Health Public File June 2014

Date=6/2/2014 Time=4:00 Slug=SKIN CANCER STUDY

IT'S GOING TO BE BEAUTIFUL AND SUNNY TODAY, BUT SOME FOLKS WILL STILL HIT THE TANNING SALON TO GET A TOUCH OF COLOR OR "BASE TAN" BEFORE THE SUMMER REALLY GETS UNDERWAY. IF YOU THINK THAT'S THE SAFE WAY TO DO IT, THERE'S A NEW STUDY FOR YOU TO CONSIDER. JOINING US IS DR.VANEETA SHETH A DERMATOLOGIST AT BRIGHAM & WOMEN'S HOSPITAL.

Date=6/3/2014 Time=4:00 Slug=FOX MEDICAL TEAM

SERIOUS MENTAL ILLNESS CAN TAKE MORE THAN A DOZEN YEARS OFF A PERSON'S LIFE. AND THAT'S EVEN WORSE THAN THE IMPACT OF SMOKING A PACK OF CIGARETTES DAY. FOX MEDICAL TEAM'S DR. MIKE WITH DETAILS ON THIS STARTLING NEW STUDY AND SOME OTHER HEALTH HEADLINES THIS MORNING.

Date=6/3/2014 Time=4:30 Slug=LOWELL TB SCARE

A STUDENT AT LOWELL HIGH SCHOOL TESTS POSITIVE FOR TUBERCULOSIS AND IS HOSPITALIZED. NOW MORE THAN 100 STUDENTS AND STAFFERS AT THE SCHOOL ARE BEING TESTED FOR THE INFECTION. ONLY STUDENTS AND STAFF WHO CAME IN CLOSE CONTACT WITH THE STUDENT WILL BE GIVEN SKIN TESTS. THEY SHOW WHETHER A PERSON HAS EVER BEEN EXPOSED TO BACTERIA THAT CAUSES THE LUNG INFECTION. THE CITY'S HEATH DIRECTOR SAYS NO ONE SHOULD BE WORRIED.

Date=6/10/2014 Time=4:00 Slug=KIDS/ALLERGENS

IF YOU'RE THE PARENT OF A NEWBORN, YOU MAY BE FAMILIAR WITH THE TERM "NESTING." PART OF GETTING READY FOR BABY OFTEN INVOLVES SCRUBBING THE HOUSE CLEAN AND FRETTING OVER THE HEALTH OF THE BABY, WITH PETS IN THE HOUSE. BUT IS EVERYTHING WE THOUGHT WE KNEW, WRONG? DR. GEORGE O'CONNOR, IS A PROFESSOR OF MEDICINE, AT "BOSTON UNIVERSITY SCHOOL OF MEDICINE." HE'S ALSO A PULMONOLOGIST AT BOSTON MEDICAL CENTER. HE SAYS NEW RESEARCH SUGGESTS THAT EXPOSURE TO SPECIFIC COMBINATIONS OF ALLERGENS AND BACTERIA WITHIN THE FIRST YEAR OF LIFE MAY PROTECT CHILDREN FROM WHEEZING AND ALLERGIC DISEASE.

Date=6/10/2014 Time=4:00 Slug=FOX MEDICAL MOST OF US HAVE BEEN THERE-- GO TO THE DOCTOR, GET A NEW PRESCRIPTION, ONLY TO SEE THAT LONG LIST OF SIDE EFFECTS AND INTERACTIONS ON THE BOTTLE. THE REALITY IS: MIXING YOUR FAVORITE FOODS AND DRINKS WITH NEW MEDS CAN PUT YOU AT RISK FOR SOME PRETTY BIG PROBLEMS. LET'S BRING IN THE FOX MEDICAL TEAMS DOCTOR JO.

Date=6/10/2014 Time=4:00 Slug=TOT DIETS

IT'S ONE THING FOR CELEBRITIES TO HYPE THEIR LATEST FAD DIET. WE SEE IT ALL THE TIME ON THE COVER OF MAGAZINES. STARS TOUTING HOW THEY LOST 10 POUNDS IN A WEEK? NOW ONE CELEBRITY DIET TREND HAS SPREAD TO YOUNG KIDS. THE VEGAN CHALLENGE WAS CREATED BY CELEBRITY YOGI AND AUTHOR RAINBEAU MARS. AND IT'S CREATING CONTROVERSY. WE BRING IN REGISTERED DIETICIAN ELIZABETH WARD TO WEIGH IN ON THIS VEGAN CHALLENGE FOR KIDS.

