

**WBRH 90.3FM
Additional Programming
2nd Quarter 2024**

Making Contact

May 19, 2024 11:00pm

Making Contact

Edition: 20-24

Title: **Jenny Odell and Discovering Life Beyond the Clock (Encore)**

Program and Promo now available on:

PRX:

<https://exchange.prx.org/pieces/529251-jenny-odell-and-discovering-life-beyond-the-clock>

Audioport:

https://audioport.org/index.php?op=program-info&program_id=277412&nav=&

Our stations page:

<http://www.radioproject.org/stations/>

FCC Legal version and Promo

Content Depot:

Available on PRSS at 04:00:00 ET 5/15/2024 :

<https://contentdepot.prss.org/portal/media/episodes/9795316>

Call (510) 239-3899 for help.

Promo:

https://www.radioproject.org/sound/2024/MakingCon_240515_promo.mp3

(Includes :10 end bed for ID)

Short Description (250 Characters):

This week, we talk to Jenny Odell about the ideas behind her book *Saving Time: Discovering a Life Beyond the Clock* and *How to Do Nothing: Resisting the Attention Economy*. We talk about how time shapes all our lives, question the idea that time is money, and look to understand the capitalistic and colonialist roots of the way we view time every day.

Long Description:

Have you ever really considered how we view time as a society? From work to leisure to appointments, we schedule every minute of our days, but how often do we think about why we treat time the way we do, our relationship to it, and why we value productivity over all else?

This week, we talk to Jenny Odell about the ideas behind her book *Saving Time: Discovering a Life Beyond the Clock* and *How to Do Nothing: Resisting the Attention Economy*. We talk about how time shapes all our lives, question the idea that time is money, and look to understand the capitalistic and colonialist roots of the way we view time every day.

Learn more about the story and find the transcript on [radio project.org](http://radio.project.org).

[Making Contact](#) is an award-winning, nationally syndicated radio show and podcast featuring narrative storytelling and thought-provoking interviews. We cover the most urgent issues of our time and the people on the ground building a more just world.

Featuring:

EPISODE FEATURES: This episode features Jenny Odell, artist and author of *Saving Time: Discovering a Life Beyond the Clock* and *How to Do Nothing: Resisting the Attention Economy*.

MAKING CONTACT: This episode is hosted by Lucy Kang. It is produced by Anita Johnson, Lucy Kang, Salima Hamirani, and Amy Gastelum. Our executive director is Jina Chung.

For More Information:

[-Jenny Odell](#)

Image:

Attached

Image Caption:

Credit: Penguin Random House

Caption: Excerpt from the book cover, reading "Saving Time: Discovering a Life Beyond the Clock" superimposed on top of orange and pink geological features

Please call us if you carry us (510-239-3899) and we will list your station on our website. If you excerpt, please credit early and often.

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