# Quarterly Issues Programs List for the 2nd Quarter of 2023

# KVPM(FM)

# Arvin, California

# April 1, 2023 - June 30, 2023

The Following is a list of some of the significant issues responded to by the station along with the most significant programming treatment of those issues for the quarter. The listing is by no means exhaustive. The order in which issues appear does not reflect a priority or significance.

#### **SCIENCE**

Air Date: 04/02/2023 Air Time: 7:14 AM

#### SEGMENT 1: SAVING YOURSELF: WHAT TO DO IN AN EMERGENCY SITUATION

**DURATION: 8:21** 

Synopsis: Not all scientific discovery is on purpose. In fact, many important breakthroughs were by accident, like insulin and x-rays. Our experts discuss why we should look at failures as a starting point rather than the end of the road. Host: Nancy Benson. Producer: Kristen Farrah. Guests: Erin Heath, Director of Federal Relations, The American Association for the Advancement of Science; Dr. Jean Carruthers, Clinical Professor of Ophthalmology, University of British Columbia, Pioneer of Cosmetic Botox Compliancy issues covered: cosmetic botox; ophthalmology; beauty industry; patient safety; consumerism Links for information:

https://carrutherscosmetic.com/about/https://www.goldengooseaward.org/

https://www.instagram.com/carrutherscosmetic/?hl=en https://www.aaas.org/

https://twitter.com/PublicHeath https://www.linkedin.com/in/jeancarruthers/?originalSubdomain=ca

https://www.aaas.org/person/erin-heath-0

# **EDUCATION**

Air Date: 4/2/2023 Air Time: 7:32 AM

# **SEGMENT 1: FAILING AMERICA'S TEACHERS**

DURATION: 7:36

Synopsis: Between February 2020 and May 2022, around 300,000 teachers left teaching to pursue another profession. While the COVID-19 pandemic is no longer a front and center issue, millions of public-school educators are still struggling to keep going in positions that mean long hours, low pay and a growing number of curriculum mandates. In part one of this story, first grade teacher Lori Cash - who's taught for more than 30 years - shares the challenges teachers are facing and touches on a few points that need to change. Host: Gary Price. Guest: Lori Cash, 1st Grade Teacher, Columbus Signature Academy Lincoln Elementary. Links for more info: <a href="https://www.edc.org/sites/default/files/uploads/InSupportOfEducators.pdf">https://www.edc.org/sites/default/files/uploads/InSupportOfEducators.pdf</a>

https://www.therepublic.com/2020/08/21/thats my calling csa lincoln teacher honored with folger award Compliancy Issues: Education, Career, Public Policy, Politics, School Funding, Personal Finance

# **Neurological Health**

Air Date: 4/09/2023 Air Time: 7:02 AM

#### SEGMENT 1: TIKTOK TICS: CAN SOCIAL MEDIA CAUSE NEUROLOGIC DISORDERS?DURATION 12:35

Synopsis: Cases of functional tic-like disorder skyrocketed during the pandemic across the world, and experts believe the culprit is social media. Though classic tic disorders are mostly diagnosed in boys, this condition mainly affects women aged 18 to 21. Our experts explain the cause and how to successfully recover from the disorder. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Danielle Larson, Movement Disorder Specialist, Northwestern Medicine; Dr. Nicole Zahka, Pediatric Psychologist, Cincinnati Children's Hospital Medical Center Compliancy issues covered: functional neurologic disorder; social media; psychology; modeling; chronic tics; tourette syndrome; covid; pandemic; therapy; anxiety; depression; vulnerable populations Links for information: https://onlinelibrary.wiley.com/doi/10.1111/ene.15611 https://twitter.com/dlarsonmd4?lang=en https://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=47830 https://www.cincinnatichildrens.org/bio/z/nicole-zahka

