

03/01/21	GDP	3:30	An interview with Dr. Mehmet Oz addressing the latest topics surrounding the Covid vaccines, including the newest variant and essential things to do now to outsmart the virus.
03/02/21	GDP	3:30	An interview with Dr. Ala Stanford, founder of the Black Doctors Covid-19 Consortium, addressing the new process for getting vaccinated by the organization.
03/02/21	GDP	3:30	An interview with Dr. Walter Harris addressing how to combat the eye strain that is affecting people more because everyone is spending more time on their computers while working from home.
03/04/21	GDP	3:30	An interview with twin sister physicians Dr. Elana McDonald and Dr. Delana Wardlaw, whose mission is to promote wellness, self-advocacy and address health disparities in underserved communities.
03/08/21	GDP	3:30	A segment on the newest TikTok food trend with Drexel University professor and sports nutritionist Nyree Dardarian, who shows viewers different takes on "baked oats," the newest breakfast trend.
03/10/21	GDP	3:30	An interview with Covid-19 survivors, one year after they had the disease: Brett Breslow and his wife Amy and Monty G., share their stories of life after Covid. Both me, while on the mend, still have a very long way to go. They reflect on the initial diagnosis and how they have continued to fight the good fight.
03/11/21	GDP	3:30	A segment addressing the differences between allergies and Covid-19 symptoms featuring Dr. Manav Segal, a leading Philadelphia-area allergist and immunologist who treats asthma and allergies in children and adults, and provides breakthrough oral immunotherapy to treat severe food allergies. He is board certified by the American Academy of Allergy, Asthma and Immunology and the American Board of Internal Medicine, and is Chief of Allergy & Immunology at Chestnut Hill Hospital.
03/11/21	GDP	3:30	A segment on "dead butt syndrome," a condition many people are getting from sitting for too long due to working at home from the pandemic. Personal trainer Heather Perry explains what it is and shows viewers three exercises to help avoid it.
03/12/21	GDP		Two segments on new treatments to make your body look better: QWO, the first and only FDA-approved injectable for the treatment of moderate to severe cellulite; and a radio-frequency tummy fix called "Bodytite" that melts fat in a new way.
03/15/21	GDP	3:30	A segment addressing the opioid addiction epidemic and how it's gotten worse during the pandemic. Two representatives from Caron Treatment Centers provide information on addiction and advice for anyone with an addiction problem or who knows someone with a problem.
03/17/21	GDP	3:30	An interview with Dr. Elana McDonald, a pediatrician in Philadelphia, addressing the latest Covid-19 vaccine studies on kids.
03/19/21	GDP	3:30	An interview with Alison Beam, Pennsylvania's acting health secretary, addressing the state's vaccination sites and plans to create a mass site to serve several counties.

## Labor Issues

01/29/21	GDP	3:30	An interview with attorney Heather Hansen addressing employment issues surrounding the Covid-19 vaccine.
01/29/21	GDP	3:30	Bob on the Job: Bob Kelly tries out the job of pumping gas at a New Jersey Wawa.

## Minority/Ethnic Issues

01/12/21	GDP	3:30	An interview with Dr. Ala Stanford, founder of the Black Doctors Covid-19 Consortium, addressing the urgent push to get members of the black and brown communities to sign up for the Coronavirus vaccine.
01/13/21	GDP	3:30	An interview with Shira Goodman, regional director of Anti-Defamation League Philadelphia, addressing symbols of hate and anti-Semitism on display during the U.S. Capitol riots and what can be done about it.
01/13/21	GDP	3:30	Buying Black: Darrell Alston is an ex-offender who now designs sneakers and clothing worn by celebrities. His showroom, Bungee Oblecteni is located in Kensington, Philadelphia.
01/18/21	GDP	3:30	An interview with Phillies coach Milt Thompson, who participated in a taped conversation on athletes and activism, along with Jimmy Rollins and Andrew McCutchen, that will be part of the Martin Luther King Jr. Day celebration at the African-American Museum.
01/18/21	GDP	3:30	An interview with Dr. Marc Lamont Hill discussing the legacy of Dr. Martin Luther King Jr., and what he thinks Dr. King would have thought about the events of 2020 like the deaths of George Floyd, Breonna Taylor, the protests that followed, the election of Kamala Harris and the Capitol riots.
01/18/21	GDP	3:30	A report from the MLK Freedom Center in Wilmington, DE, and the service projects planned for the day, as well as ongoing initiatives to help the community.
01/18/21	GDP	3:30	A segment from The Teen Warehouse in Wilmington, DE, and the community service projects in which local teens are participating in celebration of MLK Day.
01/19/21	GDP	3:30	A segment on the Philadelphia 76ers "Buy Black" program, featuring David Gould, 76ers chief diversity and impact officer.
01/22/21	GDP	3:30	A segment featuring Philadelphia black-owned, women-run business "Grant Avenue," which is ready to hire more women because they received a \$10K "Beygood" grant from Beyonce.
01/27/21	GDP	3:30	Buying Black: Lucky Goat Coffee House located in the Brewerytown neighborhood of Philadelphia is owned by Toyin Ajayi-Frankel, who hails from Nigeria. The coffee house is a meeting place for every member of the community and features art celebrating the culture of Africa.
02/01/21	5pm	4:29	Black History Month: Living History - An interview with Chris Bowman, teacher and Black Lives Matter protester.
02/02/21	GDP	3:30	Black History Month: Jane Golden, executive director of the Mural Art Program and artist Taj Posce tell viewers about the Philadelphia Fellowship for Black Artists, and the application process to begin February 8th. Taj talks about his

