Call Letters: WDNY-FM



Weekly Public Affairs Program

QUARTERLY ISSUES REPORT, JULY-SEPTEMBER, 2021

Show # 2021-27 Date aired: 7/4/21 Time Aired: 5:00 a.m.

Gregory Plemmons, PhD, Associate Professor of Pediatrics at Monroe Carell Jr. Children's Hospital at Vanderbilt University

Dr. Plemmons led a study that found the percentage of younger children and teens hospitalized for suicidal thoughts or actions in the United States has doubled over the past decade. He talked about the possible reasons for such a steep increase, what ages are at the greatest risk, and how parents can recognize signs of suicidal thoughts in their children.

<u>Issues covered:</u> Teen Suicide Parenting Length: 7:46

Jeff Stalnaker, President and Co-Founder of First Orion, a provider of data and phone call transparency solutions

Mr. Stalnaker's company commissioned a survey that found that Millennials are more likely than any other generation to give away personal information to scammers over the phone. He said nearly 40 percent of those surveyed have been contacted by someone impersonating the IRS. He talked about other current scams, and offered advice on how to avoid falling prey to scammers.

<u>Issues covered:</u> Consumer Matters Crime Length: 9:17

Kara Lusk-Dudley, Public Affairs Manager, Biomedical Communications, American Red Cross

Summertime is one of the most challenging times of the year for blood donations. Ms. Lusk-Dudley explained why, and outlined the process that a new blood donor can expect. She explained how to locate a donation center or blood drive nearby. She noted that the Red Cross is also in greater need of organizations to host blood drives during the summer months.

<u>Issues covered:</u> Blood Donation Personal Health Length: 5:10

Show # 2021-28 Date aired: 7/11/21 Time Aired: 5:00 a.m.

Darrin Grondel, Vice President of Traffic Safety and Government Relations for the Foundation for Advancing Alcohol Responsibility

Although there were far fewer vehicles on the roads during the pandemic, traffic deaths rose more than 7% in 2020 to a 13-year high. Mr. Grondel discussed grants awarded by the Governors Highway Safety Association and the Foundation for Advancing Alcohol Responsibility to help states keep Americans safe from alcohol- and drug-impaired drivers.

<u>Issues covered:</u> Drunk/Drugged Driving Traffic Safety Length: 8:58

Marshall Allen, reporter for ProPublica, where he covers the health care industry, author of "Never Pay the First Bill: And Other Ways to Fight the Health Care System and Win"

Americans pay about twice as much per person for healthcare than the citizens of other developed nations, and about 1 in 6 of has medical debt in collections. Mr. Allen advised consumers to make sure each medical bill is itemized, and to check the billing codes to make sure the bill is accurate and priced fairly, before paying it. He also explained how doctors are incentivized to perform many treatments and tests whether they are needed or not.

<u>Issues covered:</u> Consumer Matters Personal Health Length: 8:11

David Rabadi, mental health advocate, National Speaker for the National Alliance on Mental Illness, author of "*How I Lost My Mind and Found Myself*"

41 percent of Americans reported anxiety and depression symptoms in 2020, up from 11 percent in 2019. Mr. Rabadi explained why many people struggling with mental illness try to hide it from others. He offered encouragement to seek help.

<u>Issues covered:</u> Mental Illness Suicide Length: 5:07

Show # 2021-29 Date aired: 7/18/21 Time Aired: 5:00 a.m.

Carmen Piernas, MSc, PhD, University Research Lecturer at the Nuffield Department of Primary Care Health Sciences at the University of Oxford

Dr. Piernas was part of a group of British researchers that examined the strong connection between COVID 19 and obesity. She said they found that younger people with a Body Mass Index of 30 or more, which is considered obese, are at a significantly higher risk of being hospitalized or dying of COVID-19, while those with a BMI of 23 are at the lowest risk. Interestingly, they found that obesity made no difference at all in COVID risks for the elderly.

<u>Issues covered:</u>
COVID-19
Obesity
Public Health

<u>Length:</u> 9:17

Rebecca Johnson, PhD, Co-Director of Citizen Science and Research Associate in the Department of Invertebrate Zoology and Geology at the California Academy of Sciences

In recent years, community science--also known as citizen science--has become a global phenomenon, as millions of amateurs with an interest in science contribute unparalleled amounts of data on the natural world. Ms. Johnson said community science data remains widely underutilized by the scientific community due to its perception as being less reliable than expert-collected data. She said community science may be the only practical way to answer important questions about our planet's biodiversity and how it is changing.

<u>Length:</u> 7:58

<u>Issues covered:</u> Science Climate Change

Shannon M. Robson, PhD, MPH, RD, Assistant Professor in the Department of Behavioral Health and Nutrition, Principal Investigator of the Energy Balance and Nutrition Laboratory at the University of Delaware

89% of Americans believe it's important for families to have as many family meals as possible each week. Dr. Robson led a study that showed that more frequent family meals were associated with better dietary outcomes and improved family relationships. She offered suggestions for families to overcome obstacles to gathering for dinner.

<u>Issues covered:</u> Nutrition Parenting <u>Length:</u> 4:38

Show # 2021-30 Date aired: 7/25/21 Time Aired: 5:00 a.m.

Elizabeth Rosenthal, MD, former reporter and senior writer at The New York Times, Editor in Chief of Kaiser Health News, former ER physician, author of "*An American Sickness: How Healthcare Became Big Business and How You Can Take It Back*"

Dr. Rosenthal discussed the rapidly rising costs of healthcare in the past few decades and the reasons behind them. She gave examples of some of the more egregious differences in healthcare costs in the US, compared to other countries. She explained how healthcare consumers can learn to negotiate with hospitals and doctors.

Length: 8:39

<u>Issues covered:</u> Personal Health Consumer Matters

Jodie Plumert, PhD, Professor in the Department of Psychological and Brain Sciences at the University of Iowa

For adults, crossing the street by foot seems easy. Yet it is anything but simple for a child. Dr. Plumert led a study that found that perceptual judgment and motor skills are not fully developed in most kids until age 14. She explained what parents can do to help children learn these life and death skills as early as possible.

Issues covered:
Traffic Safety
Parenting
Children's Issues

<u>Length:</u> 8:27

Adriana Zuniga-Teran, architect, postdoctoral research associate in the University of Arizona's Udall Center for Studies in Public Policy.

Ms. Zuniga-Teran conducted a study that examined how the design of a neighborhood can affect health and wellness. She found that those who live in traditional neighborhoods do the most walking, while those who live in suburban developments report the highest levels of mental well-being.

<u>Issues covered:</u> Mental Health Personal Health Community Issues <u>Length:</u> 5:02

Show # 2021-31 Date aired: 8/1/21 Time Aired: 5:00 a.m.

Sally Erny, National Stakeholder Engagement Officer of the National Court Appointed Special Advocate Association

Ms. Erny explained how court-appointed special advocates (CASAs) look out for the interests of abused or neglected children. She discussed how CASA volunteers work with attorneys and other court officers to ensure the youngsters are in safe and healthy foster care, and eventually, permanent homes. She also outlined the training that these volunteers receive, and how someone can volunteer.

Issues covered:
Child Abuse
Foster Care
Volunteerism

Length: 8:26

Clint Emerson, retired Navy Seal, author of "100 Deadly Skills: Survival Edition: The SEAL Operative's Guide to Surviving in the Wild and Being Prepared for Any Disaster"

Mr. Emerson offered numerous tips on how to crime-proof a house and how to avoid becoming a victim of crime in other environments, as well. He explained the importance of being aware of your environment, in order to react to dangerous situations or avoid them in the first place. He also talked about the options available to people caught in active shooter incidents or terrorist attacks.

<u>Issues covered:</u> Crime Prevention Terrorism Length: 8:46

Tracy Mehan, Manager of Translational Research for the Center for Injury Research and Policy at the Research Institute at Nationwide Children's Hospital in Columbus, Ohio

On an average day in the US, 13 children receive emergency treatment for a lawn mower-related injury. Ms. Mehan talked about the most common injuries and how they typically vary, depending on the age of the child. She offered suggestions for parents on how to prevent lawn mower-related injuries.

Issues covered:
Child Safety
Product Safety
Parenting

<u>Length:</u> 5:02

Show # 2021-32 Date aired: 8/8/21 Time Aired: 5:00 a.m.

Helen Horyza, career coach, founder of the Career Coach Entrepreneur Academy certificate programs, author of "*Elevate Your Career: Live a Life You're Truly Proud Of*"

Nearly 60% of middle-income workers are asking the question: Am I really where I want to be? Ms. Horyza explained why so many people stay in unrewarding careers and how to find a happier path. She shared real-world examples of people who found their true passion in life and created a career that perfectly suited their interests and talents.

<u>Issues covered:</u>	
Career	
Unemployment	

<u>Length:</u> 7:50

Maria J. Prados, PhD, Economist at the University of Southern California's Center for Economic and Social Research

Social Security benefits are a critical component in planning and saving for retirement. Prof. Prados co-authored a study that found that the average American overestimates their future monthly Social Security check by more than \$300. She explained why this is a serious problem and how consumers can find out how much their future Social Security benefit will be.