#### MENTAL HEALTH

Air Date: 4/09/2023 Air Time: 7:32 AM

## SEGMENT 1: UNDERSTANDING THE UNKNOWN: PSYCHOPATHIC TENDENCIES DURATION: 9:22

Synopsis: Who do you think of when you read or hear the word, psychopath? Rarely does anyone think of the neuroscientist next door. We speak to two experts about what the term means in the medical world and why many people who have psychopathic tendencies can function in a non-violent, productive manner. Host: Gary Price. Guest: Scott Lilienfeld, professor, psychology, Emory University; James Fallon, neuroscientist, University of California-Irvine, author, The Psychopath Inside: A Neuroscientist's Personal Journey Into the Dark Side of the Brain. Links for more info: <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3811089/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3811089/</a> <a href="https://www.psychologytoday.com/intl/blog/the-couch-potato-plato/202303/what-gender-does-and-doesnt-tell-us-about-psychopathy https://www.forbes.com/sites/traversmark/2022/05/07/new-research-tells-us-why-psychopaths-are-sometimes-able-to-succeed-in-society/?sh=403774f56bfe">https://www.forbes.com/sites/traversmark/2022/05/07/new-research-tells-us-why-psychopaths-are-sometimes-able-to-succeed-in-society/?sh=403774f56bfe</a> Compliancy Issues: Psychology, Mental Disorder,

#### NUTRITION

Air Date: 4/16/2023 Air Time: 7:13 AM

#### SEGMENT 2: KITCHEN CHEMISTRY: NATURAL FLAVORS - HOW NATURAL ARE THEY? DURATION: 13:05

Synopsis: We see natural flavor listed as an ingredient in many of our products, but what does that mean? Dr. David Andrews explains the process of creating natural flavors, the FDA guidelines, and how safe they are for consumption. Host: Nancy Benson. Producer: Kristen Farrah. Guests: Dr. David Andrews, Senior Scientist, Environmental Working Group Compliancy issues covered: natural flavors; diet; processed foods; consumerism; organic; flavor; chemistry; ingredients; addiction; artificial flavors; FDA regulations; nutrition labels Links for information: <a href="https://www.ewg.org/news-insights/our-experts/david-andrews-phd">https://www.ewg.org/news-insights/our-experts/david-andrews-phd</a> <a href="https://www.ewg.org/foodscores/content/natural-vs-artificial-flavors/">https://www.ewg.org/foodscores/content/natural-vs-artificial-flavors/</a> <a href="https://www.ewg.org/foodscores/content/natural-vs-artificial-flavors/">https://www.ewg.org/foodscores/content/natural-vs-artificial-flavors/</a> <a href="https://www.ewg.org/foodscores/content/natural-vs-artificial-flavors/">https://www.ewg.org/foodscores/content/natural-vs-artificial-flavors/</a> <a href="https://www.ewg.org/foodscores/content/natural-vs-artificial-flavors/">https://www.ewg.org/foodscores/content/natural-vs-artificial-flavors/</a> <a href="https://www.ewg.org/foodscores/content/natural-vs-artificial-flavors/">https://www.ewg.org/foodscores/content/natural-vs-artificial-flavors/</a> <a href="https://www.ewg.org/foodscores/content/natural-vs-artificial-flavors/">https://www.ewg.org/foodscores/content/natural-vs-artificial-flavors/</a> <a href="https://www.ewg.org/foodscores/">https://www.ewg.org/foodscores/</a>

# ANIMAL SCIENCE

Air Date: 4/16/2023 Air Time: 7:32 AM

# **SEGMENT 1: SPRING: A TIME OF FLIGHT FOR BIRDS**

**DURATION 8:44** 

**DURATION: 10:38** 

**DURATION: 9:59** 

Synopsis: As the weather warms up, you may be hearing and seeing more birds in your backyard. Spring is peak migration for this species, but in recent decades, there's been a 30 percent decline in North American bird varieties. We speak with one expert about the challenges facing these animals and how listeners can make a difference. Host: Gary Price. Guest: Rebecca Heisman, science writer, author, Flight Paths: How a Passionate and Quirky Group of Pioneering Scientists Solved the Mystery of Bird Migration. Links for more info: <a href="https://www.amazon.com/Flight-Paths-Passionate-Pioneering-Scientists-ebook/dp/B0B3XRDLYL">https://www.amazon.com/Flight-Paths-Passionate-Pioneering-Scientists-ebook/dp/B0B3XRDLYL</a>
<a href="https://www.birds.cornell.edu/home/about/">https://www.birds.cornell.edu/home/about/</a>
Compliancy Issues: Animal Migration, Animal Science, Endangered Species, Wildlife Conservation, Climate Change

