

The following list details some of the most significant community issues that affected KMZT’s community for the quarter specified. The list below reflects some of the programming broadcast in this quarter that shows how the station responded to and treated those issues. This list does not include all the issues responded to by the station or all the ways the station responded to those issues and the order in which the issues appear is not intended to imply any degree of priority or significance of the issues.

QUARTERLY ISSUES/PROGRAMS LIST FOR STATIONS: KMZT (AM) 1st Quarter 2023 January/February/March 2023

ISSUE: PROGRAM: DATE/TIME: DURATION: Guest/Group/ DESCRIPTION OF PROGRAM SEGMENT:

<p>Biology Law Enforcement Nutrition Writing</p>	<p>Viewpoints</p>	<p>1/8/23 11:30pm</p>	<p>:30 minutes</p>	<p>SEGMENT 1: FALLING ASLEEP IN SPACE Synopsis: Do you have trouble falling or staying asleep? If so, you’ll know that not getting good rest can take a big toll on how you feel both physically and mentally. This is amplified in space for astronauts who sleep in a zero-gravity environment that relies on an artificial day/night cycle. This week, we explore the fascinating science and study of how humans sleep in space and its effects on the body. SEGMENT 2: A PATHWAY TO EXONERATION Synopsis: Experts estimate that between 4-6 percent of prisoners behind bars are innocent. We explore what factors feed into these wrongful convictions and how advocates in the arena are fighting for justice. VIEWPOINTS EXPLAINED: AN INADEQUATE DIET Synopsis: We discuss the sad state of prison meals in the U.S. All too often, these dishes are spoiled, full of preservatives and don’t have enough calories. If the end goal of incarceration is rehabilitation, shouldn’t these meals adequately feed and nourish prisoners? CULTURE CRASH: THE CAREER OF AARON SORKIN Synopsis: Aaron Sorkin’s screenplays have been praised for their pace and structure. We look into why the Oscar winner’s writing style is so effective in film and on TV.</p>
<p>Career Psychology Criminal Justice Television</p>	<p>Viewpoints</p>	<p>3/5/23 11:30pm</p>	<p>:30 minutes</p>	<p>SEGMENT 1: A NEW VIEWPOINT: SPEAKING WITH ACCLAIMED PASTRY CHEF JOANNE CHANG Synopsis: A young Joanne Chang envisioned a prominent career in business. She graduated from Harvard University with a degree in applied mathematics and economics and went into consulting in her twenties. Despite career success, she decided to switch gears and become a chef. We sit down with Chang to hear about her culinary career journey and the advice she has for others who may be in a similar boat. SEGMENT 2: ONLINE SPORTS BETTING: A LUCRATIVE NEW INDUSTRY OR A GATEWAY TO GAMBLING ADDICTION? Synopsis: Online sports betting is a multi-billion-dollar industry and is only increasing in size year over year. We cover this burgeoning sector, the lack of overhead regulation in the U.S. and the risks this pervasive form of gambling has on a younger population. VIEWPOINTS EXPLAINED: A BETTER-BALANCED MEAL Synopsis: We cover the ongoing push to improve inmates’ meals in prison systems across the</p>

