

ALPHA MEDIA LLC
ISSUES AND PROGRAMMING REPORT
FOR
STATION KINK HD2
BEYOND THE HEADLINES
Fourth Quarter, 2023
October 1st - December 31st (Sunday)

Prepared by:
Tricia Myers - Alpha Media LLC

KINK HD2
PUBLIC AFFAIRS PROGRAMS THAT ADDRESS COMMUNITY ISSUES

KINK HD2 “PUBLIC AFFAIRS SHOW”:

This locally produced program originates with interviews exploring general topics on a local and state level: from education and youth issues, to crime and political measures affecting our local community.

**FOURTH QUARTER, 2023
(October 1st – December 31st)**

MOST SIGNIFICANT ISSUES - RESPONSIVE PROGRAMMING

ISSUE: SAFETY / PLANE CRASH

KINK HD2 PUBLIC AFFAIRS

October 1st, 2023

5 am to 5:30 am

18:38 minutes of a 30 minute show

Guest: KGW anchors and reporters, Brenda Braxton & Katherine Cook, Eric Gutierrez - with the National Transportation Safety Board. As well as Ryan Simmons Newberg Police Captain & Patrick Fale - Assistant Chief for Tualatin Valley Fire and Rescue, Father of plane crash victim from Lakeridge High School. We hear from a number of emergency personnel after a crash involving a small plane that fell on a house in Newberg. 3 young people were aboard - 2 of them died - 1 is in critical condition. They were either students or instructors at a flight school in Hillsboro. It's a tragic story of how a single engine plane somehow lost the ability to fly - the NTSB is still working on the investigation into the crash.

ISSUE: CRIME / GRANTS

KINK HD2 PUBLIC AFFAIRS

October 1st, 2023

5 am to 5:30 am

3:29 minutes of a 30 minute show

Guest: Kevin Barton / Washington County District Attorney. KUPL's Jim Ferretti talks with Kevin after they received a second large grant from the Justice Department that will prop up their cold case unit. Kevin says it's a time consuming and expensive process to get closure on these old murder and sexual assault cases, but it's something he thinks they cannot ignore as they often get breaks in cases very late down the road - and once they do they can solve old crimes and put the victims and their families in and around Hillsboro at ease.

ISSUE: SAFETY / FIREKINK HD2 PUBLIC AFFAIRS

October 8th, 2023

5 am to 5:30 am

13:39 minutes of a 30 minute show

Guest: Rebecca Marshall / Communications Director American Red Cross Cascades Division. KUPL's Brett Reckamp goes in-depth with Rebecca on all things home fire prevention. Rebecca says they use this week to remind homeowners and families of how important it is to be aware of fire dangers because the seasons are changing and people are settling in. She says the #1 place for home fires to start is the kitchen. And working smoke alarms can double someone's chance of getting out of one alive. Also, when a house fire breaks out - you have about 2 minutes to get out safely.

ISSUE: NEW SHERIFFKINK HD2 PUBLIC AFFAIRS

October 8th, 2023

5 am to 5:30 am

8:55 minutes of a 30 minute show

Guest: Pat Garrett / Outgoing Washington County Sheriff, Caprice Massey, Incoming Washington County Sheriff. KUPL's Jim Ferretti gets exclusive one on one interviews with the man and woman peace officers in Washington County. Garrett has been in place with his position for many years and is retiring. He talks about how things have changed with crime on the west side of Portland over the years. Garrett feels like he left the department in better shape than when he found it. Meanwhile, Massey is being sworn in as the new sheriff. She talks about some of the work she might have ahead of her - not just as sheriff but also as a woman in a leadership role.

ISSUE: WARKINK HD2 PUBLIC AFFAIRS

October 8th, 2023

5 am to 5:30 am

3:44 minutes of a 30 minute show

Guest: Portland Jewish leaders from Nevah Salom. What's happening in the middle east is tragic. Ever since the terrorist group Hamas attacked Israel on October 7th, many people have died and that's only part of the story. Earlier this week, hundreds of people packed a service in Portland, in solidarity with Israel this week. Many powerful voices spoke.

ISSUE: ENTERTAINMENTKINK HD2 PUBLIC AFFAIRS

October 8th, 2023

5 am to 5:30 am

1:53 minutes of a 30 minute show

Guest: Grae Drake / KUPL Movie Critic. KUPL's Brett Reckamp checks in with Grae to get a preview of mega-star Taylor Swift's new movie "The Eras Tour" - Grae says she loved it. It's a compilation of Taylor performing songs over the years and it's now in theaters. Swift has been everywhere since she hooked up with KC Chiefs Tight End Travis Kelce.

ISSUE: SPORTSKINK HD2 PUBLIC AFFAIRS

October 15th, 2023

5 am to 5:30 am

8:27 minutes of a 30 minute show

Guest: Cam Rust / Commissioner Portland Basketball Association. KUPL's Brett Reckamp gets a special, one on one interview with Cam while he looks on during a referee training session at Southridge High School. About 20 brand new ref's were there, working alongside veterans while they called an actual preseason high school basketball game. Cam says they manage about 300 referees that work games throughout the Portland Metro area. He says it's a tough job, but can be very rewarding

ISSUE: STRIKEKINK HD2 PUBLIC AFFAIRS

October 15th, 2023

5 am to 5:30 am

11:07 minutes of a 30 minute show

Guest: Dr. Renard Adams / Portland Public Schools Chief of Research. KUPL microphones are rolling as Dr. Adams takes questions from reporters about the looming strike. He describes some of the mediation and says they're still hopeful they can make a deal with the Portland Association of Teachers. At issue are a lot of things including class sizes and mental health support for students. Teacher pay is also a sticking point. Ultimately, the teachers union did vote to authorize a strike by 99%. Now we will see where we go from here.

ISSUE: HOMELESSKINK HD2 PUBLIC AFFAIRS

October 15th, 2023

5 am to 5:30 am

2:51 minutes of a 30 minute show

Guest: Anna Del Savio/ Portland Tribune reporter. KUPL's Brett Reckamp hears from Anna about the project in the parking lot of Hillsdale Church on SW Capitol Highway in SW Portland. They want to build and maintain some places to stay for homeless people. There is some pushback from the community, but the church sees it as a ministry.

ISSUE: WILDFIRESKINK HD2 PUBLIC AFFAIRS

October 15th, 2023

5 am to 5:30 am

6:01 minutes of a 30 minute show

Guest: Jessica Prakke / Oregon Department of Forestry spokesperson. KUPL's Jim Feretti hears from Jessica on the day that has been deemed as the official end to the 2023 wildfire season in the state of Oregon. Jessica says the season ends with 975 fires on ODF-protected lands. About 18,000 acres were burned. She says crews put out 94% of fires at 10 acres or fewer this year. This week's declaration means fire restrictions on ODF lands are removed.

ISSUE: SPORTS (ONCORE)KINK HD2 PUBLIC AFFAIRS

October 22nd, 2023

5 am to 5:30 am

8:27 minutes of a 30 minute show

Guest: Cam Rust / Commissioner Portland Basketball Association. KUPL's Brett Reckamp gets a special, one on one interview with Cam while he looks on during a referee training session at Southridge High School. About 20 brand new ref's were there, working alongside veterans while they called an actual preseason high school basketball game. Cam says they manage about 300 referees that work games throughout the Portland Metro area. He says it's a tough job, but can be very rewarding

ISSUE: STRIKE (ONCORE)KINK HD2 PUBLIC AFFAIRS

October 22nd, 2023

5 am to 5:30 am

11:07 minutes of a 30 minute show

Guest: Dr. Renard Adams / Portland Public Schools Chief of Research. KUPL microphones are rolling as Dr. Adams takes questions from reporters about the looming strike. He describes some of the mediation and says they're still hopeful they can make a deal with the Portland Association of Teachers. At issue are a lot of things including class sizes and mental health support for students. Teacher pay is also a sticking point. Ultimately, the teachers union did vote to authorize a strike by 99%. Now we will see where we go from here.

ISSUE: HOMELESS (ONCORE)KINK HD2 PUBLIC AFFAIRS

October 22nd, 2023

5 am to 5:30 am

2:51 minutes of a 30 minute show

Guest: Anna Del Savio/ Portland Tribune reporter. KUPL's Brett Reckamp hears from Anna about the project in the parking lot of Hillsdale Church on SW Capitol Highway in SW Portland. They want to build and maintain some places to stay for homeless people. There is some pushback from the community, but the church sees it as a ministry.

ISSUE: WILDFIRES (ONCORE)KINK HD2 PUBLIC AFFAIRS

October 22nd, 2023

5 am to 5:30 am

6:01 minutes of a 30 minute show

Guest: Jessica Prakke / Oregon Department of Forestry spokesperson. KUPL's Jim Feretti hears from Jessica on the day that has been deemed as the official end to the 2023 wildfire season in the state of Oregon. Jessica says the season ends with 975 fires on ODF-protected lands. About 18,000 acres were burned. She says crews put out 94% of fires at 10 acres or fewer this year. This week's declaration means fire restrictions on ODF lands are removed.

ISSUE: LOCAL BUSINESSKINK HD2 PUBLIC AFFAIRS

October 29th, 2023

5 am to 5:30 am

21:05 minutes of a 30 minute show

Guest: Michael Harrington / President Fisher Roofing. KUPL's Brett Reckamp gets a one on one interview with Michael from their location in Tulatain. Michael describes how their business was purchased from Jim Fisher and how they have grown it over the years. He talks about some lean times in the market and some boom years as well. Michael says Fisher Roofing tries to do things the right way by doing right by their employees first. They keep all their crews in-house which means no subcontractors. That in turn creates loyalty and craftsmen who want to take care of the customers which leads to quality jobs and repeat business. Michael also provides listeners with some good gutter tips as we move in the rainy season here in the Northwest.