			experience, his art, and how people can purchase his and other fellows' works via the Mural Arts Online Marketplace.
02/03/21	5pm	3:44	Black History Month: Living History - An interview with former heavyweight boxing champion Larry Holmes.
02/03/21	GDP	3:30	Black History Month: School teacher Chris Bowman discusses the organization he founded called "I Will Breathe," and how he hopes to be a positive influence to young kids through his passion for teaching.
02/03/21	GDP	3:30	Buying Black: Artist Acori Honzo creates black figurines, black dolls, tee shirts and more. He shows viewers his creative space at Cherry Street Pier at Penn's Landing and tells them how they can purchase his art.
02/04/21	5pm	3:31	Black History Month: Living History - An interview with Derrick Pitts, chief astronomer and planetarium director for the Franklin Institute. He was named one of the 50 most important African-Americans in research science.
02/04/21	GDP	3:30	Black History Month: Vanessa Lloyd-Sgambati, founder of African-American Children's Book Fair, now in its 29th year, will take place virtually this year.
02/05/21	GDP	3:30	Black History Month: Celebrity chef and baker Dana Herbert shows viewers how to add a unique twist to traditional dishes shrimp & black grits, dark chocolate cake and rice pudding with black lace.
02/08/21	5pm	2:01	Black History Month: Living History - An interview with 26-year-old Nafees Norris, the first African-American accepted into the Biopharmaceutical Engineering Master's program at Jefferson University in Philadelphia.
02/08/21	GDP	3:30	Black History Month: Award-winning journalist Sofiya Ballin tells viewers about her latest installment of her series "Black History Untold," showing at the University of Pennsylvania Museum.
02/09/21	GDP	3:30	Black History Month: An interview with entrepreneurs She'neil Johnson Spence and Nicolette Graves, who invented "Radiate Face Jelly," manufactured in Philadelphia and used by Beyonce.
02/10/21	5pm	3:58	Black History Month: Living History - An interview with Wilson Goode Sr., Philadelphia's first African-American mayor, who served from 1984 to 1992.
02/10/21	GDP	3:30	Black History Month: Buying Black - a segment from "Expect Lace" in Manayunk, a black owned-and-operated lingerie shop.
02/10/21	GDP	3:30	An interview with Vivica Fox, who is celebrating Black History Month by offering many of her films free on Tubi's "Black Cinema Collection" during February.
02/11/21	5pm	3:36	Black History Month: Living History - An interview with Eugene Richardson, a 95-year-old Tuskegee Airman.
02/12/21	GDP	3:30	An interview with Dr. Ala Stanford, of the Black Doctors Consortium, addressing the Covid vaccine "line jumpers" who are showing up at vaccination clinics but do not meet the criteria.
02/12/21	GDP	3:30	A segment on the Lunar New Year nine-course dinner special to celebrate the Year of the Ox at Margaret Kuo's in Media, PA.
02/15/21	5pm	4:28	Black History Month: Living History - An interview with Philadelphia Eagles safety Rodney McLeod, discussing the work his Foundation is doing in the community.
02/16/21	GDP	3:30	Black History Month: Mother and daughter jewelry makers Traci and Atiyah Lilly specialize in unique earrings that don't match. Famous clients include Toni Braxton, Iyanla Vanzant, Roberta Flack and Ving Rhames.

