

Health Public File April 2014

Date=4/1/2014

Time=3:45

Slug=KIDS AND CHOLESTEROL

IT'S A VERY HIGH NUMBER BUT IF YOU BELIEVE ONE STUDY, ONE IN THREE KIDS HAS HIGH CHOLESTEROL. TEXAS CHILDREN'S HOSPITAL LOOKED AT THE MEDICAL RECORDS OF MORE THAN 12-THOUSAND KIDS BETWEEN THE AGES OF 9 AND 11. THEY FOUND THAT 30-PERCENT OF THOSE CHILDREN HAD ELEVATED CHOLESTEROL LEVELS. BOYS AND OBESE CHILDREN WERE MOST LIKELY TO HAVE HARMFUL LEVELS. DR. NATALIE STAVAS IS A BOSTON PEDIATRIC PHYSICIAN LIVE AT OUR BEACON HILL STUDIO.

Date=4/1/2014

Time=4:15

Slug=FOX MEDICAL TEAM

FOR SOME OF US, LIFTING WEIGHTS IS PART OF OUR DAILY GYM ROUTINE. BUT NEW RESEARCH FINDS OUR KIDS MIGHT WANT TO DO THE SAME-- NOT FOR THE SAKE OF BULKING UP-- RATHER, TO GET HEART HEALTHY. WE WANT TO BRING IN THE FOX MEDICAL TEAM'S DOCTOR JO.

Date=4/3/2014

Time=4:00

Slug=SUPPLEMENTS

WALK INTO ANY HEALTH STORE AND YOU'LL FIND SHELVES FULL OF NUTRITIONAL SUPPLEMENTS. BUT ARE THEY PROVEN TO BE SAFE? UNFORTUNATELY, SOMETIMES THE ANSWER IS NO. THERE HAVE BEEN CASES WHERE NUTRITIONAL SUPPLEMENTS HAVE CAUSED ORGAN FAILURE, EVEN DEATH. HERE TO TALK MORE ABOUT THE PROBLEM IS DR. PIETER A. COHEN, ASSISTANT PROFESSOR OF MEDICINE, AT HARVARD MEDICAL SCHOOL, ALSO WITH THE CAMBRIDGE HEALTH ALLIANCE.

Date=4/3/2014

Time=3:47

Slug=DUCHENNE TALKBACK

IT'S A DISEASE THAT MOVES FAST, BREAKING DOWN MUSCLES AND REPLACING THEM WITH FAT. CHILDREN WHO HAVE DUCHENNE MUSCULAR DYSTROPHY OFTEN DON'T LIVE PAST THEIR 20'S. BUT TWO LOCAL MOTHERS SAY THERE'S A DRUG TO FIGHT THIS DISEASE AND THEY ARE FIGHTING TO GET IT APPROVED BY THE FDA FOR THEIR SONS AND EVERYONE ELSE. TONIGHT, THEIR MESSAGE TO THE FDA.

Date=4/6/2014

Time=4:00

Slug=HEALTHY FENWAY

WE HAVE NOTHING AGAINST PEANUTS AND CRACKERJACKS, BUT THERE'S SOMETHING NEW AT THE BALLPARK FOR HEALTH CONSCIOUS FANS. JUST IN TIME FOR OPENING DAY, A HEALTHIER FARE MENU IS AVAILABLE AT FENWAY. JOAN SALGE

BLAKE, CLINICAL ASSOCIATE PROFESSOR AT BOSTON UNIVERSITY AND NUTRITION  
BLOGGER FOR BOSTON.COM JOINS US WITH A PREVIEW OF WHAT FANS CAN EXPECT.

