



	<p>It all started at the Bellingham Firehouse on May 19, 1939 as the <b>City of Bellingham Employees Credit Union</b>. Back then, loans were made out of a single cash drawer kept in a desk at the Firehouse and a loan transaction might be interrupted when the fire bell rang. Membership expanded in 1954 to include local postal and other public employees and we changed our name to <b>Public Employees Credit Union</b> in 1982. In 1998 we changed our name again to <b>North Coast Credit Union</b> to better reflect our community charter. Today, anyone who lives, works, worships or attends school in the state of Washington can apply for membership.</p> <p>Third Segment This is a foundation dedicated to improving the health of the Northwest Community with an emphasis on healthy eating and exercise. Our mission is to assist the greater Northwest community in their fight towards a healthier lifestyle.</p>	<p>Diana Morelli Community Development at NCCU</p> <p>Cesar Amaral Founder Ana Rosa Foundation</p>	6 Min
Jan 08 2015 Jan 10 2015	<p>First Segment      Welcome 2015 HOW TO ORGANIZE PERSONAL GOALS (Short and Long Term )</p> <p>Second Segment Update information about Executive action of President Obama about DACA and DAPA</p> <p>We buy the right toys for our children?</p> <p>Third Segment Introduction of New Segments on Actitud Latina • Premios Oye Latino 2015 • Cooking Segment , first recipe</p>	<p>Hosted</p> <p>Hosted</p> <p>Hosted</p>	<p>6 Min</p> <p>6 Min</p> <p>6 Min</p>
Jan 15 2015 Jan 17 2015	<p>First Segment Why we celebrated the Birth of MLK and the constant struggle of racism on Ethnic Minorities</p> <p>Second Segment • Cooking Segment, easy and healthy recipes Reminding to our audience the profile of OYE Latinos nominees for 2015 • Characteristics • Requirements</p> <p>Third Segment INTERVIEW WITH THE NOMINEE OYE LATINO 2015 Jorge Ahuactzin of Ensenada, Mexico (from a life of drugs and alcohol to a new opportunity as an entrepreneur)</p>	<p>Hosted</p> <p>Hosted</p> <p>Hosted</p>	<p>6 Min</p> <p>6 Min</p> <p>6 Min</p>

<b>Jan 22 2015</b> <b>Jan 24 2015</b>	<b>First Segment</b> Press release about the services from the Consulate of Mexico to obtain their birth certificates  Misuse of freedom of expression in the media	Hosted	6 Min
	<b>Second Segment</b> Latino Leadership Initiative Kick off  Myths of beauty pageants	Hosted	6 Min
	<b>Third Segment</b> • Cooking Segment, easy and healthy recipes  Home Remedies for Flu	Hosted	6 Min
<b>Jan 29 2015</b> <b>Jan 31 2015</b>	<b>First Segment</b> The Real state market 2015, What can we expect this year?	Gina Guajardo Real Estate Specialist	6 Min
	<b>Second Segment</b> Labor Rights and Obligations Minimum wage in 2015 / WA State announced that Washington's minimum wage will increase 15 cents, from 1 January 2015. Understanding payment of extra hours Rest periods and holidays When can a worker take time for a serious sickness?	Hosted	6 Min
	<b>Third Segment</b> • Cooking Segment, easy and healthy recipes Organic Food vs. Industrial food	Hosted	6 Min

<b>Feb 02,2015</b>	First Segment Advantages and disadvantages of using cell phones when interacting with our friends and family, according to studies cause elevation of blood pressure heart palpitations	Hosted	7 Min
	Second Segment They say love is blind, but what we can and can't do with our couple	Hosted	7 Min
	Third Segment Requirements to nominate to OYE Latinos 2015	Hosted	6 Min
	Why we ask questions if we don't accept the answers		
<b>Feb 03 2015</b>	First Segment What is missing in Seattle? Which are the advantages and disadvantages of living in a cosmopolitan city like Seattle	Hosted	7 Min
	Second Segment VIA SATELLITE How to continue with a healthy decisions, she will give help us and guide us to a better way to do	Chef Maggie Jimenez	6 Min
	Third Segment The 12 conversations you should have with your children	Hosted	7 Min
<b>Feb 04 2015</b>	First Segment Finance segment Tips to change our bad habits and start saving for retirement and college of our children	Hosted	7 Min
	Second Segment What is a Neurotics anonymous, the symptoms Which is a neurosis and services offered for this non- profit institution.	Maria Elena Aguilar Neurotics Anonymous	6 Min
	Third Segment What it means to be sexy?	Hosted	7 Min
<b>Feb 05 2015</b>	First Segment Alcohol control among adolescents, which cities in Washington parents can be fined for their minor children consume alcohol in their homes	Hosted	7 Min
	Second Segment Services provided by Washington Funeral	Cindy Figueroa Owner	7 Min

