



Weekly Public Affairs Program

Call Letters: WXBW-FM

QUARTERLY ISSUES REPORT, OCTOBER-DECEMBER, 2012

Show # 2012-41

Date aired: 10/7 Time Aired: 6Am

Robert Cantu, MD, Chief of Neurosurgery, Chairman of the Department of Surgery, and Director, Service of Sports Medicine at Emerson Hospital in Concord Massachusetts, Clinical Professor of Neurosurgery and Co-Director of Boston University's Center for the Study of Traumatic Encephalopathy, senior consultant to the National Football League, author of "*Concussions and Our Kids: America's Leading Expert on How to Protect Young Athletes and Keep Sports Safe*"

Concussions are a not-so-silent epidemic among school-age athletes. Dr. Cantu discussed the most common causes of concussions and explained which sports are the most dangerous. He talked about the long-term ramifications of brain trauma injuries and offered ideas for reforms that would reduce concussions in youth sports.

Issues covered:

Length: 9:10

- Personal Health**
- Youth Sports**
- Parenting Concerns**

Dana Gunders, Project Scientist, Natural Resources Defense Council's Food and Agriculture program in San Francisco

Ms. Gunders was the lead author of a report that found that 40 percent of the nation's food supply--valued at \$165 billion--goes uneaten each year. She outlined the economic and environmental impacts of food waste, and what can be done to fight this growing problem. She discussed misconceptions surrounding expiration dates and said most of them actually are indicators of food quality, not necessarily food safety.

Issues covered:

Length: 8:09

- Hunger**
- Food Safety**
- Consumer Matters**
- Environment**

Roger Leslie, award-winning teacher, author of "*Success Express for Teens*"

Mr. Leslie believes that teens need to set goals in order to succeed in later life. He talked about the importance of young people learning the value of good citizenship and time management. He offered suggestions of how teens can determine their personal strengths and take smart risks.

Issues covered:

Length: 4:52

- Teen Issues**
- Youth at Risk**
- Parenting Issues**

Show # 2012-42

Date aired: 10/14 Time Aired: 6AM

Jonah Engle, freelance journalist based in Washington, DC

Mr. Engle discussed civil asset forfeiture, a part of the War on Drugs which allows the government to seize property-- even if it doesn't have enough evidence to convict or even charge someone with a drug offense. He explained how the forfeiture process works and why it is so difficult to recover property after it is seized. He said many law enforcement agencies include projected revenue from asset forfeitures in their annual budgets.

Issues covered:

Length: 9:03

War on Drugs
Crime
Legal Issues
Government Policies

Alexandre Montagu, attorney, expert in intellectual property law, international commercial transactions and new media commercial and corporate law, author of "*Intellectual Property: Money and Power in a New Era*"

Mr. Montagu talked about intellectual property law, how it has changed with new technology, and why nearly everyone should understand the basics. He explained potential pitfalls for both the average consumer, and small and medium-sized businesses. Among the examples he cited: knock-offs of brand-name products on Internet auction sites and the indiscriminate use of photographs found online.

Issues covered:

Length: 8:12

Legal Issues
Consumer Matters

Jennifer Grasz, Vice President, Corporate Communications at CareerBuilder.com

Ms. Grasz outlined the results of a recent survey conducted by her organization that found that 69% of full-time workers regularly search for new job opportunities. She said that new online tools available to job seekers have made it much easier to do in-depth research on potential employers. She also discussed the reasons that such a high percentage of the workforce is interested in changing jobs.

Issues covered:

Length: 5:07

Employment
Workplace

Show # 2012-43

Date aired: 10/21 Time Aired: 6AM

Niobe Way, PhD, Professor of Applied Psychology at New York University, and Director of the Ph.D. program in Developmental Psychology, author of "*Deep Secrets: Boys' Friendships and the Crisis of Connection*"

Dr. Way discussed her research into myths about boys, friendships, and human nature. She said boys in their early and mid-teens often develop close friendships with other boys, but in late adolescence, boys feel they have to "man up" by becoming stoic and independent. She explained how our culture discourages male friendships, and what parents can do to encourage their sons to build these critical relationships and fundamental human skills.