Date=4/7/2014

Time=4:00

Slug=E-CIG POISON CONCERNS

THERE'S BEEN A LOT OF DISCUSSION ABOUT THE MERITS OF E-CIGARETTES. E-CIGS ARE GROWING IN POPULARITY--BUT THERE IS A DANGEROUS NEW CONCERN ABOUT THE PRODUCT. CALLS TO POISON CONTROL CENTERS ARE RISING RAPIDLY BECAUSE OF THE LIQUID USED IN SOME OF THE PRODUCTS. WE'RE JOINED THIS MORNING BY DR. EDWARD BOYER--PROFESSOR FOR EMERGENCY MEDICINE FOR UMASS MEDICAL SCHOOL.

Date=4/7/2014

Time=4:00

Slug=DR. KAREN

FOR THE FIRST TIME THIS YEAR THE BOSTON MARATHON WILL HAVE PSYCHOLOGISTS ALONG THE ROUTE TO HELP ANYONE DEALING WITH THE PAINFUL MEMORIES OF LAST YEAR. MENTAL HEALTH EXPERTS SAY THIS ONE YEAR ANNIVERSARY COULD BRING UP DIFFICULT EMOTIONS FOR THOSE IMPACTED DIRECTLY OR INDIRECTLY, WHETHER YOUNG OR OLD. WE HAVE FAMILY PSYCHOTHERAPIST DR. KAREN RUSKIN JOINING US WITH SOME ADVICE.

Date=4/7/2014

Time=4:00

Slug=CURBING CRAVINGS

DO YOU EVER HAVE THOSE DAYS WHEN YOU FEEL HUNGRY ALL-DAY-LONG? WELL, WE ALL GET THE MUNCHIES FROM TIME TO TIME, BUT THAT DOESN'T MEAN WE NEED TO HIT THE DRIVE THROUGH OR HAVE A SNACK ATTACK. THERE ARE ACTUALLY NATURAL WAYS TO CURB FOOD CRAVINGS, SO YOU DON'T END UP OVEREATING. JOINING ME RETIRED PHARMACIST AND AUTHOR DAVID FOREMAN, ALSO KNOWN AS "THE HERBAL PHARMACIST."

Date=4/8/2014

Time=4:00

Slug=BREASTFEEDING

IT'S SUPPOSED TO BE A BONDING TIME FOR MOTHER AND NEWBORN, BUT FOR SOME MOTHERS, BREASTFEEDING IS ANYTHING BUT PLEASANT. A LOCAL DOCTOR SAYS LASER SURGERY ON THE INFANT COULD HELP EASE MOM'S PAIN. BUT AS YOU CAN IMAGINE, SOME ARE CALLING IT A CONTROVERSIAL SOLUTION. WE'RE JOINED THIS MORNING BY PEDIATRIC DENTIST, DR. MARTIN KAPLAN.

Date=4/8/2014

Time=4:00

Slug=LYME DISEASE

IMPORTANT NEWS THIS MORNING ABOUT TICKS AND LYME DISEASE. NOW THAT IT'S SPRING - IT'S TIME TO BE ON THE LOOK OUT FOR TICKS THAT MAY BE INFECTED WITH LYME - A CONDITION THAT CAUSE SERIOUS HEALTH PROBLEMS IN PEOPLE AND PETS. DAVID MACCHIA IS ON THE FRONT LINES FIGHTING DANGEROUS TICKS AROUND MASSACHUSETTS. HE'S WITH MOSQUITO SQUAD OF CHELMSFORD.

Date=4/8/2014  
Time=4:00  
Slug=FOX MEDICAL

ROUGHLY ONE OUT OF THREE KIDS SCREENED FOR HIGH CHOLESTEROL BETWEEN THE AGES OF 9 AND 11 HAS BORDERLINE OR HIGH CHOLESTEROL, POTENTIALLY PLACING THEM AT GREATER RISK FOR FUTURE HEART DISEASE. FOX MEDICAL TEAM'S DR. MIKE JOINS US WITH THE STUNNING DETAILS.