02/17/21	5pm	4:07	Black History Month: Living History - An interview with Jim Ellis, an American swim coach and subject of the feature film "Pride."
02/17/21	GDP	3:30	Black History Month: Buying Black - Lifestyle expert Denise Caldwell showcases products made by black-owned businesses like Puzzle Huddle, Prayer Plug, Wilkes Wings Sauces, Harmony Wines, Best Life Organics, Lightsy Images.
02/18/21	5pm	4:43	Black History Month: Living History - An interview with Toxicologist/Reproductive and Neurobehavioral Toxicology doctors Maia Green and Elise Lewis, local women inspiring the next generation of minority women to study in fields of science.
02/19/21	GDP	3:30	An interview with Dr. Ala Stanford, founder of the Black Doctors Covid-19 Consortium, addressing the 24-hour vac-a-thon taking place tomorrow at the Liacouras Center on the campus of Temple University.
02/19/21	GDP	3:30	Black History Month: An interview with author Hilary Beard, who wrote two books about Mrs. Katherine Johnson, profiled in the movie "Hidden Figures." NASA will launch the space craft S.S. Katherine Johnson, the first and only space craft named after and in honor of an (No Suggestions) woman.
02/22/21	5pm	4:15	Black History Month: Living History - An interview with former Philadelphia 76er Julius Irving.
02/23/21	GDP	3:30	Black History Month: Virginia mom Tiffney Laing wanted to find toys for her daughter that celebrate black leaders but she couldn't find any, so she created her own toy company "Bevy and Dave," to celebrate black inventors and leaders.
02/24/21	5pm	4:01	Black History Month: Living History - An interview with Della Clark, CEO of The Enterprise Center, which provides economic development opportunities to minority entrepreneurs for the past 28 years.
02/24/21	GDP	3:30	Black History Month: Buying Black - "Holistic Jawn," a holistic health food store in the Brewerytown neighborhood of Philadelphia.
02/26/21	5pm	4:37	Black History Month: Living History - An interview with former professional baseball player Roy Campanella, the sixth black player to wear a major league uniform.
03/03/21	GDP	3:30	Buying Black: Vintage Ruzh, owned by Anita Pompey. The store carries tee shirts, sunglasses, beanies and vintage items.
03/17/21	GDP	3:30	Buying Black: Paul Beale's Flowers, a fixture in its West Oak Lane neighborhood for 50 years.
03/18/21	GDP	3:30	An interview with Philadelphia City Councilman David Oh, chair of the Committee on Global Opportunities & Creative/Innovative Economy. He's also a U.S. Veteran. He addresses the ongoing violence against the Asian community and anti-Asian hate crimes.
03/19/21	GDP	3:30	An interview with PA Attorney General Josh Shapiro and Randy Duque, Acting Executive Director of the Philadelphia Commission on Human Relations, addressing the rise in hate crimes against Asian-Americans in the U.S.
03/22/21	10pm	1:49	Hank's Take: A report on Two Locals Brewing in Northern Liberties, Philadelphia's first independent black-owned brewery launching its first beer release.
03/24/21	GDP	3:30	Buying Black: McClam Accessories, which specializes in sterling silver and costume jewelry. Jadah McClam, owner and CEO, started the company after realizing she was heading down the wrong pathway in life. She was a troubled

			kid who was in and out of placement and getting kicked out of school. At age 20, she decided to make a major change.
03/31/21	GDP	3:30	Buying Black: The Blackguide App - Wilmington, DE, native Leonard Young is the creator of this app that makes it simple to find and support local black-owned businesses in every city in the U.S. It's the "Black Resource Guide" for those who live in or travel to city-to-city and want to know what's happening in the Black community.