#### MENTAL HEALTH

Air Date: 4/23/2023 Air Time: 7:01 AM

# SEGMENT 1: IS MENTAL HEALTH A SCAPEGOAT FOR MASS VIOLENCE?

Synopsis: Unfortunately, mass violence has become a common topic. And though many perpetrators we see on the news have been diagnosed with a mental illness, that attribute may be blinding us to the real issue. Experts explain what the statistics point to as the underlying cause of mass violence. Host: Elizabeth Westfield. Producer: Reed Pence. Guests: Dr. Joseph Parks, Medical Director, National Council for Mental Wellbeing; Dr. Jeffry Lieberman, Professor of Psychiatry, Columbia University Compliancy issues covered: gun violence; mass violence; mass shooting; mass murder; mental health; mental illness; federal law; state and federal regulations; education; state government Links for information: <a href="https://www.columbiapsychiatry.org/profile/jeffrey-lieberman-md">https://www.thenationalcouncil.org/people/joe-parks-md/#:~:text=Joe%20Parks%2C%20M.D.%2C%20currently%20serves,Louis.</a> <a href="https://www.linkedin.com/in/joseph-parks-9b3119140?trk=public profile samename-profile">https://www.linkedin.com/in/joseph-parks-9b3119140?trk=public profile samename-profile</a>

#### **DATA PRIVACY**

Air Date: 4/23/2023 Air Time: 7:42 AM

SEGMENT 2: TIK TOK ISN'T THE ONLY APP WITH A DATA PRIVACY PROBLEM

Synopsis: While Tik Tok has been getting a lot of heat lately for its connections to China, there's also a larger privacy and data problem across all social media platforms. We speak with two experts about the fast-evolving social media landscape and how consumers can better protect themselves from data mining. Host: Marty Peterson. Guests: Lindsay Gorman, senior fellow, emerging technologies, German Marshall Fund's Alliance for Securing Democracy; Timothy Edgar, professor, practice of computer science, Brown University. Links: https://watson.brown.edu/people/fellow/edgar https://securingdemocracy.gmfus.org/author/lindsaygorman/ Compliancy Issues: Consumer Privacy, Government, Technology, National Security, Social Media

#### HEALTHCARE

Air Date: 4/30/23 Air Time: 7:02 AM

# SEGMENT 1: "I'M NOT DYING, BUT IS THAT GOOD ENOUGH?": IMPROVING LUPUS RESEARCH

**DURATION: 10:31** 

Synopsis: Lupus ABC is the first of its kind public-private partnership with the FDA. It will allow researchers and patients to work together, hopefully leading to breakthroughs in lupus treatments. Experts explain why the patient perspective is so important for successful outcomes. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Teodora Staeva, Vice President of Research and Chief Scientific Officer, Lupus Research Alliance; Veronica Vargas Lupo, Co-Lead of the Lupus Voices Council, Lupus ABC Compliancy issues covered: lupus; autoimmune disease; FDA; governmental organizations; scientific research; non-profit; patient safety Links for information: https://www.lupusresearch.org/https://www.fda.gov/drugs/drug-safety-and-availability/fdalaunches-lupus-treatment-consortium-partnership-lupus-rese

# **GENETICS**

Air Date: 4/30/2023 Air Time: 7:44 AM

#### **SEGMENT 2: THE SECRETS FOUND THROUGH DNA TESTING**

**DURATION: 7:06** 

Synopsis: What would you do if you suddenly found out you weren't related to the parent that raised you? This is exactly what happened to author Dani Shapiro after she took an at-home DNA test. We speak with her about this life-changing surprise and why there are thousands more with similar secrets across America. Host: Marty Peterson. Guest: Dani Shapiro, author, Inheritance: A Memoir of Genealogy, Paternity & Love. Links: https://twitter.com/danijshapiro?ref src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor https://www.amazon.com/Inheritance-Memoir-Genealogy-Paternity-Love/dp/1524732710 Compliancy Issues: Genetics, Adoption, Fertility, Science, Relationships, Parenting, Psychology.

