Trinity Broadcasting Network

Quarterly Report

April, May, June 2017 WGTW-TV

Burlington, New Jersey

Philadelphia, Pennsylvania

Eastern Time

Ascertainment List

Leading Community Issues

Results of ascertainment from civic leaders, response by telephone from TBN viewers, printed media comprising newspapers and magazine publications whenever possible.

Education
Family
Youth
Seniors
Housing
Economy
Health
Homeless
Minority
Unemployment

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Education						
Joy In Our Town # 569	30:00	15:00	L	PA	04/17/2017 04/18/2017 04/22/2017 04/29/2017 05/06/2017	6:30 PM 5:00 AM 2:00 PM 3:00 PM 3:30 PM

Host Kelly Waldeyer speaks with Margaret Lilley, farm manager for Red Hill Farm in Aston, Pennsylvania, about what is community supported agriculture and what are the benefits on having a farm in a local community. The Sisters of St. Francis set form different initiatives and one of them was to set up the farm. The community supported agriculture aspect of the farms is facilitated through the team growing the vegetables and members of the community buy a share or membership in the farm. The community members then come once a week for 24 weeks to receive their share of the weekly harvest. Originally, the sisters themselves would work the farm until a fire forced the closures of the farm. One of the objectives in having the farm located in Delaware County, PA was to teach the community about health benefits and community involvement from local farming efforts. It gave the community, both young and old, the opportunity to learn where their food was coming from and educate them about how their food grows and who grows their food. The farm also gives the community access to fresh, organic, nutrient dense, local produce. Learning how and where food comes from gives a person a deeper appreciation about the food they are consuming.

					04/17/2017	6:30 PM
					04/18/2017	5:00 AM
Joy In Our Town # 569	30:00	15:00	L	PA	04/22/2017	2:00 PM
					04/29/2017	3:00 PM
					05/06/2017	3:30 PM

Host Kelly Waldeyer speaks with Margaret Lilley, farm manager for Red Hill Farm in Aston, Pennsylvania, about what is community supported agriculture and what are the benefits on having a farm in a local community. One of the aspects of eating produce from a local farm is that people start to eat seasonally. They eat what is currently being grown in that season. The community has the opportunity to be actively involved in the farm. Red Hill Farm is very environmentally friendly due to the lack of pesticides being used in the growing process. Nurturing the soil is the key to good organic farming. Teaching is a large component of the farm. One of the biggest educational components is the partnership with Drexel Neumann Academy in Chester Pennsylvania. The farm education program teaches the children about agriculture, plant science, and nutrition. This is an opportunity for children in the 3rd grade and children in the 6th grade. Children from the 3rd grade class will learn about nutrition while the children from the 6th grade class get an introduction to cooking with these vegetables. Many times, these students are not exposed to organic fresh produce on a regular basis. Hopefully, this experience will help the children have a positive influence when their families go to the market.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Education						
Joy In Our Town # 571	30:00	15:00	L	PA	05/08/2017 05/08/2017 05/13/2017 05/20/2017 05/27/2017	6:30 PM 5:00 AM 2:00 PM 3:00 PM 3:30 PM

Host Kelly Waldeyer speaks with Aubrey Fenton, the lead pastor of Abundant Life Church, about helping community members connect with purpose. Through the Abundant Life Institute (ALI), a selection of classes and learning opportunities affiliated with the church, members of Pastor Fenton's church are able to find more about their purpose and ways to impact their community. The goal of the Abundant Life Institute is to train people to go out into the community and be the best they can be at what they do. Politicians, lawyers, teachers, and many other professions are represented among Abundant Life members, all of whom are taught what the Word of God says about excelling and following purpose in non-traditional ministry spheres. Historically, ministry was often categorized as being done by pastors, deacons and those in the church; the ALI hinges on the idea that every believer has a form of ministry across every walk of life, whether a pastor, or a teacher, or a doctor. Where ever God has placed you that is your context for ministry. Classes offered under the ALI include practical courses on financial management, decision making skills, marriage seminars, and other necessary life skills. Youth are often invited and encouraged to attend these ourses as well, giving them a jump on developing many of these skills that some might overlook. In particular, people often assume they possess decision making skills, when in fact learning those skills gives individuals a more solid foundation to rely on when making serious, tough life decisions.

					05/08/2017	6:30 PM
					05/08/2017	5:00 AM
Joy In Our Town # 571	30:00	15:00	L	PA	05/13/2017	2:00 PM
					05/20/2017	3:00 PM
					05/27/2017	3:30 PM

The Abundant Life Institute has had to evolve over time, in order to address the changing needs of the community at a given time. Foreclosure hit one local community very hard, so ALI chose to adapt their curriculum at that time to properly educate those effected. The Institute aims to educate those who attend, but also aims to prepare the newer generations to avoid some of the problems previous generations have encountered. In the marriage courses offered, couples are presented with strategies to help their marriage, but they are also taught common pitfalls, problems and hurdles that couples routinely encounter, so that when they too encounter those problems, they have an understanding on the reality of marriage. A strong healthy marriage is often overlooked when people talk about "impacting the community," but the breakdown of a healthy family can have financial, social, judicial, educational and spiritual impact on a community. Healthy families in the community can, in turn, build up a community into a thriving place. Believers, with Kingdom character, can also impact their community by using that Kingdom character to govern their actions in government, finance or education. The ALI may not teach them all the specifics of their profession, but that foundation of character and Biblically based truths provides them with a framework for general life and professional success. Life basics can be taken for granted, but they are often not as intuitive as people seem to think. Attending these courses can be beneficial for a number of reasons, among them, people realize they are not the only ones who struggle with an issue or who need more education. Attending can also connect those seeking answers with those who have the experience and answers they need, opening new doors of opportunity in the community.

Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time
Education						
Joy In Our Town # 563	30:00	15:00	L	РА	05/22/2017 05/23/2017 05/27/2017 06/03/2017 06/10/2017	6:30 PM 5:00 AM 2:00 PM 3:00 PM 3:00 PM

Host Kelly Waldeyer speaks with Deb Dutton, an instructor at The Christian Academy, about the dynamics of student engagement. Student engagement is important within the classroom as it provides relationship between the student and the teacher. Eye contact is one, important way in which engagement is made. Christian based education affords students access to God's word and the encouragement to apply it to their lives. There are different techniques available to foster student engagement. Many teacher try to use a variety of assessments to see if the students are engaged and understanding the material. Teachers may instruct a student to journal, or use artistic ability and draw a picture, or create a handmade project. Creativity is an important factor in the learning process. In today's society, there is so much information available giving opportunity to respond creatively. This process allows the students to delve deeper into the subject matter and gain a better understanding of what is presented to them. Christian education allows for students to ask how they see God in what they are learning about and who God is in this event. Education, in general, tends to put a lot of pressure on students. Standardized testing does not always give a complete assessment of the student's progression in the classroom. Parents also play a role in the extent in which their child, the student, is engaged both in the classroom and home. A successful outcome is when both parent and teach partner together ensuring the child/student is achieving excellence through Christ.