### Public Health/Safety/Welfare Issues

01/01/21	GDP	3:30	An interview with Dr. George James who addresses how to make and keep your New Year's resolutions.
01/04/21	GDP	3:30	An interview with Laquisha Anthony, founder of V.O.I.C.E. (Victory Over Inconceivable Cowardly Experiences Inc.) addressing the steps required to make a vision board.
01/05/21	10pm	2:13	Hank's Take: A report on "Dry January," in which people give up alcoholic beverages for a month following the holiday season in order to focus on their health.
01/05/21	GDP	3:30	A segment with holistic mindset and life coach Amanda Kuda on how to make "Dry January" an opportunity to reset your body and get back on track after overindulging in alcohol over the holidays.
01/06/21	GDP	3:30	An interview with Nicole Marquix of the "Save Philly Restaurant Coalition," which is offering free Covid testing for employees and families of restaurants and other hospitality workers.
01/07/21	10pm	2:11	Hank's Take: A report on the difference in the way Capitol police handled the January insurrection versus the Black Lives Matter protests from the summer of 2020.
01/07/21	GDP	3:30	An interview with Joe Sullivan, former deputy commissioner and chief inspector in charge of Homeland Security for the Philadelphia Police, addressing the local police response to the Capitol insurgency.
01/07/21	GDP	3:30	An interview with travel expert Gabe Saglie, addressing the future of travel in 2021.
01/08/21	10pm	2:13	Hank's Take: Pennsylvania leaders say it's now safe for elementary school students to return to class, but not all parents and educators agree. Hank Flynn speaks to both to get their opinions.
01/08/21	GDP	3:30	An interview with Philadelphia Health Commissioner Dr. Thomas Farley, addressing the newest Covid strain in Pennsylvania, mass vaccination clinics opening in the city, and recommendations to help get children back in schools.
01/13/21	GDP	3:30	An interview with Dr. Jarrod Lewis-Peacock, a cognitive neuroscientist and associate professor at the University of Texas, discussing ways to give yourself a new mindset for the new year by trying to remove bad memories.
01/14/21	10pm	2:13	Hank's Take: A report from the New Jersey Covid vaccine megasite in Gloucester County, and how residents are feeling about being eligible to get the vaccine.

01/15/21	GDP	3:30	An interview with Dr. Karol Osipowicz, chief science officer of Philly Fighting Covid, a non-profit joining forces with Philadelphia to supply the Covid-19 vaccine. He explains what people need to do to sign up to get the vaccine.
01/15/21	GDP	3:30	An interview with Philadelphia School District spokesperson Monica Lewis, addressing the newest plan to provide meals to students while schools are still in remote learning and the need to increase distribution sites.
01/21/21	10pm	2:22	Hank's Take: A report on Camden, NJ, county commissioners holding a Covid vaccination event for seniors, as cases continue to rise.
01/22/21	10pm	2:04	Hank's Take: A report on Delaware kicking off a weekend of mass vaccinations, hoping to get more than 10-thousand people vaccinated.
01/25/21	10pm	1:29	Hank's Take: A report on the vaccination situation in Delaware County, PA.
01/26/21	GDP	3:30	A report on how to cope with grief featuring Collin M Maier, licensed professional counselor at Thriveworks in Cherry Hill, NJ.
01/26/21	GDP	3:30	To celebrate "National Green Drink Day," Chris Canan, produce manager at Weaver's Way Co-op in Ambler, PA, will show viewers how to make green apple citrus and spirulina celery juice.
01/27/21	GDP	10:30	Three live segments from Dorney Park and Wildwater Kingdom in Allentown, PA, which is serving as a mass vaccination site for Covid-19.
01/27/21	GDP	3:30	An interview with Dr. Monica Taylor addressing the delay in Covid-19 vaccine distribution in Delaware County, PA.
01/28/21	10pm	2:21	Hank's Take: A report on the man who started and led the now-disgraced "Philly Fighting Covid" organization and vaccine clinic admitting on national TV that he gave leftover vaccine doses to his friends.
01/28/21	GDP	3:30	An interview with Philadelphia Health Commissioner Dr. Thomas Farley addressing the latest on the city's vaccine rollout, outreach to African-American communities, why vaccines are lacking, and a possible return to school.
02/03/21	GDP	7:00	Two live segments showing the aftermath of a record snowfall in some parts of Delaware County, PA.
02/04/21	10pm	2:14	Hank's Take: Next week marks the one-year anniversary of Philadelphia Police Commissioner Danielle Outlaw on the job. She's had some major challenges like a soaring homicide rate, the pandemic, protests and civil unrest. The Philadelphia Black Clergy are supporting her.
02/04/21	GDP	3:30	An interview with Philadelphia Police Commissioner Danielle Outlaw addressing her first year as commissioner and the challenges she faced including Covid, gun violence, social justice and protests.
02/08/21	GDP	3:30	A segment on how the Philadelphia Phillies are preparing to head to Spring Training in Clearwater, FL, during a pandemic.
02/08/21	GDP	3:30	An interview with Jeanne Casner, director of Chester County Department of Health, addressing the vaccine shortages in Chester, Lehigh and Montgomery counties in Pennsylvania.
02/09/21	GDP	3:30	An interview with Holly Parker, author of "Back on the Market: A Realtor's Guide to Love and Life." She says that the key to finding your soulmate is to treat your search the same way you would search for your dream home.
02/10/21	10pm	2:15	Hank's Take: Current and former lawmakers gathered at Lincoln Financial Field in South Philadelphia to urge the city to use it as a mass vaccination site, as some other large cities have done at their professional sports stadiums.

