

Religious Programming

Joel Osteen - Sunday 10:00AM and Saturday 2:00AM

God is doing amazing things through our television ministry. We are reaching over 100 million homes in the U.S. and tens of millions more in 100 nations. Lives are being changed, relationships are being restored and communities are being transformed by the power of God and the message of hope that is being broadcast through this ministry.

In Touch Ministries - Sunday 6:30AM

It all began in 1972, when a half-hour program called "The Chapel Hour" was launched on Atlanta-area television stations. Today, "In Touch with Dr. Charles Stanley" can be heard around the world via radio and television broadcasts, podcasts, the handheld In Touch Ministries Messenger, In Touch Apps, and right here on the Web. Our programs are seen and heard around the world on more than 2,600 radio and television outlets in more than 50 languages. In addition to broadcasting, the ministry continues to produce books, studies, discipleship resources, and the award-winning In Touch magazine to more than 1.5 million households every month.



BUZZR E/I Programming Descriptions

Aqua Kids

Aqua Kids is a weekly half-hour series that educates young people about ecology, wildlife, and science and how it relates to them. Viewers learn how eco-systems connect and what young people can do to make a positive difference in the world.

Dragonfly TV

Dragonfly TV is a weekly half-hour science television series that highlights children doing projects with hands-on experience and demonstrates the practical applications of mathematics and science. It introduces young viewers to a variety of scientific disciplines and challenges them in critical thinking and problem solving skills, while providing valuable information to reach answers. Each episode is engaging, entertaining, and educational in structure, allowing children to investigate science on their own.

Walking Wild

Walking Wild is a weekly half-hour reality series showcasing various wild animals at the world famous San Diego Zoo. The series focuses on the dedicated people who look after these spectacular critters. The program also gives teen viewers a unique, up-close examination of each wild animal. Walking Wild is a series intended to educate and inform viewers all about life in the animal kingdom.

Wild Wonders

Wild Wonders is a weekly half-hour reality series allowing teen viewers to become familiar with various wild animals at the world famous San Diego Zoo. The series focuses on various critters and examines their differences. The program also provides important information about each animal's living habits and includes interviews with people who care for them. Wild Wonders is a series intended to educate and inform viewers all about life in the animal kingdom.

	2016-2017 SEASON			
MeLV	ME-TV NETWORK CHILDREN'S E/I PROGRAMMING			
SERIES NAME	SYNOPSES	RATINGS	TARGET AUDIENCE	E/I or NON
BEAKMAN'S WORLD	This live-action series based on the comic strip by Jok Church stars performance artist Paul Zaloom as the slightly nutty but never boring scientist who leads a journey of discovery while performing experiments that demonstrate how the world works. Topics are addressed with cutting-edge humor and state-of-the-art visuals that make learning fun. Joining Beakman in his quest are Josie (Alanna Ubach), his bright young apprentice, and an oversize, sarcastic rat named Lester (Mark Ritts).	TV-G	K13-16	E/I
BILL NYE, THE SCIENCE GUY	With 28 Emmys and a slew of other prestigious awards, Disney's resident way-cool scientist knows how to get kids fired up about science. From Earth science to complex discussions on genetics, Bill Nye's enthusiasm for all things science is contagious.	TV-G	K13-16	E/I
MYSTERY HUNTERS	Mystery Hunters explores some of the world's greatest myths and mysteries. Combining on-site reporting and exciting adventures, the Mystery Hunters uses science and reasoning to try to uncover the truth. The program teaches children how to gather facts, meet with experts, debunk common myths, and offer explanations for legends. 2006 Winner of a Parents' Choice Award, Mystery Hunters.	TV-G	K13-16	E/I
SAVED BY THE BELL	Saved By The Bell is a television series targeted to teens 13-16 years of age, which explores social themes and coping strategies through the daily school life of six teenaged friends at Bayside High who help each other make the most of growing up in a complicated world. The multi-ethnic cast members serve as role models for young teen viewers as they deal with such issues as dealing with the death of a loved one, the right to say "no," the meaning of heroism, teenage alcohol use and other issues of particular concern to young teens.	TV-PG	K13-16	E/I



ON THE HILL

FOX5 News on The Hill is a half hour live political show hosted by Tom Fitzgerald along with The Hill's Editor in Chief Bob Cusack. The show airs each Sunday at 8:30am. The hosts report and analyze the big headlines and stories from the campaign trail, along with political news from the White House and Capitol Hill.