<u>Issues covered:</u> Retirement Planning Personal Finance

<u>Length:</u> 9:19

David Finkelhor, Director of the University of New Hampshire's Crimes against Children Research Center

Mr. Finkelhor shared the results of a recent study from the University of New Hampshire that found that found that close to 1.5 million children each year visit a doctor, emergency room or medical facility as a result of an assault, abuse, crime or other form of violence. This is four times higher than previous estimates. He outlined the most common types of abuse.

<u>Issues covered:</u> Child Abuse Youth at Risk Government Policies <u>Length:</u> 5:17

Show # 2021-33 Date aired: 8/15/21 Time Aired: 5:00 a.m.

Loretta Alkalay, former FAA eastern regional counsel, Adjunct Professor at Vaughn College of Aeronautics & Technology, a private college in East Elmhurst, New York, specializing in aviation and engineering education

Incidents of violence at airports and during flights have been on the rise in recent months. Prof. Alkalay discussed the problem and how the increasingly stressful experience of flying has fueled it. When an aircraft's doors are closed, any criminal activity falls under federal jurisdiction, but she believes changes are needed to allow local authorities to make arrests and prosecute. <u>Issues covered:</u> Transportation Law Enforcement Mental Health <u>Length:</u> 8:53

Jenn Donahue, leadership coach, engineer, entrepreneur

The leadership gender gap in American business is glaring; even today, women fill just 6% of CEO positions at Fortune 500 companies. Ms. Donahue explained how those women who have broken the glass ceiling can determine their leadership style, and also seek ways to bring other women up through mentoring.

<u>Issues covered:</u> Women's Concerns Career Length: 8:26

John G. Boyle, patient and health advocate who relies on plasma-derived therapies, former CEO & President of the Immune Deficiency Foundation

The national blood shortage has been widely reported, but Mr. Boyle talked about another lifethreatening donation crisis. He said the critical need for plasma donors right now in the U.S. will have lasting consequences if it isn't addressed. He explained what sorts of patients are in dire need of plasma donations, and how to make a donation.

<u>Issues covered:</u> Plasma & Blood Donation Personal Health Length: 5:09

Show # 2021-34 Date aired: 8/22/21 Time Aired: 5:00 a.m.

Clifford Bassett, M.D., FACAAI, FAAAAI, Founder and Medical Director of Allergy and Asthma Care of New York, author of "*The New Allergy Solution: Supercharge Resistance, Slash Medication, Stop Suffering*"

Allergies are on the rise. Dr. Bassett explained why the problem and its underlying causes are quite complex. He believes in many cases, allergic reactions can be prevented, with proper medical advice that examines the interplay of diet, mindset, and environment.

<u>Issues covered:</u> Personal Health

Length: 7:28

Cornelius N. Grove, Ed.D., education expert, author of "*The Drive to Learn: What the East Asian Experience Tells Us About Raising Students Who Excel*"

American students are currently ranked #25 in education globally, significantly behind countries such as Singapore, China and Japan. He believes that American children are less receptive to classroom learning, compared to East Asian children. He said a different approach to parenting is a major factor.

Issues covered:
Education
Parenting

<u>Length:</u> 9:51

Laurence J. Kotlikoff, PhD, William Fairfield Warren Distinguished Professor, Professor of Economics at Boston University, President of Economic Security Planning, Inc, author/co-author of 16 books on retirement planning, economics and personal finance

Dr. Kotlikoff has developed the first retirement planning software built by economists. He explained how the "Economist Approach" differs from traditional retirement advice. He said the new approach can help consumers determine the highest level of spending their household can sustain over time, in order to live within their means for the remainder of their lives.

<u>Issues covered:</u> Retirement Planning Senior Citizens Length: 4:56

Show # 2021-35 Date aired: 8/29/21 Time Aired: 5:00 a.m.

Gal Wettstein, **PhD**, Senior Research Economist at the Center for Retirement Research at Boston College

Dr. Wettstein co-authored a report entitled "*Are Older Workers Capable of Working Longer*? " He explained why recent worsening health trends raise the question of how long people will be able to work, and why it matters. He noted that gains in "working life expectancy" have slowed in the past 15 years. He said many black workers, as well as whites with less education, may not be capable of working to Social Security's full retirement age of 67.

<u>Issues covered:</u> Retirement Planning Poverty <u>Length:</u> 7:49

Glenn N Levine, MD, Master Clinician and Professor of Medicine at Baylor College of Medicine, Chief of the cardiology section at the Michael E. DeBakey VA Medical Center, both in Houston

Dr. Levine was chair of the writing committee for a new American Heart Association Scientific Statement, entitled "*Psychological Health, Well-Being, and the Mind-Heart-Body Connection.*" He outlined the latest research that examines why and how psychological health can positively or negatively impact a person's physical health, and risk factors for heart disease and stroke.

<u>Issues covered:</u> Mental Health Personal Health <u>Length:</u> 9:22

Catherine Athans, PhD, Certified Trauma Therapist, Licensed Marriage and Family Therapist for more than 25 years with Doctorate Degrees in both Clinical and Health Psychology, along with a Master's Degree in Clinical Community Psychology

It's not going to be a normal fall, as both students and parents must deal with a second school year of uncertainty and concerns connected to the pandemic. Dr. Athans discussed the array of challenges faced by students and explained how parents can help. She said it is crucial for parents to recognize and deal with their own anxieties.

Issues covered:
Mental Health
Parenting

Length: 5:06

Show # 2021-36 Date aired: 9/5/21 Time Aired: 5:00 a.m.

Rachael Stickland, Co-Founder and Co-Chair of the Parent Coalition for Student Privacy

Schools and third-party vendors collect and share an astonishing amount of personal data on nearly every student in America. Ms. Stickland explained why parents should be concerned and what they can do about it. She believes laws protecting student privacy need to be strengthened.

<u>Length:</u> 8:56

<u>Issues covered:</u> Parenting Privacy Concerns Education

Vijay R. Varma, PhD, researcher and post-doctoral fellow at the National Institute on Aging, part of the National Institutes of Health

Dr. Varma recently co-authored a study that found an alarming decrease in physical activity in youngsters at every age. 19 year olds now get as much exercise and activity as 60 year olds. Dr. Varma explained why this is a major problem. He offered suggestions of ways to encourage both younger and older Americans to become more physically active.

<u>Length:</u> 8:02

<u>Issues covered:</u> Physical Fitness Personal Health Aging

Jim Hedlund, consultant for the Governors Highway Safety Association, former researcher for 22 years at the National Highway Traffic Safety Administration

Mr. Hedlund conducted a study for the Governors Highway Safety Administration that found that for the first time, more drivers who were tested after fatal crashes had drugs in their system than had alcohol. He discussed the role that the increasing legalization of marijuana may play in this trend. He also explained why laws targeting drivers under the influence of alcohol cannot easily be amended to include drug users.

Length: 5:09

<u>Issues covered:</u> Impaired Driving Substance Abuse Government Legislation

Show # 2021-37 Date aired: 9/12/21 Time Aired: 5:00 a.m.

Susan Stark, PhD, Associate Professor of Occupational Therapy, of Neurology and of Social Work at Washington University School of Medicine in St Louis

Falls are the leading cause of injury, accidental death and premature placement in a nursing home among older adults in the United States. Dr. Stark shared the results of her study that suggested that in-home falls can be reduced by nearly 40% with a community-based program that helps older adults make modifications to their homes such as adding grab bars, shower seating and slip-resistant surfaces in the bathroom.

<u>Issues covered:</u> Elder Care Aging <u>Length:</u> 8:23

Frank Pega, PhD, epidemiologist, health economist, Technical Officer in the Environment, Climate Change and Health Department at the World Health Organization in Geneva, Switzerland

Long working hours are killing 745,000 people a year, according to a new report from the World Health Organization. Dr. Pega was the lead author of the study, which found that working more than 55 hours a week is a health hazard that leads to stroke and heart disease. He said the pandemic may have accelerated this trend.

Length: 8:55

<u>Issues covered:</u> Personal Health Workplace Matters

Colin Orion Chandler, doctoral student and Presidential Fellow, at Northern Arizona University's Department of Astronomy and Planetary Science

Mr. Chandler is the project founder and principal investigator of the "Active Asteroids" project, which seeks to recruit citizen scientists to assist in an effort to quadruple the number of known active asteroids. He explained how people can volunteer and why the search for these rare space objects is important.

Issues covered:
Science
Volunteerism

Length: 5:03

Show # 2021-38 Date aired: 9/19/21 Time Aired: 5:00 a.m.