Issues covered:

**Mental Health
Boys Issues
Parenting**

Length: 9:25

Jennifer Amann, Buildings Program Director, American Council for an Energy-Efficient Economy, co-author of the organization's Consumer Guide to Home Energy Savings

Ms. Amann talked about the wisest ways to shop for energy-efficient appliances like refrigerators and washing machines. She explained how consumers can evaluate the energy costs and offered tips on how to reduce the amount of wasted energy from electronics that are not in use.

Issues covered:

**Energy Issues
Consumer Matters
Environment**

Length: 7:51

Charles Wilson, labor and employment attorney with Cozen O'Connor, a law firm based in Houston

Politics and the presidential election are hot topics around the water cooler. Mr. Wilson said that it is wise for employees to avoid political discussions at work. He also explained why private employers are permitted to set up policies that limit employees' First Amendment rights in the workplace. He said that in order to avoid accusations of discrimination, employers must strive to be neutral in dealing with employees' views on political candidates.

Issues covered:

**First Amendment Rights
Employment
Workplace**

Length: 4:51

Show # 2012-44

Date aired: 10/28 Time Aired: 6 AM

Carl Van Horn, PhD, expert on workforce, human resources, and employment policy issues, Professor of Public Policy and Director of the John J. Heldrich Center for Workforce Development at Rutgers University

Many unemployed people over the age of 50 are worried that they may never be able to get another job. Dr. Van Horn discussed the special challenges these job hunters face and the reasons why many of their concerns are valid. He offered suggestions for older people who are seeking work. He also talked about how this problem affects retirement planning and how government policies will need to adapt to help.

Issues covered:

**Unemployment
Senior Citizens
Retirement Planning**

Length: 8:55

Gary Rivlin, author of "*Broke, USA: From Pawnshops to Poverty, Inc.—How the Working Poor Became Big Business*"

Mr. Rivlin talked about the flourishing poverty industry, which includes payday loans, cash-for-gold, rent-to-own, and pawnshops. He explained how entrepreneurs have turned the small pawnshop industry of yesteryear into huge, highly profitable corporations, by selling new high-priced services to the working poor. He believes that regulatory reform is needed to crack down on predatory business practices.

Issues covered:
Poverty
Government Regulation

Length: 8:19

Dana Peres Edelson, MD, Director of Clinical Research at the Emergency Resuscitation Center at the University of Chicago Medical Center

Dr. Edelson was a co-author of revised guidelines for cardiopulmonary resuscitation for The American Heart Association. She outlined the major changes in CPR rules, and said chest compression should be the top priority in a cardiac emergency.

Issues covered:
Personal Health
Emergency Preparedness

Length: 5:00

Show # 2012-45

Date aired: 11/4 Time Aired: 6am

Pamela Hyde, Administrator of the Substance Abuse and Mental Health Services Administration, a public health agency within the Department of Health and Human Services

New government data says there has been a 54 percent drop in drinking and driving among high school teens during the past two decades. Ms. Hyde discussed the reasons behind the decline, and offered advice for parents who are concerned about their teenagers.

Issues covered:
Drinking and Driving
Youth Issues
Parenting

Length: 7:53

Janet Tomiyama, PhD, Assistant Professor in the Department of Psychology at UCLA

Dr. Tomiyama conducted a study that examined the roles that stress and race play in the epidemic of obesity among teenage girls. She found that although stressed-out black girls and white girls tend to gain weight, stress appears to have a greater effect on the weight of black girls. And surprisingly, black girls reported less stress overall than white girls. Dr. Tomiyama talked about the racial disparity and why obesity is such an important public health concern.

Issues covered:
Public Health
Minority Concerns
Women's Issues

Length: 9:28

Brian Fikkert, PhD, Associate Professor of Economics at Covenant College in Georgia, co-author of "*When Helping Hurts: How to Alleviate Poverty Without Hurting the Poor*"

Dr. Fikkert talked about the challenges faced by faith-based organizations and other groups when seeking to help poor or homeless Americans. He said aid efforts often end up perpetuating poverty, rather than solving the problem. He believes that building personal relationships with aid recipients and giving them a sense of self-worth is more effective than simply providing food or other items.