Episodes 1TH Quarter 2019:

- Sunday, Jan 6
- Sunday, Jan 13
- Sunday, Jan 20
- Sunday, Jan 27
- Sunday, February 3
- Sunday, February 10
- Sunday, February 17
- Sunday, February 24
- Sunday, March 3
- Sunday, March 10
- Sunday March 17
- Sunday March 24
- Sunday March 31



LIKE IT OR NOT

A new take on the news of the week is coming to FOX 5-- FOX 5's Like It Or Not. Hosted by Britt McHenry, Bram Weinstein, and Guy Lambert, "FOX 5's Like It Or Not" will go beyond the headlines and provide edgy, controversial commentary, discussing the news of the week in politics, entertainment and pop culture.

"Buckle up! This isn't your typical traditional news program. Bram, Britt and Guy are provocative and intelligent and will present their candid opinions and observations on a wide range of news of the day topics and issues," said FOX 5 Vice President and General Manager Patrick Paolini.

Program airs Monday – Friday 7:00 – 7:30 p.m. on WTTG.

From January 1 to March 29.

WTTG/Channel 5

Program Information Report



The First 5 - A Monday through Friday news program that airs from 4:00 - 4:30 am and covers news headlines, provides sports and weather information and gives updates on local news stories.

Fox 5 Morning News at 4:30 am – A Monday through Friday news program that airs from 4:30-5:00am and covers local, national and international stories; weather, traffic and sports updates; interviews with local and political leaders.

Fox 5 News Morning – A Monday through Friday news program that airs from 5:00- 9:00am and covers local, national and international stories; weather, traffic and sports updates; interviews with local and political leaders.

Fox 5 News at 5 – A Monday through Friday news program that airs from 5:00-6:00pm and covers news headlines, provides sports and weather information and gives updates on local news stories.

Fox 5 News Edge at 6 – A Monday through Friday news program that airs from 6:00-6:30pm and covers news headlines, sports, weather and local news.

5 @ 6:30pm- A Monday through Friday rundown news program that airs from 6:30-7:00pm and covers news headlines, politics and local news.

Fox 5 News at 10 – A daily one-hour news program that airs from 10:00-11:00pm featuring local, national and international news headlines as well as in depth local stories, investigative reports, sports and weather information.

Fox 5 News at 11 – A Monday through Friday news program that airs from 11:00-11:30pm featuring local news, weather and sports.

The Final 5 - A Monday through Friday program that air 11:30 - 12:00 midnight featuring anchor Jim Lokay and his take on the daily current events.

Origination: Local

Issues addressed:

- 1. Crime
- 2. Local politics
- 3. National politics
- 4. Health
- 5. Education
- 6. Community
- 7. Housing
- 8. Transportation
- 9. Environment
- 10. Children

Fox News Sunday – A one-hour weekly program, airing Sundays from 9:00-10:00am that looks at the most pressing issues of the week from the White House, Congress and Capitol Hill, the Supreme Court and various government agencies and conducts interviews with political newsmakers. Origination: Network

1st QUARTER FOX NEWS SUNDAY GUESTS

January 6th, 2019

White House

Sarah Sanders

Government Shutdown

Rep. David Cicilline (D-RI)

January 13th, 2019

Government Shutdown/ Border Wall crisis

Lindsey Graham (R-SC)

Chris Coons (D-DE)

January 20th, 2019

White House

Mike Pence

Government shutdown

James Clyburn (D-SC), House Majority Whip

January 27th, 2019

White House

Mick Mulvaney

Government Shutdown

Sen Roy Blunt

Sen Joe Manchin

NATO

Jens Stoltenberg

February 3rd, 2019

Border Crisis

Sen John Hoeven (R-ND)

Rep. Henry Cuellar (D-TX)

Border Crisis/2020

Sen Ron Johnson (R-WI)

February 10th, 2019

White House

Mick Mulvaney

Government/immigration

Sen Jon Tester (D-MT)

Sen Richard Shelby (R-AL)

February 17th, 2019

White House/Wall

Stephen Miller

Wall/ Trump White House

Rush Limbaugh

February 24th, 2019

White House/Trump Kim summit

Mike Pompeo

Dems/2020

Tom Perez

March 3rd, 2019

White House/NK

John Bolton

Congress

Rep Debbie Dingle

March 10th, 2019

White House

Larry Kudlow

Cohen Testimony/House

Katie Hill (D-CA)

