

QUARTERLY LISTING OF COMMUNITY ISSUES AND PROGRAMS

WILV-Chicago

July 1, 2014 – September 30, 2014

Susan Wiencek

Public Affairs Manager

July 6, 2014

5:30am-6:00am "Radio Health Journal"

1. Cued speech for deaf children. The average deaf high school graduate reads at about a 4th grade level. Some schools are teaching a technique called cued speech to make phonics accessible to deaf people. Many educators say this helps with literacy. Guests are: Sarina Roffe, Executive Director, National Cued Speech Assn.; and Angela Kuhn, Principal, Prek-K-8th Grade, Illinois School for the Deaf.
2. Locked-In Syndrome. Some people who have a stroke in the brain stem suffer from a condition where they are fully conscious and aware, yet appear to be in a coma because they cannot move a muscle, except for sometimes the eyes. They may remain in this "locked-in" state for years. A stroke expert and a woman who recovered from this condition discuss it. Guests are: Allison O'Reilly, Locked-In Syndrome survivor and author, Out Of the Darkness; and Dr. Ralph Sacco, Chairman of Neurology, Univ. of Miami Miller School of Medicine and former President, American Heart Assn.

Issues covered: disabilities; education; youth at risk; literacy; health care.

6:00am-6:30am "Viewpoints"

1. Thrillers: What they are and why we love them. When vacation time comes, people head for the pool, the beach and to resorts for some rest and relaxation. Many of them take along a good "beach read" - a book that lets them get out of themselves and enjoy an exciting, romantic or mysterious story. Thrillers are among the most popular vacation books, and we talk to two best-selling authors about what it takes to write in the genre, how thrillers differ from mysteries, and learn about a new anthology that cleverly pits popular authors' main characters against each other. Guests are: Steve Berry, author of the Cotton Malone series of thrillers, the most recent, The Lincoln Myth; and Steve Martini, author of the Paul Madriani series of thrillers. Both authors are contributors to the thriller anthology, Face Off (www.thrillerfest.com).
2. Making a success of your life – after prison. It's still not easy to get a job these days, but for men and women coming out of prison, it's even harder. We talk to a former three-time convict who had a wake-up call while in prison and turned his life around. We discuss how he came to the realization that his problems were of his own making, how he changed his attitude and created a mindset to facilitate his ambition to make it in business – legally – and how anyone with perseverance and positive thinking can achieve their goals. Guest is: Weldon Long, entrepreneur, trainer, speaker, author of The Power of Consistency, (www.weldonlong.com).

Issues covered: arts and literature; recreation; business; film and media; prisons; crime; business; education.

July 13, 2014

5:30am-6:00am "Radio Health Journal"

1. Antibacterial silver nanoparticles. Silver nanoparticles provide germ resistant characteristics to anything containing them, so silver nano is being added to all kinds of consumer products, from teddy bears to computer hard drives. However, scientists aren't sure what the effects of silver nano will be on the environment or the human body. Guests are: Dr. Samuel Luoma, Research Ecologist, John Muir Institute of the Environment, Univ. of California Davis; Rosalind Volpe, Exec. Director, Silver Nanotechnology Working Group; and Marina Quadros, Research Scientist, Virginia Tech Univ. and Assoc. Director, Virginia Tech Center for Sustainable Technology.

2. Back pain. Back pain afflicts 80 percent of Americans at some point in their lives. An expert discusses why it can be so hard to diagnose and treat. Guest is: Dr. Steven Stanos, Director, Center for Pain Management, Rehabilitation Institute of Chicago.

Issues covered: technology; consumerism; business and industry; economy; health care; environment; consumer safety; federal government and regulation; public health; rehabilitation.