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Child Welfare	Tuned In with Mike Johnson	3/26/23 8:00am	:30 minutes	<p>Pamela Clay, Executive Director, Living Advantage Inc.</p> <p>Ms. Clay spoke about the work done by Living Advantage Inc, an organization that is dedicated to helping at-risk youth, specifically foster youth and the work they do to empower these youths and give them resources they need for a better quality of life.</p>
Economy Psychology Customs Film	Viewpoints	1/1/23 11:30pm	:30 minutes	<p>SEGMENT 1: THE FALLOUT FROM INDUSTRY MONOPOLIES</p> <p>Synopsis: This past November, thousands of Taylor Swift fans were left frustrated and disappointed after Ticketmaster's platform failed to deliver on general sale tickets for her upcoming tour. We discuss how this recent failure has stirred a larger conversation about the consequences & long-term effects of monopolies.</p> <p>SEGMENT 2: WHO IS GEN-Z?</p> <p>Synopsis: There are more than 68 million young people in the U.S. who make up Generation Z – that is anyone born between 1997 and 2012. Research shows that this cohort is the most racially and ethnically diverse than any other previous generation and are progressive in their mindsets. On top of this, they're extremely tech-savvy and believe that mental health is equally as important as physical health. Culture expert John Schlimm helps us understand who Gen Z is and what impact they'll have on the future world.</p> <p>VIEWPOINTS EXPLAINED: NYE TRADITIONS AROUND THE WORLD</p> <p>Synopsis: We explore how different cultures and countries ring in the New Year.</p> <p>CULTURE CRASH: 2023 FILM RELEASES</p> <p>Synopsis: We highlight some of the movies we're looking forward to in 2023.</p>
Economy Nutrition Law Enforcement Music	Viewpoints	2/5/23 11:30pm	:30 minutes	<p>SEGMENT 1: THE MANY CAUSES OF SUPPLY CHAIN & INFLATION WOES</p> <p>Synopsis: Economic uncertainty is on the minds of millions of Americans. Part of this uncertainty stems from continuing inflation and instability plaguing global markets. We speak with longtime economist and banker, James Rickards about the factors feeding into these rising costs and supply chain woes.</p> <p>SEGMENT 2: A CHANGING PALATE ACROSS PERIODS OF ECONOMIC UNCERTAINTY</p> <p>Synopsis: Higher prices at the grocery store – from eggs to meat to specialty items – dictate what many Americans buy and cook throughout the week. While it can be difficult to pull back on the items we like, this shift in diet is nothing new. Across history – war, famine, and economic instability has affected what Americans choose to spend their money on. Even today, the current economic uncertainty has shifted recipes and food trends. This week, we rewind back to the Great Depression, which forced millions of Americans to find new recipes and get creative with the limited number of ingredients they could afford.</p> <p>VIEWPOINTS EXPLAINED: STRIVING FOR A POLICE FORCE THAT BETTER REPRESENTS SOCIETY</p> <p>Synopsis: Just 12 percent of police officers are women and only 3 percent are in leadership positions. We cover one initiative that's dead set on getting more women into this sector."</p>

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Education	Tuned In with Mike Johnson	1/29/23 5:00am	:30 minutes	<p>Julio Martinez-Executive Director of the ScholarShare Investment Board Mr Martinez spoke about the ScholarShare 529 program that is set up to help parents save money for students to pay for college</p>
Finance Environment Government Music	Viewpoints	2/26/23 11:30pm	:30 minutes	<p>SEGMENT 1: LOOKING UP: THE PATH TO FINANCIAL WEALTH Synopsis: For Scarlett Cochran, money management wasn't a topic of conversation growing up. Her parents never went to college and money was always a touchy subject for her family. It wasn't until she was in her early twenties and struggling with money that she realized the importance of budgeting and accruing savings. We sit down and speak with Cochran to learn about her inspiring journey and path to financial wealth.</p> <p>SEGMENT 2: GREEN BURIALS Synopsis: Have you thought about end-of-life planning? Would you like to be buried or cremated – or possibly have a green burial? While death may be a topic that's shied away from, it's something that each one of us eventually confronts head on. This week – We talk about the importance of being involved in the death process of loved ones and learning about what burial options are available when that time comes.</p> <p>VIEWPOINTS EXPLAINED: A FAULTY DESIGN Synopsis: The massive earthquake earlier this month in the Middle East is nearing 50,000 lives lost. It's been discovered that more than 75,000 buildings within the earthquake zone in Turkey were improperly constructed and did not meet earthquake resistant regulations.</p> <p>CULTURE CRASH: A RETURN TO PARAMORE Synopsis: We discuss Paramore's latest album release after a long hiatus.</p>
Health	Tuned In with Mike Johnson	1/15/23 & 1/22/23 5:00am	:30 minutes	<p>Dr Bethany Gray, Monarch HealthCare, Cypress Dr Gray spoke about the dangers, which potentially could be deadly of drug interactions and the importance of following prescriptions as suggested by physicians.</p>
Health	Tuned In with Mike Johnson	2/5/23 & 2/12/23 5:00am	:30 minutes	<p>Dr Prabhdeep Sehti-cardiologist Dignity Health St Bernadine Medical Center-San Bernardino Dr Sehti spoke about things you can do to take care of themselves and what can cause heart disease.</p>
Health Nutrition	Tuned In with Mike Johnson	2/19/23 & 2/26/23 5:00am	:30 minutes	<p>Dr Scott Brandman, Thoracic Radiologist- Radnet Dr Brandman spoke about the signs and symptoms of lung cancer and explained the "Just Breathe Campaign"</p> <p>Susan Pasarow-Nutrition Coach-SP Nutrition Ms. Pasarow spoke about the confusing issues involved with dieting, and some practical ideas for losing weight.</p>
Health	Tuned In with Mike Johnson	3/19/23 8:00am	:30 minutes	<p>Dr Benjamin Leach, M.D. City Of Hope, Mission Hills Dr. Leach spoke about March being Colorectal Cancer Awareness Month and the importance of being screened for this type of cancer.</p>

