

#### October 2, 2017

7:15am Reggie Jackson from America's Black Holocaust Museum  
7:47 Mike Klauke, Investments  
8:10am Sammi Luhmann, Humane Society  
8:35am Nick Nichols, Burn Barrels

#### October 3, 2017

6:50am Tom Batuik, Lisa's Legacy Trilogy  
7:15am Ken Blackburn, 4 time Guinness World Record Holder  
7:45am Chris Callaway, sports update  
8:07am Jim Timmer - BBB, Pet Scams Use Phony Ads  
8:35am Frank Frassetto, DATCP

#### October 4, 2017

7:15am Flu Shot Conversation  
7:47am Raquel Pelzel, Sheet pan suppers meatloaf  
8:10am Mark Herrera, Safety  
8:35am Cheryl Hancock, Executive Director Coulee Region Council on Addictions, Inc.

#### October 5, 2017

6:50am Lori Dubczak  
7:17am Nick Ragner, Salvation Army  
8:10am Court Nichols, adults with drug addictions, etc.  
8:36am Terri Schlichenmeyer

#### October 6, 2017

7:15am Joshua Coburn, viral marketing  
7:48am Emily Taylor, Gun law expert  
8:10am Dealing with Death  
8:35am Patty Wipfler, connecting with your kids

#### October 9, 2017

7:15am Purposely Famous  
7:45am Mike Klauke, investments  
8:10am Tony Szak, leading with power  
8:35am Nick Jarmusz – AAA, truck safety technology can prevent 63,000 crashed each year

#### October 10, 2017

7:15am Sara Wachter – Boettcher, sexist apps, biased algorithms, other toxic tech-ethical oversights. Cultural biases that are built directly into digital products and digital landscape, presents ideas for producing tools and services that respect the end user and create a more equitable and ethical wired world.  
8:00am Mai Chor Lee & Ying Vang, Hmong New Year  
8:25am Chris Callaway, sports update  
8:50am Senator Testin, hemp

#### October 11, 2017

7:15am I-Feed  
7:47am Mark Thorn, Equifax hack and info stolen from consumers  
8:10am Mary Kay Wolfe, United way talking about the campaign  
8:35am Jaynie Smith, Competitive advantage

#### October 12, 2017

6:50am Lori Dubczak  
7:17am Rob Winterton, Hwy 35 project and its current status compared to where it should be  
7:45am Dave Clements, Riverside Park bandshell  
8:10am MN Commerce Commissioner Mike Rothman, MN cold weather rule for heat, etc.  
8:36am Ann Kappauf

#### October 13, 2017

6:35am Hmong New Year  
6:50am Gary Padesky, City Council Update  
7:15am Reggie Jackson, from America's Black Holocaust Museum  
7:48am Nate Hundt, Riverfront Inc  
8:10am Kurt Weaver, Dare chili cookoff  
8:35am Rick Mueller – Halloween Bash, a fundraiser for area non-profits

#### October 16, 2017

7:15am Self Leadership & The One Minute Manager  
7:47am Mike Klauke, investments  
8:15am Coulee Bank, Equifax  
8:35am Rep Steve Doyle

#### October 17, 2017

7:15am Casey Zemple, drones & what to expect on class  
7:45am Cory Kucera, IT Specialist on Wifi items not being safe with a new hack that is out there and how do we keep it safe.  
8:10am Chris Callaway, Sports update

#### October 18, 2017

7:15am Andy Temte, Breast Fest  
7:47am Anne Drecktrah, pump house dance  
8:10am Sean Donovan, Think & Grow Rich  
8:35am Vicki Markussen, La Crosse Chamber & the Chamber business expo

#### October 19, 2017

6:50am Lori Dubczak  
7:17am CMN  
7:45am Enchanted Forest  
8:10am Lydia Kang, MN & Nate Pedersen, Quackery  
8:35am Bill Soper, YMCA

#### October 20, 2017

7:15am CMN  
7:48am Catherine Kolkmeier, Drinking numbers in La Crosse

#### October 23, 2017

6:50am to 7:30am Stphen Woessner, podcasting for profit, how to use LinkedIn  
7:47am Mike Klauke, investments  
8:10am Sammi Luehman, Coulee Region Humane Society  
8:35am Scott Brouwer, Archivists and the host/organizer of the Dark La Crosse Radio Show

#### October 24, 2017

6:50am Joe Robinson, work-life balance and productivity trainer  
7:15am Randy Nelson  
7:45am Randy Nelson  
8:10am Chris Callaway, sports update  
8:35am Sean Connolly, The Book of Massively Epic Engineering Disasters

#### October 25, 2017

7:15am Jeff Reiland, anti bullying wear orange day  
7:45am Fran Finco, Onalaska Superintendent  
8:07am Daniel Golden, CIA, FBI  
8:35am La Crosse Community Theatre

#### October 26, 2017

6:50am Lori Dubczak  
7:17am Scheduleonce scheduling app  
7:45am Dr. Raj Naik, Gundersen pediatrician HPV  
8:10am Mike Desmond, BGC  
8:35am Kelly Stefferud, RD, CD, CLC La Crosse county health dept. nutrition education

