

**QUARTERLY LISTING OF COMMUNITY ISSUES AND PROGRAMS**

**WILV-Chicago**

**April 1, 2014 – June 30, 2014**

**Susan Wiencek**

**Public Affairs Manager**

**April 6, 2014**

### **5:30am-6:00am “Radio Health Journal”**

1. "School refusal" The start of the school year and returning from spring break are the two most common times for children to suffer from what used to be called "school phobia," anxiety leading them to claim they are ill and cannot go to school. Experts discuss how these children should be treated, and how they differ from children who are simply "playing hooky." Guests: Dr. Christopher Kearney, Prof. of Psychology, Univ. of Nevada-Las Vegas; Dr. Karen Cassiday, clinical director, Anxiety and Agoraphobia Treatment Center, Northbrook, IL.
2. Changes in the family as women become primary breadwinners . Nearly half of married working women outearn their husbands, and the trend is likely to accelerate with women making up 60 percent of college students. A journalist examines the trend and what it means for families and life at home. Guest: Liza Mundy, reporter, Washington Post, Fellow, New American Foundation, and author, [The Richer Sex: How the New Majority of Female Breadwinners is Transforming Sex, Love, and Family.](#)

**Issues covered:** education; youth at risk; school truancy; parenting issues; mental health issues; gender issues; women's issues; education; economics; employment.

### **6:00am-6:30am “Viewpoints”**

1. PTSD: What it is and how families can help sufferers. Millions of Americans suffer with post-traumatic stress disorder, or PTSD, but often we think it's only combat veterans who live with the issue. We talk to a physician who specializes in PTSD about just what it is, its symptoms, and how it can affect the families of sufferers. We also discuss PTSD with a novelist who writes about the topic – and lived through the anguish of PTSD with her father, a veteran of World War II. Guests: Dr. Matthew J. Friedman, MD, PhD, former Exec. Dir. and currently a senior advisor for the National Center for PTSD, and Professor of Psychiatry, Pharmacology and Toxicology at the Geisel School of Medicine at Dartmouth ([www.ptsd.va.gov](http://www.ptsd.va.gov)); Laurie Halse Anderson, best-selling author of young adult literature. Her latest book is titled [The Impossible Knife of Memory](#), ([www.madwomanintheforest.com](http://www.madwomanintheforest.com)).
2. Kitty Genovese: The real story 50 years later. In 1964, a young bar manager was brutally assaulted and stabbed to death in New York, supposedly while 38 bystanders watched and did nothing to help her. The story of Kitty Genovese made headlines around the world, and made New York City famous for its cold, unfeeling people who “didn't want to get involved.” But was the story as told in the press true? We talk to a journalist who uncovered what really happened that chilly March night, and find out how it changed our emergency response system, prompted research on why we do or do not help people in need, and even prompted some to become Good Samaritans. Guests: Kevin Cook, author of [Kitty Genovese: The murder, the bystanders, the crime that changed America](#), (<http://books.wwnorton.com>).

**Issues covered:** war; veterans; child abuse; mental health; alcoholism; therapy; family issues; crime; media; law enforcement; public safety; Good Samaritans.

## **April 13, 2014**

### **5:30am-6:00am “Radio Health Journal”**

1. Genetically modified crops in our foods. Genetically modified organisms or GMOs have come to represent nearly half of all crop acres in the US. More than half of all processed foods contain GMO's. Experts discuss whether this is a food safety threat and if GMO products should be labeled. Guests: Dr. Lara De Francesco, Senior Editor, Nature Biotechnology; Steve Hughes, Founder, Chairman and CEO, Boulder Brands; Gregory Jaffe, Director, Biotechnology Project, Center for Science in the Public Interest; Ronnie Cummins, National Director, Organic Consumers Association; Mark Lynas, Visiting Scholar, Cornell Univ. College of Agriculture and Life Sciences.

2. Spring youth sports injuries. With the arrival of spring, baseball, softball and soccer take over neighborhood sports fields. A sports physician discusses the most common injuries in spring and summer sports and preventive steps to keep kids healthy. Guest: Dr. Greg Canty, Medical Director, Center for Sports Medicine, Children's Mercy Hospitals and Clinics, Kansas City, MO.

**Issues covered:** US government and military; military preparedness; economics; public health; education; youth at risk; charities; consumerism; agriculture; food safety and product safety; federal government regulation; environment; sports and recreation.