Date=4/11/2014  
Time=3:30  
Slug=FLU COMING BACK

SPRING IS HERE! A LOT OF PEOPLE SUFFERING FROM ALLERGIES, AND THE FLU! THE FLU IS MAKING A LATE SURGE RIGHT NOW. BOSTON HEALTH OFFICIALS ARE TRACKING A RISE IN FLU ACTIVITY OVER THE LAST FEW WEEKS. THEY HAD 116 NEWLY REPORTED CASES JUST SINCE THE END OF MARCH. THIS FLU SEASON MORE THAN 25-PERCENT OF FLU VICTIMS IN THE CITY HAVE BEEN HOSPITALIZED AND THERE HAVE BEEN 11 DEATHS. WE BRING IN BOSTON PHYSICIAN DOCTOR NATALIE STAVAS.

Date=4/17/2014  
Time=4:30  
Slug=BMI/PREGNANCY

A NEW STUDY REVEALING THAT A WOMAN'S WEIGHT CAN PLAY A MAJOR ROLE WHEN IT COMES TO PREGNANCY. LONDON RESEARCHERS FOUND THAT WHEN A PREGNANT WOMAN HAS A HIGHER B-M-I, THE RISKS OF DEATH ARE INCREASED FOR THE UNBORN CHILD. EVEN MODEST INCREASES IN MATERNAL B-M-I SAW INCREASED RISK OF FETAL DEATH, STILLBIRTH, AND INFANT DEATH. WE BRING IN REGISTERED DIETICIAN AND BU ASSOCIATE PROFESSOR JOAN SALGE BLAKE.

Date=4/17/2014  
Time=5:30  
Slug=MEDICAL TENT DOCTOR

THE MEDICAL TENT AT THE MARATHON. DOCTORS, NURSES, PARAMEDICS – VOLUNTEERS. SO MANY PEOPLE READY TO GO BACK ON MONDAY AFTER BEING THRUST INTO CHAOS LAST YEAR. DR. LYLE MICHELI IS ONE OF THEM. HE HAS BEEN MEDICAL COORDINATOR AT THE MARATHON FINISH LINE SINCE 1975 AND IS THE DIRECTOR OF SPORTS MEDICINE AT BOSTON CHILDREN'S HOSPITAL.

Date=4/21/2014  
Time=3:30  
Slug=HEARING PROGRAM

IT'S AN INJURY THAT YOU CAN'T SEE. BUT SO MANY PEOPLE WHO WERE NEAR THE MARATHON BOMBINGS LAST YEAR SUFFERED FROM INJURIES TO THEIR EARS, INCLUDING HEARING LOSS .NOW, THERE'S ADDITIONAL HELP FOR THOSE SURVIVORS. LIAM LONEY IS THE EXECUTIVE DIRECTOR OF THE MASSACHUSETTS OFFICE FOR VICTIM ASSISTANCE.

Date=4/22/2014  
Time=4:00  
Slug=FOX MEDICAL

SLEEP EXPERTS SAY THE AVERAGE PERSON NEEDS 7-9 HOURS OF SLEEP ON A DAILY BASIS. BUT WHAT IF YOU JUST RAN A MARATHON? HOW MUCH REST DOES A BODY NEED FOLLOWING THE INCREDIBLE ACCOMPLISHMENT OF COMPLETING 26.2 MILES, AND WHAT'S THE BEST WAY FOR RUNNERS TO RECOVER? WE'RE JOINED THIS MORNING BY DR. MIKE CIRIGLIANO, FOX MEDICAL TEAM REPORTER.

Date=4/22/2014  
Time=4:00  
Slug=KIDS AND CODEINE

SOME HEALTH NEWS NOW THAT COULD AFFECT YOUR CHILD. KIDS AND CODEINE. A NEW STUDY SHOWS THAT HOSPITALS ARE STILL PRESCRIBING IT NOW ALMOST AS MUCH AS BEFORE WHEN RED FLAGS WERE RAISED ON ITS SAFETY FOR KIDS. BOSTON PHYSICIAN DR. NATALIE STAVAS IS WITH US NOW.

