

**WIZN RADIO STATION
QUARTERLY ISSUES/PROGRAM LIST
JANUARY 1, 2024 – MARCH 31, 2024**

AGING

EDUCATION

FUNDRAISING/VOLUNTEERING

HEALTH

HOUSING

The following pages list the programs aired on WIZN during the first quarter of 2024. The 15-minute programs, ***In Touch, Health Source, Cross Talk, and Aging Matters*** address a variety of issues of concern in our listening area. They ran on Sundays for a half hour from 6:30am to 7am.

GINNY McGEHEE
WIZN RADIO
HALL COMMUNICATIONS
MARCH 31, 2023

AGING

PROGRAM: In Touch

DATE: 1/14/24

GUEST: Tracy Shamberger, director of Business Development and Communications at Age Well Vermont

DESCRIPTION: a discussion about the many services and programs offered through the organizations for senior

HOST: Ginny McGehee

PROGRAM: Aging Matters

DATE: 1/21/24

GUEST: Dr. Allan Ramsey, Age Well Board President and public health expert

DESCRIPTION: a discussion about food insecurity among seniors in Vermont and how to address it

HOST: Jane Catton, CEO of Age Well of northern Vermont

PROGRAM: Aging Matters

DATE: 2/11/24

GUEST: Vermont Attorney General Charity Cark

DESCRIPTION: a discussion about common scams aimed at older adults, how to avoid them and red flags to be on the lookout for those who are targeted

HOST: Jane Catton, CEO of Age Well of northern Vermont

PROGRAM: Aging Matters

DATE: 3/17/24

GUEST: Dr. Allan Ramsey, Age Well Board President and public health expert

DESCRIPTION: a discussion about social determinants of health and food insecurity among older adults

HOST: Jane Catton, CEO of Age Well of northern Vermont

EDUCATION

PROGRAM: In Touch

DATE: 2/11/24

GUEST: Jim Bosek of the Vermont Astronomical Society

DESCRIPTION: a discussion about the April 8th solar eclipse, totality, and the phenomenon, once in a lifetime event bringing thousands of visitors to the region with a huge impact

HOST: Ginny Condon

PROGRAM: In Touch

DATE: 3/24/24

GUEST: Stewart Ledbetter, reporter, news director and moderator for WPTZ-TV (NBC5) and Vermont PBS

DESCRIPTION: a discussion about his retirement after more than 40 years, the many memorable news stories and politics he has covered, and the benefits of working in Vermont

HOST: Ginny McGehee

FUNDRAISING/VOLUNTEERING

PROGRAM: In Touch

DATE: 1/7/24

GUEST: Travis Poulin, Community Action Director, Burlington CVOEO

DESCRIPTION: a discussion about the program helping those struggling to pay for heat during the winter and soliciting donations from area businesses and individuals

HOST: Ginny McGehee

PROGRAM: Cross Talk

DATE: 1/14/24

GUEST: Dan Dowling, communications manager for the American Red Cross of Vermont

DESCRIPTION: a discussion about the national blood shortage in the U.S., its impact on the healthcare system and the great need for blood donors in our region

HOST: Sarah Lemnah, Vermont director of the Red Cross

PROGRAM: In Touch

DATE: 1/28/24

GUEST: Jeanne Pizii, President of the UVMMC Auxiliary

DESCRIPTION: a discussion about the volunteer work and fundraising for various needs at the hospital by the organization for over 100 years. They receive and consider asks for help and have awarded millions of dollars for many programs

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 2/4/24

GUESTS: Vermont Agriculture Secretary of Agriculture Anson Tebbetts, Farmer Joie Lahouillier and Molly Mahar of the Vermont Ski Association

DESCRIPTION: a discussion about the devastating flooding in Vermont during the summer and fall causing expensive damage to farms and crops that led to the development of Dig Deep Vermont, a fundraising effort to help small and large farms in the state.