ISSUE: TRAVELKINK HD2 PUBLIC AFFAIRS

October 29th, 2023

5 am to 5:30 am

5:04 minutes of a 30 minute show

Guest: Brad Mitchell / Oregon traveler to New York City. KUPL's Brett Reckamp hears from his lifelong buddy Brad fresh off a trip to New York City to see his daughter. Brad has been to New York quite a few times now, and has plenty of advice for travelers. He says it's no place to let your guard down and can be tough to navigate. But, it's also an amazing place to take in sights and culture you can't find anywhere else in the world.

ISSUE: WARKINK HD2 PUBLIC AFFAIRS

October 29th, 2023

5 am to 5:30 am

1:58 minutes of a 30 minute show

Guest: Joel Baynen / Portland resident and former Stanford University Professor with family that has been kidnapped in Israel by Hamas. KUPL's Annette Newell hears a personal and tearful story from Joel about his 2 family members who have been lost in Israel - presumed captured or killed by Hamas. The interview is a short reprise from one of Annette's longer pieces in Speaking Freely.

ISSUE: ROAD TOLLSKINK HD2 PUBLIC AFFAIRS

November 5th, 2023

5 am to 5:30 am

19:20 minutes of a 30 minute show

Guest: Anna Howe / ODOT Communications Manager for Urban Mobility Strategy - includes tolling. KUPL's Brett Reckamp gets an in-depth interview with Anna on ODOT's positions and desires for tolling on I-5 and I-205. Anna contacted our KUPL Newsroom unsolicited to make sure the stories were being reported accurately. ODOT has changed their strategy a few times about what roads they want to toll along with which bridges and other projects. They say they are narrowing their focus on the I-205 tolling to count for only the Abernathy Bridge and not the Tualatin Bridge. Adding another lane to I-205 is also not part of this plan. It's a complicated issue that continues to develop. Governor Tina Kotek has installed a moratorium on tolling until at least 2026. Meanwhile, there's a grassroots effort to gather enough signatures to put the tolling issue on the 2024 November ballot. That's one of the other sides of this issue and we have an in-depth interview on that as well that we will air next week.

ISSUE: CYBER SECURITYKINK HD2 PUBLIC AFFAIRS

November 5th, 2023

5 am to 5:30 am

3:23 minutes of a: 30 minute show

Guest: Chris Moschovitis/ KUPL Cyber Security Expert. KUPL's Brett Reckamp & Veronica Carter hear from Chris about a recent cyber attack on the Washington Department of Transportation. Chris says their mobile app was down for part of the week and their website went dark. They believe that their breach was limited and did not include the release of personal information. But, Chris says it was a serious issue that hurt commuters around the state that use WASHDOT as a resource for getting around on area freeways and for real time data on the state's ferry system. He believes they have a lot of work to do to try and dial things back in.

ISSUE: TRAVELKINK HD2 PUBLIC AFFAIRS

November 5th, 2023

5 am to 5:30 am

2:27 minutes of a: 30 minute show

Guest: Nancy Fowler/ GM Willamette International Travel in Portland. KUPL's Veronica Carter is going on a cruise after Thanksgiving! It's her first one ever and she's getting some tips not only for herself but also for our listeners. Nancy lays out a few "pro-tips" to be thinking about like making sure your carry-on has a swimsuit and some other essentials so she can start having fun right away without having to wait for extra luggage. Things like personal water bottles, tipping, food and entertainment while on the ship are passed along as well as excursions during stops.

ISSUE: EVERYDAY HEROKINK HD2 PUBLIC AFFAIRS

November 5th, 2023

5 am to 5:30 am

3:08 minutes of a: 30 minute show

Guest: Mary Rosenberry / Portland Resident & hero. KUPL's Veronica Carter talks with Mary who was nominated by her husband to be our KUPL Everyday Hero. Mary found out she had cancer last year around this time and has continued to struggle. She says she has an adult daughter with special needs who requires her attention most all the time. Mary also works full time and maintains a household, so it's tough. But, Mary's husband says she never gets upset or depressed and continues to provide a great example in the face of difficulty.

ISSUE: TOLLSKINK HD2 PUBLIC AFFAIRS

November 12th, 2023

5 am to 5:30 am

22:26 minutes of a: 30 minute show

Guest: Dean Suhr / Author and Co-Petitioner of IP4. KUPL's Brett Reckamp follows up on last week's in-depth interview with ODOT by speaking with Dean about their efforts on IP4. Dean says they are working to gather enough signatures to put their initiative on the 2024 November ballot. If they are successful, Oregon voters may have a chance to say yay or nay to tolls in the Portland Metro area. Dean admits he is not a transportation expert, but says he is a driver and a concerned citizen who does not think tolls are the answer for raising money to pay for bridge upgrades and highway improvements. They believe there is too much to this issue to not let voters be involved with part of the decision making. They believe ODOT is going about this the wrong way and that there are other revenue streams to pay for bridge and highway improvements besides tolling. The interview follows last week's with ODOT.

ISSUE: SAFETYKINK HD2 PUBLIC AFFAIRS

November 12th, 2023

5 am to 5:30 am

3:53 minutes of a: 30 minute show

Guest: Portland Mayor Ted Wheeler. KUPL's Veronica Carter gets an exclusive interview with Mayor Wheeler after a press conference downtown at Pioneer Courthouse Square. He talks about how downtown Portland is coming back. Wheeler says he understands if people are worried about the safety of downtown Portland, but adds they're adding extra security along with capital expansion - same thing with PDX. They're also building a skating rink downtown.

ISSUE: TRAVELKINK HD2 PUBLIC AFFAIRS

November 12th, 2023

5 am to 5:30 am

1:43 minutes of a: 30 minute show

Guest: Dave Paul / Former KUPL news man. Our KUPL travel segment is filed by Dave from London, England. He brings us some of the sights and sounds of one of the most amazing cities in the world. Dave says the war in Israel has raised security levels in London and all around the U.K.

ISSUE: ENTERTAINMENTKINK HD2 PUBLIC AFFAIRS

November 19th, 2023

5 am to 5:30 am

20:52 minutes of a: 30 minute show

Guest: Michael Allen Harrison, Portland based pianist and musical artist. KUPL's Brett Reckamp goes in-depth with Michael during their once per year conversation. Harrison has been performing at Portland's Old Church for decades - bringing together some of the best artists not only in Portland and the Northwest but from around the world. Michael talks about the tradition of the series of concerts. He says many families love to pick a certain night to take it in every single year. Michael also raises money for charity by taking in new or gently used instruments to give out to underserved youth. He gives Brett a special behind the scenes look at how he creates music by telling stories and visualizing things - with beginnings, middles and ends that tell complete stories - even without lyrics.

ISSUE: ENVIRONMENTKINK HD2 PUBLIC AFFAIRS

November 19th, 2023

5 am to 5:30 am

7:25 minutes of a: 30 minute show

Guest: Dylan Rivera / Communications Manager - Portland Bureau of Transportation. KUPL's Brett Reckamp and Veronica Carter have Dylan from PBOT on live on Portland's Morning News to talk about their leaf cleanup and possible towing. Dylan says every year they sweep the city for leaves. And there are some neighborhoods where vehicles can get in the way of them doing their jobs. So, they send out notices in a variety of ways and then on November 20th, begin towing vehicles that are parked in clearly marked no parking areas. Dylan says they hate to do it but have no choice. He says they have towed about 80 cars on the first day in the past, and around 400 total during the 3+ weeks. But, leaf cleanup is critical because they must keep them out of the storm drains.

ISSUE: SAFETYKINK HD2 PUBLIC AFFAIRS

November 26th, 2023

5 am to 5:30 am

14:52 minutes of a: 30 minute show

Guest: Tom Melendy / SAIF. KUPL's Brett Reckamp goes in-depth with Tom as SAIF makes their way around the entire state of Oregon to host workshops for construction and agricultural jobsite safety. The Bureau of Labor Statistics reports there are nearly 1,500 deaths on the job in the construction industry alone and while most of them are not related to accidents, there is still a lot of room for improvement. Tom says they like to come straight to the employers to help them out, especially during the holidays when things are a little slower.

ISSUE: WEATHERKINK HD2 PUBLIC AFFAIRS

November 26th, 2023

5 am to 5:30 am

4:28 minutes of a: 30 minute show

Guest: Meteorologist Brianna Muhlsteen from The National Weather Service in Portland. KUPL's Brett Reckamp and Annette Newell hear about the weather event that started yesterday and continues through Tuesday. It's an atmospheric river that is hammering the Northwest with up to 5' of snow in the Cascades and 5" of rain in and around the Portland Metro area. Brianna also lays out the chances of flooding into Tuesday.

ISSUE: CRIMEKINK HD2 PUBLIC AFFAIRS

November 26th, 2023

5 am to 5:30 am

5:13 minutes of a: 30 minute show

Guest: Will Stevens / Portland father. KUPL's Jim Ferretti hears from Will about a harrowing experience this week where someone stole his car from his driveway with his daughter inside. He says he ran after them, then caught a ride with a neighbor to catch up. Will was able to find his daughter walking along the road about 7 minutes later. He says it's the scariest thing that has ever happened to him.

ISSUE: CYBER SECURITYKINK HD2 PUBLIC AFFAIRS

November 26th, 2023

5 am to 5:30 am

4:06 minutes of a: 30 minute show

Guest: Chris Moschovitis/ KUPL Cyber Security Expert. KUPL's Brett Reckamp & Annette Newell hear from Chris about a massive cyber hack of the national title company. They have a huge presence in Portland with at least 12 branches. Chris thinks this group is likely after money with ransomware but that hasn't been made public. He says we are getting more and more attacks on nearly a daily basis and some people are becoming numb to them.

ISSUE: TECHNOLOGYKINK HD2 PUBLIC AFFAIRS

December 3rd, 2023

5 am to 5:30 am

18:48 minutes of a: 30 minute show

Guest: Juan Muro / Executive Director Free Geek. KUPL's Brett Reckamp goes in-depth with Juan on Free Geek - he talks about how they take in used electronics, refurbish what they can and recycle the rest. Once they have a device that is 100% ready to go, they will give them to underserved members of the community so they can put them to use. Juan says these are people who would otherwise not have access to a laptop or tablet or phone, or even internet. He says they also provide training and support.

