

**1. BUSINESS**

**Issues – Programs List January 1st - March 31st, 2024**

Date	Show	Guest-Company-Topic	Time
01/04/2024	Ask Brien hosted by Peter Bronstein and Traci DeForge	<p>Guest: Matt Olsen of Nano Banc</p> <p>Topic: Today on The Ask Brien show, your hosts Peter and Traci talk with Matt Olsen, Vice President of Nano Banc. With over 20 years of experience, Matt has experience in commercial and private lending, cash management, mortgage trading and more. Matt talks about small business lending and how the SBA 7a (Small Business Administration) loan can help an entrepreneur begin their business journey with up to 5 million dollars loaned based on operating history. Additionally, businesses can apply for microloans, which generally start at 50 thousand dollars. Some entrepreneurs may need two different loans, and can combine both a 504 commercial loan for a property they wish to have and the 7a loan for capital in order to purchase equipment or other items to expand their business.</p>	1 to 2 p.m.
01/05/2024	The Real Estate Fix hosted by Richard Szerman	<p>Guest: no guest</p> <p>Topic: Today, your host Real Estate expert Rich Szerman talks about the threat of a debt that homeowners think was paid off or forgiven, but years later the bank threatens foreclosure on the home unless full payment plus interest and fees is paid. In Rich's office, the amount of zombie mortgages has doubled in the past week. If you are facing a zombie mortgage or foreclosure Rich and his team offer assistance for free. Rich encourages listeners to double check the accuracy of the loan. Ask the lender for the amount and the statute of limitations among other details needed to support your case. Additionally, the Fair Debt Collections Practices Act can help you defend yourself if faced with zombie mortgage. Rich awards Gregory Funding as his "Bad Bank of the Year." Based in Oregon, Gregory Funding services 25 thousand loans and handles 5 billion dollars in mortgages with only 31 employees. Rich talks about customers sitting 4 to 6 hours on hold in hopes of talking to a representative on the phone. He believes that a company with so few employees cannot give their customers proper and efficient service. Gregory Funding is not Better Business Bureau accredited. Rich gives a brief update on the ongoing case he is helping involving a former military member stricken with ALS. Sean and his wife Martie Howards were facing foreclosure after a zombie mortgage arose. As a result of bringing public attention to their story, the lender with the mortgage, SLS, has agreed to pause the foreclosure process, giving the Howards a bit of time and hope.</p>	10 to 11 a.m.
01/11/2024	Ask Brien hosted by Peter Bronstein and Traci DeForge	<p>Guest: Jodi Sodini, CEO of Sodini Marketing</p> <p>Topic: Today on The Ask Brien Show your hosts Peter and Traci talk with CEO of Sodini Marketing, Jodi Sodini. Jodi comes from a first responder background, serving as a paramedic and fire fighter when she was diagnosed with an auto-immune disorder. Realizing she could no longer physically serve as a first responder, she pivoted to marketing. Jodi began Sodini Marketing as a way to help businesses succeed on Facebook. Starting as a virtual assistant to a friend, she eventually was helping consultants, course creators and coaches get ad results as they align with the client's specific objectives and "reverse engineer" their way towards overall success. Jodi finds success in finding the best marketing data and using the numbers to benefit her clients.</p>	10 to 11 a.m.

		Go to <a href="http://SodiniMarketing.com">SodiniMarketing.com</a> for more information on how Jodi can help your business. You can also find Jodi on Instagram at <a href="https://www.instagram.com/jodi_sodini">jodi_sodini</a> The Ask Brien Show is sponsored by <a href="http://LegalStepz.com">LegalStepz.com</a>	
01/18/2024	Ask Brien hosted by Peter Bronstein and Traci DeForge	<p>Guest: Clayton Turner, CEO of <a href="http://Leedly.com">Leedly.com</a></p> <p>Topic: Today, on the Ask Brien Show your hosts Peter and Traci talk with Clayton Turner, CEO of <a href="http://Leedly.com">Leedly.com</a> Coming from an engineering background after building a very successful site in Contractor Training Center, Clayton began <a href="http://Leedly.com">Leedly.com</a> as a way to assist small businesses in their everyday tasks, such as automating missed phone calls, web inquiries, book appointments and even take credit card payments to reserve an appointment time for a client. <a href="http://Leedly.com">Leedly.com</a> helps you convert more leads into actual sales and offers reminders, live calls and assists on google searches as well. Finally, <a href="http://Leedly.com">Leedly.com</a> can help with "Nurture Campaigns" which is a great way to help a customer book a sales call, send reminders about their previous call and give further assistance if they need help posting on their social media sites, therefore "nurturing" the potential lead for a client. If you'd like more information on how <a href="http://leedly.com">leedly.com</a> can help your business email Clayton at <a href="mailto:clayton@leedly.com">clayton@leedly.com</a> or go to <a href="http://Leedly.com">Leedly.com</a></p>	1 to 2 p.m.
01/19/2024	The Real Estate Fix hosted by Richard Szerman	<p>Guest: no guests</p> <p>Topic: Today on The Real Estate Fix, your host Rich Szerman welcomes Angela Wyckoff in studio to discuss reverse mortgages. Angela, with over 20 years experience, talks about the benefits of a reverse mortgage which is a home loan that you do not have to pay back for as long as you live in that home. It can be paid as one lump sum or as regular monthly payments on the date and amount you decide. They typically are beneficial for those who plan on living in their home for a long time, not just a few years. Angela prides herself in putting her client's needs first, only guiding them towards a reverse mortgage should it make sense for them. Answering a few question, Angela helps clear up the difference between reverse and regular mortgages. With a reverse mortgage, the home must be your primary residence, you must be up to date on your taxes, insurance and HOA payments and the property needs to be maintained properly. The title is yours and you are free to sell or refinance. For more information on how Angela can help you with reverse mortgages call her at 805-301-1933 or email her at <a href="mailto:angela@reverseloansolutions.com">angela@reverseloansolutions.com</a> You can reach Rich for your real estate needs at 661-714-1400. Rich gives a quick market recap, stating the jobs report is stronger than expected, inflation is beginning to drop, the fed interest rate stands at 5.5 percent and there is still a lack of available housing in the market.</p>	10 to 11 a.m.
02/02/2024	The Real Estate Fix hosted by Richard Szerman	<p>Guest: no guests</p> <p>Topic: On today's episode of The Real Estate Fix your host Rich Szerman talks about projections for the year 2024. With a stable interest rate near 7 percent, Rich expects the rate to drop a little bit this year. There is very little available in the housing market and inventory is low. California has seen volume of real estate availability drop consistently for the past 30 months and specifically in the Santa Clarita area, median home sales are stable with a small drop of ten thousand dollars, making the average cost of a home in January at 760 thousand dollars. Bankruptcy numbers have risen 16 percent for the fourth quarter in a row. Rich talks about three main questions he hears</p>	10 to 11 a.m.

		<p>from clients and addresses doubts. Potential buyers are asking if they should wait for the interest rates to fall, and Rich explains that there's no guarantee of how much and when they will drop. Other questions raised and answered are what will happen if rates do fall, it means an increase in competition, thus higher prices. Finally, he stresses to clients to make sure they are prepared to act quickly. Improve your credit to ensure the best rates and get prequalified. Rich offers free serves such as foreclosure assistance, credit repair and home renovation in order to increase your chances of a successful buying or selling experience. Rich wraps up the show with a recap on a previous story that he and KHTS News Department brought attention to in December of 2023. The Howard Family, Martie and her husband Sean, who is a former Marine and suffers from ALS, were battling with their lender SLS as victims of a "zombie mortgage." The zombie mortgage is one that the owner believes has been satisfied and has no correspondence from the bank until the mortgage arises again after being sold to another lender. SLS was asking for payment in full or face foreclosure. Thankfully, with the media attention brought on the situation, SLS has arranged a more manageable financial option for the Howards, now offering a 40 year term instead of 30 years, no balloon payment, zero down, no interest rate and a \$600 a month payment. Rich is quite discouraged with SLS, but pleased with the compromise that will help the Howards stay in their home. You can reach Rich at 661-714-1400 for all of your mortgage, real estate and foreclosure needs.</p>	
02/08/2024	Ask Brien hosted by Peter Bronstein and Traci DeForge	<p>Guest: Michael Jankie, CEO of Nat Pat  Topic: Today on The Ask Brien Show, your hosts Peter Bronstein and Alex Grossman talk with the CEO of Nat Pat, Michael Jankie. Michael began his company Nat Pat, which is short for Natural Patches, after noticing his young daughter suffering from many mosquitos bites. He wanted an all-natural and simple approach to fighting off these pests. With a background in technology and software, Michael faced a change when the Covid lockdown happened, thus turning his attention towards a consumer based company, and starting up Nat Pat. Michael, along with two other partners, began the company which sells small patches called Buzz Patch that can be worn directly on clothing or skin and with all natural ingredients and essential oils which will deter mosquitoes. Additionally, Nat Pat also distributes products to help with sleep, allergy relief, UV sun protection and focus and calming patches. Go to natpat.com for more information. Nat Pat products can be found online and through Amazon and many Target locations.</p>	1 to 2 p.m.
02/15/2024	Ask Brien hosted by Peter Bronstein and Traci DeForge	<p>Guest: Wayne Lutomski, of Hydro Shot Energy Drink  Topic: Today, your hosts Peter and Traci talk with Hydro Shot Energy Drink founder Wayne Lutomski. With a previous background in major beverage companies such as Pepsi, Welch's, Gatorade and Starbucks, Wayne decided to launch a beverage brand in Hydro Shot in partnership with H2 Beverages. Hydro Shot is a functional drink that is a combination of hydrogen water and L-Citrulline which when combined with amino acids in the body produces nitric oxide. Nitric oxide is a primarily a signaler in the body which leads to vasodilation which is the relaxing of the circulatory system to help your arteries and veins relax allowing greater blood flow through the body. The drink has no sugar and 70mg of caffeine which is low compared to similar "energy" drinks on the market. Hydro Shot is focused mostly on the 55 and older group in that typically they would</p>	1 to 2 p.m.

