

KNHC (FM) Seattle, WA
Issues and Programs List

1st Quarter 2024: January 1st, 2024 through March 31st

Prepared by Andrew Higgins

Every three months, KNHC publishes a list of programs that have provided the station's most significant treatment of community issues during the preceding three-month period.

This list includes a narrative describing what issues were given significant treatment and the programming that provided this treatment.

1. Science & Technology
2. Race, LGBTQ, & Indigenous People Issues
3. Health & Wellness
4. Women's Rights & Empowerment
5. Environment & Sustainable Living
6. Mental Health
7. Child Health & Safety

LOCAL PROGRAMMING

Section I lists special programs representing the station's issue-responsive programming, providing the most significant treatment of the issues listed above for the calendar quarter.

Title:	Spectrum - The status symbols they are a-changin'
Community Issue:	Science & Technology
Time:	4:00
Duration:	30:00
Date:	07 JAN 2024
Summary:	An expensive car, a shiny watch, a hot body, video game skins, a vegan diet — regardless of how different they can be, status symbols will always be a part of the human experience. Why do we need them so deeply?

Title:	Making Contact - The Road to Rebuilding and Recovering, Better
Community Issue:	Environment & Sustainable Living
Time:	4:30

Duration:	29:00
Date:	07 JAN 2024
Summary:	<p>When communities face the aftermath of catastrophes, what does it take to ensure that the next time will be different?</p> <p>In Houston, it takes a city council member who bicycles in her neighborhood to hear from constituents about what they need most. It takes 12 moms who organize to take legal action against the landlords that have kept their families in moldy, substandard apartments. And it takes a city official who blows the whistle on corrupt and dangerous practices related to housing policy.</p> <p>Travel to Texas with our hosts Chrishelle Palay and Rose Arrieta to meet these changemakers in our final episode of this limited-run series. They witness people power in action, as author and artist Adrienne Maree Brown describes it, "...bending the future, together, into something we have never experienced."</p>

Title:	With Good Reason - Protecting Human Rights
Community Issue:	Environment & Sustainable Living
Time:	5:00
Duration:	52:00
Date:	07 JAN 2024
Summary:	<p>Kirsten Gelsdorf has spent over 20 years working for the United Nations and other organizations in the humanitarian sector. She discusses her experience in disaster zones and clears up some commonly held misconceptions about humanitarian aid. And: Only 10 states have passed a Bill of Rights for domestic workers. But Jennifer Fish says while it's certainly a step in the right direction, these protections often exist only on paper. Jennifer has been named an Outstanding Faculty member by The State Council of Higher Education for Virginia.</p> <p>Later in the show: According to the Guinness Book of World Records, The Universal Declaration of Human Rights is the most translated document in the world. But it's not typically taught in American classrooms. Eric Bonds says we could learn a lot from studying the document and applying its moral framework to our communities right here in the United States. Plus: Before the Cold War, UN peacekeeping missions were conducted almost entirely by the United States and Western European countries. But now developing countries have started to take the lead. Tim Passmore says this may signal a larger shift in the global power structure.</p>

Title:	Spectrum - Buk, buk, buk, buk... ba-gawk!
Community Issue:	Science & Technology

Time:	4:00
Duration:	30:00
Date:	21 JAN 2024
Summary:	Chickens can communicate emotions (like exasperation), and we humans can understand it. Also, our listeners have a wild variety of new status symbols (and one of them is Science unscripted)

Title:	Making Contact - The Rise of the New Labor Movement
Community Issue:	Environment & Sustainable Living
Time:	4:30
Duration:	29:00
Date:	21 JAN 2024
Summary:	<p>The last few years have seen a wave of labor organizing as it becomes more and more clear to workers that what they do is not expendable, but actually the heart of every business. From walkouts to unionization, workers everywhere, from Starbucks to Amazon to your local coffee shop have come together to build and exercise their power. In this episode we explore the issues that led people to organize their workplaces, the ins and outs and ups and downs of the process, and the backlash.</p> <p>On the forefront of the next labor revolution, we visit a coffee shop in Maine called Little Dog whose staff starts a union. Then we talk to Robert Chala from the UCLA Labor Center about the rise in unionization efforts among service workers and the social and cultural ethos in a post lockdown country that have led to this new wave of the labor movement.</p>