ISSUE: BUSINESSKINK HD2 PUBLIC AFFAIRS

December 3rd, 2023

5 am to 5:30 am

5:26 minutes of a: 30 minute show

Guest: Annahi Galero / Entrepreneur. After talking with Juan, KUPL's Brett Reckamp goes in-depth with Annahi and hears her journey. She's a young mother of 2 who recently got laid off but was inspired to open her own business. To do that, she needed a computer so she was going to the library to use theirs until she received a refurbished machine along with some training from Free Geek. She has opened up a new business called: "Let's BEE Kreative"

ISSUE: TRAVELKINK HD2 PUBLIC AFFAIRS

December 3rd, 2023

5 am to 5:30 am

3:47 minutes of a: 30 minute show

Guest: Passengers on Norwegian Cruise Lines. KUPL's Veronica Carter talks with some of her boat mates during a cruise she just returned from. They talk about some of the adventures they've had and some of the things still on their bucket list.

ISSUE: CHRISTMAS TREE FARMKINK HD2 PUBLIC AFFAIRS

December 10th, 2023

5 am to 5:30 am

4:27 minutes of a: 30 minute show

Guest: Robert Drouhard / Owner Drouhard Heritage Farms. KUPL's Brett Reckamp gets a special interview from Robert from their family farm in Canby. Robert says they were able to secure it 5 years ago and have learned a lot since then both about raising pasture pigs and also a U-cut Christmas tree farm. He talks about some of their tricks on stumps, seedlings and trimming. Robert says because both him and his wife Amy have regular day jobs, they are able to charge less for trees and make sure any family who wants one has a chance to get one.

ISSUE: ENTERTAINMENTKINK HD2 PUBLIC AFFAIRS

December 10th, 2023

5 am to 5:30 am

4:13 minutes of a: 30 minute show

Guest: KUPL Listener Todd. KUPL's Veronica Carter talks with Todd who is playing a role as the mayor of Slowjamestan - a fictitious land where all the rules are a little different! Things there that don't match regular life include no tickets for anyone speeding as long as they have tacos!

ISSUE: OREGON MEASURE 113KINK HD2 PUBLIC AFFAIRS

December 10th, 2023

5 am to 5:30 am

3:41 minutes of a: 30 minute show

Guest: Evan Watson - KGW. KUPL hears from our News Partner and some Senators in the Oregon Legislature about Measure 113 which has to do with barring lawmakers who miss too many days in session while unexcused from running for reelection. The voter passed initiative is being argued in court and the Oregon Supreme Court has agreed to take on the case and make a ruling as to whether it meets legal muster and is constitutional.

ISSUE: SCHOOLSKINK HD2 PUBLIC AFFAIRS

December 10th, 2023

5 am to 5:30 am

8:04 minutes of a: 30 minute show

Guest: Portland Public School Board members including Julia Brim-Edwards. KUPL Microphones are rolling as the PPS board meets to discuss the hiring of an interim superintendent. The conversation gets a little heated as they talk about whether to have a search from inside the district or out - and whether the interim should be someone who is going for the job on a permanent basis.

ISSUE: HOLIDAY ENTERTAINMENTKINK HD2 PUBLIC AFFAIRS

December 10th, 2023

5 am to 5:30 am

4:44 minutes of a: 30 minute show

Guest: KUPL Listeners and neighbors at Portland's Peacock lane like Ted Brookwood. First, KUPL's Veronica Carter talks with Ted and other people along the famous street that always takes it to the nines around Christmas time. Ted says they don't really try to outdo each other, but yet every year they do have to take their lights and decorations to a new level. Meanwhile, KUPL listeners chime in on our pole question of the day: "Are you a Christmas gift peeker? Or do you not want to know what's under the tree?"

ISSUE: DRIVING / HARSH WEATHERKINK HD2 PUBLIC AFFAIRS

December 17th, 2023

5 am to 5:30 am

15:06 minutes of a: 30 minute show

Guest: Jim Nusser / SAIF Safety and Health Division Leader. KUPL's Brett Reckamp goes in-depth with Jim about safe winter driving - not just around town, but also for work. Jim says Oregon ranks as one of the most deadly states for driver fatalities at work. He says they're working with employers to try and help people safe in their cars where things are the most dangerous. He reminds us that employees are often coming and going to work - not just driving around during work hours - and that's when trouble can start. He has tips for winter driving specific for Oregon roads.

ISSUE: LOCAL NEWS / PAST STORIESKINK HD2 PUBLIC AFFAIRS

December 17th, 2023

5 am to 5:30 am

2:43 minutes of a: 30 minute show

Guest: Dr. Jim Moore / KUPL Political Expert with Pacific University. KUPL's Jon Eric Smith files 3 long form stories covering some of the larger local news stories for 2023 covered by the KUPL News staff. This first one is on the demise of former Oregon Secretary of State Shamia Fagan. She resigned in shame after accepting a job to consult as a moonlighting gig in the industry in which she was auditing.

ISSUE: LOCAL NEWS / PAST STORIESKINK HD2 PUBLIC AFFAIRS

December 17th, 2023

5 am to 5:30 am

2:19 minutes of a: 30 minute show

Guest: OR Governor Tina Kotek, Johnny at University Chevron Gas Station in Portland. KUPL's Jon Eric Smith recounts when Oregon changed a law that had been on the books in Oregon about pumping your own gas. It has been illegal in our state for decades - but a new law made it so you could choose between full serve or self serve for the same price.

ISSUE: LOCAL NEWS / PAST STORIESKINK HD2 PUBLIC AFFAIRS

December 17th, 2023

5 am to 5:30 am

2:58 minutes of a: 30 minute show

Guest: Portland Police Chief (former) Chuck Lavelle. KUPL's Jon Eric Smith has a rundown on what the PPB had to deal with over the year including violent crimes like murders, rapes and kidnappings. He also gets a rundown on what turned out to be one of the highlights for the PPB this last year - the reboot of their Portland Traffic Division - which was able to keep a closer eye on the roads.

ISSUE: LOCAL NEWS / PAST STORIESKINK HD2 PUBLIC AFFAIRS

December 17th, 2023

5 am to 5:30 am

2:50 minutes of a: 30 minute show

Guest: Democrat OR Senators, Republican Senate Leader Tim Knoppe / Attorney John DeLorenzo. KUPL's Jon Eric Smith tells the story of the Oregon voter-passed Measure 113. It has to do with when the Republican lawmakers in the Oregon statehouse missed more than 10 days in the statehouse unexcused. There are legal challenges to this law.

ISSUE: STORY / ENTERTAINMENTKINK HD2 PUBLIC AFFAIRS

December 17th, 2023

5 am to 5:30 am

2:37 minutes of a: 30 minute show

Guest: J.T. Hutchinson / Regional President for PNC. KUPL's Jim Ferretti gets a fun story about what the actual dollar cost might be if one tried to buy the entire 12 days of Christmas. He goes 1 by 1 from a partridge in a pear tree to 8 maids a milking - all the way to the 12th day of Christmas - 12 drummers drumming - a total of \$202,000 when you figure in current prices and inflation.

ISSUE: DRIVING / HARSH WEATHER (ONCORE)KINK HD2 PUBLIC AFFAIRS

December 24th, 2023

5 am to 5:30 am

15:06 minutes of a: 30 minute show

Guest: Jim Nusser / SAIF Safety and Health Division Leader. KUPL's Brett Reckamp goes in-depth with Jim about safe winter driving - not just around town, but also for work. Jim says Oregon ranks as one of the most deadly states for driver fatalities at work. He says they're working with employers to try and help people safe in their cars where things are the most dangerous. He reminds us that employees are often coming and going to work - not just driving around during work hours - and that's when trouble can start. He has tips for winter driving specific for Oregon roads.

ISSUE: LOCAL NEWS / PAST STORIES (ONCORE)KINK HD2 PUBLIC AFFAIRS

December 24th, 2023

5 am to 5:30 am

2:43 minutes of a: 30 minute show

Guest: Dr. Jim Moore / KUPL Political Expert with Pacific University. KUPL's Jon Eric Smith files 3 long form stories covering some of the larger local news stories for 2023 covered by the KUPL News staff. This first one is on the demise of former Oregon Secretary of State Shamia Fagan. She resigned in shame after accepting a job to consult as a moonlighting gig in the industry in which she was auditing.

ISSUE: LOCAL NEWS / PAST STORIES (ONCORE)KINK HD2 PUBLIC AFFAIRS

December 24th, 2023

5 am to 5:30 am

2:19 minutes of a: 30 minute show

Guest: OR Governor Tina Kotek, Johnny at University Chevron Gas Station in Portland. KUPL's Jon Eric Smith recounts when Oregon changed a law that had been on the books in Oregon about pumping your own gas. It has been illegal in our state for decades - but a new law made it so you could choose between full serve or self serve for the same price.

ISSUE: LOCAL NEWS / PAST STORIES (ONCORE)KINK HD2 PUBLIC AFFAIRS

December 24th, 2023

5 am to 5:30 am

2:58 minutes of a: 30 minute show

Guest: Portland Police Chief (former) Chuck Lavelle. KUPL's Jon Eric Smith has a rundown on what the PPB had to deal with over the year including violent crimes like murders, rapes and kidnappings. He also gets a rundown on what turned out to be one of the highlights for the PPB this last year - the reboot of their Portland Traffic Division - which was able to keep a closer eye on the roads.

ISSUE: LOCAL NEWS / PAST STORIES (ONCORE)KINK HD2 PUBLIC AFFAIRS

December 24th, 2023

5 am to 5:30 am

2:50 minutes of a: 30 minute show

Guest: Democrat OR Senators, Republican Senate Leader Tim Knoppe / Attorney John DeLorenzo. KUPL's Jon Eric Smith tells the story of the Oregon voter-passed Measure 113. It has to do with when the Republican lawmakers in the Oregon statehouse missed more than 10 days in the statehouse unexcused. There are legal challenges to this law.

