

**KFLT-FM**  
**Issues and Programs Report**  
**2016-Q4**  
**October – November - December**

Report Prepared and Submitted by Stephen S. Tanner



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January 10, 2017

This is a list of programs that have provided the station's most significant on-air treatment of community issues during the preceding calendar quarter.

Note:  
All times listed are Mountain Standard Time

## Summary

In this Quarter the station spent at least the amount of time indicated on the issues that are listed. We have likely dedicated more time, and in some cases much more time than is documented.

<b>ISSUE</b>	<b>Total MINUTES On Air</b>
Addiction	56
Adoption	77
Blended Families	56
Christmas	112
Clutter	280
Communication	56
Elections	168
Faith	448
Finances	242
Friendship	336
Grandparenting	56
Habits	168
In-Laws	56
Marriage	189
Mental Health	336
Parenting	1059
Single Parents	56
Family	10
Health	27
Relationships	178
Work	9
Community Building	21
Children	67
Education	21
Hunger	42
Poverty	162

## Issues and Programs

Community Issue	Program Title Or Remote Description	Date Aired	Time Aired	Cumulative Minutes for all airings in that day	How program addressed Issue
Relationships	Amy Phillips	10/2/2016	5-8pm	1	Sometimes the best thing for a relationship is biting your tongue
Marriage	Johnny & Stacey	10/3/2016	2-7pm	10	lessons from marriage
Parenting	Intentional Living	10/3/16	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Being a rookie is all about having lots of questions and needing to learn lots of stuff. It's that way with rookie parents. Whether your parents were amazing, or you've gotta do everything exactly the opposite; either way, you've got questions and Dr. Randy wants to talk to you! Rookie Parents.
Finances	Johnny & Stacey	10/4/2016	2-7pm	10	Listeners share the moment they realized they were a grown-up
Parenting	Intentional Living	10/4/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...George Bernard Shaw once remarked: "If you must hold yourself up to your children as an object lesson, hold yourself up as a warning and not as an example." I suppose that's true if you're not being intentional. But Dr. Randy wants to help you be an intentional parent; it's Day 1 of Parents' Night Out
Parenting	Intentional Living	10/5/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...It's been said that, "Children are like wet cement. Whatever falls on them makes an impression." So what kind of impression are you leaving on your kids? Learn to become an intentional parent. It's Day 2 of Dr. Randy's series: Parents' Night Out.
Relationships	Johnny & Stacey	10/5/2016	2-7pm	10	sharing stories of recognizing another's compassion
Parenting	Intentional Living	10/6/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...They could just be the most problematic age group you'll ever have to deal with. Who are they? Teens... Yeah, come on, you knew that; you know you did. But raising teens is no laughing matter. Coming up, Dr. Randy sets you on an intentional path to Raising an Intentional Teen.
Relationships	Johnny & Stacey	10/6/2016	2-7pm	10	reflecting on things in life to appreciate
Finances	Johnny & Stacey	10/7/2016	2-7pm	2	Movie Review saying what films are new that are family friendly
Health	Johnny &	10/7/2016	2-7pm	5	listeners inspire others with their belief in