Benjamin H. Barton, Helen and Charles Lockett Distinguished Professor of Law at the University of Tennessee, author of "*Rebooting Justice: More Technology, Fewer Lawyers, and the Future of Law*"

Professor Barton discussed what he sees are longstanding problems in our judicial system. He said that laws are too complex and legal advice is far more expensive than necessary. He outlined a series of reforms which he believes would make the courts much fairer and more accessible for poor and middle-class Americans.

<u>Issues covered:</u> Legal Reform Poverty Length: 8:31

Steve Casner, PhD, research psychologist, NASA scientist, author of "*Careful: A User's Guide to Our Injury-Prone Minds*"

Dr. Casner has devoted his career to studying the psychology of safety. He said after a hundred years of steady decline, the rate at which people are being injured or killed in everyday accidents, such as car crashes, pedestrian fatalities, home-improvement projects gone wrong, medical mistakes and home fires, is increasing. He explained why few of us are as careful as we think we are, and what we can do about it.

<u>lssues covered:</u>
Accident Prevention
Personal Health

<u>Length:</u> 8:36

Robin Behrstock, entrepreneur, author of "Adventures Of Women Entrepreneurs: Stories That Inspire"

Dr. Behrstock shared some inspiring examples of women who overcame both personal and professional setbacks to turn their dreams of starting their own business into reality. She offered advice for aspiring entrepreneurs who are reluctant to take that first step.

Issues covered:
Women's Issues
Career

Length: 4:50

Show # 2021-39

Date aired: 9/26/21 Time Aired: 5:00 a.m.

William Lastrapes, PhD, Professor of Economics, Bernard B. and Eugenia A. Ramsey Chair of Private Enterprise in the Terry College of Business at the University of Georgia

Professor Lastrapes led a study that suggests that eliminating \$20, \$50 and \$100 denominations of physical currency might benefit average US families. He explained that although cash is popular, transactions are largely untraceable by the government and are sometimes used to pay for under the table or illegal goods or services. He believes that less cash means less tax evasion and that the government could theoretically reduce other taxes.

<u>Issues covered:</u> Government Policies Economy Length: 8:17

Nora Volkow, MD, Director of the National Institute on Drug Abuse, part of the National Institutes of Health

Marijuana use continued to rise among college students over the past five years, and remained at historically high levels even among same-aged peers who were not in college, according to survey results from the 2020 Monitoring the Future panel study. Dr. Volkow, who has led the National Institute on Drug Abuse since 2003, discussed the potential reasons for the trend. She added that the survey found that there was also a significant increase in the annual use of hallucinogens such as LSD, and a significant drop in current alcohol use among college students.

<u>Issues covered:</u> Substance Abuse Government Policies Length: 9:01

Sangeetha Abdu Jyothi, PhD, Assistant Professor in the Department of Computer Science at the University of California, Irvine

Prof. Jyothi said a severe solar storm could plunge the world into an "internet apocalypse" that keeps large swaths of society offline for weeks or months at a time, by damaging long undersea internet cables that connect continents. She said that although coronal mass ejections are relatively rare, the global internet infrastructure is relatively new, and its vulnerabilities remain largely unstudied.

<u>Issues covered:</u>
Internet Infrastructure
Technology
Business

Length: 4:54

© 2021 Syndication Networks Corp. All Rights Reserved. Affiliate Relations: 847-583-9000 email: info@syndication.net



Quarterly Report of Compliancy Issues & Programs List 2021-Q3 (July - September) Viewpoints Radio Aired Sundays at 5:30 a.m. on WDNY-FM

- Agriculture
- Addiction
- Adolescent Health
- Agriculture
- American History
- Architecture
- Arts
- Behavioral Health
- Biology
- Business
- Career
- Child Development
- Climate Change
- Comedy
- Communication
- Construction
- Consumerism
- Cooking
- Corporate Interests
- COVID-19 Pandemic
- Creativity
- Crime
- Culture
- Customs
- Dance
- Development
- Diet
- Disease
- Editing
- Education
- Entrepreneurship
- Environment
- Exploration
- Fashion and Fashion Trends
- Film

1

- Government
- Happiness

- Harassment
- Health
- Health Education
- Healthcare
- Healthcare Management
- History
- Human Rights
- Inequality
- Innovation
- Insurance
- International Affairs
- Justice System
- Labor
- Law
- Literature
- Local Economy
- Marriage
- Mass Incarceration
- Media Business
- Medicine
- Mental Health
- Mental Illness
- Migration
- Mining
- Money
- Music and Music Industry
- Natural Resources
- Nonprofit Organization
- Nutrition
- Paleontology
- Parenting
- Patient Advocacy
- Performance and Performance
 Arts

Viewpoints Radio is a registered trademark of MediaTracks, Inc. Contents Copyright 2021 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018/847-299-9500

- Personal Finance
- Policy
- Politics

- Poverty
- Prison Reform
- Psychology
- Public Health
- Public Service
- Publishing
- Racial Issues
- Remote Learning
- Savings
- Science
- Self-Confidence
- Sleep Disorders
- Small Business
- Social Media
- Space and Space Exploration
- Species Extinction
- Sports
- Streaming
- Sustainability and Sustainable Design
- Teaching
- Technology
- Terrorism
- Tourism
- Traditions

Wage Theft

Wildlife Management

Youth Development

Women's Rights

Workers Rights

Wealth

Writing

TraumaTravel

TV

•



Program 21-27	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 7/4/21	Studio Production: Jason Dickey		
SEGMENT 1:	FAIR LABOR: THE IMPORTANCE OF WORKER CENTERS	Time	Duration
Synopsis:	Physician burnout is still a very real problem in the U.S. – and the pandemic has only exacerbated these feelings in some of the hardest hit hospitals across the country. We speak with Dr. Greg Hammer at Stanford University about the pandemic's lasting effects on mental health and systems that have been created to better support people working in medicine or in medical school.	1:47	11:25
Host:	Gary Price		
Guests:	Dr. Celeste Monforton, lecturer, Texas State University, author, On the Job: The Untold Story of Worker Centers and the New Fight for Wages, Dignity, and Health; Laura Garza, worker center director, Arise Chicago.		
Issues Covered:	Wage Theft, Harassment, Inequality, Labor Rights, Nonprofit, Workers Rights, Law, Career, Poverty		
Links:	<u>Arise Chicago</u>		
	Worker Centers: Resources for Employees		
			_
SEGMENT 2:	HOW TO MAKE YOUR KID MONEY-SAVVY	Time	Duration
Synopsis:	About 60 percent of Americans don't yet have a written will in place. People spend a lifetime working hard, saving money, building assets, but often never think about what would happen in case they suddenly passed away. Viewpoints speaks with life planning expert, Abby Schneiderman, about the importance of organizing your life both on paper and online.	15:39	8:26
Host:	Marty Peterson		
Guests:	Beth Kobliner, financial expert and author, Make Your Kid A Money Genius (Even if you're not).		
Issued Covered:	Personal Finance, Parenting, Child Development, Money, Savings, Consumerism		
Links:	Learn more about Beth - BethKobliner.com		
CULTURE CRASH:	WHAT'S SO FUNNY ABOUT DAVE?	Time	Duration
Synopsis:	The Hulu comedy, Dave, is a fictional story about the sensationalized rapper, Lil Dicky. The show look like many other comedies at first but is actually jam-packed with well-thought out jokes and plots. Dave is now streaming on Hulu and FXX.	25:05	1:51
Host:	Evan Rook		
Issues Covered:	Culture, TV, Comedy		



Program 21-28	Writers & Producers: Amirah Zaveri, Bridget Killian, Polly Hansen & Evan Rook		
Air Week: 7/11/21	Studio Production: Jason Dickey		
		-	Dunking
SEGMENT 1:	LONG-TERM YOUTH INCARCERATION	Time	Duration
Synopsis:	The U.S. prison population has decreased during the pandemic, but the number of people behind bars is still close to two million. Some of these inmates have been in prison for decades and at a young age were deemed by the justice system to be 'unfixable'. This week, we shed light on the cycle of youth incarceration in this country and why people like Ian Manuel, a former inmate, were sentenced to life in prison without the possibility of parole at age 13.	1:48	9:34
Host:	Gary Price		
Guests:	lan Manuel, former inmate, author, My Time Will Come: A Memoir of Crime, Punishment, Hope, and Redemption; Riya Saha Shah, lawyer, managing director, Juvenile Law Center; Beth Schwartzapfel, journalist, The Marshall Project.		
Issues Covered:	Crime, Justice System, Prison Reform, Mental Health, Law, Government, Poverty, Mass Incarceration, Youth Development		
Links:	Equal Justice Initiative: Ian Manual		
	The Marshall Project: Many Juvenile Jails Are Now Almost Entirely Filled With Young People of Color		
SEGMENT 2:	A BETTER WAY TO GET AWAY	Time	Duration
Synopsis:	It seems like lately almost everyone is heading to the airport. Whether you're flying, driving or taking a train, vacations are a highly anticipated time to get away from everyday life. Everyone deserves relaxation, but is there a way to make sure that you're traveling more consciously? Are you booking excursions with local, independent companies? Supporting small shops? Does the place you're staying at or traveling with use sustainable practices?	12:44	10:26
Host:	Marty Peterson		
Guests:	Maile Meyer, Hawaii resident, owner, Native Books; Brian Mullis, sustainable tourism expert.		
Issues Covered:	Tourism, Travel, Sustainability, Traditions, Customs, History, Wildlife Management, Consumerism, Environment, Local Economy, Small Business		
Links:	Sustainability Leaders Project		
	The World Counts		
	FORTUNE: How eco-travelers are fueling hotel industry's sustainability drive		
	Viator		
	<u>Viator</u> <u>Pu'uhonua Society</u>		
CULTURE CRASH:		Time	Duration
CULTURE CRASH: Synopsis:	Pu'uhonua Society	Time 24:10	Duration 2:16
	Pu'uhonua Society ACCESSING FILM CLASSICS The Criterion Channel makes it easy to watch older movies that are often forgotten on mainstream streaming	-	