02/10/21	GDP	3:30	An interview with Delaware County Councilman Kevin Madden, addressing the shortage of Covid vaccines causing the Yeadon mass clinic to close for a week due to lack of vaccines.
02/10/21	GDP	3:30	An interview with Philadelphia Police Captain Matthew Gillespie and Inspector Derrick Wood, addressing Philadelphia's gun violence and the impact it has on the city.
02/11/21	10pm	2:28	Hank's Take: Frustrations are growing in Bucks County, PA, where there are fewer vaccines being delivered than in other Pennsylvania counties.
02/11/21	GDP	3:30	A segment on the new HVAC requirements restaurants must meet in order to expand their indoor capacities from 25 to 50 percent.
02/12/21	GDP	3:30	An interview with Dr. Mike Cirigliano, addressing the date we might expect all people to be eligible to receive the Covid vaccine, and whether or not "double masking" is a good idea.
02/12/21	GDP	3:30	A segment on a local doctor from University of Pennsylvania Hospital, who invented an aromatherapy clip to put on face masks.
02/15/21	10pm	2:02	Hank's Take: With another snow storm on its way, many stores are running out of salt to make the streets and sidewalks safer.
02/15/21	GDP	7:00	Motivation Monday: Two segments on the "Charged Up" Dance Fitness studio, in Mt. Holly, NJ, which features up-tempo dance fitness routines in a socially-distant class setting.
02/15/21	GDP	3:30	An interview with Dr. Steven Sayers, psychologist and associate professor of psychology in the department of psychiatry at the Perelman School of Medicine at the University of Pennsylvania, discussing how to mentally and emotionally deal with Valentine's Day disappointment.
02/17/21	GDP	3:30	An interview with Carl Mason, owner of Central Salvage Company, who is an expert on demolitions. He provides a preview of the upcoming Trump Plaza.
02/18/21	GDP	3:30	An interview with Barry Ciccocioppo, PA Department of Health Covid-19 press secretary, addressing the Pennsylvania Covid vaccine mix-up.
02/22/21	GDP	3:30	A segment on the new "Goldfish Swim School" in Media, PA, which teaches children between the ages of four months old and 12 years, how to swim.
02/23/21	10pm	2:27	Hank's Take: Raw sewage is flooding the streets of Ventnor, NJ, and the estimated repair time is a minimum of six days.
02/24/21	GDP	10:30	Three segments celebrating National Snack Month from Zachary's BBQ in Norristown, PA: making healthy snacks for kids and adults.
02/24/21	GDP	3:30	An interview with co-host Alex Holley's father and grandfather about the dangerous weather conditions in Texas and the power outages and how residents are coping with the situation.
02/25/21	GDP	3:30	An interview with Pastor Carl Day and Philadelphia Police Inspector Derrick Wood, discussing violence in Philadelphia and the Culture Changing Christians Worship Center in North Philadelphia.
02/26/21	GDP	3:30	An interview with Dr. David Rubin, director of the Children's Hospital of Philadelphia's policy lab, addressing the CDC guidance on schools and confusion between the 6-foot versus 3-foot required distance.