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	Stacey				being physically healed.
Parenting	Intentional Living	10/7/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...It's been said that, "Children are like wet cement. Whatever falls on them makes an impression." So what kind of impression are you leaving on your kids? Learn to become an intentional parent. It's Day 3 of Dr. Randy's series: Parents' Night Out. That's the next Intentional Living with Dr. Randy Carlson
Adoption	on-air spot for event	10/8/16 - 10/14	12a - 11:50p	21	Foster Care Training
Relationships	News	10/9/16	5-8pm	1	Delegating effectively
Relationships	News	10/9/2016	5-8pm	1	Group settings require different communication strategies than one on one relationships do
Poverty	on-air spot for event	10/10/16 - 10/22	12a - 11:50p	21	Community assistance for homeless and less advantaged via the Annual Hope Fest Annual service event in Tucson.
Parenting	Intentional Living	10/10/16	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...It's been said that, "Children are like wet cement. Whatever falls on them makes an impression." So what kind of impression are you leaving on your kids? Learn to become an intentional parent. It's Day 4 of Dr. Randy's series: Parents' Night Out.
Parenting	Intentional Living	10/11/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...George Bernard Shaw once remarked: "If you must hold yourself up to your children as an object lesson, hold yourself up as a warning and not as an example." I suppose that's true if you're not being intentional. But Dr. Randy wants to help you be an intentional parent; it's Day 5 of Parents' Night Out
Parenting	Intentional Living	10/12/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...When Jesus said: "You will find trouble in the world—but, never lose heart, I have conquered the world!" could he have been talking to us parents about our kids? Coming up on the next Intentional Living, Dr. Randy helps you Parent Through the Troubles
Relationships	Bill Ronning	10/12/2016	Noon-2pm	10	Defining our mission statements
Blended Families	Intentional Living	10/13/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...How do you blend two families to become one family? What are some of the challenges you face?

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					And how are you doing? Coming up, Dr. Randy is joined by Ron Deal, Director of Family Life Blended, and together they'll help you become an intentional, blended family
Parenting	Intentional Living	10/14/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...It's been said that, "Children are like wet cement. Whatever falls on them makes an impression." So what kind of impression are you leaving on your kids? Learn to become an intentional parent. It's Day 6 of Dr. Randy's series: Parents' Night Out. That's the next Intentional Living with Dr. Randy Carlson
Poverty	on-air spot for event	10/15/16 - 10/21	12a - 11:50p	21	Food distribution, haircuts and more assistance for the community at the Hope Fest Annual community event to serve the poor.
Relationships	News	10/16/16	5-8pm	1	Leaving margin in your schedule helps you serve others better and leaves more opportunities when emergency service needs arise
Relationships	News	10/16/16	5-8pm	1	using hurts as lessons of how not to treat others
Parenting	Intentional Living	10/17/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...It's been said that, "Children are like wet cement. Whatever falls on them makes an impression." So what kind of impression are you leaving on your kids? Learn to become an intentional parent. It's Day 7 of Dr. Randy's series: Parents' Night Out.
Parenting	Intentional Living	10/18/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Whether it's the upcoming election, the debates, the political climate, or the condition of our culture, in the words of Ricky Ricardo..."You got some splainin' to do." That question still applies, especially when you're trying to explain it to your kids. If you've got questions to ask or insight to share, catch Intentional Living with Dr. Randy Carlson
Relationships	News	10/18/16	2-7pm	10	listeners share their definition of home
Relationships	News	10/19/16	Noon-7pm	4	HopeFest in Tucson serving the needs of the homeless
Parenting	News	10/19/2016	Noon-2pm	10	Sharing the challenges and benefits of raising children
Parenting	Intentional Living	10/19/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...George Bernard Shaw once remarked: "If you must hold yourself up to your children as an object lesson, hold yourself up as a warning