### **6:00am-6:30am “Viewpoints”**

1. Post-High School Ed: Are we doing all we can? There are many students and adults who don't go to a four-year college, but are out in the workforce looking for a job or seeking to get a better one. But how do they get the education they need to find a job or move up in the work world? We talk to an education expert about how all education doesn't come from school learning; how many students and workers are perceived as not having enough intelligence to do well in a post-secondary school, despite other types of skills they have; and how community colleges and others are striving to help these adults learn, despite budget cuts and a lack of other resources. We also discuss what organizations and business can do to create a better workforce in the future. Guests: Mike Rose, professor at the UCLA Graduate School of Education and Information Studies, author of the book, Why School? Reclaiming education for all of us, ([www.mikeroosebooks.com](http://www.mikeroosebooks.com)).
2. Internet Privacy: How you can fight snooping online. It seems you can't get away from email spam, Internet scams and companies using your online purchases and web browsing to badger you with shopping opportunities. Every time you sign up for a blog or make a purchase, you are inundated with unwanted – and sometimes dangerous – intrusions into your personal and private information. We talk to a journalist who has tried to erase her digital footprint, and an attorney who deals with online privacy about the issue. We discuss ways you can get rid of some third parties who spy on your online activities, learn about better password protection, and find out why we are probably never going to be able to rid ourselves of all snooping in the future. Guests: Julia Angwin, award-winning journalist, author of Dragnet Nation: A quest for privacy, security and freedom in a world of relentless surveillance, ([www.juliaangwin.com](http://www.juliaangwin.com)); William Kling, adjunct professor of law, IIT Chicago-Kent College of Law, clinical assistant professor at the University of Illinois at Chicago School of Public Health, ([www.kentlaw.edu](http://www.kentlaw.edu)).

**Issues covered:** education; labor force; immigrants; business; academic testing; technology; commerce; law; privacy; Internet security; government.

## **April 20, 2014**

### **5:30am-6:00am “Radio Health Journal”**

1. Pre-surgical anxiety. Surgeons are learning that a high proportion of people facing surgery are terrified of what might happen. This stress adversely affects outcomes, so many large hospitals are turning to relaxation and visualization programs to combat the problem. Guests: Walter Martin and Kathy Mellendy, surgical patients; Dr. Lawrence Cohn, Hubbard Prof. of Cardiac Surgery, Harvard Medical School and Chief Emeritus, Cardiac Surgery, Brigham & Women's Hospital, Boston; Peggy Huddleston, psychotherapist and author, Prepare for Surgery, Heal Faster: A Guide of Mind-Body Techniques ([healfaster.com](http://healfaster.com)).
2. Restless Legs Syndrome. Restless legs syndrome, a neurological condition, strikes people at night, creating some of the worst sleep conditions known by any patients. Experts discuss identifying and treating the syndrome. Guests: Karla Dzienkowski, Interim Director, Willis-Ekbom Disease Foundation and parent of daughter with restless legs syndrome; Dr. William

Ondo, Prof. of Neurology, Univ. of Texas Health Science Center, Houston and advisory board member, Restless Legs Syndrome Foundation.

**Issues covered:** consumerism; health care; public health; children's health; personal health; self-help.

### **6:00am-6:30am "Viewpoints"**

1. Hands-on Tinkering: How it can help kids get ahead. Many U.S. school children have trouble with math and science and sometimes it's because these subjects are not taught in a way that engages students. We talk to two "hands-on" educators about how involving young people – and adults – in science, technology and engineering in creative and sometimes explosive ways helps them learn about the principles of science and math in ways that sitting in a lecture never could. Guests: Tim Shaw, inventor, engineer, host of "None of the Above" on the National Geographic Channel ([www.channel.nationalgeographic.com](http://www.channel.nationalgeographic.com)); Karen Wilkinson, Tinkering Studio Director, the Exploratorium, San Francisco, co-author of The Art of Tinkering, ([www.tinkering.exploratorium.edu](http://www.tinkering.exploratorium.edu)).
2. Adult Swimming: It's important for safety and health. Summer is a time for fun in the sun, and swimming is a favorite pastime when the temperature rises. With that in mind, it's amazing that millions of adults never learned to swim! We talk to a swimming expert about why it's important for adults to learn to navigate the pool for their own health, safety and the safety of their children. It's also a great activity where you can make new friends, keep fit and have fun. Guest: Rob Butcher, Executive Director, United States Master Swimming (USMS), ([www.usms.org](http://www.usms.org)).