		benefit from the perks offered by drinking Hydro Shot. He talks about how the 55 and older group is now healthier, more active and engaged and has more income than previous generations. Wayne talks with the hosts about the importance of launching a brand in any market, and finding a game you can play and win in a competitive market. They also discuss the importance of having all team members on the same page to keep the vision and values of the company on track. Go to their website <a href="http://DrinkHydroShot.com">DrinkHydroShot.com</a> to learn more about their 12 day challenge and to purchase online. You can reach Wayne at <a href="mailto:wlutomski@wndyinc.com">wlutomski@wndyinc.com</a>	
02/16/2024	The Real Estate Fix hosted by Richard Szerman	<p>Guest: no guests</p> <p>Topic: On today's episode of The Real Estate Fix, your host and real estate expert Rich Szerman gives a quick market update. Much of the same, as interest rates are up a little bit at 7.53 percent according to Forbes. Rich talks about the "golden handcuffs" that many homeowners find themselves in metaphorically speaking. With the rates too high, many buyers aren't capable of searching for an affordable property. He discusses the fact that 70 percent of homeowners have a 4 percent or lower interest rate, thus essentially keeping them frozen in their current mortgage as the rates are much higher at this point. Additionally, the National Association of Realtors, NAR, has experienced a 30 percent drop of membership, and real estate volume is down 40 percent in California, creating a ripple-effect throughout the mortgage industry. Rich talks about the California Mortgage Relief Program which is free funds for those who qualify in being 2 months behind their mortgage payment. The state will pay up to 80 thousand dollars of your mortgage. Go to <a href="http://camortgagerelief.org">camortgagerelief.org</a> for more information. You can call Rich directly for mortgage or foreclosure assistance at 661-714-1400. In the second half of his show, Rich welcomes Chris Najarro and Mandy O'Connor from Bridge To Home in studio. Chris, the Executive Director and Mandy, the Director of Development, talk with Matt about the exciting progress non-profit Bridge To Home has accomplished over the years. Founded in 1997 as solely a winter shelter and only serving approximately 20 beds, Bridge to Home expanded its services to year-round in 2019 and now has a 60 bed capacity serving those who are experiencing homelessness. The ladies are proud to announce a permanent shelter opening in June of this year, which will offer 8 units for housing, a medical room, kitchen and dining rooms as well as offices and respite room for clinical therapy. Additionally, Bridge to Home has an incredible outreach program that connect with those not under their care. A sold-out fundraiser is happening on February 24<sup>th</sup> and is proudly sponsored by Supervisor Kathryn Barger, Intertex General Contractors, Stay Green Inc. and more. If you are still interested in helping out, Bridge To Home is always accepting monetary donations, paper goods, toiletries, coffee, oatmeal and other supplies. They estimate they serve about 900 people throughout the year and sadly expect that number to remain the same with the current difficult economy and housing situation.</p>	10 a.m. to 11 a.m.
02/22/2024	Ask Brien hosted by Peter Bronstein and Traci DeForge	<p>Guest: Barry Meisel, President and CEO of MeiGray Group</p> <p>Topic: Today, on the Ask Brien Show, your co-host Traci takes over the show as Peter Bronstein vacations. Traci talks with Barry Meisel, President and CEO of MeiGray Group. MeiGray is the brainchild of Barry and his business partner Bob Gray who began the company in 1997. By 2002, the NHL approached Barry hoping to collaborate with not only the Devils and the Rangers but with the entire league. With a 20 year sports writer</p>	1 to 2 p.m.

		<p>background, Barry used his connections with the NHL New Jersey Devils and New York Rangers teams to make game-worn jerseys available for collectors. The MeiGray Group is the number 1 authenticator for game-worn jerseys focusing on NHL, NFL, MLB, and the NBA. Since its beginning, the technology has advanced so that Barry's team of authenticators can use digitized photography and video to ensure the authenticity of each item. He says that certain features of each jersey such as sweat stains, turf scuffs and abrasions help to identify the item from another item that is similar. Each item comes with a certificate of authentication and it is marked with counterfeit-proof, individually numbered inventory tags that are inserted into the jersey before the player wears it. Go to <a href="http://meigray.com">meigray.com</a> or contact them at <a href="mailto:sales@meigray.com">sales@meigray.com</a> for more information. A promo code of 10 percent off is offered through their website. Enter WRAP10</p>	
02/29/2024	Ask Brien hosted by Peter Bronstein and Traci DeForge	<p>Guest: Kevin Hartley, CEO of Cambio Roasters  Topic: Today on the Ask Brien Show your host Peter Bronstein and Traci DeForge talk with Kevin Hartley. Kevin is the CEO and Founder of Cambio Roasters. Cambio works with brands like Starbucks, Duncan Donuts, Peet's Coffee and Kirkland's. Cambio found inspiration from their current customer base when asked about a product that would help them "do good" in the world. The patent expired for the K-Cup in 2013, thus opening the market to other retailers and even still, 85 percent of K-Cups are made by Keurig. Cambio Roasters is a coffee retailer focused on creating recyclable coffee pods for your coffee maker. They wanted to address the issue of the single-use plastics in the industry, thus making the product less of an environmental stressor. Kevin talks about three main issues of a business facing best choices for their success while giving a customer what they need which is financial, environmental and a focus on the human component. Prior to Cambio Roaster, Kevin worked as the Chief Innovation and Chief Strategy Officer at Keurig and Green Mountain. Go to <a href="http://CambioRoasters.com">CambioRoasters.com</a> for more information.</p>	1 to 2 p.m.
03/01/2024	The Real Estate Fix hosted by Richard Szerman	<p>Guest: no guest  Topic: On today's show, your host and real estate expert Rich Szerman welcomes Laverne Simmons in studio. Laverne is a ten year Army Sergeant who was honorably discharged from the military after an injury sustained during a convoy in 2009. During her time in service, she was able to purchase a home. Once she returned home from Iraq, she was able to pay off her mortgage. However, in January of 2023, Laverne received a letter from Real Time Resolutions who now had ownership of a "zombie mortgage." Zombie Mortgages are those that are seemingly paid off, no communication from the lender, but then pop up at a later date, asking for full payment, with interest. Laverne contacted Rich and together they were able to talk with RTR to convince them to lessen the amount due, now lowered to an 11 thousand dollar payment split over 6 months and then a \$500 monthly payment. Rich does a quick market update citing a few sources, CBS Money Watch, Freddie Mac and National Association of Realtors all showing high rates and home prices keeping the market in a frozen state. However, some movement is in the future as numbers show optimism. Rich says if you are trying to get in to the market, expand your search to a wider area, get prequalified now and ask for help from potential lenders.</p>	10 a.m. to 11 a.m.