#### October 27, 2017

6:50am Kevin Wallenfang, Wisconsin DNR, deer hunt  
7:15am Breastfest, music festival for breast cancer  
7:48am John Byus from Luther High School  
8:10am Mayor Tim Kabat  
8:35am Mayor Tim Kabat

#### October 30, 2017

7:15am Mark Walberg, Price is Right live  
7:47am Mark Klauke, investments  
8:10am Skip Haynes, music for dogs  
8:35am Tonya J. Powers, Halloween costumes and cheating in relationships

#### October 31, 2017

7:15am Matthew from Orange Computer  
7:45am Matthew from Orange Computer  
8:10am Chris Callaway, sports update  
8:35am Kyle Bainter, starting a business

#### November 1, 2017

6:50am Marisa Pruitt, Gundersen registered dietitian, too much Halloween candy now what  
7:15am iFeed  
7:47am Kathy Frise-Groth, Mississippi Valley Conservancy (fund raising auction)  
8:10am Russell Hannon, travel details  
8:35am Steve Walker, Live from La Crosse

November 2, 2017

6:50am Dan Golden, spy school  
7:17am Melissa Hellwig  
7:45am Melissa Hellwig  
8:10am Daniel Shumski, author *How To Instant Pot*,  
cooking with an instant pot  
8:36am Terri Schlichenmeyer

November 3, 2017

6:50am Breastfest at Americainn  
7:15am Rusty Cunningham, La Crosse Tribune Book  
7:48am Mariah Haberman, Discover Wisconsin  
8:10am Peter Shankman  
8:50am Krista Heinz, Work-N-Wheels Program  
Specialist (Coulee Cap)

November 6, 17

7:15am Nick Jarmez, AAA getting ready for winter  
interview  
7:47am Mike Klauke, Investments  
8:10am Mark Walberg, Price is Right Live  
8:35am David Enrich spider interview

November 7, 2017

6:50am Todd Shea, National Weather Service  
7:15am Congressmen Ron Kind  
7:45am Governor Scott Walker  
8:10am Chris Callaway, Sports Update  
8:35am Frank Frassetto

November 8, 2017

7:17am Harry Harrison  
7:45am Judi Zabel, Marijuana Boot Camp (event)  
8:10am Bob Bardwell, Leading with Power  
8:35am Jeff March, author *Where Have All the Pop  
Stars Gone? Volume 3*, describes in intimate detail  
the childhood backgrounds, youthful aspirations and  
life changes that Anne Murray, B.J. Thomas, Billy  
Joe Royal, & members of the bands Three Dogs  
Night, Love, The Standells, & Atlanta Rhythm  
Section underwent.

November 9, 2017

6:50am Lori Dubczak  
7:17am Dr. Faubion, hot flashes  
7:45am Dr. Murray Howe, *Nine Lessons I Learned  
from My Father*  
8:10am La Crosse Community Theater  
8:36am Ann Kappauf

November 10, 2017

6:50am Karla Toppen, dogs in cold weather  
7:15am Gary Padesky, City Council  
8:10am Colin Fleming  
8:35am Mike Webster, keeping your car running well  
in winter

November 13, 2017

6:50am La Crosse Jaycees  
7:15am Dan Veglahn, thanksgiving dinner  
7:47am Mike Klauke, investments  
8:10am Dana Wachs, running for WI governor  
8:35am Nikki Kimpton, Box Office Supervisor at La  
Crosse Center, Holiday Fair

November 14, 2017

7:15am US Senator Johnson  
7:45am Robin Wilson & allergist Dr. Beth Corn, be  
away of common culprits that can trigger allergic  
asthma  
8:10am Chris Callaway, sports update  
8:35am Valerie Sokolosky, never wrong being polite

November 15, 2017

6:50am Hold Centering Onalaska  
7:15am Jessica L. Fandrich, officer, state of  
Wisconsin 529 college savings program (Edvest)  
7:47am DNR Secretary Dan Meyer  
8:10am Harry Dent, veteran analyst of political and  
economic cycles, author of *Zero Hour: Turn the  
Greatest Political and Financial Upheaval in  
Modern History to Your Advantage*  
8:35am John Edmonson, crappy sleep

November 16, 2017

6:50am Lori Dubczak  
7:17am Dr. Jon Zlabek, Gundersen vascular  
specialist  
7:45am James Durigan, blueprint for health  
8:10am Mike Desmond, BGC  
8:35am Bill Soper, YMCA

November 17, 2017

6:50am Thanksgiving Dinner  
7:15am Edward Meyer, Ripleys  
7:48am Michael Gelb, author of *The Art of Connection: 7 Relationship-Building Skills Every Leader Needs Now*  
8:10am La Crosse Showtime