Issues covered:
Homelessness
Poverty
Faith-based Initiatives

Length: 4:58

Show # 2012-46

Date aired: 11/11 Time Aired: 6am

Joshua Lyon, magazine reporter, former prescription drug addict, author of "*Pill Head: The Secret Life of a Painkiller Addict*"

Prescription drug abuse has eclipsed the use of illicit drugs like cocaine, heroin and meth. Mr. Lyon said accessibility of these drugs--paired with a false perception of their safety--has contributed to their popularity among America's twenty-something youth. He shared his story of addiction and rehab, and offered advice to those who are struggling with addiction.

Issues covered:
Substance Abuse
Government Policies

Length: 8:20

Thomas Talavage, PhD, Associate Professor at the Weldon School of Biomedical Engineering and the School of Electrical and Computer Engineering at Purdue University

Dr. Talavage was the lead author of a study that examined brain injuries to high school football players who did not receive a concussion. He found that top players received an average of 1,800 major impacts to the head in a season, and that many of them experienced measurable declines in cognitive function. He offered suggestions for players, parents and coaches on how to reduce the amount of brain trauma a player may receive.

Issues covered:
Personal Health
Mental Health
Parenting Concerns

Length: 8:45

Susan Carpenter, environmental reporter and columnist for the *Los Angeles Times*

Ms. Carpenter spent two years and thousands of dollars transforming her California home into a test case for sustainable living. She talked about some of the most cost-efficient ways to go "green," along with some of the less successful projects. She outlined the easiest ways the average person can improve their environmental footprint.

Issues covered:
Environment
Consumer Matters

Length: 4:55

Show # 2012-47

Date aired: 11/18 Time Aired: 6am

Michael Oswald, author of "*Your Guide to the National Parks: The Complete Guide to all 58 National Parks*"

In researching his book, Mr. Oswald visited and camped in 48 of our national parks over the course of several years. He shared his thoughts on the importance of the national parks system, and offered advice for visitors regarding some on the lesser-known attractions. Based on his observations as a frequent visitor, he believes that the national park system is being managed and funded in a responsible way.

Issues covered:
National Parks
Tourism
Government Spending

Length: 8:08

Stanton A. Glantz, Ph.D., Director of the Center for Tobacco Control Research and Education at the University of California, San Francisco

Dr. Glantz recently published a comprehensive study of the effect of laws that ban smoking in public places. He found that the restrictions result in a rapid decrease in hospitalizations for heart attack, stroke, respiratory diseases, including asthma and chronic obstructive pulmonary disease. He said he favors even stronger legislation to restrict smoking, because he found that the strictest laws resulted in the highest health benefits.

Issues covered:
Public Health
Government Regulation

Length: 8:57

Roxana Soto, journalist, co-founder of SpanglishBaby.com, co-author of "*Bilingual Is Better: Two Latina Moms on How the Bilingual Parenting Revolution is Changing the Face of America*"

Since the founding of the US, immigrants traditionally expected their children to embrace the American melting pot by leaving behind their heritage language and speaking only English. However, Mrs. Sota is part of a growing movement of Latino parents who want to maintain their language and cultural heritage, by encouraging their children to be bilingual. She talked about the obstacles faced by bilingual families and the benefits of speaking more than one language.

Issues covered:
Latino Concerns
Language
Parenting

Length: 4:58

Show # 2012-48

Date aired: 11/25 Time Aired: 6am

Lee Crockett, Managing Partner of the 21st Century Fluency Project, co-author of "*Understanding the Digital Generation: Teaching and Learning in the New Digital Landscape*"

Mr. Crockett said that today's digital technology is dramatically changing how children learn. He said research is finding that youngsters' brains are changing physically and chemically, as a result of their use of computers and other digital devices. He explained how those changes are affecting the reasoning skills and educational needs of this generation, and how public school systems must adapt.

