

# **Trinity Broadcasting Network**

## *Quarterly Report*

October, November, December 2017

**WGTW-TV**

**Millville, New Jersey**

**Philadelphia, Pennsylvania**

**Eastern Time**

Ascertainment List

Leading Community Issues

*Results of ascertainment from civic leaders, response by telephone from TBN viewers, printed media comprising newspapers and magazine publications whenever possible.*

Crime

Family

Homelessness

Public Safety

Substance Abuse

Youth

Health

Minority

Unemployment

*The figures designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.*

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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*Crime*

Joy in Our Town #1739	28:30	12:30	REC	PA/O	11/06/17 11/07/17	6:30 PM 5:00 AM
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Host Tori Stamoulis introduces the topic of crime and poverty and how they are correlated. The Exodus Transitional Community in New York City is working to break this vicious cycle. Julio Medina, founder of the Exodus Transitional Community, discusses the purpose of the non-profit organization with locations in Newburg, Harlem and Poughkeepsie. The organization was founded 18 years ago. Julio shares his personal experience of living in the poorest area of the time, South Bronx, and growing up with a lack of positive role models. He explains that the only role models he and others like him looked up to at that time were drug dealers and those who "appeared" to be successful. At a young age, he has said yes to a life of crime in drug dealing in hopes of becoming successful. He ended up getting prosecuted by the organized crime task force of northern New York. He and 9 other co-defendants were prosecuted; however, he was considered the drug leader and received a life sentence with a minimum of 10 years. Julio describes his experience of his spiritual transformation during his time in prison. After that, he attended seminary, received a master's degree and would work in the chapel in ministry. Julio was released from prison and desired to serve God and led to the establishment of Exodus Transitional Community. This non-profit organization currently has 32 people on staff that works to help former inmates take a holistic approach as they re-enter normal life. At Exodus, they provide the tools necessary to remain healthy, to apply and re-enter into the work-force and re-connect with family, which all become some of the basic struggles for most inmates upon their release. Most of the staff at Exodus has served time in prison and used their own experiences to help and minister to others. A former inmate/member of the staff shares her experience of being left with unemployment and job rejections post-release. She explains her experience and how she got the opportunity to go through and work for Exodus Transitional Community. Julio explains that they even have a presence within prisons and are able to reach people even before they get released. There are many volunteer opportunities one can look into if desired to serve time at the Exodus Transitional Community.

Joy in Our Town #1744	28:30	12:30	L	PA/O	10/30/17 10/31/17	6:30 PM 5:00 AM
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Adam Kramer of the Green Beret Project talks about the importance of reaching teenage youth who are at-risk in the community. Adam's passion for this outreach grew from his own experiences after he was released from a federal correctional facility and sent to an aftercare program. After completing this program, Adam realized that in the state of Delaware, there is little help for juveniles to re-enter society. This seemed unusual because intervention for people in their youth could decrease the possibility of them having future periods of incarceration as adults. The Green Beret Project started when former green berets who were in law enforcement saw a need to help juveniles of his community in the projects. He wanted to prevent the crime instead of chasing after the crime. Many of these young boys think they are men. This is often the result of a lack of a father figure in the home which results in these young boys taking on responsibilities they would not normally handle. This forces them to mature faster and they are missing a lot of the key components of discipline and obedience. One of the components of the Green Beret Project is the physical training. The training allows these young men to become more comfortable with the instructors and helps to develop trust and friendships. The Green Beret project had its first successful summer this year. They had an active all-day camp for the entire summer. The key to this success was the daily commitment of a few police officers to the program. The youth enjoyed the formal structure of the program. The program reaches youth from 9 years of age to 18. Adam adds he has to remember who he is in Christ. God gave him the leadership skills needed to succeed. In the past, Adam used his God-given gifts in a negative way, but now through Christ, he has completely changed the direction and purpose of his life.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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*Crime*

Joy in Our Town #1749	28:30	15:00	L	PA/O	12/04/17 12/05/17	6:30 PM 5:00 AM
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Prison Chaplin Steve Anderson talks about his role in the Prison Outreach of Delaware along with Tim Santa Barbara, founder of Broken Beginnings ministry and someone impacted by Prison Outreach of Delaware. The Prison Outreach of Delaware provides a range of services including bible study, individual counseling, and guidance in and out of prison. The ministry seeks to supplement programs offered by the State of Delaware for inmates. Chaplin Steve recounts his time in prison and some key moments of his journey. After a battle with drugs and alcohol and a series of failures in life, Steve had an encounter in Alcoholics Anonymous with a believer who imparted words of life and encouragement into Steve. Renewed, Steve was led to have the same impact on others in his situation. Tim spent time in Gander Hill Prison, now Howard R. Young Correctional Institution, during which time he came in contact with Prison Outreach of Delaware. Chaplin Steve connected Tim to a local church and together with continued studying and prayer, Tim's life was transformed. Energized with new life, Tim was lead to begin the Broken Beginnings ministry to reach others who were broken as well. Chaplin Steve talks about the various challenges an inmate will face upon release such as finding employment, restoring relationships, and finding shelter. In addition to the social issues inmates will face when released, Chaplin Steve explains why it is important for the inmates to continue to strengthen their relationship with Jesus Christ in the face of the guilt, shame, and other emotional issues and barriers they will encounter. Chaplin Steve offers guidance and encouragement to those who have loved ones struggling with an addiction or who are already incarcerated. Tim closes with a reminder of our role as believers in the body of Christ.

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*Family*

Joy In Our Town # 1737	28:30	12:30	REC	PA/O	10/02/17 10/03/17	6:30 PM 5:00 AM
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Host Tori Stamoulis introduces the Jersey Shore Dream Center Pastor Isaac Friedel who introduces Tony Bello, Urban Missionary. Tony said he has a passion to feed the hungry. Jesus put him back together again, and he has an obligation to do that for other people through food. We feed the hungry every week. Food is love. The Jersey Shore Dream Center serves their community through their food pantry, clothing pantry, soup kitchen, free breakfast on Wednesdays, and the messages on Thursdays and Sundays. The Dream Center reaches over 40,000 families every single year. One of the most impactful ministries of the Jersey Shore Dream Center is the food truck. It is a mobile food truck pantry. There were two trucks that were donated to the Dream Center that deliver food to people that can't get to pantries such as seniors and people who are still displaced by Hurricane Sandy. It's just enough to get over the hump. In order to volunteer, people who are interested can go to the Jersey Shore Dream Center website to sign up. Tony said, on "Tuesdays we pick [food] up from our corporate sponsor and we bring it back to the storage unit. This usually occurs every day. On Thursday, Friday, and Saturday we go to our sites, about 16 of them. We donate about 2,000 pounds of food a month, and that includes our food bank. Some of the food we do pay for, and all of the food is quality food." Tony said "we go to the town clerks and ask them where are sites that people are in programs like drug programs or parolee programs and halfway houses. We have a site where we serve outpatients who have cancer. Each site is different; some have microwaves or kitchens and some don't. I try to tailor each drop-off to a certain site. It's more than just bringing food, its bringing ministry to the people. We're bringing love, hope, and joy to the community. We ask people if they need prayer, and the team prays for them. We also invite them to church. If volunteers are interested, they don't only have to deliver food but they can gather it and organize it."