<p>Health History Science Sports</p>	<p>Viewpoints</p>	<p>1/22/23 11:30pm</p>	<p>:30 minutes</p>	<p>SEGMENT 1: THE DAMAGING WORLD OF WOMEN'S ELITE RUNNING Synopsis: Long-distance runner Lauren Fleshman won five NCAA championships and two U.S. national championships in women's track and field. Early on in her career, she was a prized hopeful for bringing home the Olympic gold, but this dream came crashing down after a series of injuries and setbacks. Fleshman joins us this week to talk about the toxic culture present in many elite running organizations and what needs to change to better support these young, vulnerable athletes.</p> <p>SEGMENT 2: HOW DID PAST CIVILIZATIONS KEEP TIME? Synopsis: From sundials to mechanical clocks to atomic clocks, humans – throughout the centuries – have kept track of time using many different methods.&nbsp;Physics and astronomy professor Chad Orzel joins us this week to highlight just how much we rely on accurate clocks and how timekeeping technology has evolved across human history.</p> <p>VIEWPOINTS EXPLAINED: ALCOHOL'S CONNECTION TO CANCER Synopsis: The World Health Organization recently reported that no amount of alcohol is healthy to consume. In fact, the agency says even light or moderate alcohol intake has been linked to cause seven different types of cancer.</p> <p>CULTURE CRASH: A TOUGH MONTH FOR THE NFL AHEAD OF THE SUPER BOWL Synopsis: Ahead of the year's biggest game, we discuss the state of the NFL following the serious injury suffered by Bills player Damar Hamlin.</p>
<p>History Government Sports Film</p>	<p>Viewpoints</p>	<p>2/12/23 11:30pm</p>	<p>:30 minutes</p>	<p>SEGMENT 1: FORGING OPPORTUNITY: THE EARLY WOMEN OF THE WEST Synopsis: The Wild, Wild West: cowboys, shootouts, open prairies & gold mines galore. While this is a common stereotype surrounding the colonial West, there's much more about this region and period than meets the eye. For thousands of women, living out West meant greater independence, and an opportunity to start anew. Historian and author Winifred Gallagher joins us to share how the women of the Old West paved the way for women across the U.S.</p> <p>SEGMENT 2: A DISTENGRATING FRAMEWORK Synopsis: Last month, the Federal Aviation Administration grounded all departing flights across the U.S., leading to thousands of delayed flights and major headaches for travelers. In short, this outage was caused by a widespread system failure of the air traffic control system. Without it, pilots are essentially flying dark with no news of ground conditions, weather updates, etc. In the days and weeks following, this incident has raised many questions about the aging software and systems that we heavily rely upon. We speak with two aviation experts about this recent fiasco and what it means for all technology-reliant industries.</p> <p>VIEWPOINTS EXPLAINED: BRADY BOWS OUT Synopsis: Longtime NFL quarterback Tom Brady is leaving the game for good. We cover why this prominent athlete has decided to step back again after coming out of retirement only a year back.</p> <p>CULTURE CRASH: ACADEMY AWARD NODS Synopsis: The Oscars are right around the corner. Here are some of our favs that've received</p>