03/01/21	10pm	3:51	Hank's Take: A report on the company "15 to Know" and its plans to build a drive-through vaccination site in the former space of the Babies R Us store at the King of Prussia Mall in Pennsylvania.
03/03/21	GDP	3:30	A segment on the new FEMA Covid vaccination clinic that opened at the Pennsylvania Convention Center in Philadelphia.
03/03/21	GDP	3:30	An interview with Phil Laws, general manager of the Wells Fargo Center, addressing the new public health guidelines that will allow fans to watch Sixers and Flyers games safely.
03/04/21	GDP	3:30	A segment on non-traditional ways to get your cardio workout in: hula hooping, stationary biking, belly dancing and trampoline workouts.
03/04/21	GDP	3:30	A segment on a bear that's been hibernating under the porch of a FOX 29 staffers' Pocono home for the second time. PA Game Commission Warden Dustin Stoner tells viewers about bear's habits, hibernation and safety around people.
03/05/21	10pm	2:20	Hank's Take: Hank talks to community activists from Philly Cure Violence and the Philadelphia Anti-Drug Anti Violence Network about their efforts to help high-risk individuals settle their "beefs" before it escalates to gun violence.
03/05/21	GDP	3:30	An interview with PA State Representative Mike Zabel addresses the latest update on the status of Covid vaccines and a bill he co-sponsored to establish a statewide registry for vaccinations so that when an appointment becomes available, residents will be contacted and their vaccination promptly scheduled.
03/08/21	GDP	3:30	An interview with PA State Representative Mike Zabel addressing his meeting with the PA Department of Health to get answers on Covid vaccine distribution in Delaware County, which has received more than 50K less doses than is was allocated by the Department of Health.
03/09/21	GDP	3:30	An interview with Dr. Mike Cirigliano outlining the latest CDC guidelines regarding vaccinations and mask-wearing.
03/09/21	GDP	3:30	An interview with Montgomery County Board of Commissioners chair Dr. Valerie Arkoosh addressing the latest on vaccine distribution in Montgomery County, PA, and how the county has fared over the past year of the pandemic.
03/09/21	GDP	3:30	An interview with Dr. Lily Brown, assistant professor of psychology in psychiatry and Director at the Center for the Treatment and Study of Anxiety for Perelman School of Medicine at the University of Pennsylvania, addressing suicide prevention.
03/10/21	GDP	3:30	An interview with Philadelphia Health Commissioner Dr. Thomas Farley addressing Philadelphia and the pandemic one year after it began.
03/12/21	GDP	3:30	A segment celebrating "Feel Good Friday," providing three ways to feel better now: use vitamin-rich sprays for pre-bedtime routine and wake-up instead of pills; plan your snacks, not your meals; grab the fat.
03/24/21	GDP	3:30	An interview with Burlington City Police Chief John Fine discussing the events of the mass shooting in Colorado and what people should do if they are in the same situation.
03/24/21	GDP	3:30	A report on Temple University's plan to give vaccines on campus to students, faculty and residents, featuring Ray Betzner, University spokesperson.
03/30/21	GDP	3:30	A report on the new Covid variants showing up in Philadelphia, featuring Dr. Frederic Bushman, chair of the microbiology department at the University of Pennsylvania.



03/30/21	GDP	3:30	An interview with Dr. Lily Brown, assistant professor of psychology in psychiatry and Director at the Center For the Treatment and Study of Anxiety for Perelman School of Medicine at the University of Pennsylvania addresses the findings of a new study on the mental health of young people during the pandemic.
03/31/21	GDP	3:30	An interview with Philadelphia City Councilman Kenyatta Johnson, chairman of the Commission on Gun Violence Prevention, addressing the city's gun violence problem.

### Recreation Issues

01/04/21	10pm	2:15	Hank's Take: A report on Eagles fan reaction after the team appeared to lose its last regular-season game on purpose in order to gain a higher draft pick.
01/13/21	GDP	3:30	An interview with a local family chosen to attend a Flyers game in person thanks to a new initiative called "Flyers Frontline Family."
01/15/21	GDP	10:30	Three live segments from Bear Creek ski area in the Lehigh Valley, PA. Due to Covid restrictions, ski areas are limiting the number of lift tickets they sell and a snowy winter has increased the demand for recreation on the slopes. Local resorts are trying different strategies to keep up with the demand like utilizing food trucks to keep the indoor crowds low.
01/15/21	GDP	3:30	Whatcha Makin?: Sue Serio shares her latest arts-and-crafts home project, as well as photos and videos from viewers' projects.
01/26/21	GDP	10:30	Three live segments from Reach Rock climbing in Bridgeport, NJ, where a new section opened featuring a Ninja course, regular gym, rock climbing and a zone for birthday parties. Ninja Warrior star "The Philly Physician" shows off his skills on the course.
02/24/21	GDP	3:30	An interview with Phillies manager Joe Girardi, discussing the team outlook and the best-selling "Clearwooder" tee shirts.
02/26/21	GDP	10:30	Three segments from Montage Mountain resort in Scranton, PA, highlighting all the winter activities viewers can enjoy safely during the pandemic: groomer ride, food and drink trucks, snowboarding, skiing and snow tubing.
03/01/21	GDP	10:30	Three segments from the Parkettes gymnastics center in Allentown, PA, and how they prepare athletes for competition, including the Olympics.
03/02/21	GDP	3:30	A segment debuting the Cape May County Park & Zoo's newest arrival, a zebra.
03/05/21	GDP	7:00	Two segments on Libertee Grounds in Philadelphia, a new entertainment center scheduled to open in June.