# ARTIFICIAL INTELLIGENCE

Air Date: 5/07/23 Air Time: 7:01 AM

#### **SEGMENT 1: HOW AI IS THRUSTING US INTO THE FUTURE OF MEDICINE**

DURATION: 12:36 Synopsis: From improving the patient experience to speeding up protein evolution, artificial intelligence is rocketing the field of medicine into the future. Our experts discuss the many different applications of AI and how we can expect to interact with the technology in the years to come. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. David Liebovitz, Co-Director, Institute for Augmented Intelligence in Medicine, Associate Professor of Medicine, Northwestern University; Dr. David Baker, Professor, University of Washington, Director, Institute for Protein Design Compliancy issues covered: protein; artificial intelligence; evolution; medical records; patient safety; public health; consumerism; environment; medical technology; biochemistry; viruses Links for information: https://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=12353 https://www.linkedin.com/in/liebovitz/ https://sites.uw.edu/biochemistry/faculty/david-baker/ https://www.bakerlab.org/https://www.ipd.uw.edu/

#### SOCIAL WORK

Air Date: 5/07/2023 Air Time: 7:31 AM

#### **SEGMENT 1: THE IMPORTANCE OF AMERICA'S SOCIAL WORKERS**

DURATION: 7:30

Synopsis: There are more than 700,000 social workers across America. We speak with longtime social worker and professor, Dr. Anthony Estreet about the vital role these professionals play in countless different sectors and why there needs to be more support and incentive for people working in this difficult role. Host: Gary Price. Guest: Dr. Anthony Estreet, CEO, National Association of Social Workers, professor, social work, Morgan State University. Links for more info: <a href="https://www.bls.gov/ooh/community-and-social-service/social-workers.htm#:">https://www.bls.gov/ooh/community-and-social-service/social-workers.htm#:</a>: <a href="https://www.bls.gov/ooh/community-and-social-service/social-workers.htm#:">https://www.bls.gov/ooh/community-and-social-service/social-workers.htm#:</a>: <a href="https://www.bls.gov/ooh/community-and-social-service/social-workers.htm#:">https://www.bls.gov/ooh/community-and-social-service/social-workers.htm#:</a>: <a href="https://www.bls.gov/ooh/community-and-social-service/social-workers.htm#:">https://www.bls.gov/ooh/community-and-social-service/social-workers.htm#:</a>: <a href="https://www.bls.gov/ooh/community-and-social-service/social-workers.htm#:">https://www.bls.gov/ooh/community-and-social-service/social-workers.htm#:</a>: <a href="https://www.bls.gov/ooh/community-and-social-service/social-workers.htm#:">https://www.bls.gov/ooh/community-and-social-workers.htm#:</a>: <a href="https://www.bls.gov/ooh/community-and-social-workers.htm#:">https://www.bls.gov/ooh/community-and-social-workers.htm#:</a>: <a href="https://www.bls.gov/ooh/community-and-social-workers.htm#:">https://www.bls.gov/ooh/community-and-social-workers.htm#:</a>: <a href="https://www.bls.gov/ooh/community-and-social-workers.htm#:">https://www.bls.gov/ooh/community-and-social-workers.htm#:</a>
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<a href="https://www.bls.gov/ooh/community-and-social-workers.htm#:">https://w

#### **OBESITY**

Air Date: 5/14/23 Air Time: 7:14 AM

# SEGMENT 2: HAS THE FOOD MARKETING INDUSTRY CONTRIBUTED TO CHILDHOOD OBESITY?

**DURATION: 7:38** 

Synopsis: Childhood obesity is one of the most common chronic diseases for children in the US. Experts say that the marketing of ultra-processed foods to kids has grown exponentially in recent years – promoting unhealthy diets. These experts break down the marketing strategies used to get product attention in grocery stores and online. Host: Nancy Benson. Producer: Polly Hansen. Guests: Dr. Frances Fleming-Milici, Director of Marketing Initiatives, Rudd Center for Food Policy and Health, University of Connecticut; Dr. Ashley Gearhardt, Associate Professor of Psychology, Director of the Food and Addiction Science and Treatment Lab, University of Michigan Compliancy issues covered: diet; addiction; youth at risk; food marketing; consumerism; obesity; diabetes; chronic diseases; childhood obesity; heart disease; ultra-processed food Links for information:

https://uconnruddcenter.org/person/frances-fleming-milici/ https://twitter.com/franflemingPhD https://lsa.umich.edu/psych/people/faculty/agearhar.html