Title:	With Good Reason - Digging In
Community Issue:	Race, LGBTQ, & Indigenous People Issues
Time:	5:00
Duration:	52:00
Date:	21 JAN 2024
Summary:	<p>When we dig deep underground, we get a chance to dig deeper into history. Dennis Blanton wants to change the way we think about America's beginnings. He's studying the expedition of a Spanish conquistador who was the first European in many parts of the Southeast. And: At "The Cove" along the Staunton River in Virginia, Brian Bates and his students have uncovered nearly 10,000 items that paint a picture of a thousand year old Sappony Indians fishing camp.</p>

	<p>Later in the show: Along with tools, pottery, and human remains, prehistoric sites are filled with ancient bird bones. Tal Simmons says these bones tell us what ancient humans ate, worshiped, and perhaps how they hunted. A discovery of seven prehistoric bird bone whistles might be the world’s oldest duck call. Plus: Before a state road gets moved or expanded, a team of archeologists comes in to dig for historical “treasure”. Elizabeth Monroe talks about a massive pile of oyster shells she uncovered and what they tell us about the people who used to live in the area.</p>
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Title:	Spectrum - Video games help you recover from work
Community Issue:	Health & Wellness
Time:	4:00
Duration:	30:00
Date:	04 FEB 2024
Summary:	This week we dive into whether video games help us recover from work stress. (Spoiler: They absolutely do. But there is a catch.)

Title:	With Good Reason - The Next Pandemic
Community Issue:	Health & Wellness
Time:	5:00
Duration:	52:00
Date:	04 FEB 2024
Summary:	Beverly Sher has been teaching her “Emerging Diseases” seminar since 1996. From AIDS in the 1990s, SARS in 2003, the H1N1 pandemic in 2009 and the modern COVID-19 pandemic, students realize what public health crises reveal about the psychology and sociology of a nation. And: Since it was first identified in the United States in 1975, Lyme disease has become the world’s most common disease to spread from animals to humans through the bite of infected ticks. The sooner it’s treated, the better the possible outcome for the patient. This is good news. Except that current testing for Lyme disease takes weeks. Brandon Jutras and his team are working on a rapid, at-home Lyme detection test.

Title:	Making Contact - Building Back Black Wall Street
Community Issue:	Race, LGBTQ, & Indigenous People Issues
Time:	4:00

Duration:	29:00
Date:	11 FEB 2024
Summary:	<p>Black Wall Street, or the historically Black neighborhood Greenwood, Oklahoma is the site of a once prosperous, thriving, Black community. It is also the site of the 1921 Tulsa Race Massacre, a violent attack waged by white supremacists, killing hundreds of residents and leveling homes and businesses.</p> <p>In the second episode of our three part Black History Month series, we talk about how the community built back. In fact, Greenwood's economic heyday came 20 years later, in the 1940s. Then came the 1950s-60s, when Urban Renewal projects gave the city of Tulsa federal funds to buy out Black land owners. This loss of ownership undercut Greenwood's very existence. Now Greenwood Okies, pulling from their history, are building Tulsa's future, despite continued discrimination.</p>

Title:	With Good Reason - Expanding Our Origin Story
Community Issue:	Race, LGBTQ, & Indigenous People Issues
Time:	5:00
Duration:	52:00
Date:	11 FEB 2024
Summary:	<p>Cauline Yates was at a family reunion the first time she heard she was a descendant of Thomas Jefferson. She later helped develop the Memorial to Enslaved Laborers at the University of Virginia. And: Clint Smith is the author of the award-winning book, How the Word is Passed: A Reckoning with the History of Slavery Across America. He traveled to 9 historic sites to understand how slavery is remembered and taught.</p>

Title:	Spectrum - Alzheimer's 'infections' and walking around parking lots
Community Issue:	Health & Wellness
Time:	4:00
Duration:	30:00
Date:	25 FEB 2024
Summary:	<p>On this week's show, we look into news saying neurodegenerative diseases can be spread. Also, there is further proof that nature is good for us - even our brains - and it comes from the foothills of the Rocky Mountains.</p>