Joy In Our Town # 1739	28:30	12:30	L	PA/O	11/06/2017 11/07/2017	6:30 PM 5:00 AM
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Host Tori Stamoulis introduces Salvation Army of Philadelphia's Pathway of Hope program. In Philadelphia the poverty rate is very high causing many to struggle and lose hope. For over 150 years, the Salvation Army in Philadelphia continues to feed the hungry, provide housing for the homeless, and strives to break the cycle of poverty through Pathway of Hope. The Salvation Army provides help to struggling families through supportive housing and case management. They also provide aid to youth through programs that work with school learning, music, art, and fitness programs. They rebuild individual self-esteem and confidence, and guide them to a pathway to self-sufficiency. Susan Brotherton of Philadelphia states that the importance of Pathway of Hope is to make a long-term difference into people's lives. Pathway of Hope is designed for families with children who want to take action at bettering their future. Their goal is to improve stability in families by decreasing the barriers that families face. Host Kelly Waldeyer speaks with Susan Brotherton about the dramatic impact that families face while living in poverty in their own environment, such as being more exposed to drugs, alcohol and violence. Susan continues to explain the on-going cycle that a child faces in poverty from now until they are grown adults, as well as the hardships in finding proper housing and childcare. LaTanya Brown, a Pathway of Hope client, shares her story of how her experience of working with a case-manager helped her achieve her goals.

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*Family*

Joy In Our Town # 1741	28:30	12:30	REC	PA/O	10/09/2017	6:30 PM
					10/10/2017	5:00 AM

At Serve24 in Asbury Park, NJ hosted by Jersey Shore Dream Center. There were 500 volunteers and they gave out over 1,000 backpacks and prayed over every backpack. Churches from all over the city of Asbury Park came together, all spreading one message—the love of Jesus. Pastor Isaac and Diamond Friedel gave their testimonies about how the LA Dream Center changed both of their lives. SERVE24 is 24-hours of serving the community, loving on people, giving people hope, and giving people Jesus. They served about 2,000 to 3,000 members of the community within a 24-hour span. They gave out gas and 1,000 backpacks from TBN, and there was a free concert. Right now in the community, there is such a need for service and for people to come together especially under the body of Christ for the world to just see that they are unified. Last year, 500 volunteers came out and they gave out 500 backpacks. About 55 churches and non-profits were serving Asbury Park. The Jersey Shore Dream Center provides a baby pantry, impacts the lives of troubled youth, reaches the hungry with their mobile food truck, and adopts-a-block by serving the needs of their neighbors. Thousands of people in Asbury Park and Monmouth County need their tangible needs met with items such as food and diapers. The Jersey Shore Dream Center is able to reach thousands of people every single year.

Joy In Our Town # 1741	28:30	12:30	L	PA/O	10/09/2017	6:30 PM
					10/10/2017	5:00 AM

Pastor Steve Hare said in 1995 [Faith City] held a 'street party.' We rented a park, had a stage and a bunch of grills. We had about 300 NBA basketballs lining the stage. He said something amazing happened—700 to 800 people showed up at that park. What I thought would be impossible to pull off, happened with great ease. People felt the love. We are running buses all over the Wilmington area, which is, per capita, has a very bad crime statistic but there are great people and great neighborhoods. Charlie Harmon, Outreach Coordinator says he goes out on the corners and helps people directly. [People] want you to be interested in their story and what they are going through. Once you do, it opens up dialogue between you and them. We go on purpose to areas where there are a lot of shootings and gang activity. I go out there, talk to the people, and encourage them to come to the Cross. We go to the corners and get a list of names, for some corners, we ask The Lord, 'Where should we put the cross?' Sometimes the people in the neighborhood will say, 'Put it on that corner.' Pastor Steve Hare said we started with no bus going into an area, and we built what we call 'street teams'. They're going from door to door and we're training them to be loving and friendly, and there for people. We took that one bus from a particular area, and we run as many as 33 buses. Over the years God has allowed us to impact people, and it's always putting Jesus forward. The power is in the name of Jesus. We learned that when we bring them into a different space and love on everyone unconditionally, and share that core message of love, acceptance, and forgiveness, with great ease, people receive the transformation of the love of Jesus.

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*Family*

Joy In Our Town # 1746	28:30	12:30	REC	PA/O	11/13/2017	6:30 PM
					11/14/2017	5:00 AM

Host Tori Stamoulis introduces New York City Dream Center, Pastor's Brad and Stella Reed discuss how they first became involved in the Dream Center in LA. They moved from LA to Harlem with their children and followed the call God gave them to start one in NYC. They began to learn more about what it meant to be a New Yorker and how they could start to relate and help other New Yorkers in the area. They began to just serve whoever was near them and in their area. They started in a community in Chelsea in a housing department, and decided from then on they would continue coming and serving that community. Pastor Stella describes the importance on being consistency and breaking through resistance in meeting people right where they are. New York City Dream center serves the city in 3 major ways: ADOPT-THE-BLOCK for public housing communities, RESTORE – help for the homeless, and RESIDENTIAL CARE – weekly service to the elderly. During the holiday season, NYC Dream Center continues to keep a presence. Holidays tend to create a sense of loneliness in New York City, so this program provides a bag of a full Thanksgiving meal and encourages them to unite in their community and fellowship together. Pastor Brad describes the important with Sabbath and fellowship. Pastors Brad and Stella go into the details into making the Thanksgiving event a success. NYC Dream Center also organizes a fun day, including balloons, face painting, hot cocoa and cookies, live music, etc. so that they are able to enjoy the community event. They discuss the importance of instilling dignity to people. On average, they give out 500 turkeys and grocery bags. Pastor Stella describes the importance of hope and how hope ignites other opportunities.

Joy In Our Town # 1748	28:30	12:30	L	PA/O	11/27/2017	6:30 PM
					11/28/2017	5:00 AM

Host Tori Stamoulis introduces the high statistics of homelessness and food insecurity in Chester, Pennsylvania. In the Delaware area, hunger greatly affects the elderly and people of low-income areas. At City-Team, they believe that you need to help people respectfully. Starting in 1989, the ministry developed a full kitchen. In 2013, the food pantry became a grocery store for the homeless and hungry. In 2015, Hope Café was introduced, and became a restaurant experience with entrée options, and people have been served ever since. After dinner, music and teaching is followed. They feel like they are serving the way Jesus did, and giving hope to people in painful circumstances. City Team serves breakfast, lunch and dinner 365 days a year. Nancy Craskey, Development Officer, discusses her passion for Hope Café and how guests are treated with respect and dignity. City Team Chester invites volunteers to come in and help in any of the programs they feel interested in. City Team serves the homeless community, the working poor, and veterans. City Team strives to do their best accepting everyone for who they are and serving their needs. Volunteering at City Team has enhanced many of the volunteer's lives. At City Team, their outreach serves 1,000 families during the holidays.