					05/22/2017	6:30 PM
					05/23/2017	5:00 AM
Joy In Our Town # 563	30:00	15:00	L	PA	05/27/2017	2:00 PM
					06/03/2017	3:00 PM
					06/10/2017	3:00 PM

Host Kelly Waldeyer speaks with Deb Dutton, an instructor at The Christian Academy, about fostering individuality among students. Getting to know the classroom students is an important factor in identifying their uniqueness. Teachers need to encourage students and remind them they are a special gift from God. A traditional non-faith based school environment may not focus on the individuality of a student whereas a Christian education presents the opportunity to point everything to God and His Word. At the beginning of the school year, it is important to establish a classroom where students feel safe expressing their ideas. A safe environment gives the students an opportunity to discuss topics that may be considered controversial yet welcome a conversation with someone who has a different viewpoint. Students need to have the opportunity to think on these topics critically and be able to go back to God's Word and learn of its foundational roots. Teachers need to use a plethora of modalities in order to understand and reach every students gift for learning. Technology has also had an impact on education. Technology has opened up the possibility to gather information easier which ultimately helps with student assessment. Education has shifted to a more student driven model offering more hands-on applications and setting the tone within the classroom for the teacher as the learning guide for the students.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Education						
Joy In Our Town # 557	30:00	15:00	L	PA	06/19/2017 06/20/2017 06/24/2017	6:30 PM 5:00 AM 3:00 PM

Host Kelly Waldever interviews with Enrique Josephs, Director of Admissions at the Glen Mills School, about what reform school is, how Glen Mills School was founded, and who exactly they reach. Glen Mills School (GMS) is the oldest school of its kind, and was originally formed as a house of refuge, to help remove juveniles from prison. They now provide services to youth, whether it be academic, technical, behavioral, or other skills the students require. All the students are referred through the court system or family services, often as a last resort before prison. Students attending GMS may be seen by outsiders as "throwaways," but the philosophy of GMS administration and staff is that they are to be treated as though the school is any other prestigious prep school. They give students responsibility, encourage them to participate in student governance, provide opportunities for sports and deliver the highest education possible. They emphasize the three C's at GMS: character, competencies, and confidence. Because of the success of their program, they have founded an alumni association, which enables past students to come back to mentor, encourage and guide current students as they finish their education. This also helps build relationships that will provide support to students following graduation. GMS cultivates a normative environment, creating high expectations, limits and structure for the students. They place a high value on respecting others, as well as caring for the classroom and facilities. Students do not necessarily want to be there when they first arrive, but through the normative environment, and a peer mentoring system, they acclimate quickly, as they see the benefits and begin to belong. One of the foundational elements of GMS is service to others, and through this the students form relationships that impact their entire lives. Roughly two-thirds of students build on the education and opportunities at GMS and never return to the life that landed them in the court system to begin with. Twenty-five career technical programs, such as engine repair and dental programs, provide students with a practical skill that leads to opportunity after graduation. It also teaches them an attitude of gratitude, as they are given opportunities to find a skill or job they enjoy and are good at. This in turn leads to success, further encouraging the students that they can be more than they ever dreamed.

					06/19/2017	6:30 PM
Joy In Our Town # 557	30:00	15:00	L	PA	06/20/2017	5:00 AM
					06/24/2017	3:00 PM

Host Kelly Waldeyer continues to interview Enrique Josephs about the programs at the Glen Mills School, specifically the largest of their career technical program, a public golf course maintained by GMS students and staff. Students are able to pursue a variety of paths, such as clubhouse management, golf course management, small engines repair or turf management. These skills can then earn them a job at any golf facility or course around the country. Roughly 60 students have already been placed as a result of the golf course program. GMS students volunteered for a US Golf Association event this year, and the USGA was so impressed, they created a video about the Glen Mills course and the students who maintain it. After viewing the video, Kelly and Enrique discuss how the GMS model allows older students to teach and mentor younger ones, thus creating a mentoring program within the student body itself. They utilize the peer group pressure theory, whereby ones actions can be influenced by peer pressure, but instead of using pressure to perform negative behaviors as one might encounter on the streets, students at GMS are applauded and encouraged for positive actions, reinforcing positive behaviors. Most of the staff has been at GMS their entire careers, because they see the impact that the school is having on the lives of students. An example is given of one student who has been offered a job at one of the most prestigious golf courses in the country, demonstrating how drastically one can turn their lives around through the GMS program. Parents or guardians interested in getting their child into the Glen Mills School need to bring it to the attention of their probation officer or social service worker who can then contact the school about admission availability.

Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time
Education						
Joy In Our Town # 576	30:00	15:00	I	PA	06/26/2017	6:30 PM
	50.00	15.00	-	173	06/27/2017	5:00 AM

Show host Michal Curry speaks with Rev. Steve Hare, senior pastor of Faith City Family Church in Newark Delaware, about how the educational facility of the church supports and encourages education on a variety of levels. Life Skills is a program that introduces young people to opportunity. The first Life Skills model was the music school. Some of the leading gospel and R&B musicians and producers will come in and allow the children to be around these artist and expose these children to an ideal they may not have considered before this experience. Programs like this allow the children to get out of the streets and focus on something positive because if not, there is someone on the other end of the corner who is will to take them down the wrong path.

700	Club	CBN	1:00:00	5:00	REC	PA/O/E	06/07/2017	3:00 PM
NewsWa	atch							

#06072017

CBN News Reporter Heather Sells Reports: President Donald Trump wants to budget an extra \$20 million for school choice but the big question is-does it work? CBN News decided to visit a state where, after years of trial and error, school choice has begun to make a real difference in the lives of students and their families. At 8 o'clock every morning, the K-8 students at Paideia Academics, a public charter school in South Phoenix, recite their mission statement and sing about their education. A few miles away, students at the Arizona School for the Arts, another public charter school, work intently on their ballet technique in preparation for an upcoming school recital. And, at the Espiritu Schools, students are tackling math and getting ready for their next community service project. Service is a major value for the school. Executive Director Adrian Ruiz says Espiritu is very intentional about encouraging and teaching students to give back. Charter schools are a big part of the choice landscape in Arizona. More than 500 serve students across the state. In the 1990's, Arizona lawmaker Lisa Graham Keegan sponsored the original charter school bill and went on to become the state superintendent of public instruction from 1995 to 2001. Arizona, she says, has always been open to new ideas. The state started with open enrollment which allows students to choose their public school regardless of their address. Next came tuition-free charter schools and other strategic educational choice tools. A state voucher-type program, known as Empowerment Scholarship Accounts, provide money for educational accounts for parents ranging from \$4,000 - \$30,000 a year. Its goal is to help students with disabilities and those in low-performing public or charter schools to pay for an alternative private education. Tax credits are also available for those who contribute to private school scholarships. It's all part of a mix, according to Keegan, that not only helps children and their families but teachers as well. Dr. Brian Winsor, the principal at Paideia, greets his students every morning by name and with a handshake as they run onto the playground. After previously working in the state's public schools, he loves the freedom of running a charter. While the State Board for Charter Schools grades its schools and can ultimately shut them down if they fail to meet academic standards, Winsor says he has a great deal of flexibility. He recently switched the school's math curriculum within a matter of months when data showed it wasn't working well. He can also hire and fire as needed. Joanna De'Shay chose Paideia for its philosophy of using moral principles to educate the whole child. It especially helps in a low-income area like South Phoenix she says. As a bonus, an on-site family resource center at the school links families in need with social services and counseling. De'Shay, a school board member, says parents who come and tour the school often cannot believe that it's tuitionfree. Cynthia Moraga is an Espiritu parent who discovered the school after an intensive search to help her daughter who was struggling at her public school after suffering from a concussion. School choice made all the difference she says. Ultimately she chose Espiritu for its charter board "A" rating, attentiveness to her daughter and community service focus. Phoenix-based educational entrepreneur Jaime Martinez founded Schola Solutions to help parents like Moraga who are searching for the best school for their child. Accessibility is a downside of school choice that even Education Secretary Betsy VeVos, an ardent advocate for school choice, has noted. Martinez has developed a search engine to help parents explore and navigate their options. He believes that despite the current political climate, the timing is right for education reform. Martinez says that millennial parents are realizing that traditional educational models don't always work for their kids and are looking for and demanding options. In Arizona, after decades of work, school choice is on the rise. Keegan notes that in the last five years, 100,000 families have moved their children from low to high-performing schools. She credits a mix of educational options and the state's strategy of closing charter schools that don't perform and encouraging the ones that do to replicate themselves. In South Phoenix, the strategy has paid off. Keegan calls it a "golden corridor" - which in Arizona education circles means an area that was previously known for its under-performing schools - transformed into an area known for its high educational offerings. That kind of scenario, she says, is the goal and hope, of school choice.

	Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time
Family							
	Joy In Our Town # 572	30:00	15:00	L	PA	04/24/2017 04/25/2017 04/29/2017 05/06/2017 05/13/2017	6:30 PM 5:00 AM 2:00 PM 3:00 PM 3:30 PM

Show host Kelly Waldever speaks with Peter Gottemoller, the director of the Pennsylvania Refugee program at Bethany Christian Services (BCS), about the various issues surrounding refugees in today's world, and what services BCS offers to those refugees. Bethany Christian Services is an organization that provides refugee services, adoption and foster care services, and pregnancy services to children and families around the world in an effort to show them the love of God. A refugee is defined any person who cannot return to their home country due to civil war, threat of violence or persecution, who seek asylum in another country through a long process. Often refugees make long journeys to refugee camps, in many cases staying there for years before ever being relocated to a host nation such as the United States. Bethany Christian Services connects with the refugees once they arrive here in the United States, after being vetted by other organizations and the State Department. BCS works with local churches, community groups and volunteers to help refugees transition, by linking them with resources in the area where they are being relocated. Some of the barriers that a refugee has to navigate include language and cultural differences, a lack of health care, and learning a new system of doing things in their new country. Organizations like BCS are given 90 days to support the refugees. BCS often tries to connect refugees with people from their original home country when they arrive here in the U.S., to help ease the transition. BCS also offers refugee foster care, for unaccompanied youth coming from the same places many refugee families are coming from. Volunteers interested in helping out of finding out more information about the refugee services offered by Bethany Christian Services can visit their website at www.Bethany.org.

					04/24/2017	6:30 PM
					04/25/2017	5:00 AM
Joy In Our Town # 572	30:00	15:00	L	PA	04/29/2017	2:00 PM
					05/06/2017	3:00 PM
					05/13/2017	3:30 PM

Show host Kelly Waldeyer speaks with Carrie Eckhardt and Dr. Corrine A. Macon, from Bethany Christian Services (BCS), about the adoption services offered by BCS. They discuss the various types of adoption that are available to families, including international, domestic and foster care adoptions. International adoptions involve bringing a child home to the United States, and there are often special needs and concerns that are involved with international adoptions. Domestic adoption is when children here in the United States are adopted by families also here in the United States. Foster Care adoptions happen when a child in foster care is unable to return to their biological families and find themselves in need of a forever family. When it comes to domestic infant adoption, the biological parents are making the decision to voluntarily place the child with a new family. Infants are far easier to place in homes, but there is a great need – especially in the city of Philadelphia – for forever families for older children who have been in foster care. Through a preliminary application, families can work with Bethany Christian Services to find what option would be the right fit for them. Bethany Christian Services has a unique requirement for their domestic infant adoption parents, and that is the prospective parents be Christians who are actively involved in a local church. BCS has services available to assist with the financial side of adoptions, and different adoption may have different costs associated with them. In the state of Pennsylvania, the state provides finances to cover the adoption costs of a child being adopted from foster care. Both quests affirm that showing the love of God to those in need, the very mission of BCS, is why they love their jobs and helping to provide services to adoptive families.

	Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time
Family							
						05/01/2017	6:30 PM
						05/02/2017	5:00 AM
	Joy In Our Town # 573	30:00	15:00	L	PA	05/06/2017	2:00 PM
						05/13/2017	3:00 PM
						05/20/2017	3:30 PM

Show host Kelly Waldeyer speaks with Carrie Eckhardt, the domestic infant supervisor for Bethany Christian Services (BCS), about the pregnancy support services offered by BCS. The goal of their services are to show Jesus love in a non-judgmental way to women who may have an unplanned pregnancy and are not sure what to do next. BCS is a life-affirming agency, and they try to help the women make the best decision for them, whether it be adoption or keeping the baby. A woman dealing with an unplanned pregnancy may find themselves in crisis. Among the circumstances BCS has helped people through are abusive relationships, a lack of finances, or even women who are homeless. BCS receives inquiries through www.impregnant.org, as well as through texting and live chat options they have. The pregnancy counselling they offer is free, regardless of what route the mother chooses to take. Once they choose a path, whether parenting or adoption, Bethany can connect them with the resources needed and help them through the process. And often, the adoptions BCS facilities are open, meaning the mother is able to choose the family the child gets placed with, and is able to stay in touch with them as the child grows. During the adoption process, counselling is provided for the mother, discussing grief and loss and the various emotions they may encounter when saying goodbye to a child, as well as walking them through the steps that come after adoption. BCS also has a special fund to help out certain mothers who have financial needs as well. Not all the mothers that come to BCS for assistance are Christians, but the families that children are placed with are. Volunteers, including interim care parents, are vitally needed, and anyone looking for more information can visit www.bethany.org.

					05/01/2017	6:30 PM
					05/02/2017	5:00 AM
Joy In Our Town # 573	30:00	15:00	L	PA	05/06/2017	2:00 PM
					05/13/2017	3:00 PM
					05/20/2017	3:30 PM

Show host Kelly Waldeyer speaks with Dr. Corrine A. Macon, Foster Care Program Director for Bethany Christian Services, about foster care and the foster care services offered by BCS. The foster care system is a system of homes and families who temporarily take in a child who is unable to stay with their biological family or caregivers for any number of reasons, including abuse and neglect. The goal is to connect a child with a safe and loving home, albeit temporarily. Parents are often given an opportunity to fix whatever situation resulted in their child being put in foster care, but program workers cannot always predict how long a child will remain in foster care. When a child needs placement, the county calls BCS – averaging roughly 200 calls a month – and BCS facilitates finding a good, safe home for the child to stay in. BCS is currently looking to find foster families and parents who are willing to become part of their network. They seek people who love children, can care for their daily needs, but who also provide emotional support for the foster children. Families are given training to help with behavioral and discipline issues, financial issues, and parenting skills they can incorporate into the process. There is no age limit to provide foster care services, but a foster parent must be over 21. The mission of Bethany Christian Services is "to demonstrate the love and compassion of Jesus Christ" in serving children, and program workers find themselves encouraged by the children that come back years later and thank them for the ways BCS changed their lives by fulfilling that mission.

	Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time
Family							
	Joy In Our Town # 568	30:00	15:00	L	PA	06/12/2017 06/17/2017	6:30 PM 5:00 AM

Host Kelly Waldeyer speaks with Steve Hare, senior pastor at Faith City Family Church in Newark, Delaware, about their outreach ministry named "Day of the Cross" which is dedicated to bringing the love of Jesus into some of the toughest neighborhoods within our four-state area (Pennsylvania, New Jersey, Delaware, and Maryland). In 2005, Pastor Hare was called to start this ministry and bring the power of the cross to the streets. Wooden crosses were constructed and set on top of boxes filled with transmission equipment that allows Pastor Hare to broadcast live to multiple corners in the area. The Cross changes the atmosphere of the area where it has been placed. In one example, the cross was placed at a corner known for a high volume of drug activity. As the street team continued to minister at the corner, the drug dealers began to move further and further away. The communities have embraced this outreach ministry. They see the change component this ministry brings into the neighborhood. The ministry reaches out to the homeless community in these areas as will and provides them with something warm to drink and blankets. This also gave them the opportunity to receive the Lord in their hearts. This may be the only opportunity to reach them. The Cross can bring the community together. This ministry is not about a ministry or pastor but rather an act of love and kindness.

	20.00 15.00	15.00			06/12/2017	6:30 PM
Joy In Our Town # 568	30:00	15:00	L	PA	06/17/2017	5:00 AM

Host Kelly Waldeyer speaks with Steve Hare, senior pastor at Faith City Family Church in Newark, Delaware, as they continues to talk about the outreach ministry named "Day of the Cross." The outreach ministry reaches neighborhoods in Philadelphia, Camden New Jersey, Chester Pennsylvania, and Wilmington Delaware. This outreach ministry is an opportunity for people to press the reset button on their situation. While the cross is out on the corner, people are given the opportunity to receive Jesus as their Savior. They are then given the opportunity to write their name on the crosses. This acts a moment of transformation for them. During these outreach moments of the street corners, the street team will give seasonal gifts to the people gathered. One of the biggest giveaways in the wintertime are brand new coats. In the past, the street teams have reported that children would come up to the cross only wearing sweatshirts in the extreme cold. In meeting a need in the community, you then earn the trust of the people. Some of the people that have received an impact from the cross in the past are now part of the teams going out to the corners and ministering to others. The volunteer effort to support this ministry is key. Many times, the volunteers are impacted as much if not more than the community they are serving.

Joy In Our Town # 559	30:00	15:00	L	PA	06/24/2017	2:30 PM
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Host Kelly Waldeyer speaks with Dr. Sheryl J. Hickman, a facilitator of self-awareness training programs, about the challenges women face today. Nothing has really changed over time but instead it is the way people look at their lives. Women sometimes feel lonely because of a false sense of expectation. It is important to distinguish that being alone and being lonely are two different things. A person can have people around them and yet feel as if they are lonely whereas another person could have one or two quality relationships and not have the same feeling of loneliness. The fulfillment of a person's life is one way to combat loneliness. There are three questions that can help a women who feels overwhelmed. What are the things I want to do? What are the things that need to be done? What are the things that must be done? Using these questions can help women prioritize their time. External expectations can have a negative effect. People tend to spent too much time on social media and that can have a negative impact on how they perceive their roles in their daily relationships. Some women think they have to fix everyone's problems where in actuality, most times people just want someone to listen to their problems. Women need to set boundaries when it comes to their time, relationships, and task. Women need to feel comfortable saying "No."

The figures designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

	Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time
Family							
	Joy In Our Town # 559	30:00	15:00	L	PA	06/24/2017	2:30 PM

Host Kelly Waldeyer speaks with Dr. Sheryl J. Hickman, a facilitator of self-awareness training programs, about the benefits women receive from mentorship. When women talk about their situations, they learn they are not the only ones dealing with these situations. Validation is acknowledgement; an understanding of a person's feeling or situation. Validation from mentorship does not mean that the mentor must accept a particular behavior but rather an understanding of the situation. Women are at great advantage when a mentor is present in their life. Mentors can be found at a school, church, job, or alumni association and can share genuine, combined life interests. Mentors usually are older and have more experience than the mentee. The mentoring relationship is about learning something that a person does not already know. When a person volunteers their time, it can enrich them as well as the community as a whole.

Youth

					05/15/2017	6:30 PM
Joy In Our Town # 566 30:00	15.00	1	DA	05/16/2017	5:00 AM	
	30:00	15:00	L	PA	05/20/2017	2:00 PM
					05/27/2017	3:00 PM

Show host Kelly Waldeyer talks with Pastor Steve Hare from Faith City Church located in Newark, Delaware, about the bus ministry that he began in 1995. Pastor Hare shares that he was traveling by car throughout the many areas surrounding the church and came across many inner-city neighborhoods considered high-risk due to crime and drug trafficking. He determined that reaching the young person could have a profound impact if they could experience an alternative environment filled with non-judgmental love. He immediately called his church team together to discuss how they could transport these inner-city children out of their residential areas and bring them to the church so they could be ministered to with good food, entertainment, and a spiritual message. The bus ministry became a reality, starting out with just one bus, and reaching 12 to 13 miles outward from the church property. Within a short period of time of the bus showing up every Sunday, and building the trust of the inner-city communities, 50 or more young people would be awaiting on the street corners for the bus to arrive. Trust was key in the success of this program and the church's street team committed to showing up every Sunday which provided the children the knowledge that even though they may not have had the security of consistency in their home lives they had consistency in knowing that bus was going to be there for them. Pastor and his street team continued to gain trust of the inner-city communities by setting up events in their specific areas providing music, grills for food, and gifts and witnessed the outpouring of the residents in numbers of a few hundred people. A dream in 1995 continues, twenty years later.

	Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time
Youth							
	Joy In Our Town # 566	30:00	15:00	L	PA	05/15/2017 05/16/2017 05/20/2017 05/27/2017	6:30 PM 5:00 AM 2:00 PM 3:00 PM

Pastor Hare relays an encounter, just a few months ago, with a young woman who recognized him while he was in a restaurant. She told him she was one of his bus "kids" along with her older sister and they would attend the church events because of the bus transport from her street to the church. The young woman told him that the bus ministry made a huge difference in the lives of her and her sister. She implored him to continue doing what he's doing. Pastor says that is the why of what outreach is about. Oftentimes caregivers and/or grandparents assume the role of parents to these young people and not every is necessary equipped to do so. Faith City Church offers classes on parenting, health and social services, free of charge to help assist in the raising of these children. The need to care for the children is huge and they await for someone to come to them. Starting out with one bus this ministry now sends out approximately 33 buses. They have adjusted the every week schedule to every other week and this is a 12 month a year program. Volunteers and the recruitment of new volunteers is an ongoing process to assist with the Sunday children's programs offered. Pastor Hare states that hearing kids laughing and screaming with delight is what makes his life. He personally hands out gifts to each child and thanks them for attending. He encourages all of us to connect with others who share a common passion of service and seek out mentorship from someone or a team with a proven track record when planning to develop a community outreach program. Additionally, Pastor Hare adds that Faith City offers workshops, free of charge, for anyone desiring how to develop such programs to make a positive impact in their local communities.