Title:	Making Contact - Tulsa's Black History Saturday School
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Community Issue:	Race, LGBTQ, & Indigenous People Issues
Time:	4:30
Duration:	29:00
Date:	25 FEB 2024
Summary:	<p>2021 marked the centennial of the Tulsa Race Massacre - a horrific attack white people waged against Greenwood, a once prosperous Black neighborhood in north Tulsa, Oklahoma. Also in 2021, state legislators passed a law that limits how race is discussed in classrooms.</p> <p>Tulsa activists say HB 1775 prevents descendants of those who built Greenwood from being able to acknowledge the attack, and also Greenwood's success. In response, activist Kristi Williams rallied her community to start Black History Saturdays, where 120 Black Tulsans are using an intergenerational model to learn their history.</p>

Title:	With Good Reason - Selfish
Community Issue:	Mental Health
Time:	5:00
Duration:	52:00
Date:	25 FEB 2024
Summary:	<p>Imagine if everyday you went to work and pretended to be someone else. That's life for professional actors. Robyn Berg says self care is essential for acting professionals to stay themselves while pretending to be other people. And: Self care can get conflated with selfishness. Peter Thaxter started thinking about that after a student interviewed him about selfishness. Now, he's clear on why self care and selfishness are not the same.</p>

Title:	Spectrum - Why don't I like this perfect music?
Community Issue:	Environment & Sustainable Living
Time:	4:00
Duration:	30:00
Date:	03 MAR 2024
Summary:	<p>Three questions this week on Science unscripted -- Can music be too perfect? Why do people repudiate climate change? And why are we so afraid of sharing secrets?</p>

Title:	Making Contact - Jenny Odell on Saving Time
Community Issue:	Health & Wellness
Time:	4:30
Duration:	29:00
Date:	03 MAR 2024
Summary:	<p>On this week's episode, we take a critical look at productivity culture and the idea that time is money by speaking with Jenny Odell, acclaimed author of "Saving Time: Discovering a Life Beyond the Clock" and "How to Do Nothing: Resisting the Attention Economy."</p> <p>We dig into the ideas behind "Saving Time," which gives a panoramic overview of how the ways we think about time actually shapes our lives. Then we begin to disentangle our daily concept of time from its capitalistic and colonialist roots in order to liberate and expand our relationship to it.</p>

Title:	KNHC's Coping 101 - Dancing With Deafness
Community Issue:	Health & Wellness
Time:	5:00
Duration:	39:48
Date:	03 MAR 2024
Summary:	<p>How do you identify? Identity can be informed by many factors, including cultural background, abilities, religion, gender, geography and more. Growing up with deafness in a strict religious family on the island of Samoa, Loki Tiatia experienced many layered challenges that have informed his identity and influence his work today as an ASL instructor and Deaf Advocate. As a husband to a deaf spouse and father to a deaf child, and as Highline School District's only ASL instructor, Loki shares some of the unique struggles facing the DHH community and practical ways those who are hearing can be more tolerant and inclusive to this often marginalized group. Loki also discusses his lifelong practice of traditional Samoan dance to communicate and connect with the world around him - including audiences Deaf and hearing alike.</p> <p>Presented by C89.5 in partnership with Seattle Children's, Coping 101 is an ongoing series led by students in Nathan Hale High School's Podcast Club that destigmatizes mental health from a teen's perspective, made possible with local support from Hansmire Builders and Compass Health - NW Washington's Behavioral Healthcare leader. No matter our age or background we all face challenges, and there are healthy ways to cope</p>

Title:	Spectrum - But how safe are you, really?
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Community Issue:	Health & Wellness
Time:	4:00
Duration:	30:00
Date:	10 MAR 2024
Summary:	Do you feel safe when you're walking alone on a street you don't know? What might make you feel safer? Also, what scents might be able to do for severely depressed people, and a possibly important tips for men worried about ED.

Title:	Making Contact - The Feminist Birth of the Home Pregnancy Test
Community Issue:	Women's Rights & Empowerment
Time:	4:30
Duration:	29:00
Date:	10 MAR 2024
Summary:	<p>In 1965 Margaret Crane was a young designer creating packaging for a pharmaceutical company. Looking at the rows of pregnancy tests she thought, "Well, women could do that at home!" and so she made it a reality for potentially pregnant people to be able to know about and take control of their own lives and bodies.</p> <p>But while the design of the prototype was simple, Crane faced the issues we continue to fight when it comes to reproductive rights and the health and autonomy of people who give birth: an uphill battle to convince the pharmaceutical companies, the medical community and conservative social leaders that at-home pregnancy testing was safe and necessary. After all this, Crane is only now receiving credit for her contributions to the industry.</p>