6:00am-6:30am "Viewpoints"

1. Letters: What they teach us and why they're important. When was the last time you wrote or received a real, handwritten letter in the mail? It's sad that there are young people today who will never experience the joy of getting or writing a personal letter during their lives. We talk to a writer and editor about the importance of letter writing, and what we can learn from reading letters from notables and unknowns of the past. Guest is: Shaun Usher, writer, editor of the book, Letters of Note: An eclectic collection of correspondence deserving of a wider audience, (www.lettersofnote.com).
2. Animation in the Movies: How good can it get? It seems like there are more animated films making their way to theaters these days, and more animation being used in live action movies as well. How far can animators go in making their characters and environments look absolutely real? We talk to an Oscar- and Emmy-winning filmmaker and animator, and a film critic about animation in film, the hits and misses of the past, and why it's difficult to get computer-generated reality just right. Guests are: William Joyce, Oscar-winning filmmaker, animator, author of the children's book, The Numberlys, (www.numberlys.com); and Dann Gire, film critic for the Daily Herald, (www.dailyherald.com).

Issues covered: arts and literature; media; African-American issues; crime; history; arts and media; technology; business.

July 20, 2014

5:30am-6:00am "Radio Health Journal"

1. Talking to your baby. Scientists have discovered that the way parents talk to their infants has a huge effect on their intellectual development and later success. Experts discuss why and how parents should hold "conversations" with their babies. Guests are: Dr. Anne Fernald, Assoc. Prof. of Psychology, Stanford Univ.; and Dr. Kimberly Noble, Assoc. Prof. of Pediatrics, Columbia Univ.
2. Near drowning and secondary drowning . Some 700 American children under age 14 die of drowning each year. But when a child is pulled out of the water and revived, they may face life threatening peril hours or days later as the body reacts. Guests are: Dr. Christopher Michos, emergency physician, St. Vincent's Medical Center, Bridgeport, CT; and Dr. Luis Torero, Division Chief, Pediatric Critical Care, Advocate Children's Hospital, Oak Lawn, IL.

Issues covered: early childhood education; youth at risk; parenting issues; economics; public safety; personal health.

6:00am-6:30am "Viewpoints"

1. The benefits of eating local. We keep hearing how eating locally grown fruits, vegetables, meats and grains can help us maintain a healthy body and grow the local economy. We talk to three local food devotees about how to incorporate more organic and locally grown produce, hand-made artisan breads and even wild game into our diets without having to completely change our lifestyles. Guests are: Myra Goodman, Founder of Earthbound Farm, co-author of the

cookbook, [Straight from the Earth: Irresistible vegan recipes for everyone](#); Josey Baker, artisanal baker, author of [Josey Baker Bread](#); and Miles Olson, outdoorsman, hunter, author of [The Compassionate Hunter's Guidebook](#).

2. The Underwater Museum: Art that helps heal the oceans. Artists have always enjoyed having their paintings, sculptures and other works displayed in museums for the entire world to see and admire. But only one creates artwork that sinks to the bottom of the ocean – on purpose! We talk to a sculptor about his unusual statues that not only create beautiful art beneath the waves, but also provide a home for coral, lichen, and other sea creatures around the world. Guest is: Jason deCaries Taylor, sculptor, author of [The Underwater Museum](#).

Issues covered: health; agriculture; small business; wildlife; hobbies; schools; ecology; endangered species; art.

July 27, 2014

5:30am-6:00am “Radio Health Journal”

1. Fecal transplants. Doctors have discovered that a transplant of fecal material from a healthy person into a sick one can cure sometimes fatal c. difficile infections more than 90 percent of the time. In the past, the "ick factor" has contributed to the technique seldom being used. That is starting to change, and researchers are looking for ways to clean up the procedure. Guests are: Catherine Duff, founder and President, Fecal Transplant Foundation; Dr. Elizabeth Hohmann, Assoc. Prof. of Medicine, Harvard Medical School and Massachusetts General Hospital; and Dr. Robert Orenstein, Chair of Infectious Diseases, Mayo Clinic—Arizona.
2. The psychology of weight loss surgery. People who get bariatric surgery often face drastically changed relationships with spouses, children, and friends. Their self-image also often needs repair, all while they've lost their most reliable old coping mechanism--food. This can often lead to relapse unless patients receive psychological counseling. Guests are: Dr. Adam Crane, psychologist, Kane Center for Advanced Surgical Weight Solutions and Suburban Surgical Care Specialists, Hoffman Estates, IL; and Dr. Nick Nicholson, Medical Director, Nicholson Clinic for Weight Loss Surgery, Plano, TX.