					05/29/2017	6:30 PM
					05/30/2017	5:00 AM
Joy In Our Town # 567	30:00	15:00	L	PA	06/03/2017	2:00 PM
					06/10/2017	3:00 PM
					06/17/2017	3:30 PM

Host Kelly Waldeyer speaks with Aubrey Fenton, lead pastor at Abundant Life Fellowship in Burlington County, New Jersey (our City of License), about their food bank ministry and how the youth in the community can be a great resource. The youth is an untapped resource and is a vital group to ministries. Abundant Life Fellowship utilizes the youth in their community to help facilitate their food bank ministry. The youth often can use this time as a means of satisfying their academic outreach requirement while also learning what it is like to help others in their community. In society today, the populations seems to have become very self-centered. People tend to only do something if there is a benefit to them. When you can connect a young person to some act of service it begins to change their character. They understand that others need them just as much as they need others within their community. It is critical to get young people on that mindset as early as possible. Young people have to be educated about the importance of serving others and then be given the opportunity to do it. The more you involve young people, the more they will impress people with their insight and involvement. Pastor Fenton explains he was a part of the Abundant Life Fellowship food bank ministry as a young man and it helped to create a spirit to serve within him.

	Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time
Youth							
	Joy In Our Town # 567	30:00	15:00	L	PA	05/29/2017 05/30/2017 06/03/2017 06/10/2017 06/17/2017	6:30 PM 5:00 AM 2:00 PM 3:00 PM 3:30 PM

Host Kelly Waldeyer speaks with Aubrey Fenton, lead pastor at Abundant Life Fellowship in Burlington County, New Jersey (our City of License), about their technical arts ministry and the impact it has had on the youth in their community. There was a time when the only people who could participate in the technical arts ministry were experienced, industry professionals. Abundant Life Fellowship intentionally made the commitment to place this ministry in the hands of the youth in the community. They created an apprenticeship program to teach these young people the skills needed to create quality productions. Through this ministry, these young people have had the opportunity to branch out and do projects outside on the church. This has created a desire in some of these young people to go on to school to further their education in the field. Young people can make great positive moves forward when they are given opportunity to expose what is possible within them. The church can be an exchange of life. The church can teach them to love who God has made them to be and take that with them as they pursue the calling in their lives. Abundant Life Fellowship recently invited the young people to be. The more exposure given to a young person allows them to understand and develop their personal likes and dislikes.

					06/26/2017	6:30 PM
Joy In Our Town # 576	30:00	15:00	L	PA		
,					06/27/2017	5:00 AM

Show host Michal Curry speaks with Rev. Steve Hare, senior pastor of Faith City Family Church in Newark Delaware, about the impact of the bus ministry to the inner city children in the area. The bus ministry started in 1995 as Rev. Hare was being led to stop at an area known as Brookmont Farms. Rev. Hare felt the voice of God tell him he was called to be in the places where children are hurting. This ministry has shown a tremendous effect on the people in the neighborhoods. The ministry is an opportunity for the church to connect with the community and show them that the church cares about them. When you combine the fun and activities with the backbone of the Word of God, it is a combination that does not fail. Rev. Hare shares the story of a senior citizen who has been a part of the ministry for some time. He explains how this woman shows anyone of any age can connect with a child. Rev. Hare gives two examples of the impact this ministry is having on the community. A young man brought his family to show them the church he would ride on the bus to. The second example was a young woman working as a waitress told Rev. Hare about how she and her little sister would ride the bus and how it changed their lives.

	Progran	n Title		Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time
Youth									
	700 NewsWa	Club tch	CBN	1:00:00	5:00	REC	PA/O/E	05/05/2017	3:00 PM
	#050520)17							

CBN News Reporter Mark Martin Reports: Author and activist Erin Merryn is on a mission to protect children from being sexually abused. With millions of victims in the United States alone, the Illinois woman is taking her fight to all 50 states and beyond. People magazine named her one of 15 women changing the world. With a bubbly baby girl, supportive husband, and infectious personality, you'd never quess Erin Merryn has endured tragic, unimaginable acts. This vibrant 30-year-old is a survivor of sexual abuse. Merryn said it started when she was just 6 years old at her first sleep-over. She said the uncle of her best friend sexually abused her during the night. The first time. Merryn never told anyone, and she says until she turned 8 and a half, when her family moved from the area, the man repeatedly sexually abused her. He even brutally raped her just weeks shy of her seventh birthday. She said he continued to threaten her to keep guiet, and she complied. Even after she and her family moved to a new neighborhood, sexual abuse continued. Merryn said this time the perpetrator was an older cousin, someone she had viewed as a brother figure. Merryn wrote about her despair in her childhood diary. Merryn finally broke her silence when her younger sister told her that she, too, was being sexually abused by the same cousin. The two told their parents who believed them 100 percent. The next step was telling their story to a forensic investigator at The Children's Advocacy Center of North and Northwest Cook County. More than 900 of these non-profit centers exist around the country. The room where Merryn found her voice has a two-way mirror. As she shared her story with a trained therapist, behind that mirror investigators listened, collecting information to build a case against a perpetrator. Merryn said her cousin confessed to the crime, was sentenced to seven years probation, and put in a sex offender treatment program instead of receiving jail time. However, her early childhood abuser was never prosecuted. What Merryn and her sister went through is by no means isolated. Merryn eventually went on to become a social worker at a counseling agency. But God had different plans for her to help children and teens on a national and international level. He used her childhood diary to spark a new idea. At that, Erin's Law was born. The law requires age-appropriate personal body safety and sexual abuse prevention curriculum for pre-kindergarten through 12th grade students in public schools. It educates kids on safe touch, unsafe touch; safe secrets, unsafe secrets; how to get away and tell. Merryn is on a mission to find either a state senator or representative in each state to sponsor the bill, draft it, and introduce it to lawmakers for an eventual vote. Erin's Law is spreading like wildfire, even drawing the attention of celebrities like Oprah and Katie Couric, and magazines like People and Glamour. In a little more than four years it's passed in 21 states and pending in 22, with seven to go. It's a legacy she'll leave for her baby girl and millions of other children who, because of a law, will be protected from the grip of sexual abuse.

	Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time
Crime							
						04/10/2017	6:30 PM
						04/11/2017	5:00 AM
						04/15/2017	2:30 PM
						04/22/2017	3:00 PM
	Joy In Our Town # 570	30:00	15:00	L	PA	04/29/2017	3:30 PM
						06/05/2017	6:30 PM
						06/06/2017	5:00 AM
						06/10/2017	2:30 PM
						06/17/2017	3:00 PM

Host Kelly Waldeyer speaks with Andre Sauls, senior pastor at the Kingdom Cultural Center in New Jersey and founder of Restoration Community Development Center, and Chante Pate, who went through the Restoration CDC program, about creating second chances for young men in Camden, New Jersey. Restoration CDC is a coaching program that focuses on restoring the community and family, by restoring each individual in the family. By focusing on the men first, they aim to tackle many of the problems in society that are caused by a lack of leadership on the part of men in the family and community. Fixing those who are causing a problem in a community thereby fixes the community. Chante Pate's story is used to demonstrate the experience of a young man growing up in a single parent home, without a father figure, who turned to gangs and crime for belonging and purpose. The culture of the crime prevalent in the streets permeates the life of many young people who are not given other options or guidance. Through the Restoration CDC program, Mr. Pate was able to leave a lifestyle of crime, learn how to discover his purpose and realize he had a dream, in part because the Restoration team does not believe that past incarceration disqualifies a person from having a bright future. Their mentoring program involves focusing on dreams and goals, as well as creating a system of accountability for the mentees. Mr. Pate's experience suggests many individuals aren't given enough in the way of mental health and social support in prison to change their behaviors post-incarceration. Some inmates know the difference between right and wrong, but choose the life of crime as a way of belonging, or a way of exhibiting power. Others argue it is a temporary lifestyle, or that they don't have the skills to do anything else. The influence of the street lifestyle is attractive to youth who do not have father figures or affirmative voices in their life. Restoration CDC seeks to provide mentors and affirmation, helping to lead these young men toward purpose.

	Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time
Crime							
	Joy In Our Town # 570	30:00	15:00	L	РА	04/10/2017 04/11/2017 04/15/2017 04/22/2017 04/29/2017 06/05/2017 06/06/2017 06/10/2017 06/17/2017	6:30 PM 5:00 AM 2:30 PM 3:00 PM 3:30 PM 6:30 PM 5:00 AM 2:30 PM 3:00 PM

Host Kelly Waldever speaks with Andre Sauls, senior pastor at the Kingdom Cultural Center in New Jersey, and Chante Pate about how communities can be restored through mentoring, specifically via the Restoration CDC program. The young men and women living in crime, running the streets, will be tomorrow's leaders. Restoration CDC seeks to make them leaders for good, rather than people who lead others into a culture of crime. Love for the fellow man has to be the motivator for those who work through Restoration CDC. The program and its leaders argue that many of the people in these communities, who are currently living a life of crime, want to know an alternative way, but have never been taught. It is through this mentoring program that alternative paths, Biblical views, and positive behaviors are taught and reinforced. Teaching the individuals to respect and honor their community, and teaching them they are responsible to the next generation, leads them to return to their communities and try to restore what was destroyed. The older generations should responsible to these young people, who are fatherless due to an abdication of that generational responsibility. Restoration CDC mentors seek to accept responsibility to the younger generations on behalf of those who abandoned their families and communities. The ones who go through the program are taught to take responsibility for their own actions, their families, their communities and the restoration of those communities. Mr. Pate explains his experience with the program, and how being taught solutions to his problems through mentoring offered him hope, and that because of the drastic positive changes people can see in his life, he provides hope to countless other people in his community. Being offered a second chance and an opportunity to change the community for good is humbling, according to Mr. Pate, given the different path his life could have taken.

	Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time
Seniors							
	Joy In Our Town # 565	30:00	15:00	L	PA	04/03/2017 04/04/2017 04/08/2017 04/15/2017 04/22/2017	6:30 PM 5:00 AM 2:00 PM 3:00 PM 3:30 PM

Host Kelly Waldeyer speaks with Aubrey Fenton, lead pastor at Abundant Life Fellowship in Burlington County, New Jersey (our City of License), about their outreach ministry dedicated to helping seniors downsize their lives to continue to affordably reside within their local area. The congregation of Abundant Life Fellowship informed the pastoral leadership of this ongoing issue faced by seniors who wanted to downsize but also wanted to remain in the area. Renting an apartment or house is often a challenge for those living on a fixed income. Lead pastor of Abundant Life Fellowship heard the concern and through his administrative team developed affordable housing and makes it available for any senior living within the community. Pastor Aubrey Fenton has held public office in year's past and found that whenever a person serves in public office it is often the best education about the workings of a community a person can receive. The word ministry means service. If a person needs an affordable place to live and the church can provide that for them, then that act is a ministry of compassion for the person. If you are going to do something for your community then it is going to require the support of your community. This senior living facility provides social services for the residents. What the ministry found was that when people moved into the facility, the residents asked what they can do to serve the community.

Housing

					04/03/2017	6:30 PM
					04/04/2017	5:00 AM
Joy In Our Town # 565	30:00	15:00	1	PA	04/08/2017	2:00 PM
	50.00	15.00	L		04/15/2017	3:00 PM
					04/22/2017	3:30 PM

Host Kelly Waldeyer speaks with Aubrey Fenton, lead pastor at Abundant Life Fellowship in Burlington County, New Jersey (our City of License), about their outreach ministry which is focused on providing housing for the developmentally disabled and homeless veterans. The church was familiar that certain needs had to be met for their congregational members who were raising children with disabilities. Abundant Life Fellowship created a full-service facility to accommodate those with disabilities learned early on that there were members with disabled children. Additionally, Burlington County, New Jersey is home to Joint Base McGuire-Dix-Lakehurst. The area has seen an increase in the number of homeless veterans. At the time it was constructed, this facility was the only one in the area that was dedicated specifically as affordable housing for its homeless and/or disabled veterans. Abundant Life Fellowship has created an environment in which affordable housing is available to its local veterans. Pastor Aubrey Fenton believes that our veterans must see that the local church values them, as God values them, along with the local communities.

	Program	m Title		Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Econom	y								
	700 NewsWa		CBN	1:00:00	5:00	REC	PA/O/E	06/27/2017	3:00 PM

#06272017

CBN News Reporter Caitlin Burke Reports: Disruptive innovation: While you may not recognize the term, it's affecting life and business as we know it. It happens when new ideas and technology shake up old markets by creating new ones. We've seen it in transportation, hospitality and now with banking. It's being called Wall Street's "Uber moment." Rob Morgan, vice president of Emerging Technologies at the American Bankers Association, says customers expect to have the same type of digital access to banking as they do to other important services. Think about it. You can get your mail through a smart phone, order dinner, even hail a cab, all just by pulling up an app. Now thanks to financial technology, you can also access your money. Apple, Google, Amazon are the tech giants all on board with financial technology. Most of them are starting off with digital payment apps. While they may be a little late to the party, major banks have entered this new reality. Banks are competing in this space, but it seems they face an uphill battle. According to Harris Research firm, 77 percent of consumers have a positive impression of the tech industry, compared to 35 percent who feel good about the financial industry. Those skirmishes seem to be taking the shape of regulations. The tech industry wants breathing room for young startups, while the banking industry believes its new competitors should follow the same rules it does. Security is a major concern of consumers when it comes to digital financial services. Brian Peters, with Financial Innovation Now, an organization that represents Apple, Amazon, Google, Intuit and PayPal, says your cell phone will eventually provide better protection of your information than a debit or credit card. Some of the popular services include Venmo, Google Wallet and Apple Pay. They allow you to transfer money and buy products without ever stepping into a bank or pulling out your credit card. This especially appeals to the millennial generation. According to Viacom Media, 73 percent of Millennials prefer using digital services than going to a bank. But it's not Millennials who stand to gain the most from this technology. Despite battles on Capitol Hill, both the banks and the tech industry agree that, ultimately, the consumer will be the winner.

