January 1, 2024-March 31. 2024

Program Type: Syndicated
Source: WAMC Media Productions

#### 51%

| DATE      | TIME  | SHOW # | TOPICS   |
|-----------|-------|--------|--|
| 1/4/2024  | 30:00 | 1798   | On this week's 51%, we look back on some of our favorite conversations and stories from 2023. Hollywood speech coach Samara Bay teaches us how to embrace the power in our voices, Dr. Heather Hirsch discusses how women can unlock their "menopause type," and our associate producer Jody Cowan stops by the practice of a roller derby league rebuilding its ranks in New York's Capital Region. |
| 1/11/2024 | 30:00 | 1799   | On this week's 51%, we speak with trainer Tracy Norton-Fisher about how you can build (and maintain) a workout routine that fits your goals.   |
| 1/18/2024 | 30:00 | 1800   | On the latest 51%, we mark the would-be anniversary of Roe v. Wade by speaking with Dr. Felicia Kornbluh, historian and author of A Woman's Life is a Human Life.  |
| 1/25/2024 | 30:00 | 1801   | On the latest 51%, we sit down with author and speaker Emily Lynn Paulson to discuss her experience as a "girlboss" for a multilevel marketing company — and why she left. We also learn how artificial intelligence is impacting the modeling industry.   |
| 2/1/2024  | 30:00 | 1802   | On this week's 51%, we speak with author Michelle Horton about the concept of "criminalized survivors," and her new memoir recounting her family's side of the high-profile murder case in which her sister was sentenced to prison in 2020.   |
| 2/8/2024  | 30:00 | 1803   | On the latest 51%, we hear from Syracuse University professor and columnist Dr. Jenn M. Jackson about their new book, What Black Women Taught Us: An Intimate History of Black Feminism.   |
| 2/15/2024 | 30:00 | 1804   | On this week's 51%, we hear from NPR Weekend Edition Host Ayesha Rascoe about how her experience at Howard University shaped her into the reporter she is today.   |
| 2/22/2024 | 30:00 | 1805   | On this week's 51%, we speak with former Tennessee state legislator and judge Carol Chumney about the lessons she's learned from her long-running political career, and the barriers that often keep women from the political arena.   |
| 2/29/2024 | 30:00 | 1806   | On this week's 51%, we kick off Women's History Month speaking with the directors and flight attendants behind PBS' new American Experience film Fly With Me.  |
| 3/7/2024  | 30:00 | 1807   | On the latest 51%, we speak with the editors of Fighting Mad, a new book of essays reimagining the abortion rights — or rather, reproductive justice — movement.   |
| 3/14/2024 | 30:00 | 1808   | On this week's 51%, our associate producer Jody Cowan catches up with NASA astronaut, engineer, and chemist Tracy Caldwell Dyson ahead of her third mission to the International Space Station this month.   |
| 3/21/2024 | 30:00 | 1809   | Public speaker and mentor Chelsey Goodan provides insight on the wisdom and power of teenage girls. In her new book Underestimated, Goodan explores why we, as a society, so often restrict and belittle girls at an age when they're supposed to be gaining independence.   |

January 1, 2024-March 31. 2024

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| 3/28/2024 | 30:00 | 1810 | On the latest 51%, Dr. Elizabeth Comen gives us a lesson on gender bias in early medicine, and how it continues to prevent women from getting |
|-----------|-------|------|---|
|           |       |      | adequate care.  |

