

January 1, 2024
Quarterly Problems and Needs List
WBHY AM, Mobile, Alabama
Goforth Media, Inc.

Goforth Media, Inc., licensee of radio station WBHY AM in Mobile, AL has found the following issues and needs of particular concern to members of our listening area:

- 1. A Cure For Discouragement*
- 2. Dealing With An Aggressive Teen*
- 3. My Kid Wants To Be An Influencer Is That Bad?*
- 4. Consumer Affairs: Working Out For Weight Loss*
- 5. Alabama Broadcasters Association PEP Spots*
- 6. Revolutionizing Our Life Perspectives*
- 7. Wastewater Spill Reported At Mobile Business*
- 8. Consumer Affairs: Social Security Recipients Getting A Raise In 2024*
- 9. Want To Feel Superhuman?*
- 10. Weather & Community Events*

Title: Insight For Living

Date: Monday, October 30th, 2023

Time: 2:30 AM & 8:00 AM

Duration: 26:00 Minutes

Problem # 1: A Cure For Discouragement

Life is hard. And when normal challenges begin to stack up, sometimes we get discouraged. It happens in the workplace. It happens at home.

So, how do we handle these inevitable moments of dejection? On this program of Insight For Living, Chuck Swindoll presented an uplifting message about the "Cure for Discouragement".

Title: Parenting Today's Teens

Date: Saturday & Sunday, October 21st, & 22nd, 2023

Time: Sat. 11:30 AM & 6:30 PM / Sun. 8:30 PM

Duration: 30 Minutes

Problem # 2: Dealing With An Aggressive Teen

Is your teen's temper out of control? As teens get bigger, sometimes their aggression increases too—and it can take them down a dark pathway where they don't want to go. Parents who live in fear of their teen's temper need to help them get back on track. Saturday/Sunday on Parenting Today's Teens, Mark Gregston talked about how to respond to aggressive teens.

Title: The Point

Date: Thursday, October 26th, 2023

Time: 6:30 AM, 9:56 AM & 11:00 PM

Duration: 1 Minute

Problem # 3: My Kid Wants To Be An Influencer. Is That Bad?

A parent of a six-year-old recently asked WIRED Magazine's advice columnist, "My kid wants to be an influencer. Is that bad?" WIRED's answer, more or less, was that the concerned parent should relax. "All that collective angst about television, movies, newspapers, and theater," the author wrote, is "a lineage, a rite of passage through which all generations must proceed."

That's true. But just because "The Twist" was pretty harmless doesn't mean that TikTok is. Smartphones are an open door for pornography, sexual exploitation, peer pressure, mental illness, and abusive relationships.

Not to mention, fame is a dangerous thing. In a 2011 interview, Billy Ray Cyrus said the decision to let his daughter Miley become a pop star "destroyed [his] family," and if he could, he'd "take it back in a second."

In other words, before we let our kids become "influencers," we need to have an honest reckoning with just how much our platforms and technologies are influencing them.

Title: The Daily Consumer Radio Newscast

Date: Thursday, October 12th, 2023

Time: 4:05 PM

Duration: 1 Minute

Problem # 4: Working Out For Weight Loss

If you get daily exercise, getting up in the morning before you start your day may provide the best results compared to those who worked out in the afternoon or evening. Researchers conducting a national survey found that working out between 7 AM and 9 AM was associated with better weight loss outcomes.

More information is available at consumeraffairs.com.

Title: Alabama Broadcasters Association Pep Spots

Date: October 1st, 2023 – December 31st, 2023

Time: 2 times per day everyday

Duration: 30 Seconds

Problem # 5: Bringing Attention to The “Move Over” Law

The Alabama Department of Transportation (ALDOT) is bringing awareness to two issues of great importance across our state for the remainder of the year. Spot announcements will air on the following subject matter: “Railway Safety” and “Move Over” when you see flashing lights.

One spot focuses on Railway Safety... “Never try to beat and train. It is a deadly game.” A second spot is designed to bring attention to The “Move Over” law which requires that you move over when you see flashing lights. If you can’t move over – Slow Down!

Title: Pathway To Victory

Date: Tuesday, December 5th, 2023

Time: 1:30 AM, 9:30 AM & 7:00 PM

Duration: 28 Minutes

Problem # 6: Revolutionizing Our Life Perspectives

Life can be overwhelming, can't it? Whether you're dealing with a financial problem, or a health crisis ... troubles can weigh us down and rob us of hope. On this episode of Pathway to Victory, Dr. Robert Jeffress, suggests that while Jesus' words may not erase our day-to-day problems ... they can revolutionize our perspective.

Title: WKRG-TV News

Date: Friday, December 29th, 2023

Time: 7:00 AM, 8:30 AM, & 5:05 PM

Duration: 1 Minute

Problem # 7: Wastewater Spill Reported At Mobile Business

The Mobile Area Water & Sewer System has responded to wastewater spills that took place on Dec. 6 and Dec. 27.

A low-pressure force main break led to an unknown amount of wastewater being spilled at 5551 Todd Acres Drive, according to the Mobile County Health Department.

“Force mains are pipelines that convey wastewater under pressure from the discharge side of a pump or pneumatic ejector to a discharge point,” a fact sheet from the United States Environmental Protection Agency states.

Alabama Metal Recycling LLC is located at the address of this week’s overflow, according to Google Maps and the business’s Facebook fan page.

The property owner is responsible for “mitigation and cleanup” of this overflow, an MCHD news release stated.

Dr. Kevin Philip Michaels, Mobile County’s health officer, said area residents should take precautions when encountering standing water that may have accumulated from the spill.

“Those who have come into direct contact with untreated sewage are advised to wash their hands and clothing thoroughly,” an MCHD news release said.

Title: The Daily Consumer Radio Newscast

Date: Tuesday, October 17th, 2023

Time: 4:05 PM

Duration: 1 Minute

Problem # 8: Social Security Recipients Getting A Raise in 2024

Social Security recipients are going to get a 3.2% raise next year but Medicare premiums are also going up. The standard Medicare part B premium is rising by almost \$10 a month. The annual part B deductible is rising by \$14. Changes take affect in January 2024.

More information is available at consumeraffairs.com.

Title: The Point

Date: Tuesday, November 28th, 2023

Time: 6:30 AM, 9:56 AM & 11:00 PM

Duration: 1 Minute

Problem # 9: Want To Feel Superhuman?

If you find your mind darting from one thing to the next and struggling to concentrate for even short periods of time, there are two things to know. First, you're not alone and, second, it's probably related to technology.

In an article published at Motherboard, Kaleigh Rogers described her experiment banning all screens from her home for a month: no TV, no tablet, no smartphones, no computers.

The results were dramatic and, unlike with exercise or dieting, immediate. She experienced better concentration, found more time in her day, felt closer in her relationships, and gained a renewed sense of creativity. A Facebook commenter who conducted the same experiment described an almost "superhuman" focus and productivity.

Screens have profoundly shaped our lives, especially our minds and relationships. We need not be Luddites, but we can create boundaries and stick to them. Rather than allowing notifications, games, and texts to control our schedules and attention, we can control them, making time for relationships, concentration, and creativity. That doesn't sound so superhuman.

Title: Weather & Community Events

Date: Daily

Time: Randomly and Frequently

Duration: 30 seconds & 60 seconds

WBHY-AM airs local weather and Community Events for our listening area all throughout the day.