Health

Dr. Leaf Show	27:30	27:30	REC	PA/O/E	04/05/2017	6:30 PM
#000019					04/05/2017	5:00 AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Dr. Avery M. Jackson, III, a board-certified neurosurgeon, with complex spine fellowship training, to discuss Osteoporosis. There are two types of Osteoporosis. There's primary osteoporosis and then there's secondary. Primary osteoporosis is specifically when there's a change in menopause, postmenopausal. Secondary osteoporosis is due to diabetes. Inactivity is another. Lifestyle choices such as smoking, and drinking alcoholic beverages, can also cause osteoporosis. There's a whole host of other disease processes that can cause secondary osteoporosis, like thyroid issues. Certain medications are very helpful that are anabolic or that help to build bone. But, likewise, you can really focus on the diet side and exercise. Your diet, your exercise and your water intake are really important pieces.

Dr. Leaf Show	27:30	27:30	REC	PA/O/E	05/03/2017	6:30 PM
#000027					05/10/2017	5:00 AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Dr. Avery M. Jackson, III, a board-certified neurosurgeon, and a Christian, to discuss how prayer activates your brain and benefits the people you pray for. Ninety-nine percent of his patients are more than happy to pray prior to surgery, and more often than not, when they believe, it had a very calming effect on the patients and the families very much are touched. Dr. Avery explains that prayer is a form of conversation with God in various ways. When we pray and the spiritual energy of God moves from the throne of Grace, it changes whatever it hits and that change physically results in structural change in our brain. Dr. Leaf shared that it has been found that twelve minutes of daily focus prayer over an eight-week period can change the brain to such an extent that it can be measured on a brain scan.

	Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time
Health							
	Dr. Leaf Show	27:30	27:30	REC	PA/O/E	05/17/2017	6:30 PM
	#000028					05/24/2017	5:00 AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Dr. Avery M. Jackson, III, a neurosurgeon and spinal surgeon, and Dr. Jeffrey Schwartz, a neuroscientist and psychiatrist, to discuss taking responsibility for our thought lives. Dr. Leaf explains that only a few decades ago scientists considered the brain to be a fixed and hardwired machine. This view saw the damaged brain as incurable and the focus was compensation and not restoration of function. However, research shows that we can change the physical nature of our brain through our thinking and choosing as we consciously direct our thinking. We can wire our toxic patterns of thinking and replace them with healthy new thoughts - and new thought networks grow. We can increase our intelligence and bring healing to our minds and physical bodies. It all starts in the realm of the mind with our ability to think and feel and choose. Not everyone is aware of the power they have because we are so conditioned by society and the media. Dr. Jeffrey recommends taking time for reflection. Learn how to veto some of the onslaught of sensory information, sensory overload that floods your brain. Learn how to make choices and decisions. That is the power of the mind, choices and decisions about what to focus on in consultation with the wise advocate, your Holy Spirit.

Dr. Leaf Show	27:30	27:30	REC	PA/O/E	05/24/2017	6:30 PM
#000022					05/31/2017	5:00 AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf explains that she is frequently asked about what happens to the brain and the mind when one suffers a brain injury of some sort. The first part of her answer is that the mind and the brain are separate and that the mind controls the brain. We also know the brain can change and grow with experience and stimulation. However, the human mind works through the substrate of the physical brain, and therefore, if there is brain damage from trauma of some sort, this will affect how the mind functions, which we see in the person's cognitive, emotional, social, intellectual, and behavioral functioning. The human brain is attached to the spinal cord in such a way that it's not fixed in one position, but it's flexible and can move around the skull. This means that any impact to the head will jog the brain and cause shockwaves to move throughout the brain, causing different types of brain damage. Furthermore, any impact will cause the brain to literally bounce off the walls of the skull, resulting in additional damage. There are many different ways this can happen, including car, motorbike and bike accidents, falls, war, and, of course, spots injuries. The subsequent damage is classified either as traumatic brain injury, shortened to TBI, or chronic traumatic encephalopathy, shortened to CTE, based on the type of impact. TBI and CTE have similarities and differences on the neurological, cognitive, emotional, and behavioral levels. Dr. Caroline is joined by Dr. Dr. Avery M. Jackson, III, a board-certified neurosurgeon, to discuss these differences. On the CTE side, prevention is really the key. It's really important to follow those traumatic-head-injury guidelines and prevention. Attitude is massive and really makes a difference. If they have the injury and there is a cognitive deficit, it's going to be important to really work on memory and there are a lot of memory techniques.

Dr. Leaf Show	27:30	27:30	REC	PA/O/E	05/31/2017	6:30 PM
#000029					06/07/2017	5:00 AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf asks the question: "If love is the most powerful force in the world, then why does communication between man and woman often feel more like war than love?" Nowhere is this more painfully evident than in the relationship designed to be filled with love, the bond between a husband and a wife. Divorce, separation, and ugly breakups leave lasting wounds that take time to heal, wounds that go beyond the man and the woman and impact the entire family as a whole. Because God created families as the foundation of society, it's not an overstatement to say that the future of the world depends on our ability to love and understand one another. Dr. Leaf and her guests, her husband Mac, and good friends, Mel and Desiree Ayres, discuss some of the challenges they experienced in their marriage as well as pearls of wisdom. Dr. Leaf explains that God has called us to help each other and that understanding male and female brain differences can help us to immerse each other in love.

	Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time
Health							
	Dr. Leaf Show	27:30	27:30	REC	PA/O/E	06/21/2017	6:30 PM
	#000024					06/28/2017	5:00 AM

Today on the Dr. Leaf Show, the topic is "Eating Disorders." Dr. Caroline Leaf explains that much research is focused on how negative, destructive emotions contribute to anorexia, bulimia, and other disorders. These are seen as emotional eating patterns. Yet, there's been a sore lack of research that could help gain insight into how positive emotions are distorted by those suffering with these life-threatening disorders, which have a death rate up to 12 times higher than all other causes of death combined for females between the ages of 15 and 24. Dr. Leaf is joined by her daughter Jessica and Pastor Desiree Ayres who discuss their experience going through eating disorders. Dr. Leaf shares that research shows the more you immerse someone in love, the more courage they have to actually face their issues and to look critically at the way they're dealing with the issue. An eating disorder is classified in the DSM as a disease. A disease implies that it is something that is biologically wrong and controls you and you don't have control; it is genetically in your genes. However, that has actually never been proven. Ultimately, Jessica and Pastor Desiree made the choice to overcome their eating disorder, with loving support and their faith in Jesus Christ and the power of His word.

