Quarterly Issues Programs List

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Stations: KROC-AM

January 1st, 2024 through March 31st, 2024

SECTION I. Issues

- **A)** Public Health The Minnesota Department of Health (MDH) works to protect, maintain, and improve the health of all Minnesotans through disease prevention, health promotion, and assurance of a safe and healthy environment. MDH collaborates with communities, individuals, and partners to address public health challenges and advance health equity across the state.
- **B)** Economy Minnesota's income inequality has slowly grown over the past 20 years or so, mostly because its Black and indigenous population has continued to lag behind other racial and ethnic groups in the state when it comes to household income. However, the state is still among those whose income gap is among the narrowest.
- **C) Reproductive Rights** In January 2023, Governor Walz signed Minnesota's Protect Reproductive Options Act into law, affirming Minnesotans' fundamental right to make independent decisions about their own reproductive health.
- **D) Public Education** The Minnesota Department of Education released statewide test results for 2023 that show more than half of students are struggling.
- **E)** Wildlife and Conservation The MN Department of Natural Resources plays a crucial role in conserving and preserving Minnesota's forests, wildlife, waterways, and recreational areas.

SECTION II – RESPONSIVE PROGRAMS

MINNESOTA MATTERS, hosted by Tasha Redel, Bill Werner, and Mike Grim, is a weekly locally produced public affairs program that discusses matters of importance to Minnesotans. Minnesota Matters runs every Sunday morning on KROC-AM from 9:00 a.m. to 9:30 a.m.

January 7th, 2024 – Issues Discussed: Economy, Public Health, Public Education

This episode covers a wide range of issues, including radon action month, a new law safeguarding rental tenants and pets, navigating student loans, and recent political updates. Eminence Bill Werner provides insights into the week's political developments, ranging from the state flag redesign controversy to the implementation of the red flag law. The discussion extends to the significance of a new law protecting pets from surgical alterations mandated by landlords, with state Representative Maria Issa Perez Vega providing valuable insights. Additionally, Laura Erdman from the Minnesota Office of Higher Education shares details about a newly launched success coaching service tailored for first-year self loan borrowers, designed to simplify the student loan process.

January 14th, 2024 – Issues Discussed: Economy, Public Health, Food Insecurity

The episode kicks off with a discussion on the state's current issues, including the persistently high use of food shelves across Minnesota, highlighting the challenges faced by families due to factors like inflation and changes in emergency benefits. Angelica Clubbish, director of Community Partnerships at Second Harvest Heartland, provides insight into the significant increase in food shelf visits in 2023, emphasizing the continued need for support and the organization's efforts to address it.

January 21st, 2024 – Issues Discussed: Economy, Public Health

The episode covers a range of subjects, including the prevalence of pregnancy discrimination cases, highlighted by Eminem's Ashley Walker speaking with MDHR commissioner Rebecca Lucero and insights into the 2024 Minnesota State Fair including budget considerations and upcoming entertainment announcements and maintenance projects at the State Fairgrounds.

January 28th, 2024 – Issues Discussed: Economy, Public Health, Public Safety

The episode starts by addressing the charges filed against Minnesota State trooper Ryan Londrigan for the death of Ricky Cobb II during a traffic stop, with input from Hennepin County Attorney Mary Moriarty and statements from Cobb's family and Londrigan's attorney Chris Mattel. Imran Ali from the Minnesota Police and Peace Officers Association defends Trooper Londrigan, criticizing the charges. Legal expert David Schultz discusses the challenges prosecutors face in obtaining a conviction. Later, Minnesota Department of Health Commissioner Brooke Cunningham provides updates on the flu, COVID-19, and RSV season, emphasizing the importance of vaccinations and testing.

February 4th, 2024 – Issues Discussed: Public Education, Wildlife & Conservation, Public Health, Public Safety

Topics covered include the announcement of four finalists for the president of the University of Minnesota by the EU of M, District Court judges officiating Valentine's Day weddings, concerns about wildfire danger due to mild winter temperatures discussed by Nick Petrak and DNR climatologist Pete Bouley, and the success of the University of Minnesota women's gymnastics team under head coach Jenny Hanson.

February 11th, 2024 - Issues Discussed: Tourism, Weather

The episode begins with a tragic incident at Lutsen Lodge, which was destroyed by a fire, prompting a conversation about the lodge's history and significance. Then, there's a segment on the unusual warm winter in Minnesota, featuring a conversation between Brent Palm and Pete Bouley, an official weather record keeper.

February 18th, 2024 – Issues Discussed: Public Health, Reproductive Rights, Economy,

The episode starts with a news on the confirmation of new measles cases by the Minnesota Department of Health, a study from the University of Minnesota suggesting undercounting of COVID-19 deaths, the opening of the legislative session with a focus on bonding bills and hot-button issues, efforts to pass an equal rights and abortion rights constitutional amendment, debates over legislation on end-of-life options and school resource officer use of force, and legendary

February 25th, 2024 – Issues Discussed: Public Education, Public Safety, Wildlife & Conservation

This episode covers various topics, including the ongoing debate surrounding school resource officers at the Capitol, a series on youth sports in Minnesota, and the tragic incident in Burnsville where two police officers and a fire department paramedic were shot and killed during a domestic abuse call. Governor Tim Walz and other officials express condolences to the families of the victims, emphasizing the sacrifices made by first responders. The episode also discusses efforts to address issues affecting police officers, such as legislation governing the use of force by school resource officers, highlighting the challenges of finding a compromise between law enforcement and lawmakers.

March 3rd, 2024 – Issues Discussed: Public Safety, Public Health, Mental Health, Weather, Economy

The episode begins with a somber remembrance of fallen officers and a firefighter-paramedic who lost their lives in the line of duty during a tragic domestic call in Burnsville. Legislative business at the state Capitol was halted to honor their sacrifice. Later, the discussion shifts to the implementation of the 988 crisis hotline in Minnesota, offering support and counseling to individuals experiencing emotional distress or mental health crises. Brent Palm discusses the record-breaking warm temperatures and lack of snowfall during the winter of 2023/2024 in Minnesota, highlighting the impact on winter recreation and the early start of the fire season. Finally, Boyce Olsen

moderates a panel discussion on workforce challenges in long-term care, focusing on the changing landscape post-pandemic and the need to attract and retain talent in the healthcare sector amidst increasing demand.