<b>Feb 06 2015 Repetition Feb, 02</b>	Third Segment • Cooking Segment, easy and healthy recipes Childhood Obesity what we can do to prevent	Hosted	6 Min
	First Segment Advantages and disadvantages of using cell phones when interacting with our friends and family, according to studies cause elevation of blood pressure heart palpitations	Hosted	7 Min
	Second Segment They say love is blind, but what we can and can't do with our couple	Hosted	7 Min
	Third Segment Requirements to nominate to OYE Latinos 2015  Why we ask questions if we don't accept the answers	Hosted	6 Min
<b>Feb 07 2015 Repetition Feb, 03</b>	First Segment What is missing in Seattle? Which are the advantages and disadvantages of living in a cosmopolitan city like Seattle	Hosted	7 Min
	Second Segment VIA SATELLITE How to continue with a healthy decisions, she will give help us and guide us to a better way to do	Chef Maggie Jimenez	6 Min
	Third Segment The 12 conversations you should have with your children	Hosted	7 Min
<b>Repetition Feb, 04</b>	First Segment Finance segment Tips to change our bad habits and start saving for retirement and college of our children	Hosted	7 Min
	Second Segment What is a Neurotics anonymous, the symptoms Which is a neurosis and services offered for this non- profit institution.	Maria Elena Aguilar Neurotics Anonymous	6 Min
	Third Segment What it means to be sexy?	Hosted	7 Min

<b>Feb 09,2015</b>	<b>First Segment</b> Postpartum depression, what are the symptoms and what you should do to rely on your doctor	Hosted	7 Min
	<b>Second Segment</b> She give us beauty tips for embellishing our curly hair	Jeannette Kaplum Beauty consultant	7 Min
	<b>Third Segment</b> What is most important in a beauty pageant ? your physique or your brainpower.	Hosted	7 Min
<b>Feb 10,2015</b>	<b>First Segment</b> Athletes and Politics ... good combination? Cuauhtemoc Blanco candidate for mayor of Cuernavaca.	Hosted	7 Min
	<b>Second Segment</b> Wellness Chiropractors, give us tips to a better health	Hugo Lopez Wellness Chiropractors	7 Min
	<b>Third Segment</b> Valentines Day is coming, Do gentlemen exist or we have lost them.	Hosted	7 Min
<b>Feb 11,2015</b>	<b>Special Program</b> This program is dedicated to personalities of the Latino community that generate changes in our community, his life, his achievements, his career and message of overcoming and perseverance they share with our audience.	Judge Veronica Galvan	7 Min
	<b>Second Segment</b> Her life, her achievements, her career	Judge Veronica Galvan	7 Min
	<b>Third Segment</b> Her life, her achievements, her career	Judge Veronica Galvan	7 Min
<b>Feb 12,2015</b>	<b>First Segment</b> Republicans demand to block the Obama Executive Order	Hosted	7 Min
	<b>Second Segment</b> Cooking Segment, easy and healthy recipes How to get our kids to eat vegetables?	Hosted	7 Min
	<b>Third Segment</b> New Moms, Moms Extremely overprotective	Hosted	7 Min

<b>Feb 13,2015 Repetition Feb 09</b>	First Segment Postpartum depression, what are the symptoms and what you should do to rely on your doctor	Hosted	7 Min
	Second Segment She give us beauty tips for embellishing our curly hair	Jeannette Kaplum Beauty consultant	7 Min
	Third Segment What is most important in a beauty pageant ? your physique or your brainpower.	Hosted	7 Min
<b>Feb 14,2015 Repetition Feb 10</b>	First Segment Athletes and Politics ... good combination? Cuauhtemoc Blanco candidate for mayor of Cuernavaca.	Hosted	7 Min
	Second Segment Wellness Chiropractors, give us tips to a better health	Hugo Lopez Wellness Chiropractors	7 Min
	Third Segment Valentines Day is coming, Do gentlemen exist or we have lost them.	Hosted	7 Min
<b>Repetition Feb 11</b>	<b>Special Program</b> This program is dedicated to personalities of the Latino community that generate changes in our community, his life, his achievements, his career and message of overcoming and perseverance they share with our audience.	Judge Veronica Galvan	7 Min
	Second Segment Her life, her achievements, her career		7 Min
	Third Segment Her life, her achievements, her career		7 Min