ISSUE: STORY / ENTERTAINMENT (ONCORE)KINK HD2 PUBLIC AFFAIRS

December 24th, 2023

5 am to 5:30 am

2:37 minutes of a: 30 minute show

Guest: J.T. Hutchinson / Regional President for PNC. KUPL's Jim Ferretti gets a fun story about what the actual dollar cost might be if one tried to buy the entire 12 days of Christmas. He goes 1 by 1 from a partridge in a pear tree to 8 maids a milking - all the way to the 12th day of Christmas - 12 drummers drumming - a total of \$202,000 when you figure in current prices and inflation.

ISSUE: SPORTSKINK HD2 PUBLIC AFFAIRS

December 31st, 2023

5 am to 5:30 am

16:14 minutes of a: 30 minute show

Guest: John McCallum / Co-Founder of Les Schaub Invitational / President Prime Time Sports. KUPL's Brett Reckamp gets an in-depth look at the history of the tournament from the man who has been helping to put it on for 27 years now. John talks about the evolution of the LSI - where it started and how it has grown. He says it has seen exponential growth over the past 12 years or so with the additions of so much national talent. He also talks about their community involvement.

ISSUE: COMMUNITYKINK HD2 PUBLIC AFFAIRS

December 31st, 2023

5 am to 5:30 am

3:19 minutes of a: 30 minute show

Guest: Kaitlin Blduc / Make A Wish Foundation. KUPL's Jim Ferretti hears a call for help from the Make A Wish Foundation. Kaitlin says they are in great need of people with means to either donate money or their time to help wishes come true. She says the local community throughout the Portland Metro are critical to their survival.

ISSUE: COMMUTE / ROAD WORKKINK HD2 PUBLIC AFFAIRS

December 31st, 2023

5 am to 5:30 am

3:59 minutes of a: 30 minute show

Guest: Don Hamilton / ODOT Spokesman. KUPL's Jon Eric Smith hears from Don about a 6 month road work project that will result in one direction of the bridge being shut down. Don says the damage occurred 2 years ago during a major weather event. There were landslides and other issues. Don says crews did some work to get it going again but that was a bandaid. This is the more permanent fix.

ISSUE: TECHNOLOGYKINK HD2 PUBLIC AFFAIRS

December 31st, 2023

5 am to 5:30 am

4:13 minutes of a: 30 minute show

Guest: Chris Moschovitis / KUPL Cyber Security Expert. KUPL's Brett Reckamp and Veronica Carter talk with Chris on Portland's Morning News about a new hack they're calling session hijacking. The scary thing is bad actors don't even need your password to hack you - they can get information from cookies. Specifically, 3rd party cookies from Google Chrome users. Chris gives listeners some ways to protect themselves.

ALPHA MEDIA LLC
ISSUES AND PROGRAMMING REPORT
FOR
STATION KINK HD2
SPEAKING FREELY
Fourth Quarter, 2023
October 1st - December 31st (Sunday)

Prepared by:
Tricia Myers - Alpha Media LLC

KINK HD2PUBLIC AFFAIRS PROGRAMS THAT ADDRESS COMMUNITY ISSUESKINK HD2 “PUBLIC AFFAIRS SHOW”:

This locally produced program originates with interviews exploring general topics on a local and state level: from education and youth issues, to crime and political measures affecting our local community.

**FOURTH QUARTER, 2023
(October 1st – December 31st)**

MOST SIGNIFICANT ISSUES - RESPONSIVE PROGRAMMING

ISSUE: HEALTH / COVID

KINK HD2 PUBLIC AFFAIRS

October 1st, 2023

5:30 am to 6 am

10:25 minutes of a 30 minute show

Guest: Dr. Ashish Jha, Former White House Covid Response Coordinator. Dr. Jha focuses on Covid's current wave, and its impact on the most vulnerable people. Where he says we are right now, in the pandemic, is that were in a state of a new normal. He says that does not mean we should overlook the long Covid risks to the elderly and immunocompromised. But he believes it's incorrect to believe that with long Covid, anyone can get struck down with debilitating symptoms, even if they're otherwise healthy, young and don't have underlying risk factors.

ISSUE: HEALTH / COVID

KINK HD2 PUBLIC AFFAIRS

October 1st, 2023

5:30 am to 6 am

9:48 minutes of a 30 minute show

Guest: Dr. Paul Cieslak, Oregon Health Authority. Dr. Cieslak is the Medical Director for Communicable Diseases and Immunizations at the Oregon Health Authority. He says there's already an early uptick in Oregon's COVID infections and hospitalizations. What most worries them, is a combination of flu, R.S.V., and the latest strain of Covid 19 overwhelming local hospitals. He touts the benefits of new vaccines for all three illnesses.

ISSUE: HEALTH / COVIDKINK HD2 PUBLIC AFFAIR

October 1st, 2023

5:30 am to 6 am

8:02 minutes of a 30 minute show

Guest: Dr. Katie Sharff, Kaiser Permanente NW Chief of Infectious Disease. She also is worried about an uptick in infections swamping Oregon's hospitals, but points out there are new weapons against RSV, including vaccinations available for people age 60 and better, pregnant women, and a brand new one for babies. She says the new Covid vaccine should be widely available in Oregon within weeks. And that people need to not discount the flu, it still causes thousands of deaths and a vaccine is available for it, too.

ISSUE: DRUGSKINK HD2 PUBLIC AFFAIR

October 8th, 2023

5:30 am to 6 am

8:55 minutes of a 30 minute show

Guest: Dr. Petros Levounis, President, American Psychiatric Association. Dr. Petros Levounis is the President of the American Psychiatric Association. I talked to him about overdoses and deaths in children in the Portland area, and also: what the U.S. Drug Enforcement Administration warns as the deadliest drug threat our country's ever faced, the mix of fentanyl and xylazine. He says he thinks Oregon's decision to teach kids about fentanyl in schools is a positive development, and says polling shows a majority of Americans are ready to talk about drug addiction with their children and loved ones. He describes the red flags to watch for, and says don't wait for your loved one to hit rock bottom. Express your love and concern early when there are signs of trouble with addiction. He talks about 988, the new suicide helpline

ISSUE: DRUGSKINK HD2 PUBLIC AFFAIR

October 8th, 2023

5:30 am to 6 am

4:20 minutes of a 30 minute show

Guest: Portland Police Captain Jake Jensen. The Portland area's suffered at least 10 overdose cases and five deaths among children recently, mostly linked to fentanyl. We hear from Portland Police Captain Jake Jensen, with the Narcotics and Organized Crime Unit, who has a strong message for local families. He says these are 12 year old or 5 year old children whose lives have been drastically altered, or ended due to fentanyl. He has children the same age, and says this is unacceptable. It mirrors what's going on overall: 240 overdose deaths so far this year including adults, it's a record amount for the Portland area.

ISSUE: DRUGSKINK HD2 PUBLIC AFFAIR

October 8th, 2023

5:30 am to 6 am

5:02 minutes of a 30 minute show

Guest: Oregon Congresswoman Suzanne Bonamici. She describes meeting with parents Jon and Jennifer Epstein who lost their son Cal, when he took a fake pill containing fentanyl and it killed him. Only 36% of kids are aware of fake pills that contain fentanyl. She points to a program the Epsteins started in Beaverton Schools, to teach about the dangers. She and Congressman Kiley have introduced a bi partisan bill to mirror this program in schools nationwide. It would include both education and data collection to save lives. She also answers several questions from KXL's Jim Ferretti regarding why and whether it could take an act of Congress, literally, to make this happen so schools educate students about the danger and what's being done to stop drug trafficking.

ISSUE: DRUGSKINK HD2 PUBLIC AFFAIR

October 8th, 2023

5:30 am to 6 am

2:05 minutes of a 30 minute show

Guest: California Congressman Kevin Kiley. Fentanyl is the leading cause of death in teens and young adults, including 200 deaths daily in California. He says there's story after story of promising young lives cut short. He says the smallest of doses can be fatal, but many teens and families don't know how severe the risk is.

ISSUE: DRUGSKINK HD2 PUBLIC AFFAIR

October 8th, 2023

5:30 am to 6 am

1:50 minutes of a 30 minute show

Guest: Laura Didier. Her son Zack lost his life because of one fake pill containing fentanyl. He is buried in a cemetery instead of going to college as he had planned at this time. This crisis is multifaceted and will require a lot of different approaches, but she is supporting the legislation.

ISSUE: DRUGSKINK HD2 PUBLIC AFFAIR

October 8th, 2023

5:30 am to 6 am

3:01 minutes of a 30 minute show

Guest: Kristen Gustafson, Beaverton Schools. Beaverton Schools have a curriculum to teach kids about this danger of fake and fatal pills containing fentanyl. Kristen Gustafson is the school district's Drug and Alcohol Intervention Program Educator. She sympathizes with parents because she is a mother of teenagers herself. She talks about the Epstein family's tragic loss of their son Cal and how Beaverton Schools started a community conversation with students, and parents and created lessons with health experts and teachers, so all 6th-12th grade students receive drug prevention lessons throughout the school year. They are planning on adding training on how to teach kids to recognize and overdose, and how to use naloxone. They are also partnering with law enforcement and community organizations.

ISSUE: DRUGSKINK HD2 PUBLIC AFFAIR

October 8th, 2023

5:30 am to 6 am

2:20 minutes of a 30 minute show

Guest: Ed Ternan, Founder, Song for Charlie. A parent active in this issue, he and his wife Laura are co-founders of the Song for Charlie non-profit, which joins together families who've lost kids to fentanyl poisoning, and they champion knowledge about this issue. He says kids and parents are finally starting to learn and understand the danger, he says it is important to have these discussions in the classroom with input from health experts. He talks about the Beaverton School District's model as a curriculum that could work nationally.

ISSUE: VIOLENCE SURVIVORKINK HD2 PUBLIC AFFAIR

October 15th, 2023

5:30 am to 6 am

3:22 minutes of a 30 minute show

Guest: Roy Moore, Founder, Healing Hurt People. Roy Moore is a gun violence survivor, and the co-director of the Community Care team for Healing Hurt People. He says he witnessed his best friend being shot and killed, has been shot himself and knows what it's like to be in hospital bed. He says an evidence based best strategy is to show up within 4 hours of a traumatic event and start their work at the emergency room bedside, he's intentional with hiring people with similar lived experience. He experienced post traumatic stress disorder, so he uses trauma therapy, and has 14 people enrolled in it right now. He explains that removing person from area, and relocating them, significantly lowers their risk of becoming a victim of gun violence again. He says he currently has 60 people in case management, helping them change their lives.