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 2/25/24

GUEST: Jeanne Pizii, president of the University of Vermont Medical Center

DESCRIPTION: a repeat of the 2/18 program

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 3/3/24

GUESTS: Vermont Army Guard member Chris Brosseau and director of family programs for the Guard

DESCRIPTION: a discussion about the 19th Defenders versus Enforcers hockey game in Essex to raise money and awareness for the programs helping Guard members/families and for the families of officers injured or killed in the line of duty

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 3/10/24

GUESTS: Vermont Agriculture Secretary Anson Tebbetts, farmer Joie Lahouillier and Molly Mahar of the Vermont Ski Areas Association

DESCRIPTION: a repeat of the 2/4/24 program

HOST: Ginny McGehee

PROGRAM: Cross Talk

DATE: 3/10/24

GUESTS: Dave and Dottie Penny, disaster action team volunteers, and Matt Williams, volunteer specialist for the Red Cross

DESCRIPTION: a discussion about everyday Vermont heroes going to and helping victims of fire and natural disasters for the Red Cross

HOST: Sarah Lemnah, director of the Vermont Red Cross

HEALTH

PROGRAM: Health Source

DATE: 1/7/24

GUEST: Bridget Shea, registered dietician at UVMCC

DESCRIPTION: a discussion about the Keto diet, whether it is safe and the pros and cons of it

HOST: Alex Tiersey, UVMCC

PROGRAM: In Touch

DATE: 1/21/24

GUEST: Christine Werneke, President and Chief Operating Officer of the University of Vermont Medical Center's Home Health and Hospice

DESCRIPTION: a discussion about in home hospice services and the McClure/Miller Respite House in Colchester helping patients in their final days

HOST: Ginny McGehee

PROGRAM: Health Source

DATE: 1/28/24

GUEST: Dr. Robert Johnson

DESCRIPTION: a discussion about avoiding ski injuries and how to protect yourself from knee injuries

HOST: Michael Carese, UVMCC

PROGRAM: Health Source

DATE: 2/4/24

GUEST: Mark DiParlo, Rx director of pharmacy Outpatient Services at UVMCC

DESCRIPTION: a discussion about the growth in drug use and the role of pharmacists

HOST: Michael Carese, UVMCC

PROGRAM: Cross Talk

DATE: 2/18/24

GUEST: Dan Dowling, communications manager for Red Cross of Vermont

DESCRIPTION: a discussion about Sickle Cell Anemia during Black History Month

HOST: Sarah Lemnah, director of the Red Cross of Vermont

PROGRAM: Health Source

DATE: 2/25/24

GUEST: Emily Tarleton, PhD

DESCRIPTION: a discussion about depression, the link between magnesium intake and easing symptoms of anxiety and depression among the 300-million people who suffer with it

HOST: Alex Tiersey, UVMCC

PROGRAM: Health Source

DATE: 3/3/24

GUEST: Dr. Jeremiah Dickerson, child psychologist

DESCRIPTION: a discussion about autism, that 1 in 45 children are affected and how it has gone mainstream to dispel myths and embrace differences and research on treatments

HOST: Michael Carese, UVMCC

PROGRAM: In Touch

DATE: 3/17/24

GUEST: Howard Goodrow, director of the Vermont Alzheimer's Association

DESCRIPTION: a discussion about the latest developments in the funding and creation of medicines aimed at fighting the disease, the services available for those with the disease and their families and fundraising efforts

HOST: Ginny McGehee

PROGRAM: Health Source

DATE: 3/24/24

GUEST: Dr. Doris Straiter

DESCRIPTION: a discussion about liver disease, which kills a million Americans annually, prevention help for veterans of Viet Nam, who are five times more likely to be at risk

HOST: Michael Carese, UVMCC

PROGRAM: In Touch

DATE: 3/31/24

GUESTS: Anne Bilodeau, HCRS chief operator, and Kate Lamphere, HCRS chief clinical services officer of Health Care and Rehabilitation Services of Vermont

DESCRIPTION: a discussion about mental illness, 988 suicide helpline, mobile crisis agencies throughout the state that respond to quickly respond to individuals going through a mental crisis

HOST: Ginny McGehee

PROGRAM: Health Source

DATE: 3/31/24

GUESTS: Pamela Bidler, director of programs & outreach at UVMMC, and Liz Vogel, caregiver,

DESCRIPTION: a discussion about Alzheimer's, loss of memory, speech impediments, its impact on caregivers and that it affects 15 million Americans

HOST: Annie Macken, UVMMC

HOUSING

PROGRAM: In Touch

DATE: 2/18/24

GUEST: David Mullin, chief executive officer of Vermont's Habitat for Humanity

DESCRIPTION: a discussion about the organization celebrating 50 years, its retail stores with donated furniture, items for the home and more helping to finance land purchases, donated time and materials to build homes to give away more necessary with the housing crunch

HOST: Ginny McGehee