January 1, 2024-March 31. 2024

Program Type: Syndicated Source: WAMC Media Productions

# The Media Project

| DATE      | TIME  | SHOW # | TOPIC   |
|-----------|-------|--------|---|
| 1/5/2024  | 30:00 | 1701   | With former Times Union Editor, current Upstate American, Substack columnist Rex Smith, Judy Patrick, former Editor of the Daily Gazette and Vice President for Editorial Development for the New York Press Association. Barbara Lombardo, former Editor of the Saratogian and Adjunct Professor at the University, and Daily Freeman Publisher Emeritus Ira Fusfeld. On this week's Media Project, Rex, Judy, Barbara, and Ira talk about how to fight burnout in the newsroom, how the media should cover the Jeffrey Epstein list, and much more.   |
| 1/12/2024 | 30:00 | 1702   | With former Times Union Editor, current Upstate American, Substack columnist Rex Smith, Barbara Lombardo, former Editor of the Saratogian and Adjunct Professor at the University, and WAMC News Director Ian Pickus. On this week's Media Project, Rex, Barbara, and Ian talk about the New York Public News Network, the media's obsession with inflation, what journalists should do when politicians say misleading things, and much more.  |
| 1/19/2024 | 30:00 | 1703   | With former Times Union Editor, current Upstate American, Substack columnist Rex Smith, Judy Patrick, former Editor of the Daily Gazette and Vice President for Editorial Development for the New York Press Association, Barbara Lombardo, former Editor of the Saratogian and Adjunct Professor at the University, and Daily Freeman Publisher Emeritus Ira Fusfeld. On this week's Media Project, Rex, Judy, Barbara, and Ira talk about whether the media has overplayed coverage of the Iowa caucuses, a listener letter on whether a journalist needs to be experts, and much more.                                   |
| 1/26/2024 | 30:00 | 1704   | With former Times Union Editor, current Upstate American, Substack columnist Rex Smith, Judy Patrick, former Editor of the Daily Gazette and Vice President for Editorial Development for the New York Press Association, Barbara Lombardo, former Editor of the Saratogian and Adjunct Professor at the University, and WAMC News Director Ian Pickus. On this week's Media Project, Rex, Judy, Barbara, and Ian talk about the decline of Sports Illustrated, the hypocrisy of Sean Hannity, and much more.   |
| 2/2/2024  | 30:00 | 1705   | With former Times Union Editor, current Upstate American, Substack columnist Rex Smith, Judy Patrick, former Editor of the Daily Gazette and Vice President for Editorial Development for the New York Press Association, Barbara Lombardo, former Editor of the Saratogian and Adjunct Professor at the University, and Daily Freeman Publisher Emeritus Ira Fusfeld. On this week's Media Project, Rex, Judy, Barbara, and Ira talk about a terrible first month of 2024 for newspapers, how the decline of local news impacts local communities, a journalism ethical dilemma, and much more.                            |
| 2/9/2024  | 30:00 | 1706   | With former Times Union Editor, current Upstate American, Substack columnist Rex Smith, Judy Patrick, former Editor of the Daily Gazette and Vice President for Editorial Development for the New York Press Association, Barbara Lombardo, former Editor of the Saratogian and Adjunct Professor at the University, and WAMC News Director Ian Pickus. On this week's Media Project, Rex, Judy, Barbara, and Ian talk about a new program at the State University of New York designed to put student journalists to work in news deserts, police coverage, Tucker Carlson's interview with Vladimir Putin, and much more. |
| 2/16/2024 | 30:00 | 1707   | With former Times Union Editor, current Upstate American, Substack columnist Rex<br>Smith, Barbara Lombardo, former Editor of the Saratogian and Adjunct Professor at   |

January 1, 2024-March 31. 2024

Program Type: Syndicated Source: WAMC Media Productions

|           |       |      | the University, and WAMC News Director Ian Pickus. On this week's Media Project, Rex, Barbara, and Ian talk about the White House being upset over coverage of the special counsel's report, what happens when journalists move to the "dark side," and much more.  |
|-----------|-------|------|---|
| 2/23/2024 | 30:00 | 1708 | With Judy Patrick, former Editor of the Daily Gazette and Vice President for Editorial Development for the New York Press Association, Barbara Lombardo, former Editor of the Saratogian and Adjunct Professor at the University, and Media Project producer David Guistina. On this week's Media Project, Judy, Barbara, Mike and David talk about the role the media has played in changing attitudes towards Russia and Vladimir Putin, Sinclair broadcasting asking listeners what they're afraid of, teaching students to be skeptical, and much more.   |
| 3/1/2024  | 30:00 | 1709 | With former Times Union Editor, current Upstate American, Substack columnist Rex Smith, Barbara Lombardo, former Editor of the Saratogian and Adjunct Professor at the University, and WAMC News Director Ian Pickus. On this week's Media Project, Rex, Barbara and Ian talk about Pink Slime journalism, who should make the decision of what news gets covered on line, and much more.   |
| 3/8/2024  | 30:00 | 1710 | With former Times Union Editor, current Upstate American, Substack columnist Rex Smith, Judy Patrick, former Editor of the Daily Gazette and Vice President for Editorial Development for the New York Press Association, Barbara Lombardo, former Editor of the Saratogian and Adjunct Professor at the University, and Media Project producer David Guistina. On this week's Media Project, Rex, Judy, Barbara and David talk about how a lack of local reporting effects the Supreme Court, polling and what to believe, how media can fight American's "collective amnesia" over the past behavior of the Presidential candidates, and much more. |
| 3/15/2024 | 30:00 | 1711 | With Judy Patrick, former Editor of the Daily Gazette and Vice President for Editorial Development for the New York Press Association, Barbara Lombardo, former Editor of the Saratogian and Adjunct Professor at the University, Daily Freeman Publisher Emeritus Ira Fusfeld, and Media Project producer David Guistina. On this week's Media Project, Judy, Barbara, Ira and David talk about verifying photos and videos, Al and its impact on modern journalism, a reminder that the media does not act as a unified group, and much more.   |
| 3/22/2024 | 30:00 | 1712 | With former Times Union Editor, current Upstate American, Substack columnist Rex Smith, Judy Patrick, former Editor of the Daily Gazette and Vice President for Editorial Development for the New York Press Association, Barbara Lombardo, and WAMC News Director Ian Pickus. On this week's Media Project, Rex, Judy, Barbara, and Ian talk media organizations dropping the Associated Press wire service, the economic challenges facing journalism as well as the dangers facing journalists, and much more.   |
| 3/29/2024 | 30:00 | 1713 | With former Times Union Editor, current Upstate American, Substack columnist Rex Smith, Barbara Lombardo, Daily Freeman Publisher Emeritus Ira Fusfeld and WAMC News Director Ian Pickus. On this week's Media Project, Rex, Barbara, Ira and Ian talk about the uproar over NBC hiring former RNC Chair Ronna McDaniel, a call to withdraw the video of the Francis Scott Key Bridge collapse, and much more.  |