#### **MOTHERHOOD**

Air Date: 5/14/2023 Air Time: 7:42 AM

#### SEGMENT 2: THE TRIALS & TRIBULATIONS OF BALANCING MOTHERHOOD & CAREER DURATION: 8:49

Synopsis: NPR journalist and co-host of "All Things Considered" Mary Louise Kelly joins us this Mother's Day to share her story of balancing motherhood with a long-spanning, successful career in journalism. She -like many mothers - has struggled to have it all and recounts the many tradeoffs over the years. Host: Marty Peterson. Guest: Mary Louise Kelly, co-host, "All Things Considered", National Public Radio, author, It.Goes.So.Fast.: The Year of No Do-Overs. Links for more info: <a href="https://www.amazon.com/Goes-So-Fast-Do-Overs/dp/1250859859">https://www.theatlantic.com/ideas/archive/2023/04/motherhood-children-it-goes-so-fast-book/673649/https://twitter.com/NPRKelly?ref src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor https://www.instagram.com/marylouisekelly1/?hl=en https://www.npr.org/people/2780701/mary-louisekelly Compliancy Issues: Parenting, Motherhood, Career, Mental Health, Child Development, Personal Growth

#### NUTRITION

Air Date: 5/21/2023 Air Time: 7:15 AM

#### SEGMENT 2: FOOD MARKETING TO CHILDREN PART 2: HOW TO MAKE HEALTHIER CHOICE DURATION: 7:18

Synopsis: Last week we discussed how food marketers spend billions to get kids to eat unhealthy food. Today, we're giving you some tips on how to add more nutritious options back into your family's diet. Experts reveal small actions that can make a big difference in the health of America's children. Host: Nancy Benson. Producer: Polly Hansen. Guests: Meryl Fury, Registered Nurse, President and CEO, Plant Based Nutrition Movement; Sheriza Hernandez, Student; Dr. Ashley Gearhardt, Associate Professor of Psychology, University of Michigan, Director, Food and Addiction Science and Treatment Lab Compliancy issues covered: obesity; heart disease; childhood obesity; diet; healthy food; food marketing; vulnerable populations; youth at risk; ultra processed food; gut health; addiction Links for information: <a href="https://www.linkedin.com/in/meryl-fury-725139103/">https://bnm.org/organizer/meryl-fury/</a> <a href="https://lsa.umich.edu/psych/people/faculty/agearhar.html">https://lsa.umich.edu/psych/people/faculty/agearhar.html</a>

#### LABOR

Air Date: 5/21/2023 Air Time: 7:42 AM

#### SSEGMENT 2: THE ALLURE OF THE FOUR-DAY WORKWEEK

Synopsis: There's been a lot of media coverage this year around the 4-day workweek, but does it really make sense long-term? We discuss the pros, cons and if this shift is feasible for America's complex and varied workforce. Host: Marty Peterson. Guests: Lindsay Cameron, assistant professor, management, Wharton School of Business, University of Pennsylvania; Charlotte Lockhart, managing director, co-founder, Four Day Week Global. Links for more info: <a href="https://mgmt.wharton.upenn.edu/profile/ldcamer/">https://mgmt.wharton.upenn.edu/profile/ldcamer/</a> <a href="https://www.4dayweek.com/">https://www.4dayweek.com/</a> Compliancy Issues: Career, Labor Trends, Human Resources, Mental Health, Parenting, Economy.

**DURATION: 8:37** 

#### **BRAIN HEALTH**

Air Date: 5/28/2023 Air Time: 7:02 AM

# SEGMENT 1: ADRENAL DYSFUNCTION MAY BE CAUSING YOUR BRAIN FOG AND WEIGHT GAIN DURATION: 11:49

Synopsis: Our adrenal glands produce numerous hormones that help us regulate stress. Unfortunately, these glands can easily be disrupted and make us feel tired and forgetful. Dr. Izabella Wentz, a thyroid expert, explains the lifestyle changes you can make to fix your hormone imbalance. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Izabella Wentz, Thyroid Specialist, Author, Adrenal Transformational Protocol Compliancy issues covered: adrenal glands; hormones; cortisol; weight gain; survival; inflammation; adrenal dysfunction; brain fog; stress; depression; heart disease; undiagnosed diseases Links for information:

https://thyroidpharmacist.com/ https://www.instagram.com/izabellawentzpharmd/?hl=en