Issues covered: health care; public health; personal health; consumerism.

6:00am-6:30am “Viewpoints”

1. How green building and agriculture can help the environment. Carbon dioxide in the atmosphere has reached unhealthy levels, but how can we lower it and keep it from increasing in the future? Two guests discuss how agricultural practices and green building can help decrease the carbon already present, as well as prevent an overabundance of CO2 and other unhealthy gasses from reaching our atmosphere in the years to come. Guests are: Courtney White, founder of the non-profit Quivira Coalition, author of the book, [Grass, Soil, Hope: A journey through carbon country](#); and David Gottfried, CEO of Regenerative Ventures, author of [Explosion Green, America's history through objects and artifacts](#).
2. Refeathering the empty nest. When the last child leaves home for college, marriage or that first job, parents are often sad and at loose ends about how the rest of their lives will progress. We talk to a therapist and author who's experienced her own children leaving home about the emotions of “the empty nest” and what parents can do to reframe their lives when the children go out on their own. Guest is: Wendy Aronsson, psychotherapist and author of [Refeathering the Empty Nest](#).

Issues covered: environment; construction trades; agriculture; business; health and well-being; technology; children and family issues; mental health.

August 3, 2014

5:30am-6:00am “Radio Health Journal”

1. Are saturated fats as bad as we think? Most Americans know that saturated fats are bad for their health. But some experts now say saturated fat has been unfairly vilified, the victim of bad science in the 1950's. Many of these scientists say the real culprit is carbohydrates in combination with fats. Other experts say the truth is much more complicated. Experts on both sides discuss the evidence. Guests are: Nina Teicholz, author, Big Fat Surprise: Why Butter, Meat and Cheese Belong in a Healthy Diet; Dr. Eric Westman, Assoc. Prof. of Medicine, Duke Univ. Medical Center; Dr. Penny Kris-Etherton, Prof. of Nutrition, Penn State Univ.; and Dr. Walter Willett, Chair, Dept. of Nutrition, Harvard School of Public Health.
2. Asperger's Syndrome from inside. Most people don't understand Asperger's Syndrome, which affects high functioning people with autism. Most of those with the syndrome can't express what their lives are like, but here, one person with the syndrome articulates his unusual world. Guest is: Aaron Likens, author, Finding Kansas: Living and Decoding Asperger's Syndrome.

Issues covered: health care; public health; consumerism; disabilities; mental health; education.

6:00am-6:30am “Viewpoints”

1. Fantasy sports: What's the allure? It's almost time for fantasy football leagues to start their draft research and choose their teams. What is it about picking a football – or baseball, basketball, hockey, golf or even sumo wrestling -- team and keeping track of their progress through the season? We talk to ESPN's fantasy sports guru and also to a college professor who has studied the fantasy sports industry, about who plays and why. Guests are: Matthew Berry, ESPN's “Talented Mr. Roto,” and author of Fantasy Life: The outrageous, uplifting, and heartbreaking world of fantasy sports from the guy who's lived it; and Brody Ruihley, Asst. Prof. of Sport Administration, Univ. of Cincinnati, co-author of the book, The Fantasy Sport Industry: Games within games.
2. Monster Fish: Hunting the biggest, baddest freshwater fish. Sport fishing is usually a relaxing form of recreation. You sit in a boat or on the pier and cast your line into the water, hoping to catch something on the end of your hook. But for our guest and his crew, fishing is anything BUT relaxing. We'll talk to a scientist who travels the world looking for the biggest and most unusual freshwater fish to study and tag, and learn about why these fish are an important part of the food chain. Guest is: Dr. Zeb Hogan, biologist, Assistant Research Prof. Univ. of Nevada-Reno, host of National Geographic Wild's show, “Monster Fish.”