				an Oscar nod.
History Government Public Health Film	Viewpoints	3/26/23 11:30pm	:30 minutes	<p>SEGMENT 1: THE UNTOLD STORY OF EDITH WILSON Synopsis: Women’s History Month is a time to look back and honor the women of the past who’ve made a difference. One of these stories is that of Edith Wilson. On paper, she’s known as Woodrow Wilson’s second wife and first lady, but her story is much more fascinating than what meets the eye. Author Rebecca Roberts joins us to share the story of this fierce and independent woman.</p> <p>SEGMENT 2: A WITHHOLDING OF PUBLIC INFORMATION Synopsis: Did you know that our federal government classifies more than 50 million pieces of documents each year? Why are so many documents marked as classified? And why is there such a long lag time for them to be unsealed? We uncover this outdated process and focus on one new method that’s aiming to make this process more efficient and speedier.</p> <p>VIEWPOINTS EXPLAINED: A NEW CLEAN WATER INITIATIVE Synopsis: The Environmental Protection Agency recently announced a new initiative aimed at removing some of the most toxic forever chemicals from Americans’ water supply.</p> <p>CULTURE CRASH: BACK TO THE THEATRE Synopsis: The box office is on a hot streak. We highlight some of our favorites so far this year.</p>
Hobbies Education Arts	Viewpoints	1/29/23 11:30pm	:30 minutes	<p>SEGMENT 1: FOR THE LOVE OF CROSSWORDS Synopsis: The first crossword was published in 1913 by journalist Arthur Wynne. Since then, the timeless puzzle has stayed in style and graces newspapers from the New York Times to USA Today. Self-acclaimed lovers of crosswords are known as ‘cruciverbalists’ and compete online as well as create these puzzles for publishing. We speak with crossword expert Adrienne Raphael to find out more about this beloved word game.</p> <p>SEGMENT 2: BANNED BOOKS: TWO SIDES TO THE STORY Synopsis: Books have been taken off shelves since the colonial period, but, in recent years, more books than ever have been deemed unsuitable for young readers. We discuss the controversy by highlighting two differing perspectives on the debate.</p> <p>CULTURE CRASH: HOW CHATGPT IS CHANGING THE ARTS SCENE Synopsis: We discuss how new AI technology platforms like DALL-E and ChatGPT are making waves in the creative landscape.</p>
Mental Health Infrastructure Climate Film	Viewpoints	1/15/23 11:30pm	:30 minutes	<p>SEGMENT 1: HOW TO BETTER DEAL WITH STRESS THIS YEAR Synopsis: We speak with University of California – San Francisco professor and health psychologist Dr. Elissa Epel about how listeners can better manage their stress this year by employing certain lifestyle habits.</p> <p>SEGMENT 2: A KEY VULNERABILITY: U.S. POWER GRIDS Synopsis: In recent years, power attacks on electric power stations in the U.S. have become more common. We discuss what’s driving this uptick, how power companies and government organizations are responding and what you should know as a consumer.</p> <p>VIEWPOINTS EXPLAINED: WINTER IN UKRAINE</p>