### Religious Issues

01/08/21	GDP	3:30	An interview with Philadelphia Archbishop Perez addressing the DC riots and how our country can begin the healing process.
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03/05/21	GDP	3:30	A segment from "What's the Catch," a pop-up restaurant in the Society Hill neighborhood of Philadelphia, serving up different types of fish for people observing the Lenten holiday.
03/08/21	GDP	3:30	An interview with Catholic journalist Rocco Palmo, addressing the backlash by some Catholic church leaders to Johnson & Johnson's Covid-19 vaccine because they claim it's made from ingredients harvested from aborted fetuses. The Chairman of the U.S. Bishop's Committee on Doctrine says the vaccine can be used in good moral conscience.

### Technology Issues

01/12/21	GDP	3:30	A segment with tech expert Stephanie Humphrey showing viewers the best workout apps: Couch to 5K; Nike Training Club; Your Own Gym; 8Fit; Sworkit.
01/14/21	GDP	3:30	An interview with viral travel influencer Cassy Isabella Woodley, who recently created a lot of buzz after she did a complete hair transformation during a six hour flight from London to Ghana.
01/15/21	GDP	3:30	A segment featuring gadget expert Steve Greenberg sharing highlights from this year's Consumer Electronics Show.
01/29/21	GDP	3:30	An interview with Derrick Pitts, chief astronomer at the Franklin Institute, discussing the SpaceX flight test for Starship Serial Number 9 and the latest on astronaut Victor Glover.
02/02/21	GDP	17:30	Hourly segments on the snow clean-up efforts around our viewing area, including a report on the "Plowz & Mowz: Landscaping App," which can help residents dig out of their snow-covered homes.
02/09/21	10pm	2:22	Hank's Take: Some people in Gloucester County, NJ, received an email saying their Covid vaccination appointment was canceled. The situation was rectified so everyone scheduled was able to get their shot.
02/09/21	GDP	3:30	An interview with Michelle Chung and Nancy Donahue, inventors of the "Ontrack Journal" app, which helps people change their behavior to achieve their goals.
02/23/21	GDP	3:30	An interview with tech expert Stephanie Humphrey, discussing the Clubhouse App.
02/25/21	GDP	3:30	A segment on the new TikTok food trend, baked feta pasta, featuring chef Lauren Van Liew, who shows viewers how to make it.
03/05/21	GDP	3:30	Derrick and Jerrick: Derrick Pitts, chief astronomer at the Franklin Institute, discusses the SpaceX drama, space hurricane and space hotel 2027 with Good Day Philadelphia co-host Mike Jerrick.
03/12/21	GDP	3:30	A segment on the "Truce" app which allows Philadelphia residents to call for a mediator to help quash a beef before guns are drawn. Philadelphia residents and activists Mazzie Casher and Steven Pickens created the app.

## Transportation Issues

02/28/21	10pm	2:16	Hank's Take: As cold temperatures and winter come to an end, many potholes are showing up in the roads and highways. With less tax revenue being collected due to Covid, there may not be enough money to pay a lot of crews to patch them up.
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## Women's Issues

01/14/21	GDP	10:30	Three beauty segments with Mally Roncal dealing with makeup that can also be skincare and how to pamper yourself at home with the help of a spa team.
01/19/21	GDP	3:30	A segment on the top manicure/nail trends for 2021.
01/20/21	GDP	3:30	An interview with Liz Leonard, who attended Upper Merion High School with Jill Biden and graduated with her in 1969. She discusses their friendship and life after high school.
01/20/21	GDP	3:30	An interview with Mary Bentley Lamar, North Atlantic Regional Director of Alpha Kappa Alpha Sorority, Inc., who talks about what it means to have a fellow soror elected as the first female and the first black vice-president of the U.S.
03/04/21	GDP	3:30	Women's History Month: Fashion expert Denise Caldwell shows viewers products made to empower women: Tori Soudan luxury footwear brand; Isha brand sportswear; Trouser 9; Pantora Bridal.
03/08/21	GDP	3:30	A segment celebrating International Women's Day, in which Good Day surprises Tracy, the owner of a bouquet shop in Bryn Mawr, PA. She's been recognizing healthcare workers and teachers during Covid by donating a bouquet to one of them every time a customer ordered flowers.
03/08/21	GDP	7:00	Two segments profiling women-owned businesses: Ilyan Jewelry Shop in Haverford, PA; "Boss Babes," a collection of female-owned businesses in Devon, PA.
03/09/21	GDP	3:30	A segment celebrating Women's History Month by profiling the Jet Wine Bar, "Philadelphia's Woman-Owned Global Vineyard" event highlighting women-owned and operated wineries.
03/10/21	GDP	3:30	Bob on the Job: To celebrate "Women in Construction Week," Bob visits Orleans Technical College in Philadelphia to visit with women who are learning various skills to help them get a job in the construction industry.
03/11/21	GDP	3:30	An interview with Jeannine Lisitski, executive director and president of "Woman Against Abuse," and Laquisha Anthony, education and training specialist at WOAR-Philadelphia Center Against Sexual Violence, addressing domestic violence issues.
03/11/21	GDP	3:30	A segment on the "Souls Shot Portrait Project," an exhibit on display at Logan Library in the Logan neighborhood of Philadelphia. The project strives to draw attention to the city's ongoing gun violence problem and features photos of 30 young people killed on the streets of Philadelphia.
03/24/21	GDP	3:30	An interview with Dr. Monique Howard, executive director of the Philadelphia Center Against Sexual Violence, addressing the sexual assault and murder of a local woman while on spring break in Miami.