**Issues covered:** science and technology; media; the arts; education; creativity; recreation; personal health; safety; senior issues.

## **April 27, 2014**

### **5:30am-6:00am "Radio Health Journal"**

1. "The HIV Cure" HIV has become a treatable chronic disease in the US, yet around the world, millions still die of AIDS. Two people called The Berlin Patients have apparently been cured of HIV, and their biology is informing a great deal of developing science to defeat the disease. A noted HIV researcher discusses where we are and where we are headed in the fight. Guest: Dr. Nathalia Holt, HIV research scientist and author, Cured: How the Berlin Patients Defeated HIV and Forever Changed Medical Science.
2. Spasmodic dysphonia. Experts discuss an unusual "voice strangling" disorder and the toxin that can treat it. Guests: Dr. Ramon Franco, Jr., Director, Division of Laryngology, Harvard Medical School; Dr. Susan Miller, Principal, Voice Trainer, Washington, DC.

**Issues covered:** health care; public health; HIV and AIDS; science and technology; consumerism and consumer activism; federal government and regulation; communications; technology; disabilities.

### **6:00am-6:30am "Viewpoints"**

1. Bitcoin: What it is and why we need to take it seriously. The virtual currency, "bitcoin," has been in the news lately for its fantastic rise in value, then its dramatic fall after the world's largest bitcoin exchange filed for bankruptcy. We talk to two financial specialists about what it is, how it's used, the pros and cons of dealing in bitcoin, and what the future might bring for this novel currency. Guests: Peter Leeds, owner and CEO of Peter Leeds Penny Stocks, author of Penny Stocks for Dummies, ([www.peterleeds.com](http://www.peterleeds.com)); Joe Deaux, Economic Analyst at The Street ([www.thestreet.com](http://www.thestreet.com)).
2. Women of the Atomic Age. The Atomic Age is credited mostly to men like Einstein, Oppenheimer and Fermi. Although there's no question that these eminent scientists were leaders

in the development and understanding of nuclear power, there were also many women who contributed knowledge and sometimes their health and lives, but who are overshadowed by the men. We talk to two authors whose books give these women the recognition they deserve.

Guests: Craig Nelson, author of The Age of Radiance: The epic rise and dramatic fall of the Atomic Era, ([www.craignelson.us](http://www.craignelson.us)); Denise Kiernan, author of the best-selling book, The Girls of Atomic City, ([www.girlsofatomiccity.com](http://www.girlsofatomiccity.com)), now in paperback.

**Issues covered:** banking and finance; technology; government; the Internet; crime; women's issues; science; war; education; health.

## **May 4, 2014**

### **5:30am-6:00am “Radio Health Journal”**

1. Cutting medical training. In an age of increasing medical complexity, some leading thinkers in medical education are proposing that the time spent on medical education be cut by nearly one third. The key, these advocates say, is reorganizing what is taught to rid curricula of research and other requirements that most doctors never use in their working lives. Guests: Dr. Ezekiel Emanuel, Vice Provost for Global Initiatives and Chari, Department of Biomedical Ethics and Health Policy, Univ. of Pennsylvania; Dr. Victor Fuchs, Henry J. Kaiser Prof. Emeritus of Economics and Health Policy, Stanford Univ. and Senior Fellow, Stanford Institute for Economic Policy Research; Dr. Gail Morrison, Senior Vice Dean for Education and Director of Academic Programs, Univ. of Pennsylvania Perelman School of Medicine.
2. Being Vegan. About one percent of Americans follow a vegan diet. An expert discusses how eliminating animal products from the diet is not as hard as many people think it is. Guest: Colleen Patrick-Goudreau, author, The 30-Day Vegan Challenge.

