Date: 10/5/17 Length: 13:40

Carol Casebolt is in the Pikeville Medical Center Diagnostic Center with Neil Hunt, Manager of the Diagnostic Center and Amy Charles, Public Relations Specialist. They are discussing Breast Cancer Awareness and National Mammography Day on October 21, 2017. Pikeville Medical is giving away a mammography a day for the month of October.

Date: 10/12/17 Length 26:48

Carol Casebolt is on the 10<sup>th</sup> floor of the Pikeville Medical Center Clinic talking with Amber Epling, PMC Clinic Manager for Plastic Surgery. They are discussing reconstructive surgery for both medical and cosmetic reasons and other services provided by plastic surgeons at PMC.

Date 10/19/17 Length 16:44

Carol Casebolt is in the PMC Chaplin's office talking with Director of Chaplin services, Randy Johnson discussing Pastor Appreciation Month. During October, PMC recognizes local pastors and what they mean to the community and to hospital patients. They are honored with a brunch, gift bags and mentions on the hospital electronic sign.

Date 10/26/17 Length 21:08

Carol Casebolt is in the pediatric department talking with Dr. Gadikota discussing Halloween safety in regards to the proper costume to food safety.

Date 11/02/17 Length 32:30

Carol Casebolt introduces us to Dr. Karnnaf and Dr. Elgaried, new Pulmonology Doctors at Pikeville Medical Center. Discussion is about lung disease that is prominent in our area such as lung cancer due to smoking and black lung due to coal mining.

Date 11/9/17 Length 27:06

Carol Casebolt visits with Pulmonologist, Dr. Karnnaf about available treatments for COPD.

Date 11/16/17 Length 17:31

Carol Casebolt talks with Kathy Adkins and Amy Charles about Holiday activities at PMC including the lighting ceremony, the reading of St. Luke's gospel and singing by Kaitlyn Good. Santa and Mrs. Clause will be at the event with refreshments for the youngsters. The event is on Monday, November 27,2018.

Date 11/30/17 Length 14:50

Carol Casebolt talks to Alice Compton, Donor Recruitment Specialist for Kentucky Blood Center talking about the importance of holiday blood donations and a blood drive at PMC on December 19, 2017 from 7am until 2pm. Also discussed was the amount of blood products used on a monthly basis in our community and why it is urgent the blood supply be maintained.

Date 12/14/17 Length 14:24

Jill Fraley Dotson talks with Amy Hyden, Dietitian from PMC about proper food preparation, cleanliness and sanitation.

Date 12/21/17 Length 14:19

Jill Fraley Dotson talks to Dr. Courtney Johnson, Emergency Room Physician on tips on how to avoid the Emergency Room during the winter months. Flu shots are discussed along with preventive measures such as hand washing, covering coughs and sneezes and using alcohol based sanitizers. Also discussed was when to come to the ER after a slip or a fall.

Date 12/28/17 Length 13:38

Jill Fraley Dotson talks with Amber Epling PMC Clinic Manager for Plastic Surgery at PMC. Amber talk of not only plastic surgery, but also nonsurgical skin care options.