March 17th, 2019

White House

Mick Mulvaney

2020 elections

Pete Buttigieg

March 24th, 2019

Mueller Report release

Jerry Nadler (D-NY)

Doug Collins (R-GA)

March 31, 2019

White House

Kellyanne Conway

Mueller Report/2020

Jim Himes (D-CT)

SAMPLE OF ISSUE RESPONSIVE NEWS PROGRAMMING

First Quarter 2019

Crime March 2019

Man convicted in rape, murder of Prince George's County teen released early

By: fox5dc.com staff

Posted Mar 05 2019 04:21PM EST **Video Posted** Mar 05 2019 10:11PM EST **Updated** Mar 05 2019 10:11PM EST

Link: <u>http://www.fox5dc.com/news/local-news/man-convicted-in-rape-murder-of-prince-georges-county-teen-released-early?</u> twitter impression=true



JESSUP, Md. (FOX 5 DC) - A man convicted in the rape and murder of a 14-year-old Prince George's County girl has been released from prison Tuesday after serving less than nine years behind bars.

In 1996, Nia Owens was sexually assaulted and strangled on her way to Northwestern High School in Hyattsville.

After more than a decade, police arrested Matthew Bethea in 2010. He was convicted of second-degree murder, but he got a plea deal, making what's known as an Alford Plea, where a suspect maintains his or her innocence.

Because of the plea deal, Bethea was sentenced to 15 years in prison. The sexual assault charges were dropped. His sentence was eventually reduced even more for good behavior, and now, he walks away as a free man who doesn't have to register as a sex offender.

Owens' mother, Angela Wood, told FOX 5 Monday she can't comprehend such a minimal penalty for such a horrendous crime.

"It was the most horrible day of my entire life. Never do I wish that on a parent," said Wood. "And that's why am fighting today to change legislation- a murderer should not be allowed to serve less than nine years."

Local Politics March 2019

DC council subpoenaed over Evans investigation

By fox5dc.com staff

Posted Mar 08 2019 09:46PM EST

Link: http://www.fox5dc.com/news/local-news/dc-council-subpoenaed-over-evans-investigation



WASHINGTON (FOX 5 DC) - The ethics investigation into D.C. city council member Jack Evans appears to be widening.

All 13 members of the council have received federal subpoenas in connection with the investigation.

If warned council members to preserve all documents related to Evans.

The council president believes Evans violated the council's code of conduct.

Emails from 2018 show D.C. council member Jack Evans tried to solicit personal business for himself with law firms that lobby District officials.

In the emails, Evans highlighted his knowledge of and connections in DC government, where he's been in office longer than anyone else.

National Politics March 2019

Trump's record \$4.7 trillion budget relies on strong growth

Posted Mar 11 2019 09:02AM EDT **Updated** Mar 11 2019 12:11PM EDT

Link: http://www.fox5dc.com/news/trump-s-2020-budget-seeks-86b-for-border-wall

WASHINGTON - (AP) -- President Donald Trump proposed a record \$4.7 trillion federal budget for 2020 on Monday, relying on optimistic 3.1 percent economic growth projections alongside accounting shuffles and steep domestic cuts to bring future spending into promised balance in 15 years.

The deficit is projected to hit \$1.1 trillion in the 2020 fiscal year, the highest in a decade. The administration is counting on robust growth, including from the Republican tax cuts -- which Trump wants to make permanent -- to push down the red ink. Some economists, though, say the bump from the tax cuts is waning, and they project slower growth in coming years. The national debt is \$22 trillion.

Even with his own projections, Trump's budget would not come into balance for a decade and a half, rather than the traditional hope of balancing in 10.

Presidential budgets tend to be seen as aspirational blueprints, rarely becoming enacted policy, and Trump's proposal for the new fiscal year, which begins Oct. 1, sets up a showdown with Congress over priorities, including his push for \$8.6 billion to build the U.S-Mexico border wall.

Titled "A Budget for a Better America: Promises Kept. Taxpayers First," Trump's proposal "embodies fiscal responsibility," said Russ Vought, the acting director of the Office of Management and Budget.