Issues covered:
Education
Parenting Concerns

Length: 8:53

Randall Pinkett, first African-American winner of "*The Apprentice*," author of "*Black Faces in White Places: 10 Game-Changing Strategies to Achieve Success and Find Greatness*"

When Mr. Pinkett became the first African-American winner of "*The Apprentice*," he also became the only contestant who was asked to share his victory with a white woman. He discussed how his refusal resulted in a firestorm of controversy. He said sometimes hard work is not enough for minority employees. He offered advice for African-American professionals who want to break through the racial barriers they continue to face.

Issues covered:
Minority Concerns
Workplace Matters

Length: 8:22

Peter Polos, MD, PhD, specialist in sleep medicine at the Sleep Disorder Center of JFK Medical Center in Edison, NJ

Dr. Polos was the lead researcher in a study that examined how electronic media affects the sleep of teenagers. He found that teens lose a significant amount of sleep by sending an average of 34 texts after bedtime each night. He offered advice to parents, on how to take control of bedtime and set limits on their child's access to digital devices.

Issues covered:
Personal Health
Youth Issues
Parenting Concerns

Length: 5:01

Show # 2012-49

Date aired: 12/2 Time Aired: 6AM

Andrew Biggs, PhD, Resident Scholar at the American Enterprise Institute, former principal deputy commissioner of the Social Security Administration

Dr. Biggs said that age 62 is the most common age of retirement. He explained why he believes that the early retirement age should be raised to 65. He explained how this simple change would raise the average income of a future retiree by \$7500 per year, while helping the economy and the federal budget.

Issues covered:
Senior Citizens
Government Policies
Retirement Planning

Length: 7:55

Nancy Salamone, advocate against domestic violence, author of "*Victory Over Violence - Nancy's Story and The Business of Me*"

Ms. Salamon was a well-respected Wall Street executive who was also the victim of decades of domestic abuse. She said although she was her family's breadwinner, her husband controlled the family finances and used money as yet another tool of abuse and control. She talked about the challenges women face in exiting an abusive relationship and offered advice on how to break free.

Issues covered:
Domestic Violence
Women's Issues
Personal Finance

Length: 9:20

Maggie Cary, National Board Certified Teacher, teacher with more than 20 years of experience, founder of ClassroomTalk.com

Ms. Cary said parents of high school students can save thousands of dollars in college costs if their child takes Advanced Placement courses in high school. She explained who is eligible for the classes and how prospective students can determine if a college accepts the credits. She also outlined other benefits for students who have completed AP courses.

Issues covered:
Education
Personal Finance

Length: 5:02

Show # 2012-50

Date aired: 12/9 Time Aired: 6am

Robert Darbelnet, President and CEO of AAA

E15, a new blend of gasoline that contains 50% more ethanol than current fuels, is gradually being introduced at gas stations across the US. Mr. Darbelnet said AAA believes that the Environmental Protection Agency and gasoline retailers should halt the rollout because of E15's potential to damage millions of vehicles and void car warranties. He noted that a handful of 2012-13 vehicles are the only ones that can use the fuel so far. He said the sale of E15 should be stopped until there is more-extensive testing, better pump labels to safeguard consumers and more consumer education about potential hazards.

Issues covered:
Consumer Matters
Energy

Length: 8:52

Ginny Clarke, employment expert, executive coach, author of "*Career Mapping*"

The job market is still challenging for many millions of Americans. Ms. Clarke said the economy has discouraged many people who have jobs from seeking new positions to advance their careers. She offered suggestions for job seekers, and explained the importance of mapping out a clear plan for finding a new job. She discussed the value of methods like networking, online job searches and resume keywords.

Issues covered:
Employment
Workplace Matters

Length: 9:20

Laura Petracek, psychologist and author of "*The Anger Workbook for Women*"

Most believe that women only batter in self-defense, but Ms. Petracek's research says otherwise. She talked about the differences between men and women in verbal and psychological aggression, habits that indicate hidden anger and how women can get help.