<b>Feb 16,2015</b>	<b>First Segment</b> Childhood Cancer (Feb 15 International Day of Awareness of Child Cancer) How to react when a person insult you?	Hosted	7 Min
	<b>Second Segment</b> What is Washington Health plan-finder? How and who can get medical insurance	Jose Villalobos Outreach & Enrollment Coordinator	7 Min
	<b>Third Segment</b> It is possible to love more your mascots that your own children?  Success videos on social media created and managed by Children.	Hosted	7 Min
<b>Feb 17,2015</b>	<b>First Segment</b> A date a month alone with your couple prevents divorce.  How to deal with the defeat of your favorite team?	Hosted	7 Min
	<b>Second Segment</b> How does music affect your state of mind?  The most common complaints of the Americans against minorities	Hosted	7 Min
	<b>Third Segment</b> Latinos, victims of fraudulent calls at tax time Where to call and what to do	Hosted	7 Min
<b>Feb 18,2015</b>	<b>Special Program</b> This program is dedicated to personalities of the Latino community that generate changes in our community, her life, her achievements, her career and message of overcoming and perseverance they share with our audience.	Lupita Zamora	7 Min
	<b>Second Segment</b> Her life, her achievements, her career	Lupita Zamora	7 Min
	<b>Third Segment</b> Her life, her achievements, her career	Lupita Zamora	7 Min



<b>Feb19,2015</b>	First Segment Female presence in the religions.	Hosted	7 Min
	What are the limits of Fame... until where we are able to go to get it?		
	Second Segment Cooking Segment, easy and healthy recipes	Hosted	7 Min
	Self-medication in our culture		
	Third Segment Increased sexual harassment in schools	Hosted	7 Min
<b>Feb 20,2015 Repetition Feb 16</b>	How to educate our children so that this does not happen to them		
	First Segment Childhood Cancer (Feb 15 International Day of Awareness of Child Cancer)	Hosted	7 Min
	How to react when a person insult you?		
	Second Segment What is Washington Health planfinder? How and who can get medical insurance	Hosted	7 Min
	Third Segment It is possible to love more your mascots that your own children?	Hosted	7 Min
<b>Feb 21,2015 Repetition Feb 17</b>	Success videos on social media created and managed by Children.		
	First Segment A date a month alone with your couple prevents divorce.	Hosted	7 Min
	How to deal with the defeat of your favorite team?		
	Second Segment How does music affect your state of mind? The most common complaints of the Americans against minorities	Hosted	7 Min
	Third Segment Latinos, victims of fraudulent calls at tax time Where to call and what to do	Hosted	7 Min



<b>Feb 25,2015</b>	<b>Special Program</b> This program is dedicated to personalities of the Latino community that generate changes in our community, his life, his achievements, his career and message of overcoming and perseverance they share with our audience.	Jorge Baron Executive Director NWRIP	7 Min
	<b>Second Segment</b> His life, his achievements, his career	Jorge Baron Executive Director NWRIP	7 Min
	<b>Third Segment</b> His life, his achievements, his career	Jorge Baron Executive Director NWRIP	7 Min
<b>Feb 26,2015</b>	<b>First Segment</b> Benefits, myths and risks of vaccines	Hosted	7 Min
	<b>Second Segment</b> Cooking Segment, easy and healthy recipes	Hosted	7 Min
	Cautions in meals when you travel to another region or country		
	<b>Third Segment</b> Meaning of gestures, signs and words depending on the country	Hosted	7 Min
	Objects, amulets and even plants that attract the good or bad luck		
<b>Feb 27,2015 Repetition Feb 23</b>	<b>First Segment</b> Presidential message on the Grammys / campaign "IT'S ON US" Vaccine HPV for teens.	Hosted	7 Min.
	<b>Second Segment</b> Latino Legislative Day. When and who can participate in this important date for the community	Claudia D'Allegri	7 Min.
	<b>Third Segment</b> The measles outbreak in King County and how we can prevent this to happening in our family	Hosted	7 Min
	Diseases that can be transmitted by a kiss!		