Despite the large projected deficits, Vought said the administration has "prioritized reining in reckless Washington spending" and shows "we can return to fiscal sanity."

Perhaps most notably among spending proposals, Trump is reviving his border wall fight. Fresh off the longest government shutdown in history, his 2020 plan shows he is eager to confront Congress again over the wall.

Speaking on CNBC Monday, Vought confirmed the \$8.6 billion border request. He said "the border situation is deteriorating by the day" with "record numbers of apprehensions."

An administration official said Trump's budget proposes increasing defense spending to \$750 billion -- and building the new Space Force as a military branch -- while reducing nondefense accounts by 5 percent, with cuts recommended to economic safety-net programs used by many Americans. The \$2.7 trillion in proposed spending cuts is higher than any administration in history, they say.

The budget includes work requirements for those receiving food stamps and other government aid as part of the \$2.7 trillion in non-defense cuts over the decade.

The plan sticks to budget caps that both parties have routinely broken in recent years. To stay within the caps, the budget shifts a portion of the defense spending, some \$165 billion, to an overseas contingency fund, which some fiscal hawks will view as an accounting gimmick.

Conservatives railed for years against deficits that rose during the first years of Barack Obama's administration as tax revenue plummeted and spending increased during the Great Recession.

By refusing to raise the budget caps, Trump is signaling a fight ahead. The president has resisted big, bipartisan budget deals that break the caps -- threatening to veto one last year -- but Congress will need to find agreement on spending levels to avoid another federal shutdown in the fall.

The Democratic chairman of the House Budget Committee, Rep. John Yarmuth of Kentucky, called the proposed cuts to essential services "dangerous." He said Trump added nearly \$2 trillion to deficits with the GOP's "tax cuts for the wealthy and large corporations, and now it appears his budget asks the American people to pay the price," the Democrat said.

While pushing down spending in some areas, including the Environmental Protection Agency, the proposal will seek to increase funding in others to align with the president's priorities, according to one official.

The administration will invest more than \$80 billion for veterans services, a nearly 10 percent increase from current levels, including "significant" investments in rehabilitation, employment assistance and suicide prevention.

It will also increase resources to fight the opioid epidemic with money for prevention, treatment, research and recovery, the administration said. And it seeks to shift some federal student loan costs to colleges and universities.

The proposal will also include \$1 billion for a child care fund that would seek to improve access to care for underserved populations, a White House official confirmed. The one-time allocation is championed by the president's daughter Ivanka Trump, who has focused on economic advancement for women in her role as a White House adviser.

It also provides \$200 billion toward infrastructure, much lower than the \$1 trillion plan Trump once envisioned. The plan says that money would be leveraged with private dollars, but Congress has largely panned that approach.

White House economic adviser Larry Kudlow said Trump's budget "points a steady glide path" toward lower spending and borrowing as a share of the nation's economy. He also told "Fox News Sunday" there was no reason to "obsess" about deficits, and expressed confidence that economic growth would top 3 percent in 2019 and beyond. Others have predicted lower growth.

The border wall remains a signature issue for the president and is poised to stay at the forefront of his agenda, even though Congress has resisted giving him more money for it.

Leading Democrats immediately rejected the proposal.

"Congress refused to fund his wall and he was forced to admit defeat and reopen the government. The same thing will repeat itself if he tries this again," said House Speaker Nancy Pelosi, D-

Calif., and Senate Democratic leader Chuck Schumer of New York. They said the money "would be better spent on rebuilding America."

In seeking \$8.6 billion for more than 300 miles of new border wall, the budget request would more than double the \$8.1 billion already potentially available to the president for the wall after he declared a national emergency at the border last month in order to circumvent Congress -- although there's no guarantee he'll be able to use that money if he faces a legal challenge, as is expected. The standoff over the wall led to a 35-day partial government shutdown, the longest in U.S. history.

Along with border wall money, the proposed budget will also increase funding to increase the "manpower" of Immigration and Customs Enforcement officers and Customs and Border Patrol at a time when many Democrats are calling for cuts -- or even the elimination -- of those areas. The budget also proposes policy changes to end sanctuary cities, the administration said.

The budget arrives as the Senate readies to vote this week to terminate Trump's national emergency declaration. The Democratic-led House already did so, and a handful of Republican senators, uneasy over what they see as an overreach of executive power, are expected to join Senate Democrats in following suit. Congress appears to have enough votes to reject Trump's declaration but not enough to overturn a veto.