Issues covered:
Domestic Violence
Women's Issues
Mental health

Length: 4:37

Show # 2012-51

Date aired: 12/16 Time Aired: 6am

Jennifer Aaker, PhD, social psychologist, General Atlantic Professor of Marketing at Stanford University's Graduate School of Business, co-author of "*The Dragonfly Effect: Quick, Effective, and Powerful Ways To Use Social Media to Drive Social Change*"

Prof. Aaker outlined ways to use the power and popularity of social media to do good in the world. She offered examples of how innovative social media tools can invite participation and permit communication with potential supporters. She believes that the use of social media can turn small actions into much larger results for non-profit organizations.

Issues covered:
Volunteering
Charitable Contributions

Length: 8:30

Jodi Sleeper-Triplett, MCC, SCAC, founder of the movement for ADHD coaching for youth, Master Certified Coach and Senior Certified ADHD Coach, author of *"Empowering Youth with ADHD: Your Guide to Coaching Adolescents and Young Adults for Coaches, Parents, and Professionals"*

Ms. Sleeper-Triplett talked about the increasing cases of attention-deficit/hyperactivity disorder among American's youth and adults. She said medication and therapy often are not enough. She explained how parents may try to deal with the problem, and how an ADHD coach can help.

Issues covered:
ADHD
Education
Parenting Concerns

Length: 8:48

Erick Schreder, Staff Scientist at the Washington Toxics Coalition

Ms. Schreder was the lead scientist of a report that found that half of thermal paper receipts and 95% of dollar bills in circulation contain the hormone-disrupting chemical BPA. She said BPA is now present in 93% of all Americans. She explained the negative health consequences of BPA and what consumers can do to avoid it.

Issues covered:
Personal Health
Environment

Length: 4:54

Show # 2012-52

Date aired: 12/23 Time Aired: 6am

Edward J. Conley, MD, Assistant Clinical Professor of Medicine at Michigan State University

Dr. Conley talked about the latest research on breast cancer and estrogen. He explained what women can do to avoid substances which cause cancer and outlined simple dietary changes that may reduce breast cancer rates dramatically.

Issues covered:
Personal Health
Women's Issues

Length: 7:06

Doug Thorburn, co-founder of the non-profit PreventTragedy Foundation, author of "How to Spot Hidden Alcoholics"

Mr. Thorburn discussed hidden addictions and why it's often difficult to spot hidden alcoholics. He also shared how to recognize the early warning signs of addictions and why many high-profile people such as corporate executives and athletes often fit the profile of a hidden alcoholic.

Issues covered:
Substance Abuse
Drunk Driving

Length: 9:55

Robert Kotler, MD, author of "Secrets of a Beverly Hills Cosmetic Surgeon"

Dr. Kotler talked about the growing popularity of cosmetic surgery among the baby boom generation, and explained how a smart consumer should choose a cosmetic surgeon.

Issues covered:
Aging , Personal Health
Consumer Matters

Length: 04:53

Show # 2012-53

Date aired: 12/30 Time Aired: 6 AM

Ruby Asugha, former Vice President of Father Flanagan's Girls and Boys Town, author of "Little Sisters, Listen Up!"

Ms. Asugha talked about her experiences growing up in the inner city and the lessons she learned about overcoming poverty, discrimination and despair. She talked about the pressures and difficult choices that many teens face today, and what factors can help a youngster overcome these challenges.

Issues covered:
Inner City Issues
Minority Concerns
Youth at Risk
Education

Length: 9:01

Bobby Covic, author of "Everything's Negotiable"

Mr. Covic discussed the importance of negotiation skills for consumers. He shared tips on how the average person can save significant amounts of money by bargaining on prices.

Issues covered:
Consumer Issues
Economic Issues

Length: 8:18

Shelly Herold, author of "The Seven Secrets of Perfect Parenting"

Ms. Herold offered tips for parents on how to help their children excel in learning. She talked about the importance of developing a routine and using everyday experiences as educational tools.

Issues covered:
Parenting Issues
Education

Length: 4:53