Issues covered: sports and recreation; business; media; environment; wildlife; science; education.

August 10, 2014

5:30am-6:00am “Radio Health Journal”

1. Police crisis intervention teams. Police confrontations with mentally ill subjects can quickly turn tragic, if neither side understands the other. Specially trained crisis intervention teams have spread around the country to prevent deaths, injuries, and unnecessary incarceration. Experts discuss how CIT works. Guests are: Laura Usher, Crisis Intervention Team Program Manager, National Alliance on Mental Illness (NAMI); Mary Neal, Director and co-founder, Assistance to

the Incarcerated Mentally Ill; Dr. Randolph DuPont, clinical psychologist and Prof. of Criminal Justice, Univ. of Memphis; and Sam Cochran, Major, Memphis Police Dept. (retired) and Project Coordinator, Univ. of Memphis CIT Center.

2. Zoobiquity: diseases and disorders we share with animals. Humans and animals share many diseases and, surprisingly, many behavioral disorders too. Guests are: Dr. Barbara Natterson-Horowitz, cardiologist, UCLA Medical Center and co-author, Zoobiquity: What Animals Can Teach Us about Health and the Science of Healing; Kathryn Bowers, co-author, Zoobiquity.

Issues covered: public safety; mental illness; police and criminal justice; police brutality; education; community activism; prisons; pets and people; personal health; psychology.

6:00am-6:30am “Viewpoints”

1. Incarcerating Juveniles: Does it hurt more than help? Thousands of juveniles are incarcerated each year for everything from felonies to truancy or loitering. Some of the institutions – “training schools” or “reform schools” are as bad as prison and kids are often abused and neglected or become abusers themselves. We talk to two researchers and advocates about how kids get into trouble, what incarceration does to them, how much it costs and hear about alternatives to institutionalization. Guests are: Nell Bernstein, journalist, author of Burning Down the House: The end of juvenile prison; and Elizabeth Clarke, attorney, founder and president of the Juvenile Justice Initiative of Illinois.
2. Brain games: How your brain can sometimes trick you. Why do we become addicted? Believe in superstitions? How can we read body language? We talk to a TV host and a scientist about the nature of the brain, how it sometimes distorts reality in our daily lives, responds to stimuli, and enables us to read subtle signs of communication from other humans. Guests are: Jason Silva, host of National Geographic Channel’s “Brain Games”; and Dr. Sri Sarma, Asst. Prof. in the Dept. of Biomedical Engineering, Johns Hopkins University.

Issues covered: children’s issues; crime; education; prisons; government; mental health; science; media; communication; health.

August 17, 2014

5:30am-6:00am “Radio Health Journal”

1. Alzheimer's from inside. Millions of Americans will experience the slow loss of memory due to Alzheimer's disease. But what is it like for those going through it. A journalist describes how he hopes to provide the most detailed look yet as he progresses through early-onset Alzheimer's. Guest: Greg O'Brien, author, On Pluto: Inside the Mind of Alzheimer's.
2. Seasonal eating. Eating fruits and vegetables that are locally in season has many health benefits, but consumers also need to be careful of pesticides. Guests are: Jolene Hart, author, Eat Pretty: Nutrition for Beauty Inside and Out; Dr. Alex Lu, Assoc. Prof. of Environmental Exposure Biology, Harvard Univ. School of Public Health; and Joan Dye Gussow, Prof. Emeritus and former Chair, Columbia Teachers College Nutrition Education Program and author, This Organic Life: Confessions of a Suburban Homesteader.

Issues covered: health care; public health; consumerism; family issues; elderly and senior citizens; disabilities; consumerism; agriculture; environment and pollution.