January 1, 2024-March 31. 2024

Program Type: Syndicated Source: WAMC Media Productions

## The Best of Our Knowledge

| DATE      | TIME  | SHOW # | TOPIC   |
|-----------|-------|--------|---|
| 1/1/2024  | 30:00 | 1736   | The Israel-Hamas war has intensified debate over free speech on college campuses. And we'll speak with an internationally-known advocate for human rights in the West Bank.   |
| 1/8/2024  | 30:00 | 1737   | We'll have a conversation with Dr. Carl Safina, an ecologist and author of Alfie & Me: What Owls Know, What Humans Believe. The book tells the story of an orphaned owl who was cared for by Carl and his wife Patricia during the height of the COVID-19 pandemic, and the large impact a little owl had on their lives.                           |
| 1/15/2024 | 30:00 | 1738   | National Geographic writer Jen Szymanski will speak with our Jody Cowan about her latest book for young readers, "Deadliest Animals on the Planet." And we'll learn about ice yachts – the fastest craft on the planet at the turn of the 20th Century.   |
| 1/22/2024 | 30:00 | 1739   | Universities across New York state studying AI are banding together to unlock the potential of the technology to benefit public good. We'll speak with a researcher who has been working to develop classroom curricula surrounding the rapidly advancing technology.   |
| 1/29/2024 | 30:00 | 1740   | On this episode of The Best of Our Knowledge we'll learn about a science degree program offering a unique look at the future of fermentation.   |
| 2/5/2024  | 30:00 | 1741   | Following the resignation of former president Claudine Gay, Harvard University is at the center of the debate over free speech on college campuses. We'll speak with a member of a faculty organization defending the rights of students to protest violence against Palestinians. And we'll speak with the supervisor of the Onondaga Nation Farm. |
| 2/12/2024 | 30:00 | 1742   | We'll speak with music theorist and author Miriam Piilonen about her book: Theorizing Music Evolution, which lends a fresh eye to old ideas from Charles Darwin and Herbert Spencer.  |
| 2/19/2024 | 30:00 | 1743   | Hamilton College has named its next president. We'll speak with Steven Tepper, who is currently serving as a dean at Arizona State University.  |
| 2/26/2024 | 30:00 | 1744   | A mild winter allows for an early prescribed fire. We'll speak with acclaimed jazz trumpeter and music educator Sean Jones. And a push by public colleges and universities in New York aims to get more students involved in producing local news   |
| 3/4/2024  | 30:00 | 1745   | Beyond teaching a life-saving skill, competitive swimming can forge life-long bonds. We'll visit a club swim team in the Hudson Valley.   |
| 3/11/2024 | 30:00 | 1746   | In a changing climate, researchers around the world are asking citizen scientists to use their smartphones to help monitor beach erosion and storm damage.  |
| 3/18/2024 | 30:00 | 1747   | We'll take a trip to the largest collection of popular music in the world – and meet the man who has dedicated most of his life to cataloguing recordings and historic materials.   |
| 3/25/2024 | 30:00 | 1748   | What's your favorite board game? We'll explore the history of board games in America. And we'll visit an upstate New York woodworking shop that is opening its doors to the community.  |