November 20, 2017

7:47am Mike Klauke, Investments

November 21, 2017

7:47am Chris Callaway, sports update

November 22, 2017

7:45am Fran Finco, Onalaska Superintendent

November 23, 2017

6:50am Lori Dubczak  
8:10am Mike Desmond, BGC

November 27, 2017

7:15am Dr. Randi Kaman, behind every therapy door  
7:47am Mike Klauke, Investments  
8:10am Jim Temmer, BBB Cyber Monday  
8:35am Nick Ragner, Salvation Army

November 28, 2017

6:50am Mike Klauke, Giving Tuesday  
7:15am Randy Nelson  
7:45am Randy Nelson  
8:10am Chris Callaway, sports update  
8:35am Cheryl Neubauer, a play regarding the effects of dementia on a couple

November 29, 2017

6:50am Broadcasting from Onalaska High School  
7:15-8:35am Onalaska High School

November 30, 2017

6:50am Lori Dubczak  
7:17am Ulrich Kellerer, your email  
7:45am Christopher Miller, IRS, National Tax Security Awareness Week  
8:10am Michelle Dupre, Black Friday is the new Cyber Monday  
8:35am Senator Jennifer Shilling

December 1, 2017

6:50am Dr. Ann Wonderling, winter eye care  
7:15am iFeed  
7:48am Samantha Luhmann, Community Outreach Coordinator, Coulee Region Humane Society  
8:10am Cory Kucera, IT Hotline Freight, net neutrality  
8:35am Maggie Smith, cheese is food of the month

December 4, 2017

7:15am Rusty Cunningham  
7:47am Mike Klauke, Investments  
8:10am Megan Smith Gill, author of *Give a Shit (The Book)*  
8:35am Plaid Tidings

December 5, 2017

6:50am Cory Kucera, Hotline Freight, virus on computer  
7:15am Congressman Ron Kind  
7:45am Michelle, DATCP  
8:10am Chris Callaway, sports update  
8:35am iHeartRadio on-air personality Ken Dashow, risk of stroke and heart attacks

December 6, 2017

6:50am Rotary Lights broadcast  
7:15am Rotary Lights broadcast  
7:47am Mariah Haberman, Discover Wisconsin  
8:10am Rotary Lights broadcast  
8:35am Rotary Lights broadcast

December 7, 2017

6:50am Lori Dubczak  
7:17am Michael Scott, The Santaland Diaries  
7:45am Susan Hessel, Story of You  
8:10am Susan Hessel, Story of You  
8:36am Terri Schlichenmeyer

December 8, 2017

6:50am Connie, La Crosse Society of the Arts  
8:10am Jessica Kohen, Minnesota Historical Society 1968 exhibit  
8:35am Samantha Luhmann, Coulee Region Humane Society

#### December 11, 2017

7:15am Bobby Albert, value-driven leadership  
7:47am Mike Klauke, Investments  
8:10am Phil Addis (director) and Dan Radtke (Ralph), Christmas Story at La Crosse Center  
8:35am Christopher Miller, IRS end of the year

#### December 12, 2017

7:45am Dr. Harlan Ulman, national security  
8:10am Mike Klauke, Investments  
8:35am US Senator Ron Johnson

#### December 13, 2017

6:50am Nick Ragnor, Salvation Army  
7:15am Jim Temmer (BBB) , tech support scams bilk millions from US victims  
7:47am Nick Jarmaz  
8:10am Tom Harter, Director of Bioethics and Humanities at Gundersen Health System  
8:35am Tommy Watson

#### December 14, 2017

6:50am Lori Dubczak  
7:17am Lori Dubczak, Christmas music  
7:45am Jim Geissner, La Crosse Baseball Hall of Fame  
8:10am Chris Callaway, this week in sports  
8:36am Sheila Connors, New Horizons

#### December 15, 2017

6:50am Melissa Hellwig  
7:15am Melissa Hellwig  
7:48am Dan Schwaab, Crimestoppers  
8:10am Mayor Kabat (8a-9a)

#### December 18, 2017

6:50am Chief Jeff Trotnic  
7:15am Kelly Stefferud, La Crosse County Health Dept., nutrition education  
7:47am Mike Klauke, Investments  
8:10am John Asher – developed a killer formula for nailing the first impression in the world of work  
8:35am Rep. Jill Billings

#### December 19, 2017

7:15am Jen Barney of Meringue Bakery has made it to the finale in Food Network's Holiday Baking Championship  
7:45am Fran Finco, Onalaska schools  
8:10am Chris Callaway, sports update  
8:35am Karen Page, author of *Kitchen Creativity: Unblocking Culinary Genius with Wisdom, Inspiration, and Ideas from the World's Most Creative Chefs*.

#### December 20, 2017

6:50am US senator Tammy Baldwin  
7:15am AJ Freis  
7:45am AJ Freis  
8:10am Jonathan Glass, holiday hangover cure  
8:35am Dr. Tracey Wilen

#### December 21, 2017

7:17am Fran Finco, Onalaska schools  
7:45am Mike Desmond, BGC  
8:10am Justin Loeber, Get out of your own way  
8:35am Bill Soper, YMCA

#### December 22, 2017

7:15am Rusty Cunningham, end of the year stories  
7:48am Bitcoin with Mike and Cory  
8:35am Gift of the Magi