## KTRC AM 1260 & FM 103.7 SANTA FE, NM

LOCAL COMMUNITY ISSUES AND TOPICS DISCUSSED SECOND QUARTER 2022:

**WILDFIRES IN NORTHERN NEW MEXICO** 

**PRIMARY ELECTIONS** 

SCOTUS DECISION ON ROE V. WADE

**FAILURES AT CYFD** 

WAR IN UKRAINE

**HOMELESSNESS** 

**WOMEN'S RIGHTS AND HEALTH** 

**POLITICAL CAMPAIGNS AND RACES** 

**EDUCATION** 

**CLIMATE CHANGE** 

**LOCAL ART AND MUSIC EVENTS** 

**ECONOMIC DEVELOPMENT** 

CRIME

**CULTURAL SPLITS AND DIVISION** 

**LGBTQ+ ISSUES** 

**ANIMAL SHELTER NEEDS** 

RICHARD EEDS - PROGRAM DIRECTOR, HOST



**Weekly Public Affairs Program** 

Call Letters: KRC

## **QUARTERLY ISSUES REPORT, APRIL-JUNE, 2022**

Show # 2022-14 **Date aired:** 

tuv Time Aired: 230a

n co-director of the University of Michigan Health C.S. Mc

**Gary L. Freed, MD, MPH,** pediatrician, co-director of the University of Michigan Health C.S. Mott Children's Hospital National Poll on Children's Health

Dr. Freed led a nationwide poll that found that more than a quarter of parents say their adolescent-aged child has seen a mental health specialist, with nearly 60% of those reporting a visit within the past year. He said even before the pandemic, mental health disorders in adolescents, such as depression and anxiety, were prevalent. He added that lockdowns, school closings and isolation exacerbated these problems. He talked about common obstacles encountered by parents who seek mental health treatment for their children.

Issues covered:

Length: 8:09

Adolescent Mental Health Parenting

**Emma J. Hudgins, PhD,** FRQNT Postdoctoral fellow, Bennett Lab in the Department of Biology at Carleton University

Dr. Hudgins was the lead author of a study that estimates that over the next 30 years, 1.4 million street trees on public land will be killed by invasive insects, primarily the emerald ash borer, costing over \$900 million to replace. She projects that an additional 87 million urban trees on private property will also die. She talked about potential strategies in urban planning to reduce the likelihood of such huge tree losses in the future.

Issues covered:

Length: 8:55

Length: 5:10

Emerald Ash Bore Environment Government Spending

**Matthew Harding, PhD,** Professor of Economics and Statistics, University of California, Irvine, UCI Faculty Innovation Fellow

Dr. Harding led research that found that a person's credit score can predict when they will die. He said having a low credit score doesn't mean someone is more likely to die young. He explained the two major connections between mortality and credit scores,

Issues covered:

Longevity

Personal Finance

## Loretta L. Worters, Vice President of Media Relations, Insurance Information Institute

The cost of home construction is skyrocketing due to inflation, and this could spell trouble for homeowners. Ms. Worters said homeowners may discover they are underinsured if they need to rebuild in a covered insurance claim. She outlined what consumers need to know to assess whether they are appropriately covered for homeowners, car and umbrella policies in times of high inflation.

Issues covered: **Consumer Matters** Insurance

Length: 8:55

Whitney Goodman, licensed psychotherapist, owner of the Collaborative Counseling Center, a private therapy practice in Miami, author of "Toxic Positivity: Keeping It Real in a World Obsessed With Being Happy"

Ms. Goodman explained the concept of "toxic positivity," in which society constantly tells people that the key to happiness is silencing negativity. She outlined simple ways to experience and work through difficult emotions, leading to more authenticity, connection, and personal growth.

Issues covered: Mental Health

Length: 5:10

Show # 2022-17 4/25/22 Time Aired: 2304

Annie Grace, author of "This Naked Mind: Control Alcohol, Find Freedom, Discover Happiness & Change Your Life"

Many people question whether drinking has become too big a part of their lives, and worry that it may even be affecting their health. Ms. Grace shared her personal struggles with alcohol addiction and how she quit. She debunked myths connected to social drinking. She also discussed societal pressures, psychological factors, and other reasons people drink.