03/07/2024	Ask Brien hosted by Peter Bronstein and Traci DeForge	<p>Guest: Marcin Malyszko, Mission Craft Cocktails</p> <p>Topic: Today, on the Ask Brien Show, your hosts Peter and Traci talk with Mission Craft Cocktails co-founder Marcin Malyszko. Marcin and his business partner met at a local charity event in 2020 and bonded over similar interests, thus eventually developing their Mission Craft Ready-to-drink cocktails. The brand features 5 different drinks including Cosmopolitans, Manhattans, Mai Tai, Margaritas and Old Fashions, while also working on a new release. Marcin says his company is different than other ready-to-drink companies on the market because they source local ingredients that are all natural. The alcohols are sourced directly from their supplier, using only distilleries with premium brands. Mission Craft Cocktails has won innovation awards and won several competitions with consumers as judges. Mission Craft Cocktails has donated over 26 thousand meals to local food banks with their proceeds. Go to <a href="http://missioncocktails.com">missioncocktails.com</a> to find a supplier near you. The Ask Brien Show is sponsored by LegalStepz.com</p>	1 to 2 p.m.
03/14/2024	Ask Brien hosted by Peter Bronstein and Traci DeForge	<p>Guest: Ben Bucher, Allstate Insurance</p> <p>Topic: Today, on The Ask Brien Show, your hosts Peter and Alex talk with Ben Bucher. Ben is the owner of Ben Bucher Allstate Insurance in Indiana. Ben began his insurance journey by way of Broadway. Having spent 10 years in New York and on the theater scene, then moving to management at a McDonald's, Ben took his experiences and turned them towards insurance. Hesitant at first, Ben was convinced to start his own agency by a family member, having to borrow from family and take out loans. He talks with Peter and Alex about the importance of creating a positive work environment for your employees. He focuses on being resourceful, utilizing the knowledge of mentors, coaches as well as online courses and Facebook groups in order to enhance your experience and learning. Mastermind Meetings and periodic conferences have also been helpful to Ben in the growth of his company. Ben's agency can help you with your auto, home, business, life and specialty insurance needs.</p>	1 to 2 p.m.
03/15/2024	The Real Estate Fix hosted by Richard Szerman	<p>Guest: no guest</p> <p>Topic: On today's show, your host real estate expert Rich Szerman welcomes John Mraz of Mortgage Hub in studio. John, a former Marine, began in the mortgage field in 2005. He and Rich talk about the importance of getting prequalified when you are interested in homebuying. He stresses that even if you aren't close to finding the home you want, being prequalified shows that you are serious about the process and makes you more desirable for the seller and lender. There are plenty of programs available to first-time homebuyers such as Dream For All which is open for a lottery system from April 3-29 and offers 20 percent of the purchase price with zero percent interest. A 2-1 buydown helps you get a lower rate so you can acclimate to the monthly payment. Rich gives a quick market update, discussing the two tax credit plans introduced by President Joe Biden. The 5 thousand dollar credit isn't enough to make a dent in a mortgage Rich points out as we are still in the effects of a "frozen market." Finally, around town the BBMS Happy Children Memorial Fund is hosting a BBQ in front of the Green Valley Market on April 20. The foundations supports survivors of domestic violence and drug use by offering a safe place for victims, by way of hygiene products, toys and food. Go to <a href="http://bbmhappychildren.com">bbmhappychildren.com</a></p>	10 a.m. to 11 a.m.
03/21/2024	Ask Brien hosted by Peter Bronstein and Traci DeForge	<p>Guest: Neil Smith, UBS NHL Liaison, Podcaster</p> <p>Topic: Today, on The Ask Brien Show, your hosts Peter and Traci talk with Neil Smith, UBS liaison between the UBS Arena and the NHL Players and clients. Neil, a former NHL</p>	1 to 2 p.m.

		player and General Manager of the New York Islanders and Rangers, eventually turned to UBS, giving him an opportunity to work closely with the NHL again. Neil worked with the Rangers as GM from 1989-2000, and during his tenure saw the only Stanley Cup win since 1940. In building your business, Neil talks about making sure you have the right employees around you, focusing on their character first. Neil also hosts a podcast through Producer Podcasts and he explains that with that comes less stress, as podcasting gives you the chance to take your time in a conversation, giving the hosts a chance to really develop their content. Neil's podcast, NHL Wraparound focuses on what's current in the NHL as well as historical events in the league.	
03/28/2024	Ask Brien hosted by Peter Bronstein and Traci DeForge	<p>Guest: Regina Bonds, Confidence Coach</p> <p>Topic: On today's show, your hosts Peter and Alex welcome Confidence Coach, Regina Bonds. Regina began her professional career as a banker. Working with her colleagues, it was discovered that she was a great cheerleader for her fellow peers and was asked to give pep talks to those around her. Eventually, she left the banking business to start her own coaching business. She initially started with one client and focused on her client seeing the bigger picture, working towards envisioning where you want to be in the future and growing your potential. Regina offered a 21 day confidence challenge for 21 dollars a day where she would talk with them over the phone, giving affirmations and tips on how to have more mindfulness in their daily professional lives. Regina likes to focus on the 3 Cs: Clarity, Courage and Commitment as a guide to help her clients. If you would like to reach Regina for her services, go to ReginaBonds.com</p>	1 to 2 p.m.

## 2. CRIME

### Issues – Programs List January 1st - March 31st, 2024

Date	Show	Guest-Company-Topic	Time
01/22/2024	Hosted by Cary Quashen and Robbie Robinson	<p>Guest: no guest</p> <p>Topic: Today, on the Action Drug Rehab Hour, your hosts Cary and Robby welcome Kara Miller in studio. Kara lost her husband, Aaron, to an overdose two years ago. He was heavily addicted to pain medication after a back injury left him in constant pain. He also struggled with alcohol and was able to get clean for three months but relapsed, leaving behind Kara and their two young children. Cary and Robby talk about the CURES Program through hospitals that will keep track of an individual's prescription medication in order to avoid them taking advantage of the system by visiting multiple doctors for their fix. Kara's husband was blacklisted, and then turned to street drugs. Cary stresses that nearly all drugs found on the streets are laced with fentanyl and therefore people can unknowingly overdose by believing they are taking a different, less deadly drug. He also cites the numbers of drug overdoses reaching one hundred thousand, but believes that number could be vastly higher. If you or a loved one need help, contact Cary and his team at actiondrugrehab.com</p>	12 to 1 p.m.

**3. DRUGS****Issues – Programs List October 1, 2023 - December 1st, 2023**

<b>Date</b>	<b>Show</b>	<b>Guest-Company-Topic</b>	<b>Time</b>
01/22/2024	Hosted by Cary Quashen and Robbie Robinson	<p>Guest: no guest</p> <p>Topic: Today, on the Action Drug Rehab Hour, your hosts Cary and Robby welcome Kara Miller in studio. Kara lost her husband, Aaron, to an overdose two years ago. He was heavily addicted to pain medication after a back injury left him in constant pain. He also struggled with alcohol and was able to get clean for three months but relapsed, leaving behind Kara and their two young children. Cary and Robby talk about the CURES Program through hospitals that will keep track of an individual's prescription medication in order to avoid them taking advantage of the system by visiting multiple doctors for their fix. Kara's husband was blacklisted, and then turned to street drugs. Cary stresses that nearly all drugs found on the streets are laced with fentanyl and therefore people can unknowingly overdose by believing they are taking a different, less deadly drug. He also cites the numbers of drug overdoses reaching one hundred thousand, but believes that number could be vastly higher. If you or a loved one need help, contact Cary and his team at <a href="http://actiondrugrehab.com">actiondrugrehab.com</a></p>	12 to 1 p.m.

**4. EDUCATION****Issues – Programs List January 1st - March 31st, 2024**

<b>Date</b>	<b>Show</b>	<b>Guest-Company-Topic</b>	<b>Time</b>
01/19/2024	Hosted by Matt Watson	<p>Guest: Melissa Rose, Facilitator at SCVi Schools, 6th grade SCVi Learners Kara and Ray, Brian Koegle, Partner at Greenspoon Marder LLP, Eye On The Valley – SCVi Facilitators &amp; Learners And Brian Koegle</p> <p>Topic: Today, on Eye On The Valley, your host Matt Watson welcomes Melissa Rose in studio. Melissa is a facilitator at SCVi Schools, and formerly worked with Matt's additional guests, 6th grade learners, Kara and Ray. The three talk about the great advantages SCVi and iLead School offers to learners with project based learning. They discuss the impressive Dream Up To Space Project where the learners wrote a proposal with their own ideas, sent the idea to assessors, conducted interviews with fellow learners and executed their experiment. In the hands-on project which took over a year to complete, Kara and Ray talked about sending the vegetable bok choy into space. When the rocket returned 7 weeks later, they were excited to see the results and mishaps of their hard work, thus boosting their confidence, leadership skills and scientific learning. Kara and Ray both have peaked interest in space exploration and medical research as a result of SCVi project based learning model and specifically the Dream Up To Space Project. SCVi and iLead schools are a free charter public school offering tailored learning both in person and online to those TK-12 grades. SCVi schools give their learners freedom to craft a learning plan for themselves while also focusing on the state standards, giving the learner and family freedom in their education.</p> <p>Go to <a href="http://ileadsantaclarita.org">ileadsantaclarita.org</a> for more information on classes offered, schedules and more for your learner. In the second hour, Attorney Brian Koegle joins Matt to discuss his expertise in Labor and Employment Law. Brian is a partner in the firm Greenspoon Marder LLP where he focuses on</p>	8 a.m.