# **LINGUISTICS**

Air Date: 5/28/2023 Air Date: 7:42 AM

# SEGMENT 2: "UM, WHAT?": THE HIDDEN PURPOSE BEHIND FILLER WORDS DURATION: 9:17

Synopsis: We've all been there. You've given a presentation or had a conversation with someone and realized after-the-fact that you could've added in fewer words like "um", "you know" or "like". While these fillers are distracting if overused, when added in moderation, they play a very specific purpose. Host: Marty Peterson. Guest: Valerie Fridland, sociolinguist, professor, linguistics, English Department, University of Nevada-Reno, author, Like Literally Dude: Arguing for the Good in Bad English. Links for more info:

https://www.valeriefridland.com/ https://www.penguinrandomhouse.com/books/671558/like-literally-dude-by-valerie-fridland/ https://hbr.org/2019/08/why-filler-words-like-um-and-ah-are-actually-useful https://journals.physiology.org/doi/full/10.1152/advan.00110.2022 Compliancy Issues: Linguistics, Language, History, Culture, Intercommunication, Public Speaking, Personal Development

## **HEALTHCARE**

Air Date: 6/04/2023 Air Time: 7:01 AM

SEGMENT 1: HELPING PATIENTS FEEL LIKE KIDS AGAIN: THE MAGIC OF CHILDREN'S HOSPITALS

**DURATION: 12:26** 

Synopsis: Children's hospitals do a lot more than cure diseases. For many long-term, young patients, these institutions become their entire world and not just the place where they receive treatment. Learn how some of these hospitals go above and beyond to help our sick kids every day. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Amar Bryant, Lead Inpatient Social Worker, Boston Children's Hospital; Marie Osmond, Co-Founder, Children's Miracle Network Hospitals; Camryn Kellam, Ambassador, Maria Fareri Children's Hospital; April Kellam, Mother. Compliancy issues covered: chronic disease; rare disease; children's hospital; caregivers; healthcare; sickle cell; immunodeficiency; non-profit; donation; vulnerable populations; patient safety; consumerism Links for information: https://childrensmiraclenetworkhospitals.org/ https://www.marieosmond.com/ https://www.mariafarerichildrens.org/news/after-undergoing-stem-cell-

transplant-to-combat-si-1526 https://www.childrenshospital.org/directory/amar-khalsa

## **CLIMATE CHANGE**

Air Date: 6/04/2023 Air Time: 7:42 AM

## SEG. 2: CLIMATE CHANGE IN FULL BLOOM: THE IMPACT OF AN EARLIER SPRING & SUMMER **DURATION: 8:12**

Synopsis: If you live in the Midwest or Northeast, you probably enjoyed that brief stretch of 80-degree days this past April. While the warmer weather can be a nice change, this unusual and sudden shift has countless consequences on wildlife, plant species and the many industries that rely on predictable cycles. We speak with environmental expert Theresa Crimmins about the causes & effects of changing weather patterns. Host: Marty Peterson. Guest: Theresa Crimmins, director, USA National Phenology Network, research professor, School of Natural Resources and the Environment, University of Arizona. Links for more info:

https://www.usanpn.org/usa-national-phenology-network https://www.climatehubs.usda.gov/growingseasons-changing-climate https://www.usanpn.org/nn/welcome https://now.northropgrumman.com/aresummers-getting-longer-or-are-the-seasons-shifting/ Compliancy Issues: Climate Change, Weather Patterns, Agriculture, Wildlife Species, Migration, Economy

