

Period: 1st Quarter Jan-March 2024

Location (All Journey Markets): There follows a listing of some of the significant issues responded to by WRVL, WVRI, WVRP, WVRA, WVRD, WVRL, WBOP, WVRH- Coverage area of VA and NC- along with the most significant programming treatment of those for the period of 01/01/24-03/31/24. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance.

Date: 01/13/24

Time: 6:00 AM

Length: 20:24

Market: All Journey Network markets

Program: Hometown Journal

Topic: Medical/Education

Interviews: Dr. Tom Forsberg; Co-Founder Healing Hearts Vietnam

Issues: The program featured Central Virginia based Dr. Tom Forsberg and his work with Healing Hearts Vietnam in treating children with congenital heart disease. Through the program doctors and medical students in Virginia can travel to Vietnam and provide medical care and equipment.

Date: 01/20/24

Time: 6:00 AM

Length: 11:42

Market: All Journey Network markets

Program: Hometown Journal

Topic: Food Assistance

Interview: Gary Arrington; Director Hunters for the Hungry

Issues: On this edition of Hometown Journal Gary Arrington of Hunters for the Hungry shared the organization's mission of providing venison to people in need, helping to alleviate hunger in Virginia. Since 1991 Hunters have provided over 7.7 million pounds of lean meat to food banks and other outlets helping people in need food assistance. Gary explained how the meat is processed and distributed to individuals and families. Gary also shared how listeners can be involved with HFTH as volunteers (even if they are not a hunter)

Date: 01/27/24

Time: 6:00 AM

Length: 17:16

Market: All Journey Network markets

Program: Hometown Journal

Topic: Affordable Housing/Community Service/Volunteering

Interview: Donna Vincent; Executive Director of Greater Lynchburg Habitat for Humanity

Issues: Donna Vincent explained how Greater Lynchburg Habitat for Humanity has worked with families to provide affordable housing. Since 1988 more than 300 families in the community have been assisted through the habitat staff and volunteers. Donna also explained the process of applying, financial counseling, and work requirements for families purchasing a home through Habitat. The interview also highlighted volunteer opportunities on the build sites and through the ReStore program. The Journey also encouraged listeners outside the Lynchburg area to contact their local or regional Habitat to learn about volunteer opportunities in their community.

Date: 02/03/24

Time: 6:00 AM

Length: 12:55

Market: All Journey Network Markets

Program: Hometown Journal

Topic: Health/Muscular Dystrophy

Interview: Brooke Smith; Director MDA's National Resource Center and Gene Therapy Support

Issues: The interview with Brook Smith highlighted some of the more than 100 neuromuscular diseases under the category of muscular dystrophy. Brooke also shared developments in research and treatment including an update on gene therapy. The interview also provided the MDA's website information where listeners can learn more about the services and care provided by the MDA.

Date: 02/10/24

Time: 6:00 AM

Length: 21:03

Market: All Journey Network Markets

Program: Hometown Journal

Topic: Health

Interview: Heather Mills; Certified Nutritionist and Trainer

Issues: Heather shares how her background and pregnancy led her to learning more about nutrition and exercise. Heather uses her background as an educator to help women learn to make better food choices. Her approach is sustainable nutrition and fitness instead of fad diets. She explains why short-term goals are more effective when changing eating habits and incorporating all food groups into a lifestyle.

Date: 02/24/24

Time: 6:00 AM

Length: 4:13

Market: All Journey Network markets

Program: Hometown Journal

Topic: Life of poet Anne Spencer

Interview: Shaun Spencer Hester; granddaughter of Anne Spencer and Executive Director of the Anne Spencer House and Garden Museum in Lynchburg, VA

Issues: The interview covered highlights of Anne Spencer's life from her birth in 1882 to becoming a leading figure for civil rights, a leader of the 1920's Harlem Renaissance and becoming only the second African American poet to be included in the Norton Anthology of modern poetry.

Date: 03/02/24

Time: 6:00 AM

Length: 13:35

Market: All Journey Network markets

Program: Hometown Journal

Topic: Literacy

Interview: Beverly Blair; Lynchburg Public Library Director

Issues: March is National Reading Month and this interview focused on literacy rates and encouraging reading among children. Guest Beverly Blair shares that as a society we are reading less due to time, attention, and socioeconomic factors. Beverly explains why it is important for parents to start reading to and with their children at an early age (15 minutes a day) to develop and appreciation for literature. She highlights the national campaign One Thousand Books Before Kindergarten as a program to encourage reading.

Date: 03/09/24

Time: 6:00 AM

Length: 12:32

Market: All Journey Network markets

Program: Hometown Journal

Topic: Muscular Dystrophy

Interview: Brooke Smith; Muscular Dystrophy Association

Issues: The interview with Brook Smith highlighted some of the more than one hundred neuromuscular diseases under the category of muscular dystrophy. Brooke also shared developments in research and treatment including an update on gene therapy. The interview also provided the MDA's website information where listeners can learn more about the services and care provided by the MDA.

Date: 03/23/24

Time: 6:00 AM

Length: 22:27

Market: All Journey Network markets

Program: Hometown Journal

Topic: Pet Adoption

Interview: Megan Frost; Community Outreach Manager for Animal Services Wake County, NC

Issues: Megan helps answer the question- Is pet adoption right for you? She shares what potential pet owners should consider including current financial obligations, cost for care, lifestyle, and time. Megan also provides details of the services provided by the Wake County animal center. The services include vaccinations, adoption, community pet days held in locations throughout the county to make it easier on citizens to get pets vaccinated and microchipped. Megan provides details for listeners interesting in volunteering with the center and related contact information.

Date: 03/30/24

Time: 6:00 AM

Length: 25:35

Market: All Journey Network markets

Program: Hometown Journal

Topic: Mental Health/Depression

Interview: Dr. Kenyan Knapp; Author of Healthy Depression

Issues: On this edition we re-visit an interview with Dr. Kenyan Knapp author of the book Healthy Depression. Dr. Knapp explains that isolation during COVID led to a spike in depression. He shares that there are approximately 322 million people worldwide disabled by depression each year (World Health Organization). The interview also covered causes of depression including family history, and treatments for managing depression that may not be biological. Dr. Knapp's approach is faith based and comes from more than 20 years of experience in the mental health field.