		<p>assisting small business owners on employment contracts, wage and hour concerns, compensation and termination matters. Brian talks about some important issues for business owners like how to properly enforce a work from the office policy in employees, especially after COVID saw most people working from home. Additionally, Brian talks about some changes to the labor laws in effect as of January 1, 2024 such as a mandatory increase in paid sick leave, reproductive loss protection leave and unenforceable non-compete clauses in the state of California. Finally, Brian discusses employers in the Santa Clarita area required to pay minimum wage employees \$16 an hour. Go to Greenspoon Marder's website at <a href="http://gmlaw.com">gmlaw.com</a> for more information on Brian's services for your business.</p>	
01/26/2024	Hosted by Matt Watson	<p>Guest: Elsa Williamson, Alex and Vlad, Taylor Adachi and Missy Carter, Santa Clarita Mayor Cameron Smyth  Topic: Today on Eye On The Valley, your host Matt Watson talks with SCVi and iLead Facilitator Elsa Williamson. Elsa works at the Agua Dulce location with 7<sup>th</sup> grade learners Alex and Vlad and together the three of them discuss their recent Project Based Learning Project called "Patient Zero." As is with SCVi and iLead schools, their learners are guided by a facilitator in "experimental learning" which gives the child a more hands-on approach to their own education while also teaching state standards. In the Patient Zero project, the learners had to research how to survive the Bubonic Plague and they documented how people lived through that time in their daily life, education, and by journaling using informative, narrative and persuasive writings. Alex and Vlad talk about other projects they've enjoyed including the recently discussed Dream Up To Space and Greek Mythology. Both learners enjoy a unique feature of seeing livestock at their campus such as alpacas, horse, pigs, cows and chickens. Go to <a href="http://ileadaguadulce.org">ileadaguadulce.org</a> for more information on how to enroll your learner as well as information on their upcoming events for prospective families on February 15<sup>th</sup>, TK and Kindergarten enrollment on February 22<sup>nd</sup> and high school family night on February 29<sup>th</sup>. SCVi and iLead schools are a network of free public charter schools both in person and online personalized learning opportunities. Next, Matt welcomes Carousel Ranch Executive Director Taylor Adachi and President of the Board of Directors Missy Carter. They are hosting fundraiser "Pancakes and PJs" on January 27<sup>th</sup> from 10am-1pm. The students of their Ready To Work program will be making pancakes free of charge, and other fun includes a kissing booth with a donkey named Earl, a photo booth and face painting. Additionally, every Thursday in February as part of their Carousel Wishes and Valentine's Kisses promotion, you can dine at several area restaurants including Marston's, Nothing Bundt Cakes and Fun Burger. Logix Federal Credit Union will partner and match what Marston's raises. A program that began in 1997 with one horse and one student, Carousel Ranch now serves over 80 special needs students in two different programs including Ready To Work for those graduating high school and beyond and Equestrian Therapy aimed for children. If you would like more information on Carousel Ranch and what they offer and how you can help, go to <a href="http://carouselranch.org">carouselranch.org</a> In the second hour of Eye On The Valley, Santa Clarita Mayor Cameron Smyth calls in to talk about his fifth and final term as Mayor coming to a close later this year. Mayor Smyth has a total of nearly 25 years in public service under his belt and he is most proud of the bipartisan efforts he has seen in his recent term as Mayor. He commends the resolve of community leaders in their spirit of preparedness and their ability to weather the many challenges they've faced in the past term, including wildfires, protests, a school shooting and the Covid lockdown. Mayor Smyth is proud of the city in their commercial and residential growth, stating that Santa Clarita is one of the most business-friendly cities and still remains one of the safest cities, emphasizing that Santa Clarita is not immune to crime, but remains encouraged as many law enforcement officers live in the area. He addresses concerns of remote work from home gaining in popularity thus affecting commercial</p>	8 a.m.

		<p>vacancy rates. With the face of retail changing, Mayor Smyth is in conversations with the owners of the town center in order to adapt to the changing needs of the city. Mayor Smyth talks about remaining focused on the diversity of our community and he wants to aim to have all voices heard. Recently, it was determined to build multi-use fields, in order to address a variety of interests and needs of the community. Most of the growth for residential space is happening outside of city limits, which helps to maintain that "small town" feel so many of us love about Santa Clarita. Mayor Smyth talks about the growth in local parks to the area, citing some 38 parks now available for community enjoyment, which is a big change from just 8 parks since incorporation in 1987. Old Orchard Park will be refurbished and Skyline Ranch Park plans to open later this year, and finally the city will expand the sports complex to include an indoor-outdoor rink.</p>	
02/02/2024	Hosted by Matt Watson	<p>Guest: Tina Toval Lead Educational Facilitator at iLead Antelope Valley Location  Topic: Today, your host Matt Watson talks with SCVi and iLead's Tina Toval. Tina is their Lead Educational Facilitator at their Antelope Valley campus Exploration Program. Tina has been working for iLead for 16 years and talks about the benefits of PBL or Project Based Learning which she says gives the learners a deeper level of understanding of all subjects and is more than just memorization and repeating facts. She wants to see excitement in learning and has enjoyed overseeing projects such as the Identity Project where students learn their heritage and culture and who they are in their families. She also enjoys the Genius Hour Project, inspired by Google, which gives the learners a chance to work on a project they are passionate about and dig deeper for further learning. The third project she talks about is taking on the role of a doctor and diagnose a patient, which focuses on the problem solving skills needed. Tina serves as a guide to those families who are new to homeschooling, making sure they have a clear understanding of what is expected and what they can accomplish. She helps them pick their curriculum and guides on how to teach something specifically. SCVi and iLead offer the supplies needed such as technology and books while also offering a twice a week in person session. Additionally, the learners are given the choice to participate in local field trips. The hybrid learning approach gives the learners and their families the best of both worlds and the flexibility they desire. Go to ileadav.org and click on Learning Options for more information on the Exploration home study program. A virtual information session is taking place on February 12. SCVi and iLead is a full accredited, free charter school serving Lancaster, Antelope Valley and Santa Clarita offering both in person and homeschool learning for children ages TK-12. Matt does a quick recap of what's happening around the SCV this weekend as Boy Scout Troop 583 are hosting a Get Outside Day at Valley Trails. Boys can participate in archery, a scavenger hunt, relay races and more for \$5. Email them at troop583scoutsbsa@gmail.com for more information. Hope Theater Arts is presenting 'Rev' at the Curtain Call Performing Arts in Canyon Country. Go to hopetheatrearts.com for more information. The Raising The Curtain Foundation is hosting the Cultural Community Showcase which celebrates local performing arts groups. Go to NewhallFamilyTheater.com for more information. Improv Night at The Main is happening this weekend as well. The Society Comedy Troupe will perform a family friendly show. Go to AtTheMain.org for more information. Looking ahead, KHTS annual Home and Garden Show and Emergency Expo is happening April 27 and 28. Matt and his show engineer Jen Sparks have a little fun and talk in depth about pop culture topics such as what makes a person a "Karen" and is it considered appropriate to call someone a "Karen" in 2024? They took an online quiz to discover that they both are considered</p>	8 a.m.

		"Karens" by today's standards. Matt and Jen also discuss the upcoming Super Bowl Game with the focus on the very famous attendees, incredible quarterbacks on both teams and the food.	
02/09/2024	Hosted by Matt Watson	<p>Guest: Matt Zuchowicz and Allison Bravo, Jeff Barber</p> <p>Topic: Today, your host Matt Watson talks with SCVi and iLead's SCVi and iLeads Matt Zuchowicz and Allison Bravo. Matt is the Director of Learning Support with College and Career Readiness and Allison is the Director of School Initiatives with iLead California. Together, they talk about Career Technical Education or CTE Pathways, which provides high school students with a group of classes that exposes students to high demand, high paying jobs to provide them with industry certifications, life skills and internships. Previous Pathways offered are theater based, digital arts, and fine arts, but on today's show, Matt and Allison are pleased to announce a new Pathway program offered to the high school learners. With an already successful program in aerospace for the TK-8th grade learners, SCVi high schoolers will now have access to a three year aerospace learning pathway. Matt and Allison are excited because the new aerospace pathway will give learners a chance to work closely with industry professionals, earn unmanned pilot licenses, play drone soccer and find internships. Project Based Learning and social-emotional learning is the focus for the learners, but there is an importance in aligning with state standards as well. SCVi is a fully accredited, free charter school serving Lancaster, Antelope Valley and Santa Clarita offering both in person and homeschool learning for children ages TK-12. In the second hour, Matt welcomes Jeff Barber in studio. Jeff is the Arts Supervisor for the city of Santa Clarita and the Manager of The Main in Newhall. Jeff talks about the exciting year for The Main as their calendar is full of many choices for the local community for entertainment. The 81-seat theater will host some 21 productions this year alone, ranging from family friendly, drama, one-man shows and workshops. Jeff talks about the importance of having a facility like The Main in our neighborhood and is thankful that the city took over to operate about 8 years ago. It helps to add to the local economy, boosts our quality of life as well. Jeff is busy working with about 18 production companies in order to keep The Main busy. The Main is proud to present 'At Home At The Zoo' playing through February 18th. Go to AtTheMain.org for more information</p>	8 a.m.
02/16/2024	Hosted by Matt Watson	<p>Guest: Kate Wolfe, Chris Najarro and Mandy O'Connor</p> <p>Topic: Today on Eye On The Valley, your host Matt Watson talks with Kate Wolfe, School Director of iLeadonline. SCVi and iLead offers schooling for TK-12 in Castaic, Agua Dulce and Lancaster. In addition, they offer a homeschool option in their iLeadExploration program. Learners have the opportunity to work at their own pace, creating their personalized learning plans with the help of SCVi facilitators. Kate joined SCVi in 2017 and discusses the Academic Coaches who work with the high school learners to help them pick their classes, offer daily check ins, and connect them with college and career counselors to guide learners in their after graduation options. Kate talks about the unique features of iLeadonline such as regular meetups at local parks, aquariums and farms all while offering project based learning, which is a program that is hands-on and student-led learning. Kate says homeschooling has changed much in recent years and is less of just reading and regurgitating information and working on a computer for a full day. iLeadOnline wants their learners away from the screens as much as possible, including their TK learners. TK has child and development credentialed teacher knowledgeable in play-based education. In addition, iLeadonline offers AP courses, languages that may be difficult to find such as Japanese, photography and more courses that are NCAA approved for student athletes. You can participate</p>	8 a.m.