Issues covered: Substance Abuse Mental Health

Length: 8:25

John Brown Miller, PhD, global expert on public infrastructure, former Professor of Construction Management and Civil And Environmental Engineering at the Massachusetts Institute of Technology

Dr. Brown discussed why government costs so much and why public infrastructure projects are frequently delayed or over budget. He offered examples to illustrate how other countries' public works projects are often completed in more cost-effective and efficient ways than in the U.S.

Issues covered: **Public Infrastructure** Government Spending Length: 8:50

Show # 2022-19  $\sqrt{9/22}$  Time Aired: 230 c

Steven H. Woolf, MD, MPH, Director Emeritus and Senior Advisor in the Center on Society and Health, Professor in the Department of Family Medicine and Population Health at the Virginia Commonwealth University School of Medicine

Dr. Woolf found that average life expectancy in the United States is expected to drop by 2,26 years from 2019 to 2021, worse than any of the other 21 high-income nations in his study. He said the trend is related to both the pandemic and to deeply rooted problems such as drug overdoses, obesity, diabetes and other chronic diseases that have been increasing for decades. He said the life expectancy declines were the worst among both Hispanic and African Americans.

Issues covered: Longevity **Personal Health** COVID 19

Nick Maggiulli, personal finance blogger, Chief Operating Officer and Data Scientist at Ritholtz Wealth Management, author of "Just Keep Buying: Proven Ways to Save Money and Build Your Wealth"

Mr. Maggiulli talked about ways to accumulate wealth. He said there are many ways to get rich. including real estate, stock index funds or owning a business, but the overarching key is to buy income-producing assets. He offered suggestions for younger people to get a start in saving and investing.

Issues covered: **Personal Finance** 

Length: 8:40

Length: 8:44

Camilla Hodge, PhD, Professor in the Brigham Young University Marriott School of Business

Prof. Hodge led a recent study of a US National Parks program called "Every Kid Outdoors," which gives families with fourth graders free access to national parks for one year. She found that the program has led to an increased frequency of hiking with children. She noted that the program was not very effective for lower income families, and offered recommendations to remedy that,

Issues covered: **National Parks Physical Fitness Poverty** 

Length: 4:52

Show # 2022-20 5/16/22 Time Aired: 230c

Matt Paxton, decluttering and downsizing expert, host of the Emmy-nominated PBS series "Legacy List with Matt Paxton," author of "Keep the Memories, Lose the Stuff: Declutter, Downsize, and Move Forward with Your Life"

Mr. Paxton discussed the difficulties everyone faces when downsizing or trying to declutter their home or workplace. He said most of the emotional obstacles are connected to memories that are attached to physical objects. He offered suggestions on how to begin a reorganizing project and to persevere to the end.

Abel E. Moreyra, MD, Professor of Medicine in the Division of Cardiovascular Disease and Hypertension at the Rutgers University-Robert Wood Johnson Medical School

Living in a noisy environment can be annoying, but it might also harm a person's health. Dr. Moreyra's research has found that people experiencing high levels of noise from cars, trains or planes were more likely to suffer a heart attack than people living in quieter areas. He said policy interventions like better enforcement of noise ordinances, infrastructure to block road noise, rules for air traffic, and low-noise tires for vehicles might help.

Issues covered: **Personal Health Government Policies** 

Nancy Altman, co-director of Social Security Works and co-chair of the Strengthen Social Security coalition, co-author of "Social Security Works for Everyone: Protecting and Expanding America's Most Popular Social Program"

Although the Social Security trust fund is projected to run short of funds beginning in 2034, Ms. Altman is confident in the program's future. She said Congress will have no choice but to take significant action to save the program. She also explained why she believes Social Security should be expanded even more, with an increase in monthly benefits, national paid family leave, sick leave, and long-term care protections.