Date=4/22/2014  
Time=7:00  
Slug=MD KIDS UPDATE

WE'VE BEEN REPORTING ON TWO LOCAL MOTHERS WHO ARE FIGHTING TO GET A DRUG APPROVED FOR CHILDREN WITH DUCHENNE MUSCULAR DYSTROPHY. IT'S A BATTLE AGAINST THE CLOCK BECAUSE DUCHENNE IS AGGRESSIVE AND IS DEADLY. CHRISTINE MCSHERRY'S SON AND JENN MCNARY'S TWO SONS HAVE DUCHENNE AND THEY'VE BEEN FIGHTING FOR THE F-D-A TO APPROVE A DRUG THAT THEY SAY CAN HELP CHILDREN JUST LIKE THEIR SONS. EARLIER THIS MONTH, MCSHERRY PLEADED WITH THE F-D-A RIGHT HERE ON FOX25. ONE DAY LATER, I SPOKE WITH FDA COMMISSIONER MARGARET HAMBURG. SHE HAPPENED TO BE IN CAMBRIDGE FOR A MEETING. I ASKED HER WHY THIS DRUG HASN'T BEEN GIVEN THE FAST TRACK.

Date=4/23/2014  
Time=4:30  
Slug=INFERTILITY AWARENESS

IT IS NATIONAL INFERTILITY AWARENESS WEEK. IT'S AN ISSUE THAT AFFECTS MILLIONS OF PEOPLE AND A LOCAL ORGANIZATION IS TRYING TO HELP COUPLES STRUGGLING WITH INFERTILITY TO REALIZE THEIR DREAMS OF PARENTHOOD. JENNIFER CONLEY AND COLLEEN BRI-LEE ARE THE CO-FOUNDERS OF JOURNEY TO PARENTHOOD, A NEW NON-PROFIT BASED OUT OF NORWOOD THAT PROVIDES EDUCATION, ALONG WITH FINANCIAL AND EMOTIONAL SUPPORT FOR THOSE BATTLING INFERTILITY.

Date=4/23/2014  
Time=4:00  
Slug=ZOHYDRO CONTROVERSY

IT'S A VERY POWERFUL PAINKILLER. AND NOW GOVERNOR PATRICK IS PLACING RESTRICTIONS ON THE DRUG ZOHYDRO. ZOHYDRO IS MUCH STRONGER THAN VICODIN OR OXYCONTIN. LAST WEEK A FEDERAL JUDGE SAID MASSACHUSETTS COULD NOT BAN THE USE OF ZOHYDRO IN THE STATE. GOVERNOR DEVAL PATRICK HAS NOW ISSUED NEW RULES REQUIRING DOCTORS TO COMPLETE A RISK ASSESSMENT BEFORE PRESCRIBING IT TO PATIENTS. PHYSICIANS MUST ALSO USE A PRESCRIPTION MONITORING PROGRAM. LAST MONTH THE GOVERNOR DECLARED A PUBLIC HEALTH EMERGENCY BECAUSE OF A SPIKE IN OVERDOSE DEATHS BY PEOPLE ADDICTED TO HEROIN AND OTHER PAINKILLERS.

Date=4/24/2014  
Time=4:00  
Slug=DOGS/LYME

A WARNING FOR PET OWNERS. A NEW REPORT SAYS DOGS IN BOSTON ARE AT HIGH RISK OF GETTING LYME DISEASE. IN FACT - MASSACHUSETTS RANKS SECOND IN THE NATIONAL FOR THE HIGHEST RATE. DR. CHRISTIE TAYLOR, A LOCAL BANFIELD PET HOSPITAL VETERINARIAN, IS JOINING US THIS MORNING WITH DETAILS.