March 10th 2024 - Issues Discussed: Public Safety, Public Health, Public Education, Economy

The discussion begins with analysis of Minnesota's Super Tuesday presidential primary results, highlighting the performance of candidates like Donald Trump, Joe Biden, Nikki Haley, and Dean Phillips. The conversation then shifts to legislative priorities in Minnesota, including bipartisan efforts to fix laws on the use of force by school-based officers and proposals related to alcohol modernization. Additionally, the episode covers initiatives such as the Employer Reasonable Accommodation Fund, aimed at assisting small and medium-sized employers in providing accommodations for Minnesotans with disabilities. Topics like the flu season, consumer prices, and combating organized retail crime are also explored, offering insights from experts and industry leaders

March 17th 2024 – Issues Discussed: Public Safety, Public Health, Public Education, Reproductive Rights, Economy, Mental Health

The discussion begins with a report on the Minnesota Legislature addressing a carryover issue from the previous year concerning the use of force by school-based resource officers. After negotiations and compromises, a bipartisan agreement is reached and a bill is passed in both chambers. The conversation then shifts to Vice President Kamala Harris's visit to a Planned Parenthood clinic in Saint Paul, where she advocates for reproductive freedoms amid concerns over the potential overturning of Roe v. Wade by the US Supreme Court. Additionally, the show explores the impact of ride-sharing companies like Uber and Lyft threatening to leave Minneapolis due to proposed minimum pay regulations for drivers set by the City Council. Finally, the University of Minnesota's research on the importance of nurturing creativity in education is discussed, along with financial counseling tips for managing credit card debt and the ongoing debate over legalizing sports betting in Minnesota, including its potential revenue allocation and associated risks. The episode concludes with a reminder about the importance of mental health support and resources available through the 988 hotline.

March 24th 2024 – Issues Discussed: Reproductive Rights, Economy, Public Safety, Public Health, Public Education

This episode covers the progress of a sports betting bill in the legislature, efforts to address credit card debt, the importance of nurturing creativity, Vice President Kamala Harris's visit to a Planned Parenthood clinic, the impact of Uber and Lyft shutting down operations in Minneapolis due to a minimum pay ordinance, legislation regarding school-based resource officers' use of force, and the legalization of sports betting in Minnesota, including its potential revenue distribution and measures to protect against problem gambling and underage participation. Senator Matt Klein, chief author of the sports betting bill in the Senate, also provides insights into the legislative process and the considerations involved.

MINNESOTA MILITARY RADIO

In addition to the programs listed above KROC-AM also airs a weekly Veterans Affairs program on Sundays from 7:00 a.m. to 8:00 a.m. See attached program log.

RADIO HEALTH JOURNAL

KROC-AM also airs a nationally syndicated community affairs program each Saturday from 8:00 a.m. to 8:30 a.m. See attached program



MINNESOTA MILITARY RADIO

PROGRAM LOG -1st QUARTER 2024

Airing Each Sunday from from 7:00 a.m. to 8:00 a.m. on KROC-AM.

With nearly 370,000 veterans and tens of thousands of guard and reserve troops, Minnesota is a state committed to supporting our friends and neighbors who serve in the military.

01/06/2024

This week, we take a look back at the year that was and forward toward what's to come in this new year for the Minnesota National Guard and Minneapolis VA Health Care System. Guests include:

- MG Shawn Manke Minnesota National Guard
- Director Patrick Kelly Minneapolis VA Health Care System

01/13/2024

This week we meet with a Doctor from the ALS Clinic at the Minneapolis VA Health Care System, catch up with the Farmington Yellow Ribbon Network and get an update from our Command Senior Enlisted Leader. Guests include:

- Ezgi Tiryaki Minneapolis VA Health Care System
- Doug Tauber Beyond the Yellow Ribbon Farmington
- CMSgt. Lisa Erikson Minnesota National Guard

01/20/2024

This week we meet with some Host Families for the Minnesota National Guard's 51st Norwegian Reciprocal Troop Exchange (NOREX) and look back at our trip to Norway in 2023 for the 50th anniversary of NOREX. The exchange, which started in 1974, is the U.S.'s longest continuous bilateral military and cultural exchange, bringing Norwegian service members to Minnesota and Minnesota service members to Norway to train with one another. Guests include:

The Danczyk Family – MNNG Host Family

- Shane Hybben MNNG Host Family
- Maj. Katie Lunning Minnesota National Guard

01/27/2024

This week we meet with the Commanding General of the 34th Red Bull Infantry Division, discuss Veteran Legislation with the Legislative Director of the DAV Department of Minnesota and get an update from the Minneapolis VA Health Care System. Guests include:

- MG Charles Kemper 34th Red Bull Infantry Division
- Legislative Director Trent Dilks DAV of Minnesota
- Director Patrick Kelly Minneapolis VA Health Care System

02/04/2024

This week we meet with the Commander of the 179th Fighter Squadron, 148th Fighter Wing, get an update on the Three new State Veterans Homes from the Minnesota Department of Veterans Affairs and have a discussion with the State Captain of the MN Patriot Guard. Guests include:

- Lt. Col. Grant Brown 179th Fighter Squadron/148th Fighter Wing
- Eric Meittunen Minnesota Department of Veterans Affairs
- Craig Ugland Minnesota Patriot Guard

02/11/2024

This week we discuss Veteran Survivor Benefits with U.S. Department of Veterans Affairs, learn about Minnesota Department of Transportation becoming a Beyond the Yellow Ribbon organization and get an update from our Senior Enlisted Leader. Guests include:

- Isaac Lundquist U.S. Department of Veteran Affairs
- Jon Solberg Minnesota Department of Transportation
- Karin Van Dyck Minnesota Department of Transportation
- CMSgt. Lisa Erikson Minnesota National Guard

02/18/2024

This week we meet with a Community Relations Officer for the Minnesota National Guard, discuss Veteran Benefits and Field Operations with the Minnesota Department of Veterans Affairs and get an update from the Minnesota Association of County Veterans Service Officers. Guests include:

- Capt. Kristin Ohrt Minnesota National Guard
- Todd Kubinski Minnesota Department of Veterans Affairs
- Josh Beninga Minnesota Association of County Veteran Service Officers

02/25/2024

This week we learn about the mission of the Eagle Group of Minnesota Veterans, meet with the Commander of the JWVMN and get an update from the MN Patriot Guard. Guests include:

- Brad Doboszenski The Eagle Group of Minnesota Veterans
- Alan Hill The Eagle Group of Minnesota Veterans
- Commander Stewart Mednick Jewish War Veterans of Minnesota
- Tim Leonhardt Minnesota Patriot Guard

03/03/2024

This week we meet with members of the Minnesota National Guard's Cyber Coordination Cell, discuss the ongoing mission with the Minnesota Assistance Council for Veterans and get an update from the Director of the Minneapolis VA Health Care System. Guests include:

- LTC Brian Morgan Minnesota National Guard
- 2LT Nicollette Weis Minnesota National Guard
- WO1 Marco Riley Minnesota National Guard
- MG(ret) Neal Loidolt Minnesota Assistance Council for Veterans
- Director Patrick Kelly Minneapolis VA Health Care System

03/10/2024

This week we kick off Women's History Month and celebrate International Women's day by meeting with an award winning female Veteran and pharmacist from the Minneapolis VA Health Care System, learn how a Veteran supporting Beyond the Yellow Ribbon of Owatonna is impacting female Veterans, and get and update from Senior Enlisted Leader. We also thank a very special Woman and our Military Producer for the years of helping make this show a success. Guests include:

- Dr. Shelby Setnikar Minneapolis VA Health Care System
- Patty McNeese Minnesota Department of Employment and Economic Development
- Command Chief Master Sgt. Lisa Erikson Minnesota National Guard
- 2LT Linsey Williams Minnesota National Guard

03/17/2024

This week we host our annual Spring Preparedness Show with leadership from the U.S. Army Corps of Engineers St. Paul District, Minnesota Homeland Security and Emergency Management and the Minnesota National Guard. We also get an update from the Minnesota Association of County Veterans Service Officers. Guests include:

- Jim Rand U.S. Army Corps of Engineers, St. Paul District
- Director Kristi Rollwagen Minnesota Department of Homeland Security and Emergency Management
- Major Matthew Scholz Minnesota National Guard
- Josh Beninga Minnesota Association of County Veteran Service Officers

03/24/2024

This week, we learn about the Minnesota National Guard Youth Camp, meet with the Marine Corps League – Department of Minnesota and get an update from the Minneapolis VA Health Care System. Guests include:

- Rich Kemp Minnesota National Guard Youth Camp
- Lindsay Koolmo Minnesota National Guard Youth Camp
- Commandant Andrew McCormack Marine Corps League, Department of Minnesota
- Melanie Nelson Minneapolis VA Health Care System

03/31/2024

This week we meet with Minnesota Department of Veterans Affairs and learn about their SOAR program to help at-risk Veterans, learn about a new Veterans Food Shelf with the DAV Department of Minnesota, and get an update from the MN Patriot Guard. Guests include:

- Kal Johnson Minnesota Department of Veteran Affairs
- Stephen "Butch" Whitehead DAV Department of Minnesota
- Craig Ugland Minnesota Patriot Guard



Quarterly Report of Compliancy Issues & Programs List 2024-Q1 (January - March) Radio Health Journal

- 3D Printing
- Addiction
- African American Issues
- Aging
- Agriculture
- Alzheimer's Disease
- **Amputations**
- Anatomy
- Anxiety
- Artificial Intelligence
- Bacteria
- **Bacterial Infection**
- Bedside Manner
- Black History Month
- **Brain Imaging**
- **Breast Cancer**
- Burnout
- Cancer
- **Cancer Prevention** Cervical Cancer
- Chemotherapy
- **Childhood Cancers**
- Children At Risk
- **Chronic Conditions**
- Chronic Disease
- Colon Cancer
- Community Care Compulsions
- Confirmation Bias
- Consumerism
- Coping Strategies
- Covid-19
- Cranial Drill
- Criminals
- Cuticles
- Deception
- Dementia
- Depression
- Diabetes
- Diagnostic Tools
- Diet
- Discrimination
- Disease
- Disease Progression
- **Drug Shortages**
- Economics
- **Ecosystems**
- Education
- Elementary School **Emergency Medicine**
- **Emotions**

- **Empathy**
- Endometriosis
- Environment
- Equality
- Evolution
- Family Issues Family Medicine
- Farming
- FDA
- Federal Drug Regulations
- Female
- Entrepreneurship
- Female Issues
- Fiber
- Foot Health
- Gender Issues
- Generic Drugs
- Genetics
- Genius Geriatrics
- **Gut Microbes**
- **Gut Microbiome**
- Gynecology
- Habitats
- Habits
- Hallucinations
- Handwriting
- Health Care
- Health Policy
- Healthcare
- Healthy Lifestyle
- Heart Disease
- Hemorrhage
- Hiking
- History
- HIV
- Hospitalization
- Housing
- Illness
- **Immunity**
- Incarceration
- Individuality
- Infection
- Infectious Disease
- Infrastructure
- Intensive Care Unit
- Invasive Species
- Jail
- Ketamine
- Kidney
- Kidney Stones
- Learning

- Manufacturing and Industry
- **Medical Applications**
- **Medical Device**
- **Medical Devices**
- Medical History
- Medical Imaging
- Medical Intervention
- Medical Knowledge
- Medical Technology
- Medicine
- Mental Health
- Mental Illness
- Mental Institutions
- Military
- Military Families Minority Populations
- Motor Movement
- Nails
- Native Animals Neurology
- Neurosurgery
- Nightmares
- Nutrition Obesity
- Offspring
- Opioid Crisis
- Opioids Oral Health
- Organ Failure
- Organ Transplant
- Pain
- Pain Management
- Pancreatitis
- Pandemic
- Pathological Liars
- Patient Safety
- Patriarchy Pediatric Care
- Pediatric Illness
- **Politics**
- **Population Control** Pre-cancer
- Pregnancy
- Prevention Preventive Medicine
- Prison Productivity
- Psychedelics
- Psychology Psychosis PTSD