<b>Feb 28,2015</b> <b>Repetition</b> <b>Feb 24</b>	First Segment Tips for buying a car	Hosted	7 Min
	Second Segment Our Real state specialist give us advise and tips in order to get more money on the sale of our House	Gina Guajardo Real State Specialist	7 Min
	Third Segment What happens when a friend of your boyfriend ask you for a date alone?, how to react	Hosted	7 Min
	<b>Special Program</b> This program is dedicated to personalities of the Latino community that generate changes in our community, his life, his achievements, his career and message of overcoming and perseverance they share with our audience.	Jorge Baron Executive Director NWRIP	7 Min
	Second Segment His life, his achievements, his career	Jorge Baron Executive Director NWRIP	7 Min
<b>Repetition</b> <b>Feb 25</b>	Third Segment His life, his achievements, his career	Jorge Baron Executive Director NWRIP	7 Min
<b>Mar 02,2015</b>	First Segment The controversy of 50 shades of gray. What is Sadomasochism ?	Hosted	7 Min
	Second Segment INTERVIEW WITH THE NOMINEE OYE LATINO 2015 Jose Ceja from Guadalajara, Mexico (After a terrible accident that could let in a wheelchair for life, decided to get up and give a twist in his life by founding one of the best ballet folkloric of Washington.)	Jose Ceja	7 Min
	Third Segment You say what you think? Or you are what you say?	Hosted	7 Min
<b>Mar 03,2015</b>	First Segment Climate change in our state Myths and realities of the taxes	Hosted	7 Min
	Second Segment What Washington Access Fund, and that dedicated? How can access to Washington Access Fund	Brenda Brito Community Outreach	7 Min
	Third Segment The science says that we can have a perception of someone in less than 10 seconds		

<b>Mar 04,2015</b>	<b>Special Program</b> This program is dedicated to personalities of the Latino community that generate changes in our community, his life, his achievements, his career and message of overcoming and perseverance they share with our audience.	Hosted	7 Min
	Second Segment / Third Segment His life, his achievements, his career	Roberto Amaral	7 Min
<b>Mar 05,2015</b>	<b>First Segment</b> According to a transcript of the Arabic language interview provided by the Middle East Media Research Institute (MEMRI), the historian said that in Western countries like the U.S., being raped was "no big deal" for women. We discuss this issue	Hosted	7 Min
	<b>Second Segment</b> Cooking Segment, easy and healthy recipes	Hosted	7 Min
	Relationship between SODA and the lack of attention and hyperactivity		
	<b>Third Segment</b> Changes in the female stereotype in magazines, commercials, etc.	Hosted	7 Min
	Does the female voice cause male exhaustion?		
<b>Mar 06,2015 Repetition Mar 02</b>	<b>First Segment</b> The controversy of 50 shades of gray. What is Sadomasochism ?	Hosted	7 Min
	<b>Second Segment</b> INTERVIEW WITH THE NOMINEE OYE LATINO 2015 Jose Ceja from Guadalajara, Mexico (After a terrible accident that could let in a wheelchair for life, decided to get up and give a twist in his life by founding one of the best ballet folkloric of Washington.)	Jose Ceja	7 Min
	<b>Third Segment</b> You say what you think? Or you are what you say?	Hosted	7 Min
<b>Mar 07 2015 Repetition Mar 03</b>	<b>First Segment</b> Climatic change in our state Myths and realities of the taxes	Hosted	7 Min
	<b>Second Segment</b> What Washington Access Fund, and that dedicated? How can access to Washington Access Fund	Brenda Brito Community Outreach	7 Min

