

THE ADAM RITZ SHOW
WCAT-AM – Third Quarter Topics and Issues Report
July 1, 2022 – September 30, 2022

Aired 7/3/22 7:30a Duration: 30min

This show is our annual 4th of July safety and preparedness broadcast. We start with some statistics about how dangerous the annual celebration has become. Of all the summer injuries, more than 70% take place during the first week of July. We touch on travel and gas prices over the 3 day weekend. We report on how to prep your dogs and pets for the trauma of loud fireworks. And of course, we go over fireworks safety tips from the Consumer Product Safety Commission.

Aired 7/10/22 7:30a Duration:30Min

This show begins with a nod to Pet Adoption, since Jay is joining us from his home studio taking care of his new pet Harper (who he just adopted). We also give a little nod in the intro of the show to Heat Exhaustion and Cooling Tips since Adam's Air Conditioner went kaput during the hottest week of the year. Other stories include; a 7 year old in New York who saved a classmate's life performing the Heimlich Maneuver; Olympic Swimmer Ryan Lochte auctioning off his medals for the JorgeNation.org to benefit terminal children; and more.

Aired 7/17/22 7:30a Duration:30Min

This is a 'Best Of' episode of The Adam Ritz Show, featuring Health And Fitness Expert and Fox TV Personality Jenny Anchondo, an on campus report from Washington State University in Pullman WA covering Cougars Student Athlete community Service, and The United States Power Soccer Association initiatives for wheelchair soccer.

Aired 7/24/22 7:30a Duration: 30Min

We begin this show with a report of a charity event in Toledo OH that raised money for The Salvation Army. Tony Packos restaurant celebrated National Hot Dog Week with an autograph signing by former Detroit Tigers pitcher Denny McLain, with 10 cents of every Hot Dog sold going to The Salvation Army. McLain is a 3 time All Star and World Series Champion who pitched from 1963 to 1972. Other reports include; A Twitch video gamers charity; 1K Downhill to benefit the L.A. Food Bank; Pittsburg Vintage Grand Prix to benefit autism.

Aired 7/31/22 7:30a Duration:30Min

Entrepreneur John Wechsler joins us to talk about his work with kids across America, to spark the entrepreneur in them. From Lemonade Stands for 3rd graders, to Science Labs for teenagers, John has a passion for inspiring kids to become the world's next great Entrepreneurs. John is the Founder and CEO of Spokenote, learn more at Spokenote.com.

Aired 8/7/22 7:30a Duration:30min

This show begins with a Back To School report featuring the service work of Feed The Children. They work to end childhood hunger, but their work has expanded to include strategies to empower at-risk families to better face today's challenges and realize more stable lives to secure long-term benefits for their children. Feed the Children supports students by inviting teachers to shop for free classroom supplies and books at its Teacher Store locations across the country. These stores benefit more than 525,000 students in the US each school year. Learn more and donate at FeedTheChildren.org. Reports also include; a Celeb softball game in Las Vegas between the NHL Golden Knights vs the NFL Raiders that raised 4200K for Vegas charities; James Bond 60th anniversary Charity Auction with 60 items from all 25 films, including an Aston Martin stunt car that's expected to go for \$2 million!

Aired 8/14/22 7:30a Duration: 30min

On this episode we feature an organization called Leave No Trace, promoting leaving no trace of your visit to the outdoors. If all who enjoy the outdoors were to do what they could to minimize the unavoidable impacts (trampling, erosion, etc.) and prevent the avoidable impacts (properly dealing with human waste, properly storing food and trash from animals, sticking to durable ground, keeping human and other waste out of water sources, etc.) it would go a long way towards protecting the places we enjoy from recreational impacts. More information at Lnt.org. Other reports include; Ryan Locate charity auction update to benefit the Jorge Nation Foundation; Alabama Head Football Coach Nick Saban's Nick's Kids Foundation just gave \$570K to area charities; Twitch & Post Malone video game event raised money for United Way, Project Hope, and The Trevor Project.

Aired 8/21/22 7:30a Duration: 30min

The show begins in Oakland with an interview with Rod Woodson discussing his work with The Leukemia Society, coaching, social media, and more. Woodson was an All American at Purdue, NFL Super Bowl Champion and All Pro DB with the Steelers, Ravens, and 49ers. He's in the Pro Football Hall of Fame and is currently the head Coach of the new XFL franchise in Las Vegas. Segments include a visit with our

resident Bullying, Hazing, & Mentoring Expert Lee Lonzo from LeeLonzoConsulting.com, as well as a segment on community service with Jeff Sikes, baseball coach at Warner University in Florida learning about their great work with special needs children.

Aired 8/28/22 7:30a Duration:30Min

This begins with a report touching on All Pro NFL Linebacker Darius Leonard and his work with Special Needs fans. We also look at how recent Heat Waves and Droughts will affect the Christmas Tree Industry this holiday season. With higher Tree prices predicted, this may be the year you invest in an artificial tree. Other segments include; Sitting 9 hours a day is the new smoking. Lower Heart Rates negatively affect the body, so move a little! A sports tracking/fitness watch may help you avoid a sedentary lifestyle; Newmans Own foods have donated over \$500 million total since 1982, and \$11 million in just 2021; John Stamos and The Beach Boys perform to benefit Food For Kids charity; and more!

Aired 9/4/22 7:30a Duration:30min

This show starts with the Dallas Clark Foundation, currently raising money for Peyton Manning Children's Hospital and the University of Iowa Stead Family Children's Hospital. The All American Tight End from The Iowa Hawkeyes and Super Bowl Champion from the Indianapolis Colts is doing an Ironman in Hawaii this year to raise money and awareness for this cause. Learn more and donate at www.DallasClarkFoundation.com. Other segments include; a Study showing that a Child could share thoughts and feelings better with robots, College football tailgating responsibility, and more.

Aired 9/11/22 7:30a Duration:30min

This show begins with an update on the Dallas Clark Foundation, raising money for Children's Hospitals. Former NFL tight End Dallas Clark is running an Ironman in Hawaii this October to raise money and awareness for the Peyton Manning Children's Hospital and the University of Iowa Stead Family Children's Hospital. Learn more at www.DallasClarkFoundation.org. Our feature interview is with NFL Great/Houston Oilers QB Dan Pastorini discussing his book and leadership. Other segments include; New Orleans Saints/Drew Breeze Foundation; Former pro Hockey Player Derek Zike overcoming an accident that left him partially paralyzed; Fatherhood perspective from a college football player at Texas A&M

Aired 9/18/22 7:30a Duration:30min

This show begins with an update of the US Wheelchair Lacrosse Nationals which took place recently in Denver, CO. Learn more and donate at www.WheelchairLacrosse.com. Other segments include; Mackenzie Scott donating \$50 million to the California Community Foundation; American Express round up for charity program; The app 'Give Directly' providing cash transfers to poor communities in Africa which generates hundreds of millions of dollars each year; and more

Aired 9/25/22 7:30a Duration:30min

This episode begins with a report of the Hollywood Sign Trust, which is preparing for the 100th anniversary of the iconic sign. The Hollywood Sign Trust is giving the 45 foot high sign a cleaning and a brand new paint job, to be completed by November 1. During the makeover, a 24/7 webcam is available at www.HollywoodSign.Org. Other segments include; Railroad Track Safety; Quality vs Quantity of sleep; NyQuil Chicken warning; Toy Drives are on the way; Tim Tebow Heisman Trophy charity raising more than \$1 million so far; and more.

End of Report