03/31/21	GDP	3:30	Women's History Month: Lifestyle contributor Milly Almodovar tells viewers about a number of national, women-owned companies that are responsible for some very popular items that are currently on the market.
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## Youth Issues

01/07/21	GDP	3:30	A segment on how to talk with your children about the events which took place at the Capitol featuring Dr. Argie Allen-Wilson, relationship therapist and author of "Courageous Conversations Connect" and professor at Drexel University Couple and Family Therapy department.
01/14/21	GDP	3:30	An interview with former Temple football star Jeff Whittingham, who started a free Jiu Jitsu program for local teens to give them an outlet and keep them off the streets. The program is called "Growth, Love, Success" and takes place at Gracie Academy in South Philadelphia.
01/21/21	GDP	3:30	A segment featuring Boy Scout Troop 358, from Germantown in Philadelphia. The Troop represented Pennsylvania in the Presidential Inaugural Parade.
01/21/21	GDP	3:30	An interview with Lakshmi Iyer and her daughter Sahana, a first-grader at Uchland Hills school in Exton, PA. Sahana wrote a letter to Kamala Harris in response to a tweet soliciting letters and questions. Her letter was chosen by the Vice President to feature on her Twitter account.
01/22/21	GDP	3:30	An interview with Philadelphia poet laureate Trapeta Mayson, who shares her thoughts on poet laureate Amanda Gorman, how she hopes to inspire other young people to write poetry, and her 24-hour poetry hotline called "Healing Verse Philly."
01/22/21	GDP	3:30	An interview with Girl Scouts of Eastern PA CEO Kim E. Fraites-Dow and Girl Scout Ambassador Rachael Thornton, talking about Girl Scout cookie season, how to purchase them during the pandemic and new flavors this year.
01/28/21	GDP	3:30	An interview with attorney Fortunato Perry Jr., who is representing a 12-year-old boy facing involuntary manslaughter charges in the accidental shooting death of his nine year-old sister.
02/22/21	GDP	3:30	An interview with six-year-old author Ka'Maya Shanelle, who wrote a book of affirmations.
03/01/21	GDP	3:30	An interview with Dr. George James discussing a parenting technique called "scaffold parenting," and how it can be effective in helping children adjust to safely returning to school, extracurricular activities and socializing with friends.
03/03/21	GDP	3:30	An interview with Ayaan Diop, a young man whose daily affirmation went viral after his mom posted it on Instagram. They've written a book based on the video to help teach children positive self-motivation. The book is titled "I Am Smart, I Am Blessed, I Can Do Anything."
03/12/21	GDP	3:30	A segment on the psyche of a 15-year-old, featuring Dr. Jean Wright II, director of the Behavioral Health and Justice Division of the Philadelphia Department of Behavioral Health and Intellectual Disability Services, and a trained clinical and forensic psychologist with more than 20 years of experience, who works with juveniles and the Philadelphia Police.
03/22/21	GDP	3:30	An interview with Traci Carter, a basketball player at the University of Hartford, who started a camp for inner-city kids after his brother was murdered last July.

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03/29/21	GDP	3:30	A segment addressing the need for lifeguards for Philadelphia's 70 pools that will be open this summer. Representatives from the Department of Parks and Recreation discuss the application and interview process and what skills are required to be a lifeguard.
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