		<p>in the open house coming up on February 29<sup>th</sup>. Go to <a href="http://ileadonline.org">ileadonline.org</a> and click on "enroll now" for more information on courses offered. In the second half of the show, Matt welcomes Chris Najarro and Mandy O'Connor from Bridge To Home. Chris, the Executive Director and Mandy, the Director of Development, talk with Matt about the exciting progress non-profit Bridge To Home has accomplished over the years. Founded in 1997 as solely a winter shelter and only serving approximately 20 beds, Bridge to Home expanded its services to year-round in 2019 and now has a 60 bed capacity. The ladies are proud to announce a permanent shelter opening in June of this year, which will offer 8 units for housing, a medical room, kitchen and dining rooms as well as offices and respite room for clinical therapy. Additionally, Bridge to Home has an incredible outreach program that connect with those not under their care. A sold-out fundraiser is happening on February 24<sup>th</sup> and is proudly sponsored by Supervisor Kathryn Barger, Intertex General Contractors, Stay Green Inc. and more. If you are still interested in helping out, Bridge To Home is always accepting monetary donations, paper goods, toiletries, coffee, oatmeal and other supplies. They estimate they serve about 900 people throughout the year and sadly expect that number to remain the same with the current difficult economy and housing situation. Go to <a href="http://btohome.org">btohome.org</a> for more.</p>	
02/23/2024	Hosted by Matt Watson	<p>Guest: Carolyn Olsen, Andi Palmatier  Topic: Today, on Eye On The Valley, your host Matt Watson welcomes Carolyn Olsen in studio. Carolyn is the Cofounder and Executive Director of Fostering Youth Independence, FYI. Carolyn and her team at FYI focus on post or secondary education for foster youth ages 16-25. She was inspired to start FYI when she realized that foster youth are generally left on their own after they leave the state system at 18 years old. Founded in 2017, FYI works with the College of the Canyons, Hart District and the Department of Children Services to find youth who may need guidance, be it socially, educationally or emotionally. FYI accepts adult volunteers to serve as an "ally" for the youth as Carolyn discusses their not having a permanent home, but also things like birthday celebrations and graduation parties that so many of us take for granted. The Ally program gives the foster youth a friend in an adult, someone who is there to support them, ask them about their day and be their friend. In 2023, FYI fostered 100 hundred youth and of those, saw over 50 enroll in college or trade schools. They offer programs for financial learning, mental health, learn to drive programs and more. A training session for potential allies is coming up April 16<sup>th</sup>. Go to <a href="http://fyifosteryouth.org">fyifosteryouth.org</a> for more information on their services and how you may help.</p> <p>In the second hour of Eye On The Valley, Matt talks with Andi Palmatier, an education facilitator at iLead Exploration, SCVi's homeschool program. Andi and Matt talk about the benefits of the program which offers families the flexibility they need while meeting the educational needs of their learners. The facilitators work with the family to give support as needed, offering PBL or project-based learning. The projects are a great opportunity to get the learners away from a typical classroom and offer hands-on learning. Socially, learners are offered local field trips and meet ups where they can befriend other kids. Additionally, learners can participate in book clubs, games, sports and many other varieties of clubs. Andi talks about some great programs offered such as Ready To Rise, a baking and math course and Create Art where young learners use shapes to recreate famous works of art. Learners are challenged to debate on keeping historical landmarks unbothered in a program that helps build leadership skills. If you are in one of five San Bernardino, Kern, Ventura, OC and LA counties you are able to enroll in iLead Exploration. Go to <a href="http://ileadexploration.org">ileadexploration.org</a> and click on "enroll" for more information. A lottery will be held to secure your child's place in the program.</p>	8 a.m.

03/08/2024	Hosted by Matt Watson	<p><b>Guest: Alison Lindemann, Martha Spansel-Pillico, Chad Powell</b></p> <p>Topic: On today's episode of Eye On The Valley, your host Matt Watson welcomes Alison Lindemann in studio. Alison is the Support Group Facilitator at Circle Of Hope, a cancer support center. Circle Of Hope began 20 years ago when it's founder was diagnosed with breast cancer. Initially, the center focused on those with only breast cancer, but later opened their services to all cancer patients. In 2017, they opened a center in Newhall, giving patients the opportunity to meet in person for support group meetings, education classes on their illness, wellness therapy and financial guidance. Circle Of Hope is hosting a fundraiser on March 16<sup>th</sup> at the Sand Canyon Country Club. Tickets are still available for their Vine 2 Wine event which will feature food, wine and beer tasting, live music as well as live and silent auctions. Go to <a href="http://circleofhopeinc.org">circleofhopeinc.org</a> for more information on how you can participate in their events and donate.</p> <p>In the second hour of Eye On The Valley, Matt talks with Martha Spansel-Pillico and Chad Powell, Co-Directors at SCVi. Together, they work on PBL, Project Based Learning which is the cornerstone of what SCVi offers to their learners. They talk about the importance of the projects which gives the child the opportunity to learn and work on how they would naturally answer a real world problem. PBL gives the learners a chance to develop their skills for the 21<sup>st</sup> century, thus putting them in a competitive advantage for secondary education and future careers. Martha and Chad talk about the Aerospace project which is offered to learners K-8 and recently opened it up to high school as well. Individualized learning plans allow the students to work at their own pace, essentially programming their learning with the help of facilitators and their parents. SCVi is expanding their pathways offered to include an astrophysics course featuring drones, piloting and a robotics team, made possible in part by a state grant. You can enroll your child with a deadline of March 20 for their lottery for acceptance. Virtual information sessions are also offered on March 19 and March 27<sup>th</sup>. March 14<sup>th</sup> they are hosting Pi Night, featuring math activities and pizza. The event is open to the public. Go to <a href="http://ileadsantaclarita.org">ileadsantaclarita.org</a> and click on "enroll now" for more information on enrollment and other events.</p>	8 a.m.
03/15/2024	Hosted by Matt Watson	<p><b>Guest: Carl Goldman, Sajae Davison</b></p> <p>Topic: On today's episode of Eye On The Valley, your host Matt Watson welcomes KHTS Owner Carl Goldman in studio. Carl and his wife Jeri are proud to once again put on the annual Home And Garden Show at Central Park. This is the 13th year of the event, which only paused for two years due to the pandemic, and it will showcase 450 vendors including flooring, solar, landscaping as well as food trucks. If you are interested in making any type of home improvements, this is the event to attend which offers homeowners a chance to talk one on one with potential local vendors and arrange for a new project. Sponsored by Providence Holy Cross Medical Center and Southern California Edison, the event runs April 27 and 28th. Activities for kids will also be available, such as Gilcrest Farms petting zoo and the Fire Department's demonstration of their trucks and the Jaws Of Life. A fun for all event, The Home And Garden Show is still taking applications for vendors and is free to the public. Go to <a href="http://scvhomeshow.com">scvhomeshow.com</a> for more information.</p> <p>In the second half of the show, Matt talks with Sajae Davison, Director of Empower Generations High School. Empower Generations is part of the SCVi and iLead Schools with it's campus in Lancaster. Empower Generations focuses on grades 9-12 and has a unique feature that many schools may not have. Focusing on the individual student, the program meets a student where they are in life. Proudly offering a baby room for expecting and new parents, the school wants to take any potential hardship that may keep a student from attending a class. Additionally, students are able to work at their own pace and create a learning plan that fits their exact needs like being able to work from home. A school counselor works with the student to develop a</p>	8 a.m.