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					and not as an example.” I suppose that’s true if you’re not being intentional. But Dr. Randy wants to help you be an intentional parent; it’s Day 8 of Parents’ Night Out
Relationships	Johnny & Stacey	10/19/16	2-7pm	10	listeners inspire others by sharing how they’ve pursued their dreams against all odds
Parenting	Intentional Living	10/20/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...It’s been said that, “Children are like wet cement. Whatever falls on them makes an impression.” So what kind of impression are you leaving on your kids? Learn to become an intentional parent. It’s the final day of Dr. Randy’s series: Parents’ Night Out.
Poverty	Bill Ronning and Remote Broadcast	10/21/2016	9am – 11am	120	Bill Ronning hosted a live studio program with live field reports aired from the hope Fest Event to serve the disadvantaged of Tucson.
Finances	News	10/21/2016	3-8am	2	Candy favorites of NM, TX, FL, KS, AZ, WI & MI identified by website poll
Marriage	Intentional Living	10/21/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...What is a same page marriage? I suppose it’s just another way of saying you’re in agreement with your spouse; on things like how you raise your kids, how you spend your money, or even if you believe the same things. Dr. Randy helps you get your marriage on the same page
Community Building	on-air spot for event	10/22/16 - 10/28	12a - 11:50p	21	Community trunk or treat
Parenting	Intentional Living	10/24/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...So, you’re in the same room with your kids, kinda watching them, kinda not, and then your head snaps in their direction and you wonder “Where did that come from?” You’re going to want to catch Day 1 of “What’s Behind the Misbehavior?”
Parenting	Intentional Living	10/25/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...So, you’re in the same room with your kids, kinda watching them, kinda not, and then your head snaps in their direction and you wonder “Where did that come from?” You’re going to want to catch Day 2 of “What’s Behind the Misbehavior?”
Relationships	Johnny & Stacey	10/25/2016	2-7pm	10	Pastor Appreciation
Parenting	Intentional Living	10/26/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...So, you’re in the

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					same room with your kids, kinda watching them, kinda not, and then your head snaps in their direction and you wonder "Where did that come from?" You'll want to catch the final day of "What's Behind the Misbehavior?"
Relationships	Bill Ronning	10/26/2016	Noon-2pm	10	Reflecting on our appreciated loved ones
Relationships	Johnny & Stacey	10/26/2016	2-7pm	10	Appreciating getting older to recognize what's really important and putting effort into fostering relationships
Communication	Intentional Living	10/27/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about..."Sticks and stones may break my bones, but words will never hurt me". Do you really believe that? It's a 150 year old nursery rhyme, and it's still a lie. Coming up, Dr. Randy helps you to understand the Power of Words, on the next Intentional Living
Parenting	Intentional Living	10/28/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...As we wrap up the month, we hope these parenting programs have been encouraging and helpful to you. And if you'd like to ask a question, or tell us how you're being an intentional parent, our lines are open for you. It's our October Special Wrap-up
Education	on-air spot for event	10/29/16 - 11/4	12a - 11:50p	21	Puppet show with songs teaching science to children and families
Parenting	Johnny & Stacey	10/31/2016	2-7pm	10	Mom's describe their perfect day
Single Parents	Intentional Living	10/31/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...It's been called one of the hardest jobs on the planet. What is it? Being a single parent. Coming up on the next Intentional Living, Dr. Randy wants to bring help and hope to all you single parents out there.
Faith	Intentional Living	11/1/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...What is God's will? That's a question that has preoccupied us from teen age to elder years. Who am I going to marry? What job should I take? Where do I go to college? And on and on it goes. Dr. Randy wades into those deep waters; to help you recognize, embrace, and follow God's will
Relationships	Johnny & Stacey	11/1/2016	2-7pm	10	Thinking of those we like to hang out with in Heaven
Clutter	Intentional Living	11/2/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Clutter... it can take over a desk, a room, even your house! It can take over your life; but not just that physical stuff. Your mind and your heart

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					can be cluttered. Joining Dr. Randy is psychologist and founder of The Center, Dr. Gregg Jantz. And they're going to help you Clean Up the Clutter
Marriage	Johnny & Stacey	11/2/2016	2-7pm	10	Husbands explain why their wife is Wonder Woman
Clutter	Intentional Living	11/3/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...I love epiphanies. You know, when the light goes on. When you have an "ah-ha" moment. And that's what happened to Dr. Randy when he began working on his series on clutter. Join in the discovery. Be sure to catch the opening day of Clutter Will Damage Your Spiritual Life.
Clutter	Intentional Living	11/4/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...I love epiphanies. You know, when the light goes on. When you have an "ah-ha" moment. And that's what happened to Dr. Randy when he began working on his series on clutter. Join in the discovery as Dr. Randy continues his series: Clutter Will Damage Your Spiritual Life.
Work	Amy Phillips	11/6/2016	5-8pm	1	Recognizing opportunities disguised as work
Clutter	Intentional Living	11/7/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...I love epiphanies. You know, when the light goes on. When you have an "ah-ha" moment. And that's what happened to Dr. Randy when he began working on his series on clutter. Join in the discovery as Dr. Randy continues his series: Clutter Will Damage Your Spiritual Life.
Clutter	Intentional Living	11/8/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...I love epiphanies. You know, when the light goes on. When you have an "ah-ha" moment. And that's what happened to Dr. Randy when he began working on his series on clutter. Join in the discovery as Dr. Randy concludes his series: Clutter Will Damage Your Spiritual Life.
Relationships	News	11/9/2016	4-9am	1	John McCain in AZ & Marco Rubio - FL kept their senate seats
Elections	Intentional Living	11/9/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...So, it's the day after elections. How are you feeling? What are you thinking? Those questions led us to call this program: The People Have Spoken...Now What? Dr. Randy