700	Club	CBN	1:00:00	5:00	REC	PA/O/E	05/02/2017	3:00 PM
NewsW	atch							

#05022017

CBN News Reporter Lorie Johnson Reports: Hippocrates, the father of medicine, once said, "All disease begins in the gut." Now, 2,000 years later, that belief still rings true. Some of our latest medical breakthroughs focus on what's happening in our intestinal system. Bacteria, also known as bugs or germs, we assume they're all bad, right? Not so fast. Scientists recently discovered much, if not most, of the bacteria in our body is good for us. The key to good health depends on having enough of the right kind. We all have trillions of bacteria living in our intestines—hundreds of different species, each with different functions. Scientists call it our "gut flora." Neurologist Dr. David Perlmutter, author of "Brain Maker" is one of many physicians warning against disrupting this fragile ecosystem. Dr. Vincent Pedre, author of "Happy Gut," agrees. Unfortunately, when it comes to good gut bacteria, many of us are sorely lacking. After all, antibiotics kill bacteria--bad and good. Perlmutter says most people have no idea how severely antibiotics damage our gut flora. In addition to antibiotics, processed food can also disrupt the gut biome. Perlmutter says processed foods contain heavy doses of the wrong kinds of fat, like heated oils such as soybean, corn and vegetable oils. He also advises against consuming hydrogenated oils, also known as trans fats, which are common in processed foods. However, he points out not all fat is bad. Even babies delivered by Caesarian section can miss out on getting enough good bacteria. So while our lifestyle choices really do a number on the gut bacteria that's so critical to our health, the good news is we can improve it with probiotics and prebiotics. Probiotics are the good bacteria we need and often lack. You can find these living, microscopic organisms in supplements as well as in cultured and fermented foods like kim chee, sauerkraut, yogurt, kefir and kombucha. Prebiotics are the food for the probiotics - they keep probiotics living and growing as they should. Just like good soil, they create a nurturing environment in your gut so your bacteria can thrive. You can get prebiotics in supplement form as well as in foods, like asparagus, onions, leeks, garlic and dandelion greens. Perlmutter says many people are only aware of the benefits of probiotics, but he stresses prebiotics are equally important. Not only can it help your mood - Perlmutter says even serious brain disorders, like attention deficit hyperactivity disorder, autism, even Alzheimer's disease can improve by increasing good bacteria. That's because they help make neurotransmitters and vitamins while at the same time aid in reducing harmful inflammation. And not just the brain. Scientists are now identifying specific strains of good bacteria that treat all kinds of problems, from skin rashes to the flu. That means a targeted probiotic could take the place of a prescribed drug. Pedre says that opens the door to a wide range of natural treatments. So if you want to boost your health, doctors say improve your gut flora. That means avoiding processed foods, even antibacterial cleansers and antibiotics when advisable. Then add good bacteria with probiotics and boost them with prebiotics, also available as supplements or in certain foods.

	Progra	m Title		Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Homele	55								
	700 NewsW	Club atch	CBN	1:00:00	5:00	REC	PA/O/E	06/14/2017	3:00 PM
	#06142	017							

CBN News Reporter Charlene Aaron Reports: The homeless population in Los Angeles County recently soared 23 percent over just the last year. According to the LA Times, the startling jump has touched every significant group, including youth, families, veterans and the chronically homeless. In 2015, Elvis Summers, who was once homeless himself, started tackling the problem, one tiny house at a time. It all started after he became friends with a woman named Irene McGhee, better known as Smokey. Irene had been homeless for 10 years, following the loss of her husband. That revelation moved Summers to build Smokey a place she could call home: a tiny home. It took five days to build the three-and-a-half by eight-foot house. Video of the construction went viral. Since then, Summers has raised more than \$100,000 to build more of these house for people in his community. Although not officially recognized by the government, each of the tiny homes comes with its own personal address. Some local governments around the country are also using tiny homes to help their homeless populations. Tiny homes for the homeless are popping up from Chicago to Portland, Oregon, where the idea has grown to tiny house villages. But in Los Angeles, some officials see the small houses as nuisances with some saying they pose health and safety risks. Earlier this year the LA City Council moved to seize the homes without prior notice. Summers managed to move eight of them to Faith Community Church, but the people who lived in them were once again on the street. Tim Chambers pastors Faith Community Church. After months of backlash and media attention, the city said it is developing a process to work with non-profit groups, including Summers, to help those living on the streets. Meanwhile, Smokey recently passed away. He said that her memory motivates him to help others.

Minority

700 NewsV	Club Vatch	CBN	1:00:00	5:00	REC	PA/O/E	06/20/2017	3:00 PM
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CBN News Reporter Caitlin Burke Reports: The Catholic Church is known for its sacred traditions. Those traditions, however, can make the Church seem resistant to change. One Philadelphia parish challenged that perception when it moved to transform along with the neighborhood it serves. In the 1960s, the Mount Airy neighborhood was half Jewish, half Irish or Italian Catholic. Over the course of eight years that changed entirely and now it's completely African American. The synagogues left, but churches like St. Raymond of Penafort Catholic Church stuck around and welcomed their new neighbors. That may seem like typical neighborhood outreach, but culturally and historically, the Catholic Church doesn't offer much to African-Americans. Father Walsh wanted to change that. Walsh found it wasn't theology that needed to change, it was a congregation needing to convince neighbors that St. Raymond met their needs. Author Chris Lowney uses Father Walsh and St. Raymond as a prime example of how the Catholic Church needs to change. In his book, "Everyone Leads: How to Revitalize the Catholic Church," Lowney writes that to thrive in today's world we don't have to drink some 21st century cocktail. He writes that the church is facing its worst crisis in 500 years. Lowney offers what he calls an "EASTER Strategy." That stands for Entrepreneurial, Accountable, Serve, Transform and Reach. Looking at St. Raymond as a model: It first established leadership teams to help manage operations, ministries and projects-much as a business would do. Then they gathered information about what people wanted from their walk with Christ and how the Church met those needs. After analyzing that data, they made any needed changes. St. Raymond serves the neighborhood with a Catholic school, which provides families a safe place for their children to learn. Philadelphia's public schools are some of the most violent and lowest performing in the country. Long-time parishioners felt St. Raymond once depended on "church welfare." Low attendance meant borrowing money to keep the doors open. Now, thanks to the cultural transformation, complete with music and decorations, people travel from other parishes to help pack the pews each Sunday. Pastor Walsh believes that when it comes to reaching Millennials, encouraging their involvement differs from past generations. Lowney points out that even the Pope is encouraging an attitude of innovation within the Catholic Church. Pope Francis recently appeared on screen as one of the speakers at the annual TED conference. As he talked to tech company founders, artists, and cultural leaders, he surprised his audience by using modern tools of the digital age to reach them. Lowney feels this strategy is universal and can revitalize any church, no matter the belief set or denomination. For it to work, however, he stresses it can't just be from the top down, even if it's the Pope who calls for change. It requires everyone to lead.

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CBN News Reporter Caitlin Burke Reports: Personal trainers at Inner City Weightlifting (ICW), are considered some of the best in Boston. Trained by world class instructors, they're sought out by some of the city's top business men and women. For them, a career in personal training isn't what they anticipated, but it's a job that's saving their lives. Just about all of the trainers at ICW have spent significant time behind bars. At the ripe young age of 31, Lemon has been shot, seen friends die and been arrested for things he's done and things he hasn't. He says the violence from his old life wasn't as much a choice, as it was survival. When it comes to getting off the streets, plenty of programs offer, help, but not a real way out. ICW founder Jon Feinman shares little in common with someone like Lemon but he has a passion for disrupting the system that Lemon says could have destroyed him. Feinman started ICW in 2010. One of the early challenges was figuring out how to reconcile the dream of changing lives through weight-training, with the realities of life on the street. Still, the ICW team moved forward-knowing they had a lot to learn. By listening, they discovered ways to improve their program. First, they learned people wanted a true sense of community. Second, many people on the streets lack hope. That's where weight training makes a difference. Not only does it offer community, ICW also provides a career-track in personal training. In 2016 nearly 400 ICW clients trained with a student-trainer. While Sarah Downey originally came for the workout, she told CBN that her perception of the world changed as she got to know her trainer. That moved her to use her network to bring her trainer other clients and provide him with odd jobs to make extra cash. As communities and networks become inclusive, opportunities become endless.