January 1, 2024-March 31. 2024

Program Type: Syndicated
Source: WAMC Media Productions

**The Book Show** 

| DATE      | TIME  | SHOW # | TOPIC   |
|-----------|-------|--------|---|
| 1/2/2024  | 30:00 | 1838   | Ann Patchett is the author of nine novels, including "Bel Canto," "State of Wonder," "Commonwealth" and "The Dutch House," a finalist for the Pulitzer Prize. Her latest, "Tom Lake," is a meditation on youthful love, married love, and the lives parents have led before their children were born.   |
| 1/9/2024  | 30:00 | 1839   | As a prolific novelist of books for adults and kids, Carl Hiaasen has a subject: Florida. It is his beat. In "Wrecker," Hiaasen's new novel for Young Readers, Valdez Jones VIII needs to deal with smugglers, grave robbers, and pooping iguanas just as soon as he finishes Zoom school.  |
| 1/16/2024 | 30:00 | 1840   | Best-selling author of "The Things They Carried," Tim O'Brien, is on The Book Show this week to discuss his first new novel in two decades. "America Fantastica" is a propulsive caper chock full of O'Brien's commentary on the state of American politics and culture.  |
| 1/23/2024 | 30:00 | 1841   | The winner of the Booker Prize 2023, "Prophet Song" by Paul Lynch, presents a terrifying and shocking vision of a country sliding into authoritarianism and a deeply human portrait of a mother's fight to hold her family together.  |
| 1/30/2024 | 30:00 | 1842   | "The Bee Sting," a novel by Paul Murray, is about family, fortune, and the struggle to be a good person at the end of the world.  |
| 2/6/2024  | 30:00 | 1843   | "Alphabetical Diaries" by Sheila Heti contains a decade's worth of thoughts, arranged in alphabetical order. The book is a chronicle of the self, of the fundamentals and idiosyncrasies of human experience, that plays out thrillingly in the space that Heti has staked out between life and art, reality and fiction.   |
| 2/13/2024 | 30:00 | 1844   | In his new novel, "Cold Victory," New York Times bestselling author Karl Marlantes delivers a sweeping tale of Cold War intrigue set in post-war Finland in which loyalty, friendship, and love are put to the ultimate test. The book is layered with action, historical detail, and a keen eye for the way totalitarianism and loss of truth and privacy threatens love and friendship. |
| 2/20/2024 | 30:00 | 1845   | Ann Napolitano took the literary world by storm with her tear-jerker of a novel "Dear Edward." Her latest, "Hello Beautiful," is an homage to Louisa May Alcott's classic, "Little Women." "Hello Beautiful" is a portrait of what is possible when we choose to love someone not in spite of who they are, but because of it.  |
| 2/27/2024 | 30:00 | 1846   | "The Women," a new novel by Kristin Hannah, is set at a pivotal time in American history: the Vietnam era. It is an intimate portrait of a woman coming of age in a dangerous situation and an epic tale of a nation divided by war and broken by politics.   |
| 3/5/2024  | 30:00 | 1847   | Novelist Danielle Trussoni is the author of the bestsellers "Angelology" and "Angelopolis." She gives readers a thrilling ride with her latest, "The Puzzle Master." Reality and the supernatural collide when an expert puzzle maker is thrust into an ancient mystery - one with explosive consequences for the fate of humanity.   |
| 3/12/2024 | 30:00 | 1848   | Poet Kaveh Akbar joins us to discuss his first novel "Martyr!" which follows Cyrus Shams on a journey of introspection and discovery. Cyrus is a drunk, an addict, and a poet. His obsession with martyrs and dealing with the death of his mother drives him to examine the mysteries of his past.   |
| 3/19/2024 | 30:00 | 1849   | "My Beloved Life" by Amitava Kumar is a father-daughter story that widens into an Indian family saga. It tells the story of an ordinary life made exceptional by  |

January 1, 2024-March 31. 2024

Program Type: Syndicated Source: WAMC Media Productions

|           |       |      | the fact that father has loved and has been loved in return. His daughter's story recasts the past in a new light.  |
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| 3/26/2024 | 30:00 | 1850 | Anna Quindlen puts her trademark wisdom on family, friendship, and the ties that bind us at the center her new novel, "After Annie." When Annie Brown dies suddenly, her husband, her children, and her closest friend are left to find a way |
|           |       |      | forward without the woman who has been the lynchpin of all of their lives.  |