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					addresses the mandate we now have to be intentional with our attitudes and actions as followers of Christ and citizens of the United States
Relationships	Bill Ronning	11/9/2016	1-3pm	10	Praying for the President
Friendship	Intentional Living	11/10/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...One incentive for buying a new car is getting maintenance for life. You pay up front and never have to pay for an oil change again. Have any friendships you wish didn't have any maintenance fees? Or maintenance? Dr. Randy helps you with that friendship, as he begins his series: Fix or Finish a Friendship
Friendship	Intentional Living	11/11/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...One incentive for buying a new car is getting maintenance for life. You pay up front, and never have to pay for an oil change again. Have any friendships you wish didn't have any maintenance fees? Or maintenance? Dr. Randy helps you with that friendship, as he continues his series: Fix or Finish a Friendship
Relationships	Amy Phillips	11/13/2016	6-9pm	1	Patient endurance is the way to go in relationships
Relationships	Amy Phillips	11/13/2016	6-9pm	1	Ways to serve your community
Friendship	Intentional Living	11/14/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Some friendships are as smooth as glass; others require a whole lotta work; then there are those that are painful and difficult. Dr. Randy's question for you: "Is THAT Friendship Worth It?" If you need help deciding, and figuring out what to do, give Dr. Randy call. Is THAT Friendship Worth It is the next Intentional Living
Friendship	Intentional Living	11/15/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Just put 5000 miles on your car? Probably time for an oil change. Expiration date on your milk is way past? You know it's gone sour, and it's time to pitch it. But what about a friendship? Is it time to fix it or finish it? Coming up, Dr. Randy continues his series When to Fix or Finish a Friendship. On Intentional Living
Friendship	Intentional Living	11/16/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Just put 5000 miles

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					on your car? Probably time for an oil change. Expiration date on your milk is way past? You know it's gone sour, and it's time to pitch it. But what about a friendship? Is it time to fix it or finish it? Coming up, Dr. Randy continues his series When to Fix or Finish a Friendship. On Intentional Living
Relationships	Bill Ronning	11/16/2016	1-3pm	10	Listeners weigh in on what they think Heaven will be like
Friendship	Intentional Living	11/17/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Just put 5000 miles on your car? Probably time for an oil change. Expiration date on your milk is way past? You know it's gone sour, and it's time to pitch it. But what about a friendship? Is it time to fix it or finish it? Coming up, Dr. Randy concludes his series When to Fix or Finish a Friendship. On Intentional Living with Dr. Randy Carlson
Grandparents	Intentional Living	11/18/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Alright all you grandparents out there. You DO know that being a grandparent is more than just spoiling your grandkids, right? Dr. Randy is joined by grandparenting expert Cavin [PRONOUNCED LIKE CABIN] Harper, and together they're going to help you be an intentional grandparent, on the next Intentional Living
Children	on-air spot for event	11/21/16 - 12/18	12a - 11:50p	67	Toy drive for Youth Haven Ranch
Mental Health	Intentional Living	11/21/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Do you know what a Mindset is? Simply put, it's what your mind is set to... And chances are there's probably something you need to change about it. If you're stuck in your thinking, or your emotions, or your attitude, join Dr. Randy as he begins his series, Changing Your Mindset
Mental Health	Intentional Living	11/22/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Do you know what a Mindset is? Simply put, it's what your mind is set to... And chances are there's probably something you need to change about it. If you're stuck in your thinking, or your emotions, or your attitude, join Dr. Randy as he continues his series, Changing Your Mindset
Relationships	Johnny & Stacey	11/22/2016	3-7pm	10	Modern day Thanksgiving table