Program 21-29	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 7/18/21	Studio Production: Jason Dickey		
.,,			
SEGMENT 1:	NEGOTIATING THE HIGH COST OF HEALTHCARE	Time	Duration
Synopsis:	Millions of Americans put off going to a doctor or hospital because they're afraid of the high cost of care. Depending on your insurance, one MRI scan can cost upwards of a thousand dollars. One trip to the emergency room can mean thousands of dollars in charges that people can't afford to pay. So, what's driving these sky-high prices? How can people negotiate down these hefty bills?	1:17	11:48
Host:	Gary Price		
Guests:	Lisa Rossi, patient; Marshall Allen, investigative journalist, ProPublica, author, Never Pay the First Bill: And Other Ways to Fight the Health Care System and Win.		
Issues Covered:	Healthcare, Insurance, Medicine, Patient Advocacy, Personal Finance, Healthcare Management		
Links:	Fair Health Consumer: Estimate your healthcare expenses		
	National Patient Advocate Foundation		
	Twitter: @marshall_allen		
	Amazon: Never Pay the First Bill: And Other Ways to Fight the Health Care System and Win		
SEGMENT 2:	THE DATED TRADITION OF DAYLIGHT SAVING TIME	Time	Duration
SEGMENT 2: Synopsis:	THE DATED TRADITION OF DAYLIGHT SAVING TIME Each year, as the flowers bloom and the days turn warmer, we spring forward and adjust our clocks one hour forward. The routine of 'springing forward' can feel like a nuisance and for some, it can severely throw off their internal body clocks for days or weeks on end. Why do we still practice daylight saving time today? Dr. Beth Malow, a neurologist and sleep expert, joins us this week on Viewpoints.	Time 15:22	Duration 7:12
	Each year, as the flowers bloom and the days turn warmer, we spring forward and adjust our clocks one hour forward. The routine of 'springing forward' can feel like a nuisance and for some, it can severely throw off their internal body clocks for days or weeks on end. Why do we still practice daylight saving time today? Dr. Beth		
Synopsis:	Each year, as the flowers bloom and the days turn warmer, we spring forward and adjust our clocks one hour forward. The routine of 'springing forward' can feel like a nuisance and for some, it can severely throw off their internal body clocks for days or weeks on end. Why do we still practice daylight saving time today? Dr. Beth Malow, a neurologist and sleep expert, joins us this week on Viewpoints.		
Synopsis: Host:	Each year, as the flowers bloom and the days turn warmer, we spring forward and adjust our clocks one hour forward. The routine of 'springing forward' can feel like a nuisance and for some, it can severely throw off their internal body clocks for days or weeks on end. Why do we still practice daylight saving time today? Dr. Beth Malow, a neurologist and sleep expert, joins us this week on Viewpoints. Marty Peterson Dr. Beth Malow, professor, neurology & pediatrics, Vanderbilt University Medical Center, director, Vanderbilt Sleep		
Synopsis: Host: Guests:	Each year, as the flowers bloom and the days turn warmer, we spring forward and adjust our clocks one hour forward. The routine of 'springing forward' can feel like a nuisance and for some, it can severely throw off their internal body clocks for days or weeks on end. Why do we still practice daylight saving time today? Dr. Beth Malow, a neurologist and sleep expert, joins us this week on Viewpoints. Marty Peterson Dr. Beth Malow, professor, neurology & pediatrics, Vanderbilt University Medical Center, director, Vanderbilt Sleep Division.		
Synopsis: Host: Guests: Issues Covered:	Each year, as the flowers bloom and the days turn warmer, we spring forward and adjust our clocks one hour forward. The routine of 'springing forward' can feel like a nuisance and for some, it can severely throw off their internal body clocks for days or weeks on end. Why do we still practice daylight saving time today? Dr. Beth Malow, a neurologist and sleep expert, joins us this week on Viewpoints. Marty Peterson Dr. Beth Malow, professor, neurology & pediatrics, Vanderbilt University Medical Center, director, Vanderbilt Sleep Division. Health, Disease, History, Policy, Sleep Disorders, Adolescent Health, Behavioral Health		
Synopsis: Host: Guests: Issues Covered:	Each year, as the flowers bloom and the days turn warmer, we spring forward and adjust our clocks one hour forward. The routine of 'springing forward' can feel like a nuisance and for some, it can severely throw off their internal body clocks for days or weeks on end. Why do we still practice daylight saving time today? Dr. Beth Malow, a neurologist and sleep expert, joins us this week on Viewpoints. Marty Peterson Dr. Beth Malow, professor, neurology & pediatrics, Vanderbilt University Medical Center, director, Vanderbilt Sleep Division. Health, Disease, History, Policy, Sleep Disorders, Adolescent Health, Behavioral Health National Society of High School Scholars		
Synopsis: Host: Guests: Issues Covered:	Each year, as the flowers bloom and the days turn warmer, we spring forward and adjust our clocks one hour forward. The routine of 'springing forward' can feel like a nuisance and for some, it can severely throw off their internal body clocks for days or weeks on end. Why do we still practice daylight saving time today? Dr. Beth Malow, a neurologist and sleep expert, joins us this week on Viewpoints. Marty Peterson Dr. Beth Malow, professor, neurology & pediatrics, Vanderbilt University Medical Center, director, Vanderbilt Sleep Division. Health, Disease, History, Policy, Sleep Disorders, Adolescent Health, Behavioral Health National Society of High School Scholars TIME: The Real Reason Why Daylight Saving Time Is a Thing		
Synopsis: Host: Guests: Issues Covered: Links:	Each year, as the flowers bloom and the days turn warmer, we spring forward and adjust our clocks one hour forward. The routine of 'springing forward' can feel like a nuisance and for some, it can severely throw off their internal body clocks for days or weeks on end. Why do we still practice daylight saving time today? Dr. Beth Malow, a neurologist and sleep expert, joins us this week on Viewpoints. Marty Peterson Dr. Beth Malow, professor, neurology & pediatrics, Vanderbilt University Medical Center, director, Vanderbilt Sleep Division. Health, Disease, History, Policy, Sleep Disorders, Adolescent Health, Behavioral Health National Society of High School Scholars TIME: The Real Reason Why Daylight Saving Time Is a Thing VUMC: Department of Neurology	15:22	7:12
Synopsis: Host: Guests: Issues Covered: Links: CULTURE CRASH:	Each year, as the flowers bloom and the days turn warmer, we spring forward and adjust our clocks one hour forward. The routine of 'springing forward' can feel like a nuisance and for some, it can severely throw off their internal body clocks for days or weeks on end. Why do we still practice daylight saving time today? Dr. Beth Malow, a neurologist and sleep expert, joins us this week on Viewpoints. Marty Peterson Dr. Beth Malow, professor, neurology & pediatrics, Vanderbilt University Medical Center, director, Vanderbilt Sleep Division. Health, Disease, History, Policy, Sleep Disorders, Adolescent Health, Behavioral Health <u>National Society of High School Scholars</u> <u>TIME: The Real Reason Why Daylight Saving Time Is a Thing</u> <u>VUMC: Department of Neurology</u> <u>THE BEAUTY OF TIKTOK</u> Taylor Swift recently re-recorded and released her hit 2008 album "Fearless". We discuss the nostalgic vibes we	15:22 Time	7:12 Duration