		<p>graduation plan by making them feel valued and building a happy environment that can reach beyond just academics. The CTE or Career Technical Education Pathways offer early childhood education courses as well as arts, media and technology. Go to <a href="http://empowergenerations.org">empowergenerations.org</a> for more information on their upcoming events such as virtual sessions on March 19 and 26. Enrollment is open for this current school year and next. Call 661-429-3264. You can find more information on SCVi schools at <a href="http://ileadsantaclarita.org">ileadsantaclarita.org</a> SCVi and iLead schools are a network of free, charter public schools with campuses in Agua Dulce, Castaic and Lancaster.</p>	
03/22/2024	Hosted by Matt Watson	<p>Guest: Kevin Becker, Ally Benedetti, Bella Abarta, Jordan Soto, Christian Lazore and Tracy Sullivan  Topic: Today on Eye On The Valley, your host Matt Watson welcomes SCVi Powerhouse Theater Team to the show. Kevin Becker and Ally Benedetti are facilitators with the theater program. They were joined by SCVi learners Jordan Soto and Bella Abarta who perform in the program. The group discusses the flourishing theater program offered through SCVi and iLead schools, talking about their upcoming performance in the musical 'Grease.' Bella and Jordan are proud to participate in the program that offers both on and off-stage roles, giving learners the chance to sing, dance, act as well as build sets and help backstage. Recently, the high school learners had the opportunity to go to New York and participate in two workshops on acting, singing, and dancing as well as take in two Broadway shows. Upcoming events include a talent show this weekend, a performance of Treasure Island with the younger children and the aforementioned 'Grease.' The 1950's themed musical will run May 16-18 and sponsorships are currently being sold with prices starting at \$75 going up to \$500. Email <a href="mailto:iabar@scvi-k12.org">iabar@scvi-k12.org</a> for more information on how you can be a sponsor in the program. Go to <a href="http://tinyurl.com/scvitickets">tinyurl.com/scvitickets</a> to purchase your tickets for any of the shows. SCVi is a network of charter schools with campuses in Lancaster, Agua Dulce and Castaic as well as a homeschool and online program. Go to <a href="http://iLeadSchools.org">iLeadSchools.org</a> to learn more about the schools. In the second half of the show, Matt welcomes Tracy Sullivan and Christian Lazore, Board Members at the Michael Hoefflin Foundation. The foundation was founded in 1996 after the death of Michael. His parents began the foundation as a way to support local families in their journey of helping their children battle cancer. An upcoming walk is set to raise funds and awareness for the foundation. Saturday, April 20 it's the Walk For Kids With Cancer. The walk is just over one mile and will take place in Central Park. Registration is \$30, you can join as a team already in place or simply walk individually. Tracy's group, City Soulmates For A Cure and Christian's team, SCV Stairs Project are both open to welcoming new team members. Thus far the foundation has raised more than half of their projected goal of 100 thousand dollars. Go to <a href="http://mhf.org">mhf.org</a> for more information on the walk or to donate money to the foundation.</p>	8 a.m.
03/22/2024	Hosted by Matt Watson	<p>Guest: Laura Kazan, Gina Roberson  Topic: On today's Eye On The Valley, your host Matt Watson talks with Laura Kazan, College and Career Advisor at SCVi's iLead Exploration program. The iLead Exploration program is an Independent Study program with a high school style, focusing on supporting the learners as early as sophomore year and beyond in their college and career journey. With the level of support that is offered through iLead Exploration, Laura and her team are able to take some of the burden off of the parents as well as making the college application a bit easier. The services offered include everything from academic assistance to financial aid research. iLead is proud to also offer more than just academics with clubs such as baking and writing as well as student leadership and gaming clubs. Additionally, the school program has NCAA approval for student athletes. The model for SCVi charter schools is one that focuses on the social-emotional growth with an emphasis in PBL, project based learning. Learners can work at their own pace, creating an</p>	8 a.m.

		<p>academic plan that fits their individual needs, while also meeting state standards. SCVi and iLead schools are a group of charter public schools with campuses in Agua Dulce, Castaic and Lancaster. In the second hour, Matt welcomes Gina Roberson in studio. Gina is a City Librarian with the Santa Clarita Public Library. Gina grew up in libraries, enjoying the books as much as the welcoming environment. With plans to go into law school, Gina changed her mind, finding that she needed to pursue her Masters in Library and Information Science. Today, she enjoys being able to help those who come to the library with not only books, but much more including a digital library of music, video streaming, homeschool support, language courses, community programs for everyone from pre-school to senior citizens. The Library's One Story, One City program is a citywide book club, offering the community a chance to read together essentially. Gina loves the sense of community the libraries offer, helping residents have their individual needs met such as literacy, computer courses and even a job search assistance. Tween programs, a Science Explorer Program and a Spanish Conversation Club are some of the offerings you will find at the library as well. Gina talks about exciting things to come when a repurposed Santa Clarita Go-Bus will hit the streets in 2025, giving the library a chance to expand their current outreach to senior living centers, day cares and more. Your 3 library branches include Valencia, Old Town Newhall and Canyon Country Jo Anne Darcy. Go to <a href="http://SantaClaritaLibrary.com">SantaClaritaLibrary.com</a> for more information.</p>	
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03/26/2024	Trending SCV hosted by Joe Messina and Sonja Schmidt.	Guest: Tom Del Beccaro, author, attorney and part of the republican party. Topic: Tom called in to talk about the California Economy and how our state is over 37 billion dollars in the hole, but in actuality we're over 80 billion dollars "in the hole". Tom talks about how California has always had an imbalanced budget process.	7 a.m.
03/26/2024	Trending SCV hosted by Joe Messina and Sonja Schmidt.	Guest: Senator Scott Wilk calls-in Topic: Senator Wilk talks about how California is currently 30 billion dollars in the red because of over-spending by the Biden administration which is killing the California budget and we are not receiving tax revenues. Structural deficit is also the cause. Joe and Scott also talk about the increase in gas prices and the impending bullet train, infrastructure repair (to repair the dams for example). At one point a bill was created to re-purpose funds for the bullet train to help the schools or the water companies but the bills never passed. Scott said gas is going to increase to about 43 cents a gallon in the summer.	8 a.m.
03/29/2024	Trending SCV hosted by Joe Messina and Sonja Schmidt.	Guest: no guest Topic: Joe talks about how the rise in inflation is going to affect the new \$20 minimum wage for fast food restaurant employees which will cause an increase in what once considered "cheap fast food" prices for the customer, especially in South Los Angeles where fast food is really popular. Sonja and Joe talk about a pro-military movie coming out called "Mending The Line" released just in time for Veterans Day. The movie focuses on how fly fishing has really helped Veterans suffering with PTSD, and how veterans are helping other veterans. March 29th is officially "Honoring Vietnam Vets" day. Joe talks about how 22 warriors are lost every day to suicide.	6 to 8 a.m.



01/03/2024	Hosted by Barbara Cochran and Dr. Tom Polucki	<p>Guest: Barbara Cochran</p> <p>Topic: In the first half of today's show, Dr. Polucki talks with co-host Barbara Cochran. Coming from a captivating background, Barbara talks about her experience and memories as a child during World War 2. Born in 1936, Barbara was a young girl as the German "buzz bombs" made their way through her neighborhood of Welling. She grew up with a mother who was a Lady-In-Waiting, as someone who is an assistant to a member of the Royal Family. Her father served in the Royal Navy and when she was 10 years old, she and her family moved to the United States. In the second half, Dr. Polucki and Barbara talk with Adam Laraway founder of Focus PT. They discuss starting fresh this New Year and putting your attention less on a "resolution" and more on a program or goal. Adam suggests a walking program and setting small goals such as 15 minute walks every day to get your body moving. Keep yourself accountable by working with the team at Focus PT to talk about your concerns or goals. Finally, Adam suggests incorporating simple exercises such as air squats and balancing on one leg to get your muscles moving, making the health journey less daunting with small goals. Focus PT can be found at <a href="http://focusphysicaltherapyscv.com">focusphysicaltherapyscv.com</a> or call 661-247-0516. The Senior Hour is sponsored by Providence Holy Cross Medical Center and Comfort Keepers In-Home Care.</p>	12 to 1 p.m.
01/10/2024	Hosted by Barbara Cochran and Dr. Tom Polucki	<p>Guest: Dr. Louie-Marc Contreras and Pastor Jerry Cook</p> <p>Topic: Today, on The Senior Hour, your hosts Barbara and Dr. Polucki welcome Chief of Staff at Henry Mayo Hospital Dr. Louie-Marc Contreras. Dr. Contreras is here to talk about the upcoming "National Doctors' Day" on March 30<sup>th</sup>. Founded in 1933, Doctor's Day is a way to honor and acknowledge the doctors in our lives. With so much skepticism in medicine and its doctors as well as insurance and government involvement in medicine, Dr. Contreras talks about the importance of showing thanks to those who help guide us in our health decisions. Additionally, the group talks about a new robotic system to the hospital which is helping doctors practice longer and more accurately as well as perform less invasive surgeries on patients. Go to <a href="http://henrymayo.com">henrymayo.com</a></p> <p>In the second half of the show, the hosts welcome Pastor Jerry Cook of Freedom's Way Baptist Church. Recently, the church celebrated its 22<sup>nd</sup> anniversary, now enjoying a beautiful building in Castaic after humble beginnings at a community center. Freedom's Way will host traditional Easter Sunday Services at 9:15am and 10:30am. Pastor Cook hosts Politics and the Pulpit here on KHTS every Wednesday afternoon at 2pm where he discusses many of the political and religious issues of the day. Go to <a href="http://freedomswaybaptistchurch.org">freedomswaybaptistchurch.org</a> for more information on the services offered. The Senior Hour is sponsored by Providence Holy Cross Medical Center and Comfort Keepers In Home Medical Care.</p>	12 to 1 p.m.
01/17/2024	Hosted by Barbara Cochran and Dr. Tom Polucki	<p>Guest: Cardon Ellis, Unipest and Adam Laraway Focus PT</p> <p>Topic: On today's show, your hosts Barbara and Dr. Polucki welcome Unipest's Cardon Ellis. Unipest is a locally owned, family operated pest control company that focuses on the organic and natural approach to treating unwanted pests in your home or business. They offer services that are eco-friendly to deal with termites, bed bugs, birds, bees, fumigation and more. Cardon and the hosts talk about the current issues of moles that are in season as well as Jerusalem Crickets. Unipest tries to do the "least amount of treatment possible while being the least impactful on the surrounding environment." Call 661-BUG-7575 or go to <a href="http://unipest.com">unipest.com</a> In the second half of the show, Barbara and Dr. Polucki welcome Adam Laraway of Focus PT in studio. Adam recently treated Barbara with the Neubie in order to</p>	12 to 1 p.m.