**Issues covered:** health care; public health; education; consumer safety; personal health; diet and nutrition.

### **6:00am-6:30am “Viewpoints”**

1. The Gun that Changed History: The Colt Revolver. The six-gun is an iconic emblem of the Old West as much as the face-off between the sheriff and the bad guy on a dusty street at high noon. What many people don't realize, though, is that the gun that was used back in those old show-downs was a relatively new invention that changed the history of the west and of our country from then on. We talk to an author who used the creation of the Colt revolver as the centerpiece of his novel, about Samuel Colt, how he fought for years to get his gun into the marketplace, and how it revolutionized firearms and the gun industry for decades to come. Guest: Robert Lautner, author of the novel, Road to Reckoning, ([www.roadtoreckoning.blogspot.com](http://www.roadtoreckoning.blogspot.com)).
2. Twin Loss and Bereavement. The loss of a loved one is always difficult, but when an individual loses a twin sister or brother, it's even more so. The bond between these siblings is different than with or between other siblings, and the grief often lasts a lifetime. We talk to two twin specialists, one who lost a twin brother herself, about the special relationship between twins, why the sorrow is often more intense and long-lived, and how family and friends can help a grieving twin through their loss. Guests: Mary Rockefeller Morgan, psychotherapist, author of the book, When Grief Calls Forth the Healing: A memoir of losing a twin, ([www.whengriefcallsforththehealing.com](http://www.whengriefcallsforththehealing.com)); Dr. Nancy Segal, prof. of psychology, Cal State-Fullerton, founder and director of The Twin Studies Center, author of several books on twins ([www.drnancysegaltwins.org](http://www.drnancysegaltwins.org); email her at: [nsegal@fullerton.edu](mailto:nsegal@fullerton.edu)).

**Issues covered:** firearms; history of the Old West; military; law enforcement; industry; bereavement; mental health; children's issues; family matters.

## **May 11, 2014**

### **5:30am-6:00am “Radio Health Journal”**

1. A change in judging MS drugs? Physicians say more treatments are needed for multiple sclerosis because for some patients, no existing treatments work. Many experts have been stunned at the FDA's rejection of a promising new drug which has been approved in much of the rest of the world. Experts discuss the consequences of rejection and whether the FDA has changed how it evaluates medicines. Guests: Dr. Aaron Miller, Medical Director, Corinne Goldsmith Dickinson Center for Multiple Sclerosis, Icahn School of Medicine at Mount Sinai, New York; Dr. Tim Coetzee, Chief Advocacy Services and Research Officer, National Multiple Sclerosis Society.
2. Physical therapy for war veteran amputees. A physical therapist working at Walter Reed Army Medical Center during its last days discusses how veterans who've lost their limbs in combat are treated. Guest: Adele Levine, author, [Run Don't Walk: The Curious and Chaotic Life of a Physical Therapist Inside Walter Reed Army Medical Center](#).

**Issues covered:** health care; disabilities; federal government and regulation; consumer safety; travel and tourism; business and industry; economics; federal government; military; disabilities.

### **6:00am-6:30am “Viewpoints”**

1. The Food shed and Urban Gardening. It's spring, and backyard gardeners are gearing up to plant the tomatoes, zucchini, lettuce and carrots. Wouldn't it be great if everyone could have a garden that would produce enough so they'd have fresh produce most or all of the year? And just imagine not having to apples shipped in from Australia and tomatoes from Mexico. We talk to two agricultural specialists about how to grow a lot of food in very small space, and how regional and urban farming – even in vacant city lots and around public buildings – could provide healthy, fresh food for much of the community, increase employment in job-starved cities, and help revitalize economies in depressed areas of the nation. Guests: Philip Ackerman-Leist, Dir. of the Green Mountain College Farm & Food Project, and of their Masters in Sustainable Food Systems Program, and author of [Rebuilding the Food shed: How to create local, sustainable and secure food systems](#), ([www.greenmtn.edu](http://www.greenmtn.edu)) ([www.chelseagreen.com](http://www.chelseagreen.com)); Eric Toensmeier, urban gardener author of [Paradise Lot: Two plant geeks, one-tenth of an acre and the making of an edible garden oasis in the city](#), ([www.perennialsolutions.org](http://www.perennialsolutions.org)).
2. The Drunken Botanist: The plants behind popular spirits Cocktails are making a comeback, and the distilled spirits that go in them have very interesting and complex histories. We talk with an author who researched how many popular liquors are created, the myths that surround some of them and what fruits, vegetables and shrubs are used in the creation of some of your favorite drinks. Guest: Amy Stewart, author of [The Drunken Botanist: The plants that create the world's great drinks](#), ([www.amystewart.com](http://www.amystewart.com)).

