

# The Tailgate Show 2018

**Cumulus Media Public Affairs Show is hosted by Tonja Myles and is 60 minutes at length**

Airs on WXOK-AM (Saturdays at 10am)

Airs on WEMX-FM (Sundays at 10am)

Airs on WRQQ-FM (Sundays at 5am)

Airings on KQXL-FM (Sundays at 5pm)

- 1/6 & 7      **Guest:** Major Reginald Brown – Baton Rouge Constable  
**Topic/Discussion:** Holiday Helpers of Greater Baton Rouge and the impact it's made on Families throughout the Holiday and how volunteers can help in 2018
- 1/13 & 14      **Guest:** Shamyra Howard – President/CEO of Conquest Counseling  
**Topic/Discussion:** Tips for setting relationship goals and how to establish meaning business and social relationships in 2018
- 1/20 & 21      **Guest:** Mayor Sharon Weston Brown – Baton Rouge Mayor President  
**Topic/Discussion:** The State of the City... First Year Mile marker
- 1/27 & 28      **Guest:** Terry Singleton – Mid-city Gras parade  
**Topic/Discussion:** Mid City Gras, Inc has received our parade permit from The City of Baton Rouge, and are now building a Mardi Gras club that will benefit Mid-city Baton Rouge far beyond Mardi Gras season.
- 2/03 & 04      **Guest:** Windy Keller – CASA  
**Topic/Discussion:** Capital Area CASA (Court Appointed Special Advocate) Association recruits, trains and supervises community volunteers who advocate for the best interests of abused and neglected youth living in foster care to help them reach safe, permanent homes.
- 2/10 & 11      **Guest:** Troy Simon – Fitness Trainer, Health and Wellness Expert  
**Topic/Discussion:** New Year New You! Health and Fitness for the entire family
- 2/17 & 18      **Topic/Discussion:** Open Discussion – Tonja inviting listeners to post their questions on the station's social media pages and those questions were answered on the show.
- 02/24 & 25      **Guest:** James Windom – President of Capitol Area Re-Entry Coalition  
**Topic/Discussion:** Capital Area Reentry Coalition (CAPARC) is a partnership of local businesses, non-profit and faith-based organizations,

and government organizations, who are working together to increase the success rates of citizens who are transitioning from incarceration back into society.

3/3 & 4      **Topic/Discussion:** Open Discussion – Tonja inviting listeners to post their questions on the station’s social media pages and those questions where answered on the show.

3/10 & 11      **Guest:** Patrick Tyson – Pelican Advisory Group  
**Topic/Discussion:** Planning today for your family’s future

03/17 & 18      **Guest:** Rebecca Hebert – President of STAR/The Sexual Assault Center of Baton Rouge  
**Topic/Discussion:** Discussing sexually traumatic Awareness and Response

03/24 & 25      **Guest:** Ellen McKnight - Principal - The Maxine Firm  
**Topic/Discussion:** Health, Wellness and Nutrition for the family