ISSUE: GUN VIOLENCE PREVENTIONKINK HD2 PUBLIC AFFAIR

October 15th, 2023

5:30 am to 6 am

1:32 minutes of a 30 minute show

Guest: Dr. Kathleen Carlson, O.H.S.U. Gun Violence Prevention Research Center. Carlson is the Director of the Oregon Health Science University Gun Violence Prevention Research Center. She says there is so much work going on now, and so much more that needs to be done on this problem. Using a public health approach means, it's not a gun rights versus gun violence issue. They're using multi layered approaches, to find causes of gun violence. What can we do right now, and in years to come, that will be most effective? Gun violence does not have easy solutions, it's necessary to partner with multiple agencies and experts.

ISSUE: SHOOTINGS / PREVENTIONKINK HD2 PUBLIC AFFAIR

October 15th, 2023

5:30 am to 6 am

4:01 minutes of a 30 minute show

Guest: Dr. Mackenzie Cook is a surgery professor at O.H.S.U. He is also serving as their Assistant Trauma Medical Director. His work often involves trying to save lives after gun violence. Cook says 2022 shooting numbers are down from 2021, but still much higher than years past. He treats gunshot victims on a daily and weekly basis. He says bullets are designed to kill and injure and the injuries are physical, psychological and social. He advocates for civilian hemorrhage control, training people to stop bleeding. Through the American College of Surgeons, they have trained about 3 million people nationally. What he needs as a trauma surgeon is time. The faster you get the victims to the hospital, the better chance he has to save their life. He says he is saving people with injuries that 5 to 10 years ago would have been fatal. Gunshot victims suffer psychological damage from trauma, p.t.s.d., depression, and social repercussions. If they're shot it's still a life changing event even if a surgeon saves their life. Prevention is essential. The Healing Hurt People program has been game changing.

ISSUE: SHOOTINGS / MENTAL HEALTHKINK HD2 PUBLIC AFFAIR

October 15th, 2023

5:30 am to 6 am

4:35 minutes of a 30 minute show

Guest: Dr. Michael Zalanka, Legacy Health. Along with physical injuries, gunshot victims also cope with serious mental health issues. Dr. Michael Zalanka, is a psychiatrist, with Legacy Health, treating many of these patients. He grew up in suburban Chicago and one of his friends committed suicide with his father's loaded revolver. He was 12 years old, saw grieving and learned early that every suicide is a type of mass casualty event. He works at a Level 1 Trauma Center, Legacy Emanuel, and sees people after suffering gun violence from suicide attempts, and with post traumatic stress disorder due to mass shootings with four or more victims. It's becoming more common to see people who have survived after trying to kill themselves. Statistics show Oregon has a 40 percent higher suicide attempt rate than the national average. His job involves tragedy prevention, using a model from U.C. Davis. He recommends using lock boxes and safes to keep firearms stored safely. He talks about the use of voluntary temporary transfer, mental health holds, extreme risk protective orders, and domestic violence restrictions on weapons.

ISSUE: CRIMINAL JUSTICE REFORMKINK HD2 PUBLIC AFFAIR

October 15th, 2023

5:30 am to 6 am

4:43 minutes of a 30 minute show

Guest: Lt. Ken Duilio, Portland Police. Lieutenant Ken Duilio, is the Director of the Portland Police Bureau's Focused Intervention Team to Reduce Firearms Violence in Portland. He says record levels of gun violence in Portland, have really escalated, to 4 times more than the level from before the George Floyd Case. Now they are rebuilding, many officers have quit and retired. Mayor Ted Wheeler hired the National Institute for Criminal Justice Reform to train police on a cease fire strategy, looking at it as a public health issue. This includes the individual who is shot, the retaliation, the family. They seek to identify the people who are most at risk of gun violence as either a perpetrator or victim, then make referrals for mentoring, mental health, jobs programs, and life coaching. Siera Ellis is in charge of new program connecting services and police to prevent gun violence in Portland. This year the homicide rate is down in Portland but there's still a long way to go to get back to pre-2020 levels.

ISSUE: SHOOTINGS / VICTIMS / SURGERYKINK HD2 PUBLIC AFFAIR

October 15th, 2023

5:30 am to 6 am

3:06 minutes of a 30 minute show

Guest: Dr. Mubeen Jafri, Pediatric Surgeon. Some of the worst tragedies involve children who are victims of gun violence, according to Dr. Mubeen Jafri, an associate professor of pediatric surgery in O.H.S.U., Doernbecher Children's Hospital. He says the impact of gun violence on children is an epidemic and pandemic in and of itself. In 2021 gun injuries became leading cause of death in kids, surpassing car wrecks for the first time. Gun violence is now the top killer of all kids, and it isn't just a problem that impacts one community. He took care of a 4 year old who shot and killed their 4 year old twin. The amount of guns in the community is the horse that's out of the barn. O.H.S.U. has event on October 28th at their Tom Sergeant Safety Center. They will have a gun safety program giving away free gun safety locks. He recommends bringing stop the bleeding program to schools, so teachers and school staff learn how to stop bleeding from gunshot injuries.

ISSUE: MENTAL HEALTHKINK HD2 PUBLIC AFFAIR

October 15th, 2023

5:30 am to 6 am

5:20 minutes of a 30 minute show

Guest: Dr. Katie Iossi, Portland V.A. Medical Center. Dr. Katie Iossi is an O.H.S.U. Professor and she also works with the Portland V.A. Health Care System. She says the V.A. trains doctors to counsel patients who are at high risk of suicide, primarily by guns. Veterans often own guns, so she says doctors have to talk to them about the issue as one impacting their health and safety. When she brings up firearms to them she cites statistics showing that people with firearms in their homes are 4 times more likely to die by suicide and 2-3 times more likely to die by homicide. She says she's convincing vetrans she is not going to put them on a registry or take their guns away. She says having a credible messenger can make patients more likely to have better results. Clinicians fear addressing firearms, but owners are open to these conversations.

ISSUE: HOUSINGKINK HD2 PUBLIC AFFAIR

October 22nd, 2023

5:30 am to 6 am

2:55 minutes of a 30 minute show

Guest: Katrina Holland, Urban League of Portland. She is the Urban League of Portland's housing director. She says growing homelessness is a tragedy, and we look to our elected leaders to find solutions. We see steps that are vital, with housing and wrap around services to maximize success, and eradicate homelessness or at least makes it short if it occurs, including tenant protections and catching people before they fall off a cliff. She says solutions include shoring it up with staffing, adequate medical professionals and counselors, expanding transitional shelter beyond emergency shelters, constantly creating more opportunities to create more affordable housing, can all help to maximize people we get inside so they can stay inside.

ISSUE: HOUSINGKINK HD2 PUBLIC AFFAIR

October 22nd, 2023

5:30 am to 6 am

6:12 minutes of a 30 minute show

Guest: Oregon State Rep. Maxine Dexter. She represents Oregon House District 33, including downtown and NW Portland. She is a practicing physician and what she tries to address in the hospital emergency room is what she's also trying to address as a state representative. We must prioritize people having food and housing, they are basic needs. In the legislative session of 2023 the state allocated \$200 million in funds for the governor's executive order, and built on land use laws, make housing the top goal. Production of housing for the next hundred years is the first priority, while protecting the environment and the urban growth boundary. Lawmakers also made investments in student housing. The legislature's 2024 session starts in February, and she is building lists for what they want to accomplish including addressing gaps we didn't get to in the first session. She's working with the governor to deliver on housing after getting more revenue than expected. She is the leader of the housing committee in the Oregon House of Representatives. For 2025 her goal is solutions for housing medically complex elders, a vulnerable population, and a landlord registry with rental properties. She says we are at a critical moment in Oregon to ensure people have safe and affordable housing.

ISSUE: HOUSINGKINK HD2 PUBLIC AFFAIR

October 22nd, 2023

5:30 am to 6 am

4:02 minutes of a 30 minute show

Guest: Oregon State Senator Kayse Jama. He represents District 24, including outer east Portland and northern parts of Clackamas County. He agrees with Representative Dexter's vision that they must have a successful effort to prioritize affordable housing. He started working in this issue in a social justice organization. He was a renter for 12 years of his marriage, and wants to make sure people who are impacted most are able to address this issue. There's a framework that housing must be a fundamental human right, must ensure people can stay in their homes, and make sure people have access off the streets and into shelters, and must increase supply of homes, and programs to help people buy them. He says a senate bill capped rent increases, and lawmakers worked with the governor's office to provide \$200 million for shelters and shelter beds. He emphasizes first time home buyer programs, and says the state needs to build 140,000 units, says we've been underbuilding for decades. We've invested 4 billion dollars, but we need to invest more.

ISSUE: HOUSINGKINK HD2 PUBLIC AFFAIR

October 22nd, 2023

5:30 am to 6 am

7:48 minutes of a 30 minute show

Guest: Multnomah County Chair Jessica Vega Pederson. Vega Pederson says in addition to being the Multnomah County Chair, she is also the chair of a new committee addressing housing along with the city of Portland. She says the county board passed \$62.5 million dollars of one time funding for homeless services. She described it as the most collaborative effort she's seen to make people successful in housing, including rental assistance for those at high risk of homelessness. Also included are more shelter beds, behavioral health, services and homelessness prevention resources. 6.85 million dollars for a stabilization center, 30-90 days where people can sober up and not be on the street. She says these are things that the state, city and county can do right away. She says we also need policies that make it easier to build new housing.

