Description of Progran Program Title		Program Description	Time	Date
local talk forum	Speak Up	Host Barbara Carpenter & guest, Brian Wilcox from the US Coast Guard Auxiliary discuss all things boating and water safety.	12:06-1p	January 3, 2023
local talk forum	Living Your Dream	Host Lissa Marqwardt & guest, Lindsay Davis who follows the teachings of Dr. Joe Dispenza, an expert on Manifestation who healed her.	12:06-1p	January 4, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests from BGH discussing "starting the new year healthy", & Panida's Jim Healy on events coming to the Theatre.	12:06-1p	January 5, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guests, Victor Schaubert & Suzanne Davis from the East Bonner County Library discuss Library programs & events	12:06-1p	January 17, 2023
local talk forum	Let Your Color Out	Host Lindy Lewis & guest, Susan Habert, a teacher of Plant Medicine and Herbal Remedies discuss natural healing.	12:06-1p	January 18, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests Heather Upton from City of Sandpoint Director of Arts, Bonner Rodeo Queen Maddie Gunter & Dorothy Prophet	12:06-1p	January 19, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guest, Maria Alberg who has been teaching Yoga for several years.	12:06-1p	January 24, 2023
local talk forum	Common Law	Host Arthur Bistline discusses law, politics, local events and answers your legal questions	12:06-1p	January 25, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests, Danielle Larson from Boundary Community Hospital & Carrie Saccomano from Ting	12:06-1p	January 26, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guests, from a new Concierge Christ-Centered medical team in our community.	12:06-1p	January 31, 2023
local talk forum	Living Your Dream	Host Lissa Marqwardt & guest, Carrie Lee Canoke, a Wilderness Survivalist who participated on the History Channel's show, Alone.	12:06-1p	February 1, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests, Daniel Holland & Kristan Carlson from BGH as well as Brenda and Marie from the Sandpoint Senior Center	12:06-1p	February 2, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guest, Lana Fish, a Fitness Instructor from the YMCA discusses fun and fitness.	12:06-1p	February 7, 2023
local talk forum	Chamber Chatter	Hosts Kate McAllister & Keely Gray with guests Dig Christmer from Anovia and Carrie Saccamono from Ting	12:06-1p	February 8, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guest, the Mayor of Clark Fork, Russ Schenk, discuss local Clark Fork happenings both previous and upcoming.	12:06-1p	February 14, 2023
local talk forum	Functional Health	Hosts Jen Barden & Jill Kahn discuss "love" and all it entails.	12:06-1p	February 15, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests, Heather Upton, Andy Bruce from AGE Heating & Cooling & Justin Offerman fropm North Idaho Undercoating	12:06-1p	February 16, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guestS, Author Gregg Jantz discussing his new book & Idaho State Treaurer Julie Ellsworth.	12:06-1p	February 21, 2023
local talk forum	Common Law	Host Arthur Bistline discusses law, politics, local events and answers your legal questions	12:06-1p	February 22, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests, Phil Hough & Dr. Mark Cochrane discuss the Wild & Scenic Film Fest, and Justin Dyck talks about his latest venture	12:06-1p	February 23, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guest, Newly elected County Commisioner Asia Williams discuss County goings-on.	12:06-1p	February 28, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests, Registered Clinical Dietician Sandra Franke and Lauren Sanders, new Managing Director from the Panida Theater	12:06-1p	March 2, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guest, Northside Fire District Commisioner Vern Roof who updates us on all Department happenings	12:06-1p	March 7, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guests, Dave & Susan Bowman from "Keep Bonner County Rural"	12:06-1p	March 14, 2023
local talk forum	Functional Health	Hosts Jen Barden & Jill Kahn discuss Adult Bowling, Types of Magnesium & Suicide Coping	12:06-1p	March 15, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guest, Jennie-Sue Weltner who is the CEO & Founder of Brainstorm Inc, discusses a PBS Special on Vaping	12:06-1p	March 20, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guests, Corrine Rago & Tom Lewis who have a "Neighbors Helping Neighbors" program.	12:06-1p	March 21, 2023
local talk forum	Let Your Color Out	Host Lindy Lewis & guest, Mariella Rebello, a Sandpoint Yoga Instructor from Venezuela	12:06-1p	March 22, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests, Kathy Chambers from Women Of Wisdom and also John Carlin from The Flower Farm	12:06-1p	March 23, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guest, Idaho State Treasurer, Julie Ellsworth discussing many topics including ESG	12:06-1p	March 28, 2023
local talk forum	Common Law	Host Arthur Bistline discusses law, politics, local events and answers your legal questions	12:06-1p	March 29, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests, Bob Heich from the Sandpoink Elks & Kyle Avril from Spacepoint discusses the Spacepoint Program	12:06-1p	March 30, 2023