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*Family*

Joy In Our Town # 1750	28:30	12:30	L	PA/O	12/11/2017	6:30 PM
					12/12/2017	5:00 AM

City Director for CityTeam, Chester Kwinn Tucker talks about what CityTeam offers the city of Chester and the impact they have on their community. Kwinn explains how their reputation draws people from as close as their local neighborhood and as far as Philadelphia. She describes the issues of Chester as well as the resilience of its residents. Kwinn shares the mission of CityTeam and how they are committed to this inner-city area and how their work is helping their guests survive each day. She continues with an overview of the range of severity of issues that they handle on a regular basis such as hunger, homelessness, lack of clothing, lack of baby/child supplies, and drug/alcohol addictions. CityTeam offers provisions ranging from a single meal to an 18-month recovery stay and there is no cost to the guest. Mother/Baby, Recovery, and additional programs are also available affording the needy with clothing, food, baby formula, life skill training, drug and alcohol recovery, and numerous hands-on educational services. Kwinn elaborates on the Drug and Alcohol Recovery Program and outlines some of the processes that assist the in-house residents with skills to obtain recovery. She also talks about some of the programs that she would like to see expanded in order to help more people in need. In closing, Kwinn shares her personal experience from working at CityTeam and how its mission has enhanced her life both personally and professionally. She closes with emphasizing that any of us do not have to give a lot to have a major impact on those around us who are in need and encourages viewers with a message of hope and love.

Joy In Our Town # 1751	28:30	12:30	L	PA/O	12/18/2017	6:30 PM
					12/19/2017	5:00 AM

Recovery Program Manager Raj Lewis talks about the Drug and Alcohol Recovery Program at CityTeam Chester. Raj mentions a couple of the other programs offered at their location that supports hands-on educational resources but focuses on the long-term residential drug and alcohol recovery program. He outlines the range of life circumstances that could lead someone to the doors of CityTeam. He describes the state in which men come into the facility and how, despite initial fear and hesitation, a message of love and acceptance gives them hope for their future. The men who are residents of the program are provided three meals every day. Raj states that the most important meal of the day is the Word of God. He emphasizes the importance of the Word of God throughout the program from giving the men a new identity and a firm foundation for life to Bible study and discipleship. Raj talks about the on-site nursing clinic and its importance in assessing the needs of potential and current residents. He then depicts the conflicting emotions that men feel when they are welcomed into the program. Feelings of awe and amazement is juxtaposed with feelings of shame and guilt, and the CityTeam staff is there to help them through it all. Raj elaborates on the transformation that takes place with a story of a specific individual who experienced a complete change of attitude during his time at CityTeam. He then talks about the desire that their residents have to give back when they have completed the program and their attitudes of gratitude. Raj illustrates the impact City Team has in changing the trajectory of their community and how the people of Chester have a deep love for their mothers who are at the core of fueling that change. He closes with examples of how the reputation of CityTeam Chester continuously draws people in need and a recap of the program process to assist men in their recovery.

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*Family*

Joy In Our Town # 1752	28:30	12:30	L	PA/O	12/26/2017	5:00 AM
					12/26/2017	6:30 PM

Family Services Manager Anna Donahoe talks about the Mother/Baby program at CityTeam Chester and its design to support women and their children who are in dire need of basic life necessities. Anna describes the range of items available for families such as diapers, clothes, strollers, and car seats. All of the items available through CityTeam are provided free of charge to the mothers and caregivers. She explains that the individuals that come to CityTeam for help come from many different life circumstances. She states the hundreds of families served are grateful for the opportunity to care for their little ones without having to incur any expense. Anna touches on the excitement that takes place during the year at holiday seasons: Easter, Thanksgiving, and Christmas. CityTeam members and volunteers go the extra mile and host parties and games providing both mother and child with fun for the day and a life-long memory. She shares how important it is to build trust between CityTeam members and the inner-city community and that their priority is to maintain communication and relationships with those who visit the Mother/Baby shop. Anna reflects on the story of a particular mother who was once a guest, then became a volunteer, and overtime became a special friend to her. Anna said that so many who visit eventually become volunteers in an effort to give back. She defines some of the qualifying characteristics of a potential volunteer and that all must go through criminal background checks and child abuse clearance. Anna comments on the sources of their donations and how so many different, local organizations play a major part in providing goods for the Chester community. She continues with some insight into why some mothers have to rely on the Mother/Baby program and shares some of her personal motivation behind being involved in the efforts of CityTeam. Anna closes with a few of the guidelines that help this program be fair to all the visitors in need and some of the special items that they are blessed to give away.

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*Homelessness*

Joy In Our Town # 1737	28:30	12:30	L	PA/O	10/02/2017	6:30 PM
					10/03/2017	5:00 AM

Host Tori Stamoulis introduces the topic of homelessness. Many [people] are living below the poverty line today finding themselves homeless and hungry. Food is a basic need that everyone should have. Executive Director Brian Jenkins said he grew up in the [housing] projects of South Philadelphia, a poverty stricken neighborhood. Brian Jenkins said "my mother died when I was 5 years old and I ended up in an orphanage. From there I went into a foster home from the age of 6 to 18 years old. In 1996 after leaving a play with my wife we saw a homeless man on the sidewalk and gave him our last 40 cents. The next week we came back with 40 bagged lunches and a Bible for the man, as well as lunch. There is a scripture in Hebrews 13 that says 'Be careful how you entertain strangers, because you may be entertaining an angel unaware. That was our angel that night who thrust us into ministry. Now we're serving over 150,000 meals a year throughout the Philadelphia region, with 3 regional locations. We not only do meals, we do job training, computer labs, expungement services—we even have a barbershop where they can come get their hair cut for free. This is a ministry of compassion that allows us to be able to minister to people and to change people's lives." Wendell Alston, Campus Pastor said that "the first time I went to Chosen 300, it was to get something to eat and I was strung out on drugs. I was the drug dealer. I had been to every jail in Philadelphia and was strung out on drugs for 15 years. I know what it feels like to eat out of the trash, sleep on the street and have no one to love you." Wendell told the story of how while getting high, his son was taken away from him. The Police were unable to give him his son back. Wendell said "he was all I had left. Even though I was messed up, my son loved me because it was just me and him. He was adopted. I don't know how or when, but I trust and believe God will let me see my son again." Brian Jenkins said I was doing very well in corporate America but God had a call on my life. The people that work here are not here because it's a job, but we do it because we love God's work. We're extending the love of Christ. Every single person that sits at our table is a representation of Christ to us. Wendell said God sent him to Chosen 300. They loved him with the love of Christ. I went from volunteering to a site manager and ended up being licensed as a minister. I was able to give back to the people here because I was just like them. I'm able to minister to them and talk to them, and my life continues to change daily. I believe in order for the world to be changed, the walls of the church must come down, and we the people of God must go out and minister. You have to meet the needs of the people in the neighborhood. Give them hope. We have services on Mondays, Wednesdays, Fridays, Saturdays, and Sundays where you can come hear the word of God as well as get something to eat. You can get clothing, we have career day, and we help people with resumes. When you start feeling good about yourself, you can go out and be confident about getting a job. He said one of the biggest things you can give someone is your time. Brian Jenkins said the intrinsic reward of seeing someone's life changed is the reward I get every day. That's what brings value to what we do.

