

Description of Program	Program Title	Program Description	Time	Date
local talk forum	Speak Up	Host Barbara Carpenter & guest, Bonner County Clerk Mike Rosedale discuss all types of voting	12:06-1p	April 4, 2023
local talk forum	Living Your Dream	Host Lissa Marquardt & guest, Jen Marquardt who owns Flourish Nutrition & Wellness	12:06-1p	April 5, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests, local author Rick Reed, Branda & Marie from the Senior Center & Lauren Sanders from the Panida	12:06-1p	April 6, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guests, former County Commisioner Dan McDonald & Ponderay Hospital Trustee Dan Rose on issues.	12:06-1p	April 11, 2023
	Chamber Chatter	Hosts Kate McAllister & Keely Gray with guest Marcia Pilgrim, owner of Capers Travel & Hannah Combs from the Historical Society	12:06-1p	April 12, 2023
	Speak Up	Host Barbara Carpenter & guest, Idaho Senator Scott Herndon discuss BGH closures and other issues	12:10-1p	April 18, 2023
local talk forum	Let Your Color Out	Host Lindy Lewis & guest, best selling author, Zen Cryer-Debrooke discuss her business.	12:10-1p	April 19, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests Heather Upton from City of Sandpoint, and Downtown Shopping District reps discuss Let's Go Girls	12:10-1p	April 20, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guest, District 1 State Representative Sage Dixon on recent Legislature happenings	12:10-1p	April 25, 2023
local talk forum	Common Law	Host Arthur Bistline discusses law, politics, local events and answers your legal questions	12:10-1p	April 26, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests, From the Sandpoint Elks, Bob Heicht, and also Hannah Combs from Bonner County Historical Society	12:10-1p	April 27, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guests, Cynthia Busset, a candidate for Hospital Trustee, as well as Pastor Ken Lawrence	12:10-1p	May 2, 2023
local talk forum	Living Your Dream	Host Lissa Marquardt & guest, Reggie Lefay, Entreprenneur and Real Estate Investor.	12:10-1p	May 3, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests, Brenda Curtis from Sandpoint Senior Center, and Lauren Sanders & Keely Gray from Panida theater	12:10-1p	May 4, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guest, Stacy Rodriguez, a candidate for the East Bonner County Library Trustee Board	12:10-1p	May 9, 2023
local talk forum	Chamber Chatter	Hosts Kate McAllister & Keely Gray with guest Andrew Sorg discuss local Community Events and upcoming theatre productions.	12:10-1p	May 10, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guest, Dave Lutz, Director of the Bonner County Chaplain Corps	12:10-1p	May 16, 2023
local talk forum	Functional Health	Hosts Jen Barden & Jill Kahn discuss the date rape drug and what to be aware of.	12:10-1p	May 17, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests, Heather Upton, Keely Gray on the latest production at the Panida & Chad Cole, from Sandpoint Lacrosse	12:10-1p	May 18, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guests, Chief Jimmy Cornelius & Sgt Jeremy Deal from the Ponderay Police Department	12:10-1p	May 23, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests, Lynniss Jelenek from the Envision Center & Dr. Joseph Wassip & Jill Hicks from BGH discuss mental health	12:10-1p	May 25, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guest, Sgt. Justin Scotch from the ISP discuss the organization.	12:10-1p	May 30, 2023
local talk forum	Common Law	Host Arthur Bistline discusses law, politics, local events and answers your legal questions	12:10-1p	May 31, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests, Danette & Bradley Carnegie from the Cottage Market, Brenda & Marie from Senior Ctr, & Lauren from Panida Theater.	12:10-1p	June 1, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guest, Jeff Lindsay, Chief Paramedic from Bonner County EMS	12:10-1p	June 6, 2023
local talk forum	Living Your Dream	Host Lissa Marquardt & guest, Mary Joe Scott, a Tattoo Artist from San Francisco	12:10-1p	June 7, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guest, Lt. Doug McGehee, Commander from the Bonner County Sheriff Marine Division	12:10-1p	June 13, 2023
local talk forum	Let Your Color Out	Host Lindy Lewis & guest, Henry Clemons, Owner of Tendrils Apothacary in Sandpoint	12:10-1p	June 14, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests, Heather Upton from the City of Sandpoint, and Savannah Scott & Piper Wallie from Sandpoint HS Volleyball	12:10-1p	June 15, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guests, Doctors from Cornerstone, a direct primary care service, Byron Haney, Lorraine Lamanna & Ray Rodriguez	12:10-1p	June 20, 2023
local talk forum	Functional Health	Hosts Jen Barden & Jill Kahn discuss how feeling younger than your age may be good for you, and the cognative decline after retirement.	12:10-1p	June 21, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests, Music Bridges Borders reps, Kyle Avril from Spacepoint, and Kate Nees discusses a fundraiser.	12:10-1p	June 22, 2023
local talk forum	Speak Up	Host Barbara Carpenter & guest, Amber Lindsey, Manager from Bonner County Disptach	12:10-1p	June 27, 2023
local talk forum	N.I. Thursday	Host Bob Witte & guests, Mike Duprez from the Elks Golf Club, Andy Bruce from AGE Heating/Cooling & Justin Dick from BGH Foundation.	12:10-1p	June 29, 2023