				<p>Synopsis: As winter takes hold on Europe, Ukrainian soldiers defending their country face subzero temperatures, power outages and increasing challenges.</p> <p>CULTURE CRASH: A REVIEW OF "GLASS ONION"</p> <p>Synopsis: We discuss the new film, "Glass Onion: A Knives Out Mystery" now streaming on Netflix.</p>
<p>Mental Health Animal Welfare Government Film</p>	Viewpoints	3/12/23 11:30pm	:30 minutes	<p>SEGMENT 1: REAL SELF-CARE IS SETTING BOUNDARIES</p> <p>Synopsis: Acclaimed therapist and social worker Nedra Glover Tawaab joins us this week to talk about boundaries. We often don't think about our own boundaries and the boundaries we need in our relationships – whether it be with friends, colleagues, family, or romantic relationships. Tawaab breaks down how to set these boundaries and approach difficult conversations.</p> <p>SEGMENT 2: ANIMAL CONTROL AND RESCUE</p> <p>Synopsis: More than six million companion animals enter U.S. shelters each year, and a little over four million are adopted. Sadly, shelters still rely on euthanizing when facilities are overcrowded, and an animal has been there for a while. Author Laurie Zaleski has made it her life's work to rescue hundreds of these unwanted pets and care for them on her farm. We speak with Zaleski as well Dr. Joshua Fisher, an animal expert, about the importance of caring for these animals and heading to shelters to adopt instead of a pet store or breeder.</p> <p>VIEWPOINTS EXPLAINED: THE STATE OF STUDENT LOAN CANCELLATIONS</p> <p>Synopsis: We discuss the future of the student loan cancellation program that was heavily touted by the Biden administration last year.</p> <p>CULTURE CRASH: THE RELEASE OF CREED III</p> <p>Synopsis: That's right – Creed III is the newest installment in the boxing drama. We cover whether this early 2023 blockbuster is worth the watch.</p>
<p>Mental Health Education Healthcare Television</p>	Viewpoints	3/19/23 11:30pm	:30 minutes	<p>SEGMENT 1: FOOD'S CONNECTION TO OUR MENTAL HEALTH</p> <p>Synopsis: You're probably familiar with the saying: 'You are what you eat.' It's no secret that the foods we consume directly correlate to how we feel, look and more. But there's more to food than just providing us with energy and nourishment. A lack of certain nutrients can exacerbate depression, anxiety, and other mental health disorders. We speak with food expert and author, Mary Beth Albright about food's intimate connection to how we feel.</p> <p>SEGMENT 2: WHAT LED TO THE LARGEST HIGHER EDUCATION STRIKE IN U.S. HISTORY?</p> <p>Synopsis: Late last year, more than 48,000 graduate students, researchers and teaching assistants unionized and went on strike against the University of California system, encompassing nine college campuses. Across the state, schools like Berkeley, UCLA and University of California-San Diego to name a few came to a standstill as thousands demanded higher pay, better healthcare and other improved benefits. We speak with master's student, Kelsey Wardlaw (who went on strike) about her experience and why unionizing felt like the right path forward.</p> <p>VIEWPOINTS EXPLAINED: ELI LILLY'S COMMITMENT ON INSULIN</p> <p>Synopsis: Pharmaceutical giant, Eli Lilly, has decided to cap their monthly insulin costs at</p>

				<p>\$35/month. For millions who rely on insulin to treat Type I Diabetes, this high price tag was something they've long been fighting to change.</p> <p>CULTURE CRASH: THE POPULARITY OF THE NETFLIX SERIES, "WEDNESDAY"</p> <p>Synopsis: We discuss why "The Addams Family" spinoff, "Wednesday" is faring so well with younger audiences.</p>
Parenting	Tuned In with Mike Johnson	3/5/23 & 3/12/23 5:00am	:30 minutes	<p>Dr Tish Taylor-Author "Fostering Connection:Building Social and Emotional Health in Children and Teens"</p> <p>Dr Taylor spoke about dealing with defiant adolescents and what overwhelmed parents can do to establish healthy relationships for life with their children.</p>
Psychology Poverty Finance Television	Viewpoints	2/19/23 11:30pm	:30 minutes	<p>SEGMENT 1: IN AWE: A RENEWED LENS ON LIFE</p> <p>Synopsis: It can be hard to explain what it's like to feel in awe. For me, I can remember feeling this way after reaching the top of a mountain after an hours-long climb and looking onto the vast horizon, or after watching the film Inception in theaters for the first time and being blown away by the soundtrack. We speak with renowned social psychologist Dacher Keltner about awe and what experiences elicit this emotion.</p> <p>SEGMENT 2: THE UNSEEN FACES OF HOMELESSNESS</p> <p>Synopsis: At the beginning of 2020, there were about 580,000 Americans homeless on a given night, according to the National Alliance to End Homelessness. Fast forward almost three years and this number has stayed about the same. With basic living prices and rent still high, we share the many faces of homelessness and one inspiring story about resilience in the face of several challenges.</p> <p>VIEWPOINTS EXPLAINED: TIME FOR TAXES</p> <p>Synopsis: The most dreaded time of year is soon upon us: tax season. We talk about tax help resources and what to expect once you file.</p> <p>CULTURE CRASH: A NEW MURDER MYSTERY</p> <p>Synopsis: We talk about the new murder mystery TV show, "Poker Face" that's now streaming on Peacock.</p>
Traffic Safety	Tuned In with Mike Johnson	1/1/23 & 1/8/23 5:00am	:30 minutes	<p>Tim Weisberg-Acting Deputy Director , California Office Of Traffic Safety</p> <p>Mr Weisberg spoke about winter driving safety, as well as drunk, drugged and distracted driving.</p>