Issues covered: **Social Security** Senior Citizens

Length: 5:07

Length: 7:20

Show # 2022-22 5/3/22 Time Aired: 230 c

Susan Robinson, Senior Public Affairs Director of Waste Management

Ms. Robinson outlined the biggest myths surrounding recycling. She talked about the most common items that consumers place in recycling bins that don't belong there, and what items should be recycled that often are not. She also discussed whether communities lose money on recycling programs.

Issues covered:

Length: 9:29

Length: 7:37

Recycling **Environment** 

**Government Programs** 

Cheryl Richardson, motivational speaker and life coach, author of "Waking Up in Winter: In Search of What Really Matters at Midlife"

Ms. Richardson discussed thought-provoking questions about what matters at mid-life. She shared her personal story of being dissatisfied with a successful career once she reached her fifties. She talked about the value of journaling and how it helped her reexamine everything - her marriage, her work, her friendships, and her priorities.

Issues covered:

Aging

**Mental Health** 

Show # 2022-24 4 (3/22 Time Aired: 230c

Greg Brannon, Director of Automotive Engineering and Industry Relations at AAA National

Mr. Brannon discussed a recent AAA survey that asked consumers about their attitudes towards selfdriving cars. Drivers overwhelmingly said they want automakers to improve the performance of existing driver support features rather than develop self-driving cars. He also discussed the latest round of AAA testing that revealed that inconsistent performance remains a problem with active driving assistance systems used in the newest cars, resulting in crashes. The failures occurred regardless of vehicle make and model.

Issues covered: **Traffic Safety Consumer Matters**  Length: 8:11

Seth M. Noar, PhD, Professor in the University of North Carolina Hussman School of Journalism and Media, where he directs the Communicating for Health Impact Lab

Prof. Noar led a study that examined the most effective anti-vaping messages for teens. He found that anti-vaping advertisements geared to teens have the greatest impact when they emphasize the adverse consequences and harms of vaping e-cigarettes, use negative imagery, and avoid memes. hashtags and other "teen-centric" communication styles,

Issues covered:

Length: 9:10

**Personal Health** Youth at Risk

Morgan Levine, PhD, Assistant Professor of Pathology and Director of the Laboratory for Aging in Living Systems at Yale University School of Medicine, author of "True Age: Cutting-Edge Research to Help Turn Back the Clock"

Experts have debated for many years why some people die young, while others live much longer lives. Prof. Levine said biological age, rather than chronological age, is the primary risk factor behind diseases like cancer, heart disease, diabetes, strokes, even Alzheimer's. She said genetics only play about a 10% role in health outcomes, and that choices in lifestyle, behaviors and environment play a much greater role in how quickly people age.

Issues covered:

Length: 5:13

Aging

Personal Health

Show # 2022-256 20/22 Time Aired: 230 a

Valter Longo, PhD, Director of the Longevity Institute at USC in Los Angeles, author of

"The Longevity Diet: Discover the New Science Behind Stem Cell Activation and Regeneration to Slow Aging, Fight Disease, and Optimize Weight"

Dr. Vongo discussed his 25 years of research on aging, nutrition, disease and longevity. He believes, in addition to exercise and a healthy overall diet, that periodic fasting may be the key to a longer and healthier life. He outlined fasting-mimicking techniques that result in the same benefits as an absolute fast.

## Sarah Foster, analyst at Bankrate.com

A recent Bankrate.com survey found that 46% of women say that money issues negatively affect their mental health, compared to 38% of men. Ms. Foster outlined the reasons for this trend. She advised women to track their saving progress over time and to find ways to earn more money via side gigs from existing hobbies.

Length: 9:45

Length: 5:08

Issues covered:
Women's Issues
Personal Finance
Mental Health

Bill Guerin, CEO of RoomRocket, 20-year travel industry executive

The cost of airfare and hotels have hit record highs this summer. Mr. Guerin offered advice on the most effective strategies to save money on hotel reservations and other travel, to help consumers to get the most bang out of their summer vacation buck.

<u>Issues covered:</u> Consumer Matters Travel