Jilane Fenner and Co-Host Tom Mejeur interviewed **Guest - interviewed Guest Gary Heilig** who is a locally retired county extension agriculture agent. **Program Substance:** Today, Gary covered a variety of subjects as follows: eating potatoes with or without skins, 80,000 medicinal plants used worldwide, rainforest and deforestation. Now is the time to start planning growing grapes, to start your fall garden clean up, grafting multiple varieties on fruit trees, propagating African violets and answers the question is it dangerous to eat apple seeds? It is important to check any outdoor plants for bugs, mites, etc if you are bringing them into the house over the winter months.

ISSUE #5

"#615-Diabetes Undone" From **"American Indian & Alaskan Native Living"**Date: **Sunday, 12/12/21**Time of Day: **3:00 PM**Duration: **TRT 59:45:00****Description of Program format, participates, and contents :**

Host -Dr. David DeRose is a board-certified specialist in both internal and preventative medicine and the host of American Indian & Alaskan Native Living that is a program developed by the Native Education and Health Initiative to help improve and enhance the health of people throughout Native Communities and is hosted by Dr. David DeRose. He interviewed **Guest - Danny Kwon**, is the Executive Director of "The Life & Health Network and also a Licensed Attorney by trade. He is very active with the nonprofit sector including Amazing Facts located in Northern California. During this period is when he realized that so many of the health problems of today are the result of lifestyle. During the last 10 years there has been such an explosion of information regarding how important lifestyles alters your life. His website material is mostly free, and can be researched at www.lifeandhealth.org - click on the appropriate subject matter of your liking. **Program Substance:** At the lifestyle center, he started with a 3-day diabetes reversible program where the center would send experts to a city location to provide education, prepare nutritional meals that would help clients to receive a better handle on controlling their diabetic illness. Some clients were not able to travel to a city to attend so therefore, the need for in-home programs with CD's was born. As technology advanced, the need to upgrade and improve instructing clients was needed. Today the book "Diabetes Undone" is a very popular tool. Type II Diabetes is not only preventable, but it is also reversible or undone. Thousands of individuals have reversed their diabetes plus other chronic health concerns have improved by following the same wellness strategies learned in this diabetic Undone course. Diabetes Undone offers 40 short videos that will empower you to optimize nutrition, exercise, and many other powerful lifestyle strategies to regain and/or improve your health. The 6-hour program curriculum contains videos, CD's, a workbook/cookbook that you will download. There are quizzes to complete and at the end of completing the entire program you will download a certificate of completion. Cost of this program is \$199 but currently thru Christmas a sale price of \$99.99 is available.

Signature and Date


January 04, 2022

Signature of Licensee --- David Bolduc, General Manager - WNHG

Date Signed