**Issues covered:** agriculture and gardening; hunger issues; employment; transportation; energy; economy; agriculture; recreation and leisure; manufacturing; science.

## **May 18, 2014**

### **5:30am-6:00am “Radio Health Journal”**

1. Verbal abuse from sweethearts and bosses. Incessant verbal abuse by a significant other can take a huge toll in misery. Abusers may be psychologically compensating for verbal, emotional, or sexual abuse they themselves received in childhood. Bosses are also significant abusers of subordinates, though for different reasons. Experts discuss the consequences of verbal abuse, the hidden reasons it may occur, and what victims can do to make it stop. Guests: Patricia Evans ([verbalabuse.com](http://verbalabuse.com)), author, [Victory Over Verbal Abuse](#) and five other books; Dr. Meredith Ferguson, Asst. Prof. of Management, Jon Huntsman School of Business, Utah State Univ.

2. Senior teeth. People are keeping their teeth much longer than in previous generations, creating new issues for them and for their dentists. Guest: Dr. Ira Lamster, Prof. of Health Policy and Management, Mailman School of Public Health, Columbia Univ. and Dean Emeritus, Columbia Univ. College of Dental Medicine.

**Issues covered:** mental health; interpersonal relationships; family issues; abuse; employment; workplace issues; health care; aging; elderly and senior citizens; federal government and Medicare; economics; prevention.

### **6:00am-6:30am “Viewpoints”**

1. The Promise of a Pencil: Small actions make big changes. There are many activists such as Bono, Bill Clinton and Oprah who stir large numbers of people to contribute to a cause or spend time helping others less fortunate than themselves. But there are also some non-famous people who start small but are making a big change in the world. We talk to one young man who started by giving a poor Indian boy a pencil – just a pencil – and turned that one small act into a program to build schools for poor children in many countries around the world. Guests: Adam Braun, Founder & CEO of Pencils of Promise, author of The Promise of a Pencil.
2. Sustainable Fishing: Is farming the answer? Doctors and nutritionists tell us to eat less red meat, and more fish. As a result, salmon, tuna, and various white fish have caught on in many households, with salmon being a favorite. A lot of Atlantic salmon is farmed in North America, and some people are skeptical that these operations are healthy – for people, the environment and the fish themselves. We talk to a scientist and to a chef about fish farming, how it can be done well, and how we should pursue good environmental practices as well as good aquaculture practices to make fish like salmon a sustainable option. Guests: Meriel Brooks, Prof. of Biology, Program Director, Masters of Science Program in Environmental Studies, Green Mountain College, VT; Rick Moonen, Chef, Rick Moonen’s RM Seafood restaurant, Mandalay Bay Casino and Resort, Las Vegas, NV.

**Issues covered:** poverty; philanthropy; education; activism; environment; nutrition; science; agriculture.

## **May 25, 2014**

### **5:30am-6:00am “Radio Health Journal”**

1. CT scans: benefit vs. radiation risk. CT scans provide doctors with a look inside the body to help make much more precise diagnoses, guiding treatment, avoiding mistakes and preventing unneeded surgeries. However, the x-rays emitted create a cancer risk, and doctors admit they don't know exactly how much risk they create. Guests: : Dr. Donald Frust , Prof. of Radiology and Pediatrics and Vice President of Safety and Quality, Dunk Univ. Medical Center; Dr. Susanna Lee, Chief of Women's Imaging, Massachusetts General Hospital and Harvard Medical School; Dr. James Brink, Radiologist in Chief, Massachusetts General Hospital and Harvard Medical School.
2. Home births and the law. Home births have increased by more than 50 percent since 2004. But in 22 states, certified professional midwives have to work outside the law to assist women in home birth. Although doctors and nurse midwives can assist home births, very few of them actually do, leaving many women without a single legal home-birth provider. Experts discuss what some activists call a home birth crisis in one such state, Illinois. Guests: Emily Fetterer and Kimberlie Kranich, Angelica Pinkevich, Ashley Price, Dr. Maura Quinlan, William Haine.

**Issues covered:** health care; public health; consumer safety; technology; youth at risk; health care; public health; laws and legal system; state government; youth at risk; women's issues.