ISSUE: HOUSINGKINK HD2 PUBLIC AFFAIR

October 22nd, 2023

5:30 am to 6 am

8:02 minutes of a 30 minute show

Guest: Portland City Commissioner Carmen Rubio. Rubio now leads the City of Portland's housing and homelessness initiatives, including permitting for housing builders, and planning. She has been overseeing the bureau for 10 months. She describes her journey, as a housing insecure child, moving 12 times before she turned 14 years old, and from that experience knows how grounding housing is for families. She also worked with non profits that help people in low income and Latino communities to get into housing. We know the housing crisis is not a new issue. The rising prices have been underway for a long time. We're experiencing a severely underfunded housing eco-system. With the support of voters, \$400 million dollars in bonds have been allocated for affordable housing.

ISSUE: CIVIL RIGHTSKINK HD2 PUBLIC AFFAIR

October 29th, 2023

5:30 am to 6 am

25:33 minutes of a 30 minute show

Guest: Jonathan Eig. The author of a new book about Martin Luther King Junior, came to Portland, to be the first speaker of the Oregon Historical Society's latest Mark Hatfield Lecture Series. Jonathan Eig says he spent 6 years researching the civil rights leader's life, and writing, "King, a Life." I talked to him, about King's story, and how it links to current events going on in Portland, such as the Black Lives Matter protests that broke out in Oregon after the killing of George Floyd in Minneapolis. We also discussed how there are still economic disparities in Oregon and throughout the world. We talked about the tendency for groups of people to see other groups and classify them as inferior.

ISSUE: CIVIL RIGHTSKINK HD2 PUBLIC AFFAIR

October 29th, 2023

5:30 am to 6 am

2:14 minutes of a 30 minute show

Guest: Judge Adrienne Nelson. Adrienne Nelson, made history herself, as the first Black woman to become a federal judge in Oregon. She explains how important King's legacy was in influencing her own life, and that he fought a battle that enabled her to achieve her goals.

ISSUE: CONFLICTKINK HD2 PUBLIC AFFAIR

November 5th, 2023

5:30 am to 6 am

24:20 minutes of a 30 minute show

Guest: Professor Emeritus Joel Beinin. Local families are in grief or anxiously waiting for word about whether their loved ones have survived, as the conflict between Israel and Hamas intensifies. I talked to a Portlander whose family members have been kidnapped. And he also has unique insight on this situation. Joel Beinin and his family have been waiting every day, hoping they'll hear from his niece Liat, and her husband Aviv. Hamas attacked their community in Israel and took them hostage on October 7th. He has not heard anything about their condition or survival since then. Overall, the suffering has intensified he says. Many are starving, and many more are dead in the airstrikes including innocent children. Beinin worked as a Professor of Middle East History at Stanford University, before retiring and moving to Portland in 2018.

ISSUE: CONFLICTKINK HD2 PUBLIC AFFAIR

November 5th, 2023

5:30 am to 6 am

3:30 minutes of a 30 minute show

Guest: Dr. Tedros Adhanom Ghebreyesus. Horrific, beyond description. That's how the leader of the World Health Organization describes what's happened in Israel and Gaza, since the Hamas attacks last month. Dr. Tedros Adhanom Ghebreyesus, is the director general of the W H O, and spoke out about the dire health situation in Gaza and Israel. He describes how basic survival is impacted with little food, medicine and clean water, able to get to the people who need it, and that many children are dying in the airstrikes.

ISSUE: ENVIRONMENTKINK HD2 PUBLIC AFFAIR

November 12th, 2023

5:30 am to 6 am

24:53 minutes of a 30 minute show

Guest: U.S. Senator Jeff Merkley, Oregon. I listened in as the Oregon League of Conservation voters held a town hall, about stronger safeguards for the environment, bringing pollinators back, and protections for Oregon's famous canyon lands, carved by desert rivers winding toward the Pacific Ocean, the last great unprotected expanse of the American West, and home to a rich array of wildlife. The town hall started out with Oregon U.S. Senator Jeff Merkley, who also talked about the benefits for Oregon that are likely with new federal climate investments, plastics reduction, and his work to support pollinator recovery. He estimate Oregon should get \$3.5-\$4 billion dollars from the Inflation Reduction Act for projects like planting and maintaining trees, expanding access to nature, cool heat islands and low and no emission vehicles.

ISSUE: ENVIRONMENTKINK HD2 PUBLIC AFFAIR

November 12th, 2023

5:30 am to 6 am

:45 minutes of a 30 minute show

Guest: Clark Brockman. He says he lives Northeast Portland and is an architect focused on climate policy and advocacy. He asks, “Are there things that you and the Senate as a whole can do to help all of the affected federal agencies deploy and publicize the available funding from the IRA, the BIL, and the CHIPS Act?” He says he’s concerned that the Pacific Northwest is going to leave money on the table.

ISSUE: ENVIRONMENTKINK HD2 PUBLIC AFFAIR

November 12th, 2023

5:30 am to 6 am

:17 minutes of a 30 minute show

Guest: Metzin Rodriguez. Rodriguez is the Climate and Environmental Justice Policy Coordinator for Unite Oregon. She asks about electrification and building climate resilience.

ISSUE: FARMING / WATERKINK HD2 PUBLIC AFFAIR

November 12th, 2023

5:30 am to 6 am

:42 minutes of a 30 minute show

Guest: Donna Champeau. Champeau serves on the Polk County Soil and Water Conservation District Board of Directors. She also has a 160 acre farm in the Willamette Valley. She says on her farm, she’s working to transition to methods of regenerative farming. She wants to know if the reauthorization of the Farm Bill this year will help in her efforts.

ISSUE: ENVIRONMENTKINK HD2 PUBLIC AFFAIR

November 12th, 2023

5:30 am to 6 am

:28 minutes of a 30 minute show

Guest: Gretchen Valido. The Bend resident and Sierra Club member leader, she wants an update about Oregon U.S. Senator Ron Wyden's Senate Bill 1890, which adds permanent protection to parts of the Owyhee Canyonlands.

ISSUE: ENVIRONMENTKINK HD2 PUBLIC AFFAIR

November 12th, 2023

5:30 am to 6 am

:20 minutes of a 30 minute show

Guest: Renne Windsor White. Renee Windsor White lives in Lebanon, Oregon and is interested in what the federal government is doing with pollinators. She asks, "Are there any specific programs that the federal government has in place or is planning to help and support honeybees and monarch butterflies?"

ISSUE: ENVIRONMENTKINK HD2 PUBLIC AFFAIR

November 12th, 2023

5:30 am to 6 am

:33 minutes of a 30 minute show

Guest: Keely Wang. Wang lives Happy Valley, Oregon, and asks about specific initiatives or actions for environmental justice and equity, and prioritizing youth and indigenous communities. She also asks about what measures are going after corporate polluters to take accountability?

ISSUE: MENTAL HEALTHKINK HD2 PUBLIC AFFAIR

November 19th, 2023

5:30 am to 6 am

1:50 minutes of a 30 minute show

Guest: Multnomah Co Commission Chari Jessica Vega Pederson. She opens this talk about the crisis services and the needs around crisis services in Multnomah County. She says everyone has important perspectives to bring not as experts, but as people tasked with policy direction and increasing community voice on this topic. She notes this is also a chance to exchange ideas. The interventions they're talking about span very complex systems of care. She says they must invest in providing people experiencing mental illness and substance use disorders with the resources that they need to live healthier lives.

ISSUE: HEALTH / DRUGSKINK HD2 PUBLIC AFFAIR

November 19th, 2023

5:30 am to 6 am

3:51 minutes of a 30 minute show

Guest: Multnomah County Commissioner Julia Brim-Edwards. Brim-Edwards in charge of coming up with a plan for a new sobering and crisis center. She details work over the next several months. On September 28th, the Multnomah Commission approved a set of investments, including \$6.8 million for a 24-7 stabilizing center with emergency detox. And then the Chair tapped her to lead the planning and design work for the reestablishment of a 24-7 sobering center with a directive that it be ready for the commission to consider as part of the 2024- 25 budget cycle. She says they're shooting for having something no later than March 1st, because sobering services were highlighted by this board, first responders and the community as a whole, as a critical need.

ISSUE: HEALTH / DRUGSKINK HD2 PUBLIC AFFAIR

November 19th, 2023

5:30 am to 6 am

4:03 minutes of a 30 minute show

Guest: Gresham Police Captain John Rasmussen. Rasmussen supervises operations for Gresham including the behavioral health unit and all street patrol response. He says when they're dealing with somebody who is intoxicated to a level that's concerning, there's limited options they can use. A sobering center closing took away option number one. Then the pandemic hit with an increase in mental health cases. He believes the passage of Measure 110 has brought more drug use in public.

ISSUE: HEALTH / SAFETYKINK HD2 PUBLIC AFFAIR

November 19th, 2023

5:30 am to 6 am

1:30 minutes of a 30 minute show

Guest: Portland Police Commander Rob Simon. The opening of a sobering center would benefit both the community and first response system in Multnomah County. From a police specific perspective he says they recognize this is not a treatment model, it is a non criminal solution for an acute problem that we're facing. People on the street who are unable to care for themselves due to intoxicants often are victimizers. There are some victims, victimizers and victimized. T So there's a definite need for a non criminal solution for people who are unable to care for themselves before they become victimized.

ISSUE: HEALTH / SAFETYKINK HD2 PUBLIC AFFAIR

November 19th, 2023

5:30 am to 6 am

1:50 minutes of a 30 minute show

Guest: Portland Police Sergeant Sarah Taylor. She says they're getting several calls for service on the same person and potentially several people with several calls for service over the course of the day. Ambulances aren't available and jail is not a good option. So having a place to take these people would make the community feel safer.

ISSUE: HEALTH / SAFETYKINK HD2 PUBLIC AFFAIR

November 19th, 2023

5:30 am to 6 am

1:50 minutes of a 30 minute show

Guest: Portland Police Commander Craig Dobson. He has the entertainment district in his area, and every weekend he has individuals who end up in a state where they've had too much to drink or have taken some other substance and are unable to care for themselves. The sobering center would allow them that opportunity to get those folks to a place that's safe, compassionate, and off the street where they can't be victimized as well. In the summertime, they have up to 30,000 individuals in those areas in the entertainment district and need to have a place to take them.