Date=6/10/2014 Time=5:14 Slug=OPIATE TASK FORCE

HUNDREDS OF DEATHS EACH YEAR. A PUBLIC HEALTH EMERGENCY. FROM 2000 TO 2012 THE NUMBER OF UNINTENTIONAL FATAL OPIOID OVERDOSES IN MASSACHUSETTS INCREASED BY 90 PERCENT. TODAY - GOVERNOR DEVAL PATRICK UNVEILED THE FINDINGS FROM A TASK FORCE ESTABLISHED TO DEAL WITH THE PROBLEM. WE ARE JOINED NOW BY PAUL JEFFREY A PHARMACY DIRECTOR AT UMASS MEDICAL SCHOOL 'S "COMMONWEALTH MEDICINE".

Date=6/11/2014 Time=4:15 Slug=PREGNANT WOMEN & FISH

IMPORTANT HEALTH NEWS THIS MORNING FOR PREGNANT WOMEN AND CHILDREN. FEDERAL OFFICIALS FOR THE FIRST TIME ARE RECOMMENDING THEY EAT MORE FISH. WE BRING IN JOAN SALGE BLAKE. SHE'S A REGISTERED DIETICIAN AND NUTRITIONIST PROFESSOR AT BOSTON UNIVERSITY.

Date=6/11/2014 Time=4:00 Slug=DEHYDRATION DANGER

WITH WARMER WEATHER HERE, THE DANGER OF DEHYRDATION IN KIDS AND ADULTS IS VERY REAL. I LEARNED THIS THE HARD WAY WHEN MY DAUGHTER KEPT COMPLAINING OF A STOMACH THIS WEEKEND. TURNED OUT SHE WAS DEHYRDATED. I FELT HORRIBLE, ESPECIALLY SINCE I DIDN'T RECOGNIZE THE WARNING SIGNS. SO WHAT ARE THEY - I WANT TO MAKE SURE EVERY PARENT KNOWS. WE BRING IN DR. CLAIRE MCCARTHY WITH BOSTON CHILDREN'S HOSPITAL.

Date=6/12/2014 Time=3:40 Slug=DRINKABLE SUNSCREEN LOAD UP THE COOLER KIDS! WHEN YOU GET READY FOR THE BEACH THIS SUMMER, THERE ARE ALL KINDS OF DRINKS YOU COULD PACK--WATER, ICED TEA...SUNSCREEN! A U-S COSMETICS COMPANY CLAIMS TO HAVE DESIGNED A SUNTAN LOTION THAT YOU CAN DRINK. JOINING US IS BRIGHAM AND WOMEN'S DERMATOLOGIST DR. JOE MEROLA.

Date=6/16/2014 Time=5:32 Slug=ARTIFICIAL PANCREAS

NO MORE COUNTING CARBS AND CALCULATING INSULIN INJECTIONS. IT COULD SOON BE REALITY FOR TYPE ONE DIABETICS. RESEARCHERS ARE DEVELOPING AN ARTIFICIAL PANCREAS HERE IN BOSTON! EARLIER SORBONI BANERJEE SAT DOWN WITH THE LEADER AND CO AUTHOR OF THE STUDY, DOCTOR STEVEN RUSSELL, AND BU ASSOCIATE PROFESSOR EDWARD DAMIANO.

Date=6/17/2014 Time=4:00 Slug=FOX MEDICAL

THINKING ABOUT WORKING OUT AT YOUR HOME GYM TODAY? WHILE MOST OF US KEEP OUR EQUIPMENT IN THE BASEMENT OR GARAGE TO KEEP IT OUT OF THE WAY-WE MAY BE EXPOSING OURSELVES TO PESTS, POLLUTANTS AND OTHER HAZARDS. FOX MEDICAL TEAM'S DR. MIKE HAS A WARNING.

Date=6/17/2014 Time=4:30 Slug=MOMS/DEPRESSION

SOME MOTHERS USED TO BRUSH IT OFF, SAYING IT'S JUST THE BABY BLUES. BUT IT TURNS OUT MORE AND MORE WOMEN ARE SUFFERING FROM POSTPARTUM DEPRESSION. AN IN DEPTH ARTICLE IN THE NEW YORK TIMES SHOWS JUST HOW PREVALENT THIS REALLY IS. ANYWHERE FROM ONE IN EIGHT TO AS MANY AS ONE IN FIVE WOMEN SHOW SIGNS OF DEPRESSION, OCD, ANXIETY OR BIOPOLAR DISORDER WITHIN A YEAR OF HAVING A BABY. AND LISTEN TO THIS...SCIENTISTS BELIEVE THAT DEPRESSION CAN DEVELOP BEFORE THE CHILD IS EVEN BORN. ONE MOM SPOKE TO THE TIMES ABOUT WHAT SHE WENT THRU WHEN SHE WAS PREGNANT WITH HER SECOND CHILD. DR. ELLEN BRAATEN IS A HARVARD AND MASS GENERAL HOSPITAL PSYCHOLOGIST, LIVE AT OUR BEACON HILL STUDIO.