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Mental Health	Intentional Living	11/23/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Do you know what a Mindset is? Simply put, it's what your mind is set to... And chances are there's probably something you need to change about it. If you're stuck in your thinking, or your emotions, or your attitude, join Dr. Randy as he concludes his series, Changing Your Mindset
Relationships	News	11/23/2016	1-3pm	10	Recognizing opportunities to be grateful
Mental Health	Intentional Living	11/24/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Happy Thanksgiving! You know, we have a lot to be thankful for; not the least of which is that Jesus saved you. But what are some of the other things you're thankful for? Join us – you might just hear some things you never thought of, and then you can be thankful for that too! Giving Thanks is the next Intentional Living
Mental Health	Intentional Living	11/25/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...The holidays can be a time where there's lots of celebrating, and family, and thinking about all the things that God has done for you – like sending His Son. But for some, the holidays are a difficult time. Do you get stressed out by the holidays? Learn how to handle Holiday Stress, on the next Intentional Living, with Dr. Randy Carlson
Relationships	Amy Phillips	11/26/2016	9pm-12am	1	It's important to be ok being single before dating someone
Adoption	Intentional Living	11/28/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...It seems like every little kid in Sunday School has memorized the verse: God is love. And one way God shows us His love is when He adopted us into His family. Have you adopted someone into your family? Join Dr. Randy to talk about adoption, on the next Intentional Living
Finances	Intentional Living	11/29/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...So you have a reasonable grasp on your finances—for eleven months—then Christmas comes around, and KA-BLOOEY! You're spending money you don't have! Dr. Randy is joined by our intentional financial coach, Parkey Thompson, and they'll help you Celebrate Christmas without Going Broke
Finances	Intentional	11/30/2016	12PM &	56	Dr. Randy Carlson taught on and spoke

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	Living		7PM		with callers about...Even though Dr. Randy's series is entitled: God's Intention for Your Money, he's really talking about God's intention for ALL your stuff. Money can be a significant stressor in your life, so tune in to the next Intentional Living, where Dr. Randy begins his series God's Intention for Your Money
Finances	Intentional Living	12/1/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Even though Dr. Randy's series is entitled: God's Intention for Your Money, he's really talking about God's intention for ALL your stuff. Money can be a significant stressor in your life, so tune in to the next Intentional Living, where Dr. Randy continues his series God's Intention for Your Money, on Intentional Living, with Dr. Randy Carlson
Finances	Intentional Living	12/2/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Even though Dr. Randy's series is entitled: God's Intention for Your Money, he's really talking about God's intention for ALL your stuff. Money can be a significant stressor in your life, so tune in to the next Intentional Living, where Dr. Randy concludes his series God's Intention for Your Money, on Intentional Living, with Dr. Randy Carlson
Health	on-air spot for event	12/3/16 -12/9	12a - 11:50p	21	Liver Disease awareness
Relationships	Amy Phillips	12/4/2016	6-9pm	1	Being a good steward of our time helps us serve others better
Work	Amy Phillips	12/4/2016	6-9pm	1	Going above and beyond to make coworker's life easier
Marriage	Intentional Living	12/5/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Coming up, it's Open Phones for Marriage. Any question you have on Marriage, from forgiveness to finances, from being on the same page to blended families, Dr. Randy wants to talk to you. You bring the questions; Dr. Randy will bring the answers. It's Open Phones for Marriage, on the next Intentional Living
Addiction	Intentional Living	12/6/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Have you ever heard someone say they started drinking to dull the pain? On the next Intentional Living, Dr. Randy talks to a young lady who started drinking, became an alcoholic,