		stimulate her nervous system to healing. Barbara struggles with poor balance and with the help of a session with the Neubie, she is already seeing improvement. Adam and his team at Focus PT as well as Dr. Polucki's office both focus on restoring function rather than relying on medication. Additionally, Focus PT works on peripheral neuropathy which is a weakness and numbness and pain from nerve damage in the hands and feet.	
01/24/2024	Hosted by Barbara Cochran and Dr. Tom Polucki	<p>Guest: Dr. Gene Dorio, Don Gately, Kevin MacDonald and Myles McNamara</p> <p>Topic: Today, on this very special edition of The Senior Hour, your current hosts Barbara Cochran and Dr. Thomas Polucki welcome former hosts and founding members of the show, as The Senior Hour celebrates 20 years on the air. In the past two decades, The Senior Hour has welcomed Dr. Gene Dorio and Don Gately as hosts and the group regales in old memories and accomplishments achieved on the show and in the community. They remember the original start of the show, their expectations and hopes and enjoy seeing where the show has grown to present day. KHTS and its owners, Carl Goldman and Jeri Serrati-Goldman have always been supportive of the local senior community and have not faltered when it came to focusing on the ever-growing senior population's needs. With the help of Kevin MacDonald, of The SCV Senior Center and Myles McNamara of Comfort Keepers In-Home Care, the Senior Hour has had the privilege of serving the community for years. They look forward to another 20 years ahead, with KHTS and its "golden" hosts leading the way.</p>	12 to 1 p.m.
01/31/2024	Hosted by Barbara Cochran and Dr. Tom Polucki	<p>Guest: Sondra Wollenman, Nurse Practitioner</p> <p>Topic: Today, on The Senior Hour, your hosts Barbara and Dr. Polucki welcome Nurse Practitioner Sondra Wollenman in the studio. Sondra works at Providence Holy Cross Medical Center in the Palliative Care Department. Sondra's skills and expertise shine as she talks about her job requirements, focusing on the patient's needs and approaching them with honesty and compassion. Palliative Care focuses on the whole person care, meaning those patients with chronic illnesses have someone like Sondra working with them and their families to best decide the proper method of care and to offer a level of emotional support. Sondra talks about the differences between palliative care and hospice care explaining that hospice is focused on end of life, a patient generally has 6 months or less of life, therefore the effort is to keep the patient comfortable whereas palliative care is focused on symptom management and guidance similar to a counselor. Sondra is able to work directly under the physician and can also diagnose and treat a patient while doing so. She says she mostly enjoys the rewarding results of meeting all different people and that no two patients are the same, even if they carry the burden of the same diagnosis. She loves empowering patients with knowledge and emotional support as well. The Senior Hour is sponsored by Providence Holy Cross Medical Center and Comfort Keepers In-Home Care. Go to providence.org for more information on their Palliative Care Program.</p>	12 to 1 p.m.
02/07/2024	Hosted by Barbara Cochran and Dr. Tom Polucki	<p>Guest: Cardon Ellis, Unipest and Adam Laraway, Focus PT</p> <p>Topic: Today, on The Senior Hour, your hosts Barbara and Dr. Polucki welcome Cardon Ellis of Unipest. With all of our recent heavy rains, Cardon says there may be an increase in rat sightings. Specifically, older homes with crawl spaces may see more unwanted pests. One way to combat the number of rodents is to maintain proper care for your home. Cardon suggests keeping your garage clean, don't leave pet food unsealed and picking up in your</p>	12 to 1 p.m.

		<p>yard after your pet. Many rodenticides are now banned in the state so Cardon talks about the problem with overwatering your yard, feeding wildlife can attract other animals that cause issues in or around your home. Unipest can treat your home and yard using an organic approach that is safe for children and pets. Go to Unipest.com or call 661-284-7575 for more information. In the second half of the Senior Hour, Adam Laraway of Focus PT joins Barbara and Dr. Polucki in studio. They discuss safety in seniors as they navigate the sidewalks and even slippery indoor floors with all of our recent rain. Adam talks about injuries and falling, saying that many occasions, his patients have to go back to primitive actions in order to heal properly, such as small steps, seated movements and strengthening your care. With a weak core, you are more susceptible to falls as well.</p>	
02/14/2024	Hosted by Barbara Cochran and Dr. Tom Polucki	<p>Guest: Jennifer Whitcomb, Renee Leon, Jerry Cook</p> <p>Topic: On today's episode of The Senior Hour, your hosts Barbara and Dr. Polucki welcome Henry Mayo Director of Cardiovascular Services Jennifer Whitcomb and Manager of the hospital's foundation, Renee Leon in studio. The group discusses the importance of heart health on this Valentine's Day. Heart attacks are the number one killer in women, which present differently than a man's heart attack, thus making it more difficult to diagnose correctly. A few events will bring heart health awareness to the public and the first is Girl Talk happening on February 21<sup>st</sup> at the Henry Mayo Center in the Education Center on the hospital campus. Girl Talk is an open forum for direct questions to be asked of the professionals in the field, giving the public an opportunity more time to dig deep into discussions. Dr. James Lee is an intervention cardiologist and will be speaking during the event along with other healthcare professionals. In addition, a display of new medical technology will be available for people to view and learn about. Additionally, on March 27<sup>th</sup>, a fashion show will benefit the Roberta G. Veloz Cardiovascular Center. Tickets are \$85 each. Go to HenryMayo.com and click on "events" for more information.</p> <p>In the second half of the show, Pastor Jerry Cook of Freedom's Way Baptist Church joins in studio. Pastor Cook began Freedom's Way 22 years ago and has watched it grow from a community center, to a storefront to what it is today at 28355 Sloan Canyon in Santa Clarita. Pastor Cook likes to instill family values and enjoys amusing his church goers with a combination of sermon and stand up humor along with important messaging and music. Freedom's Way offers a children's ministry which is a continuation of what parents are teaching their children at home.</p>	12 to 1 p.m.
02/21/2024	Hosted by Barbara Cochran and Dr. Tom Polucki	<p>Guest: Kevin MacDonald, Santa Clarita Senior Center and Myles McNamara Comfort Keepers In-Home Care</p> <p>Topic: On today's Senior Hour, your hosts Barbara and Dr. Polucki welcome Kevin MacDonald of the Santa Clarita Senior Center. Kevin talks about the upcoming events at the Senior Center especially the biggest fundraiser of the year, California Dreamin'. The fundraiser will include 30 tables with 8 chairs ranging in price from two thousand to ten thousand and include a bottle of wine. Additionally, there will be a live auction and Surfin', A Beach Boys tribute band. The event takes place on April 27<sup>th</sup> and tables are still available. The fundraiser is vital to the Senior Center as they rely on not only the state and city assistance but donations and events as a private, non-profit. Coming up later this year, a Traveling Wilburys tribute band and a Rod Stewart tribute band. Go to myscvcoa.org for more information on what the Senior Center offers including art, dance, and exercise classes and grief support groups as well as international travel groups. Call 661-259-9444.</p>	12 to 1 p.m.