ISSUE: HEALTH / SAFETYKINK HD2 PUBLIC AFFAIR

November 19th, 2023

5:30 am to 6 am

1:00 minutes of a 30 minute show

Guest: Multnomah County Commissioner Lori Stegman. She questions whether people who are intoxicated and need the services are going to agree to go to a sobering center, especially the high acuity folks.

ISSUE: HEALTH / SAFETYKINK HD2 PUBLIC AFFAIR

November 19th, 2023

5:30 am to 6 am

5:03 minutes of a 30 minute show

Guest: Multnomah County Commissioner Dr. Sharon Meieran. She is an emergency room doctor and volunteers with Portland Street Response. She says what the others said resonates exactly with what she's seen, that most people actually end up voluntarily going. In the emergency departments, they can hold people for mental illness, up to 72 hours if they're an imminent danger to themselves or others. They have the authority to hold someone for 48 hours if they suspect someone is acutely intoxicated.

ISSUE: FARMINGKINK HD2 PUBLIC AFFAIR

November 26th, 2023

5:30 am to 6 am

11:40 minutes of a 30 minute show

Guest: Andrea Salinas, U.S. Congresswoman, Oregon. In January of this year, newly elected Oregon Congresswoman Andrea Salinas joined the Agriculture Committee. They have the task of reauthorizing this year's Farm Bill, which happens once every five years. It's an omnibus multi year law that governs an array of agricultural and food programs, including crop insurance for farmers and access to healthy foods for low income families. Salinas says she is holding listening sessions because the Farm Bill is going to be significant for her district. She is meeting with farmers, rural stakeholders, and workers to hear about the challenges they're facing and to identify how the federal government can better serve Oregonians and treat the land better. She says she sees firsthand how the deck is stacked against small family farms. She has introduced 2 bills, the "Healthy Soils, Healthy Climate Act," and the Soil Care Act." She says they would give farmers the tools they need to improve soil health and be more resilient in extreme weather and climate events.

ISSUE: FARMINGKINK HD2 PUBLIC AFFAIR

November 26th, 2023

5:30 am to 6 am

2:40 minutes of a 30 minute show

Guest: Michael Basquez. P.C.U.N. trade union for farm workers, National Policy Coordinator. His role as P.C.U.N.'s National Policy Coordinator is to ensure that lawmakers pass and protect farmworkers rights at the federal level. In the last couple of years, he says farm workers have seen a rise in temperatures, drought, and other effects resulting in lost wages and even deaths. The climate is a big factor in keeping his community safe and thriving. At the state level, he says they were able to push for excessive heat and heat smoke rules through the agency rulemaking process, and that would protect farm workers from being exploited working in inhumane conditions. He hopes to bring a similar approach to the federal level with disaster relief.

ISSUE: FARMINGKINK HD2 PUBLIC AFFAIR

November 26th, 2023

5:30 am to 6 am

2:25 minutes of a 30 minute show

Guest: Alice Morrison, Director, Friends of Family Farmers. She says the 1600 Oregon farmers that Friends of Family Farmers represents have seen climate change impact them, in the ongoing drought, changes to the water landscape, and a general lack of predictability in season conditions year to year. There have been many more natural disasters, including wildfires, ice storms, heat domes and changing seasonal conditions in general. So, she says, the way that people have farmed in Oregon for generations or even for the last 10 years are now almost irrelevant and they have to keep adapting over and over. She is calling for disaster relief because there always will be a climate driven natural disaster every season. But she also says they need to focus on resilience, helping people accommodate these new conditions and plan for the inevitability of these disasters moving forward so that they don't have the big impact that they have over the last few years.

ISSUE: FARMINGKINK HD2 PUBLIC AFFAIR

November 26th, 2023

5:30 am to 6 am

4:23 minutes of a 30 minute show

Guest: Ben Larson, Co-owner/operator, My Brother's Farm, Southern Willamette Valley. On his South Willamette Valley farm, orchard and ranch, he grows hazelnuts and apples, and raises bison and pigs. He has seen from the summer droughts, the heat stress on the trees and animals. In the winter extreme ice storms that have looked like a bomb went off in the orchards, and were devastating. He says they've been looking for adaptations, but especially in the summer the drought is paired with so much wildfire smoke that it's hard to go out and farm. He says he knows spending time out there is decreasing farmers' lifespans. It's elevated fear and uncertainty for farmers asking, should we grow into this or should we hold back and see what's going to make sense in a few years from now when these things are expected to get worse?

ISSUE: FARMINGKINK HD2 PUBLIC AFFAIR

November 26th, 2023

5:30 am to 6 am

6:20 minutes of a 30 minute show

Guest: Ben Owens , Congresswoman Salinas' Legislative Director. He works on agriculture issues in Oregon, for Congresswoman Andrea Salinas's office. He says they do have to focus on climate change prevention in agriculture, and mitigation. That includes wildfire prevention. He says one of Salinas' bills, the Civilian Conservation Center Enhancement Act would strengthen a training program and allow direct hiring authority through the Forest Service, which would put more, trained wildland firefighters out there to try to reduce and mitigate the effects of climate driven fire disasters. He says ensuring that things like healthy soils, healthy climate and the Soil Care Act and incentives for farmers to adopt climate smart practices are also central in what his office is pushing for in the farm bill.

ISSUE: CRIMEKINK HD2 PUBLIC AFFAIR

December 3rd, 2023

5:30 am to 6 am

14:00 minutes of a 30 minute show

Guest: Amy Wade, with Right to Be. The Anti-Defamation League reports incidents of anti-semitic hate have increased to record levels in Oregon and Washington. Amy takes us through recent incidents, for a free training offered with the anti-hate group "Right to Be." They focus on the historic and current incidents that have resulted in the discrimination and hate, centuries before the events of October 7th this year in Israel and the war in Gaza. On October 27th, 2018, in Pittsburgh, Pennsylvania, 11 people were killed and 7 were injured in a mass shooting at the Tree of Life Walesimchah congregation in Pittsburgh, Pennsylvania. On January 15th, 2022, in Collieville, Texas, 4 hostages were held for over 10 hours at Congregation Beth Israel. In October 2022, throughout the country, 59 anti Semitic incidents directly referencing Yi, the artist formerly known as Kanye West, occurred from October through December across the U. S. following his anti Semitic comments on Twitter. These included 44 cases of harassment, 13 cases of vandalism, and two cases of assault. And in February of 2023, This year in Los Angeles, California, two people were shot at Point Blake Range by the same assailant within a 24 hour period in the Pico Robertson area, a Jewish neighborhood in Los Angeles. In 2022, there were approximately 3700 anti Semitic incidents officially recorded in the United States. That is a 37% increase from 2021. She explains what anti Semitic harassment actually looks like.

ISSUE: CRIMEKINK HD2 PUBLIC AFFAIR

December 3rd, 2023

5:30 am to 6 am

14:00 minutes of a 30 minute show

Guest: Tabarak Habib, with Right to Be. The Council on American Islamic Relations is also reporting an increase in incidents targeting Muslims. I listened in on these two trainers for specific steps people can take to recognize and safely intervene. Tabarak takes us through recent incidents, for their work in free trainings with the anti-hate group “Right to Be.” She focuses on the historic and current incidents that have resulted in the discrimination and hate, centuries before the events of October 7th this year in Israel and the war in Gaza. These include right after September 11, 2011 in Mesa, Arizona, a Sikh American entrepreneur and franchise owner was murdered, the first ever hate crime after 9/11, and the first ever anti Muslim hate crime that we saw on a national level. And then we, in Canada, there was a Quebec City mosque shooting, and then in New Zealand, a gunman fired open fire at a mosque, killing over 15 Muslim worshippers and injuring many others. And very recently, on October 16th of this year, a six year old Palestinian American, Wadiyan Fayyumi, was stabbed to death.

ISSUE: HOUSINGKINK HD2 PUBLIC AFFAIR

December 10th, 2023

5:30 am to 6 am

10:22 minutes of a 30 minute show

Guest: Dr. Maxine Dexter. She explains how in congressional races, you can run for a seat that's not where you live. “We came from the Eastside, moved to the Westside when my daughter was going to start at Grant High School, and they were remodeling.” She says she feels very comfortable on both sides of the river and loves both sides. She thinks she’ll be a good representative for the city of Portland in Congress. Meantime she says she is invested in housing work for the last year and a half in the state legislature. The Speaker and the Majority Leader have asked her to stay on, so she says her top priority is housing production. She also supports putting health clinics in schools, and universal health care, informed by her work as a physician.

ISSUE: WARKINK HD2 PUBLIC AFFAIR

December 10th, 2023

5:30 am to 6 am

6:02 minutes of a 30 minute show

Guest: U.S. Senator Ron Wyden, Oregon. As Hanukah begins, the Senator explains why a lot of people feel their celebrations are more muted because of the war in Israel this year. He says he is talking to people from his desk in D. C. with folks in the state, who, are still dealing with these horrifying kind of situations of having relatives that they can't get to freedom. He explains that in the Wyden family it's a somber time of year, and how his relatives fled the Nazis in the 30s. Not all of them got out alive.

ISSUE: CONSPIRACY THEORYKINK HD2 PUBLIC AFFAIR

December 10th, 2023

5:30 am to 6 am

6:40 minutes of a 30 minute show

Guest: Cameron Givens, Historian. He is a co-author of a new commentary just published in Time Magazine about Pearl Harbor Day and conspiracy theories. Although the original Pearl Harbor Day December 7th spurred enormous national unity, he explains how that unity actually concealed really deep and historically grounded divisions and suspicions. He think it's important as we remember this event to also look at the deeper history that produced the national response to that event, namely the incarceration of Japanese Americans, including here in Oregon. He thinks they're dangerous on a number of levels. On the popular level, can serve to justify practices of discrimination, of violence. We still see this a lot today. They're also dangerous when they're absorbed and acted on by the federal state. So when suspicions and racially grounded suspicions that have no merit are translated into practices and into policy by the federal government on the grounds of national security, that's extremely dangerous. And that national security justification often lends a veneer of legitimacy. And that is the most dangerous when unfounded suspicions crystallize policies that everyone's behind the intent of them of keeping the nation safe. We all share that goal. But they're able to take these kind of broad brush, suspicions that group entire categories of people together often on the basis of say, for example, as was the case with Japanese Americans, that's extremely harmful.

