

WIZN RADIO STATION

QUARTERLY ISSUES/PROGRAM LIST

JANUARY 1, 2021 THROUGH MARCH 31, 2021

AGING

ECONOMY

EDUCATION/SAFETY

ENVIRONMENT

FUND RAISING/VOLUNTEERISM

HEALTH

The following pages list the programs aired on the WIZN during the first quarter of 2021. The 15-minute programs, *In Touch, Health Source and Aging Matters*, address a variety of issues in our listening area. They ran for a half hour on Sundays from 6:30am to 7am.

GINNY McGEHEE
WIZN RADIO
HALL COMMUNICATIONS
MARCH 31, 2021

AGING

PROGRAM: Aging Matters

DATE: 1/10/21

GUEST: Maria Alexander

DESCRIPTION: a discussion about plans for the Senior Council in Clinton County for 2021 that include virtual events via Zoom

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 1/24/21

GUEST: Nicole Lauren, development director for JCEO of Clinton County

DESCRIPTION: a discussion about grant writing and funding for the different JCEO programs and pandemic funding, which includes getting food to people in need

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 2/7/21

GUEST: Patty Colleen, assistant coordinator Ombudsman for the North Country Center for Independence

DESCRIPTION: a discussion about long-term care facilities in northern New York and how they advocate for residents to make them feel like home

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 2/21/21

GUEST: Patty Colleen

DESCRIPTION: repeat of 2/7/21 show

HOST: Marie Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 3/7/21

GUEST: Nicki Lockland, Meals-on-Wheels Director in Clinton County

DESCRIPTION: a discussion about the Senior Citizens Council in Chittenden County Nutrition Program for home delivered meals and who qualifies

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 3/21/21

GUEST: Dr. Wilder Ritsima from CVPH

DESCRIPTION: a discussion about COVID-19 and the vaccine roll out for northern New York

HOST: Maria Alexander, SCCCC

EDUCATION/SAFETY

PROGRAM: In Touch

DATE: 1/17/21

GUEST: executive director for the Northern New England Red Cross, Stephanie Courcurier

DESCRIPTION: a discussion about the expansion of the region of Vermont and New Hampshire to include Maine, her appointment as director after working with the organization for 7 years and the many programs and goals of the Red Cross

HOST: Ginny McGehee

EMPLOYMENT/TRAINING

PROGRAM: In Touch

DATE: 3/14/21

GUEST: Ronnie Basden, executive director of Vermont Works for Women

DESCRIPTION: a discussion about the unique organization for women and girls to explore and train for jobs that are predominantly done by men, their program of working with incarcerated women and girls throughout Vermont

HOST: Ginny McGehee

ENVIRONMENT

PROGRAM: In Touch

DATE: 2/28/21

GUEST: Scott Wilson, membership secretary for the Vermont Beekeeping Association, est. in 1896

DESCRIPTION: a discussion about bees, local honey, the importance of their pollination, diseases harming their health and the association's work to help those interested in the hobby

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 3/28/21

GUEST: Jake Claro, director of Vermont Farm to Plate

DESCRIPTION: a discussion about the next 10 year plan to encourage more diversified farming in Vermont, the growing and consumption of local meats, dairy and agriculture in restaurants, schools and institutions and the many health and economic benefits

HOST: Ginny McGehee

FUNDRAISING/VOLUNTEERISM

PROGRAM: In Touch

DATE: 1/3/21

GUESTS: Valerie Pallotta, founder, and Andrea Gagnon, development director of the Josh Pallotta Fund and Josh's House for veteran

DESCRIPTION: a discussion about Valerie's son, who served in Middle East, suffered PTSD and committed suicide, funds raised in his honor and the creation of Josh's House for all veterans to gather that included many volunteer contractors

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 1/31/21

GUEST: Travis Poulin of the CVOEO in Vermont

DESCRIPTION: a discussion of the Warmth Program sponsored by individuals and businesses through monetary donations to help those struggling to heat their homes and the increase in demand due to Covid-19

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 2/14/21

GUEST: Emily Vivyan, director of programs for the Alzheimer's Association of Vermont

DESCRIPTION: a discussion about the disease and dementia, its programs for them, their family and caregivers and the need for funding and volunteers

HOST: Ginny McGehee

HEALTH

PROGRAM: Health Source

DATE: 1/7/21

GUEST: Alex Tursi, manager of social media at the UVM Medical Center

DESCRIPTION: a discussion about healthy apps including Fit Bits and mobile apps to help individuals exercise and which ones are safe and effective

HOST: Michael Carisse, UVMMC

PROGRAM: Health Source

DATE: 1/10/21

GUEST: Dr. James Boyd

DESCRIPTION: a discussion about Huntington's Disease, how this inherited neurological disease can affect movement, personality, memory and more and medications to help with symptoms

HOST: Michael Carisse, UVMMC

PROGRAM: Health Source

DATE: 1/17/21

GUEST: Peggy Bushey, RN

DESCRIPTION : a discussion about kidney disease and kidney failure and home dialysis and at dialysis clinics

HOST: Michael Carisse, UVMMC

PROGRAM: Health Source

DATE: 1/24/21

GUEST: Mark DePario, pharmacist

DESCRIPTION: a discussion about prescription drugs, the role of pharmacists and better understanding of pharmacy services

HOST: Michael Carrisse, UVMMC

PROGRAM: Health Source

DATE: 1/31/21

GUEST: Claire Barker, sleep technologist

DESCRIPTION: a discussion about sleep disorders, how they impact moods, job performance and driving ability

HOST: Michael Carisse, UVMMC

PROGRAM: Health Source

DATE: 2/7/21

GUEST: Robert Handle

DESCRIPTION: a discussion about heart failure and a new program that helps reduce incidents of heart failure to improve heart health

HOST: Alex Tursi, UVMMC

PROGRAM: Health Source

DATE: 2/14/21

GUEST: r. Dr. Dittus

DESCRIPTION: a discussion about cancer rehab steps to wellness, oncology rehabilitation and exploring steps to wellness

HOST: Michael Carisse, UVMMC

PROGRAM: Health Source

DATE: 2/21/21

GUEST: Dr. Brady

DESCRIPTION: a discussion about retinopathy, and that diabetes presents complications with damage to the eyes and is the leading cause of blindness

HOST: Michael Carisse, UVMMC

PROGRAM: Health Source

DATE: 2/28/21

GUEST: Dr. Jessie Moore

DESCRIPTION: a discussion about colorectal cancer, risks and preventative treatments

HOST: Annie Macken, UVMMC

PROGRAM: Health Source

DATE: 3/7/21

GUEST: Dr. James Wallace

DESCRIPTION: a discussion about prostate cancer, men over 50 should see a doctor for examination because it grows slowly and does not show symptoms

HOST: Michael Carisse, UVMMC

PROGRAM: Health Source

DATE: 3/14/21

GUEST: Dr. Jennifer Kelly

DESCRIPTION: a discussion about how to improve bone health through good nutrition, symptom sand treatments for bone disease

HOST: Annie Macken, UVMMC

PROGRAM: Health Source

DATE: 3/21/21

GUEST: Emily Tarleton, bio nutrition research manager

DESCRIPTION: a discussion about depression, a new clinical test showing that magnesium may be a safe, effective treatment option for mild depression

HOST: Alex Tursi, UVMMC

PROGRAM: Health Source

DATE: 3/28/21

GUEST: Dr. Tim Lee

DESCRIPTION: a discussion about stopping bleeding, life-saving techniques and a campaign called "Stop the Bleed"

HOST: Michael Carisse, UVMMC