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*Homelessness*

Joy In Our Town # 1743	28:30	12:30	REC	PA/O	10/23/2017	6:30 PM
					10/24/2017	5:00 AM

Host Tori Stamoulis introduces two organizations that are unique in meeting people right where they are. The Father's Heart Ministries intro video discusses their purpose of their outreach. They show compassion, kindness and love to those in New York. Pastor Chuck Vedral and his wife are featured in discussion with Pastor Isaac Friedel as their host. The Father's Heart Ministries don't refer to those they help as "homeless" because they seek to restore their dignity from the moment they come in contact with them. It started as a soup kitchen in the streets. They use the message "Daddy's not angry" as a way to speak truth into people's hearts about how God feels about them. Pastor Vedral discusses that NYC is such a large city that many people tend to isolate themselves, and struggle with finding community. Many homeless people are afraid to talk to other people. The soup kitchen is a place where people can come together and find community. Carol Vedral discusses that many of their guests are elderly and on disability. They provide an "all-you-can-eat meal" as a way to demonstrate the generosity of our Father. The testimonials of The Father's Heart Ministries are truly inspirational. There are many ways to volunteer at this ministry and to get involved. Carol talks about the children ministries where children can learn about nutrition and health. They can also do arts and crafts. Alphabet Scoop is a program that is a job training youth development program for teens and young adults to enable them to get work experience and training so that they can learn life and job skills and earn an income.

Joy In Our Town # 1747	28:30	12:30	REC	PA/O	11/20/2017	6:30 PM
					11/21/2017	5:00 AM

Host Tori Stamoulis introduces the Salvation Army of Greater New York. Methodist Minister, William Booth, and his wife founded the Salvation Army. Their mission was to address the needs of the lost and broken in the London slums first with soup, and then soap, and then salvation. Few years after, The Salvation Army extended their reach to New York City. They started daycare centers, after-school programs, homeless shelters, feeding programs, counseling, summer camps, music training, and emergency services. Change is happening every day for the lives of thousands of New Yorkers. Captain Giovanni Guerero explains that his job is never done at the end of the day, and that there is so much more to do. He explains that part of his job is building relationships with the people that come his way, and help them build a better future. Most people come for one need, but The Salvation Army tries to service them in other areas as well. Every day, there are people who line up outside, and are welcomed in to a restaurant setting. There are a mix group of people that makes their way into the doors of the organization. There are homeless, those struggling with drug addiction, and those who cannot afford to buy food. There are families and children that also come in. Their goal is to always make people feel at home. The Salvation Army believes that once you take care of the physical needs of a person, then they will be able to hear the rest of the story, and the gospel of Christ. The Salvation Army was one of the first responders to the Superstorm Sandy, and New York is still facing some of the effects of the storm today. The Salvation Army serves as an after-school daycare for many children in NYC. Pastor Giovanni says that The Salvation Army tries to meet both the physical and spiritual needs of everyone that comes to their centers. The Salvation Army is always looking for volunteers.

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*Homelessness*

Joy In Our Town # 1747	28:30	12:30	L	PA/O	11/20/2017	6:30 PM
					11/21/2017	5:00 AM

Host Tori Stamoulis introduces The Salvation Army of Greater Philadelphia. Currently, Philadelphia is a hub for human trafficking. The Salvation Army meets the needs of both sex and labor trafficking. This organization offers health, wellness and spiritual growth. The Salvation Army strives to show others the love of Christ and the importance of building a relationship with Him. The Salvation Army is also working to make efforts to avoid and help the victims of the opioid crisis. The drug crisis happens to be one of the biggest needs that they are facing in Philadelphia. Another need, is fellowship for senior citizens, safe shelters for children, homelessness, and The Salvation Army is helping meet all of those needs. They even have a culinary program that helps those learn how to properly prepare food. During Christmastime, The Salvation Army works to provide gifts for children and adopts families financially in serving their needs.

Joy In Our Town # 1748	28:30	12:30	REC	PA/O	11/27/2017	6:30 PM
					11/28/2017	5:00 AM

Host Tori Stamoulis discusses the issues of homelessness and hunger in New York City. Pastor Diane Dunn, founder of Hope for the Future Ministries describes how she started the organization. She explains the conditions of homelessness and how she felt called to do what Jesus would do, which was to care and provide for them. There were testimonials of how they have found help through Dianne and this ministry. There were many who have gotten help and are now volunteering and donating to the ministry to help others. Hope for the Future Ministries has just celebrated their 30th anniversary. They opened a warehouse in Long Island and they serve hot meals and pantry meals to people in the area twice a week in NYC. The prices of food has escalated. Some of the people that come are people who work 3 jobs but are unable to make ends meet. Friday nights, girl scouts, youth groups, senior citizen all work together to make sandwiches and provide food. Pastor Diane Dunn has even started a full church service in the park.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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*Public Safety*

Joy In Our Town # 1742	28:50	13:00	REC	PA/O	10/16/2017	6:30 PM
					10/17/2017	5:00 AM

Lt. Colonel Fernandez said, "when you see our uniforms, you see the two S's which means we are saved to serve. People who want to be a part of the Salvation Army have to be ready to serve the community. People describe the Salvation Army as having 2 wings; one for the religious side, and one for the social service side. The purpose is to teach the Gospel of Jesus Christ, and at the same time help people who are in need. Social services are provided in every community to respond to crisis. We have to be ready to help them go through that crisis. That helps us train every single day to be prepared when something major happens. We are in Puerto Rico at this time; we have a staff in place. We receive information about the number of meals served. At this point, we have been serving 14,000 meals a day in different locations throughout the island. Also, we are working in the Virgin Islands, specifically in St. Thomas and St. Croix. Here in New York, we served during [Hurricane] Sandy. We are rebuilding the community and working with the government. A disaster can happen every single day and we have to be prepared for it." He said "The Salvation Army was one of the lead organizations helping during 9/11. The Salvation Army is working with the local and federal government and are a part of the training curriculum should a disaster occur."

Joy In Our Town # 1742	28:50	13:00	L	PA/O	10/16/2017	6:30 PM
					10/17/2017	5:00 AM

Bob Meyers, Director of Emergency Disaster Services for The Salvation Army Greater Philadelphia said "our focus is on disaster feeding and distribution, as far as the front-end response is concerned. We're coordinating very closely, we're there early on during the front-end stages, sometimes even before some larger partners have a chance to mobilize, and we often stay a lot longer until all the needs of a disaster are met or until we have no more resources. During larger scale disasters, we work closely with the local, state, and federal government. Our role is to help folks 'fill those gaps' when they receive the high-level assistance that they can get from the government or other agencies to help them get back on the road to recovery a little bit quicker. Every zip code in America has services provided by The Salvation Army. One of the things that sets us apart from our other partners is that we're not just there providing services but it's the ministry aspect that we do through the church. We have mobile feeding units that we commonly refer to as canteens. Typically, that's our first line of defense when it comes to disasters. It's sort of high-profile so that people know that services are available to them—it's the very basics."