<b>Repetition Mar 04</b>	<p><b>Third Segment</b> The science says that we can have a perception of someone in less than 10 seconds</p>	Hosted	7 Min
	<p><b>Special Program</b> This program is dedicated to personalities of the Latino community that generate changes in our community, his life, his achievements, his career and message of overcoming and perseverance they share with our audience.</p>	Roberto Amaral	7 Min
	<p><b>Second Segment</b> His life, his achievements, his career</p>	Roberto Amaral	7 Min
	<p><b>Third Segment</b> His life, his achievements, his career</p>		7 Min
<b>Mar 09,2015</b>	<p><b>First Segment</b> The meaning of winning two years in a road the Oscar for best Director for the Latino Community and more for the Mexican community</p>	Hosted	7 Min
	<p><b>Second Segment</b> VIA SATELLITE Why is so important start the day with a great breakfast, Some of the changes we can do to feel beautiful.</p>	Bren Herrera Nutritionist	7 Min
	<p><b>Third Segment</b> What would you do if you find your child playing with dolls Psychologists say that children who play with dolls are excellent parents in the future</p>	Hosted	7 Min
<b>Mar 10,2015</b>	<p><b>First Segment</b> Child Protection Services, when we report a case of abuse a minor , the must recent cases in Washington state and the devastating consequences</p>	Hosted	7 Min
	<p><b>Second Segment</b> Public Libraries and their services.</p>	Hosted	7 Min
	<p><b>Third Segment</b> Home-made tips to make your life easy.</p>	Hosted	7 Min

<b>Mar 11,2015 Repetition Feb 25</b>	<b>Special Program</b> This program is dedicated to personalities of the Latino community that generate changes in our community, his life, his achievements, his career and message of overcoming and perseverance they share with our audience.	Jorge Baron Executive Director NWRIP	7 Min
	Second Segment His life, his achievements, his career	Jorge Baron Executive Director NWRIP	7 Min
	Third Segment His life, his achievements, his career		7 Min
<b>Mar 12 2015</b>	First Segment Lies, promises from employers. What are the steps we need to take before we start a new job	Hosted	7 Min
	Second Segment Women Circles, Our specialist we talk about the importance to create circles with other women in the community. Empowered women around the world	Gisselle Carcamo Coordinator of justice for women	7 Min
	Third Segment Cooking Segment, easy and healthy recipes	Hosted	7 Min
	Our beliefs about horoscopes and zodiac signs		
<b>Mar 13,2015 Repetition Mar 09</b>	First Segment The meaning of winning two years in a row the Oscar for best Director for the Latino Community and more for the Mexican community	Hosted	7 Min
	Second Segment VIA SATELLITE Why is so important start the day with a great breakfast, Some of the changes we can do to feel beautiful.	Bren Herrera Nutritionist	7 Min
	Third Segment What would you do if you find your child playing with dolls Psychologists say that children who play with dolls are excellent parents in the future	Hosted	7 Min
<b>Mar 14,2015 Repetition Mar 10</b>	First Segment Child Protection Services, when we report a case of abuse a minor , the must recent cases in Washington state and the devastating consequences	Hosted	7 Min
	Second Segment Public Libraries and their services.	Hosted	7 Min
	Third Segment Home-made tips to make your life easy.	Hosted	7 Min

<b>Repetition Mar 11</b>	<b>Special Program</b> This program is dedicated to personalities of the Latino community that generate changes in our community, his life, his achievements, his career and message of overcoming and perseverance they share with our audience.	Jorge Baron Executive Director NWRIP	7 Min
	<b>Second Segment</b> His life, his achievements, his career	Jorge Baron Executive Director NWRIP	7 Min
	<b>Third Segment</b> His life, his achievements, his career		7 Min
<b>Mar 16,2015</b>	<b>First Segment</b> Insomnia causes, consequences and home remedies	Hosted	7 Min
	<b>Second Segment</b> How to use the correct colors can helps us look more beautiful. How we can decide which can we use	Lucy Garcia Image consultant	7 Min
	<b>Third Segment</b> 10 rights that the airlines do not want us to know.	Hosted	7 Min
	Why the insignificant issues become trends in social media		
<b>Mar 17,2015</b>	<b>First Segment</b> 7 ways in which parents harm the future of her daughters-according to the psychologies.	Hosted	7 Min
	<b>Second Segment</b> Education Across Borders Non-profit organization that work with people in Dominican Republic	John McLaughlin Executive Director and Co-funder	7 Min
	<b>Third Segment</b> How to stop the thoughts of jealousy from the beginning	Hosted	7 Min
<b>Mar 18,2015</b>	<b>Special Program</b> This program is dedicated to personalities of the Latino community that generate changes in our community, his life, his achievements, his career and message of overcoming and perseverance they share with our audience.	Raul Perez Calleja Director of Seven days Newspaper	7 Min
	<b>Second Segment</b> His life, his achievements, his career	Raul Perez Calleja Director of Seven days Newspaper	7 Min
	<b>Third Segment</b> His life, his achievements, his career		7 Min