Program 21-30	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 7/25/21	Studio Production: Jason Dickey		
SEGMENT 1:	PUBLISHING 101: BEHIND EVERY WRITER IS A GREAT EDITOR	Time	Duration
Synopsis:	In 2019, the book publishing industry in the U.S. generated more than \$25 billion dollars in revenue and employed close to 70,000 people. It's a massive industry that publishes and generates publicity for many thousands of physical and e-books each year. Literary editor Peter Ginna joins us this week to breakdown the business and the crucial role that editors play in crafting a successful book.	1:47	10:20
Host:	Gary Price		
Guests:	Peter Ginna, literary editor and author, What Editors Do: The Art, Craft, and Business of Book Editing.		
Issues Covered:	Writing, Editing, Publishing, Literature, Business, Career		
Links:	University of Chicago Press – What Editors Do: The Art, Craft, and Business of Book Editing		
	Penguin Random House – How to Get Published: The world of publishing: a guide for writers		
SEGMENT 2:	THE ENTREPRENEUR INSIDE THE MUSICIAN	Time	Duration
Synopsis:	There's much more to being a professional musician than the practice and performance aspect of the career. For independent artists, there's an entire side of entrepreneurship to handle, including money management, marketing, networking and more. Debra Silvert, the flutist of the orchestral ensemble, Duo Sequenza, highlights the challenges and rewards of carving out a career in the competitive classical music space.	14:09	8:30
Host:	Marty Peterson		
Guests:	Debra Silvert, flutist, Duo Sequenza, executive director, Sequenza Chamber Music Incorporated.		
Issues Covered:	Music, Career, Business, Nonprofit Organization, Entrepreneurship, Music Industry		
Links:	Duo Sequenza		
Links:	Duo Sequenza Debra Silvert Bio		
Links:			
Links: CULTURE CRASH:	Debra Silvert Bio	Time	Duration
	Debra Silvert Bio Majoring In Music: Music & Entrepreneurship	Time 23:39	Duration 2:47
CULTURE CRASH:	Debra Silvert Bio Majoring In Music: Music & Entrepreneurship THE APPLE TV SPORTS COMEDY, "TED LASSO" Funny man Jason Sudeikis plays Ted Lasso in Apple's TV's new series. The show follows Lasso, a small-time		

Viewpoints Radio is a registered trademark of MediaTracks, Inc.



Program 21-31	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week:	Studio Production: Jason Dickey		
8/1/21			
SEGMENT 1:	THE ITEMS THAT SYMBOLIZE THE COVID-19 PANDEMIC	Time	Duration
Synopsis:	Wondering what to do with the dozens of face masks and all of those unused yeast packets? Us too. There are several items that Americans sought after during the height of the Covid-19 pandemic that help to showcase what this period in time was like. Once the pandemic is fully over, how will we look back and remember this time? How are museum curators and everyday people remembering this important part of history? This week on Viewpoints.	1:48	11:13
Host:	Gary Price		
Guests:	Alexandra Lord, chair, curator, Division of Medicine and Science, Smithsonian National Museum of American History; Kevin Mitchell Mercer, professor, Valencia College; Natalie Nguyen, college student, University of Central Florida.		
Issues Covered:	COVID-19 Pandemic, Public Health, History, Career, Education, Science, Medicine		
Links:	The New York Times: A New Year's Climate Diet		
	twitter: @4fishgreenberg		
	Amazon: The Climate Diet: 50 Simple Ways to Trim Your Carbon Footprint		
SEGMENT 2:	FOREVER FASHION: THE HISTORY OF TIMELESS TRENDS	Time	Duration
Synopsis:	In 2017, Sara Dykman biked more than 10,000 miles, following the path of the annual Monarch migration. Along her route, she stopped to educate and raise awareness about the beauty and fragility of the butterfly. Dykman joins us this week to teach us about the insect's unique migration patterns across North America and how individuals can help this dwindling species.	15:00	8:23
Synopsis: Host:	Along her route, she stopped to educate and raise awareness about the beauty and fragility of the butterfly. Dykman joins us this week to teach us about the insect's unique migration patterns across North America and	15:00	8:23
	Along her route, she stopped to educate and raise awareness about the beauty and fragility of the butterfly. Dykman joins us this week to teach us about the insect's unique migration patterns across North America and how individuals can help this dwindling species.	15:00	8:23
Host:	Along her route, she stopped to educate and raise awareness about the beauty and fragility of the butterfly. Dykman joins us this week to teach us about the insect's unique migration patterns across North America and how individuals can help this dwindling species. Marty Peterson Lauren Cochrane, senior fashion writer, The Guardian, author, The Ten: How and Why We Wear the Fashion	15:00	8:23
Host: Guests:	Along her route, she stopped to educate and raise awareness about the beauty and fragility of the butterfly. Dykman joins us this week to teach us about the insect's unique migration patterns across North America and how individuals can help this dwindling species. Marty Peterson Lauren Cochrane, senior fashion writer, The Guardian, author, The Ten: How and Why We Wear the Fashion Classics.	15:00	8:23
Host: Guests: Issues Covered:	Along her route, she stopped to educate and raise awareness about the beauty and fragility of the butterfly. Dykman joins us this week to teach us about the insect's unique migration patterns across North America and how individuals can help this dwindling species. Marty Peterson Lauren Cochrane, senior fashion writer, The Guardian, author, The Ten: How and Why We Wear the Fashion Classics. Fashion, History, Fashion Trends, Consumerism, Film, Culture, Literature	15:00	8:23
Host: Guests: Issues Covered:	Along her route, she stopped to educate and raise awareness about the beauty and fragility of the butterfly. Dykman joins us this week to teach us about the insect's unique migration patterns across North America and how individuals can help this dwindling species. Marty Peterson Lauren Cochrane, senior fashion writer, The Guardian, author, The Ten: How and Why We Wear the Fashion Classics. Fashion, History, Fashion Trends, Consumerism, Film, Culture, Literature <u>The Guardian - Lauren Cochrane Profile</u>	15:00	8:23
Host: Guests: Issues Covered:	Along her route, she stopped to educate and raise awareness about the beauty and fragility of the butterfly. Dykman joins us this week to teach us about the insect's unique migration patterns across North America and how individuals can help this dwindling species. Marty Peterson Lauren Cochrane, senior fashion writer, The Guardian, author, The Ten: How and Why We Wear the Fashion Classics. Fashion, History, Fashion Trends, Consumerism, Film, Culture, Literature <u>The Guardian - Lauren Cochrane Profile</u> <u>Amazon: The Ten: How any why we wear the fashion classics</u>	15:00	8:23
Host: Guests: Issues Covered:	Along her route, she stopped to educate and raise awareness about the beauty and fragility of the butterfly. Dykman joins us this week to teach us about the insect's unique migration patterns across North America and how individuals can help this dwindling species. Marty Peterson Lauren Cochrane, senior fashion writer, The Guardian, author, The Ten: How and Why We Wear the Fashion Classics. Fashion, History, Fashion Trends, Consumerism, Film, Culture, Literature <u>The Guardian - Lauren Cochrane Profile</u> <u>Amazon: The Ten: How any why we wear the fashion classics</u> <u>Vogue: The Story Behind That Little Black Dress Worn by Audrey Hepburn In 'Breakfast At Tiffany's</u>	15:00	8:23
Host: Guests: Issues Covered:	Along her route, she stopped to educate and raise awareness about the beauty and fragility of the butterfly. Dykman joins us this week to teach us about the insect's unique migration patterns across North America and how individuals can help this dwindling species. Marty Peterson Lauren Cochrane, senior fashion writer, The Guardian, author, The Ten: How and Why We Wear the Fashion Classics. Fashion, History, Fashion Trends, Consumerism, Film, Culture, Literature <u>The Guardian - Lauren Cochrane Profile</u> <u>Amazon: The Ten: How any why we wear the fashion classics</u> <u>Vogue: The Story Behind That Little Black Dress Worn by Audrey Hepburn In 'Breakfast At Tiffany's</u> <u>Levi Strauss & Co: We have been innovating since the birth of the blue jean in 1873</u>	15:00 Time	8:23 Duration
Host: Guests: Issues Covered: Links:	Along her route, she stopped to educate and raise awareness about the beauty and fragility of the butterfly. Dykman joins us this week to teach us about the insect's unique migration patterns across North America and how individuals can help this dwindling species. Marty Peterson Lauren Cochrane, senior fashion writer, The Guardian, author, The Ten: How and Why We Wear the Fashion Classics. Fashion, History, Fashion Trends, Consumerism, Film, Culture, Literature The Guardian - Lauren Cochrane Profile Amazon: The Ten: How any why we wear the fashion classics Vogue: The Story Behind That Little Black Dress Worn by Audrey Hepburn In 'Breakfast At Tiffany's Levi Strauss & Co: We have been innovating since the birth of the blue jean in 1873 Lauren Cochrane on Instagram		
Host: Guests: Issues Covered: Links: CULTURE CRASH:	Along her route, she stopped to educate and raise awareness about the beauty and fragility of the butterfly. Dykman joins us this week to teach us about the insect's unique migration patterns across North America and how individuals can help this dwindling species. Marty Peterson Lauren Cochrane, senior fashion writer, The Guardian, author, The Ten: How and Why We Wear the Fashion Classics. Fashion, History, Fashion Trends, Consumerism, Film, Culture, Literature The Guardian - Lauren Cochrane Profile Amazon: The Ten: How any why we wear the fashion classics Vogue: The Story Behind That Little Black Dress Worn by Audrey Hepburn In 'Breakfast At Tiffany's Levi Strauss & Co: We have been innovating since the birth of the blue jean in 1873 Lauren Cochrane on Instagram PIG – STARRING NICHOLAS CAGE	Time	Duration
Host: Guests: Issues Covered: Links: CULTURE CRASH: Synopsis:	Along her route, she stopped to educate and raise awareness about the beauty and fragility of the butterfly. Dykman joins us this week to teach us about the insect's unique migration patterns across North America and how individuals can help this dwindling species. Marty Peterson Lauren Cochrane, senior fashion writer, The Guardian, author, The Ten: How and Why We Wear the Fashion Classics. Fashion, History, Fashion Trends, Consumerism, Film, Culture, Literature The Guardian - Lauren Cochrane Profile Amazon: The Ten: How any why we wear the fashion classics Vogue: The Story Behind That Little Black Dress Worn by Audrey Hepburn In 'Breakfast At Tiffany's Levi Strauss & Co: We have been innovating since the birth of the blue jean in 1873 Lauren Cochrane on Instagram PIG – STARRING NICHOLAS CAGE We had mixed feelings heading to see the new film, Pig, featuring actor Nicholas Cage. Listen to why this feature film ended up blowing our expectations out of the water.	Time	Duration