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*Public Safety*

Joy In Our Town # 1750	28:50	13:00	REC	PA/O	12/11/2017	6:30 PM
					12/12/2017	5:00 AM

Host Tori Stamoulis introduces the topic of natural disasters locally, and internationally. New York City has been helping Puerto Rico in their efforts to rebuild. NYC Councilman Fernando Cabrera discusses the importance of preparing for natural disasters. He discusses the list of things people could do to get prepared. First, establish a team. This is important for organizations and churches and establish a leader of the team based on their passion and experience. They need to establish those connections before the disaster even happens. Second, we need to establish ways we can obtain the resources. NYC was ill-prepared in resources during Sandy. The next thing they learned was that the beaches were opened for the storm. As a councilmember, Cabrera says we need to prepare our beaches and waterfront properties. NYC has a great Puerto Rican population out of every city. New York has been super passionate about helping Puerto Rico make a difference. At first, Puerto Rico needed to be stabilized, but now the process is turning into reconstruction. There are people still living in Puerto Rico without roofs and shelter. There is a lack of wood in Puerto Rico as well. There were also many people who are suffering PTSD. Cabrera and Pastor Bill Devlin describe the emotional experience from their trip in Puerto Rico of helping and praying over people. Cabrera continues to advise people to create an emergency bag of immediate and necessary supplies in case of a natural disaster including, solar power equipment, batteries, non-perishable foods etc. He encourages people to go to the FEMA website for people to be informed of the certain supplies they would need.

*Substance Abuse*

Joy In Our Town # 1743	28:50	12:30	L	PA/O	10/23/2017	6:30 PM
					10/24/2017	5:00 AM

Host Tori Stamoulis introduces Adult and Teen Challenge and the former substance abusers' testimonies. Adult and Teen Challenge is a recovery program for men and women who have struggled with alcohol and drug addiction. God is at work at this ministry, and in turn, many come to meet Jesus as their Lord. Rick Dodridge, Executive Center Director, describes the start of Teen Challenge in 1958 with a man named Dave Wilkerson. Dave Wilkerson was a man of God and a man of faith when he went to New York City and began working with addicts, God helped him and guided him. He realized that God's power was greater than the victims he came across. Adult and Teen Challenge has over 200 centers in America and probably 1000 around the world. In 1962, the Philadelphia branch started and has helped thousands of people. God has rescued, redeemed, and restored the victims that they have helped. Adult and Teen Challenge is a discipleship program that brings them wholeness. Their mission statement is "wholeness for the hopeless." Adult and Teen Challenge videos shares other testimonials of how victims entered into addiction. Rick shares a statistic that the longer an individual is in treatment, the better success that they will have as an outcome. This program is a long-term program. The other distinction of Adult and Teen Challenge is that they are unapologetically a Christian organization. Their programs are very structured, some have school work, and others have regular work. There are chapel times and group studies. They have a high success rate and many feel the hope of entering and going through Adult and Teen Challenge.

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### *Substance Abuse*

Joy In Our Town # 1746	28:50	12:30	L	PA/O	11/13/2017	6:30 PM
					11/14/2017	5:00 AM

Host Tori Stamoulis introduces the topic of opioid drug crisis in America and how Teen Challenge is aiding the victims. The host leads into a powerful testimonial of a girl who struggled with drugs and was restored by Adult and Teen Challenge. Joel Jakubowski, Chief Communications Officer, shares that Adult and Teen Challenge has been proven as one of the most successful drug restoration facilities in the nation. They pride themselves because they are faith-based, and that it makes all the difference. He explains the separate program that they opened for those battling addiction which isn't as long-term as their main program. The short-term program has allowed 55% of the people to enter into the long-term program following the short-term, which is for 30 days. They have seen that many have accepted Christ as their Savior just by going through the programs. Detoxing victims of drug abuse is also a great part of what they do. They believe that you must address the physical needs before people can be aware of their spiritual needs. In Pennsylvania, every 2 hours, people are dying from opioid overdose. In our country, we lose a person every 18.5 minutes. With these statistics, we have lost more people due to this epidemic than we have in the Vietnam War.

### *Youth*

Joy In Our Town # 1744	28:50	12:30	REC	PA/O	10/30/2017	6:30 PM
					10/31/2017	5:00 AM

Host Tori Stamoulis introduces New City Kids intro video. Urban poverty is causing many generational risks such as violence, drugs, lack of education and abuse. Children who are not involved in after-school programs are 50% more likely to get involved with drugs. New City Kids helps break the cycle of poverty through their after-school programs by providing opportunities for them to feel empowered. They train, pray and mentor their students every day. Teens are able to be surrounded by a safe and creative environment causing them to flourish. This community filled with music and fun creates a community with a brighter future causing the children's grades to flourish and many to gain confidence and hope. Every senior that New City has employed has graduated high school and gone to college. 90% of New City Kids graduate or are on the track to graduate. Daymiris Echeverria, program director, shares how New City Kids operates in the highest needed neighborhoods. They find that many low-income families, single parent homes, and immigrant families are lacking social support and great role models. New City strives to be the social support that many families are missing. Many students are coming from under-performing schools. Their 2 largest programs are the after-school center and the teen life internship. The afterschool program helps them do their homework and meet with a tutor. The other half of the class, they meet with their music class and learn an instrument of their choice. Local high school students act as the teachers to this program and get paid for their work. High school students are also given leadership opportunities to act as the head of the class and head of a tutoring table. Teens are also given academic support in their own classes. They can attend tutoring classes after work and help assist in the homework that they are struggling with. New City Kids video features testimonies from the children. New City Kids has completely transformed the youth of urban neighborhoods. Daymiris talks about how New City Kids is not ashamed to share the message of Jesus Christ with their students. 95% of the songs that children learn in their music classes are worship songs that they play in their worship time at New City Kids. They have a weekly worship gathering and sermon series they go through. Josh Dornbos, executive director, shares that they have 150 teens on staff and serve 300 grade-school children per day.

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*Youth*

Joy In Our Town # 1749	28:50	12:30	REC	PA/O	12/04/2017	6:30 PM
					12/05/2017	5:00 AM

Host Tori Stamoulis introduces the topic of incarceration. Tori introduces organizations who are working to restore those affected by crime and incarceration. She introduces James Ackerman, President and CEO of Prison Fellowship, an organization that works year-round to help children of incarceration and is doing something extra special this holiday season. Prison Fellowship conducts Bible studies, worship services, and training programs and academies. Chuck Colson had founded Prison Fellowship after his time in prison and through his powerful transformation to a believer in Christ. He realized that the calling on his life was to serve the incarcerated men and women and their families. Today, there are 78 academies in 27 states. They are in 428 prisons across the country. There are counseling sessions, hope events, and a broad range of other programs. Angel Tree Sports Programs is their newest and proudest addition. It started originally as an NFL Alumni association football clinic for at-risk youth and for children with parents with incarcerated parents. Angel Tree recently did an ice-skating event with JoJo Starbuck. Prison Fellowship is reaching the needs of children who are battling loneliness and shame that comes along with having a parent in prison. The statistics show that 2.7 million children have parents who are incarcerated. They become youth who are at-risk to follow in their parent's footsteps. Joe Avila discusses how Angel Tree event got started. A woman who was hired at Prison Fellowship and who had a passion for children spent her time in prison with women who had families. After her release, she felt compelled to start a program for children with incarcerated parents. She started by putting a tree in the mall, and got information of children with parents in the prison. People in the mall grabbed an angel from the tree and picked a child to help donate to. That is how this program got started. Joe Avila talks about his own story of drunk driving and incarceration. Through Prison Fellowship, Joe Avila's children were able to be positively impacted during his time in prison. There are many ways for someone to get involved in Prison Fellowship.