### **6:00am-6:30am “Viewpoints”**

1. Making Education in Poor Areas Better and More Fair. When schools are sub-par, who is to blame? There's a lot of blame to share, but there are also good public schools out there and models for making troubled schools better, if we want to learn from them. We talk to two education specialists who have ideas on how to create better learning environments in schools, how to better equip and support teachers, and how to even the playing field for poorer students who are often stuck in a district's lowest-performing schools. Guests: Greg Duncan, Dist. Prof. in the School of Ed., Univ. of California-Irvine, co-author of Restoring Opportunity: The crisis of inequality and the challenge for American education; John Kuhn, school superintendent in Texas, author of Fear and Learning in America.
2. A Higher Call: An amazing story of heroism – by the enemy! On Memorial Day this year, millions will gather to remember our heroic fallen soldiers, sailors and marines at events around the country. There were other heroes in war – those that survived and came home due to their courage and the courage of their comrades. We'll hear the story of a very unusual hero – a member of Hitler's air force – who risked his life to help an American pilot in distress, and who decades later met up with the man whose life he saved. Guest: Adam Makos, journalist, author of the book, A Higher Call: An incredible true story of combat and chivalry in the war-torn skies of World War II, (Facebook: Adam Makos).

**Issues covered:** poverty, race, education, politics, teachers, immigrants, labor unions & pensions; : war, veterans, military.

### **June 1, 2014**

#### **5:30am-6:00am “Radio Health Journal”**

1. Medical expert witnesses. Doctors say frivolous malpractice suits are a major issue in driving up medical cost. Many doctors believe they're too often victimized by unethical "expert witnesses" who testify incompletely or untruthfully. Experts discuss why the justice system is relatively blind to erroneous medical testimony and the efforts that doctors are taking to get rid of it. Guests: Dr. Louise B. Andrew, emergency physician and attorney, MD Mentor.com; Dr. Bob Patton, nephrologist and attorney, MediateNow.biz; Dr. Jeffrey Segal, neurological surgeon and CEO, MedicalJustice.com.
2. Temperament. The creation of personality is little understood. It is formed from natural-born temperament plus experience. Here, one of the world's foremost experts on temperament explains its origins and the extent it can be changed or subverted. Guest: Dr. Jerome Kagan, Prof. Emeritus of Psychology, Harvard Univ., and author, The Temperamental Thread.

**Issues covered:** courts and legal system; ethics; malpractice; economics; states and regulation; interpersonal relationships; family and parenting issues; youth at risk.

### **6:00am-6:30am “Viewpoints”**

1. James Madison: A Life Reconsidered. James Madison was one of our busiest and most prolific Founding Fathers, yet he often doesn't get his due in discussions of the framers of the Constitution, the Bill of Rights or freedom of conscience. We'll talk to a biographer, and a historian about Madison, his presidency, personal life and how his contributions to our founding are still being discussed today. Guests: Lynne Cheney, former “Second Lady,” scholar, and author of James Madison: A life reconsidered; Kenneth C. Davis, historian, author of Don't Know Much About the American Presidents.
2. Baby Names: Why and how parents choose them. Why do parents name their babies what they do? What goes into that decision? And why do some names become popular and others fall out of favor? We talk to a baby name specialist and a branding expert about how and why people name their kids what they do. Guests: Jennifer Griffin, author of 1,107 Baby Names that Stand the Test

of Time; Jonah Berger, Prof. of Marketing, The Wharton School of the University of Pennsylvania, author of the NY Times and WSJ best-seller, Contagious: Why things catch on.

**Issues covered:** freedom of religion; presidency; war; government; U.S. Constitution; children and family issues; marketing and branding; social media.

## **June 8, 2014**

### **5:30am-6:00am “Radio Health Journal”**

1. Presenteeism. Presenteeism is when people go to work at less than peak efficiency due to illness, injury or distraction. Experts discuss the huge cost to the economy, the chronic illnesses that exact the most cost, and the accommodations that could save businesses billions of dollars. Guests: Rob Hosking, Executive Director, Office Team staffing service; Todd Whitthorne, President, ACAP Health; Michael Klachevsky, Practice Consultant for Absence Management, Standard Insurance Co.
2. The empty nest. Parents who have spent 18 years or more raising children often feel lost when the last child leaves home for college or their own place. A psychotherapist discusses common reactions and strategies for renewing purpose living in the empty nest. Guest: Wendy Aronssen, psychotherapist and author, Refeathering the Empty Nest: Life After the Children Leave.