<b>Mar 19 2015</b>	First Segment Differences between racism and discrimination	Hosted	7 Min
	Second Segment Cooking Segment, easy and healthy recipes	Hosted	7 Min
	Hypertension and depression linked to the hours we spent watching TV		
<b>Mar 20,2015 Repetition Mar 16</b>	Third Segment Things and comments tat we should not do went we visit a newborn	Hosted	7 Min
	First Segment Insomnia causes, consequences and home remedies	Hosted	7 Min
	Second Segment How to use the correct colors can helps us look more beautiful. How we can decided which can we uses	Lucy Garcia Image consultant	7 Min
<b>Mar 21,2015 Repetition Mar 17</b>	Third Segment 10 rights that the airlines do not want us to know.  Why the insignificant issues become trends in social media	Hosted	7 Min
	First Segment 7 ways in which parents harm the future of her daughters-according to the psychologies.	Hosted	7 Min
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<b>Repetition Mar 18</b>	Third Segment How to stop the thoughts of jealousy from the beginning	Hosted	7 Min
	<b>Special Program</b> This program is dedicated to personalities of the Latino community that generate changes in our community, his life, his achievements, his career and message of overcoming and perseverance they share with our audience.	Raul Perez Calleja Director of Seven days Newspaper	7 Mln
	Second Segment His life, his achievements, his career	Raul Perez Calleja Director of Seven days	7 Min

<b>Mar 23,2015</b>	Third Segment His life, his achievements, his career	Newspaper	7 Min
	First Segment EUTHANASIA / premeditated murder or an act of mercy		
	Second Segment Habits that age your personality	Hosted	7 Min
<b>Mar 24,2015</b>	Third Segment Who should be first, your children or your spouse?	Hosted	7 Min
		Hosted	7 Min
	First Segment The benefit of applications in our cell phones		
<b>Mar 25,2015</b>	Second Segment Why water is so important and what we can do to preserve	Hosted	7 Min
	Third Segment 10 great inventions created by women and we continue to use today.	Hosted	7 Min
		Hosted	7 Min
<b>Mar 25,2015</b>	<b>Special Program</b> This program is dedicated to personalities of the Latino community that generate changes in our community, his life, his achievements, his career and message of overcoming and perseverance they share with our audience.	Mario Rodriguez Radio Personality	7 Min
	Second Segment His life, his achievements, his career		7 Min
	Third Segment His life, his achievements, his career	Mario Rodriguez Radio Personality	7 Min
<b>Mar 26,2015</b>	First Segment What We should do as parents when we learn of a case of harassment.	Hosted	7 Min
	Second Segment The buying market for 2015	Gina Guajardo Real state Specialist	7 Min
	Third Segment Cooking Segment, easy and healthy recipes What uses does each type of onion had	Hosted	7 Min
<b>Mar 27,2015 Repetition Mar 23</b>	First Segment EUTHANASIA / premeditated murder or an act of mercy	Hosted	7 Min

<b>Mar 28,2015 Repetition Mar 24</b>	Second Segment Habits that age your personality	Hosted	7 Min
	Third Segment Who should be first, your children or your spouse?	Hosted	7 Min
	First Segment The benefit of applications in our cell phones	Hosted	7 Min
	Second Segment Why water is so important and what we can do to preserve	Hosted	7 Min
	Third Segment 10 great inventions created by women and we continue to use today.		
<b>Repetition Mar 25</b>	<b>Special Program</b> This program is dedicated to personalities of the Latino community that generate changes in our community, his life, his achievements, his career and message of overcoming and perseverance they share with our audience.	Mario Rodriguez Radio Personality	7 Min
	Second Segment His life, his achievements, his career	Mario Rodriguez Radio Personality	7 Min
	Third Segment His life, his achievements, his career		
<b>Mar30,2015</b>	First Segment Recall of products (when the companies discovered that their products are defective). What we should do?	Hosted	7 Min
	Second Segment The high price of children not playing Parents creating narcissistic children	Hosted	7 Min
	Third Segment The more common complaints between couples	Hosted	7 Min
<b>Mar 31,2015</b>	First Segment Controversy of the legalization of Marijuana and the amount of tax that the Government of Colorado had for this reason and will be educational and other services.	Hosted	7 Min
	Second Segment Healthy eating myths	Maria Laura Parra Nutritionist	7 Min
	Third Segment Ten things children really want from their parents		7 Min