- Public Health
- Public Health
- Organizations
- **Public Policy** Public Safety
- Racial Disparities
- Rare Disease
- Raw Materials
- Relationships Reproductive System
- Science Policy
- Scientific Terminology
- Self-esteem
- Septic Shock
- Service Animals
- Service Dogs
- Sexually Transmitted Infections
- Siblings
- Sick Days Skin Condition
- Skull
- Social Anxiety
- Social Media Stethoscope
- Stigma
- Stress
- Student Safety Supplements
- Supply Chain Issues
- Surgery
- Technology
- Telehealth Testicular Cancer
- Therapy
- Trauma Twins
- Ultrasound
- Vaccination Vaccine
- Veteran Issues Veterans
- Virus Visual Stimuli
- Volunteering Vulnerable Populations
- Women's Health Women's History

Women's Issues



Program 24-01 Air Week: 1/7/2024

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

<u>SEGMENT 1: BEING A GOOD PATIENT TAKES WORK: HOW TO FEEL EMPOWERED AT THE HOSPITAL</u>

Time: 1:50

Duration: 12:59

Synopsis: We, as patients, are making more decisions about our health than ever before. From which brand of medicine we want to which supplements we take, a lot of the choices depend on being a smart consumer. Our expert reveals why this is a double-edged sword and how you can feel empowered

walking into your next doctor's appointment.

Host: Elizabeth Westfield **Producer:** Libby Foster

Guests: Dr. Talya Miron-Shatz, Visiting Researcher, University of Cambridge, Author, Your Life Depends

On It

Compliancy issues: Health Care, Medicine, Patient Safety, Social Media, Vulnerable Populations,

Confirmation Bias, Medical Knowledge, Scientific Terminology, Telehealth

Links for more info: Talya Miron-Shatz

Talya Miron-Shatz, PhD. Medical decision making (@TalyaMironShatz) / X

Talya Miron-Shatz, PhD - Visiting Researcher - University of Cambridge | LinkedIn

SEGMENT 2: DOES A GOOD BEDSIDE MANNER SAVE LIVES?

Time: 15:50 **Duration:** 7:02

Synopsis: Dr. Wes Ely, an intensive care specialist, says the early days of his career were spent more worried about the beeps and buzzers rather than the patients that the machines were monitoring. He gives us a unique look into how physicians can humanize patients in the ICU and, in turn, save more lives.

Host: Greg Johnson
Producer: Polly Hansen

Guests: Dr. Wes Ely, Professor of Medicine, Associate Director of Aging Research, Vanderbilt University,

Author, Every Deep-Drawn Breath

Compliancy issues: Burnout, Consumerism, Covid-19, Empathy, Health Care, Healthcare, Pandemic,

Patient Safety, Public Health, Vaccination, Bedside Manner, Intensive Care Unit

Links for more info: E. Wesley Ely, MD, MPH

X: @WesElvMD

E. Wesley Ely, MD, MPH | Vanderbilt Scholars in HIV and Heart, Lung, Blood and Sleep Research

LinkedIn: Dr. Wes Ely



Program 24-02 Air Week: 1/14/2024

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: 3D PRINTING ORGANS AND AI SURGERIES: THE FUTURE OF MEDICINE

Time: 1:48 **Duration:** 11:52

Synopsis: Dr. Thomas Kolon is using 3D-printed models to successfully operate on cases thought to be

inoperable. Another physician brings AI into his surgeries to give patients the most accurate hip replacements possible. This is the future of medicine and our experts are here to explain it all.

Host: Elizabeth Westfield **Producer:** Kristen Farrah

Guests: Dr. George Haidukewych, Director of Orthopedic Trauma & Chief of Complex Joint Replacement, Orlando Health Jewett Orthopedic Institute; Dr. Thomas Kolon, Expert in Pediatric

Disorders, Chief of Urology, Children's Hospital of Philadelphia

Compliancy issues: 3D Printing, Artificial Intelligence, Cancer, Children At Risk, Consumerism, Medical

Technology, Vulnerable Populations, Cancer Prevention, Childhood Cancers, Kidney

Links for more info:

George Haidukewych - Orlando Health - One of Central Florida's Most Comprehensive Healthcare

Networks

Thomas F. Kolon, MD | Children's Hospital of Philadelphia

Thomas F. Kolon (@ThomasKolon) / X

LinkedIn: Dr. Thomas Kolon

SEGMENT 2: NERVOUS NAIL-BITER? IT HARMS MORE THAN JUST AESTHETICS

Time: 14:42 **Duration:** 7:50

Synopsis: So many of us have experienced the compulsion to bite our nails. Even though it's a detriment to our wellbeing, we still do it – so why? Is it a product of our genetics or evolution? Our experts discuss

where this impulse stems from and all the ways it harms our health.

Host: Greg Johnson **Producer:** Morgan Kelly

Guests: Dr. Dana Stern, Assistant Clinical Professor of Dermatology, Mount Sinai Medical Center; Dr.

Fred Penzel, Psychologist & Executive Director of Western Suffolk Psychological Services

Compliancy issues: Bacteria, Consumerism, Evolution, Genetics, Public Health, Trauma, Bacterial

Infection, Compulsions, Cuticles, Ecosystems, Habits, Hemorrhage, Nails, Oral Health

Links for more info:

Dana K Stern - Dermatology | Mount Sinai - New York

Dr. Dana Stern

<u>Dr.Dana Stern (@hamptonderm) • Instagram photos and videos</u>

<u>LinkedIn: Dr. Dana Stern</u> Fred Penzel, Ph.D.

Fred Penzel (@DrFredPenzel) / X



Program 24-03 Air Week: 1/21/2024

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

<u>SEGMENT 1: MENTALLY ILL INMATES: SAFETY AND JUSTICE OR SUFFERING AND VENGEANCE?</u>

Time: 1:47

Duration: 12:28

Synopsis: American prisons are full of people with mental illness, but does the system actually fulfill its promise of reform for these inmates? Dr. Christine Montross, a psychiatrist, says many of them aren't getting the correct help that will make a difference in their lives – and make our society a safer place when they're released. She breaks down the prison system and offers alternative programs to solve this

crisis.