6:00am-6:30am “Viewpoints”

1. Cyborgs. We're all familiar with the cyborgs of science fiction writers' imaginations, but have you ever met a real life cyborg? We talk to a sci-fi writer and an artist with an unusual prosthetic that enables him to see colors – through sound waves – about how technology is enabling people with disabilities to live normal lives, why some people oppose it, and the future of cyborg technology. Guests are: Daniel H. Wilson, scholar, author of the novel, Robogenesis; and Neil Harbisson, Cyborg artist and founder of the Cyborg Foundation.
2. Man's Best Friend: How dogs enrich our lives. Dogs have been man's companions for centuries, helping us in our work, play and in times of joy and deep sadness. What is it about a dog that fascinates us so? And what can we learn from them? We talk to three dog people about their pets, and how their relationships with their dogs changed their lives. Guests are: Julie Klam, author of You Had Me at Woof: How dogs taught me the secrets of happiness; Larry Levin, author of Oogy: The dog only a family could love; and Nancy Stanley, author of Pillow With a Heartbeat.

Issues covered: medicine; technology; literature; art; non-profit organizations; mental health; animal welfare and abuse; children and family issues.

August 24, 2014

5:30am-6:00am “Radio Health Journal”

1. Setting speed limits. Auto crashes kill more than 35,000 people in the U.S. each year, but that toll is down dramatically even as speed limits have been going up. Engineers now realize that artificially slow speed limits can be more dangerous than high speeds. Experts discuss how speed limits should be set and why speed doesn't necessarily kill. Guests are: John Bowman, Communications Director, National Motorists Assn.; Lt. Garry Megge, Traffic Services Division, Michigan State Police; and Dr. David Noyce, Prof. of Civil and Environmental Engineering and Director, Traffic Operations and Safety Laboratory, Univ. of Wisconsin-Madison.
2. When summer bites. Summer vacation can be marred by mosquito and tick bites and by the rash of poison ivy. Home remedies abound on the internet, but do any of them work? Experts discuss the best ways to avoid these problems and get relief. Guests are: Joseph Conlon, Technical Advisor, American Mosquito Control Association; Dr. Phillip Baker, Exec. Dir., American Lyme Disease Foundation; and Dr. Jamie Weisman, scholar, American Academy of Dermatology and physician, Peachtree Dermatology Associates, Atlanta.

Issues covered: traffic and highway safety; public safety; police, laws and the legal system; personal health; consumerism.

6:00am-6:30am “Viewpoints”

1. Mississippi Eyes: Remembering the Freedom Summer, 1964. The Freedom Summer of 1964 was a pivotal moment in American history. In the South, segregation was the rule, poor black residents were fighting for the right to vote and to be included in the Democratic National Convention, and three civil rights workers were brutally murdered in Mississippi. We talk to the man who headed up a group of young photojournalists who risked their lives to document that summer in Mississippi, about these events and his experiences with the people who lived that summer in the South, 50 years ago. Guest is: Matt Herron, photojournalist, author of Mississippi Eyes, America's history through objects and artifacts.
2. Cheetahs: Saving a unique animal and helping farmers in Africa. Cheetahs are the fastest of all land animals – they can reach speeds of up to 70 mph in short bursts. Despite their speed and

hunting ability, cheetahs are endangered in Africa and Asia, and don't breed especially well in captivity. In Africa, they can attack livestock herds for food, and that puts them in danger from the subsistence farmers who need to protect their flocks. We talk to a wildlife expert who lives in Namibia, Africa and who has studied cheetahs for decades, and a wildlife photographer who spent three years documenting the lives of a family of cheetahs and other animals, about this amazing cat and why it's important to protect it for future generations. Guests are: Dr. Laurie Marker, cheetah researcher, founder and executive director of the Cheetah Conservation Fund, author of [A Future for Cheetahs](#); and Suzi Eszterhas, award-winning wildlife photographer, who created photographs for [A Future for Cheetahs](#).

Issues covered: civil rights; politics; racism; the arts; crime; poverty; wildlife; farming; environment; science.