Joy In Our Town # 1751	28:50	12:30	REC	PA/O	12/18/2017	6:30 PM
					12/19/2017	5:00 AM

Host Tori Stamoulis introduces the topic of poverty and Children of the City. Joyce Matera, Founder and Executive Director, discusses the beginnings of Children of the City. What started as a one-day event for children in poverty, turned into a weekly event and thus, Children of the City was started. Many children in public schools are currently living in shelters due to the rising costs of living. Many children are uneducated have immigrant families. Children of the City believe that they need to assist children and families and change the culture of poverty. The organization provides after-school programs, educational summer programs, parent workshops, advocacy, prevention programs, etc. Joyce shares about the Saturday outreach program for family's field with games. There is also a parent workshop that is run simultaneously. They deal with getting families off of welfare and earning a living. There are educational programs as well. They also tutor high school students as they prepare for college and SAT testing. Many of the children who have went through the program have become executives at companies and achieved great accomplishments and success stories.

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### *Youth*

Joy In Our Town # 1752	28:50	12:30	REC	PA/O	12/26/2017	5:00 AM
					12/26/2017	6:30 PM

Host Tori Stamoulis discusses the issue of teen pregnancy as a result of poverty. Tori introduces the Young Life program called "Young Lives" for pregnant mothers. Destiny, a teen mom affected by the program, shares her powerful testimony. She talks about how Young Lives led her to form a relationship with Jesus Christ. Destiny also shares her story how she was adopted. Destiny is now a mentor at Young Lives for other teen moms who are in need of help. Lucy Droege, Young Lives coordinator, talks about the struggles young moms face. They feel lonely, overwhelmed and confused. They are unable to see the future and are in need of companionship and help. In many cases they are lacking resources and are desperate for material needs as well. Young Lives walks into the life of each of the teen moms and gives hope and offers friendship and kindness, as well as material help. They provide them with a community. This started in the greater New York area about 15 years ago. The young moms that were helped years ago are now working as staff or volunteers. They are reaping the joy that they are reaching multiple generations for the kingdom of God. They are receiving people from other organizations and churches, and many are finding about young lives. There are armies of volunteers that helps the girls feel befriended and cared for. Young Lives have club events and fun activities for the young moms. This is an opportunity for them to hear about the love of Jesus. This program also offers weekly Bible studies as well as a summer camp for them to learn more about Jesus and grow their faith in Him. This camp is a getaway camp specifically for the moms. Young Lives is striving to get more volunteers to help them aid in this program. They need the support of churches and other organizations. It is their dream for people all over the cities to reach out to young moms and support them.

### *Health*

The Dr. Leaf Show - The Perfect You #34	27:00	27:00	REC	PA/O/E	10/11/2017	6:30 PM
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Today on The Dr. Leaf Show, The Perfect You a Blueprint for Identity, Dr. Caroline Leaf discusses how you are unique. There is a scientific body of research that confirms that you are unique. Scientists have been challenged by the fact that every single person has their own unique way of thinking. The thoughts that you actually build inside your brain are completely unique and different to everyone else. The perfect you concept is that you have a perfect you, that you have this eternal nature that is perfect and it is specific to you and it acts like a filter. It exists because God already created it. However, because we have free will, we go through life using our free will learning about our perfect you nature. So, we literally have to press in to what is actually calling us. Like gravity pulls things toward itself, our perfect you nature is pulling us towards ourselves. The perfect you is how you uniquely think, feel, and choose in your perfect state. It's like this filter that gives you your own unique perception. The result of being out of the perfect you is toxic thinking. When you think correctly, you actually build healthy thoughts. Scripture in the book of Acts says in Him we live, move, and have our being. And that makes so much sense when it comes to the perfect you because to get to know the perfect you, you have to get to know God and vice versa. You're getting to know yourself and you're getting to know God by recognizing that your perfect you is in Him. We're made in His image.

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*Health*

The Dr. Leaf Show - The Perfect You #31	27:00	27:00	REC	PA/O/E	10/18/2017	6:30 PM
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Today on The Dr. Leaf Show, The Perfect You a Blueprint for Identity, Dr. Caroline Leaf asks the question, "Do you understand you?" We're not a product of blind, evolutionary forces. We are designed. We're in a world that encourages us to actually try to be like someone else in order to be successful. If we try and be someone else, you make a lousy someone else. We actually cause confusion inside of ourselves; creating conflict because we are going against the natural design of who we are. You are not defined by where you are now, or where you have been, but where you will be. God understands you and if you look at scripture in Ecclesiastes 3:11 it says that God has laid a piece of eternity in us, a divine sense of purpose, and that we're made in God's image. So many scriptures confirm that we have been perfected in Christ and in Him we have our perfection. Dr. Leaf calls it the "Perfect You Concept" where we have this eternal nature made in God's image that is a perfect you nature. There is something you can do that no one else can do because you are unique. "Unique" means: stand alone or set apart. Science shows that this uniqueness is a part of our design. You stand alone. There's no one like you. You have influence over your destiny. Choice is very, very fundamental in activating your perfect you, and it's a lifelong process. The perfect you concept gives you the tools to actually self-examine so that you can learn how to self-reflect, become self-regulatory, and become more aware of your thought life.

The Dr. Leaf Show - The Perfect You #32	27:00	27:00	REC	PA/O/E	10/25/2017	6:30 PM
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Today on The Dr. Leaf Show, The Perfect You a Blueprint for Identity, Dr. Caroline Leaf discusses what the concept of subjective experience feels like, and this difference between us, and how we can actually mess this up by going down our own pathway, or enhance this by stepping into the perfect you and operating like we should. When we say, "This is how I feel," we also need to check and self-examine the "what you're feeling" because sometimes it's a toxic thing that you've got used to thinking and feeling that way. In science, it is called automatization, which is a fancy word for forming a habit. Increase your awareness of your difference. You're different and that difference is fantastic. Difference is not a value judgment. Difference is something to celebrate. As you celebrate and become interested in someone else's experience, you enhance your own perfect you functioning and your own brain health. You actually grow brain cells. You increase your intelligence.