Program 21-32	Writers & Producers: Amirah Zaveri, Bridget Killian & Evan Rook		
Air Week: 5/16/21	Studio Production: Jason Dickey		
SEGMENT 1:	THE PRIVATE SECTOR SPACE RACE	Time	Duration
Synopsis:	The cryptocurrency that started it all, Bitcoin, is now valued at around 1.6 trillion dollars. And in just the last month, another, newer form of crypto, Dogecoin has skyrocketed in popularity across the Internet, sharply driving up the price per token. We explore the fascinating and fast-evolving world of cryptocurrency and the future of traditional financial systems as digital currency gains ground across the globe.	1:47	9:32
Host:	Gary Price		
Guests:	Dr. David Yermack, professor, finance, NYU Stern School of Business		
Issues Covered:	Space Exploration, Travel, Technology, Business, Science, Wealth, History, Tourism		
Links:	TIME: Why Richard Branson's Spaceflight Is a Very Big Deal		
	McKinsey & Company: Wall Street to Mission Control: Can space tourism pay off?		
	twitter: @jeffreykluger		
SEGMENT 2:	THE WOMEN OF THE OLD WEST	Time	Duration
Synopsis:	When most people imagine the early West, they picture wide open landscapes, lawlessness and sweaty men working away in mines and on farms. While this is part of the narrative, the other lesser known side is the unique opportunities the West held for women of the 19th and early 20th centuries. Author Winifred Gallagher joins us this week to share how the ladies of this region fought for greater equality and recognition.	12:11	11:20
Host:	Marty Peterson		
Guests:	Winifred Gallagher, author, New Women in the Old West: From Settlers to Suffragists: An Untold American Story.		
Issues Covered:	American History, Women's Rights, Travel, Migration, Marriage, Politics		
Links:	Penguin Random House: New Women in the Old West		
	PBS: Women of the Wild West		
	TIME: Women and the Myth of the American West		
CULTURE CRASH:	BINGE-WATCHING THE TV DRAMA, "ELITE"	Time	Duration

Host: Evan Rook

Issues Covered: Culture, TV



Program 21-33	Writers & Producers: Amirah Zaveri, Bridget Killian & Evan Rook		
Air Week: 8/15/21	Studio Production: Jason Dickey		
SEGMENT 1:	THE LESSONS LEARNED FROM THE PANDEMIC	Time	Duration
Synopsis:	It's that time of year already: back to school. After eighteen months of kids and teens learning remotely or on a hybrid schedule between in-person and remote, millions are returning back to classrooms full-time. While this may change as COVID-19 cases rise due to the Delta variant, for now, many schools are moving forward with plans to welcome students back with the caveat of requiring face masks while indoors. We discuss the highly anticipated return back to class and how some educators have changed their perspectives on learning over the past year.	1:48	10:16
Host:	Gary Price		
Guests:	Colleen Peluso, high school teacher, Valparaiso High School; Ron Chaluisan, former teacher, executive director, Newark Trust for Education.		
Issues Covered:	Education, Teaching, Career, Remote Learning, Parenting, Child Development, Technology, COVID-19 Pandemic		
Links:	TIME: Schools Expected to Leave Virtual Learning Behind in the Fall, but the Delta Variant Is Forcing a Change in Plans		
	<u>NewarkTrust.org</u>		
	Valparaiso High School		
SEGMENT 2:	WHY DOES KETO CONTINUE TO PERSIST	Time	Duration
Synopsis:	Every year it seems like there's a new diet or health trend that captures people's attention. The keto diet, which mainly cuts out carbohydrates, has seen a sustained rise in popularity. Originally used as a treatment for kids with epilepsy, today, thousands of ordinary people follow this regimen as well. This week – we're joined by registered dietician, Kristen Sedler, and two people who tried the keto diet and both had entirely different experiences.	12:55	8:27
Host:	Marty Peterson		
Guests:	Kristen Sedler, registered dietician; Isabelle Fiedler, college student; Carolyn Ketchum, food blogger, cookbook author, Easy Keto Breakfasts.		
Issues Covered:	Diet, Nutrition, Health, Disease, Personal Finance, Cooking		
Links:	Amazon: The Ultimate Guide to Keto Baking: Master All the Best Tricks for Low-Carb Baking Success		
	Amazon: Easy Keto Breakfasts: 60+ Low-Carb Recipes to Jump-Start Your Day		
	Healthline: 10 Health Benefits of Low-Carb and Ketogenic Diets		
CULTURE CRASH:	OUR FAVORITE FILMS OF 2011	Time	Duration
Synopsis:	What were some of the best movies if we rewind back one decade? We highlight some of our top picks from the year 2011, including the documentary, Jiro Dreams of Sushi and the baseball sports hit, Moneyball.	23:21	3:05
Host:	Evan Rook		
Issues Covered:	Culture, Film		



Program 21-34	Writers & Producers: Amirah Zaveri, Scarlett O' Hara & Evan Rook		
Air Week: 5/30/21	Studio Production: Jason Dickey		
SEGMENT 1:	SLUMBERING IN SPACE	Time	Duration
Synopsis:	Have you ever had trouble falling or staying asleep? If you have, you'll know that not getting good rest can have a big impact on how you feel physically and mentally. For astronauts in space, sleeping in a zero-gravity environment surrounded by loud fans, bright lights and cramped quarters can be an issue. We talk through some of the bodily systems behind sleep and how astronauts in space for months on end deal with these challenges.	1:47	8:39
Host:	Gary Price		
Guests:	Dr. Fred Turek, professor, biology, Northwestern University, director, Center for Sleep and Circadian Biology, Northwestern University; Dr. Emmanuel Urquieta, chief medical officer, Translational Research Institute for Space Health, assistant professor, Center for Space Medicine, Baylor College of Medicine.		
Issues Covered:	Space, Biology, Health, Mental Health, Science, Technology, Exploration		
Links:	NASA: Sleeping in Space		
	Wired: The Surprisingly Cozy Truths of Sleeping in Space		
SEGMENT 2:	FIGHTING FOR THE FUTURE OF CLEAN WATER	Time	Duration
Synopsis:	Gold mining has been a lucrative business for many generations. Today, it's still a booming industry with global mining companies expanding into new markets each year. This week – we highlight the incredible story of activists in northern El Salvador who stood up to mining company, OceanaGold and won.	12:27	10:07
Host:	Marty Peterson		
Guests:	John Cavanagh, senior advisor, Institute of Policy Studies, co-author, The Water Defenders: How Ordinary People Saved a Country From Corporate Greed.		
Issues Covered:	Mining, Development, Natural Resources, Corporate Interests, Inequality, Policy, Law, Government, Environment		
Links:	Smithsonian Magazine: The Environmental Disaster That is the Gold Industry		
			_ .
	THE POETRY BEHIND THE TUNES	Time	Duration
CULTURE CRASH:			
CULTURE CRASH: Synopsis:	We highlight the podcast, Dissect, which takes a look at the poetic lyrics behind some of the biggest songs in rap and hip-hop.	23:33	2:54
		23:33	2:54