# **HEALTHCARE**

Air Date: 6/11/2023 Air Time: 7:14 AM

# SEGMENT 2: MEDICAL GASLIGHTING: WHAT TO DO WHEN DOCTORS STOP LISTENING TO YOU **DURATION: 8:00**

Synopsis: Doctors told Karen DeBonis that her son's concerning tics were normal, and he'd grow out of them. But when she got a second opinion, an MRI scan showed that he had a large brain tumor. This week - DeBonis shares how she was forced to advocate for herself when doctors didn't listen take her seriously. Host: Nancy Benson. Producer: Polly Hansen. Guests: Karen DeBonis, Author, Growth; Dr. Stacey Rosen, Senior Vice President, The Katz Institute of Women's Health, Partners Council Professor of Cardiology and Women's Health, Donald and Barbara Zucker School of Medicine Compliancy issues covered: gaslighting; patient safety; chronic symptoms; brain disease; cancer; healthcare; minorities; public health Links for information: https://karendebonis.com/ https://faculty.medicine.hofstra.edu/7111-stacey-rosen https://twitter.com/KarenDeBonis?ref\_src=twsrc% 5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor https://www.linkedin.com/in/stacey-e-rosen-md-facc-facpfaha-4a693074/ https://twitter.com/drstaceyrosen?lang=en

#### MENTAL HEALTH

Air Date: 6/11/2023 Air Time: 7:41 AM

#### SEG. 2: DE-BUNKING THE MISCONCEPTIONS & STIGMAS OF ADHD

**DURATION: 9:50** Synopsis: Nearly 10 percent of American children have ADHD. We speak with a clinical child psychologist at Harvard Medical School, Dr. Ellen Braaten, about the different types & presentations of this disorder, how it affects children and common challenges for diagnoses, acceptance, and treatment. Host: Marty Peterson. Guest: Dr. Ellen Braaten, clinical child psychologist, associate professor, psychology, Harvard Medical School, Director, Learning and Emotional Assessment Program, Massachusetts General Hospital, author, Bright Kids Who Couldn't Care Less. Links for more info: https://chadd.org/https://www.psychologytoday.com/us/psychiatrists https://www.massgeneral.org/children/doctors/18025/ellen-braaten https://www.health.harvard.edu/authors/ellen-braaten-phd https://www.amazon.com/Bright-Kids-Couldnt-Care-Less/dp/1462547648 Compliancy Issues: Learning Disorders, Child Development, Education, Parenting, Mental Health

#### **GRIEF**

Air Date: 6/18/2023 Air Time: 7:15 AM

#### SEGMENT 2: DEALING WITH LOSS THIS FATHER'S DAY

**DURATION: 7:52** Synopsis: Whether you lost your father ten days ago or ten years ago, Father's Day can be a hard time of the month. Dr. Sanam Hafeez, a clinical neuropsychologist, says it doesn't have to be something to dread. She offers advice on how to turn this time of year into an experience of healing and growth. Host: Nancy Benson, Producer: Kristen Farrah. Guests: Dr. Sanam Hafeez, Clinical Neuropsychologist, Founder, Comprehensive Consultation Psychology, Professor, Teachers College Columbia University Compliancy issues covered: father's day; psychology; grief; bereaved parents; loss of a child; loss of a parent; public health; mental health; bereavement support Links for information: <a href="https://comprehendthemind.com/dr-sanam-hafeez/">https://comprehendthemind.com/dr-sanam-hafeez/</a> https://www.linkedin.com/in/sanam-hafeez-b021898/ https://www.instagram.com/drsanamhafeez/?hl=en https://twitter.com/comprehendmind?lang=en

#### POPULATION DECLINE

Air Date: 6/18/2023 Air Time: 7:31 AM

#### SEG. 1: CITIES LEFT BEHIND: THE REALITY OF POPULATION DECLINE

Synopsis: The COVID-19 pandemic shook up how Americans work, where they live and what they value in life. But, as people move past the pandemic, demographers wonder if certain migration trends are here to stay or will eventually shift back. This week - we talk about population trends over the last few years and how this is impacting cities that were once bustling and booming. Host: Gary Price. Guest: Hans Johnson, demographer, senior fellow, Public Policy Institute of California. Links for more info: https://www.ppic.org/person/hansjohnson/https://www.zumper.com/blog/rental-price-data/https://eig.org/2022-county-population-trends/ https://www.census.gov/library/stories/2022/05/population-shifts-in-cities-and-towns-one-year-intopandemic.html Compliancy Issues: Population Trends, Culture, Local Revenue, Crime, Environment, Urban Design, Education

**DURATION: 8:07**