The Dr. Leaf Show - The Perfect You #33	27:00	27:00	REC	PA/O/E	11/01/2017	6:30 PM
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Today on The Dr. Leaf Show, The Perfect You a Blueprint for Identity, Dr. Caroline Leaf discusses how the brain can change. She shares how, back in the eighties, it was believed that the brain could not change. She and other scientists began researching the fact that the brain can actually change as the result of the mind. The mind is separate from the brain and the mind can change the brain. This whole concept of renewing our mind goes hand in hand with the scientific concept of neuroplasticity. "Neuro" meaning brain." "Plastic" meaning change. So when you are in the perfect you, you are actually changing your brain in the right direction. The converse applies and it's called "the plastic paradox." When you get out of your perfect you, you change your brain the wrong direction and create a lot of confusion and conflict in you because it's supposed to stay in your perfect you. You don't have to get stuck in the toxicity, in the problem, you can get out of them. You can change your brain. The brain simply does what the mind tells it to do.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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*Health*

The Dr. Leaf Show - The Perfect You #35	27:00	27:00	REC	PA/O/E	11/08/2017	6:30 PM
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Today on The Dr. Leaf Show, The Perfect You a Blueprint for Identity, Dr. Caroline Leaf discusses how if you can understand the spark of the divine in you and start getting a glimpse of that, it will transform the way that you actually function. Research shows that there are only two types of emotion; love emotions or fear emotions. We know that in the perfect you, that's where the love emotions are going to be. We know that in the imperfect you, that's the opposite, and it's the fear emotions. Because emotions give things color and flavor and gives it a lot of power and energy, it impacts how you feel and how other people feel. So, the more you think about something and the more you grow that thought, the stronger the attitude of the thought becomes. So, we need to be very careful what we're thinking about all the time. We also need to recognize that attitudes don't control us. We control our biology. We control our attitude. Attitudes are real and no thought is harmless. Mental ill health is not a disease. You actually can change the situation.

The Dr. Leaf Show - The Perfect You #36	27:00	27:00	REC	PA/O/E	11/15/2017	6:30 PM
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Today on The Dr. Leaf Show, The Perfect You a Blueprint for Identity, Dr. Caroline Leaf discusses how you can learn to get your emotions under control. Research shows that 75-98% of all illnesses come from our thought life. Our thinking in the perfect you becomes essential in creating the correct environment for our body. Science is actually showing what Philippians 4:8 talks about -- think on these things, good, pure, true, -- all that good stuff actually changes the environment. So, epigenetics is literally that Philippians scripture in action. Why should you control your toxic emotions? Because you're causing brain damage. You can fix the brain damage by fixing your thoughts. Why don't you be proactive and actually capture those toxic emotions and toxic thoughts before they become a problem? Be aware of your emotional reactions. Focus on your feelings and evaluate if they are toxic or if they are healthy. Are they in the perfect you or the imperfect you? Evaluate and write down how often you are in a toxic state and how you feel in that state, as well as the positive.

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*Health*

700 Club NewsWatch #10102017	CBN	1:00:00	5:00	REC	PA/O/E	10/10/2017 3:00 PM
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CBN News Reporter Lorie Johnson Reports: Chances are you or someone you know takes a drug to lower cholesterol. This class of drug is called a statin. They are the most widely prescribed drugs in history. An estimated one-fourth of Americans over the age of 40 takes a statin. These enormously popular drugs are controversial. On one hand, some doctors say they are so beneficial, far more people should be taking them than those who already do. However, on the other hand, there are physicians who say statins should be used by fewer people than those who are currently taking them. In addition to doctors, many patients are weighing-in on statins, based on their own experiences with the drugs. Patients like David Venables, who blames statins for ruining his life and killing his dream of retirement filled with travel. He says taking the drug caused such severe walking and breathing problems, he's now basically homebound. Although David felt great, his doctor prescribed a statin because he felt David's LDL or "bad cholesterol," was too high. Not long after that, David started experiencing problems he'd never encountered before. According to the U.S. Food and Drug Administration, statin side effects include memory loss, confusion, muscle problems, increased blood sugar and diabetes, liver issues and more. Side effects often go away when the patient stops taking the drug. Some statin users, however, say their problems are permanent. David is one of thousands on the web ([http://stopped\\_our\\_statin.webs.com](http://stopped_our_statin.webs.com)) and social media (<http://https://www.facebook.com/groups/statins/>) reporting devastating even fatal reactions after taking a statin...to little avail. Cleveland Clinic Cardiologist Leslie Cho told CBN News she worries stories like these might discourage overall statin use. Dr. Cho goes even further by saying not only should patients who have been prescribed statins stick with the drug, but that more people should start taking one. While proponents of cholesterol-lowering statins say scientific evidence proves the drugs save lives, there are others within the medical community who say that research is deeply flawed. In his book, "Overdosed America," Dr. David Abramson claims drug companies pay for the studies. He says a key facet to the drug companies' dissemination of information is their control of the original data. He says they oversee who is chosen to participate in the study, who is dropped from the study, the way questions are asked and more. Perhaps most significant, according to Abramson, is that drug companies keep the raw data secret and release to the public only the information they obtained that make their product look good. In short, Dr. Abramson says the medical community is being scammed. To fix the problem, Abramson is calling for transparency in pharmaceutical companies' research. That would mean unbiased outside experts must analyze all of the raw data and draw their own conclusions before the drug companies are allowed to publish their research. An obviously expensive prospect, Abramson suggests paying for it by taxing the billions of dollars drug manufacturers spend on marketing. In addition to overseeing all of the raw data from pharmaceutical research, Abramson says the public should also know whether there is an all-natural solution to medical problems that are just as effective as the drugs being studied. Therefore, he says congress should mandate that the FDA add a "lifestyle arm" to all drug research to determine the results of behavior modifications compared to taking a drug. Finally, Abramson said drug companies aren't properly disclosing the high volume of patients who show no benefit from taking a statin. He says out of 83 users, statins only prevent one cardiovascular death, while the other 82 show no benefit from the drugs. Furthermore, he said out of 23 users, only one avoids a non-fatal cardiovascular event, while the other 22 show no benefit from the drugs. When it comes to preventing heart disease, the focus tends to be on lowering LDL, or "bad cholesterol." However, an increasing number of physicians say there are more important things to look at. Cardiologist Patrick Fratellone (<http://www.fratellonemedical.com/>) is one of them. Dr. Fratellone is one of a growing number of healthcare providers who say a more important heart disease risk factor than high LDL cholesterol is high triglycerides, combined with low HDL, or "good cholesterol." These two measurements are part of a typical blood lipid profile, but are often overlooked. Dr. Fratellone says triglyceride levels should be less than 150. He says lowering triglycerides and raising HDL or "good cholesterol" can be done by eating healthier. So while most doctors agree statins are helpful for some patients, with all these questions, you should feel free to talk to your doctor about whether one is right for you.