August 31, 2014

5:30am-6:00am "Radio Health Journal"

1. Hypoplastic left heart syndrome. Newborns born with virtually "half a heart" can now be saved through a series of surgeries rerouting their heart blood flow. An expert, a cardiac nurse and the mother of one such child discuss the successes and questions these procedures raise. Guests are: Diana Scoles, mother of child born with hypoplastic left heart syndrome; Dr. Michael Gewitz, Physician In Chief and Chief, Pediatric Cardiology, Maria Fareri Children's Hospital, Westchester Medical Center, Valhalla, NY, Prof. of Medicine, New York Medical College and past Chair, Council of Cardiovascular Disease in the Young, American Heart Assn; and Angela Boomsma, nurse in Advocate Medical Group Pediatric Cardiology Practice.
2. Cystic fibrosis nutrition. Most people know cystic fibrosis as a disease that clogs the lungs with mucous, but the same sort of mucous also clogs ducts for digestive secretions, making it very difficult for CF patients to digest food and get adequate nutrition. Two experts discuss the results of this problem and ways patients get around them. Guests are: Sue Landgraf, mother of CF patient and Executive Director, Cystic Fibrosis Research, Inc.; and Suzanne Michel, registered dietitian and Clinical Asst. Prof, Medical Univ. of South Carolina Cystic Fibrosis Center.

Issues covered: health care; youth at risk; technology; personal health; nutrition; consumerism.

6:00am-6:30am "Viewpoints"

1. Villains: The characters we love to hate. These days, it's sometimes difficult to tell the good guys from the bad guys in popular films and on TV. With serial killer, Dexter, being hailed as a hero, and Tony Soprano being portrayed as a sympathetic family man, the idea of villains has changed a lot over the decades – or has it? We talk to two men who research and write about heroes and villains about the differences between villains and monsters, why some villains are hailed as heroes, and how people who do wrong are often held in higher regard than the people who try to expose them. Guests are: Dr. Travis Langley, Prof. of Psychology, Henderson State University, AR, author of [Batman and Psychology: A dark and stormy knight](#); and Chuck Klosterman, journalist, ethicist for the NY Times Magazine, author of [I Wear the Black Hat](#).
2. Big, bad, botany: Amazing common and exotic plants. Some plants have survived through the millennia and are found in the depths of the ocean and on the tops of mountains, evolving to avoid predators, flood, drought and extreme temperatures. We talk to a man who has studied a wide assortment of plants about their history, folklore, and their ingenious ways of surviving in a hostile world. Guest is: Michael Largo, author of [The Big, Bad Book of Botany](#).

Issues covered: health care; youth at risk; technology; folklore; science.

September 7, 2014

5:30am-6:00am "Radio Health Journal"

1. "Marriage 101." Nearly half of marriages end in divorce in the US. A college course at Northwestern Univ. seeks to give students tools to build relationships that last, with lessons for all of us. The course's teacher and a student who recently took the course explain. Guests: Dr. Alexandra Solomon, Asst. Clinical Prof. of Psychology, Northwestern Univ.; Denise Zou, student, Northwestern Univ.
2. TBI's and homelessness. New research is showing that a remarkably high proportion of homeless men have suffered a traumatic brain injury in the past, raising the possibility that TBIs may cause behaviors directly leading to homelessness. Guests: Dr. Jane Topolovec-Vranic, Associate Scientist, St. Michael's Hospital, Toronto, and Asst. Prof. of Occupational Science, Univ. of Toronto; and Dr. Steven Hwang, Research Scientist, St. Michael's Hospital, Toronto, and Prof. of Medicine, Univ. of Toronto.

Issues covered: family relationships; interpersonal relationships; education; homelessness; poverty; health care; rehabilitation; prevention.