**Issues covered:** economy; business and industry; workplace issues; public health; disabilities; employment; interpersonal relationships; family and parenting issues; youth at risk.

### **6:00am-6:30am “Viewpoints”**

1. A Son Remembers His Father, Jack Lemmon. Oscar-winning actor Jack Lemmon entertained audiences for more than 50 years in films such as “Some Like It Hot,” “The Days of Wine and Roses,” “The Odd Couple,” “The Apartment,” and many, many more. We knew Jack Lemmon as the “everyman” in his films, but we didn’t know much about his life outside of Hollywood. His son, Chris, offers us a look behind the scenes at the life of his dad and the relationship they shared until his death in 2001. Guest: Chris Lemmon, actor, author of A Twist of Lemmon: A tribute to my father.
2. Cat Care During the Dog Days of Summer. It’s summer, and families are heading out to beaches, resorts and on camping trips and taking the family dog with them. But what about the family cat? Is it a good idea to take your feline family member with you? And how do cats fare, overall, during the summer at home or away? We talk to two cat experts about caring for your cat during the dog days of summer. Guests: Dr. Marty Becker, veterinarian, member of the “The Dr. Oz Show” medical advisory panel, and author of Your Cat: The owner’s manual; Jackson Galaxy, cat behaviorist, host of Animal Planet’s “My Cat From Hell,” author of Cat Daddy.

**Issues covered:** family issues; media; the arts; alcoholism; pets; pet and human health; recreation; travel.

## **June 15, 2014**

### **5:30am-6:00am “Radio Health Journal”**

1. Spoiled children. Every generation thinks the one behind it is full of spoiled, entitled, lazy kids, prompting parenting advice that research shows is actually harmful to children. An expert discusses why conventional wisdom about raising kids is often all wrong. Guest: Alfie Kohn, author, The Myth of the Spoiled Child: Challenging the Conventional Wisdom About Children and Parenting.
2. The powerful influence of friends. Research shows that friends are the most powerful people in our lives, influencing our behavior, attitudes and health even more than our parents or spouses.

An expert discusses the many ways friends determine our destinies. Guest: Carlin Flora, author, Friendfluence: The Surprising Ways Friends Make Us Who We Are.

**Issues covered:** youth at risk; children; parenting issues; interpersonal relationships; family issues; technology.

### **6:00am-6:30am “Viewpoints”**

1. Pope Francis: What changes can we expect in the Church? The Catholic Church has been embroiled in problems during the past few decades, and the new pope, Francis, is being looked to for guidance and significant changes during his tenure. But is he really a breath of fresh air? How much will the Church change? Which of the “hot button” issues will the pope address head-on? What will remain the same? We talk to two Vatican observers about what they think is in store with the Church under Pope Francis. Guests: John Thavis, journalist, author of The Vatican Diaries: A behind-the-scenes look at the power, personalities, and politics at the heart of the Catholic Church; Dr. Joe Wenke, satirist, journalist, author of Papal Bull: An ex-Catholic calls out the Catholic Church.
2. The High Cost of Cheap Fashion. The summer home clean-out is here, and old clothes and shoes are often the items that end up in the charity bin. Why is it that Americans have so much clothing to throw away? What happens to the clothing and other items that go off to the resale store? And how does the consumerism of Americans affect emerging economies and Third World countries? We talk to an investigator and author who went inside the “fast fashion” industry for the answers to those questions, and discuss some solutions to the “clothing pollution” that plagues the world. Guest: Elizabeth L. Cline, journalist, author of Overdressed: The shockingly high cost of cheap fashion.

**Issues covered:** religion; gay issues; child abuse; divorce and family issues; consumerism; international business; charities; environment; Third World economies.

## **June 22, 2014**

### **5:30am-6:00am “Radio Health Journal”**

1. SCAD: spontaneous coronary artery dissection. A form of heart attack that strikes young, seemingly healthy people--most of them women, often near childbirth--is increasing. Experts discuss heart attacks caused by arteries that split open rather than blockages. Guests: Shelley Simonton, SCAD patient; Dr. Sharonne Hayes, Founder, Women's Heart Clinic, Mayo Clinic; Carol Vich, SCAD patient.
2. Why gossip is a good thing. Most people regard gossip with disdain. While backbiting, vicious slander is usually disruptive, researchers have found that informational gossip has benefits for society by keeping people in line with societal norms. Guests: Dr. Robb Willer, Prof. of Sociology, Stanford Univ; Dr. Matthew Feinberg, Postdoctoral Fellow, Stanford Univ.