Trump invoked the emergency declaration after Congress approved nearly \$1.4 billion for border barriers, far less than the \$5.7 billion he wanted. By doing that, he can potentially tap an additional \$3.6 billion from military accounts and shift it to building the wall. That's causing discomfort on Capitol Hill, where even the president's Republican allies are protective of their power to decide how to allocate federal dollars. Lawmakers are trying to guard money that's already been approved for military projects in their states -- for base housing or other improvements.

The wall with Mexico played a big part in Trump's campaign for the White House, and it's expected to again be featured in his 2020 re-election effort. He used to say Mexico would pay for it, but Mexico has refused to do so.

Associated Press writers Jill Colvin in Palm Beach, Florida, and Andrew Taylor in Washington contributed to this report.

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Rock 'N' Roll marathon rumbles through DC By Anjali Hemphill, FOX 5 DC

POSTED MAR 09 2019 07:49PM EST **VIDEO POSTED** MAR 09 2019 07:41PM EST

Link: http://www.fox5dc.com/news/rock-n-roll-marathon-rumbles-through-dc



WASHINGTON (FOX 5 DC) - Thousands of runners descended on the District on Saturday for the Rock 'N' Roll marathon.

The event has been going on for more than 20 years, and it features live bands and cheer squads along the route.

The run begins along Constitution Avenue and runners make their way through several D.C. neighborhoods and eventually end at RFK stadium.

Around 17,000 runners participate every year.

Mind-altering, ketamine-like drug OK'd for severe depression

POSTED MAR 05 2019 11:23PM EST **UPDATED** MAR 05 2019 11:27PM EST

Link: http://www.fox5dc.com/health/mind-altering-ketamine-like-drug-okd-for-severe-

depression



WASHINGTON (AP) — A mind-altering medication related to the club drug Special K won U.S. approval Tuesday for patients with hard-to-treat depression, the first in a series of long-overlooked substances being reconsidered for severe forms of mental illness.

The nasal spray from Johnson & Johnson is a chemical cousin of ketamine, which has been used for decades as a powerful anesthetic to prepare patients for surgery. In the 1990s, the medication was adopted as a party drug by the underground rave culture due to its ability to produce psychedelic, out-of-body experiences. More recently, some doctors have given ketamine to people with depression without formal FDA approval.

The Food and Drug Administration approved Spravato as a fast-acting treatment for patients who have failed to find relief with at least two antidepressants. Up to 7.4 million American adults suffer from so-called treatment-resistant depression, which heightens the risk of suicide, hospitalization and other serious harm, according to the FDA.

The drug will cost between \$590 and \$885 depending on the dosage and before various insurance discounts and rebates.

There have been no major pharmaceutical innovations for depression since the launch of Prozac and related antidepressants in the late 1980s. Those drugs target the feel-good brain chemical serotonin, and can take weeks or months to kick in.

Ketamine and J&J's version work differently than those drugs, targeting a chemical called glutamate that is thought to restore brain connections that help relieve depression.

When the drug works, its effect is almost immediate. That speed "is a huge thing because depressed patients are very disabled and suffer enormously," said Dr. John Mann, a psychiatrist and researcher at Columbia University. If the drug doesn't work, physicians can quickly switch to other options, he noted.

The FDA approved Spravato, known chemically as esketamine, based on study results that showed patients taking the drug experienced a bigger improvement in their depression levels than patients taking a sham treatment, when measured with a psychiatric questionnaire.

The drug is designed to be lower-dose and easier to use than ketamine, which is normally given as an intravenous infusion.

Robin Prothro, 60, began taking antidepressants more than 20 years ago. But she says none of the five medications she tried relieved the depression that has stymied her personal and professional life.

Since enrolling in a Spravato trial two years ago, Prothro says her depression has lifted and she's returned to hobbies she abandoned years ago, like gardening.

She takes the drug every two weeks at her psychiatrist's office while reclining in a comfortable chair.

"You can feel it coming on, it's a strong drug," she said, describing colors and shapes that drift before her eyes. "I just let the drug work. I close my eyes and my mind is amazingly quiet."