		In the second half of the show, Myles McNamara of Comfort Keepers In Home Care joins the hosts in studio. Myles talks about the importance of the senior's caregiver to address their own needs as well as their family members. Many times, he sees adult children caring for their aging parents, but ignoring their own needs. Comfort Keepers In Home Care can offer respite care, allowing the caregiver a break to do what they need, be it grocery shopping, exercise or simply for the break as caregiving is a full-time unpaid job. They also provide specialized and Alzheimer's and dementia care. Comfort Keepers can assess what you and your family member's needs after an evaluation offering anywhere from a 4-hour minimum once a week to multiple days a week to 24 hour a day care, 7 days a week.	
02/28/2024	Hosted by Barbara Cochran and Dr. Tom Polucki	<p>Guest: Dr. Thomas Polucki  Topic: On today's show, Barbara welcomes Dr. Polucki as the guest. Dr. Polucki, a functional medicine doctor and chiropractor talks about the importance of nutrition and supplements in your diet. As a society, we have come to rely heavily on pharmaceuticals in order to treat symptoms rather than first addressing our poor diets as what we eat sets the tone for our overall health. Too many prescription drugs can interfere with how your body absorbs nutrition, thus affecting your well-being. Dr. Polucki talks about a new 27-page report on drug and supplement interactions. He and Barbara talk about the fact that 70 percent of seniors are diagnosed with a chronic illness and much of that can be prevented with an improved diet and healthy living. Dr. Polucki has worked on a line of supplements and as his patient you have access to his expertise and the supplement line called Get Better. Dr. Polucki specifically discusses the Active 8 drink mix which is a multi-vitamin, the probiotic, which is vital to balancing your gut health, a Daily Detox power with over 50 superfood concentrates as well as sleep and anti-inflammatory supplements. New patients to Dr. Polucki can call 661-753-9340 for a \$79 deal on the personalized nutrition plan. The Senior Hour is sponsored by Providence Holy Cross Medical Center and Comfort Keepers In-Home Care.</p>	12 to 1 p.m.
03/06/2024	Hosted by Barbara Cochran and Dr. Tom Polucki	<p>Guest: Dr. Louie-Marc Contreras and Pastor Jerry Cook  Topic: Today, on The Senior Hour, your hosts Barbara and Dr. Polucki welcome Chief of Staff at Henry Mayo Hospital Dr. Louie-Marc Contreras. Dr. Contreras is here to talk about the upcoming "National Doctors' Day" on March 30<sup>th</sup>. Founded in 1933, Doctor's Day is a way to honor and acknowledge the doctors in our lives. With so much skepticism in medicine and its doctors as well as insurance and government involvement in medicine, Dr. Contreras talks about the importance of showing thanks to those who help guide us in our health decisions. Additionally, the group talks about a new robotic system to the hospital which is helping doctors practice longer and more accurately as well as perform less invasive surgeries on patients. Go to henrymayo.com</p> <p>In the second half of the show, the hosts welcome Pastor Jerry Cook of Freedom's Way Baptist Church. Recently, the church celebrated its 22<sup>nd</sup> anniversary, now enjoying a beautiful building in Castaic after humble beginnings at a community center. Freedom's Way will host traditional Easter Sunday Services at 9:15am and 10:30am. Pastor Cook hosts Politics and the Pulpit here on KHTS every Wednesday afternoon at 2pm where he discusses many of the political and religious issues of the day. Go to freedomswaybaptistchurch.org for more information on the services offered.</p> <p>The Senior Hour is sponsored by Providence Holy Cross Medical Center and Comfort Keepers In Home Medical Care.</p>	12 to 1 p.m.

03/13/2024	Hosted by Barbara Cochran and Dr. Tom Polucki	<p>Guest: Cardon Ellis, Unipest and Adam Laraway Focus PT</p> <p>Topic: On today's show, your hosts Barbara and Dr. Polucki welcome Unipest's Cardon Ellis. Unipest is a locally owned, family operated pest control company that focuses on the organic and natural approach to treating unwanted pests in your home or business. They offer services that are eco-friendly to deal with termites, bed bugs, birds, bees, fumigation and more. Cardon and the hosts talk about the current issues of moles that are in season as well as Jerusalem Crickets. Unipest tries to do the "least amount of treatment possible while being the least impactful on the surrounding environment." Call 661-BUG-7575 or go to unipest.com In the second half of the show, Barbara and Dr. Polucki welcome Adam Laraway of Focus PT in studio. Adam recently treated Barbara with the Neubie in order to stimulate her nervous system to healing. Barbara struggles with poor balance and with the help of a session with the Neubie, she is already seeing improvement. Adam and his team at Focus PT as well as Dr. Polucki's office both focus on restoring function rather than relying on medication. Additionally, Focus PT works on peripheral neuropathy which is a weakness and numbness and pain from nerve damage in the hands and feet.</p>	12 to 1 p.m.
03/20/2024	Hosted by Barbara Cochran and Dr. Tom Polucki	<p>Guest: Kevin MacDonald and Carl Goldman</p> <p>Topic: On today's show, your hosts Barbara and Dr. Polucki welcome Kevin MacDonald, CEO of the Santa Clarita Senior Center. The Senior Center offers much to do for our local senior population. Their annual fundraiser themed Celebrity Waiter is coming up on April 27<sup>th</sup>. Tables and individual seats are still available for the event which will host approximately 300 people. Music, food and a live auction will be featured. The Senior Center is a haven for seniors looking for friendship, a meal or possibly classes and groups focused on crafts, games as well as grief counseling. Call 661-259-9444 for more information on the fundraiser and other events at the center.</p> <p>In the second half of the show, Barbara and Dr. Polucki welcome KHTS Owner Carl Goldman. Carl and his wife Jeri are proud to once again put on the annual Home And Garden Show at Central Park. This is the 13<sup>th</sup> year of the event, which only paused for two years due to the pandemic, and it will showcase 450 vendors including flooring, solar, landscaping as well as a dozen food trucks. If you are interested in making any type of home improvements, this is the event to attend which offers homeowners a chance to talk one on one with potential local vendors and arrange for a new project. Sponsored by Providence Holy Cross Medical Center and Southern California Edison, the event runs April 27 and 28. Saturday hours are 10-5 and Sunday hours are 10-4. Activities for kids will also be available, such as Gilchrist Farms petting zoo and the Fire Department's demonstration of their trucks and the Jaws of Life. Local craft merchants will also be on site so make sure to bring your credit card or cash. A fun for all event, The Home And Garden Show is open to the public and free of charge.</p>	12 to 1 p.m.
03/27/2024	Hosted by Barbara Cochran and Dr. Tom Polucki	<p>Guest: Dr. Thomas Polucki</p> <p>Topic: On today's show, your host Barbara welcomes her co-host Dr. Thomas Polucki in the studio as the show guest. Dr. Polucki, a functional medicine doctor and chiropractor discusses basic nutrition and stresses that as we age, our bodies do not process food or absorb the nutritional benefits as well as we did in our younger years. He talks about using supplements to fill the gaps in our diet and believes we should eat as our grandparents did, with fewer processed foods. Dr. Polucki's supplement line called "Get Better" can be found at his office and offers much including a Daily Detox which has the equivalent of 50</p>	12 to 1 p.m.

		superfoods, a multi-vitamin, probiotics to help balance your gut microbiome as well as a sleep formula, Estrogen balance, Liver support and an anti-inflammatory. All of these supplements and more will help give you a balanced bodily function.	
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**7. TRANSPORTATION**

**Issues – Programs List January 1st - March 31st, 2024**

<b>Date</b>	<b>Show</b>	<b>Guest-Company-Topic</b>	<b>Time</b>
03/26/2024	Trending SCV hosted by Joe Messina and Sonja Schmidt.	<p>Guest: Senator Scott Wilk calls in</p> <p>Topic: Senator Wilk talks about how California is currently 30 billion dollars in the red because of over-spending by the Biden administration which is killing the California budget and we are not receiving tax revenues. Structural deficit is also the cause. Joe and Scott also talk about the increase in gas prices and the impending bullet train, infrastructure repair (to repair the dams for example). At one point a bill was created to re-purpose funds for the bullet train to help the schools or the water companies but the bills never passed. Scott said gas is going to increase to about 43 cents a gallon in the summer.</p>	8 a.m.

**8. VETERANS AFFAIRS**

**Issues – Programs List January 1st - March 31st, 2024**

<b>Date</b>	<b>Show</b>	<b>Guest-Company-Topic</b>	<b>Time</b>
03/27/2024	Trending SCV hosted by Joe Messina and Sonja Schmidt	<p>Guest: no guest</p> <p>Topic: Joe talks about how the city of New York is offering illegal immigrants prepaid gift cards, free hotel stays, free baby supplies, etc. but we don't offer any of this to our veterans who have served their country and paid their taxes.</p>	6 to 9 a.m.
03/29/2024	Trending SCV hosted by Joe Messina and Sonja Schmidt.	<p>Guest: no guest</p> <p>Topic: Joe talks about how the rise in inflation is going to affect the new \$20 minimum wage for fast food restaurant employees which will cause an increase in what once considered "cheap fast food" prices for the customer, especially in South Los Angeles where fast food is really popular. Sonja and Joe talk about a pro-military movie coming out called "Mending The Line" released just in time for Veterans Day. The movie focuses how fly fishing has really helped Veterans suffering with PTSD, and how veterans are helping other veterans. March 29th is officially "Honoring Vietnam Vets" day. Joe talks about how 22 warriors are lost every day to suicide.</p>	6 to 8 a.m.