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					and was involved in an accident while DUI. Coming up, you'll definitely want to catch: Back from the Brink
Parenting	Intentional Living	12/7/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Do you have a strong-willed child living under your roof? Well, studies have shown that if a powerful child is in the house, there's at least one powerful parent. Would that be you? Hmmm. Coming up on Intentional Living, Dr. Randy will help you Parent Up & Power Down. That's the next Intentional Living, with Dr. Randy Carlson
Faith	Intentional Living	12/8/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Maybe you're walking through some tough times. Maybe you're feeling pretty beat up. If that's you, Dr. Randy wants to help you Find Your Purpose in the Midst of Your Pain. So, what is God saying to you in these hard times? Do you know your purpose? That's the next Intentional Living with Dr. Randy Carlson
Faith	Intentional Living	12/9/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Why am I humming the old Dragnet theme? It could be because of Dr. Randy's guest. Coming up, Dr. Randy is joined by LA County Sheriff Homicide Detective Jim Wallace who used all his detective skills to prove if God existed. Cold Case Christianity is the next Intentional Living, with Dr. Randy Carlson
Marriage	News	12/11/2016	6-9pm	1	Treat your spouse like a teammate
Faith	Intentional Living	12/12/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...You familiar with the God's Not Dead movies? Do you know about PureFlix? Dr. Randy's guest is David A. R. White, actor, producer, and founding member of PureFlix. They're talking about the trials and triumphs David faced as a Hollywood actor, and his new book, Between Heaven and Hollywood. On Intentional Living
Parenting	Johnny & Stacey	12/12/2016	3-7pm	10	Moms weigh in on what they really want for Christmas
Faith	Intentional Living	12/13/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...In the beginning, God... come on, say it with me: In the beginning, God created; and when He did, He didn't just make us, He made us creative. Coming up, Dr. Randy begins

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					his 5-part series Discovering Your Creativity. Learn about God's intentional love, through His acts of creation
Family	Johnny & Stacey	12/13/2016	3-7pm	10	Swapping stories of family Christmas traditions
Faith	Intentional Living	12/14/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...In the beginning, God... come on, say it with me: In the beginning, God created; and when He did, He didn't just make us, He made us creative. Coming up, Dr. Randy continues his 5-part series Discovering Your Creativity. Learn about God's intentional love, through His acts of creation
Faith	Intentional Living	12/15/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...In the beginning, God... come on, say it with me: In the beginning, God created; and when He did, He didn't just make us, He made us creative. Coming up, Dr. Randy continues his 5-part series Discovering Your Creativity. Learn about God's intentional love, through His acts of creation
Christmas	Intentional Living	12/16/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Childhood memories are powerful, personal, and peculiar. Did you catch that? The 3 P's? Tie those childhood memories into Christmas... Wow! Those Christmas memories just come flooding back. Were they joyful? Painful? Dr. Randy talks to you about your Childhood Christmas Memories
Hunger	on-air spot for event	12/17/16 - 12/23	12a - 11:50p	21	Packing 50,000 meals for the hungry
Finances	Amy Phillips	12/17/2016	9pm-12am	1	Why it's important to be Intentional with our finances
Health	Amy Phillips	12/17/2016	9pm - 12am	1	Don't feed Fido people food on Christmas
Relationships	Amy Phillips	12/18/2016	6-9pm	1	The importance of an apology
Relationships	Amy Phillips	12/18/2016	6-9pm	1	Encourage your spouse
Relationships	Amy Phillips	12/18/2016	6-9pm	1	Be compassionate towards those grieving this Christmas season
Relationships	Amy Phillips	12/18/2016	6-9pm	1	Serve someone who is lonely by visiting with them
Faith	Intentional Living	12/19/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...In the beginning, God created. In those first few verses, the Bible takes us back to the beginning of the universe, when He said: Let there be light! God's creativity continues throughout all creation and through you and me too. Dr. Randy continues his