Program 21-35	Writers & Producers: Amirah Zaveri, Scarlett O' Hara & Evan Rook		
Air Week: 8/29/21	Studio Production: Jason Dickey		
SEGMENT 1:	THE TALIBAN TAKEOVER: WHAT DOES IT MEAN?	Time	Duration
Synopsis:	The news of the Taliban regaining control of Afghanistan has swept news headlines this month. Hundreds of thousands of Afghan citizens have already fled the country, but how will everyday life change for those who remain? We discuss the precarious situation in the region and the reversal of modern freedoms and economic stability for millions of men, women and children.	1:48	9:42
Host:	Gary Price		
Guests:	Dr. Marvin Weinbaum, director, Afghanistan and Pakistan Studies, Middle East Institute, professor emeritus, political science, University of Illinois at Urbana-Champaign.		
Issues Covered:	International Affairs, Politics, Government, Human Rights, Women's Rights		
Links:	Women for Afghan Women – WAW's Work in Afghanistan		
	ICRC: Donate to Afghanistan		
	Miles 4 Migrants		
	GoFundMe: Women Globally Working to Protect Afghan Women		
SEGMENT 2:	REVISITING THE DEMISE OF THE DINOSAURS	Time	Duration
Synopsis:	There's something special about dinosaurs. These majestic creatures walked the Earth more than 230 million years ago, yet, even today, they capture our wildest imaginations. Most us have heard the familiar narrative that an asteroid collided with Earth and this catastrophic event led to their downfallbut is there more to the story? Would dinosaurs still be around today if the asteroid flew past Earth? This week on Viewpoints.	13:32	8:24
Host:	Marty Peterson		
Guests:	Michael Benton, professor, vertebrate paleontology, University of Bristol.		
Issues Covered:	History, Species Extinction, Paleontology, Science, Climate Change		
Links:	Amazon: Dinosaurs: New Visions of a Lost World		
	Nature World News: Dinosaurs Were Already Dying Off Due to Climate Change Even Before Asteroid Hit		
CULTURE CRASH:	FALL READS	Time	Duration
Synopsis:	We discuss some of our favorite non-fiction reads as the weather turns cooler and the season of pumpkin everything is soon upon us.	23:59	2:28
Host:	Evan Rook		

Issues Covered: Culture, Literature



Program 21-36	Writers & Producers: Amirah Zaveri, Scarlett O' Hara & Evan Rook		
Air Week: 9/5/21	Studio Production: Jason Dickey		
SEGMENT 1:	ARE YOU ADDICTED TO YOUR PHONE?	Time	Duration
Synopsis:	The average American checks their phone about 90 times a day, according to a 2019 survey from tech research firm, Asurion. How often would you say you check? Every hour? Once every 20 minutes? Do you ever panic when your phone isn't right next to you? This 'attached at the hip' mentality is severely affecting happiness and quality of life for millions of people. So, what can be done to break this all-consuming cycle? Addiction expert Dr. Anna Lembke joins us to break down the widespread problem and offer up some solutions.	1:47	10:07
Host:	Gary Price		
Guests:	Dr. Anna Lembke, professor, medical director, addiction medicine, Stanford University School of Medicine, author, Dopamine Nation: Finding Balance in the Age of Indulgence.		
Issues Covered:	Mental Health, Health, Technology, Addiction, Happiness, Career, Communication		
Links:	Amazon: Dopamine Nation: Finding Balance in the Age of Indulgence		
	SAMHSA		
	Healthline: Is cell phone addiction really a thing?		
	Internet and Technology Addicts Anonymous		

SEGMENT 2:	THE MANY SIDES OF BALLERINO, JAMES WHITESIDE	Time	Duration
Synopsis:	Ballet requires athleticism, artistry and decades of grueling practice. It's an extremely competitive field and few dancers manage to become principal dancers at major theatres. This week on Viewpoints – James Whiteside, a principal dancer at the American Ballet Theatre, shares his professional ballet journey and what he's learned about himself along the way.	13:56	7:54
Host:	Marty Peterson		
Guests:	James Whiteside, principal dancer, American Ballet Theatre, author, Center, Center: A Funny, Sexy, Sad, Almost- Memoir of a Boy in Ballet.		
Issues Covered:	Career, Dance, Self-Confidence, Performance Arts, Creativity		
Links:	ABT: James Whiteside		
	Instagram: @jamesbwhiteside		
	The Washington Post: James Whiteside isn't a typical ballet star, and his memoir isn't a typical ballet story		
	Penguin Random House: Center Center A Funny, Sexy, Sad Almost-Memoir of a Boy In Ballet		
CULTURE CRASH:	ARTISTS' SHARED INSPIRATION	Time	Duration
Synopsis:	How do artists find inspiration for a new song on an album, or a new idea for a movie? We discuss how great art is more interconnected than you may think.	22:50	3:37
Host:	Evan Rook		

Issues Covered: Culture, Arts

Viewpoints Radio is a registered trademark of MediaTracks, Inc.



Program 21-37	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 9/12/21	Studio Production: Jason Dickey		
SEGMENT 1:	CANDID CONVERSATIONS WITH KIDS: GETTING BACK TO SCHOOL	Time	Duration
Synopsis:	The 2021-2022 school year is officially in full swing. But, it's not the return that many were hoping for as COVID-19 cases spread, and outbreaks pop up in classrooms across the U.S. While there are barriers and challenges just like last year, school must go on. We speak with education expert, Julie King, to get some tips on how to navigate the hectic back to school season and how parents can communicate with their kids so they feel heard and supported.	1:47	10:08
Host:	Gary Price		
Guests:	Julie King, parent educator, mother, co-author, How to Talk When Kids Won't Listen: Whining, Fighting, Meltdowns, Defiance, and Other Challenges of Childhood.		
Issues Covered:	Education, Communication, Parenting, Psychology, Health, Child Development, COVID-19 Pandemic		
Links:	CDC: Mental health in childhood means reaching developmental and emotional milestones, and learning healthy social skills and how to cope when there are problems		
	CDC: COVID-19 pandemic: Helping young children and parents transition back to school		
	Amazon: How to Talk When Kids Won't Listen: Whining, Fighting, Meltdowns, Defiance, and Other Challenges of Childhood (The How To Talk Series)		
SEGMENT 2:	THE 20 YEAR ANNIVERSARY OF 9/11	Time	Duration
Synopsis:	'Today, there are many young adults who were mere babies when 9/11 happened. They learn about the terrorist attacks from history books, television segments and documentaries as well as the firsthand stories of people who lived through the experience. Former FDNY Battalion Chief Joseph Pfeifer joins us this week to share his story from that morning. Pfeifer was the first firefighter chief on the scene at the World Trade Center complex and lost his brother, Kevin, who was also a firefighter.	13:57	7:55
Host:	Marty Peterson		
	,		
Guests:	Joseph Pfeifer, Former FDNY Battalion Chief, author, Ordinary Heroes: A Memoir of 9/11.		
Guests: Issues Covered:			
	Joseph Pfeifer, Former FDNY Battalion Chief, author, Ordinary Heroes: A Memoir of 9/11.		
Issues Covered:	Joseph Pfeifer, Former FDNY Battalion Chief, author, Ordinary Heroes: A Memoir of 9/11. History, Terrorism, Public Service, Trauma, Government, Mental Health <u>Combating Terrorism Center - Chief (Ret.) Joseph Pfeifer</u> <u>Penguin Random House - Ordinary Heroes</u>		
Issues Covered:	Joseph Pfeifer, Former FDNY Battalion Chief, author, Ordinary Heroes: A Memoir of 9/11. History, Terrorism, Public Service, Trauma, Government, Mental Health <u>Combating Terrorism Center - Chief (Ret.) Joseph Pfeifer</u>		
Issues Covered:	Joseph Pfeifer, Former FDNY Battalion Chief, author, Ordinary Heroes: A Memoir of 9/11. History, Terrorism, Public Service, Trauma, Government, Mental Health <u>Combating Terrorism Center - Chief (Ret.) Joseph Pfeifer</u> <u>Penguin Random House - Ordinary Heroes</u>	Time	Duration
Issues Covered: Links:	Joseph Pfeifer, Former FDNY Battalion Chief, author, Ordinary Heroes: A Memoir of 9/11. History, Terrorism, Public Service, Trauma, Government, Mental Health <u>Combating Terrorism Center - Chief (Ret.) Joseph Pfeifer</u> <u>Penguin Random House - Ordinary Heroes</u> <u>National Geographic - 9/11: One Day in America</u>	Time 22:52	Duration 3:34
Issues Covered: Links: CULTURE CRASH:	Joseph Pfeifer, Former FDNY Battalion Chief, author, Ordinary Heroes: A Memoir of 9/11. History, Terrorism, Public Service, Trauma, Government, Mental Health <u>Combating Terrorism Center - Chief (Ret.) Joseph Pfeifer</u> <u>Penguin Random House - Ordinary Heroes</u> <u>National Geographic - 9/11: One Day in America</u> <u>IS THE "DONDA" HYPE REAL?</u> Kanye West just released his latest album, "Donda" late last month. We sift through the hype and offer our take		

Viewpoints Radio is a registered trademark of MediaTracks, Inc.