Host: Elizabeth Westfield **Producer:** Reed Pence

Guests: Christine Montross, Associate Professor of Psychiatry and Human Behavior, Brown University **Compliancy issues:** Consumerism, Health Care, Healthcare, Incarceration, Mental Illness, Public Health, Public Policy, Public Safety, Community Care, Criminals, Health Policy, Jail, Mental Institutions,

Prison, Psychosis Links for more info:

Montross, Christine | Brown University

Waiting for an Echo by Christine Montross | PenguinRandomHouse.com: Books

Christine Montross - Bio

SEGMENT 2: DO YOU SUPPORT GIVING CHILDREN MENTAL HEALTH DAYS OFF OF SCHOOL?

Time: 15:17 Duration: 7:43

Synopsis: We're quick to pull our kids out of school when they're running a fever or throwing up, but what about when they've become burnt out or severely stressed? Just because we can't see the physical symptoms doesn't mean there isn't a problem. Dr. Andrea Bonior explains the benefits of giving your children mental health days and how to prepare them for future obstacles.

Host: Greg Johnson **Producer:** Kristen Farrah

Guests: Dr. Andrea Bonior, Licensed Clinical Psychologist, Author

Compliancy issues: Anxiety, Children At Risk, Consumerism, Coping Strategies, Depression, Mental

Health, Public Health, Vulnerable Populations, Emotions, Sick Days, Stress

Links for more info: Dr. Andrea Bonior

Andrea Bonior, Ph.D. (@drandreabonior) • Instagram photos and videos

<u>Professional Speaker - Andrea Bonior, Ph.D. | LinkedIn</u> <u>Youth Risk Behavior Surveillance System (YRBSS) | CDC</u>



Program 24-04 Air Week: 1/28/2024

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: EATING INVASIVE SPECIES: DOES YOUR DIET HELP THE ENVIRONMENT?

Time: 1:49

Duration: 10:53

Synopsis: Many people choose their diet based on what tastes good, but what if you could have great food while helping your local environment? Dr. Joe Roman, a conservation biologist, explains the dangers of invasive species and how we can do our part in saving the environment by strapping on an apron.

Host: Elizabeth Westfield **Producer:** Kristen Farrah

Guests: Dr. Joe Roman, Conservation Biologist, University of Vermont; Dr. Cindy Tam, Biological

Threats and Invasive Species Research Program Coordinator, US Geological Survey

Compliancy issues: Agriculture, Consumerism, Diet, Disease, Environment, Infrastructure, Invasive Species, Public Health, Public Safety, Virus, Farming, Habitats, Native Animals, Population Control **Links for more info:**

Joe Roman | Rubenstein School of Environment and Natural Resources | The University of Vermont

Joe Roman Eat The Invaders

US Geological Survey: Dr. Cindy Tam

LinkedIn: Dr. Cindy Tam

SEGMENT 2: MENTAL HEALTH IN THE MILITARY: STIGMAS, RESOURCES, AND ROADBLOCKS

Time: 13:44 **Duration:** 8:39

Synopsis: As a psychologist, Dr. Chuck Weber helped a lot of soldiers during his time in the military. However, limited resources held him back from being able to fully help the families of active-duty soldiers. He explains why this is such an important area of service and how he fought to prioritize mental health

services.

Host: Greg Johnson **Producer:** Kristen Farrah

Guests: Dr. Chuck Weber, Psychologist, Chief Medical Officer and Founder, Family Care Center

Compliancy issues: Health Care, Healthcare, Mental Health, Military, PTSD, Psychology, Public Health,

Public Safety, Veterans, Vulnerable Populations, Family Medicine, Military Families

Links for more info: Charles Weber | LinkedIn Family Care Center



Program 24-05 Air Week: 2/4/2024

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

<u>SEGMENT 1: WHAT IS A WOMAN WORTH? NEEDLESS DEATHS FROM A PREVENTABLE</u> CANCER

Time: 1:48 **Duration:** 12:10

Synopsis: Cervical cancer is almost completely preventable, so why does it continue to kill thousands of women each year? Dr. Linda Eckert, an expert in cervical cancer prevention, believes the answer involves gender inequalities and sexual stigmas. She discusses these issues and offers life-saving prevention methods for women.

Host: Elizabeth Westfield Producer: Kristen Farrah

Guests: Dr. Linda Eckert, Professor of Obstetrics and Gynecology, University of Washington Department

of Obstetrics and Gynecology and Global Health, Author, Enough

Compliancy issues: Cancer, Consumerism, Gender Issues, Prevention, Vaccination, Vulnerable Populations, Cervical Cancer, Pre-cancer, Sexually Transmitted Infections, Women's Issues

Links for more info:

Linda Eckert | University of Washington - Department of Global Health

Dr. Linda Eckert

Linda Eckert MD (@drlindaeckert) • Instagram photos and videos

Linda Eckert, MD (@drlindaeckert) / X

SEGMENT 2: BLACK ANGELS: THE BLACK NURSES INVOLVED IN THE FIGHT AGAINST TUBERCULOSIS

Time: 15:00 **Duration:** 7:59

Synopsis: Dr. Herbert Fox helped discover a cure for tuberculosis, but his work wouldn't have been possible without the help of the black nurses who monitored and cared for each patient. When all of the white nurses refused to work, these women stepped up. Our expert details their bravery that's gone largely unrecognized in society.

Host: Greg Johnson **Producer:** Polly Hansen

Guests: Maria Smilios, Author, The Black Angels

Compliancy issues: African American Issues, Consumerism, Health Care, Healthcare, Infectious Disease, Medical History, Mental Health, Patient Safety, Public Health, Black History Month, Vaccine

Links for more info:

Maria Smilios

Maria Smilios (@mariamsmilios) • Instagram photos and videos

X: @MariaSmilios



Program 24-06 Air Week: 2/11/2024

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: BIG LIARS: IS HONESTY ALWAYS THE BEST POLICY?

Time: 1:48 **Duration:** 10:38

Synopsis: Are you good at sniffing out lies? Many people aren't. The typical 'tells,' like eye movement, won't expose a true deception artist. Luckily, Our experts explain the psychology behind why people lie

and how you can avoid being duped.