6:00am-6:30am "Viewpoints"

1. Mindshift: NASA technology goes mainstream. NASA has created some spectacular technology that's gotten us to the moon, sent space probes to check out the farthest reaches of the universe, and sent robots to investigate Mars. Now the space agency is using its Mindshift biofeedback technology to try to help the disabled and people who have trouble focusing on their work. We talk to two NASA researchers and the man whose company is helping them bring that technology to the public about how it works and how it can be integrated into the daily lives of millions. Guests are: Alan Pope and Chad Stephens, research scientists, NASA's Langley Research Center, Hampton, VA; and Scott Dromms, Manager for Intellectual Property, Edison Nation.
2. Television: Is it becoming too raunchy for our kids? With so many channels on TV today, you can find programs that cater to everyone's tastes. However, some parents think there's not much out there in prime time viewing that is safe for families with children to watch. They say that even network TV is becoming raunchier with "pixelated" or blurred nudity becoming more common, and bad language and sexual references made even on some animated shows. Guests are: Dan Isett, Dir. of Public Policy for The Parents Television Council; and Dr. Charles Coletta, instructor in the Department of Popular Culture, Bowling Green State Univ.

Issues covered: science and technology; commerce; the disabled, children and family issues; recreation; government; media; censorship; popular culture.

September 14, 2014

5:30am-6:00am "Radio Health Journal"

1. Discoid lupus. Lupus results when the immune system turns on the body, producing inflammatory attacks on virtually any organ. A minority of patients has lupus only on the skin, and while this is not life threatening, it can still be psychologically devastating. Guests are: Dr. Christopher Hansen, Asst. Prof. of Dermatology, Univ. of Utah; Dr. Victoria Werth, Prof. of Dermatology, Univ. of Pennsylvania & Chief, Dermatology Section, Philadelphia VA Medical Center; and Dr. Betty Diamond, Investigator, Fineststein Institute for Medical Research.

2. "Prozac kids" grow up. Use of prescription medications for mental disorders among children and adolescents is growing rapidly. An author, herself a Prozac user since age 17, discusses attitudes toward medications revealed in her extensive interviews with dozens of similar subjects. Guest is: Kaitlin Bell Barnett, author, Dosed: The Medication Generation Grows Up.

Issues covered: health care; consumerism; technology; youth at risk; mental illness; education.

6:00am-6:30am "Viewpoints"

1. The complicated issue of suicide and prevention. The high-profile suicide of actor/comedian Robin Williams has brought the issue of depression back into the public's consciousness. We talk to a psychologist and to the director of a mental health organization about what might make someone want to take their own life, the stresses of success, and the different treatments available for those in distress. Guests are: Dr. Frank Farley, psychologist, professor at Temple University, Philadelphia, PA, and former president of the American Psychological Association; and Stella Kalfas, Exec. Dir. of the Mental Health Association of Greater Chicago.
2. Pirates! The real story behind those salty sailors. International Talk Like a Pirate Day is celebrated every year on September 19, and many people join in the fun by dressing, acting and talking like the pirates they've enjoyed in movies such as "Pirates of the Caribbean" and books like Treasure Island. But were pirates really the peg-legged, eye-patched, parrot-loving sailors depicted in popular culture? We talk to two pirate researchers about who these men were, their exploits, and what their lives were really like. Guests are: Charles Ewen, Prof. in the Dept. of Anthropology, East Carolina University, co-editor of X Marks the Spot: The archeology of piracy; and Pat Croce, author of The Pirate Handbook: A rogue's guide to pillage, plunder, chaos and conquest.

Issues covered: suicide; depression; the arts; health; children and family issues; arts and literature; pop media; crime; history and culture.

September 21, 2014

5:30am-6:00am "Radio Health Journal"

1. Income and life expectancy. While the average life expectancy in the U.S. overall is increasing, among lower income people it is not. Meanwhile, the lifespan gap between rich and poor is growing larger. Even middle class people have shorter lifespans than the rich. Experts discuss how a large income buys extra years of life, and why a lower income produces barriers to a longer life. Guests are: Dr. David Kindig, Emeritus Prof. of Population Health Sciences, Univ. of Wisconsin-Madison; and Dr. Michael Reisch, Daniel Thursz Distinguished Prof. of Social Justice, Univ. of Maryland.
2. Traveling with a disability. Leisure travel is possible for people with disabilities if they plan well in advance and communicate their needs ahead of time. A travel writer with a disability discusses. Guest is: Kendra Williams, Executive Editor, MSTRavels.org.