PSYCHEDELICS RECONSIDERED

The ketamine-like drug is the first of several psychoactive substances making their way through the U.S. regulatory process as physicians search further afield for new therapies. Researchers are conducting late-stage trials of psilocybin, the active ingredient in magic mushrooms, and MDMA, a euphoria-inducing club drug, as potential treatments for depression and post-traumatic stress disorder.

"Substantially different agents are only rarely appearing from pharmaceutical companies or other laboratories," said Dr. Paul Summergrad, a psychiatrist at Tufts University. "That's prompting people to investigate other compounds."

Unlike ketamine, psilocybin and MDMA have no legal medical use. Classified in the same category as heroin and LSD, they are tightly restricted by the federal government. But the FDA's approval of esketamine could smooth their path.

BURDEN OF DEPRESSION

Depression is among the leading causes of disability in the U.S. and is being closely monitored by health authorities amid rising suicides nationwide. In 2017, the U.S. suicide rate rose to 14 deaths per 100,000 people, the highest rate in at least 50 years, according to federal records.

Government officials haven't suggested an explanation for the trend, though academic researchers point to the nation's widening income gap, financial struggles and divisive politics.

J&J's drug will be subject to a number of restrictions due to its abuse potential, side effects and lingering safety questions.

The drug will only be given by accredited specialists who must monitor patients for at least two hours after administration, due to its trippy, disorienting effects. Additionally, all patients will be tracked in a registry to monitor long-term safety and effectiveness.

The immediate impact of ketamine is thought to last just four to seven days and there's no consensus yet on how long patients can benefit from ongoing treatment.

Still, there are few other options for patients who fail to respond to antidepressants. The most effective treatment in such cases, electroshock therapy, requires patients to be fully sedated and can cause persistent memory loss.

Wall Street has high expectations for J&J's medication, with analysts predicting more than \$600 million in annual sales by 2022. But J&J will face competition in the marketplace.

A decades-old drug, ketamine is already used off-label to treat depression by some doctors. At least 150 clinics around the U.S. provide treatment with various forms of the drug, which is available as a low-cost generic. Patients often pay hundreds or thousands of dollars for intravenous infusions of the drug over several weeks or months. Such therapies are generally not covered by insurance because they haven't been approved as safe and effective by FDA regulators.

Some doctors plan to offer both ketamine and the new J&J drug.

Dr. Steve Levine says having FDA-approved standards for dosing and administering the new drug should raise standards in the field and drive out some of the bad actors who are not qualified to treat depression.

"This is going to bring in some standards, regulation and it's going to make it safer and more accessible to patients," said Levine, who serves as vice president of the American Society of Ketamine Physicians, a group representing doctors, nurses and others using ketamine for treating depression or other nonapproved uses.

AP Medical Writer Lindsey Tanner contributed to this story.

1 person dead after McLean fire

By fox5dc.com staff, Jaclyn Kelley, FOX 5 DC

POSTED MAR 09 2019 04:09PM EST **VIDEO POSTED** MAR 09 2019 07:35PM EST **UPDATED** MAR 09 2019 08:33PM EST



MCLEAN, Va. (FOX 5 DC) - One person is dead after a fire in the McLean area on Saturday afternoon.

Fairfax County fire officials could not confirm the victim's identity. Neighbors told FOX 5 that a "sweet, elderly" woman inhabited the home.

Fire officials say crews needed to fight through thick brush to reach the home in the 1400 block of Brookhaven Drive around 12:15 p.m.

They also encountered what they described as "hoarding conditions" within the home, as well as heavy fire.

They had received reports that someone might be inside the structure, but were turned back by flames and smoke.

Transportation March 2019

New traffic pattern on Arlington Memorial Bridge to impact overnight drivers

By: fox5dc.com staff

POSTED MAR 11 2019 10:51AM EDT **VIDEO POSTED** MAR 11 2019 10:51AM EDT **UPDATED** MAR 11 2019 10:56AM EDT

Link: http://www.fox5dc.com/news/local-news/new-traffic-pattern-on-arlington-memorial-bridge-to-impact-overnight-drivers



ARLINGTON, Va. (FOX 5 DC) - A new overnight traffic pattern will impact drivers who travel across the Arlington Memorial Bridge as the <u>rehabilitation project</u> to fix the deteriorating structure continues.

Beginning on Monday, March 11 through the fall of 2019, the National Park Service

will reduce the number of lanes going across the bridge beginning at 9 p.m. each night until 5 a.m. the following morning. Officials say the new overnight traffic pattern will involve closing one of the bridge's three open lanes for several hours at a time.