Host: Elizabeth Westfield Producer: Polly Hansen

Guests: Dr. Christian Hart, Professor of Psychology, Texas Woman's University, Director, Human

Deception Laboratory, Co-Author, Big Liars; Dr. Drew Curtis, Associate Professor of Psychology, Angelo

State University, Director, the Curtis Deception Lab, Co-Author, Big Liars

Compliancy issues: Children At Risk, Psychology, Public Health, Public Safety, Vulnerable Populations,

Deception, Lying, Pathological Liars

Links for more info: Christian L. Hart, Ph.D.

Big Liars

Chris Hart (@chrishartpsych) / X

Drew A. Curtis, Ph.D.

Dr.Curtis (@Dr CurtisPhD) / X

Curtis Deception Lab

SEGMENT 2: NOT SO RARE: WHAT'S CAUSING THE RISE IN PEDIATRIC KIDNEY STONES?

Time: 13:28 **Duration:** 9:34

Synopsis: While kidney stones have historically affected middle-aged men, an unusual population has been seeing a rise in cases – young girls. Dr. Greg Tasian, a pediatric urologist, has been researching the reason behind this rise. He explains what causes kidney stones and how to reduce your child's risk.

Host: Greg Johnson **Producer:** Kristen Farrah

Guests: Dr. Greg Tasian, Attending Pediatric Urologist, Children's Hospital of Philadelphia

Compliancy issues: Chronic Disease, Infection, Patient Safety, Public Health, Surgery, Vulnerable Populations, Disease Progression, Gut Microbes, Kidney Stones, Organ Transplant, Pediatric Care

Links for more info:

Gregory E. Tasian, MD, MSc, MSCE | Children's Hospital of Philadelphia

Gregory Tasian, MD, MSc, MSCE (@GregoryTasian) / X

ClinicalTrials.gov: Pediatric KIDney Stone (PKIDS) Care Improvement Network (PKIDS)



Program 24-07 Air Week: 2/18/2024

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: "EAT TO SURVIVE": WHY AMERICANS LACK PROPER EDUCATION ABOUT

NUTRITION Time: 1:48 Duration: 10:35

Synopsis: Many children in America are taught about nutrition through the USDA's balanced food plate known as MyPlate. Unfortunately, these graphics don't accurately portray a proper (and realistic) diet, which leaves many people feeling confused and frustrated. Loni Love, a comedian, explains the obstacles

she's faced during her journey towards a healthier lifestyle.

Host: Elizabeth Westfield **Producer:** Kristen Farrah

Guests: Loni Love, Comedian, Television Host, Spokesperson, Metamucil; Dr. Christopher Gardner,

Rehnborg Farquhar Professor of Medicine, Stanford University

Compliancy issues: Cancer, Chronic Disease, Diabetes, Diet, Gut Microbiome, Immunity, Nutrition,

Obesity, Public Health, Supplements, Fiber, Healthy Lifestyle, Heart Disease, Illness

Links for more info:

Loni Love (@comiclonilove) • Instagram photos and videos

Loni Love (@LoniLove) / X Loni Love - Facebook

<u>Christopher Gardner | Stanford Medicine</u> <u>Christopher Gardner (@GardnerPhD) / X</u>

SEGMENT 2: SERVICE DOGS ARE IN HIGH DEMAND - HERE'S HOW YOU CAN HELP

Time: 13:25 Duration: 9:30

Synopsis: Service dogs have been used throughout history but were legally recognized by the US government in 1990. These animals can help people with physical challenges, like grocery shopping, and mental health struggles such as PTSD and anxiety. Our experts discuss the importance of service dogs and how you can get involved.

Host: Greg Johnson **Producer:** Kristen Farrah

Guests: James Schenck, CEO, PenFed Foundation; Kirsten Holley, US Army Veteran

Compliancy issues: Anxiety, Depression, Family Issues, Mental Health, Neurology, PTSD, Therapy, Veterans, Nightmares, Service Animals, Service Dogs, Social Anxiety, Veteran Issues, Volunteering

Links for more info:

James Schenck - PenFed Foundation

James Schenck - Pentagon Federal Credit Union | LinkedIn

Canine Companions



Program 24-08 Air Week: 2/25/2024

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: THERAPY FOR TWINS: THE MYTH OF THE 'PERFECT' TWIN CONNECTION

Time: 1:48 **Duration:** 11:28

Synopsis: Twins are thought to have a special bond – a built-in friend. But this idea can lead to resentment and harmful codependence if the two siblings never experience individuality. Dr. Joan A. Friedman, a twin expert, explains how parents can help foster a healthy relationship and treat their twins

as separate children. **Host:** Elizabeth Westfield **Producer:** Kristen Farrah

Guests: Dr. Joan A. Friedman, Psychotherapist & Twin Expert

Compliancy issues: Education, Family Issues, Housing, Pregnancy, Psychology, Public Health, Public

Safety, Relationships, Therapy, Individuality, Offspring, Self-esteem, Siblings, Twins

Links for more info: Joan A. Friedman

Joan A. Friedman (@Joanafriedman) / X

Dr. Joan Friedman (@dr.joanfriedmantwinexpert) • Instagram photos and videos

SEGMENT 2: WHY SCIENCE SAYS KIDS SHOULD STILL LEARN TO WRITE IN CURSIVE

Time: 14:18 Duration: 7:59

Synopsis: In the age of cell phones and laptops, is handwriting obsolete? Our experts say that there's still a great benefit for students to write their notes down with pen and paper. Even cursive has its benefits. They discuss the research that shows why elementary students should still know how to use pens and pencils.

Host: Greg Johnson
Producer: Libby Foster

Guests: Dr. Danny Oppenheimer, Professor of Decision Sciences, Carnegie Mellon University; Dr.