Station	Program	Air Date	Aired Time	Aired Length	Aired Ad-ID
KFFV	Actitud Latina	01/01/15	6:00:05 PM	28:30	ACLA010115 ACTITUD LATINA
KFFV	Actitud Latina	01/01/15	12:00:05 XM	28:30	ACLA010115 ACTITUD LATINA
KFFV	Actitud Latina	01/03/15	12:00:05 PM	28:30	ACLA010115 ACTITUD LATINA
KFFV	Actitud Latina	01/08/15	6:00:05 PM	28:30	ACLA010815 ACTITUD LATINA
KFFV	Actitud Latina	01/08/15	12:00:05 XM	28:30	ACLA010815 ACTITUD LATINA
KFFV	Actitud Latina	01/10/15	12:00:05 PM	28:30	ACLA010815 ACTITUD LATINA
KFFV	Actitud Latina	01/15/15	6:00:05 PM	28:30	ACLA011515 ACTITUD LATINA
KFFV	Actitud Latina	01/15/15	12:00:05 XM	28:30	ACLA011515 ACTITUD LATINA
KFFV	Actitud Latina	01/17/15	12:00:05 PM	28:30	ACLA011515 ACTITUD LATINA
KFFV	Actitud Latina	01/22/15	6:00:05 PM	28:30	ACLA012215 ACTITUD LATINA
KFFV	Actitud Latina	01/22/15	12:00:05 XM	28:30	ACLA012215 ACTITUD LATINA
KFFV	Actitud Latina	01/24/15	12:00:05 PM	28:30	ACLA012215 ACTITUD LATINA
KFFV	Actitud Latina	01/29/15	6:00:05 PM	28:30	ACLA012915 ACTITUD LATINA
KFFV	Actitud Latina	01/29/15	12:00:05 XM	28:30	ACLA012915 ACTITUD LATINA
KFFV	Actitud Latina	01/31/15	12:00:05 PM	28:30	ACLA012915 ACTITUD LATINA
KFFV	Actitud Latina	02/02/15	6:00:05 PM	28:30	ACLA020215 ACTITUD LATINA
KFFV	Actitud Latina	02/02/15	12:00:05 XM	28:30	ACLA020215 ACTITUD LATINA
KFFV	Actitud Latina	02/03/15	6:00:05 PM	28:30	ACLA020315 ACTITUD LATINA
KFFV	Actitud Latina	02/03/15	12:00:05 XM	28:30	ACLA020315 ACTITUD LATINA
KFFV	Actitud Latina	02/04/15	6:00:05 PM	28:30	ACLA020415 ACTITUD LATINA
KFFV	Actitud Latina	02/04/15	12:00:05 XM	28:30	ACLA020415 ACTITUD LATINA
KFFV	Actitud Latina	02/05/15	6:00:05 PM	28:30	ACLA020515 ACTITUD LATINA
KFFV	Actitud Latina	02/05/15	12:00:05 XM	28:30	ACLA020515 ACTITUD LATINA
KFFV	Actitud Latina	02/06/15	12:00:05 XM	28:30	ACLA020215 ACTITUD LATINA
KFFV	Actitud Latina	02/07/15	12:00:05 PM	28:30	ACLA020215 ACTITUD LATINA
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Log Summary [KFFV Actitud  
Latina] : 01/01/15 - 03/31/15  
(04/06/15 11:57:41 AM)

**KFFVDT3****AAT Local News on 44.3****Duration varies****Mon-Fri 7:20 am, 6:20pm and 8:20 pm**

Monday – Friday 6:20PM, 8:20PM, 7:20AM, “AAT Local News” covers local mainstream events, community news and providing variety information to local Asian viewers.