They also say they will temporarily close an additional lane for about 15 minutes at a time. During the 15 minute periods when only one travel lane will be open, flaggers will direct traffic across the bridge in either direction.

Officials say workers will use the extra room to install large, pre-cast, concrete panels.

Education March 2019

Surge in vaping incidents at Montgomery County school shines spotlight on e-cig epidemic



By Evan Lambert, FOX 5 DC

POSTED MAR 10 2019 10:44PM EDT **VIDEO POSTED** MAR 10 2019 10:35PM EDT

Link: http://www.fox5dc.com/news/local-news/surge-in-vaping-incidents-at-montgomery-county-school-shines-spotlight-on-e-cig-epidemic

GAITHERSBURG, Md. (FOX 5 DC) - - A Montgomery County high school's recent warning to parents about vaping is shining a spotlight on what has become a national epidemic according to federal health officials.

Quince Orchard High School Principal Beth Thomas sent a note to parents last week warning about the "recent rise in vaping and Juuling incidents."

According to the email, in the last two weeks' administrators caught students using, buying or selling vaping devices with nicotine or marijuana a dozen times.

Sources tell FOX 5 that administrators have even locked bathrooms during periods such as lunch to prevent students from going in to smoke electronic cigarettes.

A Montgomery County Schools spokeswoman said the bathrooms were locked temporarily during an investigation.

Vaping is not just a problem at Quince Orchard or unique to Montgomery County.

The Surgeon General took the recent step of calling teen vaping an epidemic and experts worry e-cigs have the potential to get an entire generation hooked on nicotine, especially given the fruity and exotic flavors seemingly aimed at teens.

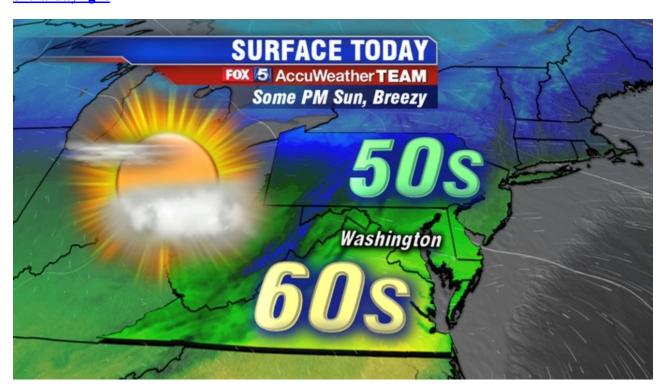
The note from Quince Orchard's principal warned that consequences for students found vaping included in or out of school suspension, detention and even a possible citation from Montgomery County Police.

Monday looks mild and breezy with lots of extra daylight

By: fox5dc.com staff

POSTED MAR 11 2019 12:26PM EDT **VIDEO POSTED** MAR 11 2019 12:25PM EDT **UPDATED** MAR 11 2019 12:29PM EDT

Link: http://www.fox5dc.com/news/local-news/monday-looks-mild-and-breezy-with-lots-of-extra-daylight



WASHINGTON (FOX 5 DC) - Enjoy the extra daylight on this mild and breezy Monday. The start of the last full week of winter also brings later sunsets. In fact, the sun won't set before 7 p.m. in the D.C. region again until September, says FOX 5's Mike Thomas.

Thomas says we'll see highs in the 60s Monday before cooling down as the week goes on. Most of the week is expected to stay dry with showers in the forecast on Friday.

It looks like we'll enjoy a dry and mostly sunny weekend with temperatures in the 50s.

Stay with FOX 5 on the app and online for weatherupdates:

Get the latest **FOX 5 forecast here.**

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Check the latest weather radars

Check for power outages in DC region

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Twitter: @fox5weather, @suepalkafox5dc, @garyfox5dc, @TuckerFox5, @gwenfox5dc, @

MikeTFox5, @caitlinrothfox5

Children March. 2019

Child's body dumped near hiking trail identified

POSTED: MAR 11 2019 10:56AM

Link: http://www.fox5dc.com/news/394181969-video

The Los Angeles County Medical Examiner identified the body of a girl found dead last week on a Hacienda Heights hiking trail as 9-year-old Trinity Love Jones.