Date=4/24/2014  
Time=3:06  
Slug=SHOCK THERAPY HEARINGS

AN F-D-A ADVISORY PANEL RECOMMENDING THIS EVENING TO BAN THE DEVICES THAT DELIVER PAINFUL ELECTRIC SHOCKS TO DISABLED STUDENTS AT THE JUDGE ROTENBERG CENTER IN CANTON. IF ADOPTED BY THE F-D-A, THE PANEL'S RECOMMENDATION COULD PUT AN END TO THE CONTROVERSIAL SHOCK THERAPY. THE SCHOOL SAYS THESE DEVICES SAVE LIVES. BUT ONE OPPONENT CALLS TONIGHT'S HEARING A BIG STEP FORWARD IN THE FIGHT TO BAN THE SHOCKS FOR GOOD. FOX UNDERCOVER'S MIKE BEAUDET HAS THE LATEST ON THE STORY HE'S BEEN COVERING FOR YEARS.

Date=4/25/2014  
Time=4:00  
Slug=E-CIG RULING

IT'S A FIRST STEP TO HELP TAME THE FAST GROWING ELECTRONIC CIGARETTE INDUSTRY. AN INDUSTRY THAT HAS RAISES CONSIDERABLE HEALTH AND SAFETY CONCERNS. AS WE REPORTED THURSDAY- THE FOOD AND DRUG ADMINISTRATION PROPOSED EXTENDING OVERSIGHT OVER THE PRODUCTS, SAYING THEY JUST DON'T KNOW ENOUGH ABOUT THEM. BUT ARE THE PROPOSED RULES STRONG ENOUGH? DR. EDWARD BOYER WITH UMASS MEMORIAL MEDICAL CENTER IS HERE WITH THE DETAILS.

Date=4/28/2014  
Time=4:30  
Slug=AUTISM HELP

WHEN YOU LOOK AT THE MATH AROUND AUTISM, THE NUMBERS ARE STAGGERING. NEW RESEARCH SUGGESTS ONE IN 68 CHILDREN HAVE A FORM OF AUTISM. ONE IN 44 BOYS. THE CHALLENGES OF RAISING AN AUTISTIC CHILD CAN BE DIFFICULT FOR PARENTS. BUT U-MASS MEDICAL SCHOOL HAS DEVELOPED A PROGRAM TO HELP FAMILIES LIKE KIM YEE'S. KIM IS HERE WITH US THIS MORNING WITH HER 7 YEAR OLD SON BRAEDEN WHO HAS AUTISM. AND MAURA BUCKLEY IS ALSO HERE WITH US. SHE HAS TWO CHILDREN WITH AUTISM AND ALSO WORKS AT UMASS MEDICAL SCHOOL FOCUSING ON THE PROGRAM.

Date=4/28/2014  
Time=4:00  
Slug=MILK CONFUSION

WHAT'S SNACK TIME WITHOUT MILK? SOME CONNECTICUT LAWMAKERS ARE CONSIDERING A BILL THAT WOULD BAN DAY CARE CENTERS FROM SERVING WHOLE MILK OR 2 PERCENT MILK TO KIDS - SAYING IT'LL FIGHT OBESITY. BUT IS MILK REALLY BAD FOR OUR KIDS? JOINING US THIS MORNING FROM OUR BEACON HILL STUDIO IS SKYLAR GRIGGS A REGISTERED DIETITIAN AT BOSTON CHILDREN'S HOSPITAL.

Date=4/30/2014  
Time=4:00  
Slug=EYE BAG HELP

IF YOU 'RE ANYTHING LIKE US--FUELED BY COFFEE AND CONCEALER IN THE MORNINGS--YOU MIGHT BE INTERESTED IN A SOLUTION FOR UNDEREYE CIRCLES. IT'S A PRODUCT DEVELOPED IN OUR OWN BACK YARD, AND PROMIISES TO REDUCE DARKNESS AND PUFFINESS WITHIN THREE HOURS. THIS MORNING, DR. MATHEW AVRAM HAS THE DETAILS ON NEOTENSIL HE'S THE DIRECTOR OF THE MASS GENERAL HOSPITAL DERMATOLOGY LASER & COSMETIC CENTER. THANKS FOR JOINING US FROM THE BEACON HILL STUDIO.