Program 21-38	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 9/19/21	Studio Production: Jason Dickey		
SEGMENT 1:	WORKING IN INTENSIFYING HEAT	Time	Duration
Synopsis:	Many Americans stay home and crank up the air conditioning once temperatures reach 80 degrees. Imagine working for hours on end outside in temperatures exceeding 90 or 100 degrees. On top of this, there's little shade, minimal breaks and often not enough water. This is the reality for millions of laborers who work in agriculture, construction and other industries. Why aren't there more legal guidelines protecting these essential workers?	1:47	9:33
Host:	Gary Price		
Guests:	Dr. Rachel Licker, senior climate scientist, Union of Concerned Scientists; Kate Suisman, attorney, Northwest Workers' Justice Project.		
Issues Covered:	Labor, Career, Workers Rights, Health, Agriculture, Construction, Poverty, Climate Change, Environment		
Links:	Union of Concerned Scientists USA - Dr. Rachel Licker		
	More about the Northwest Workers' Justice Project		
	NBC News - Why are workers in the U.S. still dying from heat exhaustion?		
	California Office of Environmental Health Hazard Assessment (OEHHA) - Heat-related mortality and morbidity		
CE0145			Duration
SEGMENT 2:	DESIGNING A GREENER BUILDING LANDSCAPE	Time	Duration
SEGMENT 2: Synopsis:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste.	Time	9:37
	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover		
Synopsis:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste.		
Synopsis: Host:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste. Marty Peterson		
Synopsis: Host: Guests:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste. Marty Peterson Ned Cramer, design consultant, former editor-in-chief, Architect Magazine.		
Synopsis: Host: Guests: Issues Covered:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste. Marty Peterson Ned Cramer, design consultant, former editor-in-chief, Architect Magazine. Construction, Sustainable Design, Architecture, Technology, Innovation		
Synopsis: Host: Guests: Issues Covered:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste. Marty Peterson Ned Cramer, design consultant, former editor-in-chief, Architect Magazine. Construction, Sustainable Design, Architecture, Technology, Innovation <u>Architect Magazine - Ned Cramer</u>		
Synopsis: Host: Guests: Issues Covered:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste. Marty Peterson Ned Cramer, design consultant, former editor-in-chief, Architect Magazine. Construction, Sustainable Design, Architecture, Technology, Innovation <u>Architect Magazine - Ned Cramer</u> <u>Editorial - The Climate is Changing. So Must Architecture</u>		
Synopsis: Host: Guests: Issues Covered: Links:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste. Marty Peterson Ned Cramer, design consultant, former editor-in-chief, Architect Magazine. Construction, Sustainable Design, Architecture, Technology, Innovation <u>Architect Magazine - Ned Cramer</u> <u>Editorial - The Climate is Changing. So Must Architecture</u> <u>Ned Cramer's Twitter</u>	13:22	9:37
Synopsis: Host: Guests: Issues Covered: Links: CULTURE CRASH:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste. Marty Peterson Ned Cramer, design consultant, former editor-in-chief, Architect Magazine. Construction, Sustainable Design, Architecture, Technology, Innovation <u>Architect Magazine - Ned Cramer</u> <u>Editorial - The Climate is Changing. So Must Architecture</u> <u>Ned Cramer's Twitter</u> <u>NETFLIX'S "UNTOLD" SERIES</u> We explore the different focuses of the sports documentary series that highlight the stories of different sports	13:22 Time	9:37 Duration



Program 21-39	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 9/26/21	Studio Production: Jason Dickey		
SEGMENT 1:	A DEEPER EXPLANATION OF OCD	Time	Duration
Synopsis:	Like many other mental illnesses, Obsessive Compulsive Disorder (OCD) is often misunderstood and clumped into a stereotypical category. Many people believe that the disorder is just physical behaviors, such as persistent organization, washing one's hands all the time, or checking the lock on the door constantly. But what people don't realize is that OCD is a lot more than just these behavioral actions. David Adam, who has OCD and has extensively studied the disorder, joins us this week to help dispel any myths and preconceived perceptions.	1:47	9:55
Host:	Gary Price		
Guests:	David Adam, freelance journalist, author of The Man Who Couldn't Stop: OCD and the True Story of a Life Lost in Thought.		
Issues Covered:	Health, Mental Illness, Behavioral Health, Health Education, History		
Links:	Obsessive-Compulsive Disorder - National Alliance on Mental Illness (NAMI)		
	How to Find the Right Therapist - International OCD Foundation		
	Man Who Couldn't Stop: OCD and the True Story of a Life Lost in Thought - Available on Amazon		
SEGMENT 2:	DIVERSITY DILEMMAS IN OPERA	Time	Duration
Synopsis:	Opera is a beloved art form, but its racial history is as flawed as the rest of our culture. We talk to Naomi Andre, a		
	professor at the University of Michigan, about the history of race in opera and how this traditional art form is evolving with the times.	13:44	8:52
Host:	professor at the University of Michigan, about the history of race in opera and how this traditional art form is	13:44	8:52
Host: Guests:	professor at the University of Michigan, about the history of race in opera and how this traditional art form is evolving with the times.	13:44	8:52
	professor at the University of Michigan, about the history of race in opera and how this traditional art form is evolving with the times. Marty Peterson	13:44	8:52
Guests:	professor at the University of Michigan, about the history of race in opera and how this traditional art form is evolving with the times. Marty Peterson Naomi Andre, professor of Afroamerican and African studies, University of Michigan.	13:44	8:52
Guests: Issues Covered:	professor at the University of Michigan, about the history of race in opera and how this traditional art form is evolving with the times. Marty Peterson Naomi Andre, professor of Afroamerican and African studies, University of Michigan. Music, Arts, Performance, Racial Issues, History, Career	13:44	8:52
Guests: Issues Covered:	professor at the University of Michigan, about the history of race in opera and how this traditional art form is evolving with the times. Marty Peterson Naomi Andre, professor of Afroamerican and African studies, University of Michigan. Music, Arts, Performance, Racial Issues, History, Career <u>Naomi André - UM LSA Residential College</u>	13:44	8:52
Guests: Issues Covered:	professor at the University of Michigan, about the history of race in opera and how this traditional art form is evolving with the times. Marty Peterson Naomi Andre, professor of Afroamerican and African studies, University of Michigan. Music, Arts, Performance, Racial Issues, History, Career <u>Naomi André - UM LSA Residential College</u> <u>University of Illinois Press - Naomi André: Black Opera: History, Power, Engagement</u>	13:44 Time	8:52 Duration
Guests: Issues Covered: Links:	professor at the University of Michigan, about the history of race in opera and how this traditional art form is evolving with the times. Marty Peterson Naomi Andre, professor of Afroamerican and African studies, University of Michigan. Music, Arts, Performance, Racial Issues, History, Career <u>Naomi André - UM LSA Residential College</u> <u>University of Illinois Press - Naomi André: Black Opera: History, Power, Engagement</u> <u>Washington Post - A star opera singer is changing classical music with a radical idea: Listening</u>		
Guests: Issues Covered: Links: CULTURE CRASH:	professor at the University of Michigan, about the history of race in opera and how this traditional art form is evolving with the times. Marty Peterson Naomi Andre, professor of Afroamerican and African studies, University of Michigan. Music, Arts, Performance, Racial Issues, History, Career <u>Naomi André - UM LSA Residential College</u> <u>University of Illinois Press - Naomi André: Black Opera: History, Power, Engagement</u> <u>Washington Post - A star opera singer is changing classical music with a radical idea: Listening</u> <u>PIVOTING BACK TO THEATRE MOVIE RELEASES</u> Many film lovers have gotten accustomed to watching new movies at home during the pandemic, but is it for the	Time	Duration

PPR July 2021

Community All Ages 7/17-7/31

The Cohocton Legion Auxiliary will be hosting its Annual Flea Market & Bake Sale on Saturday, July 31 from 9a-5p at 6 Wilcox St. Burgers, hotdogs & homemade goodies for sale. If interested in a booth or more info call Jennifer Shwartz at 585-797-4983.

Entertainment All Ages 6/26-7/5

Dansville Summer Concert held Monday July 5 at 7pm at Williams Park gazebo, corner of Washington & Red Jacket Sts. Featuring the rock sounds of Lucky Number. Feeling lucky? Your will! Lawn chairs or blankets are recommended, and food & beverages are encouraged.

Education Adults/Seniors 7/1-7/8

The Great Debate: Wills vs Trusts. A free workshop with informational look at planning with Revocable Living Trusts. Thursday, July 8 at 6:30pm online via Zoom. Call 607-664-2300 to register.

PPR Jun 2021

Environment Adults 6/2-6/11

West Sparta Roadside Clean Up Days, Saturday June 12 & Sunday June 13 from 8a-12n. The town is looking for volunteers to help with cleaning up the town roadsides. Volunteers must sign in with the Town Clerk to 585-335-3138 before June 12. Bags will be provided.

Health All Ages 6/10-22

Free Rabies Clinic for Livingston County residents only for dogs, cats, ferrets. Tuesday, June 22 from 5-7p at Nunda Kiwanis Park pavilion, 24 Portage St. Bring proof of prior shot, donation accepted. Pre-registration required 585-243-7280 or 335-1717.

Education Children/Youth 6/20-6/27

Hammondsport United Methodist Church presents 'Trek Back in Time' vacation bible school from June 28 – July 2 at 9am. Explore what life was like for the ancient Israelites. Cool projects, interesting new food, and make new friends. More info call 607-569-3511.