Virginia Wise Berninger, Professor Emerita, University of Washington

Compliancy issues: Education, Learning, Psychology, Public Health, Student Safety, Brain Imaging,

Elementary School, Handwriting, Motor Movement, Productivity, Visual Stimuli

Links for more info:

Virginia Wise Berninger, PhD., - Handwriting Collaborative Conference

Carnegie Mellon University: Dr. Danny Oppenheimer

Psychology: The Comic Book Introduction



Program 24-09 Air Week: 3/3/2024

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: HOW TO COMBAT MEDICAL IGNORANCE OF RARE DISEASES

Time: 1:48

Duration: 11:12

Synopsis: Having a rare disease means that not all doctors will know how to treat you. For Christyn Taylor's daughter, who was diagnosed with pediatric pancreatitis at age 7, this meant countless physicians who either didn't believe she had the condition or knew nothing about it – factors that continually worsened her illness. To help other families in similar situations, Taylor created a document that gives patients with rare diseases a credible back-up of medical history and current treatment plans when dealing with stubborn physicians.

Host: Elizabeth Westfield Producer: Kristen Farrah

Guests: Christyn Taylor, CEO, Rebecca's Wish; Lisa Morgan, Parent of Patient

Compliancy issues: Chronic Conditions, Education, Healthcare, Patient Safety, Surgery, Vulnerable

Populations, Hospitalization, Pain, Pancreatitis, Pediatric Illness, Rare Disease

Links for more info:

Pediatric Pancreatitis Patient Passport

Rebecca's Wish

Rebecca's Wish - Facebook

Rebecca's Wish (@rebeccaswishus) • Instagram photos and videos

SEGMENT 2: THE FEMALE GENIUSES THROUGHOUT HISTORY YOU NEED TO KNOW ABOUT

Time: 14:02 Duration: 9:04

Synopsis: If you're asked to name a genius, who do you think of? Albert Einstein or Galileo may come to mind, but there's a good chance you're forgetting the brilliant women who deserve a spot at this table. In honor of Women's History Month this March, our expert tells the stories of a few female geniuses whose accomplishments deserve greater recognition.

Host: Greg Johnson **Producer:** Polly Hansen

Guests: Janice Kaplan, Author, The Genius of Women; Catherine Whitlock, Author, Ten Women Who

Changed Science and the World

Compliancy issues: Consumerism, Education, Gender Issues, History, Medical History, Politics, Public

Health, Vulnerable Populations, Equality, Genius, Patriarchy, Women's History

Links for more info:

Janice Kaplan

Janice Kaplan (@janice.kaplan) • Instagram photos and videos

Janice Kaplan (@JaniceKaplan2) / X

Catherine Whitlock



Program 24-10 Air Week: 3/10/2024

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: CULTURAL COMPETENCE: ADDRESSING RACIAL DISPARITIES IN HEALTHCARE

Time: 1:48

Duration: 13:01

Synopsis: Racial disparities have existed in medicine throughout history. Research is finally starting to not only recognize these inequalities but create actionable plans to close the gaps. Our guests discuss sectors of healthcare and disease where racial disparities continue to block minority populations from

quality care.

Host: Elizabeth Westfield **Producer:** Kristen Farrah

Guests: Dr. Ladson Hinton, Professor and Director of Geriatric Psychiatry, University of California Davis School of Medicine; Dr. Toyin Nwafor, Infectious Disease Physician, Senior Medical Director for HIV

Prevention, VIIV Healthcare

Compliancy issues: Alzheimer's Disease, Discrimination, HIV, Infectious Disease, Patient Safety,

Psychology, Public Health, Dementia, Minority Populations, Racial Disparities, Stigma

Links for more info:

Ladson Hinton, M.D. for UC Davis Health

LinkedIn: Dr. Ladson Hinton

Toyin Falusi Nwafor (she/her) (@TfalNwaforMD) / X

Mapping racial and ethnic healthcare disparities for persons living with dementia: A scoping review

Toyin Falusi Nwafor, MD - ViiV Healthcare | LinkedIn

Medical Experts - ViiV Healthcare

SEGMENT 2: GOT FOOT PROBLEMS? IT MAY BE A RARE BLOOD CANCER

Time: 15:51 **Duration:** 7:04

Synopsis: Gary Lenahan was diagnosed with polycythemia vera after nearly a decade of symptoms. It's a rare blood cancer that can sneak up on anyone – especially as we age. Dr. Brandi Reeves, a hematologist, explains the subtle warning signs and reveals treatment options that can help slow the disease progression.

Host: Greg Johnson Producer: Kristen Farrah

Guests: Dr. Brandi Reeves, Hematologist, Assistant Professor of Medicine, University of North Carolina,

Chapel Hill; Gary Lenahan, Patient

Compliancy issues: Aging, Cancer, Chemotherapy, Consumerism, Geriatrics, Patient Safety, Public

Health, Blood, Foot Health, Hiking, Medical Intervention, Skin Condition

Links for more info:

Brandi Reeves, MD - Division of Hematology

Brandi Reeves (@BrandiReeves1) / X

Polycythemia vera - Symptoms & causes - Mayo Clinic



Program 24-11 Air Week: 3/17/2024

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: "THIS IS MEDIEVAL" - THE 24-YEAR-OLD WHO'S REINVENTING MEDICAL DEVICES

Time: 1:48 **Duration:** 11:12

Synopsis: During emergency bedside situations in the ICU, neurosurgeons often use manual cranial drills to break through a patient's skull. It's been the standard for years – but it's not the best option. Casey Qadir, CEO of Hubly Surgical, has created a safer, more efficient drill for these operations. She explains the advantages of this new device and her experience as a female entrepreneur in a maledominated space.

Host: Elizabeth Westfield Producer: Kristen Farrah

Guests: Dr. Matthew Potts, Neurosurgeon & Associate Professor of Neurological Surgery, Northwestern

Feinberg School of Medicine; Casey Qadir, Co-Founder & CEO, Hubly Surgical

Compliancy issues: Consumerism, Emergency Medicine, Medical Technology, Neurology, Patient Safety, Surgery, Anatomy, Cranial Drill, Pemale Entrepreneurship, Medical Device, Neurosurgery,

Skull

Links for more info:

Matthew B Potts: Faculty Profiles

<u>Matthew Potts (@matthewpottsmd) • Instagram photos and videos</u> <u>Matthew Potts - Program Director - Neurological Surgery Residency</u>

Matthew Potts (@MatthewPottsMD) / X

Hubly Surgical

Hubly Surgical (@hublysurgical) • Instagram photos and videos

Casev Qadir (@BrainDrillGirl) / X

LinkedIn: Casey Qadir

<u>SEGMENT 2: KNOCKING ON DEATH'S DOOR: THE AT-HOME MEDICAL DEVICE THAT COULD</u> SAVE LIVES

Time: 14:02 Duration: 8:23

Synopsis: Mark Opauszky knows exactly how important access to medical devices can be - even something as simple as a thermometer. After a near-death experience, Opauszky entered the medical technology industry to help give the public access to helpful tools at home. He discusses how his new phone application, Stethophone, can help patients be an active part of their own care team and stay on top of their health.