Title:	With Good Reason - Life Without Boundaries
Community Issue:	Women's Rights & Empowerment
Time:	5:00
Duration:	52:00
Date:	10 MAR 2024
Summary:	19th and 20th century poet, Alice Meynell--a.k.a. "the penciling mama"--described motherhood as "life without boundaries." Cristina Richieri Griffin discusses the Victorian mother of eight's complicated feelings on mothering. And: The 2003 Haitian novel, The Infamous Rosalie, tells the stories of generations of women who are enslaved on a plantation. Ima Hicks explores how for these women, mothering was a particularly complicated act.

Title:	Spectrum - How can reconciliation happen after genocide?
Community Issue:	Science & Technology
Time:	4:00
Duration:	30:00
Date:	17 MAR 2024
Summary:	On April 7 this year Rwanda will commemorate a genocide that, 30 years ago, left up to a million people dead and society ripped apart. With the worst of the perpetrators now being released, how will they ever reintegrate into society?

Title:	Making Contact - Giving Bayard Rustin Flowers
Community Issue:	Race, LGBTQ, & Indigenous People Issues
Time:	4:30
Duration:	29:00
Date:	17 MAR 2024
Summary:	<p>Today, we continue celebrating Black history and heritage with a special encore episode honoring an often forgotten civil rights leader. We take a look at the life and legacy of Bayard Rustin, a central figure in and the organizer of the 1963 March on Washington. Rustin was a trusted advisor to labor leader A. Phillip Randolph and Dr. Martin Luther King, Jr.</p> <p>Rustin's methodology for challenging racial inequality and imperialism centered on his intersectional perspective on race, class, gender, and sexuality. This episode combines film excerpts, insightful interviews and speeches from this important figure of the civil rights movement who envisioned and organized for the best future.</p>

Title:	With Good Reason - Mere Difference
Community Issue:	Child Health & Safety
Time:	5:00
Duration:	52:00
Date:	17 MAR 2024
Summary:	Living with a disability can be hard. But it doesn't have to lead to a life less lived. Elizabeth Barnes says her own diagnosis made her confront the reality of finding the unexpected joys in disability. And: Many parents of young deaf children don't have access to learn sign language. Carrie Humphrey and Colin Wells say this can put deaf

	kids at a disadvantage and delay their development. Carrie and Colin both work as full-time faculty in the American Sign Language and Interpreter Education program at Reynolds Community College. Carrie was named an Outstanding Faculty member by The State Council of Higher Education for Virginia.
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Title:	Spectrum - Why do we procrastinate?
Community Issue:	Science & Technology
Time:	4:00
Duration:	30:00
Date:	24 MAR 2024
Summary:	On Science unscripted this week, we find out how to prevent social norm erosion. Also, the German man who got 217 COVID vaccinations, and the science behind why we put things off.

Title:	Making Contact - Reproductive Justice: The Ongoing Struggle for Bodily Autonomy
Community Issue:	Women's Rights & Empowerment
Time:	4:30
Duration:	29:00
Date:	24 MAR 2024
Summary:	<p>Today we share excerpts from "She's Beautiful When She's Angry," a documentary filled with stories that still resonate today as women face new challenges around reproductive rights and sexual violence.</p> <p>The documentary tells the stories of the activists of the Women's Liberation Movement that gained traction in the late 1960s and led to social and policy changes that set women on a path towards equality and reproductive justice. It also addresses the intersections of race and gender and the experiences of the Black women who were integral to this movement.</p> <p>The film is about activists, those who inspire, organize, and revolutionize the world by changing the standards and broadening what we think is possible.</p>

Title:	Making Contact: United We Stand: Telling Our Story
Community Issue:	Women's Rights & Empowerment
Time:	5:00

Duration:	52:00
Date:	24 MAR 2024
Summary:	Enya Cid moved from Mexico to the U.S. as a three year old. She says this country is her home, but her right to stay here never feels certain. In 2022, Enya joined other first generation immigrants in a writing workshop hosted by the publisher Restless Books and Arlington, Virginia's Dream Project. Enya shares her story along with Nataly Montano, who immigrated to the U.S. from Bolivia. Their teacher, playwright Isaiah Stavchansky, explains how the writing workshop empowers immigrants as Americans.