Issues covered: public health; economics; poverty; youth at risk; employment; worker safety; health care; consumerism; disabilities.

6:00am-6:30am "Viewpoints"

1. Whatever happened to the funny papers? Newspapers are getting smaller and smaller, and so are their comics sections. How is this affecting the cartoonists who create some of our favorite comic characters? We talk to a veteran of the cartoon industry about the digital revolution in comics, how it affects the cartoonists' income and the way they draw their strips, how

cartoonists keep old time comics up-to-date, and where the public can access their favorite funnies. Guest is: Guy Gilchrist, cartoonist for the “Nancy” comic strip and author of the new book, Nancy (www.nancyandsluggo.com) (www.gocomics.com).

2. The curious case of the Sherlock Holmes copyright. This summer, a case came to the U.S. Seventh Circuit Court of Appeals involving the use of the characters of Sherlock Holmes and Dr. Watson in new works. The case was unusual in that the bulk of Sir Arthur Conan Doyle’s stories of the great detective were in the public domain – but some weren’t. The question was, if there are still some stories that are copyrighted, does that keep the characters copyrighted also? We talk to a Holmes aficionado and a copyright attorney about the case and its current resolution. Guests are: Ed Fitzelle, Portal editor for Everything Sherlock Holmes.com (www.everythingsherlockholmes.com); and Edward Lee, Professor of Law, IIT Chicago-Kent College of Law, Dir. of the Intellectual Property Program (www.kentlaw.edu).

Issues covered: art; commerce; technology; media; literature; law and property rights; courts.

September 28, 2014

5:30am-6:00am “Radio Health Journal”

1. High school starting times. Research is piling up showing that high school age students have a natural circadian rhythm that calls for them to sleep from about 11:00pm to 8:00am. Most schools start class before 8:00, leaving most students with a severe and detrimental sleep deficit. Experts discuss how a growing number of schools are pushing classes to later in the day for student benefit. Guests are: Dr. Kyla Wahlstrom, Director, Center for Applied Research and Educational Improvement, Univ. of Minnesota; and Dr. Terra Ziporyn Snider, Co-Founder & Exec. Director, Start School Later.
2. The search for why we yawn. Virtually all vertebrates yawn, but no one really knows why we do it. Experts discuss theories and the evidence behind them. Guests are: Dr. Robert R. Provine, Prof. of Psychology, Univ. of Maryland-Baltimore County; and Dr. Andrew Gallup, Asst. Prof. of Psychology, State Univ. of New York at Oneonta.

Issues covered: public health; personal health; education; youth at risk; consumerism.

6:00am-6:30am “Viewpoints”

1. John Marshall and the transformation of the Supreme Court . The Supreme Court wasn’t always tasked with hearing cases about the constitutionality of a state, local or federal law. In fact, the purpose of the Court isn’t even clear in the Constitution itself. We’ll hear about the amazing man who changed all that and made our highest court what it is today. Guest is: Harlow Giles Unger, author of John Marshall: The Chief Justice Who Saved the Nation, (www.harlowunger.com).
2. Making conflict work for you at work. Conflict in the workplace can cause hurt feelings, animosity, reduced productivity and sometimes causes workers to leave. It can also spur creativity and help workers and their companies achieve higher goals. We talk to two conflict specialists about how conflict works, and how workers and employers can deal with it in a way that is beneficial for both. Guests are: Peter T. Coleman, professor of psychology & education, Columbia Univ., co-author of Making Conflict Work: Harnessing the Power of Disagreement, (www.makingconflictwork.com); and Steven G. Blum, attorney, professional negotiator, author of Negotiating Your Investments: Use proven negotiation methods to enrich your financial life, (www.negotiatingtruth.com).

Issues covered: laws and the courts; commerce; government; history; civil rights; labor; mental health; business; relationships.