



1st QUARTER 2020 ISSUES PROGRAMS KFTZ

January

TOTAL:

0:04:08 | *hh.mm.ss*

February

TOTAL:

0:00:59 | *hh.mm.ss*

March

TOTAL:

0:03:36 | *hh.mm.ss*



1st QUARTER 2020 ISSUES REPORT KFTZ

ISSUES	DATE	TIME	SOURCE	HH:MM:SS	DESCRIPTION OF SEGMENT
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January

Health (Physical/Mental)	1/9/2020	1:15:00 PM		0:01:04	Apparently the most common way we hurt ourselves involves zero physical activity. You literally do it in your sleep . . . 41% of Americans sometimes have aches and pains from sleeping in a weird position, according to a new survey. Here are the top 10 things that make us feel achy . . . 1. Sleeping in the wrong position. 2. Doing laundry. 3. Heavy lifting. 4. Yard work or mowing the lawn. 5. Carrying groceries. 6. Sitting for too long. 7. Lifting or carrying your kids. 8. Sports-related injuries. 9. Injuries from working out. 10. Using the stairs. It also found women are more likely to say they have daily aches and pains . . . 42% compared to just 28% of guys.
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Crime/Safety	1/29/2020	6:45:00 AM		0:00:47	IDAHO FALLS — The Bonneville County Commissioners are reminding the public that pushing snow into streets is illegal. Many homeowners have been clearing their driveways by removing the snow and placing it on county roads. It's causing problems for employees, according to a news release from the commissioners.release says.
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Crime/Safety	1/29/2020	6:13:00 AM		0:02:17	Use your brakes intelligently. Many modern vehicles already come with an anti-lock braking system (ABS). With ABS, you can hold the brakes down, but if you don't have ABS, you should tap the brake pedal rather than hold it down to avoid sliding out of control.Keep a safe distance behind other vehicles. You'll need more space to stop on icy roads if something ahead of you were to happen; therefore, you want to make sure you are a safe enough distance behind other cars to ensure you don't get into an accident if the person in front of you slams on the brakes.
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February

Health (Physical/Mental)	2/10/2020	1:39:00 PM		0:00:59	"Text for Humanity" Lets You Send Uplifting Texts to Total Strangers FULL STORY: Here's an easy way to fit in a random act of kindness. It literally takes two minutes . . . There's a nonprofit called Mental Health America that's been around for over 100 years. And they recently launched a new program that lets you send inspirational text messages to total STRANGERS. It's called "Text for Humanity." Here's how it works: It takes about one minute to join. You text your first name . . . the country you're from . . . and a short, uplifting message that's no more than 160 characters. A random person somewhere in the world will get it. Then YOU'LL get a positive message from someone else a few minutes later. You have to sign up to get the texts. So they only go to people who want to get them. Over 10,000 messages have already been sent. If you want to try it out, just text the word "JOIN" to the number 37352. Then it'll guide you through the rest. (If you're outside the U.S., it's a different number.)
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March

Health
(Physical/Mental)

3/20/2020 1:12:00 PM

0:01:21 Here's what to do if your driver's license expires during pandemic
Counties throughout eastern Idaho are reducing their in-person interactions with the public due to concerns about COVID-19 pandemic.

If your driver's license is expired or about to expire, you may not have to show up at the DMV. "Idaho Transportation Department has extended all driver's licenses, driver's training permits, instruction permits, commercial learner's permits, identification cards and commercial driver's licenses (CDL) without hazmat endorsements that are expired or will expire between March 1, 2020, and May 31, 2020, to be valid until June 30, 2020," the state Division of Motor Vehicles said in a notice.

The state is also extending vehicle registrations and temporary handicap placards during the same period. Car dealers may also issue a 60-day temporary registration when selling a vehicle. See more details on ITD's website.

Counties are discouraging people from coming into their buildings unless they have to. Driver's licenses and IDs can be renewed online. (Call your county if you need to apply for a new Star card as you will likely need to make an in-person appointment.)

Health
(Physical/Mental)

3/20/2020 2:41:00 PM

0:00:56 Retailers with stores in eastern Idaho that have set aside special hours for the elderly and immunocompromised are Broulim's, Smith's, Walmart and Target.
Broulim's, starting Friday, March 20, has set aside Monday, Wednesday and Friday from 6 to 7 a.m. for individuals 60 years old and older and those with compromised immune systems.
Albertsons is reserving 7 a.m. to 9 a.m. Tuesdays and Thursdays for "senior citizens and other at-risk members of community such as pregnant women or those with compromised immune systems."
Smith's is now reserved Monday, Wednesday and Friday from 7 a.m. to 8 a.m. for senior citizens. From now until April 18, Smith's is also waiving the curbside pick-up fee for online orders for those 60 and older.
Starting on March 24 and going through April 28, Walmart will allow customers 60 and older to shop an hour before the store officially opens on Tuesdays. Walmart pharmacies and Vision Centers will also be open during that time.
Every Wednesday, Target is reserving the first hour of shopping (8 a.m. in Idaho Falls) for the elderly and those with underlying conditions. It is also closing at 9 p.m. every day.

Health
(Physical/Mental)

3/21/2020 4:41:00 PM

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