**“Major boost coming for bus service in Seattle”****Jan 11, 2015****Duration 00:02:15**

To ease bus crowding and improve reliability, Seattle Mayor Ed Murray and King County Executive Dow Constantine are moving forward with a major contract to expand Metro Transit bus service in the City of Seattle. Murray and Constantine today sent the Seattle City Council and King County Council a proposed three-year, \$120 million contract to increase bus service, renewable for an additional three years. Funding for the new service comes from the Seattle Transportation Benefit District Proposition 1 ballot measure approved by Seattle voters in November. The measure will raise an estimated \$45 million a year for six years by collecting a 0.1 percent sales tax increase and a \$60 annual vehicle fee in the City of Seattle.

**“Seattle's new priority hire ordinance”****Jan 29, 2015****Duration 00:02:05**

Mayor Ed Murray, city councilmembers, construction contractors, community members and workers today celebrated the signing of Seattle's new priority hire law that will bring more jobs to disadvantaged communities through City construction projects of \$5 million or more. The ordinance will improve access to construction employment and improve training programs for workers in need of family-wage jobs, while minimizing increased costs on City projects. The proposed ordinance would prioritize the hiring of residents that live in economically distressed areas in Seattle and King County.

**“City may cap rents on some micro-apartments at \$618 a month”****Feb 8, 2015****Duration 00:01:25**

Most Seattle apartments rent for at least \$1,000 a month. Some are much pricier. But a bill under consideration by the City Council would establish a cap of about \$600 a month for some of the city's smallest rental homes. The program awards 12-year tax breaks to real-estate developers who reserve a percentage of units in a given project for lower-income households.

**“Health-insurance sign-ups fall short; enrollment period extended”****Feb 16, 2015****Duration 00:02:30**

The extended enrollment period for Washington Health plan finder will run from Tuesday through April 17, and will be open to consumers who either were not aware of the tax penalty for failing to get insurance or who were prevented from completing their enrollment due to technical issues or confusion about the process. Nearly 160,000 consumers enrolled in plans during the just-ended open enrollment period, about 50,000 fewer than what the exchange had projected as needed for it to be self-sustaining, as required by Legislature.

**"Seattle's sixth parklet opens"**

**Feb 21, 2015**  
Duration 00:01:55

Today the City of Seattle announced the launch of the next phase of the Parklet Program at the opening of Seattle's sixth parklet in the Uptown neighborhood. These small public spaces along city streets will be coming to more neighborhoods, and the city will begin partnering with restaurants to launch a new type of sidewalk cafe called "streateries" in Seattle. During Seattle's 18-month Pilot Parklet Program managed by the Seattle Department of Transportation (SDOT) the public response to parklets, as well as the department's evaluation of these spaces, indicates overwhelming support for the program.

**"Free-Floating Car Share Expands Citywide"**

**March 4, 2015**  
Duration 00:02:25

In January Mayor Murray and the Seattle City Council advanced legislation to expand Seattle's successful free-floating car share program. Seattle's existing free-floating car share operator, car2go, has now extended their service area to encompass the entire city. Coupled with this larger service area, the free-floating car share legislation also allows companies to have more vehicles in their fleets. To serve the more than 60,000 current Seattle area members, car2go will be able to have up to 750 vehicles in Seattle, and many of those new cars are available and on the street today.

**"Seattle Center visitors now enjoy fast, free Wi-Fi"**

**March 27, 2015**  
Duration 00:02:15

Mayor Ed Murray today unveiled a new free Wi-Fi service at Seattle Center. The service, which serves tens of thousands of people simultaneously, was developed in partnership with Microsoft. "This is another step forward in our work to seek out public-private partnerships to improve Internet access in Seattle," said Seattle Mayor Ed Murray. "More than 12 million people visit Seattle Center each year, and now they will enjoy fast, free broadband on their devices. This pilot program tests new technology that we may be able to deploy to other neighborhoods in the city."

**"UW panel examine high cost of living in Seattle"**

**March 30, 2015**  
Duration 00:02:23

How expensive living in Seattle has become — and what to do about it — was the topic of a panel discussion that drew hundreds to the University of Washington. Panel members from real-estate sites Zillow and Redfin, real-estate firm Spectrum Development Solutions, and the Service Employees International Union talked about how Seattle came to be increasingly unaffordable and what can be done. Several panelists talked about Seattle's zoning restricting many areas to single-family homes and the need for more inclusionary zoning. The result of those attitudes concentrates poverty in pockets and impedes economic development, panelist Rolf contended, saying that there should be incentives for development that help create more economically mixed neighborhoods.