ISSUE: CONSPIRACY THEORYKINK HD2 PUBLIC AFFAIR

December 10th, 2023

5:30 am to 6 am

4:51 minutes of a 30 minute show

Guest: Dr. Christopher McKnight Nichols. He is a co-author of a new commentary just published in Time Magazine about Pearl Harbor Day and conspiracy theories. When a crisis happens, you should anticipate that there may be hate crimes and there may be things that universities can do to. To prevent that or slow that there may be things that other communities can do. But acting as if this won't happen is probably the worst thing you can do because we know that there are historical patterns of these kinds of crimes and of these kinds of speech acts, at least, that then can lead to worse sorts of outcomes, including policy makers. There's a kind of feedback loop in this moment. We've seen this in some states where, right now, out of the pandemic, anti-Chinese kinds of sensibilities have led to attempts at passing laws, singling out partnerships with China as opposed to other countries that might also be equally worthy of sanctions by states or by the State Department.

ISSUE: TECHNOLOGY / SMART PHONESKINK HD2 PUBLIC AFFAIR

December 17th, 2023

5:30 am to 6 am

18:37 minutes of a 30 minute show

Guest: U.S. Senator Ron Wyden, Oregon. Wyden's been sounding an alarm about smartphones and your privacy. He also talks about big investments coming to Clackamas County, bringing a new shipping terminal to Coos Bay, lowering health care costs, and a leadership summit he helped found years ago that's still growing strong, focusing on the state's toughest problems. He talks about working with a republican member of the senate on affordable housing.

ISSUE: OREGON GOVERNMENTKINK HD2 PUBLIC AFFAIR

December 17th, 2023

5:30 am to 6 am

4:35 minutes of a 30 minute show

Guest: Governor Tina Kotek, Oregon. She says there's progress in Portland. Times of crisis can lead to a desire for drastic change. To tear down and rebuild again and to overlook the progress that we've made in favor of something different. But when she looks at this city what she sees is potential, momentum, a fortitude to act. We have come this far and we're beginning to see what's on the other side of our challenges. And that is precisely the moment when you keep going and push even harder. That is the moment we are in. Lack of affordable housing, poverty, racism, violence and substance abuse have been issues in the city for decades, like most American cities. However, these issues have become more prevalent during and after the pandemic, the human suffering has been at a scale that we cannot afford to normalize or downplay.

ISSUE: OREGON GOVERNMENTKINK HD2 PUBLIC AFFAIR

December 17th, 2023

5:30 am to 6 am

5:40 minutes of a 30 minute show

Guest: Jessica Vega Pederson, Multnomah County Chair. She says the biggest concerns of people living in Multnomah County and those spending time in our central city are homelessness, lack of affordable housing, addiction, and supporting those people living in crisis on our streets. The Central City Task Force gave us a critical opportunity to bring more people into that work and collaborate across local, state, and private sectors to develop tangible goals that can keep us all accountable and focused. That has also been the most important work of the county from the moment she stepped into her office in January. Her priorities from that first moment have been moving people off the street into safer, more stable places.

ISSUE: MENTAL HEALTHKINK HD2 PUBLIC AFFAIR

December 24th, 2023

5:30 am to 6 am

9:11 minutes of a 30 minute show

Guest: Dr. Karen Fingerman, Professor of Human Development and Family Sciences. Merry Christmas, Happy Hanukah, Happy Kwanzaa, Happy holidays... these are all important to acknowledge. Taking the time, to hand write messages and send holiday cards... doesn't just make YOU feel good. There is actual scientific research, showing it can improve the health of those you send them to, even among people you don't know extremely well. I recently joined in a talk with several experts on the topic of social connection's impact on our health. Among them, was Dr. Karen Fingerman. She's a Professor of Human Development and Family Sciences at the University of Texas Austin. She did a study about those holiday greeting cards. She says they got people to fill out a survey for each of their cards. And what they found is that these cards made a difference in terms of their sense of belonging at the holiday season, which in many ways is the opposite of loneliness. So receiving these from people they've known for a long time, who might not be a part of their life, the college roommate who only touches base once a year, enhance their sense of belonging. And what that tells us is that at the holiday season, very small gestures make a difference for other people. Different kinds of social ties enhance a sense of belonging and prevent loneliness. If you think a little bit about what the social world does for you, why does it matter? They're going to help you in a crisis. They're going to get you to the doctor. They're going to be there. They're also emotionally rewarding.

ISSUE: MENTAL HEALTHKINK HD2 PUBLIC AFFAIR

December 24th, 2023

5:30 am to 6 am

8:50 minutes of a 30 minute show

Guest: Julianne Holt Lunstad, Professor of Psychology and Neuroscience. Julianne Holt Lunstad is a Professor of Psychology and Neuroscience and the Director of the Social Connection and Health Lab at Brigham Young University. She studies the link between our social health and our physical health. She cites evidence that social connection could increase your survival by as much as 50%, reduce your risk for cardiovascular disease by 29% and stroke by 32%. It can reduce your likelihood of developing depression and dementia. It also can increase your immune responses to vaccines and viruses. And in fact, it also comes with few side effects and actually can increase your well being. Although it's not a new treatment, everyone should invest in their social connections.

ISSUE: MENTAL HEALTHKINK HD2 PUBLIC AFFAIR

December 24th, 2023

5:30 am to 6 am

9:15 minutes of a 30 minute show

Guest: Dr. Ashwin Kotwal. Dr. Ashwin Kotwal is an Assistant Professor in Geriatrics at the University of California San Francisco School of Medicine. He points out, that as we spend more time with loved ones and family members during the holidays, there are things you can do, if you notice something is not quite right, or if they are coping with a loss or life change. One key point he makes is that loneliness and social isolation are not unique to older ages. This affects us all and in recent years we've noticed that young people may be particularly vulnerable and he wants to counter some of the ageist stereotypes that are prevalent of older adults being locked away in their rooms, not engaging with the rest of society. In fact, many studies indicate that older adults tend to be more engaged with community groups and quite participatory compared to other age groups. Social isolation and loneliness impact health along many different aspects of well being for older adults. People who are lonely or isolated can have a higher mortality or shorter lifespan than we would hope, and it greatly impacts quality of life. So older adults have a greater likelihood of loss of independence that includes functional impairment, frailty and being more relegated to their home or being homebound. They're more likely to require nursing home assistance. This was just demonstrated in a recent study published in 2023 in the Journal of the American Medical Association. And they can have poorer quality of life. Loneliness is associated with higher levels of pain, depression, fatigue, poor sleep, and the cluster of these symptoms. Older adults who are lonely tend to have higher use of medications with adverse side effects, including benzodiazepines, opioids, and antidepressants. The first step is if you're noticing something is off with a loved one, or they're experiencing a major life or health transition, start a conversation, ask them how they've been feeling lately.

ISSUE: EDUCATION / FUNDINGKINK HD2 PUBLIC AFFAIR

December 31st, 2023

5:30 am to 6 am

minutes of a 30 minute show

Guest: Guadalupe Guerrero. We see a gap between our proposal, which has a price tag of about 135 140 million, versus what the teachers union is proposing, which, you know, is about 230 million more. We want to be as generous with our employees as possible, but, there would have to be some pretty serious trade offs, and I think the community needs to understand that, if we were to follow through with many of the asks that they're making.

ISSUE: EDUCATION / FUNDINGKINK HD2 PUBLIC AFFAIR

December 31st, 2023

5:30 am to 6 am

9:49 minutes of a 30 minute show

Guest: Oregon State Representative Maxine Dexter. Oregon State Representative Maxine Dexter, a parent with teenagers, offers her thoughts about the strike and the lessons learned from it. Her son was a senior this year, and seniors across Portland, like every other grade of Portland public school students really were in a bind. Her son lost three weeks of instruction time for his International baccalaureate exams. That's happening for advanced placement exams across the district as well. She explains how upper level students really did have harm as a result of the strike. She also says the state legislature must find a way to prevent school districts across the state from going through this again, and notes the Salem School District is in even worse financial shape. She explains how the lawmakers did fund the districts at the level they requested, which was not enough to give teachers the cost of living adjustments their union demanded.

ISSUE: EDUCATIONKINK HD2 PUBLIC AFFAIR

December 31st, 2023

5:30 am to 6 am

6:23 minutes of a 30 minute show

Guest: Oregon Governor Tina Kotek. She gives her perspective about learning loss and the talks she's had with teachers, unions, and schools about how to get kids back on track. She says she is not satisfied where we are with our reading. That's why we're focusing on early literacy and we have a math literacy issue. She thinks we have to do a better job, including implementing summer learning, which she says she's found some resistance to.

ISSUE: EDUCATIONKINK HD2 PUBLIC AFFAIR

December 31st, 2023

5:30 am to 6 am

7:05 minutes of a 30 minute show

Guest: Dr. Chris Nichols, Political Historian and Scholar, Educational Issues. 2023 was the year of labor unrest, a culmination of something we've been seeing in the later stages of the pandemic, and essential workers. Especially as businesses are more wide open, the economy in 2023 has been pretty good and we've seen a real boost of employment. So there's more leverage for workers like the Portland teachers, for labor activism and labor successes. The teachers ended up getting most of what they asked for.

ISSUE: EDUCATIONKINK HD2 PUBLIC AFFAIR

December 31st, 2023

5:30 am to 6 am

2:05 minutes of a 30 minute show

Guest: Rene Gonzales, Portland City Commissioner. He had a message for fellow PPS parents, to acknowledge the pain and frustration that closed schools has created for Portland's working families. While the state legislature is the primary responsible party for funding PPS is incumbent upon both the union and district to be realistic about their bargaining demands. I've been in contact with a number of elected officials on how we can address this crisis collectively. All elected officials need to make sure families are centered in decision making in the city. A return to school as soon as possible is priority for all of us.