Host: Greg Johnson Producer: Kristen Farrah

Guests: Mark Opauszky, CEO, Sparrow BioAcoustics

Compliancy issues: Amputations, Infection, Medical Technology, Patient Safety, Preventive Medicine, Public Health, Technology, Trauma, Medical Applications, Medical Devices, Organ Failure, Septic Shock,

Stethoscope

Links for more info:

Mark Attila Opauszky | LinkedIn

Sparrow BioAcoustics

OBSTACLESon startups, struggles and stoicism

X: @Opauszky



Program 24-12 Air Week: 3/24/2024

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: PAIN IS NOT WOMANHOOD: EARLIER DIAGNOSING FOR ENDOMETRIOSIS

Time: 1:49 Duration: 11:37

disorder.

Synopsis: Many women with endometriosis unknowingly deal with the symptoms for years before receiving a diagnosis. Dr. Jodie Avery, an epidemiologist, is hoping to close this gap through new technology that utilizes Al. She explains why America's current process isn't aiding women with this

Host: Elizabeth Westfield Producer: Kristen Farrah

Guests: Dr. Jodie Avery, Epidemiologist, Senior Research Fellow, University of Adelaide Medical School;

Asha Dickens, patient

Compliancy issues: Consumerism, Patient Safety, Public Health, Surgery, Diagnostic Tools, Endometriosis, Female Issues, Gynecology, Medical Imaging, Reproductive System, Ultrasound,

Women's Health
Links for more info:
Uterine Health Guide
LinkedIn: Asha Dickens

Endo Black

Dr Jodie Avery | Researcher Profiles

Noninvasive diagnostic imaging for endometriosis part 1 - Fertility and Sterility

LinkedIn: Dr. Jodie Avery

Dr Jodie Avery (@Jodie_Avery) / X

SEGMENT 2: PUBLIC HEALTH AND POLITICS: A LOOK AT THE MISTAKES MADE DURING THE

PANDEMIC Time: 14:28 Duration: 8:31

Synopsis: Science has long been an influence of public policy, but some argue that public health organizations became too visible during the pandemic. Dr. Sandro Galea, author of Within Reason, dissects the role that public health has played in recent years and asks the question: what are we willing to give up for the sake of our health?

Host: Greg Johnson Producer: Kristen Farrah

Guests: Dr. Sandro Galea, Dean & Robert A. Knox Professor, Boston University School of Public Health,

Author, Within Reason

Compliancy issues: Covid-19, Medicine, Pandemic, Patient Safety, Politics, Public Health, Public Safety, Social Media, Virus, Vulnerable Populations, Public Health Organizations, Science Policy

Links for more info: Sandro Galea | SPH

Sandro Galea

Within Reason: A Liberal Public Health for an Illiberal Time, Galea

Sandro Galea - Dean - Boston University School of Public Health | LinkedIn

Sandro Galea (@sandrogalea) / X

Sandro Galea (@sandro galea) • Instagram photos and videos



Program 24-13 Air Week: 3/31/2024

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: CANCER DRUG SHORTAGE: DECIDING WHO LIVES AND WHO DIES

Time: 1:49

Duration: 11:08

Synopsis: When a manufacturing plant in India halted production in 2022, cancer patients in America were told their chemotherapy drugs were experiencing a shortage and doctors had to decide who would get the remaining supply. Our experts explain the effects of this ongoing shortage and how we can make

sure it doesn't happen again. **Host:** Elizabeth Westfield **Producer:** Kristen Farrah

Guests: Barbara Barnett, Cancer Patient; Dr. Julie Gralow, Chief Medical Officer & Executive Vice President, American Society of Clinical Oncology; Mark Fleury, Policy Principal, American Cancer Society

Cancer Action Network

Compliancy issues: Cancer, Manufacturing and Industry, Generic Drugs, FDA, Chemotherapy, Drug Shortages, Economics, Consumerism, Raw Materials, Breast Cancer, Supply Chain Issues, Testicular Cancer, Colon Cancer, Patient Safety

Links for more info:

Julie R. Gralow, MD. FACP, FASCO | ASCO

Julie Gralow - Chief Medical Officer - American Society of Clinical Oncology (ASCO) | LinkedIn

Mark Fleury - Principal, Policy Development, Emerging Science - American Cancer Society Cancer Action

Network (ACS CAN) | LinkedIn Mark Fleury (@ME_Fleury) / X

Julie Gralow (@jrgralow) / X

ASCO (@ascocancer) • Instagram photos and videos

The American Cancer Society (@americancancersociety) • Instagram photos and videos

SEGMENT 2: KETAMINE REGULATIONS -- "WE DON'T WANT TO REPRODUCE THIS OPIOID PROBLEM"

Time: 13:59

Duration: 8:32

Synopsis: Ketamine is FDA-approved as an anesthetic, but it's now being used as a therapy to treat pain, depression, and addiction. However, many worry the rise of psychedelics will bring about a second iteration of the opioid crisis. Our expert shares the history of ketamine and how he believes it should be regulated to lessen the risk of addiction.

Host: Greg Johnson **Producer:** Kristen Farrah

Guests: Dr. Howard Kornfeld, Pain Management & Addiction Specialist, Founder & Medical Director,

Recovery Without Walls

Compliancy issues: Ketamine, Opioids, Addiction, Patient Safety, Public Safety, Pain Management, Opioid Crisis, Psychedelics, Therapy, Hallucinations, Consumerism, Federal Drug Regulations

Links for more info:

Dr. Howard Kornfeld | Pain Management & Addiction Specialist

LinkedIn: Dr. Howard Kornfeld

Recovery Without Walls (@recoverywowalls) • Instagram photos and videos