Date=6/23/2014 Time=4:25 Slug=WEIGHT LOSS/LISA

ARE YOU IN A WEIGHT LOSS SLUMP? DOES IT FEEL LIKE YOU'LL NEVER LOSE THOSE LAST FIVE POUNDS? WEIGHT LOSS EXPERT LISA LYNN SAYS TELL US THAT FIVE THINGS THAT COULD BE SABOTAGING YOUR GOALS.

Date=6/24/2014 Time=4:30

## Slug=AUTISM AND PESTICIDES

A NEW STUDY LINKS AUTISM TO PESTICIDES, CLAIMING IF A PREGNANT WOMAN LIVED NEAR PLACES THAT USE STRONG COMMERCIAL PESTICIDES, A FARM, OR A GOLF COURSE FOR EXAMPLE, THE RISK OF HAVING A CHILD WITH AUTISM CAN GO WAY UP -66 TO 200 PERCENT. WITH ME NOW IS DR. RAFAEL CASTRO, EXECUTIVE DIRECTOR OF THE INTEGRATED CENTER FOR CHILD DEVELOPMENT.

Date=6/24/2014 Time=4:00 Slug=FOX MEDICAL TEAM

DOCTORS ARE FOCUSING ON CUTTING STROKE RISK FOR WOMEN AT A YOUNGER AGE. STROKE TYPICALLY AFFECTS WOMEN IN LATER YEARS - BUT DOCTORS ARE NOW STARTING TO HELP THEM CUT THEIR RISK EARLIER IN LIFE. FOX MEDICAL TEAM'S DR. MIKE HAS WHAT YOU NEED TO KNOW.

Date=6/25/2014 Time=3:30 Slug=CHILD BIRTH/LONGEVITY

NEW THIS MORNING IN HEALTH NEWS. A LOCAL STUDY SUGGESTING WOMEN WHO GIVE BIRTH LATER IN LIFE MAY LIVE LONGER. THE STUDY IS OUT OF BOSTON UNIVERSITY SCHOOL OF MEDICINE. JOINING US THIS MORNING FROM OUR BEACON HILL STUDIO IS THE LEAD AUTHOR, DR. THOMAS PERL.

Date=6/25/2014 Time=4:00 Slug=THE NEW MOO

SOME ARE CALLING IT THE NEW MOO. WALK DOWN THE MILK AISLE AND YOU'LL FIND RICE, SOY, ALMOND, ALMOND, COCONUT, AND SO MANY MORE. SO WHICH ALTERNATIVES ARE REALLY GOOD FOR YOU? JOAN SALGE BLAKE, A REGISTERED DIETITIAN AND ASSOCIATE PROFESSOR AT BOSTON UNIVERSITY, IS AT THE BEACON HILL STUDIO THIS MORNING TO HELP US FIGURE IT OUT.

Date=6/27/2014 Time=2:53 Slug=AMPUTEE PRESSER

CHECKING HEALTH HEADLINES TONIGHT. A QUAD AMPUTEE IS BEING GIVEN AN OPPURTUNITY TO GET PART OF THE LIFE BACK THAT HE LOST BACK IN 2011. AND THAT OPPORTUNITY IS COMING FROM THE GREAT PEOPLE OVER AT BRIGHAM AND WOMEN'S HOSPITAL. SORBONI'S STANDING BY WITH THE STORY.

Date=6/28/2014 Time=2:33 Slug=MARIJUANA DISPENSARIES

ONE STEP CLOSER TO FINDING OUT WHERE THE STATE'S FIRST MEDICAL MARIJUANA DISPENSARIES WILL OPEN. TODAY THE DEPARTMENT OF PUBLIC HEALTH

ANNOUNCING THAT 11 COMPANIES HAVE BEEN CLEARED TO MOVE FORWARD. FOX 25'S POLITICAL REPORTER, SHARMAN SACCHETTI WAS THERE FOR THE UPDATE.

Date=6/30/2014 Time=4:30 Slug=NURSE STAFF RATIOS

HOPING TO AVERT TWO COSTLY HEALTH CARE-RELATED BALLOT CAMPAIGNS IN THE FALL, THE HOUSE ON WEDNESDAY UNANIMOUSLY SIGNED OFF ON A BILL THAT SETS NURSE STAFFING RATIOS IN INTENSIVE CARE UNITS WITHIN HOSPITALS. IT STILL HAS TO PASS THE SENATE AND BE SIGNED INTO LAW BY GOVERNOR PATRICK BY JULY 2ND TO STAY OFF THE BALLOT. BUT HOW WILL THE OUTCOME AFFECT YOUR CARE AT HOSPITALS? JOINING ME IS SHARON GALE, C.E.O. OF THE ORGANIZATION OF NURSE LEADERS OR MASS. AND RHODE ISLAND. AND FROM OUR BEACON HILL STUDIO--KAREN COUGHLIN, A 30 YEAR NURSE AT TAUNTON STATE HOSPITAL AND VICE -PRESIDENT OF THE MASSACHUSETTS NURSES ASSOCIATION.