**Issues covered:** health care; public health; women's issues; interpersonal relationships; media and society.

### **6:00am-6:30am “Viewpoints”**

1. Michael Jordan: The Life. Michael Jordan is without question one of the premiere athletes of the 20th century. But what made him so good? How did he take a mediocre basketball team with rag-tag players and help make it into a sports dynasty? We talk to a man who has followed and written about professional basketball and the Chicago Bulls for decades, about Jordan, the team and his contribution. Guest: Roland Lazenby, sports journalist, author of Michael Jordan: The life (twitter.com/lazenby).
2. Creating a Consensus: Bringing diverse groups together . Activists working to make something happen in a community often have problems getting people to come to meetings or take part in

other gatherings for a common cause. Why is that? What impediments of race, education, and economic status create roadblocks to building a consensus, and how can they be overcome? Our guest, an activist for more than 30 years and a director of a national non-profit organization, researched the issue and has some surprising answers. Guest: Betsy Leondar-Wright, Program Dir. of the national non-profit organization Class Action and author of the book, Missing Class: Strengthening social movement groups by seeing class cultures.

**Issues covered:** Presidents; sports; family issues; media; business; class culture; education; activism; economics.

## **June 29, 2014**

### **5:30am-6:00am “Radio Health Journal”**

1. ADHD over-diagnosis and school funding. ADHD diagnoses are skyrocketing. One reason, according to an analysis by two researchers, could be educational policy such as No Child Left Behind that has funded schools based on test scores and graduation rates. The researchers say these policies encourage schools to medicate children to get their scores up or label them with a disorder so their scores don't count. Guests: Dr. Stephen Hinshaw, Prof. of Psychology, Univ. of California-Berkeley; Dr. Richard Scheffler, Prof. of Health Economics and Public Policy, Univ. of California-Berkeley.
2. When the brain misinterprets what the eyes see. What we see is not dependent solely on the eyes. We rely on the brain to make sense of the various components of visual information. A world-renowned expert discusses some of the unusual ways sight can go wrong when connections go awry. Guest: Dr. Oliver Sacks, Prof. of Neurology, New York Univ. School of Medicine, and author of 12 books including Awakenings, The Man Who Mistook His Wife for a Hat, and The Mind's Eye.

**Issues covered:** public health; youth at risk; education; school funding; education policy; parenting issues; drug abuse; health care; disabilities.

### **6:00am-6:30am “Viewpoints”**

1. The Tolerance Trap. Despite having a black president and laws designed to ensure equalities for minorities, unequal treatment is still widely present in American life. Our guests discuss how laws can go only so far in addressing inequality as long as society merely tolerates minorities, regarding them as "the other" and requiring them to be labeled. Guests: F. Michael Higginbotham, Wilson H. Elkins Prof. of Law, Univ. of Baltimore School of Law and author, Ghosts of Jim Crow: Ending Racism in Post-Racial America; Suzanna Walters, Prof. of Sociology and Director, Women's, Gender and Sexuality Studies, Northeastern Univ. and author, The Tolerance Trap: How God, Genes and Good Intentions are Sabotaging Gay Equality; Ellen Bravo, Director, Family Values at Work and author, Taking On the Big Boys.
2. The Tolerance Trap Part 2. In part 2 of this program on combatting discrimination, our guests discuss concrete ways activists and the "man on the street" can attack inequality on the job, in family situations, in religion and in basic civil rights. Guests: F. Michael Higginbotham, Wilson H. Elkins Prof. of Law, Univ. of Baltimore School of Law and author, Ghosts of Jim Crow: Ending Racism in Post-Racial America; Suzanna Walters, Prof. of Sociology and Director, Women's, Gender and Sexuality Studies, Northeastern Univ. and author, The Tolerance Trap: How God, Genes and Good Intentions are Sabotaging Gay Equality; Ellen Bravo, Director, Family Values at Work and author, Taking On the Big Boys.

**Issues covered:** discrimination; minorities; women's and gender issues; laws and legislation; equality; economics; employment and the workplace.