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*Health*

700 Club NewsWatch #12052017	CBN	1:00:00	5:00	REC	PA/O/E	12/05/2017 3:00 PM
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CBN News Reporter Lorie Johnson Reports: New research shows people who consume lots of sugar are more than twice as likely to die from heart disease. Doctors say sugar feeds cancer and Alzheimer's. Then there's sugar's link to diabetes-and the list goes on. That's why making giving up sugar your New Year's Resolution, to include artificial sweeteners, could be the best thing you could do for your health in 2018. When we think of addiction, we tend to focus on drugs and alcohol. But more doctors now say sugar addiction is often overlooked as the destructive and deadly force it actually is. One of those physicians is sugar addiction specialist Dr. Vincent Pedre (<http://pedremd.com/>), Medical Director of Pedre Integrative Health and President of Dr. Pedre Wellness, based in New York, City. Dr. Pedre says sugar includes all sweeteners such as high fructose corn syrup and natural ones like agave. He also points out that to your body, refined carbohydrates are sugars, too. An estimated three-fourths of Americans are addicted to sugar and don't know it. But food manufacturers do. They add sugar to nearly everything, even foods that may not seem sweet, such as crackers, bread, yogurt, pasta sauce and more. This keeps customers coming back for more. There are nearly 60 different names for sugar. Check the list of ingredients. Red flags are any type of syrup and words that end in -ose. Also fruit juice concentrate, fruit juice, molasses, turbinado, maltodextrin, evaporated cane juice, caramel and honey. Most people might be shocked to learn that they consume 100 times more sugar than their ancestors did back in the 1800s. Dr. Pedre says most patients are also unaware that their sugar overload is at the root of their nagging health issues, and that when people give up sugar, these issues disappear. Scientists who tested lab animals discovered sugar is even more addictive than some illicit drugs. He says people who are addicted to sugar can never be satisfied with just a taste. Dr. Pedre points out that alcoholics shouldn't have even one drink and drug addicts should avoid even just one hit. Therefore by extension, sugar addicts shouldn't have even a little. That's why he recommends giving up all sweets. After a number of days, it varies from person to person, the sugar addict generally stops craving it. In the meantime, he says power-through temptation, armed with the knowledge that it's only temporary. Dr. Pedre does offer this safety net: whole fruit. Whole fruit is fruit in its natural form, not fruit juice or fruit products like gummy fruits, dried fruits or fruit rolls. Dr. Pedre says eventually sugar addicts need to avoid the sugar in fruit, but it's an adequate substitute for the more harmful types of sugar. While whole fruit is an acceptable substitute for sugar, Dr. Pedre warns his patients to avoid artificial sweeteners at all costs. Research shows they're actually worse than the real thing. In his book, "Happy Gut," he says artificial sweeteners can harm our immune system by disrupting the bacteria in our digestive tract. Studies show people who regularly consume artificial sweeteners actually gain more weight. Artificial sweeteners, just like sugar, can trigger dangerous insulin resistance. Dr. Pedre says while insulin is a serious condition, it doesn't have to be permanent. He recommends intermittent fasting to help fix the problem. There are many different ways people can fast intermittently. One of the most popular is going without food for a 12 to 16-hour stretch each night. It might not be easy, but giving up sweets in their many forms, including artificial sweeteners, could pay dividends in the long run.

*The figures designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.*

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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*Minority*

700 Club NewsWatch #12212017	CBN	1:00:00	5:00	REC	PA/O/E	12/21/2017 3:00 PM
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CBN News Reporter Mark Martin Reports: Imagine not having a Bible in your language. That's a reality for around 2,000 languages across the globe. Now in its 75th year, the world renowned Wycliffe Bible Translators continues its work at reducing that number. One of their newest missions is reaching the deaf. While the numbers are also encouraging, much work still needs to be done. The organization says up to 160 million people need the Bible translated in their languages. One new frontier is the deaf community, and Wycliffe is working with Deaf Bible Society to reach this often overlooked group. The need is great. Deaf Bible Society estimates there are 70 million deaf people worldwide, and less than two percent have interacted with the Bible in a language that they can understand. It doesn't stop there. Of the more than 350 sign languages, Pagan tells CBN News not one has a complete Bible translation – even American Sign Language or ASL. Some may wonder, "Why doesn't the deaf community just read a printed Bible?" Pagan calls sign language the heart language of the deaf. Director of operations Adan Burke talked with us about the importance of this translation effort through interpreter Mistie Suhr. He's encouraged by recent progress, specifically for ASL. Once a translation is complete, the Scripture engagement department steps in. CBN News caught up with Brandon, a Deaf Bible Society employee, who demonstrated the Deaf Bible app. Computer technology is essential to the process. Shawn Collins oversees the software program known as Chameleon. All this helps Wycliffe reach deaf people around the world with the Word of God. CBN News watched field coordinator Severa Trevino make contact with a deaf translation team from Tanzania in East Africa, for the first time. Burke, who was CBN News' tour guide of Deaf Bible Society, agreed that the Holy Spirit ordered that contact right as the crew from CBN News walked by. Deaf Bible Society says so far 30 sign languages have portions of the Bible translated. The organization and Wycliffe hope in the next three years that 100 more will be added to that list. Stuart Thiessen, a consultant for the organization, says deaf people are usually the last people to learn what's happening the world. Wycliffe and Deaf Bible Society are taking God's Word to people from all walks of life and helping to usher in the return of Jesus Christ.

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*Unemployment*

700 Club NewsWatch	CBN	1:00:00	5:00	REC	PA/O/E	11/10/2017 3:00 PM
#11102017						

CBN News Reporter Erik Rosales Reports: From the battlefield to the business world, more and more military veterans are reentering the civilian workforce. But many struggle to successfully make the transition. What are some of the business strategies used to empower and employ veterans? U.S. Army veteran Erick Girard has been looking for full-time work for the past six years since leaving the military. After five years serving our country, the second lieutenant left the military with an honorable discharge after an injury. Since then he's been looking for a career. He says the military taught him discipline, loyalty, and honor. But not self-promotion or self-marketing. Lida Citroen spent 25 years in the corporate arena, helping CEOs of leading edge businesses define their brand, understanding their target marketplace and creating strategies to drive production. Now her books such as "Your Next Mission, A Personal Branding Guide for The Military to Civilian Transition" and her blog, "LIDA 360" (<http://www.unleashingyourbrand.com/>), are helping veterans realize the importance of creating a powerful personal brand and selling that brand to a potential employer. She adds veterans have to go the extra mile, like creating a resume that's easy to understand. She says veterans need to explain what they did and how those skills relate to the job they're applying for, without using military jargon or abbreviations. Citroen says she believes God led her to help veterans. She says a spiritual awakening took place, of all places during the halftime show of a Denver Bronco's football game on Veterans Day. The team did a tribute to soldiers returning home and what it's like to take off the uniform. Since then she's been running her business to help vets. The same is true for former veteran and military transition advisor Patricia Frame. Frame runs Strategies for Human Resources, out of Washington, D.C. As for that interview, Frame says it's important for vets to talk about success stories from their military experience. Frame adds new veterans can learn about the civilian world by talking to other vets already in the workforce. She adds veterans need to join or start employee resource groups in their area or online. Meanwhile, veteran Erick Girard says he will use another virtue the army taught him, that is to never give up. Another reminder from employment experts, what goes online is never private. Employers often check out social media pages, to get a better understanding of a person's character often before any offer is ever made. If you would like more information, click here to go to Lida Citroen's website (<http://www.lida360.com/veterans/>). The U.S. Department of Homeland Security is hiring, to check out their website, click Department of Homeland Security. (<http://www1.cbn.com/cbnnews/us/2017/november/tough-transition-why-veterans-struggle-to-find-civilian-jobs>). Veterans help is out there, don't be afraid to ask for it. Happy job hunting!

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