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					five-part series Discovering Your Creativity
Relationships	Johnny & Stacey	12/19/2016	3-7pm	10	Sharing Christmas memories
Faith	Intentional Living	12/20/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...In the beginning, God created. In those first few verses, the Bible takes us back to the beginning of the universe, when He said: Let there be light! God's creativity concludes throughout all creation and through you and me too. Dr. Randy continues his five-part series Discovering Your Creativity
Relationships	Johnny & Stacey	12/20/2016	3-7pm	10	Swapping stories behind Christmas Ornaments
Mental Health	Intentional Living	12/21/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...You've got songs like "It's the Most Wonderful Time of the Year", and "Joy to the World." But maybe it's not looking so wonderful, and you're not feeling too joyous. On Intentional Living, Dr. Randy is joined by Dr. Gregg Jantz, and they're going to help you battle the Holiday Blues
Relationships	Bill Ronning	12/21/2016	1-3pm	10	Discussing the highlights of the Christmas season
In-Laws	Intentional Living	12/22/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...When the angels announced the birth of Jesus to the shepherds, one thing they said was, "Fear not!" Maybe it's not fear, but maybe you dread the holidays, because you're spending it with the in-laws. Is it a downer, or have you learned to enjoy it? It's Christmas with the In-Laws, on Intentional Living
Christmas	Intentional Living	12/23/2016	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Have you noticed that the Story of Christ's birth kinda gets lost in all the Christmas celebrations and Christmas programs? Coming up on the next Intentional Living, Dr. Randy and the Intentional Living Crew walk you through the Christmas Story—right out of the Bible. Celebrate the birth of Christ with us, on Intentional Living
Hunger	on-air spot for event	12/24/16 - 12/30	12a - 11:50p	21	Packing 50,000 meals for the hungry
Parenting	on-air spot for event	12/24/16 - 12/30	12a - 11:50p	21	Program featuring Parenting the Love and Logic way.
Habits	Intentional Living	12/26/16	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Do you have any bad

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					habits? Of course you do! We ALL have bad habits, even me! But Dr. Randy wants to help you develop good, transformational habits in your life. So be sure to catch Day 1 of One Habit for One Year, on Intentional Living
Habits	Intentional Living	12/27/16	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Do you have any bad habits? Of course you do! We ALL have bad habits, even me! But Dr. Randy wants to help you develop good, transformational habits in your life. So be sure to catch Day 2 of One Habit for One Year, on Intentional Living
Work	News	12/28/16	4am-7pm	7	Florida, Colorado, Arizona and Texas are among the states with a growing population
Habits	Intentional Living	12/28/16	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Do you have any bad habits? Of course you do! We ALL have bad habits, even me! But Dr. Randy wants to help you develop good, transformational habits in your life. So be sure to the last day of One Habit for One Year, on Intentional Living
Finances	News	12/29/2016	1-7pm	3	A lawsuit over funding of the raising of the minimum wage in Arizona has been appealed
Marriage	Intentional Living	12/29/16	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Do you like acronyms? I like acronyms. They used to be called Open Phones, but now we call them ADRs, which means Ask Dr. Randy. And the next Ask Dr. Randy is on marriage. So if you're looking at that wife (or husband) of yours—and I know you've got questions—then Ask Dr. Randy
Elections	Intentional Living	12/30/16	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...If you had the opportunity to put a Scripture verse on a plaque which would go on the desk of our President-elect at the White House what would that verse be? Hi, this is Kurt, and coming up on the next Intentional Living, it's the Number One program for 2016, The People Have Spoken on Intentional Living
Elections	Intentional Living	12/31/16	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...If you had the opportunity to put a Scripture verse on a plaque which would go on the desk of our President-elect at the White House what would that verse be? Hi, this is

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